May Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	**2**	**3**	**4**	**5**
Town of Apple Valley — AV — "A Better Way of Life"		6:15 - 9:45 am Lap Swim 7:30- 8:30am Splash Dance 8:30- 9:30am Splash Dance 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30 - 8:30 am Aqua Fitness 8:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30- 8:30am Splash Dance 8:30- 9:30am Splash Dance 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30 - 8:30 am Aqua Fitness 8:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30- 8:30am Splash Dance 8:30- 9:30am Splash Dance
6	**7**	**8**	**9**	**10**	**11**	**12**
	6:15 - 9:45 am Lap Swim 7:30 - 8:30 am Aqua Fitness 8:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness 7:45 - 8:45 Eve. Lap Swim	6:15 - 9:45 am Lap Swim 7:30- 8:30am Splash Dance 8:30- 9:30am Splash Dance 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30 - 8:30 am Aqua Fitness 8:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness 7:45 - 8:45pm Eve. Lap Swim	6:15 - 9:45 am Lap Swim 7:30- 8:30am Splash Dance 8:30- 9:30am Splash Dance 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30 - 8:30 am Aqua Fitness 8:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness	6:15 - 9:45 am Lap Swim 8:30- 9:30am Splash Dance Basic Water Rescue 2:30 - 6:30pm
13	**14**	**15**	**16**	**17**	**18**	**19**
	6:15 - 9:45 am Lap Swim 7:30 - 8:30 am Aqua Fitness 8:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness 7:45 - 8:45pm Eve. Lap Swim	6:15 - 9:45 am Lap Swim 7:30- 8:30am Splash Dance 8:30- 9:30am Splash Dance 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30 - 8:30 am Aqua Fitness 8:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness 7:45 - 8:45pm Eve. Lap Swim	6:15 - 9:45 am Lap Swim 7:30- 8:30am Splash Dance 8:30- 9:30am Splash Dance 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30 - 8:30 am Aqua Fitness 8:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness	6:15 - 9:45 am Lap Swim 8:30- 9:30am Splash Dance SWIM FAIR 7:30 - 10:30am
20	**21**	**22**	**23**	**24**	**25**	**26**
	6:15 - 9:45 am Lap Swim 7:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 4:15 - 5:30pm Swim Lessons 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness 7:45 - 8:45pm Eve. Lap Swim	6:15 - 9:45 am Lap Swim 7:30- 9:30am Splash Dance 4:15 - 5:30pm Swim Lessons 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 4:15 - 5:30pm Swim Lessons 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness 7:45 - 8:45pm Eve. Lap Swim	6:15 - 9:45 am Lap Swim 7:30- 9:30am Splash Dance 4:15 - 5:30pm Swim Lessons	6:15 - 9:45 am Lap Swim 7:30 - 9:30 am Aqua Fitness 4:15 - 5:30pm Swim Lessons 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness	6:15 - 9:45 am Lap Swim 7:30- 9:30am Splash Dance Water Festival 12 - 3pm or 3:30 - 6:30pm
27	**28**	**29**	**30**	**31**		
12:45 - 3:45pm Rec Swim	6:15 - 9:45 am Lap Swim 7:30 - 9:30 am Aqua Fitness 12-2pm Lunchtime Lap Swim 4:15 - 5:30pm Swim Lessons 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness 7:45 - 8:45pm Eve. Lap Swim	6:15 - 9:45 am Lap Swim 7:30- 9:30am Splash Dance 4:15 - 5:30pm Swim Lessons 5:30-7:30pm Desert Aquatics	6:15 - 9:45 am Lap Swim 7:30 - 9:30 am Aqua Fitness 4:15 - 5:30pm Swim Lessons 5:30-6:30pm Advanced Stroke 5:30-7:30pm Desert Aquatics 6:30 - 7:30 pm Aqua Fitness 7:45 - 8:45pm Eve. Lap Swim	6:15 - 9:45 am Lap Swim 7:30- 9:30am Splash Dance 4:15 - 5:30pm Swim Lessons 5:30-7:30pm Desert Aquatics	**Civic Center Park Aquatic Center** **Recreation Office (760) 240 - 7880** **Pool Office (760) 240 - 7000 ex: 7895** **www.AVRecreation.org**	