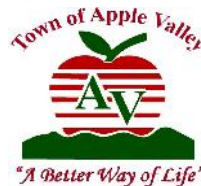


# July Pool Schedule

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
<b>1</b>		<b>2</b>		<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>	
10 - 11:30 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 9:45 am Lap Swim	
12:45 - 3:45pm Rec Swim		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance	
		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		12:45 - 3:45pm Rec Swim		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		12:45 - 3:45pm Rec Swim	
		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		5:30-7:30pm Desert Aquatics		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		7:45 - 9:30pm Eve. Rec Swim	
		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		6:30 - 7:30 pm Aqua Fitness		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons			
		5:30-6:30pm Advanced Stroke		5:30-7:30pm Desert Aquatics		7:45 - 8:45pm Eve. Lap Swim		5:30-7:30pm Desert Aquatics		5:30-6:30pm Advanced Stroke			
		5:30-7:30pm Desert Aquatics						7:45 - 9:30pm Eve. Rec Swim		5:30-7:30pm Desert Aquatics			
		6:30 - 7:30 pm Aqua Fitness								6:30 - 7:30 pm Aqua Fitness			
		7:45 - 8:45pm Eve. Lap Swim											
<b>8</b>		<b>9</b>		<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>	
10 - 11:30 am Lap Swim		6:15 - 11 am Lap Swim		6:15 - 11 am Lap Swim		6:15 - 11 am Lap Swim		6:15 - 11 am Lap Swim		6:15 - 11 am Lap Swim		Overnight Pool Party	
12:45 - 3:45pm Rec Swim		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance		7:30 - 9:30 am Aqua Fitness		7:30 - 9:45 am Lap Swim	
		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		8:30- 9:30am Splash Dance	
		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim	
		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4 - 6pm Teen Pool Party	
		5:30-6:30pm Advanced Stroke		5:30-7:30pm Desert Aquatics		5:30-6:30pm Advanced Stroke		5:30-7:30pm Desert Aquatics		5:30-6:30pm Advanced Stroke		7:45 - 9:30pm Eve. Rec Swim	
		5:30-7:30pm Desert Aquatics				5:30-7:30pm Desert Aquatics		7:45 - 9:30pm Eve. Rec Swim		5:30-7:30pm Desert Aquatics			
		6:30 - 7:30 pm Aqua Fitness				6:30 - 7:30 pm Aqua Fitness				6:30 - 7:30 pm Aqua Fitness			
		7:45 - 8:45pm Eve. Lap Swim				7:45 - 8:45pm Eve. Lap Swim				Overnight Pool Party			
<b>15</b>		<b>16</b>		<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>	
10 - 11:30 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 9:45 am Lap Swim	
12:45 - 3:45pm Rec Swim		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance		7:30 - 9:30 am Aqua Fitness		8:30- 9:30am Splash Dance	
		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		Barracudas Invitational 11 - 3pm	
		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		7:45 - 9:30pm Eve. Rec Swim	
		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons			
		5:30-6:30pm Advanced Stroke		5:30-7:30pm Desert Aquatics		5:30-6:30pm Advanced Stroke		5:30-7:30pm Desert Aquatics		5:30-6:30pm Advanced Stroke			
		5:30-7:30pm Desert Aquatics				5:30-7:30pm Desert Aquatics		7:45 - 9:30pm Eve. Rec Swim		5:30-7:30pm Desert Aquatics			
		6:30 - 7:30 pm Aqua Fitness				6:30 - 7:30 pm Aqua Fitness				6:30 - 7:30 pm Aqua Fitness			
		7:45 - 8:45pm Eve. Lap Swim				7:45 - 8:45pm Eve. Lap Swim							
<b>22</b>		<b>23</b>		<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>	
10 - 11:30 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 9:45 am Lap Swim	
12:45 - 3:45pm Rec Swim		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance	
		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons		12:45 - 3:45pm Rec Swim	
		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim		Special Apples Family Night 4-6pm	
		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons		7:45 - 9:30pm Eve. Rec Swim	
		5:30-6:30pm Advanced Stroke		5:30-7:30pm Desert Aquatics		5:30-6:30pm Advanced Stroke		5:30-7:30pm Desert Aquatics		5:30-6:30pm Advanced Stroke			
		5:30-7:30pm Desert Aquatics				5:30-7:30pm Desert Aquatics		7:45 - 9:30pm Eve. Rec Swim		5:30-7:30pm Desert Aquatics		7:45 - 9:30pm Eve. Rec Swim	
		6:30 - 7:30 pm Aqua Fitness				6:30 - 7:30 pm Aqua Fitness				6:30 - 7:30 pm Aqua Fitness			
		7:45 - 8:45pm Eve. Lap Swim				7:45 - 8:45pm Eve. Lap Swim							
<b>29</b>		<b>30</b>		<b>31</b>									
10 - 11:30 am Lap Swim		6:00 - 11 am Lap Swim		6:00 - 11 am Lap Swim									
12:45 - 3:45pm Rec Swim		7:30 - 9:30 am Aqua Fitness		7:30- 9:30am Splash Dance									
		9:40 - 12:15pm Swim Lessons		9:40 - 12:15pm Swim Lessons									
		12:45 - 3:45pm Rec Swim		12:45 - 3:45pm Rec Swim									
		4:15 - 5:30pm Swim Lessons		4:15 - 5:30pm Swim Lessons									
		5:30-6:30pm Advanced Stroke		5:30-7:30pm Desert Aquatics									
		5:30-7:30pm Desert Aquatics											
		6:30 - 7:30 pm Aqua Fitness											
		7:45 - 8:45pm Eve. Lap Swim											



**Civic Center Park Aquatic Center**  
**Recreation Office (760) 240 - 7880**  
**Pool Office (760) 240 - 7000 ex: 7895**  
[www.AVRecreation.org](http://www.AVRecreation.org)

