DEPARTMENT OF PUBLIC HEALTH

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COUNTY OF SAN BERNARDINO

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Heat Safety Tips for Pet Owners

San Bernardino: The San Bernardino County Animal Care & Control Program would like to remind pet owners to be extra watchful of pets when temperatures rise this summer. Pets are vulnerable to high temperatures, especially during a heat wave, and are unable to cool down their bodies as humans can. Animals left outside in high heat temperatures can suffer from heat-related stress, burned paws, sunburn, and even death. Pet owners are advised to follow these simple hot weather tips to keep their pets healthy, safe, and alive.

- Make sure pets have plenty of fresh clean water every day, and that the water container is stable to avoid tipping over. If traveling or leaving the household with a pet, always carry sufficient drinking water for it.
- Bring pets inside during the hottest part of the day and let them rest in the cool part of the house.
- Make sure pets have plenty of shade if they are to be kept outside. Remember, the shade your pets have in the morning will either change or diminish as the sun moves throughout the day and may not protect them.
- Never leave pets in a parked vehicle, even in the shade with the windows cracked open. Temperatures can reach a dangerous 120 degrees inside a vehicle and quickly turn it into a furnace that can kill any animal!
- Don't force animals to exercise when it is hot and humid. Exercise pets early in the morning or late in the evening.
- In extremely hot weather, do not let pets stand on sidewalks or hot asphalt to avoid burning their paws.
- Pets can get sunburned too! Keep pets out of the sun during the peak hours of 10 a.m. and 4 p.m. Put sunscreen on pet's unprotected areas such as the tips of noses and ears, especially on short haired fair-colored pets.

Remember pets can suffer heat-related stress and injury just as humans can, so take extra precautions during the summer's rising temperatures and protect them. For additional information, please call the San Bernardino County Animal Care and Control Program at 1 (800) 472-5609 or visit their website at www.sbcounty.gov/acc.

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