

January Pool Schedule

		January Pool Schedule					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1	2	3	4	5	
 Town of Apple Valley		7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	
		8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	8:30 - 9:30am Splash Dance	
		2:30-5:30pm GHHS Water Polo	12:1:30 pm Lunchtime Lap Swim	2:30-5:30pm GHHS Water Polo	12-1:30 pm Lunchtime Lap Swim		
		5:45-7:45pm Desert Aquatics	2:30-5:30pm GHHS Water Polo	5:45-7:45pm Desert Aquatics	2:30-5:30pm GHHS Water Polo		
			5:45-6:45pm Advanced Stroke		5:45-6:45pm Advanced Stroke		
	5:45-7:45pm Desert Aquatics		5:45-7:45pm Desert Aquatics				
6	7	8	9	10	11	12	
	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	
	12-1:30 pm Lunchtime Lap Swim	8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	8:30 - 9:30am Splash Dance	
	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	12:1:30 pm Lunchtime Lap Swim	2:30-5:30pm GHHS Water Polo	12-1:30 pm Lunchtime Lap Swim		
	5:45-6:45pm Advanced Stroke	5:45-7:45pm Desert Aquatics	2:30-5:30pm GHHS Water Polo	5:45-7:45pm Desert Aquatics	2:30-5:30pm GHHS Water Polo		
	5:45-7:45pm Desert Aquatics		5:45-6:45pm Advanced Stroke		5:45-6:45pm Advanced Stroke		
			5:45-7:45pm Desert Aquatics		5:45-7:45pm Desert Aquatics		
13	14	15	16	17	18	19	
	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	
	12-1:30 pm Lunchtime Lap Swim	8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	8:30 - 9:30am Splash Dance	
	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	12:1:30 pm Lunchtime Lap Swim	2:30-5:30pm GHHS Water Polo	12-1:30 pm Lunchtime Lap Swim		
	5:45-6:45pm Advanced Stroke	5:45-7:45pm Desert Aquatics	2:30-5:30pm GHHS Water Polo	5:45-7:45pm Desert Aquatics	2:30-5:30pm GHHS Water Polo		
	5:45-7:45pm Desert Aquatics		5:45-6:45pm Advanced Stroke		5:45-6:45pm Advanced Stroke		
			5:45-7:45pm Desert Aquatics		5:45-7:45pm Desert Aquatics		
20	21	22	23	24	25	26	
	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	
	12-1:30 pm Lunchtime Lap Swim	8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	9:00a-4:00pm GHHS Water Polo Tournament	
	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	12:1:30 pm Lunchtime Lap Swim	3:00-9:00pm GHHS Water Polo Tournament	12-1:30 pm Lunchtime Lap Swim		
	5:45-6:45pm Advanced Stroke	5:45-7:45pm Desert Aquatics	2:30-5:30pm GHHS Water Polo		3:00-9:00pm GHHS Water Polo Tournament		
	5:45-7:45pm Desert Aquatics		5:45-6:45pm Advanced Stroke				
			5:45-7:45pm Desert Aquatics				
27	28	29	30	31	Civic Center Park Aquatic Center Recreation Office (760) 240 - 7880 Pool Office (760) 240 - 7000 ex: 7895 www.AVRecreation.org		
	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim	4:45 - 10:00am Lap Swim	7:45 - 10:00 am Lap Swim			
	12-1:30 pm Lunchtime Lap Swim	8:30 - 9:30am Splash Dance	8:45 - 9:45 am Aqua ZUMBA	8:30 - 9:30am Splash Dance			
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	5:45-6:45pm Advanced Stroke	5:45-7:45pm Desert Aquatics	2:30-5:30pm GHHS Water Polo	5:45-7:45pm Desert Aquatics			
	5:45-7:45pm Desert Aquatics		5:45-6:45pm Advanced Stroke				
			5:45-7:45pm Desert Aquatics				