

August Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Civic Center Park Aquatic Center Recreation Office (760) 240 - 7880 Pool Office (760) 240 - 7000 ex: 7895 www.AVRecreation.org</p>						
				1	2	3
				5:30 - 11:00am Lap Swim	5:30 - 11:00am Lap Swim	5:30 - 11:00am Lap Swim
				7:30-8:30am Splash Dance	8:00-9:00am Aqua Fitness	7:30-8:30am Splash Dance
				8:30-9:30am Splash Dance	9:40 - 11:00 Swim Lessons	8:30-9:30am Splash Dance
				9:40 - 11:00 Swim Lessons	12:45 - 3:45 pm Rec Swim	9:40 - 11:45 Swim Lessons
				12:45 - 3:45 pm Rec Swim	4:15 - 5:30 Swim Lessons	Summer Send-Off 12:30 - 4:00pm
				4:15 - 5:30 Swim Lessons	5:00-6:00pm Advanced Stroke	
				5:30-7:30pm Desert Aquatics	6:00-7:00pm Aqua Fitness	7:45 - 9:30 pm Rec Swim
				7:45 - 9:30 pm Rec Swim	5:30-7:30pm Desert Aquatics	
4	5	6	7	8	9	10
10-11:30 am Lap Swim	5:30 - 11:00am Lap Swim	5:30 - 11:00am Lap Swim	5:30 - 11:00am Lap Swim	5:30 - 11:00am Lap Swim	5:30 - 11:00am Lap Swim	5:30 - 11:00am Lap Swim
12:45-3:45pm Rec Swim	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance
	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance
	9:40 - 11:00 Swim Lessons	9:40 - 11:00 Swim Lessons	9:40 - 11:00 Swim Lessons	9:40 - 11:00 Swim Lessons	9:40 - 11:00 Swim Lessons	9:40 - 11:45 Swim Lessons
	12:45 - 3:45 pm Rec Swim	12:45 - 3:45 pm Rec Swim	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	12:45 - 3:45 pm Rec Swim
	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	5:00-6:00pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:00-6:00pm Advanced Stroke	7:45 - 9:30 pm Rec Swim
	5:00-6:00pm Advanced Stroke	5:30-7:30pm Desert Aquatics	6:00-7:00pm Aqua Fitness	7:45 - 9:30 pm Rec Swim	6:00-7:00pm Aqua Fitness	
	6:00-7:00pm Aqua Fitness		7:00-8:00pm Aqua ZUMBA		5:30-7:30pm Desert Aquatics	
	7:00-8:00pm Aqua ZUMBA		5:30-7:30pm Desert Aquatics		7:45-8:45pm Eve. Lap Swim	
	5:30-7:30pm Desert Aquatics		7:45-8:45pm Eve. Lap Swim			
	7:45-8:45pm Eve. Lap Swim					
11	12	13	14	15	16	17
10-11:30 am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim
12:45-3:45pm Rec Swim	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance
	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance
	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	9:40 - 11:45 Swim Lessons
	5:00-6:00pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:00-6:00pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:00-6:00pm Advanced Stroke	12:45 - 3:45 pm Rec Swim
	6:00-7:00pm Aqua Fitness		6:00-7:00pm Aqua Fitness	7:45 - 9:30 pm Rec Swim	6:00-7:00pm Aqua Fitness	7:45 - 9:30 pm Dive-In Movie
	7:00-8:00pm Aqua ZUMBA		7:00-8:00pm Aqua ZUMBA		5:30-7:30pm Desert Aquatics	
	5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics		7:45-8:45pm Eve. Lap Swim	
	7:45-8:45pm Eve. Lap Swim		7:45-8:45pm Eve. Lap Swim			
18	19	20	21	22	23	24
10-11:30 am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim
12:45-3:45pm Rec Swim	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance
	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance
	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	4:15 - 5:30 Swim Lessons	9:40 - 11:45 Swim Lessons
	5:00-6:00pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:00-6:00pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:00-6:00pm Advanced Stroke	12:45 - 3:45 pm Rec Swim
	6:00-7:00pm Aqua Fitness		6:00-7:00pm Aqua Fitness	7:45 - 9:30 pm Rec Swim	6:00-7:00pm Aqua Fitness	Special Apples Pool Party 4:00 - 6:00pm
	7:00-8:00pm Aqua ZUMBA		7:00-8:00pm Aqua ZUMBA		5:30-7:30pm Desert Aquatics	
	5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics		7:45-8:45pm Eve. Lap Swim	7:45 - 9:30 pm Rec Swim
	7:45-8:45pm Eve. Lap Swim		7:45-8:45pm Eve. Lap Swim			
25	26	27	28	29	30	31
10-11:30 am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 10:00am Lap Swim	5:30 - 11:00am Lap Swim
12:45-3:45pm Rec Swim	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance	7:30-8:30am Aqua Fitness	7:30-8:30am Splash Dance
	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance	8:30-9:30am Aqua Fitness	8:30-9:30am Splash Dance
	2:30-5:30pm Water Polo	2:30-5:30pm Water Polo	2:30-5:30pm Water Polo	2:30-5:30pm Water Polo	2:30-5:30pm Water Polo	12:45 - 3:45 pm Rec Swim
	5:00-6:00pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:00-6:00pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:00-6:00pm Advanced Stroke	7:45 - 9:30 pm Rec Swim
	6:00-7:00pm Aqua Fitness		6:00-7:00pm Aqua Fitness	7:45 - 9:30 pm Rec Swim	6:00-7:00pm Aqua Fitness	
	7:00-8:00pm Aqua ZUMBA		7:00-8:00pm Aqua ZUMBA		5:30-7:30pm Desert Aquatics	
	5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics		7:45-8:45pm Eve. Lap Swim	
	7:45-8:45pm Eve. Lap Swim		7:45-8:45pm Eve. Lap Swim		7:45-8:45pm Eve. Lap Swim	