


September Pool Schedule							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1	2	3	4	5	6	7	
12:45 - 3:45pm Rec Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim
	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	
	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	12:45 - 3:45pm Rec Swim	
	5:30-6:30pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:30-6:30pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:30-6:30pm Advanced Stroke	7:45-9:30pm Eve. Rec Swim	
	5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics	7:45 - 9:30pm Eve. Rec Swim	5:30-7:30pm Desert Aquatics		
	6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness		
	7:45 - 8:45pm Eve. Lap Swim		7:45 - 8:45pm Eve. Lap Swim		7:45 - 8:45pm Eve. Lap Swim		
8	9	10	11	12	13	14	
12:45 - 3:45pm Rec Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim
	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	
	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	9:45-12:45pm Desert Aquatics Tryout	
	5:30-6:30pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:30-6:30pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:30-6:30pm Advanced Stroke	Private Rental 1:30 - 3:30pm	
	5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics		
	6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness		
	7:45 - 8:45pm Eve. Lap Swim		7:45 - 8:45pm Eve. Lap Swim		7:45 - 8:45pm Eve. Lap Swim		
15	16	17	18	19	20	21	
	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim
	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	
	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo		
	5:30-6:30pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:30-6:30pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:30-6:30pm Advanced Stroke		
	5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics		
	6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness		
	7:45 - 8:45pm Eve. Lap Swim		7:45 - 8:45pm Eve. Lap Swim		7:45 - 8:45pm Eve. Lap Swim		
22	23	24	25	26	27	28	
	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	5:30 - 9:45 am Lap Swim	Apple Valley Reverse Triathlon	
	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30 am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30 am Aqua Fitness		
	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo		
	5:30-6:30pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:30-6:30pm Advanced Stroke	5:30-7:30pm Desert Aquatics	5:30-6:30pm Advanced Stroke		
	5:30-7:30pm Desert Aquatics		5:30-7:30pm Desert Aquatics	7:45 - 9:30pm Eve. Rec Swim	5:30-7:30pm Desert Aquatics		
	6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness		
	7:45 - 8:45pm Eve. Lap Swim		7:45 - 8:45pm Eve. Lap Swim		7:45 - 8:45pm Eve. Lap Swim		
29	30						
	5:30 - 9:45 am Lap Swim	 <p>Civic Center Park Aquatic Center Recreation Office (760) 240 - 7880 Pool Office (760) 240 - 7000 ex: 7895 www.AVRecreation.org</p>					
	7:30 - 9:30 am Aqua Fitness						
	2:30-5:30pm GHHS Water Polo						
	5:30-6:30pm Advanced Stroke						
	5:30-7:30pm Desert Aquatics						
	6:30 - 7:30 pm Aqua Fitness						
	7:45 - 8:45pm Eve. Lap Swim						
		