




October Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		1	2	3	4	5	
 Civic Center Park Aquatic Center Recreation Office (760) 240 - 7880 Pool Office (760) 240 - 7000 ex: 7895 www.AVRecreation.org		7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	
		8:30 - 9:30 am Splash Dance	8:30 - 9:30 am Aqua Fitness	8:30 - 9:30 am Splash Dance	8:30 - 9:30 am Aqua Fitness	8:30 - 9:30 am Splash Dance	8:30 - 9:30 am Splash Dance
		5:30-6:30pm Advanced Stroke	12-1:30 pm Lunchtime Lap Swim	2:30-5:30pm GHHS Water Polo	12-1:30 pm Lunchtime Lap Swim	12-1:30 pm Lunchtime Lap Swim	
		5:30-7:30p Private Lessons	5:30-6:30pm Advanced Stroke	5:30-6:30pm Advanced Stroke	5:30-6:30pm Advanced Stroke	2:30-5:30pm Water Polo Game	
		5:45-7:45pm Desert Aquatics	5:30-7:30p Private Lessons	5:30-7:30p Private Lessons	5:30-7:30p Private Lessons	5:30-6:30pm Advanced Stroke	
			5:45-7:45pm Desert Aquatics	5:45-7:45pm Desert Aquatics	5:45-7:45pm Desert Aquatics	5:30-7:30p Private Lessons	
		6:30 - 7:30 pm Aqua Fitness			5:45-7:45pm Desert Aquatics		
					6:30 - 7:30 pm Aqua Fitness		
6	7	8	9	10	11	12	
	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	
	8:00 - 9:00 am Aqua Fitness	8:30 - 9:30 am Splash Dance	8:00 - 9:00 am Aqua Fitness	8:30 - 9:30 am Splash Dance	12-1:30 pm Lunchtime Lap Swim	8:30 - 9:30 am Splash Dance	
	12-1:30 pm Lunchtime Lap Swim	2:30-5:30pm Water Polo Game	12-1:30 pm Lunchtime Lap Swim	2:30-5:30pm Water Polo Game	2:30-5:30pm Water Polo Game		
	2:30-5:30pm GHHS Water Polo	5:30-6:30pm Advanced Stroke	2:30-5:30pm GHHS Water Polo	5:30-6:30pm Advanced Stroke	5:30-6:30pm Advanced Stroke		
	5:30-6:30pm Advanced Stroke	5:30-7:30p Private Lessons	5:30-6:30pm Advanced Stroke	5:30-7:30p Private Lessons	5:30-7:30p Private Lessons		
	5:30-7:30p Private Lessons	5:45-7:45pm Desert Aquatics	5:30-7:30p Private Lessons	5:45-7:45pm Desert Aquatics	5:45-7:45pm Desert Aquatics		
	5:45-7:45pm Desert Aquatics		5:45-7:45pm Desert Aquatics				
	6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness				
13	14	15	16	17	18	19	
	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	
	8:00 - 9:00 am Aqua Fitness	8:30 - 9:30 am Splash Dance	8:00 - 9:00 am Aqua Fitness	8:30 - 9:30 am Splash Dance	12-1:30 pm Lunchtime Lap Swim	8:30 - 9:30 am Splash Dance	
	12-1:30 pm Lunchtime Lap Swim	2:30-5:30pm GHHS Water Polo	12-1:30 pm Lunchtime Lap Swim	2:30-5:30pm GHHS Water Polo	2:30-5:30pm GHHS Water Polo		
	2:30-5:30pm GHHS Water Polo	5:30-6:30pm Advanced Stroke	2:30-5:30pm GHHS Water Polo	5:30-6:30pm Advanced Stroke	5:30-6:30pm Advanced Stroke		
	5:30-6:30pm Advanced Stroke	5:30-7:30p Private Lessons	5:30-6:30pm Advanced Stroke	5:30-7:30p Private Lessons	5:30-7:30p Private Lessons		
	5:30-7:30p Private Lessons	5:45-7:45pm Desert Aquatics	5:30-7:30p Private Lessons	5:45-7:45pm Desert Aquatics	5:45-7:45pm Desert Aquatics		
	5:45-7:45pm Desert Aquatics		5:45-7:45pm Desert Aquatics				
	6:30 - 7:30 pm Aqua Fitness		6:30 - 7:30 pm Aqua Fitness				
20	21	22	23	24	25	26	
	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	
	8:00 - 9:00 am Aqua Fitness	8:30 - 9:30 am Splash Dance	8:00 - 9:00 am Aqua Fitness	8:30 - 9:30 am Splash Dance	12-1:30 pm Lunchtime Lap Swim	8:30 - 9:30 am Splash Dance	
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	2:30-5:30pm GHHS Water Polo	5:30-6:30pm Advanced Stroke	2:30-5:30pm GHHS Water Polo	5:30-6:30pm Advanced Stroke	5:30-6:30pm Advanced Stroke		
	5:30-6:30pm Advanced Stroke	5:30-7:30p Private Lessons	5:30-6:30pm Advanced Stroke	5:30-7:30p Private Lessons	5:30-7:30p Private Lessons		
	5:30-7:30p Private Lessons	5:45-7:45pm Desert Aquatics	5:30-7:30p Private Lessons	5:45-7:45pm Desert Aquatics	5:45-7:45pm Desert Aquatics		
	5:45-7:45pm Desert Aquatics		5:45-7:45pm Desert Aquatics				
27	28	29	30	31	 Town of Apple Valley		
	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim	5:00 - 9:45 am Lap Swim	7:45 - 9:45 am Lap Swim			
	8:00 - 9:00 am Aqua Fitness	8:30 - 9:30 am Splash Dance	8:00 - 9:00 am Aqua Fitness	8:30 - 9:30 am Splash Dance			
	12-1:30 pm Lunchtime Lap Swim	2:30-5:30pm GHHS Water Polo	12-1:30 pm Lunchtime Lap Swim	2:30-5:30pm GHHS Water Polo			
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Private and Semi-Private Swim Lessons offered year-round! Call the Recreation Office for details!