



# Better Way to Play

Your guide to recreation in Apple Valley, CA

January - May 2015

**WELCOME**  
to the  
**Father & Son**  
**Basketball Tournament**



**Parks  
Make  
Life  
Better!**

There's something for everyone! See inside for:

Classes • Sports • Aquatics • Events and more!



# Winter ~ Spring 2014



## Recreation Activities Guide

**TOWN OF APPLE VALLEY  
PARK AND RECREATION  
DEPARTMENT**

### TOWN COUNCIL

Art Bishop  
Larry Cusack  
Curt Emick  
Scott Nassif  
Barb Stanton

Meets the 2nd & 4th Tuesday of every month at 6:30 p.m. in the Town Council Chambers

### PARKS AND RECREATION COMMISSION

Jiles Smith            Chairman  
Michael Martin        Vice-Chairman  
Richard Cambridge   Commissioner  
Patrick Doran         Commissioner  
Donald Tatera         Commissioner  
The Commission meets the 1st Thursday of every other month at 6 p.m. in The Town Council Chambers. Call (760) 240-7000 ext 7885 for meeting dates.

### PARKS AND RECREATION STAFF

Ralph Wright	Parks & Rec Manager
Maribel Hernandez	Admin Secretary
Lena Quinonez	Rec Supervisor
Joseph Ramos	Rec Supervisor
Andy Shoup	Rec Coordinator
Alicia Dannelley	Rec Coordinator
Jacquelynn Auzenne	Rec Asst
Christine McCaffrey	Sr Office Asst
Tashina Miniszewski	Office Asst

## IN THIS ISSUE.....

Aquatics            **3**



Arts                    **9**

Fall Camps        **11**

Fitness              **12**

Gymnastics/  
Dance                **15**



Preschool           **18**

Special Events     **19**  
Bunny Run         **25**



Sports                **26**

Youth Sports      **27**

Teens                **29**



Special Apples     **30**



Wellness            **31**

Community  
Information         **32**

Registration  
Information         **33**



Parks &  
Facilities            **34**

### Office Hours

Located at Town Hall  
14955 Dale Evans Parkway  
(760) 240-7880

Monday - Thursday  
7:30 am - 5:30 p.m.  
Alternating Fridays  
7:30 am - 4:30 p.m.

HOLIDAY CLOSURES  
1/1/15 - 1/5/15, 1/19, 2/16 & 5/25

### Get Connected!

Get the most up-to-date information on Parks and Recreation programs and services in Apple Valley.

View the interactive, digital version of this brochure online at

[www.AVRecreation.org](http://www.AVRecreation.org)

Like Us On  
facebook







## Swim Fair - May 9th!

First day of registration for summer swim lessons  
Swim Lesson Schedule will be posted on April 1st; Lessons begin May 18th



Saturday, May 9th @ Town Hall • 7:30 - 11:00 am  
Apple Valley residents

- Proof of residency required (I.D. and utility bill)
- Only a parent or legal guardian can register children for classes - no exceptions
- Enroll carefully as there are NO refunds, transfers or credits
- Swim lesson schedule will be available April 1st
- Line will form in between Town Hall and the Police Department
- Non-residents can register starting at 10:00 am or whenever the Apple Valley line is empty

## Swim Level Evaluations

Are you unsure of what swim lesson you or your child should be taking? Let us help you eliminate any uncertainty! We will be offering four opportunities for you to come out and spend a few minutes one-on-one with one of our swim instructors. During this evaluation, we will conduct a few drills, after which we will tell you exactly which level is needed! Participation in this program will help ensure you receive the maximum value in your swim lessons. \$3 of the fee will be applied to swim lesson registration; conditions apply.

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
4/4	Sat	10 - 11 am	\$5	All Ages
4/11	Sat	10 - 11 am	\$5	All Ages
4/18	Sat	10 - 11 am	\$5	All Ages
4/25	Sat	10 - 11 am	\$5	All Ages



## Early Morning Lap Swim

Early morning lap swim is a great opportunity for the early bird swimmer. We set up 8 lanes according to speed levels.

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
Jan - May	M/W/F	5:30 - 6:45 am & 7:45 - 9 am	See Lap Swim Fees	10 & Up
Jan - May	Tu/Th/Sat	7:45 - 9:15 am	See Lap Swim Fees	10 & Up

## Lunchtime Lap Swim

Join us on your lunch break during the warmest part of the day. A nice refreshing swim is sure to brighten up your day. We set up 8 lanes according to speed levels. No lunchtime lap swim 3/9 - 3/13.

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
Jan - May	M/W/F	12 - 1:30 pm	See Lap Swim Fees	10 & Up

## Evening Lap Swim

Enjoy the evening air while you swim laps. We divide 8 lanes according to speed levels.

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
Jan - May	M - F	7:30 - 9 pm	See Lap Swim Fees	10 & Up

## CPRO Review

This course is designed to re-certify lifeguards in CPR for the professional rescuer. This course is not a full CPR course. The pre-requisite for this class is the participant must have previous training in CPR. Pre-register no later than 3/30.

### Apple Valley Conference Center

DATES	DAY	TIME	FEE	AGES
4/3	Fri	5 - 7 pm	\$40	15 & Up

## Lap Swim Multi-Use Passes

A photo is taken at the time of initial purchase. Cost for the card is an additional \$2.

Passes are non-transferable.

Multi-Use Cards can be purchased at the Aquatic Center. When you have a Multi-Use Card, you can renew the card only once the pass has expired. Passes are only valid during the season in which they were purchased.

Pass Type:	Winter (Oct - Apr)	Summer (May-Sept)
Unlimited (for calendar month only)	\$75	\$68
30 visit	\$115	\$92
15 visit	\$60	\$48
5 visit	\$23	\$18
Daily	\$5	\$4

See the Recreation Office for Lane Rentals!  
Interested in steep discounts on Lap Swimming?  
Ask about our Corporate Business Discounts!

## Lane Rentals:

Have you ever come swimming and wished you could have a guaranteed lane all to yourself? Now you can! For just \$15.00 you can ensure you have a lane all to yourself for 1 hour during regular lap swim hours.

Call the Recreation Office for more information  
at (760) 240-7880







## Lifeguard Training

Becoming a lifeguard is one of life's most rewarding experiences. The knowledge and skills taught in this course will leave the participant with everything they need to keep themselves and others safe in and around any aquatic environment. Course covers rescue skills, CPR/AED, first aid, emergency childbirth and major trauma emergencies. Successful completion of Lifeguard Training is required for all who seek employment as a lifeguard at the Civic Center Park Aquatic Center. All participants must pass the pre-swim in order to continue; refunds will be given for participants who fail to complete the pre-swim. Course taught by the Recreation Coordinator in charge of the Aquatics Division.

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
Session 1 - register by 3/4			\$200	15 & Up
3/7	Pre-Swim	Sat	7:45 - 9 am	
3/7		Sat	9 am - 6 pm	
3/8		Sun	9 am - 6 pm	
3/10		Tue	9 am - 6 pm	
3/11		Wed	9 am - 6 pm	
3/14		Sat	9 am - 5 pm	
Session II - register by 3/18			\$200	15 & Up
3/21	Pre-Swim	Sat	7:45 - 9 am	
3/21		Sat	9 am - 6 pm	
3/22		Sun	9 am - 6 pm	
3/24		Tue	4 pm - 8 pm	
3/25		Wed	4 pm - 8 pm	
3/28		Sat	9 am - 6 pm	
3/29		Sun	9 am - 6 pm	

## Spring Break Swim Lessons March 9 -13

1 week Only  
First-come-first-served • \$19

9:40 - 10:15 am	L1	L2	L3	L4	Min	Pol
10:20 - 10:55 pm	L1	L2	L3	L4	Min	Pol

## Spring Break Rec Swim

This is a time set aside for recreational swimmers of all ages to enjoy. Bring the family and enjoy the clear blue, refreshing water! The pool is heated to a comfortable temperature and is handicapped-accessible. Passes are not required. Children not potty trained must wear swim diapers.

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
3/7 - 15	Sat - Sun	11 am - 12:30 pm	\$2/child \$3/adults	All Ages
3/7 - 15	Sat - Sun	1 - 2:30 pm	\$2/child \$3/adults	All Ages

**Join us for both sessions for just a dollar more!**

## Private Swim Lessons

Enjoy five hours of one-on-one instruction with one of our fantastic swim instructors. Our staff will work with participants to gain complete independence in the pool as well as develop and refine advanced skills. No matter what skill you are looking to learn, we will make sure you are successful! All lessons are designed around the participant's personal schedule to ensure anyone can participate.

**Fee: \$97/person**

## Semi-Private Swim Lessons

Just like with our Private Swim lessons, these lessons are individualized to meet your specific needs; however, during these lessons you can bring some friends! Semi-Private lessons can hold up to four participants, all of whom must know each other and register at the same time. In order to receive maximum benefit, all swimmers need to be close in skill level.

**Fee: \$60/person**



## Water Aerobics Fees

The below fees apply to all Splash Dance and Aqua Zumba classes. No make-ups will be given for classes missed. Participants can only attend the class they are registered for and cannot attend class on a different day unless the daily drop-in fee is paid for that day.

\$40/12 classes per month (Oct - Apr)  
 \$34/8 classes per month (Oct - Apr)  
 \$23/4 classes per month (Oct - Apr)  
 \$7/ daily drop-in fee (Oct - Apr)

\$36/12 classes per month (May - Sept)  
 \$31/8 classes per month (May - Sept)  
 \$21/4 classes per month (May - Sept)  
 \$6 daily drop-in fee (May - Sept)

*There will be no refunds for any swim programs that are cancelled due to inclement weather. For the most up-to-date information, please see our Facebook page at [www.facebook.com/avrecreation](http://www.facebook.com/avrecreation)*

## Apple Valley Swim Club

Apple Valley Swim Club is a recreational swim club that focuses on developing inexperienced swimmers into strong, confident athletes. Ages 5 - 18 will be grouped based on skill level and will have workouts tailored to their needs; eventually leading them to our advanced level. The advanced level encourages competition against each other, in High School swimming or USA Swimming! No class 3/9 - 3/13.

Beginning \$45      Intermediate \$55      Advanced \$65

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
1/5 - 1/30	M/W/F	5:30 - 6:30 pm	See Above	5 - 18
2/2 - 2/27	M/W/F	6:30 - 7:30 pm	See Above	5 - 18
3/2 - 4/3	M/W/F	6:30 - 7:30 pm	See Above	5 - 18
4/6 - 5/1	M/W/F	6:30 - 7:30 pm	See Above	5 - 18
5/4 - 5/29	M/W/F	5:00 - 6:00 pm	See Above	5 - 18

Schedules for programs or classes may change. For up-to-date information please check our website.

## Aqua Zumba®

A water-based, invigorating workout that includes cardio-conditioning and body-toning. We will be stretching, twisting, splashing and laughing our way to good health. Join our pool party for an awesome, SAFE workout! Instructor: Liz Fratt

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
5/5 - 5/30	M/W	6:30 - 7:30 pm	See Fees	15 & up



## Splash Dance

Come enjoy a high-energy, low-impact workout that strengthens and tones from head to toe! Most land exercises can be done effectively in water, with the added benefit of support and resistance. We'll lunge, jump, jog, crunch, kick, twist and dance to great music in the pool. The people are FUN and the water is FINE! Instructor: Pam Adams

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
1/6 - 1/31	T/Th/Sat	8 - 9 am	See Fees	15 & up
2/3 - 2/28	T/Th/Sat	8 - 9 am	See Fees	15 & up
3/3 - 3/31	T/Th/Sat	8 - 9 am	See Fees	15 & up
4/2 - 4/30	T/Th/Sat	8 - 9 am	See Fees	15 & up
5/2 - 5/30	T/Th/Sat	8 - 9 am	See Fees	15 & up





## Water Safety EXPO

Come join us and learn how to stay safe around water, while having fun at our pool!

We will have games; water slides; bounce houses; food trucks; lifejacket swimming, and races; CPR demonstration and practice with the Apple Valley Fire Department; Water rescue demonstrations and practice with our Lifeguards; Toddler Self-Rescue techniques; and many water-fun vendors!

First 300 people in attendance will receive a free entry to the afternoon's Recreation Swim!

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
5/2	Sat	10 am - 12pm	FREE	All Ages

# WATER FESTIVAL

Civic Center Park Aquatic Center

**SATURDAY, JUNE 6**

JOIN US IN CELEBRATING THE START OF SUMMER!  
ENJOY MUSIC, GAMES, WATER SLIDES,  
BOUNCE HOUSES AND A VARIETY OF  
FOOD TRUCKS.

**PRE-REGISTRATION: \$3**  
**DAY OF THE EVENT: \$5**  
**1:00 - 3:30PM**

\*EVENT SELLS OUT. BE SURE TO PRE-REGISTER BY 6/3\*



**DOORS OPEN AT 12:30 FOR PRE-REGISTERED GUEST**



## World's Largest Swim Lesson

Swimming is a life-saving skill for children and a vital tool to prevent drowning, the second leading cause of unintended, injury-related death for children ages 1 - 14. Research shows if a child doesn't learn to swim by the third grade, they likely never will. The nation's top water safety and training organizations are joining forces to present The World's Largest Swimming Lesson™ (WLSL) to build awareness about the vital importance of teaching children to swim to help prevent drowning. On June 18th waterparks, pools and other aquatic facilities around the globe will host local WLSL swim session simultaneously in an attempt to break the Guinness World Record.

Pre-register at Town Hall by 6/15.

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
6/18	Th	8 - 8:30 am	FREE	3 - 18



Photo courtesy of Todd Fox Photography

## Master's Swim

We will provide a fun and challenging environment where swimmers of all shapes, sizes, ages, and skill levels work to meet and exceed their goals. Whether you are training to race, to get in shape, or stay in shape, we have a lane for you!

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	AGES
1/5 - 1/29	M/T/Th	6:30 pm - 8 pm	\$65	18 & up
2/2 - 2/26	M/T/Th	7:30 pm - 9 pm	\$65	18 & up
3/3 - 3/30	M/T/Th	7:30 pm - 9 pm	\$65	18 & up
4/2 - 4/30	M/T/Th	7:30 pm - 9 pm	\$65	18 & up
5/4 - 5/28	M/T/Th	7:30 pm - 9 pm	\$65	18 & up

## Marco Polo Water Polo Club

Learn all about the fun and exciting game of water polo! We will go over the basics of how the game is played, swimming, stroke work, ball handling, tactics, strategies and play scrimmage games. This course is perfect for those who wish to play on the local high school teams and those already playing in high school wishing to keep their skills sharp.

### Civic Center Park Aquatic Center

DATES	DAY	TIME	FEE	GRADES
6/1 - 6/26	M - F	9:45 - 10:45 am	\$50	8 - 12
6/29 - 7/31	M - F	9:45 - 10:45 am	\$50	8- 12

## Private Pool Parties

*"just for the fun of it!"*

The Aquatic Center features a Junior Olympic-sized pool with crystal clear water that is heated to a comfortable temperature for year-round use. We have a variety of amenities available for your birthdays, team parties, family occasions and more!

Contact the Recreation Office at (760) 240-7880 for more details.



## Beginning Acting Class

Learn how to audition, create a character, basic stage directions, play improv games and most of all - have fun! You will apply it all in a performance. This is a 5 month rehearsal/performance class. A one time fee of \$30 for materials is due, in cash, on the second day of class. Performance will be 6/5 - 6/7.

Instructor: Melanie Myers

### James Woody Community Center Auditorium

DATES	DAY	TIME	FEE	AGES
1/7 - 1/28	Wed	4:00 - 5:30 pm	\$37	6 - 12
2/4 - 2/25	Wed	4:00 - 5:30 pm	\$37	6 - 12
3/4 - 3/25	Wed	4:00 - 5:30 pm	\$37	6 - 12
4/1 - 4/29	Wed	4:00 - 5:30 pm	\$37	6 - 12
5/6 - 5/27	Wed	4:00 - 5:30 pm	\$37	6 - 12

## Advanced Drama Class

Join this class for a more in depth acting experience. You will learn the fundamentals of stage, how to audition and how to create a character. We will play games teaching improvisation, pantomime, using an accent and so much more! Then you will apply it all in a performance. This is a 5 month rehearsal/performance class. A one time fee of \$30 for materials is due, in cash, on the second day of class. Performance will be 6/5 - 6/7. Instructor: Melanie Myers

### James Woody Community Center Auditorium

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Tue	4:30 - 6 pm	\$37	12 - 17
2/3 - 2/24	Tue	4:30 - 6 pm	\$37	12 - 17
3/3 - 3/31	Tue	4:30 - 6 pm	\$37	12 - 17
4/7 - 4/28	Tue	4:30 - 6 pm	\$37	12 - 17
5/5 - 5/26	Tue	4:30 - 6 pm	\$37	12 - 17



## Guitar Lessons

Learn how to play the guitar with no prior experience needed. Basic chords, strumming and scales will be covered for those who are just starting. Intermediate and advanced guitarists can also enjoy lessons focused on technique and theory. Instructor: Neil Garcia

### Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
1/5 - 1/26	Mon	5:45 - 6:45 pm	\$58	8 & Up
2/2 - 2/23	Mon	5:45 - 6:45 pm	\$58	8 & Up
3/2 - 3/23	Mon	5:45 - 6:45 pm	\$58	8 & Up
4/6 - 4/27	Mon	5:45 - 6:45 pm	\$58	8 & Up
5/4 - 5/25	Mon	5:45 - 6:45 pm	\$58	8 & Up

## Intro to Digital Filmmaking

Making your own great movies is easier than you think. This course is designed for beginners looking to understand the basics. We cover story, camera work, lighting, sound and editing. Don't worry about complex, expensive equipment - you will see you already have what it takes to craft your own masterpiece! A materials fee of \$20 is paid to the instructor, in cash, on the first day of class each month. No class 5/19.

Instructor: Christopher Thomas

### James Woody Community Center Arts & Crafts Room

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Tue	4 - 6 pm	\$90	10 & Up
2/3 - 2/24	Tue	4 - 6 pm	\$90	10 & Up
3/3 - 3/24	Tue	4 - 6 pm	\$90	10 & Up
4/7 - 4/28	Tue	4 - 6 pm	\$90	10 & Up
5/5 - 6/2	Tue	4 - 6 pm	\$90	10 & Up

Share your pictures with us at  
#avrecreation



Instagram

# After School Activities Program Fun Factory

*The After School Activities Program (ASAP) is the place to be!*

<p>Our program offers:</p> <ul style="list-style-type: none"> <li>• Homework Club</li> <li>• Music</li> <li>• Dance</li> <li>• Indoor and outdoor games</li> <li>• Arts and crafts</li> <li>• Cooking</li> <li>• Afternoon snack</li> </ul>	<p>ASAP is offered at:</p> <table> <tr> <td>AAE Lewis Center (max 45)</td> <td>TBA</td> <td>(K - 8)</td> </tr> <tr> <td>Rio Vista Elementary School (max 35)</td> <td>2:40 - 5:45 pm</td> <td>(K - 8)</td> </tr> <tr> <td>Sitting Bull Academy, Lower Campus (max 30)</td> <td>2:40 - 5:45 pm</td> <td>(K - 4)</td> </tr> <tr> <td>Sitting Bull Academy, Upper Campus (max 25)</td> <td>2:40 - 5:45 pm</td> <td>(5 - 8)</td> </tr> <tr> <td>Vanguard Preparatory School (max 40)</td> <td>2:30 - 5:30 pm</td> <td>(K - 8)</td> </tr> </table>	AAE Lewis Center (max 45)	TBA	(K - 8)	Rio Vista Elementary School (max 35)	2:40 - 5:45 pm	(K - 8)	Sitting Bull Academy, Lower Campus (max 30)	2:40 - 5:45 pm	(K - 4)	Sitting Bull Academy, Upper Campus (max 25)	2:40 - 5:45 pm	(5 - 8)	Vanguard Preparatory School (max 40)	2:30 - 5:30 pm	(K - 8)
AAE Lewis Center (max 45)	TBA	(K - 8)														
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Sitting Bull Academy, Upper Campus (max 25)	2:40 - 5:45 pm	(5 - 8)														
Vanguard Preparatory School (max 40)	2:30 - 5:30 pm	(K - 8)														

ASAP starts as soon as school gets out, including early-release days.  
 There is no program during non-school days. Children *must* be pre-registered prior to attending.  
 Registration is on a first-come, first-served basis.  
 All students attending the 2014-2015 school year must complete new paperwork.

*\$36/weekly registration*

*Pre-register at the Recreation counter at Town Hall*

**ASAP Only:** Pay by phone option! Call (760) 240-7880 for details!

All phone-in transactions will have a \$2 convenience fee added to them.

**\*2015 -2016 ASAP Registration opens July 8, 2015\***







## Musicstar's® Media Arts Camp

Musicstar Media Arts Camp includes a great exploration of the "cool" world of high-tech media arts focusing on contemporary music production and the recording arts and sciences, as well as audio-visual production and the marriage of picture and sound. Bring your appetite for technology and learn about some of today's most exciting careers. Computers and cameras will be provided for classroom use. \$35 materials fee paid to the instructor, in cash, on the first day of class. \$89 per class if taking both Media Arts and Video Game Design camps. Instructor: MUSICSTAR staff

**James Woody Community Center Auditorium**

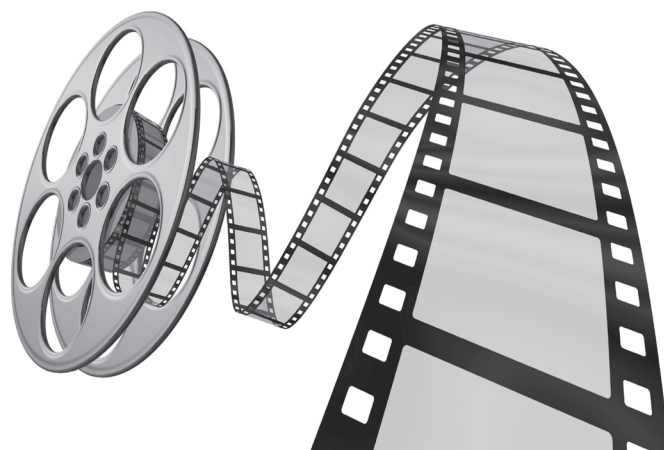
DATES	DAY	TIME	FEE	AGES
3/9 - 3/13	M - F	9 - 11:30 am	\$99 + \$35 materials fee	8 - 15

## Creative Brain® Video Game Design Camp

You play them - now learn how to design them! Come join us as we go through the entire process of video games development. Students working in teams will design and create their own video games. Computers provided for classroom use. \$35 materials fee paid to the instructor, in cash, on the first day of class. \$89 per class if taking both Video Game Design and Media Arts camps. Instructor: Creative Brain staff

**James Woody Community Center Auditorium**

DATES	DAY	TIME	FEE	AGES
3/9 - 3/13	M - F	1 - 3:30 pm	\$99 + \$35 materials fee	8 - 15



## Day Camp Grades K - 6

Daycamp is the place to be this spring! Children will enjoy playing in the park, making crafts as well as a variety of structured games and light cooking. The recreation staff is assisted by responsible high school and college aged students providing a safe and fun environment for all our campers. Be sure to bring your lunch and a healthy morning snack.

**Town Hall Recreation Center**

DATES	DAY	TIME	WEEKLY FEE
3/9 - 3/13	M - F	7 am - 6:15 pm	\$97 (full time) \$50 (1/2 days)



## Muay Thai Kickboxing

Introduction to Muay Thai Kickboxing. Learn the proper kickboxing stance, basic punches and kicks. Kickboxing training sessions incorporate endurance exercises such as jump rope, heavy bag, speed bag and double-end bag work, as well as one-on-one focus mitts. Included in the training are basic calisthenics involving push-ups, sit-ups, squats and lunges that will improve strength and endurance. Kickboxing improves hand/eye coordination, focus, self-confidence and one's ability to protect oneself - and it is a fun way to exercise!

Instructor: Craig Buchannan

### The Bullet Hole

15315 Cholame Rd, VV 92392

DATES	DAY	TIME	FEE	AGES
1/5 - 1/28	M/W	5 - 6 pm	\$65	5 & Up
2/2 - 2/25	M/W	5 - 6 pm	\$65	5 & Up
3/2 - 3/30	M/W	5 - 6 pm	\$65	5 & Up
4/1 - 4/29	M/W	5 - 6 pm	\$65	5 & Up
5/4 - 5/27	M/W	5 - 6 pm	\$65	5 & Up

All programs require pre-registration. We recommend you register no later than a week prior to the start date as space fills up fast.

## NOW HIRING!!

*Independent Contractors as*

*Instructors for Recreation Classes*

This is a perfect opportunity to teach your favorite skill or activity to others in the community. Turn your hobby into cash in your pocket! If you have the skill, knowledge, experience and desire to earn as you help others learn, contact the Town of Apple Valley Recreation Department to become an independent contract class instructor.

### WHAT WE PROVIDE:

- \* Communication of your knowledge and proficiency.
- \* Promotion of your class in the *Better Way to Play* recreation brochure.
- \* We handle all class registration and promotional materials.
- \* Contact Andy Shoup at (760) 240-7000, ext 7894

### TIME COMMITMENT:

- \* 1 - 2 hours weekly per class



## Little Tigers Tae Kwon Do

Students will learn balance, flexibility and Tae Kwon Do techniques that will teach them courage, confidence and courtesy. Instructor: George Hanshaw

### Gellen Fitness

15850 Apple Valley Road

DATES	DAY	TIME	FEE	AGES
1/6 - 1/29	Tu/Th	4:30 - 5 pm	\$45	3 - 6
2/3 - 2/26	Tu/Th	4:30 - 5 pm	\$45	3 - 6
3/3 - 3/31	Tu/Th	4:30 - 5 pm	\$45	3 - 6
4/2 - 4/30	Tu/Th	4:30 - 5 pm	\$45	3 - 6
5/5 - 5/28	Tu/Th	4:30 - 5 pm	\$45	3 - 6

## Tae Kwon Do

Learn amazing Tae Kwon Do techniques while becoming a more confident, courageous and courteous person. Dr. George uses a proven scientific approach to learning Tae Kwon Do. Instructor: George Hanshaw

### Gellen Fitness

15850 Apple Valley Road

DATES	DAY	TIME	FEE	AGES
1/5 - 1/28	M/W	5:45 - 6:45 pm	\$55	7 & Up
2/2 - 2/25	M/W	5:45 - 6:45 pm	\$55	7 & Up
3/2 - 3/30	M/W	5:45 - 6:45 pm	\$55	7 & Up
4/1 - 4/29	M/W	5:45 - 6:45 pm	\$55	7 & Up
5/4 - 5/27	M/W	5:45 - 6:45 pm	\$55	7 & Up





## Indoor Rock Climbing

Introduction to rock climbing. Learn about the gear, the knots and the basic movements of rock climbing. In addition to climbing during each session, participants will do basic calisthenics involving push-ups, sit-ups, squats and lunges to improve strength and endurance and stretching to improve flexibility. Rock climbing is a fun way to exercise!

Instructor: Craig Buchanan

**The Bullet Hole,**  
15315 Cholame Rd, VV 92392

DATES	DAY	TIME	FEE	AGES
1/6- 1/29	Tu/Th	5 - 6 pm	\$50	5 & Up
2/3 - 2/26	Tu/Th	5 - 6 pm	\$50	5 & Up
3/3 - 3/31	Tu/Th	5 - 6 pm	\$50	5 & Up
4/2 - 4/30	Tu/Th	5 - 6 pm	\$50	5 & Up
5/5 - 5/28	Tu/Th	5 - 6 pm	\$50	5 & Up

## Yoga Fitness

Are you looking for a workout program that is easy to learn, requires little or no equipment and soothes your soul while toning your body? Strengthen your cardiovascular system and improve your mental fitness. Students should bring a hand towel, water bottle and yoga mat. No class on 1/10, 1/19, 2/16, 2/21 OR 5/9. Instructor: Kelly Gibbs

\$40/3 classes a week/month • \$32/2 classes a week/month •  
\$23/1 classes a week/month

### Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
1/5 - 1/31	M/W/S	6:50 - 7:50 pm	\$23/\$32/\$33.67	16 & Up
2/2 - 3/2	M/W/S	6:50 - 7:50 pm	\$23/\$32/\$36.83	16 & Up
3/4 - 3/30	M/W/S	6:50 - 7:50 pm	\$23/\$32/\$40	16 & Up
4/1 - 4/27	M/W/S	6:50 - 7:50 pm	\$23/\$32/\$40	16 & Up



## Barre Aerobics

Come out and party at the Barre! This is a full body workout that uses ballet-style techniques paired to upbeat music for a fun, yet challenging workout. No dance or ballet experience required. Please wear loose fitting clothes. No tennis shoes, please. No class 1/19, 2/16 or 5/25. Instructor: Ashlynn Drayton

### James Woody Community Center Arts & Crafts Room

DATES	DAY	TIME	FEE	AGES
1/5 - 1/26	Mon	7 - 8 pm	\$24.50	18 & Up
2/2 - 3/2	Mon	7 - 8 pm	\$32	18 & Up
3/9 - 3/30	Mon	7 - 8 pm	\$32	18 & Up
4/6 - 4/27	Mon	7 - 8 pm	\$32	18 & Up
5/4 - 6/1	Mon	7 - 8 pm	\$32	18 & Up

Schedules for programs or classes may change. For up-to-date information please check our website.

## Belly Dancing

Learn the art of Belly Dance for fun and fitness. Great for all ages and fitness levels. Class focuses on the basics of belly dance in American cabarete style. Instructor: Diane Ona

**James Woody Community Center Arts & Crafts Room**

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Tue	6:30 - 8:30 pm	\$30	16 & Up
2/3 - 2/24	Tue	6:30 - 8:30 pm	\$30	16 & Up
3/3 - 3/24	Tue	6:30 - 8:30 pm	\$30	16 & Up
4/7 - 4/28	Tue	6:30 - 8:30 pm	\$30	16 & Up
5/5 - 5/26	Tue	6:30 - 8:30 pm	\$30	16 & Up



## Tai Chi

Learn to increase your level of energy through fluid movements, breath work and inner focus. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments and muscles. Tai Chi also increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability. No class 1/19, 2/16 or 5/25. Instructor: Chris Urmston

\$33/2 classes a week/month • \$43/3 class a week/month

**James Woody Community Center Arts & Crafts Room**

DATES	DAY	TIME	FEE	AGES
1/5 - 1/30	M/W/F	11 am - 12 pm	\$33/\$39.58	16 & Up
2/2 - 3/2	M/W/F	11 am - 12 pm	\$33/\$43	16 & Up
3/4 - 3/30	M/W/F	11 am - 12 pm	\$33/\$43	16 & Up
4/1 - 4/29	M/W/F	11 am - 12 pm	\$33/\$43	16 & Up
5/1 - 5/29	M/W/F	11 am - 12 pm	\$33/\$43	16 & Up

## Zumba® Gold

Zumba® Gold is a low impact Zumba Fitness class that uses modified Zumba moves designed for active older adults, individuals with special needs and beginners wanting a fun exercise class that focuses on balance, flexibility and cardiovascular strength. No class on 1/19, 2/16, or 5/25. 3/9 & 3/11 in the North Conference Center. Instructor: Liz Fratt  
Drop in fee only \$6.

\$31/2 classes a week/month • \$21/1 class a week/month

**Town Hall Recreation Center**

DATES	DAY	TIME	FEE	AGES
1/5 - 1/28	M/W	1 - 2 pm	\$21/\$27.38	25 & Up
2/2 - 3/2	M/W	1 - 2 pm	\$21/\$31	25 & Up
3/4 - 3/30	M/W	1 - 2 pm	\$21/\$31	25 & Up
4/1 - 4/27	M/W	1 - 2 pm	\$21/\$31	25 & Up
4/29 - 5/27	M/W	1 - 2 pm	\$21/\$31	25 & Up

All programs require pre-registration. We recommend you register no later than a week prior to the start date as space fills up fast

## Zumba®

Zumba® fitness is a Latin-inspired dance & fitness class using upbeat rhythms and easy-to-follow choreography. It is a total body exercise, focusing on cardio and toning. Join a Zumba Fitness class and see that working out is *finally* fun!

Instructor: Liz Fratt

Drop in fee only \$6

\$21/1 class a week/month • \$31/2 classes a week/month

\$41/3 classes a week/month

**Town Hall Recreation Center**

DATES	DAY	TIME	FEE	AGES
1/6 - 1/29	Tu/Th	5:30 - 6:30 pm	\$21-\$41	13 & Up
1/7 - 1/28	Wed	9 - 10 am	\$21-\$41	13 & Up
2/3 - 2/26	Tu/Th	5:30 - 6:30 pm	\$21-\$41	13 & Up
2/4 - 2/25	Wed	9 - 10 am	\$21-\$41	13 & Up
3/3 - 3/31	Tu/Th	5:30 - 6:30 pm	\$21-\$41	13 & Up
3/4 - 3/25	Wed	9 - 10 am	\$21/\$41	13 & Up
4/2 - 4/30	Tu/Th	5:30 - 6:30 pm	\$21/\$41	13 & Up
4/1 - 4/29	Wed	9 - 10 am	\$21/\$41	13 & Up
5/5 - 5/28	Tu/Th	5:30 - 6:30 pm	\$21/\$41	13 & Up
5/6 - 5/27	Wed	9 - 10 pm	\$21/\$41	13 & Up



## Gymnastics

360 Freestyle Gymnastics Academy provides a safe, fun and healthy experience for our gymnasts. It is our philosophy that gymnastics can be for everyone and most of all...it's fun! We stress a positive learning experience and provide high quality instruction in an atmosphere that promotes positive self-esteem and encourages the "habit" of physical fitness for life. Register in advance at Town Hall. A \$40 annual registration fee is due on the first day of class and paid directly to 360 Gymnastics, in cash.

**360 Gymnastics Academy**  
22355 Powhatan Road, Suite C-1, Apple Valley

### Baby Bears Gymnastics

Mommy and Me Gymnastics is a child/parent interactive program that stimulates your child's athletic ability. Register in advance at Town Hall. No class 2/16.

DATES	DAY	TIME	FEE	AGES
1/5 - 1/26	Mon	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
1/7 - 1/28	Wed	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
2/2 - 3/2	Mon	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
2/4 - 2/25	Wed	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
3/9 - 3/30	Mon	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
3/4 - 3/25	Wed	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
4/6 - 4/27	Mon	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
4/1 - 4/29	Wed	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
5/4 - 5/25	Mon	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3
5/6 - 5/27	Wed	3 - 3:30 pm	\$37	1 <sup>1/2</sup> - 3

### Gym Bears Gymnastics

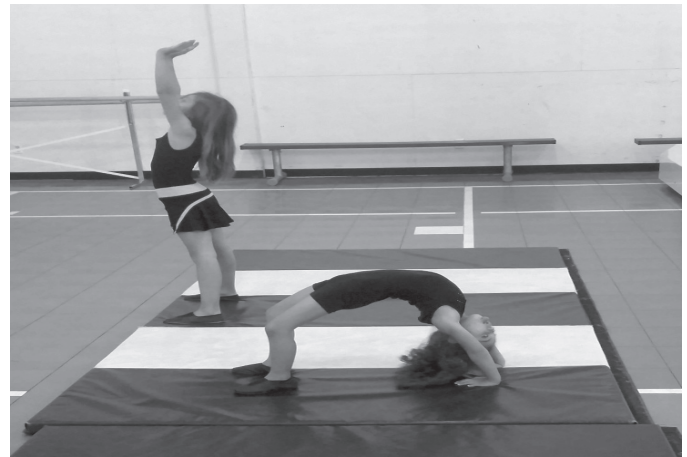
This class is designed to introduce young children to the fundamentals of gymnastics. Register in advance at Town Hall. No class 2/16 & 4/25.

DATES	DAY	TIME	FEE	AGES
1/5 - 1/26	Mon	3:30 - 4:15 pm	\$42	4 - 6
1/3 - 1/31	Sat	10:30 - 11:15 am	\$42	4 - 6
2/2 - 3/2	Mon	3:30 - 4:15 pm	\$42	4 - 6
2/7 - 2/28	Sat	10:30 - 11:15 am	\$42	4 - 6
3/9 - 3/30	Mon	3:30 - 4:15 pm	\$42	4 - 6
3/7 - 3/28	Sat	10:30 - 11:15 am	\$42	4 - 6
4/6 - 4/27	Mon	3:30 - 4:15 pm	\$42	4 - 6
4/4 - 5/2	Sat	10:30 - 11:15 am	\$42	4 - 6
5/4 - 5/25	Mon	3:30 - 4:15 pm	\$42	4 - 6
5/9 - 5/30	Sat	10:30 - 11:15 am	\$42	4 - 6

## Wild Bears Gymnastics

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall. Saturday is a girls-only class. No class on 2/16 & 4/25.

DATES	DAY	TIME	FEE	AGES
1/5 - 1/26	Mon	4:15 - 5:30 pm	\$52	6 - 12
1/3 - 1/31	Sat	11:30 - 12:45 pm	\$52	6 - 12
2/2 - 3/2	Mon	4:15 - 5:30 pm	\$52	6 - 12
2/7 - 2/28	Sat	11:30 - 12:45 pm	\$52	6 - 12
3/9 - 3/30	Mon	4:15 - 5:30 pm	\$52	6 - 12
3/7 - 3/28	Sat	11:30 - 12:45 pm	\$52	6 - 12
4/6 - 4/27	Mon	4:15 - 5:30 pm	\$52	6 - 12
4/4 - 5/2	Sat	11:30 - 12:45 pm	\$52	6 - 12
5/4 - 5/25	Mon	4:15 - 5:30 pm	\$52	6 - 12
5/9 - 5/30	Sat	11:30 - 12:45 pm	\$52	6 - 12



## Youth Tumbling

Learn jumps, rolls, cartwheels and more. Class also covers stretching and conditioning exercises. Form-fitting clothing and gymnastics shoes are also required. Instructor: Felicity Smith

### James Woody Community Center Mini-Gym

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Tue	4 - 5 pm	\$30	5 - 12
2/3 - 2/24	Tue	4 - 5 pm	\$30	5 - 12
3/3 - 3/24	Tue	4 - 5 pm	\$30	5 - 12
4/7 - 4/28	Tue	4 - 5 pm	\$30	5 - 12
5/5 - 5/26	Tue	4 - 5 pm	\$30	5 - 12

# Gymnastics & Dance

## Baton Twirling

Learn how to twirl a baton as seen on T.V.'s "America's Got Talent" and the "Miss America Contest". This class also marches in the Disneyland parade every year. Come make friends and have fun! Batons are available from the instructor for \$26 (new) or \$15 (used). No class 4/2. Instructor: Shari Taylor

### James Woody Community Center Auditorium

DATES	DAY	TIME	FEE	AGES
1/8 - 1/29	Th	6:15 - 7 pm	\$38	6 - 12
2/5 - 2/26	Th	6:15 - 7 pm	\$38	6 - 12
3/5 - 3/26	Th	6:15 - 7 pm	\$38	6 - 12
4/9 - 4/30	Th	6:15 - 7 pm	\$38	6 - 12
5/7 - 5/28	Th	6:15 - 7 pm	\$38	6 - 12

## Mommy & Me Belly Dancing

Learn to shimmy, shake and discover a deeper appreciation for your body. Belly dance is a fantastic workout and is open to women of all shapes and sizes. Strengthen core muscles and burn calories while learning graceful new dance moves. Children may dance with parent/guardian or play to the side. Choreographies will be taught each month that can be performed with your child. Instructor: April Vincent

### Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
1/9 - 1/30	Fri	3 - 4 pm	\$30	All Ages
2/6 - 2/27	Fri	3 - 4 pm	\$30	All Ages
3/6 - 3/27	Fri	3 - 4 pm	\$30	All Ages
4/3 - 4/24	Fri	3 - 4 pm	\$30	All Ages
5/1 - 5/22	Fri	3 - 4 pm	\$30	All Ages

## Preschool Tap & Ballet

Kids will learn basic ballet and tap steps and routines, and how to keep time with the music. We will have activities, games and fun days. Students should wear a leotard and a skirt or shorts and tap and ballet shoes. Instructor: Felicity Smith

### James Woody Community Center Mini-Gym

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Tue	5:15 - 6 pm	\$30	2 - 6
2/3 - 2/24	Tue	5:15 - 6 pm	\$30	2 - 6
3/3 - 3/24	Tue	5:15 - 6 pm	\$30	2 - 6
4/7 - 4/28	Tue	5:15 - 6 pm	\$30	2 - 6
5/5 - 5/26	Tue	5:15 - 6 pm	\$30	2 - 6

## Pom Pom

Learn how to move with the music with Pom Poms. If you are over 6 years old you can even march in the Disneyland parade. Come make friends and have fun! Pom poms can be purchased from the instructor for \$22. No class 4/2.

Instructor: Shari Taylor

### James Woody Community Center Auditorium

DATES	DAY	TIME	FEE	AGES
1/8 - 1/29	Th	7 - 7:45 pm	\$38	6 - 12
2/5 - 2/26	Th	7 - 7:45 pm	\$38	6 - 12
3/5 - 3/26	Th	7 - 7:45 pm	\$38	6 - 12
4/9 - 4/30	Th	7 - 7:45 pm	\$38	6 - 12
5/7 - 5/28	Th	7 - 7:45 pm	\$38	6 - 12



## Tap and Ballet

Learn basic ballet and tap steps. Kids will learn how to keep time with music and will learn routines. We will have activities, games and fun days. Students should wear a leotard and a skirt or shorts and tap and ballet shoes. Instructor: Felicity Smith

### James Woody Community Center Mini-Gym

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Tue	6:10 - 7 pm	\$30	7 - 12
2/3 - 2/24	Tue	6:10 - 7 pm	\$30	7 - 12
3/3 - 3/24	Tue	6:10 - 7 pm	\$30	7 - 12
4/7 - 4/28	Tue	6:10 - 7 pm	\$30	7 - 12
5/5 - 5/26	Tue	6:10 - 7 pm	\$30	7 - 12



## Pet Vaccination Clinic

To help maintain the health of our pets, all dogs four months of age or older must have their rabies vaccination and current license in the Town of Apple Valley. To help residents meet this requirement the Animal Services Department is holding a low-cost vaccination clinic. Rabies shots are \$6 each. Other vaccinations are available at a reduced price. Cash only. Dog licensing and microchip services are available the same day. Call Animal Services at (760) 240-7000 ext 7060 or visit [AppleValleyEvents.org](http://AppleValleyEvents.org) for more information.

**Town of Apple Valley Animal Services**  
22131 Powhatan Road

DATES	DAY	TIME	FEE	AGES
2/11	Sat	5 - 7 pm	See above	All Ages
4/8	Sat	5 - 7 pm	See above	All Ages

## Spring Camp at The Animal Shelter

Students ages 10 to 18 can spend their spring break at the Town of Apple Valley Municipal Animal Shelter. Participants will experience live animal encounters, learn basic animal grooming techniques, take pet health care classes, meet some new friends, play some games, do arts & crafts and participate in some fun community service. Call Animal Services at (760) 240-7000 ext 7060 or visit [AppleValleyEvents.org](http://AppleValleyEvents.org) for more information.

**Town of Apple Valley Animal Services**  
22131 Powhatan Road

DATES	DAY	TIME	FEE	AGES
3/10 - 3/14	Tu - Sat	9 - 4pm	\$65	10 - 18

## Dog Park

Happy Tails Dog Park is located on the eastern-most edge of Civic Center Park across the sidewalk from the retention basin and east of the Amphitheatre. The park consists of two separately fenced sections for dogs based on weight class. One area is dedicated to dogs 25 pounds and under; the other is dedicated to dogs greater than 25 pounds. Each section has benches, a drinking fountain with a dog fountain and doggie waste clean-up stations. In total, the dogs now have two acres just for their use.

## Dog Obedience

In this basic course your dog will learn to walk on a leash, sit, lay down, stay, come when called and stand still for grooming/ exams. Dogs must be current on all vaccines, including rabies. Bring your vaccination records and registration receipt to the first class. Leashes and collars available for purchase during the first two classes. For more information call Claudia Wolff at (760) 298-1369. Register at Town Hall.

**Corwin Park**

DATES	DAY	TIME	FEE	AGES
1/31 - 3/14	Sat	9 - 10 am	\$98/7 weeks	14 & Up

## Cruisin' Fur Critters Run

Help benefit our furry friends at the Apple Valley Animal Shelter. Enjoy a ride on your bike or in your car from the Animal Shelter to different fun locations in the High Desert! Fee includes one event card, lunch, T-shirt and ride pin for pre-registrants. Pre-registration available through April 25. Raffles, live music, high-hand prize and a fun time! Call Animal Services at (760) 240-7000 ext 7060 or visit [AppleValleyEvents.org](http://AppleValleyEvents.org) for more information.

**Town of Apple Valley Animal Services**  
22131 Powhatan Road

DATES	DAY	TIME	FEE	AGES
5/23	Sat	Registration is 8:30 - 9 am	\$20/1st rider \$15/passenger	All Ages



## Ms. Brenda's Tots Academy

A complete and comprehensive drop-off class designed to prepare your child for kindergarten. Emphasis on letter and number recognition, phonics/reading readiness and review of shapes and colors. Fun with related crafts and story. Parents are encouraged to volunteer a minimum of one day a month. An annual \$20 registration fee is due, in cash, the first day of class and paid to the instructor. Please bring a healthy snack. No "pull-ups"- children must be potty-trained. No class 3/9 - 3/13. Instructor: Brenda Cobbs

### Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
1/6 - 1/29	Tu/Th	8:30 - 10:30 am	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
1/6 - 1/29	Tu/Th	12:30 - 2:30 pm	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
2/3 - 2/26	Tu/Th	8:30 - 10:30 am	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
2/3 - 2/26	Tu/Th	12:30 - 2:30 pm	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
3/3 - 4/2	Tu/Th	8:30 - 10:30 am	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
3/3 - 4/2	Tu/Th	12:30 - 2:30 pm	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
4/7 - 4/30	Tu/Th	8:30 - 10:30 am	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
4/7 - 4/30	Tu/Th	12:30 - 2:30 pm	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
5/5 - 5/28	Tu/Th	8:30 - 10:30 am	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>
5/5 - 5/28	Tu/Th	12:30 - 2:30 pm	\$65	3 <sup>1/2</sup> - 4 <sup>1/2</sup>

All preschool classes are priority registration classes. Those currently registered in the class have priority until the 15th of the month and must pay the fees on or before that date for the next month to guarantee your spot. On the 16th the class is open for anyone to register their child.

## Ms. Brenda's Parent & Tot

Parent & Tot is a class for both you and your toddler. We will learn the basics by having fun with activities, crafts and story time. An annual \$20 registration fee is due, in cash, the first day of class and paid to the instructor. Please bring a healthy snack. No class 3/9 - 3/13. Instructor: Brenda Cobbs

### Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
1/6 - 1/29	Tu/Th	11 am - 12 pm	\$55	1 <sup>1/2</sup> - 4 <sup>1/2</sup>
2/3 - 2/26	Tu/Th	11 am - 12 pm	\$55	1 <sup>1/2</sup> - 4 <sup>1/2</sup>
3/3 - 4/2	Tu/Th	11 am - 12 pm	\$55	1 <sup>1/2</sup> - 4 <sup>1/2</sup>
4/7 - 4/30	Tu/Th	11 am - 12 pm	\$55	1 <sup>1/2</sup> - 4 <sup>1/2</sup>
5/5 - 5/28	Tu/Th	11 am - 12 pm	\$55	1 <sup>1/2</sup> - 4 <sup>1/2</sup>



## Academic Tots

This popular enrichment program for tiny tots is aimed at encouraging intellectual, physical and social growth for a positive transition into kindergarten. Classes are taught by Ms. Olivia Ayala who has over 23 years of hands-on experience. Classes follow the AVUSD calendar. An annual \$25 registration fee is due, in cash, on the first day of class and paid to the instructor. Call Olivia at (760) 240-1159 for more information. Please bring a healthy snack and wear closed-toed shoes. No class 3/9 - 3/13.

### Small Fries

- \* Class provides an opportunity for children to separate from their parents.
- \* Introduction to sharing and cooperative play.
- \* Introduction to early learning: colors, shapes, counting and alphabet.
- \* Increase attention span, improve social growth and develop language skills.

### James Woody Community Center Auditorium

DATES	DAY	TIME	FEE	AGES
1/7 - 1/30	W/F	8:30 - 11 am	\$70	3
2/4 - 2/27	W/F	8:30 - 11 am	\$70	3
3/4 - 4/3	W/F	8:30 - 11 am	\$70	3
4/8 - 5/1	W/F	8:30 - 11 am	\$70	3
5/6 - 5/29	W/F	8:30 - 11 am	\$70	3

### Tater Tots Pre K

- \* Child must be 4 by September 1, 2014
- \* Program progresses as child progresses in a developmentally appropriate environment.
- \* Emphasis on letter recognition, math concepts and kindergarten readiness.
- \* Reinforcement of letters, phonics and number recognition.
- \* Learn to follow directions, improve language skills and social growth.

No class 3/9 - 3/13.

### James Woody Community Center Auditorium

DATES	DAY	TIME	FEE	AGES
1/6 - 1/29	Tu/Th	8:30 - 11 am	\$70	4
2/3 - 2/26	Tu/Th	8:30 - 11 am	\$70	4
3/3 - 4/2	Tu/Th	8:30 - 11 am	\$70	4
4/7 - 4/30	Tu/Th	8:30 - 11 am	\$70	4
5/5 - 5/28	Tu/Th	8:30 - 11 am	\$70	4



## 60 Minutes to Heart Health

Commit 60 minutes to your heart health with a walk around beautiful Civic Center Park which offers two walking paths. Pick your path and begin walking. Walking is a form of aerobic exercise and is one of the easiest ways to increase your physical activity and improve your health. Join us on the amphitheater stage at 9 am for stretching and energizing music. Earn a bead for each lap walked - the person with the most beads at the end of the hour will win a prize!

### Civic Center Park

DATES	DAY	TIME	FEE	AGES
2/14	Sat	9 - 10 am	FREE	All Ages



*St Mary Medical staff invite you to participate in a free Biometric Screening. A biometric screening is a short health examination that determines the risk level of a person for certain diseases and medical conditions. You must pre register by calling 1-866-636-4445 Use code: TCIN at time of call. For questions please contact Lena Quinonez 760-240-7000 ext. 7883*

*Location: Town Hall Recreation Center.*

DATES	DAY	TIME	FEE	AGES
2/21	Sat	Varies	FREE	18 and older

## The Heart Games

The 4th Annual Heart Games is approaching! Start forming teams now for this wacky fitness competition for the entire family! Teams of 3 - 5 will compete in ten heart healthy activities throughout Civic Center Park to win bonus points and prizes. For more information call Lena Quinonez at (760) 240-7000 ext 7883.

### Apple Valley Conference Center

DATES	DAY	TIME	FEE	AGES
2/28	Sat	8:30 am - 12 pm	\$10	5 & Up

## VANtastic!

Come celebrate National Heart month with your friendly Rec Staff. Activities will include parachutes, dancing, running, ball play and so much more! Physical play has several benefits that include building strong and healthy bodies, fighting obesity and developing motor skills. Do something good for your heart and join us for a morning of fun!

### Civic Center Park

DATES	DAY	TIME	FEE	AGES
2/21	Sat	9 - 10 am	FREE	All Ages



# Special Events

## Annual Tri-Star Basketball Skills Test

Proudly sponsored by the Apple Valley Optimist Club, this is a special feature of the youth basketball season. Girls and boys compete in dribbling, shooting and passing contests. Winners receive awards and can advance to higher levels of competition.

**James Woody Community Center Gym**

DATES	DAY	TIME	FEE	AGES
2/24	Tue	6 - 8 pm	FREE	8 - 13

## Trail Ride

Explore a piece of history on horseback by riding the Town's trail system! Bring your own horse to this free event! Ride is limited to 30 riders and is subject to the weather. Signed liability waiver is required. Please RSVP in advance by calling (760) 247-0313 for more information.

**Check in at Town Hall - 14955 Dale Evans Parkway**

DATES	DAY	TIME	FEE	AGES
2/18	Sun	TBD	FREE	All Ages
3/15	Sun	TBD	FREE	All Ages

## VANtastic!

Come play with the Town of Apple Valley Recreation Department! A mobile van will be at Yucca Loma Park. every day during Spring break! Bring the whole family for dancing, parachutes, ball play, bubbles and more! All participants will receive a healthy snack and water.

Information: Lena Quinonez, 760-240-7000 x7883

DATES	DAY	TIME	FEE	AGES
3/9 - 3/13	M - F	9 - 10 am	FREE	ALL

## Apple Valley Emergency Preparedness Fair

Shake, rattle and roll out to the 5th Annual Apple Valley Emergency Preparedness Fair. Bring the family to get educated about how to prepare for an emergency. Learn how to make a home and work emergency kit, take care of your animals, what your communication options may be during a crisis and more. The event is sponsored by St. Mary Medical Center, American Red Cross, Apple Valley Unified School District, Apple Valley Fire District and Apple Valley Ranchos Water. For more information call (760) 240-700 ext 7071 or visit [AppleValleyEvents.org](http://AppleValleyEvents.org).

**The Church of Jesus Christ of Latter-day Saints  
15500 Tuscola Road**

DATES	DAY	TIME	FEE	AGES
4/11	Sat	8 am - 12 pm	FREE	All Ages



## Community Clean Up Day

Take pride in your Town and contribute to "A Better Way of Life." Join nearly 1,000 local volunteers as we clean streets, sidewalks and vacant lots all around town. Get all the supplies you need plus lunch and an event T-shirt while supplies last. Pre-register is encouraged before 4/2. Call (760) 240-7000 ext 7071 or visit [AppleValleyEvents.org](http://AppleValleyEvents.org) to register in advance.

**Check in at Town Hall - 14955 Dale Evans Parkway**

DATES	DAY	TIME	FEE	AGES
4/18	Sat	8:30 am - 12 pm	FREE	All Ages



## Teen Art Festival



Saturday, April 25  
11 am - 2 pm

*What:*

A showcase of artwork from teens throughout the High Desert in the categories of drawing, painting, sculpture, photography, digital art and mixed media.

*Who:*

Students ages 13-18 may enter artwork. Viewing the artwork is open to the public and is FREE.

*Where:*

Apple Valley Library  
14901 Dale Evans Parkway

Deadline for entries is April 7, 2015 by 5 p.m.

- This event is sponsored by The Friends of the Apple Valley Library
- Entry forms may be picked up at the Town Hall Recreation counter, starting 1/5/15
- Call Alicia Dannelley at (760) 240-7000 ext 7891 for more information

### Apple Valley Track Meet

Break out those running shoes and come take part in this free event! Events include the 50M, 100M, 200M, 800M and 1600M runs, a softball throw and standing long jump. There will also be an exciting 400M school relay race to conclude the event. Call (760) 240-7880 for more information. Pre-register at the Recreation counter at Town Hall before 4/2. There will be no late or on-site registrations.

**Newton T. Bass Stadium at Apple Valley High School  
11837 Navajo Road**

DATES	DAY	TIME	FEE	GRADES
4/18	Sat	8 am - 2 pm	FREE	3rd - 8th

### Concerts in The Courtyard

Connect with friends, family and neighbors with live music at The Courtyard at Apple Valley Commons. The beautiful outdoor dining area is located at the northwest corner of Highway 18 and Dale Evans Parkway, next to Round Table Pizza. Call (760) 240-7000 ext. 7071 for more information or visit [AppleValleyEvents.org](http://AppleValleyEvents.org).

**Apple Valley Commons Courtyard**

DATES	TIME	FEE	AGES
Every Thursday in May	6 - 8 pm	FREE	All Ages

### Sunset Concert Series

Our concert series kicks off on June 25th with live entertainment, a beer garden, shopping and food vendors! Watch the Town website at [www.AppleValleyEvents.org](http://www.AppleValleyEvents.org) and the next issue of *Better Way to PLAY* for more information!

# Special Events

## EASTER

## EGGSTRAVAGANZA

Saturday, April 4

9 am - 12 pm

**\$5** Event Wristband

- \* Games
- \* Bouncers
- \* Face Painting
- \* Entertainment

## FREE EGG HUNT

Starts promptly  
at 9:30 am  
Proudly Sponsored  
by the  
Apple Valley Optimist  
Club #15017  
for over 40 years!



## Rockin' Flea Market

Rock and roll and shop 'til you drop! Our community flea market plays host to individuals, non-profit, church and civic groups to sell rummage items. Live music and food vendors will make your shopping a unique experience. For more information call (760) 240-7000 ext 7000 or 7071 or visit [AppleValleyEvents.org](http://AppleValleyEvents.org)

Vendor space is \$20 or \$10 for non-profits.

### Lion's Park

DATES	DAY	TIME	FEE	AGES
5/16	Sat	8 - 1 pm	FREE	All Ages

## Movies in the Park

Enjoy a one-of-a-kind experience that offers everyone the opportunity to sit back, relax and enjoy a movie under the stars. Seating is available 1 hour prior to sunset. Movie to be determined. Event may be cancelled due to weather.

### Civic Center Park

DATES	DAY	TIME	FEE	AGES
5/29	Fri	Movie starts @ dusk	FREE	All Ages

## Toddler Olympics

Sign your toddler up for the Apple Valley Toddler Olympics! Each tot will have the opportunity to compete in five different Olympic activities throughout the morning. Start practicing your ball throwing and jumping skills for this fun and exciting event. All participants will receive a participation medal. Must register by 05/7/2015.



### James Woody Community Center Gym

DATES	DAY	TIME	FEE	AGES
5/16	Sat	9 am - 12 pm	FREE	3 - 5

## Father & Son Basketball Tournament

Dad, bring your son and hoop it up at our 8th Annual 2-on-2 Father and Son Tournament. Teams are guaranteed a minimum of two games. Awards will be given to the top three teams in each division. Registration deadline is 6/4.

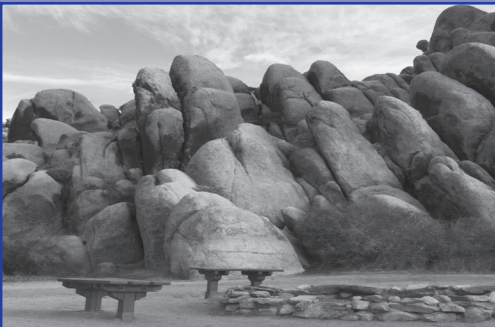
### James Woody Community Center Gym

DATES	DAY	TIME	FEE	AGES
6/14	Sun	8 - 1 pm	\$35/team	10 - 15



# Special Use Facilities

**Other Facilities** including picnic shelters, ball fields, skate park, gymnasiums, amphitheater, campsites and horse arenas are also available to rent. Let us assist you with making your event a success! More information on all parks and facilities is available at [www.AVRecreation.org](http://www.AVRecreation.org) (click on Parks and Facilities). Call **(760) 240-7880** for availability and fees.



## *Apple Valley Golf Course* 15200 Rancherias Road

The most storied club in the High Desert is OPEN TO THE PUBLIC. Known for having the “purest putting surfaces in Southern California,” Apple Valley Golf Course boasts a rich history and reputation for pristine golf course conditions. Amenities available for public use include an 18-hole golf course, driving range, two tennis courts, banquet and meeting rooms. Golf and tennis lessons are also available call (760) 240-7880 for more information.

Call (760) 242-3653

or visit [www.avcc.com](http://www.avcc.com) for more information.



Open 7 days a week!  
Golf passes available!

# Sponsors & Volunteers

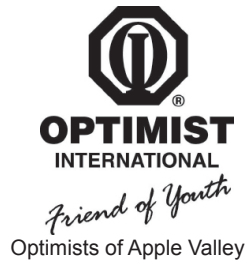
# Thank You!

## Volunteers (Teen Zone)

The Town of Apple Valley Recreation Department would like to express our gratitude to the exceptional teens that have made such a difference in our programs. The following teens volunteered at least 21 hours from July-September, 2014.

Tatiana Chavez	McKenzie Gonzales	Kara Perkins
Christian Collins	Addison Hall	Erica Piar
Monica Collins	Ayleen Luna	Breauna Rhoades
Sara Dean	Hunter McCoy	Erin Rose
Daniel Frachou	Cheyenne Namanny	Paulina Ruggles
Angel Frederick	Natasha Newell	Jasmine Sedillo

Our sponsors and volunteers are essential to our ability to provide quality programming for our residents. The Apple Valley Park and Recreation Department would like to thank each and every one of you for your exceptional effort, caring and generosity in helping to make our recreation programs the best in the High Desert!



## 2014 Pee Wee Soccer Coaches

The Town of Apple Valley Park and Recreation Department would like to thank all of our volunteer coaches for making our Pee Wee Soccer League a success!

Jerry Cockerham	Juan Lara	Natalie Searcy
Roxann Craig	Paul Miranda	India Visser
Eric Fernandez	Alexandria Purser	Katie Wright





**5K Walk & 5K/10K Run**  
**Saturday, April 4, 2015**

# Bunny Run

Check in at 7 a.m.  
 Race starts at 8 a.m.  
 James Woody Community Center Park  
 on field 8 (off Ottawa Road)

Kick off the spring season in the Town of Apple Valley by running (or hopping!) in our annual Bunny Run. Separate awards for men, women and children in different age divisions. A signed liability waiver is required for all participants.

Pre-register by April 2, 2015 at \$17.



## Official Run Entry Form

Mail to: Town of Apple Valley Recreation Department, 14955 Dale Evans Parkway, Apple Valley, CA 92307

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ Alternate Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**\$17 Pre-register by April 2 @ 4 pm • \$20 after April 2 • 5K Walk FREE**

*I Wish to Enter the Following:*      5K Run      10K Run      5K Walk

*Gender:*      Female      Male

*Age Divisions:*      12 & under (5K only)    13 - 17    18 - 29    30 - 39    40 - 49    50 - 59    60 & up  
 (only applies to run participants; walkers do not need to circle an age group)

*T-shirt:*      \$10 (limited supply)

*Please circle size:*      S      M      L      XL

### Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. I understand the race is run on public streets that are not closed to vehicular traffic. I will run on the shoulder whenever possible and take all safety precautions when on the road. The Town is not responsible for participant's injuries or damages occurring from hazardous recreation activities [CA Government Code 831.7]. The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities.

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature (if under age 18) \_\_\_\_\_ Date \_\_\_\_\_

Office Use: Date Paid \_\_\_\_\_ Amount Paid \_\_\_\_\_ CA/CK \_\_\_\_\_ Shirt Rec'd \_\_\_\_\_ Initials \_\_\_\_\_ FREE Shirt \_\_\_\_\_

# Sports - Adult

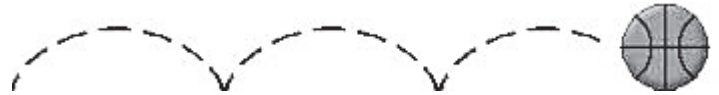


## Spring Men's Adult Basketball League

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. All teams play in single elimination playoff tournament. Only 8 teams will be accepted. Registration deadline is 2/12.

### James Woody Community Center Gym

DATES	DAY	TIME	FEE	AGES
3/1	Sun	5 - 9 pm	\$360/team	18 & Up



## Spring Co-Ed Softball League

Spring is league now forming! All players must be over 18 years of age. Contact the Recreation Office at (760) 240-7880 to register your team. Registration deadline is 2/19. Only 12 teams will be accepted in this league, so register early! Men must use a wooden softball bat 2 1/4" in diameter.

### Lenny Brewster Sports Center

DATES	DAY	TIME	FEE	AGES
3/6	Fri	6 - 10:45 pm	\$350/team	18 & Up

### Adult Softball and Basketball Officials Needed

CIF and SCMAF certification preferred.  
Call (760) 240-7880 to get started

## Open Gym - Basketball

Schedule is subject to change and will vary depending on current league schedule.

Wednesdays	6:00 pm - 9:00 pm
Fridays	6:00 pm - 9:00 pm
Sundays	12:30 pm - 3:30 pm

Cost: \$2/youth \$3/adult

Adults must provide valid picture I.D. Minors must have parent-signed emergency card on file.

## Introduction to Adult Golf

Students will learn the basic rules and etiquette of golf as well as the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt - no jeans. Fee includes use of golf clubs and balls. Deadline to register is one week prior to start of each monthly class. Register at Town Hall.

Instructor: Gary Matteson

### Apple Valley Golf Course

DATES	DAY	TIME	FEE	AGES
1/10 - 1/31	Sat	11 am - 12 pm	\$65	13 & Up
2/7 - 2/28	Sat	11 am - 12 pm	\$65	13 & Up
3/7 - 3/28	Sat	11 am - 12 pm	\$65	13 & Up
4/4 - 4/25	Sat	11 am - 12 pm	\$65	13 & Up
5/2 - 5/23	Sat	11 am - 12 pm	\$65	13 & Up

## Adult Tennis Lessons

Adults of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. No class 2/7 & 3/7. Instructor: Bill Mocharnuk

### Apple Valley Golf Course tennis courts

DATES	DAY	TIME	FEE	AGES
1/3 - 1/24	Sat	10 - 11 am	\$33	18 & Up
1/31 - 2/28	Sat	10 - 11 am	\$33	18 & Up
3/14 - 4/4	Sat	10 - 11 am	\$33	18 & Up
4/11 - 5/2	Sat	10 - 11 am	\$33	18 & Up
5/9 - 5/30	Sat	10 - 11 am	\$33	18 & Up





With the generous support of First 5 of San Bernardino the Town of Apple Valley Park and Recreation Department is offering three programs for children five years of age and under, all free of charge. Registration is accepted on a first-come, first-served basis. **Child must be registered by a parent or legal guardian in advance at Town Hall.**

## Mom & Me Fun Time

Join us for a class that will focus on health and fitness. Parents will be expected to participate in this fun class with their child. In this class, kids and parents will have an introduction to fitness, games, music and food! Space is limited so register early!

### Town Hall Recreation Center



DATES	DAY	TIME	FEE	AGES
1/8 - 1/29	Th	9:15 - 10:15 am	FREE	3 - 5
6/4 - 6/25	Th	9:15 - 10:15 am	FREE	3 - 5

## My First Sports Class

SCORE! Join us for an entry level sports class. This class is designed to introduce children and their parents to the world of sports. Children will be introduced to basketball, soccer and T-ball. All participants will receive a T-shirt and participation certificate. Space is limited so register early!



### James Woody Community Center Mini-Gym

DATES	DAY	TIME	FEE	AGES
3/10 - 3/31	Tue	9 - 9:45 am	FREE	3 - 5
5/7 - 5/28	Th	9 - 9:45 am	FREE	3 - 5

## Having a Ball

Parents and toddlers, this class is just for you! Join our Recreation staff and learn new activities and different ways to play with your toddler! This class will include an introduction to balls and play equipment. Parents will be expected to participate in this fun class with their child. Space is limited so register early!

### James Woody Community Center Mini-Gym



DATES	DAY	TIME	FEE	AGES
3/10 - 3/31	Tue	10:30 - 11:30 am	FREE	1 1/2 - 3 yrs
5/7 - 5/28	Th	10:30 - 11:30 am	FREE	1 1/2 - 3 yrs

## Pee Wee & Hot Shots Basketball

A fun, non-competitive introduction to basketball for the little ones. Basic skills will be taught while having fun with other youngsters! Volunteer coaches needed. Cost includes T-shirt, team party and trophy. Registration deadline is 5/14.

Pee Wee: Ages 3 - 4 • Hot Shots: Ages 5 - 6

### James Woody Community Center Mini-Gym

DATES	DAY	TIME	FEE	AGES
starts 6/6	Sat	Mornings	\$45	3 - 4 (PW)
starts 6/6	Sat	Mornings	\$45	5 - 6 (HS)

## Summer Youth Basketball

Maintain those skills over the summer! This program will emphasize sportsmanship, learning basic skills, teamwork and fun. All girls and boys entering grades 2 - 12 are invited to play. Practice (1 hour per week) will begin in May. Fee includes 8-week season, game jersey, officials, scorekeepers and gym costs. Volunteer coaches are needed. Registration deadline is 5/7. Space is limited so sign up early!

Tuesday or Thursday practices start the week of 5/25

Games played on Saturday start on 6/6

### James Woody Community Center Gym

DATES	DAY	TIME	FEE	GRADES
starts 6/6	Sat	Games between 8 am - 5 pm	\$56	Entering 2 - 12

## Adventures in Pee Wee Sports

This 6-week program will stress the basic skills needed for our department's team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended. Registration deadline is one week prior to the start date.

### James Woody Community Center Retention Basin

DATES	DAY	TIME	FEE	AGES
02/21 - 03/28	Sat	9 - 9:50 am	\$45	3 - 4
02/21 - 03/28	Sat	10 - 10:50 am	\$45	4 1/2 - 5
02/25 - 04/1	Wed	4:30 - 5:30 pm	\$45	3 - 4

## Pee Wee Tennis

Small group lessons are offered for the young tennis enthusiast. Sign up today and your child will experience a challenging learning environment and will master new skills. Please bring a tennis racquet and a can of balls. Register at Town Hall. No class 2/7 & 3/7. Instructor: Bill Mocharnuk

### Apple Valley Golf Course tennis courts

DATES	DAY	TIME	FEE	AGES
1/3 - 1/24	Sat	8 - 8:30 am	\$30	3 - 5
1/31 - 2/28	Sat	8 - 8:30 am	\$30	3 - 5
3/14 - 4/4	Sat	8 - 8:30 am	\$30	3 - 5
4/11 - 5/2	Sat	8 - 8:30 am	\$30	3 - 5
5/9 - 5/30	Sat	8 - 8:30 am	\$30	3 - 5

## Youth Tennis

Kids of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. No class 2/7 & 3/7. Instructor: Bill Mocharnuk

Beginning 8:30 - 9:15 am  
Intermediate/Advance 9:15 - 10 am

### Apple Valley Golf Course tennis courts

DATES	DAY	TIME	FEE	AGES
1/3 - 1/24	Sat	See above	\$30	6 - 17
1/31 - 2/28	Sat	See above	\$30	6 - 17
3/14 - 4/4	Sat	See above	\$30	6 - 17
4/11 - 5/2	Sat	See above	\$30	6 - 17
5/9 - 5/30	Sat	See above	\$30	6 - 17

## Youth Co-Ed Volleyball

Our non-competitive volleyball league is perfect for those wanting to experience the sport for the first time or those experienced players who want to sharpen their skills. Practice is one hour per week and one game per week. Volunteer officials and coaches are needed. Deadline to register is 3/5. Grades 6th - 8th. Practice starts the week of 3/16. Games start the week of 3/30.

### James Woody Community Center Gym

DATES	DAY	TIME	FEE	GRADES
starts week of 3/30	TBD	TBD	\$56	6 - 8

## Pee Wee T-Ball

It's fun! It's exciting! It's downright cute! Join us for a fun, non-competitive introduction to T-Ball. Fundamental skills and good sportsmanship will be emphasized. Volunteer coaches are needed. Cost includes T-shirt, trophy and team party. Due to limited capacity, registration prior to the deadline is recommended. Games and practices are played on the same day (1/2 hour practice; 1/2 hour game). Registration deadline is 3/26.

### James Woody Community Center Retention Basin

DATES	DAY	TIME	FEE	AGES
4/11 - 5/16	Sat	Mornings	\$45	3 - 4
4/14 - 5/19	Tue	5 - 6 pm	\$45	3 - 4

## Beginning Golf for Juniors

Golf lessons just for kids! Students will learn the basic rules and etiquette of golf as well as the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt - no jeans. Fee includes use of golf clubs and balls. Deadline is 1 week prior to start of the first class. Register at Town Hall Instructor: Gary Matteson

### Apple Valley Golf Course

DATES	DAY	TIME	FEE	AGES
1/10 - 1/31	Sat	10 - 11 am	\$65	8 - 12
2/7 - 2/28	Sat	10 - 11 am	\$65	8 - 12
3/7 - 3/28	Sat	10 - 11 am	\$65	8 - 12
4/4 - 4/25	Sat	10 - 11 am	\$65	8 - 12
5/2 - 5/23	Sat	10 - 11 am	\$65	8 - 12



## Teen Zone

Ages 13 - 17

Do you have a desire to help your community? Volunteer with the Recreation Department and you can earn school credit and gain valuable job experience while having fun helping with sports programs and special events. You can also attend quarterly parties and earn awards throughout the year. If you are interested in getting involved, pick up an application at the Town Hall Recreation counter. All volunteers must attend an orientation that is held once every 3 months at the Town Hall Recreation Center. The program is limited to 40 participants, so you may be placed on a waiting list.

For more information contact Alicia Dannelley at (760) 240-7000 ext 7891



## Driver's Education

Ages 14 - 17

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel training.

Internet Course \$75

Within 48 hours of registration, the student will have an account created and receive a welcome e-mail and access to the course online.



## AV PAL Youth Center

The Apple Valley Police Activities League (PAL) provides after school mentoring programs and athletic and life skills to our children at little or no cost.

**Ages 8 - 17**

Boxing • pool table • ping pong  
computers • internet

For more details, call (760) 961-0754 or  
visit our website at [www.avpal.org](http://www.avpal.org)

Programs are offered at:

Youth Center: James Woody Community Center  
Ward Room, 13467 Navajo Road

Boxing Center: 22390 Eyota Road

## 3 Diamond Skate Park

James Woody Community Center

Open 9 am - dusk

Skateboard and BMX aficionados can enjoy the 3 Diamond Skate Park. The park accommodates both skateboard and bike use.

The park has a distinct plaza style with stairs, ledges, a huge quarter pipe and more. BMX bikes, skateboards, roller skates and in-line skates are allowed.

All park users please be aware that the Town of Apple Valley's Municipal Code 11.68.060 requires users to wear a helmet, elbow and knee pads at all times while in the skate park. The rules are enforceable and citable. Thank you in advance for obeying the law.







## Special Apples.....

*Changing the world one disability at a time.*

Special Apples encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have an opportunity to socialize and meet new friends. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence and cooperation. Join us on the 2nd Saturday of each month at various Park and Recreation locations for an evening of fun! All events include a snack.

### Special Apples Basketball

Hoop it up at the Special Apples Basketball Night! We will start with stretching and warm-ups and then organize teams and play a game. Come prepared to have a great time! Make sure to bring a water bottle.

#### James Woody Community Center Gym

DATES	DAY	TIME	FEE	AGES
1/10	Sat	6 - 8 pm	\$3	5 & up
3/14	Sat	6 - 8 pm	\$3	5 & up



### Special Apples Valentine's Dance

Bring the whole family to an evening of fun at the Valentine's Dance! Dress to impress. Prizes for games and a dance contest. Hope to see you there! Dessert potluck - bring your favorite dessert to share.

#### Apple Valley Conference Center

DATES	DAY	TIME	FEE	AGES
2/14	Sat	6 - 8 pm	\$5	5 & up

### Special Apples Craft Night

Do you enjoy painting? How about small craft projects like gluing, decoration or paper mache? Then our craft night is the place to be! Craft selection will vary, but we are sure to have something for everyone.

#### Town Hall Recreation Center

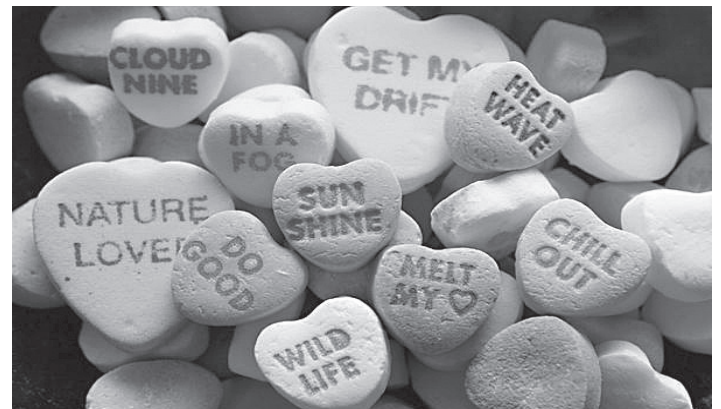
DATES	DAY	TIME	FEE	AGES
4/11	Sat	4 - 6 pm	\$5	5 & up

### Special Apples Floor Hockey

Come play with us! We will work on stick technique, passing, defending the goal and team work. The first hour is dedicated to introduction to the sport, with the second hour dedicated to game play.

#### James Woody Community Center Gym

DATES	DAY	TIME	FEE	AGES
5/9	Sat	6 - 8 pm pm	\$3	5 & up



## CPR/AED (Community & Workplace)

Class follows the American Red Cross guidelines. We will cover one and two person CPR/AED for adult/child/infant. This class is not for medical personnel. If taking both CPR and First Aid, the combined fee will be discounted to \$85. Instructor: Andy Shoup

### Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
1/10	Sat	9 am - 12:30 pm	\$55	12 & Up
2/7	Sat	9 am - 12:30 pm	\$55	12 & Up
3/15	Sun	9 am - 12:30 pm	\$55	12 & Up
4/4	Sat	9 am - 12:30 pm	\$55	12 & Up
5/10	Sun	9 am - 12:30 pm	\$55	12 & Up



Share your pictures with us at  
#avrecreation



## First Aid

We cover the basic first aid procedures for burns, allergic reactions, shock, and more. If taking both CPR and First Aid, the combined fee will be discounted to \$85. Instructor: Andy Shoup

### Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
1/10	Sat	1:30 - 3:30 pm	\$55	12 & Up
2/7	Sat	1:30 - 3:30 pm	\$55	12 & Up
3/15	Sun	1:30 - 3:30 pm	\$55	12 & Up
4/4	Sat	1:30 - 3:30 pm	\$55	12 & Up
5/10	Sun	1:30 - 3:30 pm	\$55	12 & Up

## ServSafe Manager Food Certification

Looking to move up in the food service industry? I'm offering fun food safety classes and test to help you become certified! Class will cover the importance of personal hygiene, food safety, time/temperature control, preventing cross-contamination, receiving/storing food, methods of thawing, cooking and reheating food and more. We will also cover HACCP (Hazard Analysis and Critical Control Points) and food safety regulations. Instructor: Kelli Valencia

### Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
1/10	Sat	9 - 6 pm	\$200	16 & Up
2/21	Sat	9 - 6 pm	\$200	16 & Up
3/21	Sat	9 - 6 pm	\$200	16 & Up
4/18	Sat	9 - 6 pm	\$200	16 & Up
5/16	Sat	9 - 6 pm	\$200	16 & Up



# Community Information

## TOWN OF APPLE VALLEY

14955 Dale Evans Parkway • Apple Valley, CA 92307

[www.applevalley.org](http://www.applevalley.org)

Dial (760) 240-7000 and one of the following extensions:

Animal Services.....	7555
Building & Safety.....	7100
Business Licenses.....	7707
Code Enforcement.....	7560
Economic Development.....	7900
Engineering.....	7353
Human Resources.....	7600
Mayor & Town Council.....	7808
Parks Maintenance.....	6200
Planning.....	7200
Police Department.....	7400
Public Information.....	7074
Public Services.....	7500
Recreation.....	7880
Town Clerk.....	7800
Town Manager.....	7051

## Sports Organizations....

Apple Valley BMX .....	<a href="http://applevalleyBMX.com">applevalleyBMX.com</a> • 760-240-5266
Apple Valley Little League.....	<a href="http://applevalleyll.com">applevalleyll.com</a> • 760-247-5441
Apple Valley Rattlers Football.....	<a href="http://applevalleyrattlers.org">applevalleyrattlers.org</a> • 760-559-2868
Apple Valley Rebels Football.....	<a href="http://avrebels.com">avrebels.com</a> • 760-403-6724
Apple Valley Seminoles Football.....	<a href="http://avseminoles.com">avseminoles.com</a> • 760-247-5424
Apple Valley Storm Soccer.....	<a href="http://avscstorm.org">avscstorm.org</a> • 760-508-6192
High Desert Judo (P.A.L.).....	<a href="http://avpal.org">avpal.org</a> • 760-961-0754
High Desert Pony Baseball.....	<a href="http://hdpleague.com">hdpleague.com</a> • 760-927-9994
High Desert Youth Soccer League.....	<a href="http://hdysl.com">hdysl.com</a> • 760-961-7805
High Desert Tennis Association.....	<a href="http://highdeserttennis.org">highdeserttennis.org</a> • 760-985-3796
Inland Empire Soccer League.....	• 760-247-6031
PSP Sports & More.....	<a href="http://pspsportsandmore.org">pspsportsandmore.org</a> • 760-515-2572
Young Champions.....	<a href="http://ycusa.org">ycusa.org</a> • 714-259-1400



Winter 2015

## Community Organizations....

American Cancer Society.....	<a href="http://cancer.org">cancer.org</a> • 800-227-2345
American Red Cross.....	<a href="http://redcross.org">redcross.org</a> • 760-245-6511
Apple Valley Chamber of Commerce.....	<a href="http://avchamber.org">avchamber.org</a> • 760-242-2753
Apple Valley Fire Protection District.....	<a href="http://applevalleyfd.com">applevalleyfd.com</a> • 760-247-7618
Apple Valley Library.....	<a href="http://sbcounty.gov/library">sbcounty.gov/library</a> • 760-247-2022
Apple Valley Optimist Club.....	• 760-887-7379
Apple Valley School District.....	<a href="http://avusd.org">avusd.org</a> • 760-247-8001
Assistance League.....	<a href="http://victorvalleyassistanceleague.org">victorvalleyassistanceleague.org</a> • 760-961-2468
AVCO/Burrtec.....	<a href="http://burrtec.com">burrtec.com</a> • 760-245-8607
Boy Scouts (CA Inland Empire Council) .....	<a href="http://scouting.org">scouting.org</a> • 877-732-1450
Community Police Assistance League.....	• 760-961-2468
Friends of Apple Valley Library.....	<a href="http://sbcounty.gov/library">sbcounty.gov/library</a> • 760-247-2022
Girl Scouts.....	<a href="http://girlscoutssangorgonio.org">girlscoutssangorgonio.org</a> • 760-241-3558
High Desert Moms RUN This Town.....	<a href="http://highdesert.momsrunhistown.com">highdesert.momsrunhistown.com</a>
High Desert Young Marines.....	• 760-240-5004
Mom's Club.....	<a href="mailto:momsclubofvictorvalley@yahoo.com">momsclubofvictorvalley@yahoo.com</a>
One 2 One Mentoring.....	<a href="http://one2onementors.com">one2onementors.com</a> • 760-245-1997
Paul Swick Family Center.....	<a href="http://paulswickfamilycenter.com">paulswickfamilycenter.com</a> • 760-240-5606
St. Mary's Immunization Clinic.....	• 760-242-2311
Widows or Widower's of the High Desert.....	• 760-951-7764
Victor Valley Animal Protection League.....	<a href="http://vvapl.com">vvapl.com</a> • 760-247-2102

## Equestrian Groups....

California Dressage Society (High Desert).....	• 760-247-4505
Comancheros.....	<a href="http://gac15.org">gac15.org</a> • 951-642-4725
Mojave River Valley Horsemen's Assoc.....	<a href="http://mrvha.com">mrvha.com</a> • 760-247-5944

## Recreation & Hobby Groups....

Hi High Desert Genealogy Society.....	<a href="mailto:san2744@aol.com">san2744@aol.com</a> • 760-242-5136
High Desert Horseshoe Club.....	• 760-242-5151
Thunderbirds Square Dance.....	• 760-247-7093

## Senior Services & Organizations....

Aging & Adult Services.....	• 800-510-2020
Apple Valley Senior Citizen's Club.....	• 760-247-3155
Inland Empire Legal Services.....	• 760-241-7073
Meals on Wheels.....	<a href="http://mowaa.org">mowaa.org</a> • 760-245-7047
Senior Information & Assistance.....	• 760-843-5181
Senior Select Resource Center.....	• 760-946-5915
Victor Valley Transit.....	<a href="http://vvta.org">vvta.org</a> • 760-948-3030



## Registration - Easy As 1-2-3

### Program Registration

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- Photo Policy: The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

### Refund Policy

- Cancellation of Class: A full refund will be mailed to all registered participants if a program is cancelled by the Recreation Department.
- Voluntary Withdrawal: A refund may be requested prior to the registration deadline or before the first day of class by submitting a "Refund Request" form.
- Withdrawal After Class Start Date: A refund may be requested by completing a "Refund Request" form prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.
- NO refund requests will be accepted after the second class meeting.
- A \$2 processing fee will be charged to all refunds.
- Allow 4-6 weeks for a refund check.
- NO refunds for swim lessons or aquatic classes.

### 3 EASY WAYS TO REGISTER

#### 1. WALK-IN

- Walk-in registration is accepted at the Recreation counter at Town Hall only.
- Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.
- Payment can be made by cash, check, debit or credit card (Discover, VISA, or MasterCard).

#### 2. MAIL-IN

- Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).
- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you. Mail completed form and a check to:

Town of Apple Valley Park and Recreation Department  
14955 Dale Evans Parkway  
Apple Valley, CA 92307

#### 3. DROP BOX

- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.
- Drop completed form and payment by check in drop box located at:  
James Woody Community Center, 13467 Navajo Road  
(in the first alcove at the front of the Community Center)

OR  
Town Hall, 14955 Dale Evans Parkway  
(at the front of Town Hall)

OR  
Civic Center Park Aquatic Center, 14999 Dale Evans Parkway  
(located inside at the front desk)

### TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

PLEASE PRINT CLEARLY - *do not use for Day Camp, ASAP or any sports programs. Additional paperwork required.*

Payee Information:

First & Last Name \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

**Participant's First & Last Name**

**D.O.B.**

**Class Name**

**Start Date**

**Fee**

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee	Total Amount

### Release of Liability

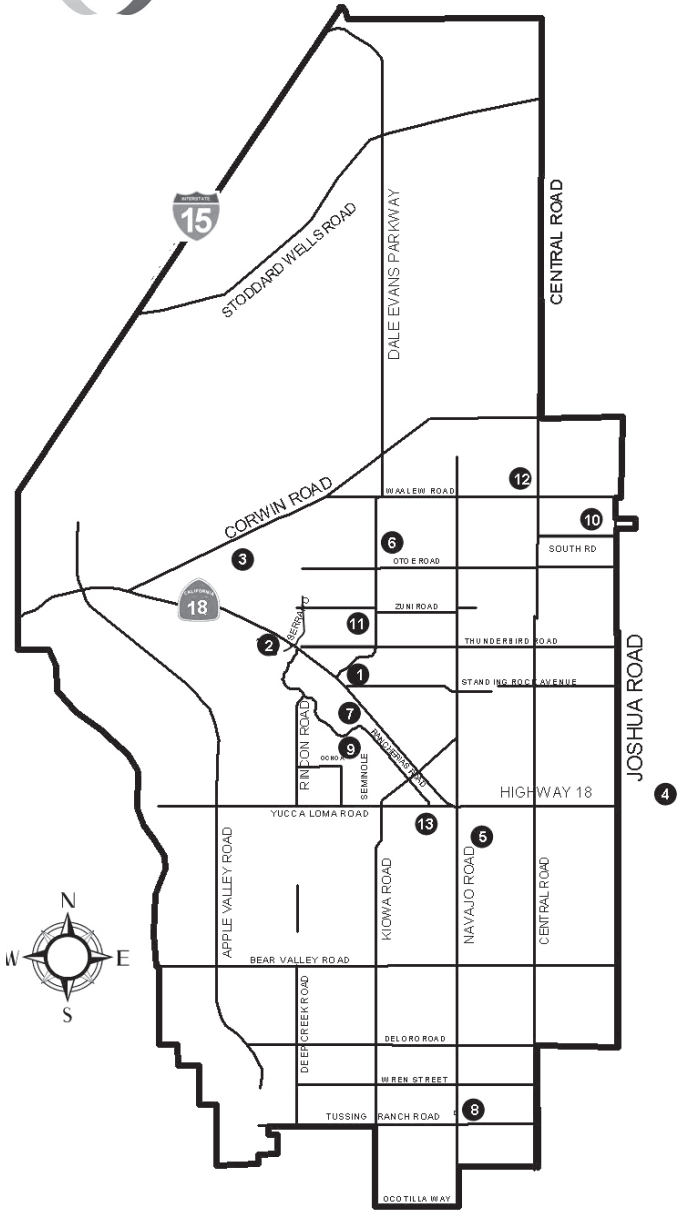
I, the undersigned, understand the following: I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

Signature \_\_\_\_\_ Date \_\_\_\_\_





# APPLE VALLEY Facilities & Parks



1	Apple Valley Conference Center 14975 Dale Evans Parkway	
2	Apple Valley Golf Course 15200 Rancherias Road	
1	Civic Center Park & Aquatic Center 14999 Dale Evans Parkway	
3	Corwin Park 18577 Corwin Road	
4	Horsemen's Center 24320 Highway 18	
5	James Woody Community Center 13467 Navajo Road	
6	Lenny Brewster Sports Center 21024 Otoe Road	
7	Lion's Park S. Outer Hwy 18 east of Dale Evans	
8	Mendel Park 21860 Tussing Ranch Road	
9	Norm Schmidt Park 14053 Tuweep Trail	
10	Sycamore Rocks Park 23450 South Road	
11	Thunderbird Park 20700 Wichita Road	
1	Town Hall Recreation Center 14955 Dale Evans Parkway	
12	Virginia Park 17242 Central Road	
13	Yucca Loma Park 21351 Yucca Loma Road	

AMENITIES LEGEND			
	Activity Room(s)		Kitchen
	Audio/Visual System		Meeting Room(s)
	Ballfields		Outdoor Basketball Courts
	BBQ		Picnic Shelters
	BMX track		Picnic Tables
	Camping		Playground
	Dog Park		Pool
	Fitness Stations		Restrooms
	Golf Course		Restrooms (Portable)
	Gymnasium		Skate Park
	Horse Arenas		Stage/Amphitheater
	Horseshoe Pits		Tennis

# *For Your Special Day*



## Apple Valley Conference Center

### CAPACITY:

Dancing & Dining for 40-200 People.

Assembly Seating for 300 People

Features include Audio/Visual equipment, covered patio area, large lobby and catering kitchen.

Tables and chairs included with each rental.



## James Woody Community Center

### CAPACITY:

Dancing & Dining for 40-217 People.

Assembly Seating for 300 People.

Features include a stage and newly renovated kitchen.

Tables and chairs included with each rental.

## Town Hall Recreation Center

### CAPACITY:

Dancing & Dining for 35-130 People. Features include kitchenette with refrigerator, two microwaves and large sink.

Tables and chairs included with each rental.



For more information please call Town of Apple Valley  
(760) 240-7880



# Easter Eggstravaganza

**Saturday, April 4, 2015**  
**James Woody Community Center**  
**13467 Navajo Road**

Sharon Frazier Egg Hunt  
 9:30 am  
 Baseball Fields  
 Proudly sponsored by the  
 Apple Valley Optimist Club #15017

**Game Booths**  
**Bouncers**  
**Face Painting**  
**Good Eats**  
**Event Wristbands \$5**  
**All Day Fun!**



# 2015 Water Festival



**June 6th**

**12:30 - 3:30 pm (pre-registration)**

**1 - 3:30 pm (at the door)**

**Deadline to pre-register is June 3**  
**Event sells out. Be sure to pre-register!**



**Pre-registration \$3**  
**Day of event \$5**

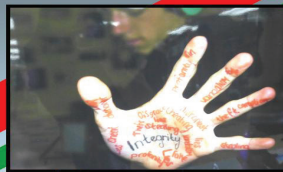


**Games - Bounce House**  
**Water Slide - Food Trucks**



**Civic Center Park Aquatic Center**  
**14999 Dale Evans Parkway**

# Teen Art Festival



**Saturday, April 25, 2014, 11am-2pm**

**Apple Valley Library**

Students, ages 13-18 years may enter artwork  
 accompanied by a registration form.

Deadline for entries is April 7 by 5 pm

# Father and Son Basketball Tournament



**Saturday, June 14**

**James Woody Community Center**  
**Gym**

**8 am - 1 pm**

**\$35/Team**

**Teams will be guaranteed a minimum of two**  
**games. Awards will be given to the three teams**  
**in each division.**