Town of Apple Valley

Mayor's Weight Loss Challenge

STARTS Feb. 1

150 0 kg 10 20 130 30 120 40 110 50 100 60 90 80 70

ENDS May 9*

Schedule for weigh-ins and "Walk with the Mayor" events to be announced!

Jolla La Community!

Getting Healthy as a Community!

1st Place- \$1000

2nd Place- \$500

3rd Place- \$250

Watch for news about incentives



Compete alongside Mayor Barb Stanton and Councilman Larry Cusack to win \$1000!

Must be 18 or older and a resident of the Town of Apple Valley. (proof required at first weigh-in)
No cost to enter. Complete rules and registration information at www.HealthyAppleValley.org.

Last day to register has been extended to January 28.

*Final weigh in– May 9. Winners announced at Council meeting on May 10.

