

Summer Recreation Guide



See inside for:
Classes • Sports • Aquatics • Events and More!

Summer 2016 Recreation Activities Guide



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TOWN OF APPLE VALLEY

TOWN COUNCIL

Barb Stanton - Mayor
 Scott Nassif - Mayor Pro Tem
 Art Bishop - Council Member
 Larry Cusack - Council Member
 Curt Emick - Council Member

Meets the 2nd & 4th Tuesday of every month at 6:30 p.m. in the Town Council Chambers

PARKS AND RECREATION COMMISSION

Richard Cambridge Commissioner
 Patrick Doran Commissioner
 Jiles Smith Commissioner
 Valerie Smith Commissioner
 Donald Tatera Commissioner
 The Commission meets the 1st Thursday of every other month at 6 p.m. in The Town Council Chambers. Call (760) 240-7000 ext 7885 for meeting dates.

PARKS AND REC STAFF

Ralph Wright	Parks & Rec Manager
Debbie Rivera	Admin Secretary
Lena Quinonez	Rec Supervisor
Joseph Ramos	Rec Supervisor
Andy Shoup	Rec Coordinator
Alicia Dannelley	Rec Coordinator
Christine McCaffrey	Sr Office Asst
Tashina Miniszewski	Office Assistant

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Office Hours
 Located at Town Hall
 14955 Dale Evans Parkway
 (760) 240-7880

Monday - Thursday
 7:30 am - 5:30 p.m.
 Alternating Fridays
 7:30 am - 4:30 p.m.

HOLIDAY CLOSURES
 July 4

Get Connected!

Get the most up-to-date information on Parks and Recreation programs and services in Apple Valley.

View the interactive, digital version of this brochure online at

www.AVRecreation.org



Thank You!

Our sponsors and volunteers are essential to our ability to provide quality programming for our residents. The Apple Valley Park and Recreation Department would like to thank each and every one of you for your exceptional effort, caring and generosity in helping to make our recreation programs the best in the High Desert!

Volunteers (Teen Zone)

The Town of Apple Valley Recreation Department would like to express our gratitude to the exceptional teens that have made a difference in our programs. The following teens have volunteered over 60 hours in July - December 2015. Teen Zone members volunteered over 4,000 hours in 2015!

Abbygayle Gonzales	Ayleen Luna	Breauna Rhoades
Charlie Colbert	Hector Berrera	Hunter McKoy
Jasmine Sedillo	Kara Perkins	Maddy Perkins
Marshall McKoy	Paulina Ruggles	Sara Dean
Teadja Owings	Tyler Foss	Vincent Robles



Winter Youth Basketball Coaches

Constancio Torres	Jessica Dalton	Tim Pieper
Scott Webb	Isaac Newman-Gomez	Aweston Robinson
Walter Ellison	Gerald Thomas	Charles Williams
Hakeem Hughes	Murray DeFord	Kimberly Wymore
Robert DeLaHoussaye	Tony Long	John Miller
Deanna Wilson	Sost Infante	Patrick Geisel
Crystal Esquivel	William Ramsey	Rebecca Mortimer
Andrew Whiteside	Willie Hardeman	Tammy Hall
Scott Noh	Stephen Johnson	Dan Santarpio
Keneth Lindsey	Johnathan Schmidt	Kayleb Tabor
Frank Salgado	Darryl Mallett	Michael James
Stephen Johnson	Ashley Campion	Amy Watson
Nathan Hardeman	Jeremiah Vermillion	

Spring Volleyball Coaches

Mayra Gasparico	Trana Schulenberg
Magi Gibbons	Michele Wahl
Alejandrina Johnson	Michelle Walker
Tashina Miniszewski	

Aquatics - Swim Lesson Descriptions

Level Tad: Tadpoles - Parent & Child Level 1 - Objectives: Introduce children to swimming and water safety and lay a foundation for future learning. Parents are taught how to properly support and guard their children in an aquatic environment.

Skills:	All skills done with parental support	Explore the pool (in water and out)	Submerging mouth, nose and eyes
	Getting wet with toys and by kicking	Front and back floats and glides	Safe entries and exits from water
	Blowing bubbles on surface	Basic water safety	Passing from instructor to parent

Level Pol: Pollywogs - Parent & Child Level 2 - Objectives: Explore basic water skills and safety. Transition to independence from parents.

Skills:	Explore the pool (shallow water)	Open eyes and retrieve submerged object	Safe water entry and exit
	Roll from front to back, back to front	Float and Glide on front and back	Open eyes underwater
	Arm action - alternating or simultaneous	Leg action - alternating or simultaneous	Explore swimming without a parent present

Level Min: Minnows - Objectives: Build on skills learned in Pollywogs by providing additional guided practice at slightly more proficient levels and greater distances.

Skills:	<i>All skills are performed independently</i>	Open eyes and retrieve submerged object	Blow bubbles through mouth and nose
	Roll from front to back, back to front	Float and Glide on front and back	Explore treading water
	Arm action - alternating or simultaneous	Leg action - alternating or simultaneous	Basic water safety

Level 1: Introduction to Water Skills - Objectives: Learn personal water safety skills, feel comfortable in the water and enjoy water safely.

Skills:	Enter and Exit the water safely	Swim on front and back using arms and legs	Blow bubbles through mouth and nose
	Glide, float and recover on front and back	Open eyes and retrieve submerged object	Explore treading water
Swim Test:	1. Enter the water independently, using either the ladder, steps or side. Swim at least 5 yards, bob 3 times, then safely exit the water. 2. Glide on front at least 2 body lengths, roll to a back float for 3 seconds and recover to a vertical position.		

Level 2: Fundamental Aquatic Skills - Objectives: Further develop arm and leg action, lay foundation for future strokes.

Skills:	<i>In addition to all Level 1 skills:</i>	Swim on front and back using combined strokes	Fully submerge and hold breath
	Tread water, 15 seconds	Enter by stepping or jumping from side	Change direction of travel
Swim Test:	1. Step from side into chest-deep water, move into a front float for 5 seconds, roll to back float for 5 seconds, return to vertical. 2. Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back float for 15 seconds, roll to front and continue swimming for 5 body lengths.		

Level 3: Stroke Development - Objectives: Swim the Front Crawl and Elementary Backstroke, introduce Dolphin and Scissor kicks and head-first diving.

Skills:	<i>In addition to all Level 2 skills:</i>	Swim Elementary Backstroke, 15 yards	Head-first entry from seated position
	Tread water, 30 seconds	Explore Dolphin and Scissor kicks	Head-first entry from kneeling position
Swim Test:	1. Jump into deep water from side, swim Front Crawl for 15 yards, maintain position by treading water for 30 seconds and swim Elementary Backstroke for 15 yards, changing position as necessary.		

Level 4: Stroke Improvement - Objectives: Improve skills and increase endurance. Learn Sidestroke, Breaststroke and explore Butterfly Stroke.

Skills:	<i>In addition to all Level 3 skills:</i>	Swim underwater, 3-5 body lengths	Head-first entry in stride position
	Tread water, 2 minutes	Breaststroke and Sidestroke, 15 yards	Head-first entry in compact position
Swim Test:	1. Perform feet-first entry into deep water, swim Front Crawl 25 yards, perform open turn, swim Elementary Backstroke 25 yards. 2. Perform Breaststroke for 15 yards, perform open turn, swim Back Crawl for 15 yards.		

Level 5: Stroke Refinement - Objective: Refine performance of all strokes, increase distances, introduce flip turns.

Skills:	<i>In addition to all Level 4 skills:</i>	Front flip turn	Shallow-angle dive from side
	Tread water, 5 minutes	Sculling	Surface dives
Swim Test:	1. Perform a shallow-angle dive, swim Front Crawl for 50 yards, performing flip turns as necessary, swim Elementary Backstroke for 50 yards. 2. Swim Breaststroke for 25 yards, perform flip turns as necessary, swim Back Crawl for 25 yards.		

Level 6: Swimming and Skill Proficiency

6 & Up Skills:	Objective: Refine strokes so students swim with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options that each focus on preparing students to participate in more advanced courses, including Water Safety, Junior Lifeguard and Lifeguard Training courses.		
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SA Special Apples (SA)

All Ages Skills:	Special time is set aside for individuals with developmental disabilities. The objective of this course is to help students to become more comfortable in the water and enjoy it safely. One attendant per participant is required in the water (must be 18 or over). Maximum of 3 students per class.		
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Swim Fair Registration Day

Registration for 2016 Summer Swim Lessons

Saturday, May 7 @ Town Hall • 7:30 - 10:00 am

Apple Valley Residents Only • 7:30 - 9:00 am

Non-residents • 9 - 10:00 am

(or as soon as the Apple Valley line is empty)

- * Proof of residency required (picture ID & utility bill)
- * Only a parent or legal guardian can register children for classes
- * Enroll carefully as there are NO refunds, transfers or credits

Swim Lessons 2016 (Mon - Fri)

	Session 1 5/16 - 5/27 Mon - Fri \$35	Session 2 5/30 - 6/10 Mon - Fri \$35	Session 3 6/13 - 6/24 Mon - Fri \$35	Session 4 6/27 - 7/8 Mon - Fri \$32 no class 7/4	Session 5 7/11 - 7/22 Mon - Fri \$35	Session 6 7/25 - 8/5 Mon - Fri \$35	Session 7 8/8 - 8/19 Mon - Fri \$35
9:40 - 10:15 am		Pol Min Min L1 L2 L4 SA L6	Tad Min L1 L1 L2 L3 L6	Pol Min L1 L1 L2 L2 L4	Tad Min L1 L2 L3 L4 L5	Pol Min L1 L1 L3 L6	
10:20 - 10:55 am		Tad Min L1 L1 L2 L3 L5	Pol Min L1 L1 L2 L3 L5 L4	Tad Min L1 L2 L3 L4 L5 L6	Pol Min L1 L2 L3 L4 L6 SA	Tad Tad Min L1 L2	
11:00 - 11:35 am		Pol Min L1 L1 L2 L3 L4	Tad Min L1 L2 L3 L4 L1	Pol Min L1 L1 L2 L3 L5	Tad Min L1 L2 L3 L4 L6		
11:40 am - 12:15 pm		Tad Min L4 L1 L2 SA	Pol Min L1 L1 L2 L3	Tad Min L1 L2 L4 SA	Pol Min L1 L2 L3 L4		
4:15 - 4:50 pm	Tad Min L2 L1 L3 SA	Pol Min L1 L3 L4 L6	Tad Min L1 L1 L2 L3	Pol Min L1 L2 L3 L4	Tad Min L1 L2 L3 L4	Pol Min L1 L2 Min L4	Tad Min L1 L2 L6 L5
4:55 - 5:30 pm	Pol Min L1 L2 L3 L5	Tad Min L1 L1 L2 L3	Pol Min L1 L5 L2 L4	Tad Min L1 L2 L3 L5	Pol Min L1 L1 L2 L5	Tad Min L1 L2 L3 L5	Pol Min L1 L3 L4 L2
M/W/F Only Fee \$25.00 M/W/F Only Fee \$25.00 M/W/F Only Fee \$25.00 M/W/F Only Fee \$22.00 M/W/F Only Fee \$25.00 M/W/F Only Fee \$25.00 M/W/F Only Fee \$25.00							
5:55 - 6:30 pm	Tad Min L1	SA Min L1	SA Min Pol	Tad Min L1	Pol Min L1	Tad Min L1	Tad L1
6:35 - 7:10 pm	L3 L2 L4	L5 L2 L4	L2 L3 L4	L5 L2 L3	L4 L2 L3	L3 L4 L2	L2 L3 L4
7:15 - 8:10 pm	Pol L6 L5	L3 L2 L1	Min L2 L1	Min L2 L1	Pol SA L1	Min SA L1	

Swim Lesson Descriptions - Continued

Ages 18 & Up Adult: (AD)

Skills: This class is designed to introduce the inexperienced or fearful adult to the water. The objective of this course is to help students to become more comfortable in the water and enjoy it safely. Class is two Saturdays for 1 hour.

Saturday Swim Lessons

2 Saturday Lessons	Session A	Session B	Session C	Session D	Session E
	5/21 & 5/28 Fee: \$25	6/4 & 6/11 Fee: \$25	6/18 & 6/25 Fee: \$25	7/9 & 7/16 Fee: \$25	7/23 & 7/30 Fee: \$25
9:00 - 10:00 am	AD	AD	AD	AD	AD
9:40 - 10:15 am	Min Tad Pol	Min Tad Pol	Min Tad Pol	Min Tad Pol	Min Tad Pol

Private Swim Lessons

Enjoy five hours of one-on-one instruction with one of our fantastic swim instructors. Our staff will work with participants to gain complete independence in the pool as well as develop and refine advanced skills. No matter what skill you are looking to learn, we will make sure you are successful! All lessons are designed around the participant's personal schedule to ensure anyone can participate. **Fee: \$88/person**

Semi-Private Swim Lessons

Just like with our Private Swim lessons, these lessons are individualized to meet your specific needs; however, during these lessons you can bring some friends! Semi-Private lessons can hold up to four participants, all of whom must know each other and register at the same time. In order to receive maximum benefit, all swimmers need to be close in skill level.

2 Children	\$55 per person
3 Children	\$50 per person
4 + Children	\$45 per person

Apple Valley Swim Club

Civic Center Park Aquatic Center

Apple Valley Swim Club is a recreational swim club that focuses on developing inexperienced swimmers into strong, confident athletes. Ages 5 - 17 will be grouped based on skill level and will have workouts tailored to their needs; eventually leading them to our advanced level. The advanced level encourages competition against each other, in High School swimming or USA Swimming! Must have ability to perform at swim level 3 (see page 4). **No Class 7/4.**

Beginning \$45	Intermediate \$55	Advanced \$65		
3 days/week	4 days/week	5 days/week		
DATES	DAY	TIME	FEE	AGES
6/1 - 6/30	M-F	5:00 - 6:00 pm	See Above	5 - 17
7/1 - 7/29	M-F	5:00 - 6:00 pm	See Above	5 - 17
8/1 - 8/31	M-F	5:00 - 6:00 pm	See Above	5 - 17

Host your Party at the Pool!



Come have your next party with us! A large space can be reserved during Public Swim for your party! The reservation includes an entire set of shaded-bleachers, picnic tables, lounge chairs, and a large grass area. Call the recreation office today for details!

(760) 240-7880 for more details.

Multi-Use Passes

A photo is taken at the time of initial purchase. Cost for the card is an additional \$2. Passes are non-transferable. Multi-Use Cards can be purchased at the Aquatic Center. When you have a Multi-Use Card, you can renew the card only once the pass has expired. Passes are only valid during the season in which they were purchased.

Lap Swim Passes:	Summer (May-Sept)
Unlimited (for calendar month only)	\$68
30 visit	\$92
15 visit	\$48
5 visit	\$18
Daily	\$4

Public Swim Passes:	May 28 - August 27	
	Adult	Child
30 visit	\$69	\$46
15 visit	\$36	\$24
5 visit	\$14	\$9
Daily - 1 visit	\$3	\$2
Daily - all sessions	\$4	\$3

Lap Swim

Ages 10 & up

Civic Center Park Aquatic Center

Early morning lap swim is a great opportunity for the early bird swimmer. We set up 8 lanes according to speed levels.

DATES	DAY	TIME	FEE
Jun - Aug	M/W/F	5:30 - 9:00 am	See Lap Swim Passes
Jun - Aug	Tu/Th/Sat	7:30 - 9:00 am	See Lap Swim Passes
Jun - Aug	M - F	11:15 am - 12:15 pm	See Lap Swim Passes
Jun - Aug	M/W/F	7:45 - 8:45 pm	See Lap Swim Passes

Public Swim

All Ages

Civic Center Park Aquatic Center

Beginning Memorial Day Weekend, bring the family and enjoy the clear blue and refreshing water throughout the Summer! Recreational swimmers of all ages can swim, splash and have a fun time on our new water slide. The pool is handicapped-accessible. Passes are not required. Children not potty-trained *must* wear swim diapers. This year we will have a variety of food trucks on site every weekend! Mexican food, burgers, hot dogs, sandwiches and more!

DATES	DAY	TIME	FEE
5/28 - 8/2	Daily	12:30 - 2:00 pm or 2:30 - 4:00 pm	See Public Swim Passes
8/6 - 8/27	Sat & Sun	12:30 - 2:00 pm or 2:30 - 4:00 pm	See Public Swim Passes



100 Mile Swim Club

We are challenging YOU to swim 100 miles in just ONE YEAR!

Lap Swimming just got more exciting! Beginning January 2, 2016 you will keep track of your laps and overall distance on the 100 Mile Swim chart in the Pool Office; if you can swim 100 total miles before the pool closes on December 17, 2016, you will receive a custom "100 Mile Swim Club" t-shirt, a finishers certificate, and of course, bragging rights!

Registration in this competition is completely FREE! Normal Lap Swimming rates will still apply. For more information, call the Recreation Office or Aquatic Center.

Evening Public Swim

All Ages

Civic Center Park Aquatic Center

Unable to come out to our Aquatic Center during the day for public swim? Don't worry, we have you covered with our evening public swim sessions. These times are set aside for swimmers of all ages who are looking for evening fun. With our new water slide, fun is guaranteed. The pool is handicapped-accessible.

DATES	DAY	TIME	FEE
5/30 - 8/27	Tu/Th/Sat	6:30 - 8:00 pm	See Public Swim Passes
5/30 - 8/27	W/F	9:00 - 10:30 pm	See Public Swim Passes

Aqua Fitness

Civic Center Park Aquatic Center

An invigorating and strengthening exercise in the water! Improve blood circulation, strength, core stability, and muscle tone with this low-impact, high-resistance class! **No class 7/4.**

Instructor: Kathy Estudillo

Times: 7:30 - 8:30 am or 8:30 - 9:30 am

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W/F	see above	\$36	16 & up
7/1 - 7/29	M/W/F	see above	\$36	16 & up
8/1 - 8/31	M/W/F	see above	\$36	16 & up

Splash Dance

Civic Center Park Aquatic Center

Come enjoy a high-energy, low-impact workout that strengthens and tones from head to toe! Most land exercises can be done effectively in water, with the added benefit of support and resistance. We'll lunge, jump, jog, crunch, kick, twist and dance to great music in the pool. The people are FUN and the water is FINE! Instructor: Pam Adams

Times: 7:30 - 8:30 am or 8:30 - 9:30 am

DATES	DAY	TIME	FEE	AGES
6/2 - 6/30	T/Th/Sat	see above	\$36	15 & up
7/2 - 7/30	T/Th/Sat	see above	\$36	15 & up
8/2 - 8/30	T/Th/Sat	see above	\$36	15 & up

Aqua Zumba®

Civic Center Park Aquatic Center

A water-based, invigorating workout that includes cardio-conditioning and body-toning. We will be stretching, twisting, splashing and laughing our way to good health. Join our pool party for an awesome, SAFE workout! **No class 6/13, 6/15 & 7/4**

Instructor: Liz Fratt

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W	6:30 - 7:30 pm	\$27.38	16 & up
7/6 - 7/27	M/W	6:30 - 7:30 pm	\$28	16 & up
8/1 - 8/31	M/W	6:30 - 7:30 pm	\$31	16 & up

Junior Lifeguard

Civic Center Park Aquatic Center

The American Red Cross Junior Lifeguard course is designed to guide youth by building a foundation of knowledge, attitudes and skills for future lifeguards. Junior Lifeguarding is an effective transition from upper level learn-to-swim courses to the lifeguard program, challenging participants to stay involved with aquatics. This course also provides the Town with a known group from which to recruit future lifeguards. Participants will learn: skills needed for entry to the Lifeguard course, communication and decision-making skills, basic responsibilities, knowledge and the skills to become a lifeguard. 30 hours of volunteer time is required for completion.

DATES	DAY	TIME	FEE	AGES
5/16 - 5/27	M - F	3:30 - 5:30 pm	\$50	12 - 14
6/6 - 6/17	M - F	3:30 - 5:30 pm	\$50	12 - 14



Water Polo

Civic Center Park Aquatic Center

Learn all about the fun and exciting game of water polo! We will go over the basics of how the game is played, swimming, stroke work, ball handling, tactics, strategies and play scrimmage games. This course is perfect for those who wish to play on the local high school teams and those already playing in high school wishing to keep their skills sharp.

DATES	DAY	TIME	FEE	GRADES
5/30 - 7/1	M - F	8:30 - 9:30 am	\$50	8 - 12
7/5 - 7/29	M - F	8:30 - 9:30 am	\$50	8 - 12
8/1 - 8/19	M - F	8:30 - 9:30 am	\$38	8 - 12

Water Festival

Saturday, June 4
1:00 - 3:30pm

Doors OPEN at 12:30 for
 Pre-Registered patrons.
 (Pre-registration is limited to the first 150 patrons)

Join us in celebrating the start of summer! Enjoy music, games, water slides, bounce houses and a variety of food trucks.

Pre-registration: \$3/person (by 6/2)
 At the door: \$5/person



Cardboard Boat Regatta

Saturday, July 23 ~ 4:30 pm

Join us on Saturday, July 23rd for the ultimate race: the inaugural Apple Valley Cardboard Boat Regatta! In groups of 2-3, participants will construct their very own boat using nothing but cardboard, duct tape, and a little bit of elbow grease! Participants will sail in their boats against other teams, competing for the 1st – 3rd place finishers, Pride of the Regatta, Most Spirited, The Titanic (best sinker!) and more! Food Trucks will also be on site for your dining needs. For more information, please call the Recreation Office!

Team Entry Fee: \$15 per group ~ Spectators: \$1 per person



Dive in Movies

Saturdays, 7:45pm - Till end of film

June 11
Inside Out
 (Rated PG)



July 23
Guardians of the Galaxy
 (Rated PG-13)

August 13
Zootopia
 (Rated PG)

Enjoy a great movie while lounging in the pool. Bring your noodles or lawn chairs. Movie begins after sunset. Food trucks will be available for refreshments.

Pre-registration: \$3/person by
 Thursday prior to showing
 At the door: \$5/person

Overnight Pool Parties

#1: June 24 - 25 #2: July 15 - 16

Bring the family out for a unique overnight camping experience, at the beautiful Civic Center Park Aquatic Center.

- Dive-In movie
- Open swimming all night long
- Scavenger hunts
- Games
- Water slides
- In-water contests throughout the evening
- Food truck available for dinner, snacks & breakfast

#1: \$10/person by June 17 #2: \$10/person by July 8
 \$12/person June 18-22 \$12/person July 9-13
 Movie: Minions Movie: Hotel Transylvania 2

Check in and tent set up at 7 pm, the first pool activities will begin at 8 pm; check out time is at 9:30 am. Children under 3 are free. You must pre-register. No on-site registration.

Summer BBQ's

1:00 - 3:30 pm

Monday, May 30

Memorial Day

Pre-register by 5/25

Sunday, June 19

Father's Day

Pre-register by 6/15



Monday, July 4

Independence Day

Pre-register by 6/29

There's no better way to celebrate these holidays than grilling pool-side! Join us for an afternoon of fun and water-play and let the Food Trucks provide the BBQ'd burgers, dogs, tri-tip and ribs! Food sold separately.

Pre-registration: \$3/person
At the door: \$5/person

5/30 & 7/4 Active and Retired Military (w/ID) get in for free with pre-registration or \$2 at the door
6/11 All Fathers (with paying child) get in for \$1 pre-registration or \$2 at the door

Summer Send Off!

Saturday, August 6

1:00 - 3:30pm

Civic Center Park Aquatic Center

Doors OPEN at 12:30 for
PRE-Registered patrons.

- Music
- Games
- Water slides
- Food trucks



Join us in celebrating the end of another successful and exciting summer!

\$3 pre-registration by 8/3 or \$5 at the door.



ABC's of Water Safety

A - Active Adult Supervision

- ~Never Leave a child alone by or in pooled water
- ~If you leave the pool area take the child(ren) with you
- ~Maintain constant eye-to-eye supervision with children in or around the swimming pool
- ~Floaties or other inflatable flotation devices are not life jackets and should never be substituted for adult supervision

B - Barriers

- ~Make sure gates in isolation and yard fences are self-closing and self-latching
- ~Keep all door and windows leading to the pool area locked or install alarm devices to alert you if someone enters the pool area
- ~Remove chairs and tables that a child could use to climb over a fence
- ~Store all toys outside of the pool

C - Classes

- ~Learn and know how to perform CPR
 - ~Have a phone nearby to call 9-1-1
 - ~Enroll your child in swimming lessons
 - ~Enroll your child in swim lessons
- See page 4 for more information

www.applevalleyfd.com

Beginning Acting

James Woody Community Center Auditorium

Have you ever wanted to be in a play? Here's your chance to be in one and learn the fundamentals of acting at the same time! We will audition, rehearse, and perform a Christmas Play! A one time fee of \$35 for materials is due, in cash, on the second class day. Instructor: Melanie Myers

DATES	DAY	TIME	FEE	AGES
8/3 - 8/31	Wed	4:30 - 7:00 pm	\$37	6 - 12

Advanced Acting

James Woody Community Center Auditorium

If you love to be on stage, this class is for you! Join us for an in-depth acting experience where you will audition for a play and as we rehearse, you will learn characterization, improv, pantomime, accents and so much more! This is a 6-month rehearsal/performance class. One-time fee of \$35 for materials is due, in cash, on the second day of class. Instructor: Melanie Myers

DATES	DAY	TIME	FEE	AGES
8/3 - 8/31	Wed	4:30 - 7:00 pm	\$37	12 - 17

Drama Performance "Alice in Wonderland"

Granite Hills High School
22900 Esaws Ave, Apple Valley

DATES	DAY	TIME
6/4 - 6/5	Saturday & Sunday	TBA

Priority Registration

Some classes are priority registration classes. Those currently registered in the class have priority until the 15th of the month and must pay the fees on or before that date for the next month to guarantee your spot. On the 16th the class is open for anyone to register.

Guitar Lessons

Town Hall Recreation Center

Learn how to play the guitar with no prior experience needed. Basic chords, strumming and scales will be covered for those who are just starting. Intermediate and advanced guitarists can also enjoy lessons focused on technique and theory. Instructor: Neil Allen Garcia

DATES	DAY	TIME	FEE	AGES
6/6 - 6/27	Mon	5:45 - 6:45 pm	\$58	8 & Up
7/11 - 7/25	Mon	5:45 - 6:45 pm	\$44	8 & Up
8/1 - 8/22	Mon	5:45 - 6:45 pm	\$58	8 & Up



NOW HIRING!!

Independent Contractors as

Instructors for Recreation Classes

This is a perfect opportunity to teach your favorite skill or activity to others in the community. Turn your hobby into cash in your pocket! If you have the skill, knowledge, experience and desire to earn as you help others learn, contact the Town of Apple Valley Recreation Department to become an independent contract class instructor.

WHAT WE PROVIDE:

- * Communication of your knowledge and proficiency.
- * Promotion of your class in the recreation brochure.
- * We handle all class registration and promotional materials.
- * Contact Andy Shoup at (760) 240-7000, ext 7894

TIME COMMITMENT:

- * 1 - 2 hours weekly per class

After School Activities Program



* Science Experiments * Homework Help * Crafts * Organized games & more!

ASAP is offered at:

AAE Lewis Center	2:50 - 5:45 pm (K - 5)
Rio Vista Elementary School	2:40 - 5:45 pm (K - 8)
Sitting Bull Academy, Lower Campus	2:40 - 5:45 pm (K - 4)
Sitting Bull Academy, Upper Campus	2:40 - 5:45 pm (5 - 8)
Vanguard Preparatory School	2:30 - 5:30 pm (K - 8)

A.S.A.P. starts as soon as school gets out, including early release days. There is no program during non school days. Children must be pre registered prior to attending.

Registration is on a first come, first served basis.

Weekly registration fee required to maintain your space.

2016-2017 ASAP Registration

May 21, 2016!

Doors Open at 8:00 a.m.



Do you want your child to be part of the 2016-2017 After School Activities Program? If the answer is yes then save this registration date! Check out the ASAP booth at the Rec Fair to register your child, first come first served. Space is limited and will fill to capacity. Capacity is based on the space provided by each school site. For more information call 760-240-7880 or check out page 25.

Summer Day Camp

Entering Grades 1st - 5th

Town Hall Recreation Center

Parents looking for a safe place to take your kids this summer? Then join us for our Summer Day Camp program! Our staff will engage the kids in fun activities, crafts, light cooking and dancing! Kids will have an opportunity to take a splash in our beautiful Aquatic Center twice a week! Take advantage of this great program and sign your kids up today! Limited space available- first come first serve. Participants are required to bring a morning snack and a lunch.

DATES	DAY	TIME	WEEKLY FEE
5/31 - 7/29	M - F	7:00 am - 6:15 pm	\$97 (full time) \$50 (1/2 days) \$58 (3 days)

Pre-Engineering using LEGO®

Apple Valley Conference Center South Room

Let your imagination run wild with tens of thousands of LEGOS®! Build engineer-designed projects such as boats, bridges, mazes and motorized cars, and use special pieces to create your own unique design! Explore the endless creative possibilities of the LEGO® building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNdamentals!

DATES	DAY	TIME	FEE	AGES
5/30 - 6/3	M - F	9:00 am - 12:00 pm	\$170	5 - 6

Engineering FUNdamentals with LEGO®

Apple Valley Conference Center South Room

Power up your engineering skills with Play-Well TEKnologies and over 100,000 pieces of LEGOS®! Apply real-world concepts in engineering and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars and Battletrack! Design and build as never before and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

DATES	DAY	TIME	FEE	AGES
5/30 - 6/3	M - F	1:00 - 4:00 pm	\$170	7 - 12

LEGO® Engineering

Town Hall Recreation Center

Bring your imagination and engineering talents and build structures, roller coasters and much more. Only your imagination is the limit. Working in teams, students will learn about basic physics and engineering principles and learn how to apply them to their projects. **\$20 materials fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
6/6 - 6/10	M - F	9:00 - 11:45 am	\$165	8 - 15

Video Game Design

Town Hall Recreation Center

You play them, now learn how to develop them. Working in teams, students will create and design their own video games that they can take home and play. Computers are provided for classroom use. **\$20 materials fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
6/6 - 6/10	M - F	1:00 - 3:45 pm	\$165	8 - 15



Soccer Camp

Lenny Brewster Sports Center - Field 4

This summer we will be offering a soccer camp for kids between the ages of 5 - 10 years old. This will be a fun and exciting camp for kids to learn the game of soccer. This camp will provide kids an opportunity to play with others and further develop their skills. We will be teaching simple skills and techniques such as passing, shooting and small foot skills. Our instructors are very excited to share their knowledge of the game and we hope you will join us this summer. Coach: Fabiana Piero

DATES	DAY	TIME	FEE	AGES
6/13 - 6/24	M - F	9:00 - 10:00 am	\$65	5 - 10

Camps



Basketball Camp

James Woody Community Center Gym

Learn the fundamentals of shooting, dribbling, rebounding, passing and defense, as well as scrimmage games at this elite basketball skills camp! Coach: William Ramsey

DATES	DAY	TIME	FEE	GRADES
6/13 - 6/24	M - F	9:00 - 11:00 am	\$60	3rd - 6th
6/13 - 6/24	M - F	12:00 - 2:00 pm	\$60	7th - 12th

Robotics Camp

Town Hall Recreation Center

This camp offers an in-depth exploration of robotics engineering, creativity and innovation. Working in teams of students, participants will design robots and program to do specific tasks. At the conclusion of camp, each participant will get to keep their shiny new robot! **\$20 material fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
6/20 - 6/24	M - F	9:00 - 11:45 am	\$165	8 - 15

LEGO Stop Motion

Town Hall Recreation Center

Take animation to the next level by learning how to create exciting three-dimensional stop motion animation films using LEGOS! Computers and cameras are provided for classroom use. **\$20 material fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
6/20 - 6/24	M - F	1:00 - 3:45 pm	\$165	8 - 15

Foodworkz TV Channel

James Woody Community Center Auditorium & Kitchen

Create your very own food and cooking show! Prepare your favorite dish for a video audience, learn about scripting and video techniques, while sharing your passion for food and expanding your culinary knowledge. **\$30 material fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
6/27 - 7/1	M - F	1:00 - 3:45 pm	\$165	8 - 15

Cross Country Camp

Lenny Brewster Sports Center

Do you love running? Then you are going to love this cross country camp. We will focus on running longer distances that will be useful during cross country and track seasons. We will be learning about nutrition, hydration, stretching, mileage, speed work, and other helpful running techniques. Each child will receive instruction based on their skill level and the goals they wish to accomplish. Welcome to all. **No class 7/4.** Instructor: Chelsea Bennis

DATES	DAY	TIME	FEE	GRADES
5/30 - 6/10	M/W/F	7:00 - 9:00 am	\$50	6 - 12
6/13 - 6/24	M/W/F	7:00 - 9:00 am	\$50	6 - 12
6/27 - 7/8	M/W/F	7:00 - 9:00 am	\$42	6 - 12
7/11 - 7/22	M/W/F	7:00 - 9:00 am	\$50	6 - 12

Spyworkz

Town Hall Recreation Center

Your mission, should you choose to accept it, is to learn about the exciting world of spy science. Discover the intriguing world of forensic science, image, aerial and fingerprint analysis, code making and code breaking and more. This is a great class to sharpen your investigative skills. **\$20 materials fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
7/5 - 7/8	Tu - F	9:00 - 11:45 am	\$132	7 - 13



Intro to Drawing & Painting

Town Hall Recreation Center

This beginning art class will cover the basics of drawing and painting. Students will learn concepts such as shading, perspective, color theory and photorealism. All supplies are provided. Students will leave with completed drawing and canvas painting.

Instructor: Alicia Dannelley

DATES	DAY	TIME	FEE	AGES
7/11 - 7/15	M - F	1:00 - 4:00 pm	\$150	8 - 15

Movieworkz Filmmaking Camp

Town Hall Recreation Center

As with any art form, filmmaking is all about story telling. Students will learn about story and character development, script writing and of course shooting their own production. Cameras and computers will be provided for classroom use. **\$20 material fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
7/18 - 7/22	M - F	1:00 - 3:45 pm	\$165	8 - 15

Jedi Engineering with LEGO

James Woody Community Center Auditorium

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO X-Wings, R2 Units, Energy Catapults, Defense Turrets and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

DATES	DAY	TIME	FEE	AGES
7/11 - 7/15	M - F	9:00 am - 12:00 pm	\$170	5 - 6



360 Gymnastics Camp

360 Gymnastics Academy

22355 Powhatan Rd, Suite C-1, Apple Valley

Come enjoy basic tumbling and gymnastic skills, themed days, water slide, games and a pizza party on Friday, 7/22. **Sack lunch required July 18 - 21.**

DATES	DAY	TIME	FEE	AGES
7/18 - 7/22	M - F	9:00 am - 1:00 pm	\$125/week or \$30/day	8 - 15



Jedi Master Engineering with LEGO

James Woody Community Center Auditorium

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, work drives, pneumatics and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses and other complex machines and structures from a galaxy far, far away.

DATES	DAY	TIME	FEE	AGES
7/11 - 7/15	M - F	1:00 - 4:00 pm	\$170	7 - 12

ScienceWorkz

Town Hall Recreation Center

Creative Brain's ScienceWorkz Camp offers an exciting exploration of the world of science, making stops at eco-science, alternative energy, forensic science, chemistry, rocketry and aviation, space science and much much more. Discover the fun-damentals of science! Participants receive cool materials to continue their discovery at home. **\$30 material fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
7/18 - 7/22	M - F	9:00 - 11:45 am	\$165	8 - 15



ZUMBA®

Town Hall Recreation Center

Zumba® fitness is a Latin-inspired dance & fitness class using upbeat rhythms and easy-to-follow choreography. It is a total body exercise, focusing on cardio and toning. Join a Zumba Fitness class and see that working out is *finally* fun! **6/1 - 7/28 class will be held in the Apple Valley Conference Center North Room. No class 6/13 - 6/16**

Instructor: Liz Fratt

Drop in fee only \$6

\$21/1 class a week/month • \$31/2 classes a week/month

\$41/3 classes a week/month

DATES	DAY	TIME	FEE	AGES
6/2 - 6/30	Tu/Th	5:30 - 6:30 pm	\$21-\$37.75	13 & Up
6/1 - 6/29	Wed	9:00 - 10:00 am	\$21	13 & Up
7/5 - 7/28	Tu/Th	5:30 - 6:30 pm	\$21-\$41	13 & Up
7/6 - 7/27	Wed	9:00 - 10:00 am	\$21	13 & Up
8/2 - 8/30	Tu/Th	5:30 - 6:30 pm	\$21-\$41	13 & Up
8/3 - 8/31	Wed	9:00 - 10:00 am	\$21	13 & Up

Tai Chi

James Woody Community Center Arts & Crafts Room

Learn to increase your level of energy through fluid movements, breath work and inner focus. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments and muscles. Tai Chi also increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability. **No class 7/4.**

Instructor: Chris Urmston

\$35/2 classes a week/month • \$45/3 classes a week/month

DATES	DAY	TIME	FEE	AGES
6/6 - 6/29	M/W/F	11:00 am - 12:00 pm	\$35/\$45	13 & Up
7/1 - 7/29	M/W/F	11:00 am - 12:00 pm	\$35/\$45	13 & Up
8/1 - 8/31	M/W/F	11:00 am - 12:00 pm	\$35/\$45	13 & Up

COMBO ZUMBA

Interested in attending both ZUMBA and ZUMBA Gold? For \$41/month you can attend either class, up to 3 times per week!

Looking for more fitness? See our
100 Mile Swim club on page 7!



ZUMBA® Gold

Town Hall Recreation Center

Zumba® Gold is a low impact Zumba Fitness class that uses modified Zumba moves designed for active older adults, individuals with special needs and beginners wanting a fun exercise class that focuses on balance, flexibility and cardiovascular strength. **6/1 - 7/28 class will be held in the Apple Valley Conference Center North Room. No class 6/13 - 6/16**

Instructor: Liz Fratt

Drop in fee only \$6.

\$21/1 class a week/month • \$31/2 class a week/month

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W	1:00 - 2:00 pm	\$21/\$27.38	25 & Up
7/6 - 7/27	M/W	1:00 - 2:00 pm	\$21/\$31	25 & Up
8/1 - 8/31	M/W	1:00 - 2:00 pm	\$21/\$31	25 & Up

Gentle Yoga

Apple Valley Conference Center - North Room

Take a kind step onto the mat. This gentle yoga practice will move slowly and safely in a traditional style. Introducing and improving asanas as abilities strengthen. Building confidence and body awareness through breath, attentive movement and a calm focus. Mat and blanket required. Instructor: Mary Anne Carroll

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	Wed	4:30 - 5:15 pm	\$24	16 & up
7/6 - 7/27	Wed	4:30 - 5:15 pm	\$24	16 & up
8/3 - 8/31	Wed	4:30 - 5:15 pm	\$24	16 & up

Yoga Fit

Apple Valley Conference Center - North Room

Change is Good! Check out this non-competitive, classical Yoga practice with both powerful and relaxing asanas. Moving through power poses, sustained balance, core work, posture and active transitional flows. Have fun and connect with your gift of breath and being while improving your strength and self awareness. Mat required. This is a PRIORITY REGISTRATION class. See page 11 for more information. Instructor: Mary Anne Carroll

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W	5:30 - 6:30 pm	\$32	16 & Up
7/6 - 7/27	M/W	5:30 - 6:30 pm	\$32	16 & Up
8/1 - 8/31	M/W	5:30 - 6:30 pm	\$32	16 & Up



Little Tigers Tae Kwon Do

James Woody Community Center Mini-Gym

Students will learn balance, flexibility and Tae Kwon Do techniques that will teach them courage, confidence and courtesy. **Optional \$45 fee for uniform and \$5 fees for belt and advancement. No class 7/4**

Instructor: Gellen Fitness

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W	5:00 - 5:30 pm	\$45	4- 6
7/6 - 7/27	M/W	5:00 - 5:30 pm	\$45	4 - 6
8/1 - 8/31	M/W	5:00 - 5:30 pm	\$45	4 - 6

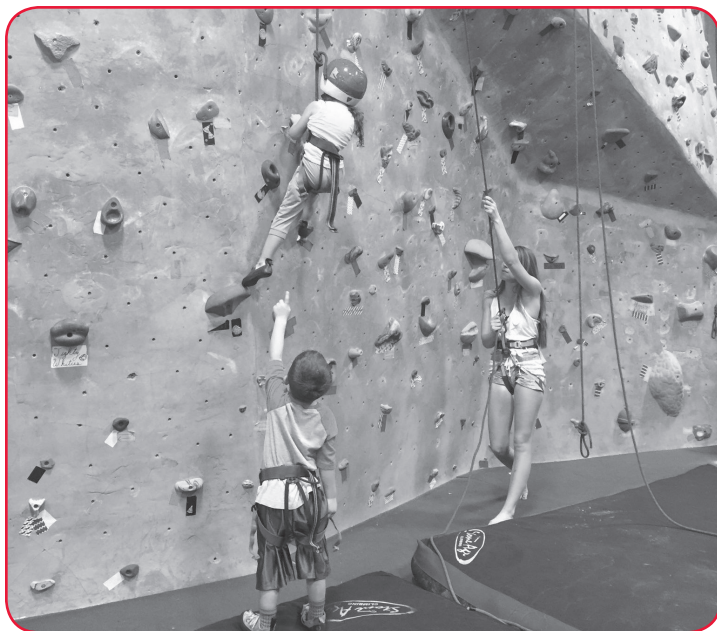
Tae Kwon Do

James Woody Community Center Mini-Gym

Any martial art form requires self-discipline and determination. Tae Kwon Do offers a variety of movements, patterns, strikes, kicks and punches that keep the mind stimulated and the body strong. Learning to control your movements, perfect your forms and memorize patterns takes concentration and focus. Come have fun and learn! **Optional \$45 fee for uniform and \$5 fees for belt and advancement. No class 7/4.**

Instructor: Gellen Fitness

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W	5:45 - 6:45 pm	\$65	7 & Up
7/6 - 7/27	M/W	5:45 - 6:45 pm	\$65	7 & Up
8/1 - 8/31	M/W	5:45 - 6:45 pm	\$65	7 & Up



Intro to Kickboxing

The Bullet Hole
15315 Cholame Rd, VV 92392

Learn the proper kickboxing stance, basic punches and kicks. Kickboxing training sessions incorporate endurance exercises such as jump rope, heavy bag, speed bag and double-end bag work, as well as one-on-one focus mitts. Included in the training are basic calisthenics involving push-ups, sit-ups, squats and lunges that will improve strength and endurance. Kickboxing improves hand/eye coordination, focus, self-confidence and one's ability to protect oneself - and it is a fun way to exercise!

As needed \$10 fee for hand wraps. No class 7/4.
 Instructor: Craig Buchanan

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W	5:30 - 6:30 pm	\$65	5 & Up
7/6 - 7/27	M/W	5:30 - 6:30 pm	\$65	5 & Up
8/1 - 8/31	M/W	5:30 - 6:30 pm	\$65	5 & Up



Intro to Indoor Rock Climbing

The Bullet Hole
15315 Cholame Rd, VV 92392

Introduction to rock climbing. Learn about the gear, the knots and the basic movements of rock climbing. In addition to climbing during each session, participants will do basic calisthenics involving push-ups, sit-ups, squats and lunges to improve strength and endurance and stretching to improve flexibility. Rock climbing is a fun way to exercise!

Instructor: Craig Buchanan

DATES	DAY	TIME	FEE	AGES
6/2 - 6/30	Tu/Th	5:30 - 6:30 pm	\$50	5 & Up
7/5 - 7/28	Tu/Th	5:30 - 6:30 pm	\$50	5 & Up
8/2 - 30	Tu/Th	5:30 - 6:30 pm	\$50	5 & Up

Most land exercises can be done effectively in water with the added benefit of support and resistance. We have water aerobics 6 days a week at the Aquatic Center.

Check out page 8 for more information.



Get Connected!

Get the most up-to-date information on Parks and Recreation programs and services in Apple Valley.

View us online at

www.AVRecreation.org

Like Us On
facebook



Jazz Dance

James Woody Community Center Mini-Gym

In this fun filled Jazz class students will learn the technique of ballet with a sassy crazy twist to it! Staying up-beat with the perfect technique!

Instructor: Denise Stevenson

DATES	DAY	TIME	FEE	AGES
6/7 - 6/28	Tue	5:10 - 6:10 pm	\$25	9 - 15
7/5 - 7/26	Tue	5:10 - 6:10 pm	\$25	9 - 15
8/2 - 8/30	Tue	5:10 - 6:10 pm	\$25	9 - 15



Mommy & Me Belly Dancing

James Woody Community Center Arts & Crafts Room

Learn to shimmy, shake and discover a deeper appreciation for your body. Belly dance is a fantastic workout and is open to women of all shapes and sizes. Strengthen core muscles and burn calories while learning graceful new dance moves. Children may dance with parent/guardian or play to the side. Choreographies will be taught each month that can be performed with your child. **No class 7/4 & 7/18.**

Instructor: April Vincent

\$30/ 1 child \$35/ 2 children \$40/3 children

DATES	DAY	TIME	FEE	AGES
6/6 - 6/27	Mon	5:00 - 6:00 pm	see above	All Ages
7/11 & 7/25	Mon	5:00 - 6:00 pm	\$17/\$20/\$22	All Ages
8/1 - 8/22	Mon	5:00 - 6:00 pm	see above	All Ages

Hip Hop Dance

James Woody Community Center

Step clap, step clap clap! In this fun filled class environment students will learn the basic movements of hip hop. They will also learn to dance and clap to that crazy beat! Instructor: Denise Stevenson.

\$30/1 class a week/month or \$50/2 classes a week/month

DATES	DAY	TIME	FEE	AGES
Beginning				
6/1 - 6/29	W/Th	4:00 - 5:00 pm	\$30/\$50	5 - 8
7/6 - 7/27	W/Th	4:00 - 5:00 pm	\$30/\$50	5 - 8
8/1 - 8/31	W/Th	4:00 - 5:00 pm	\$30/\$50	5 - 8
Intermediate				
6/1 - 6/29	W/Th	5:10 - 6:10 pm	\$30/\$50	8 - 11
7/6 - 7/27	W/Th	5:10 - 6:10 pm	\$30/\$50	8 - 11
8/1 - 8/31	W/Th	5:10 - 6:10 pm	\$30/\$50	8 - 11
Advanced				
6/1 - 6/29	W/Th	6:15 - 7:15 pm	\$30/\$50	12 - 17
7/6 - 7/27	W/Th	6:15 - 7:15 pm	\$30/\$50	12 - 17
8/1 - 8/31	W/Th	6:15 - 7:15 pm	\$30/\$50	12 - 17

Belly Dancing

James Woody Community Center Arts & Crafts Room

Learn the art of Belly Dance for fun and fitness. Great for all ages and fitness levels. Class focuses on the basics of belly dance in American cabaret style and Romani Style. **No class in June.** Instructor: Diane Ona

DATES	DAY	TIME	FEE	AGES
Beginning				
7/5 - 7/26	Tue	2:30 - 3:30 pm	\$35	16 & Up
8/2 - 23	Tue	2:30 - 3:30 pm	\$35	16 & Up
Advanced				
7/5 - 7/26	Tue	3:30 - 4:30 pm	\$35	16 & Up
8/2 - 8/23	Tue	3:30 - 4:30 pm	\$35	16 & Up

Gymnastics

360 Gymnastics Academy
22355 Powhatan Road, Suite C-1, Apple Valley

360 Freestyle Gymnastics Academy provides a safe, fun and healthy experience for our gymnasts. It is our philosophy that gymnastics can be for everyone and most of all...it's fun! We stress a positive learning experience and provide high quality instruction in an atmosphere that promotes positive self-esteem and encourages the "habit" of physical fitness for life. Register in advance at Town Hall. A \$40 annual registration fee is due on the second day of class and paid directly to 360 Gymnastics, in cash.

Baby Bears Gymnastics

Baby Bears Gymnastics is a child/parent interactive program that stimulates your child's athletic ability. Register in advance at Town Hall.

DATES	DAY	TIME	FEE	AGES
6/6 - 6/27	Mon	3:00 - 3:30 pm	\$37	1 ^{1/2} - 3
6/1 - 6/29	Wed	3:00 - 3:30 pm	\$37	1 ^{1/2} - 3
7/11 - 7/25	Mon	3:00 - 3:30 pm	\$37	1 ^{1/2} - 3
7/6 - 7/27	Wed	3:00 - 3:30 pm	\$37	1 ^{1/2} - 3
8/1 - 8/29	Mon	3:00 - 3:30 pm	\$37	1 ^{1/2} - 3
8/3 - 8/31	Wed	3:00 - 3:30 pm	\$37	1 ^{1/2} - 3

Gym Bears Gymnastics

This class is designed to introduce young children to the fundamentals of gymnastics. Register in advance at Town Hall.

DATES	DAY	TIME	FEE	AGES
6/6 - 6/27	Mon	3:30 - 4:15 pm	\$42	4 - 6
6/4 - 6/25	Sat	10:30 - 11:15 am	\$42	4 - 6
7/11 - 7/25	Mon	3:30 - 4:15 pm	\$42	4 - 6
7/2 - 7/30	Sat	10:30 - 11:15 am	\$42	4 - 6
8/1 - 8/29	Mon	3:30 - 4:15 pm	\$42	4 - 6

Wild Bears Gymnastics

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall. **Saturday is a girls-only class.**

DATES	DAY	TIME	FEE	AGES
6/6 - 6/27	Mon	4:15 - 5:30 pm	\$52	6 - 12
6/4 - 6/25	Sat	11:30 am - 12:45 pm	\$52	6 - 12
7/11 - 7/25	Mon	4:15 - 5:30 pm	\$52	6 - 12
7/2 - 7/30	Sat	11:30 am - 12:45 pm	\$52	6 - 12
8/1 - 8/29	Mon	4:15 - 5:30 pm	\$52	6 - 12
8/6 - 8/27	Sat	11:30 am - 12:45 pm	\$52	6 - 12



Share your pictures with us at
#avrecreation



Instagram

Cheer Prep

Pacific Coast Magic – High Desert; 13448 Manhasset Rd, AV
Come Cheer with the best of the coast at Pacific Coast Magic – High Desert! Cheer Prep is a course for strictly cheer leading fundamentals including stunts, jumps, dance, and tumbling. All levels, all ages, all fun! This course is non-competitive and includes performances! Instructor: Laura McPurdy

DATES	DAY	TIME	FEE	AGES
6/8 - 6/29	Wed	5:00 - 6:00 pm	\$35	4 - 14
7/6 - 7/27	Wed	5:00 - 6:00 pm	\$35	4 - 14
8/3 - 8/24	Wed	5:00 - 6:00 pm	\$35	4 - 14

Tiny Tot's Tap & Ballet

James Woody Community Center Arts & Crafts Room

Students will learn cooperation, coordination, body awareness, attention, memory, terminology, teamwork, listening skills, flexibility, strength, control and much more. Dance helps with all kinds of things and is a fun activity that allows students to gain an appreciation for the arts while exercising. It's a fun learning experience and the students work toward learning dances to perform in a recital. **No class 6/7.** This is a PRIORITY REGISTRATION class. See page 11 for more information
Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
6/14 - 6/28	Tue	5:15 - 6:00 pm	\$27	2 - 6
6/2 - 6/30	Thu	5:00 - 5:45 pm	\$35	2 - 6
7/5 - 7/26	Tue	5:15 - 6:00 pm	\$35	2 - 6
7/7 - 7/28	Thu	5:00 - 5:45 pm	\$35	2 - 6
8/2 - 8/30	Tue	5:15 - 6:00 pm	\$35	2 - 6
8/4 - 8/25	Thu	5:00 - 5:45 pm	\$35	2 - 6



Tap and Ballet

James Woody Community Center Arts & Crafts Room

Students will learn the fundamentals of both tap and ballet. They will strengthen their core and gain balance, flexibility, learn musicality, timing and body awareness. They will also gain confidence and character as we learn dances to perform in their own recital. **No class 6/7.**
Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
6/14 - 6/28	Tue	6:10 - 7:00 pm	\$27	7 - 12
7/5 - 7/26	Tue	6:10 - 7:00 pm	\$35	7 - 12
8/2 - 8/30	Tue	6:10 - 7:00 pm	\$35	7 - 12

Baton Twirling

James Woody Community Center Auditorium

March in the Disneyland parade, and perform at Knott's Berry Farm too! Learn to march, dance, and twirl the baton, while focusing on coordination and self-discipline. **No class 7/28.**
Instructor: Shari Taylor

DATES	DAY	TIME	FEE	AGES
6/2 - 6/23	Th	6:15 - 7:00 pm	\$35	6 - 13
7/7 - 7/21	Th	6:15 - 7:00 pm	\$28	6 - 13
8/4 - 8/25	Th	6:15 - 7:00 pm	\$35	6 - 13

Pom Pom

James Woody Community Center Auditorium

Learn how to move with the music with Pom Poms. If you are over 6 years old you can even march in the Disneyland parade. Come make friends and have fun! Pom poms can be purchased from the instructor for \$22. **No class 7/28.**
Instructor: Shari Taylor

DATES	DAY	TIME	FEE	AGES
6/2 - 6/23	Th	7:00 - 7:45 pm	\$35	6 - 13
7/7 - 7/21	Th	7:00 - 7:45 pm	\$28	6 - 13
8/4 - 8/25	Th	7:00 - 7:45 pm	\$35	6 - 13

Youth Tumbling

James Woody Community Center Mini-Gym

This course is designed to push students to gain new tumbling skills. They will gain strength, control, stamina and flexibility throughout the class. Each week they will work on perfecting their skills and strive to achieve harder ones. It is also a great form of exercise.
Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
6/7 - 6/28	Tue	4:10 - 5:00 pm	\$35	5 - 12
7/5 - 7/26	Tue	4:10 - 5:00 pm	\$35	5 - 12
8/2 - 8/30	Tue	4:10 - 5:00 pm	\$35	5 - 12

Healthy Apple Valley

Healthy Apple Valley Mission



Healthy Apple Valley is a coalition consisting of representatives from public and private entities and businesses as well as residents within the community. This coalition supports the Healthy Apple Valley mission of improving the health and well-being of our residents through the promotion of healthy eating, education, cooking programs and physical activity.

Working For A Healthier Community

Healthy Apple Valley's THREE core components:

1. Eat Smart
2. Be Active
3. Live Better

www.AVRecreation.org
HealthyAV@applevalley.org
760-240-7880

A Better Way to Play

Civic Center Park Amphitheater

Join teens from the Apple Valley Teen Zone program for a morning of play at the beautiful Civic Center Park. Exercise can be fun when you are dancing, playing and having fun with your family. The first hour we will stretch, warm-up, and walk laps to win prizes. The second hour will be free play with fun and easy outdoor games. Enjoy healthy snacks, music, a raffle, and more!

DATES	DAY	TIME	FEE	AGES
6/4	Sat	9:00 - 11:00 am	FREE	All Ages

Healthy Apple Valley is proud to be a collection site for used eye glasses. Drop your used eye glasses off at the Recreation Counter anytime of the year. All used eye glasses are donated to the Gift of Sight program through the Lions Club.



Drop in Locations

10:00 - 11:00 am
James Woody Park
13467 Navajo Rd

12:00 - 1:00 pm
Civic Center Park
14999 Dale Evans Parkway

Thursdays, June & July

VANtastic! FREE!

Mobile Recreation

Come join us in the park for some fun! Recreation staff will engage everyone in organized games and activities! Grab the whole family and come play with us.



Apple Valley Municipal Animal Shelter

22131 Powhatan Road
 Apple Valley, CA 92308
 (760) 240-7000 x 7555

Tuesday - Saturday (9:00 a.m. to 4:00 p.m.)
 Closed Sunday, Monday and Designated Holidays

After-Hours Emergency (760)961-6001

Happy Tails Dog Park

Happy Tails Dog Park is located on the eastern-most edge of Civic Center Park across the sidewalk from the retention basin and east of the Amphitheater. The park consists of two separately fenced sections for dogs based on weight class. One area is dedicated to dogs 25 pounds and under; the other is dedicated to dogs greater than 25 pounds. Each section has benches, a drinking fountain with a dog fountain and doggie waste clean-up stations. In total, the dogs now have two acres just for their use.

Dog Obedience

Corwin Park

In this basic course your dog will learn to walk on a leash, sit, lay down, stay, come when called and stand still for grooming/exams. Dogs must be current on all vaccines, including rabies. Bring your vaccination records and registration receipt to the first class. Leashes and collars available for purchase during the first two classes. For more information call Claudia Wolff at (760) 298-1369. Register at Town Hall. **No class 7/2**

DATES	DAY	TIME	FEE	AGES
6/4 - 7/23	Sat	9:00 - 10:00 am	\$99/7 weeks	14 & Up
7/30 - 9/10	Sat	9:00 - 10:00 am	\$99/7 weeks	14 & Up

Summer Camp at the Shelter

Town of Apple Valley Animal Services 22131 Powhatan Road

Students ages 10 to 18 can spend their spring break at the Town of Apple Valley Municipal Animal Shelter. Participants will experience live animal encounters, learn basic animal grooming techniques, take pet health care classes, meet some new friends, play some games, do arts & crafts and participate in some fun community service. Call Animal Services at (760) 240-7000 ext 7060 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
6/14 - 6/18	Tu - Sat	9:00 am - 4:00 pm	\$65	10 - 18

Pet Vaccination Clinic

Town of Apple Valley Animal Services 22131 Powhatan Road

To help maintain the health of our pets, all dogs four months of age or older must have their rabies vaccination and current license in the Town of Apple Valley. To help residents meet this requirement the Animal Services Department is holding a low-cost vaccination clinic. Rabies shots are \$6 each. Other vaccinations are available at a reduced price. Cash only. Dog licensing and microchip services are available the same day. Call Animal Services at (760) 240-7000 ext 7060 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
6/8	Wed	5:00 - 7:00 pm	See above	All Ages
8/3	Wed	5:00 - 7:00 pm	See above	All Ages

Night at the Shelter

Town of Apple Valley Animal Services 22131 Powhatan Road

Have you ever wondered what happens at the animal shelter when the lights go out? Spend the night at the shelter and find out during this fun, educational activity for children 10 years or older and their chaperone. To maintain a safe environment there must be one chaperone per five children. Continental breakfast is included. Pre-registration is required at the Animal Shelter. Call Animal Services at (760) 240-7000 ext 7060 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
8/26	Fri & Sat	6:30 pm - 8:00 am	\$20/person	10 & up

Ms. Ann's Tots Academy

Town Hall Recreation Center

A complete and comprehensive drop-off class designed to prepare your child for kindergarten. Emphasis on letter and number recognition, phonics/reading readiness and review of shapes and colors. Fun with related crafts and story. Parents are encouraged to volunteer a minimum of one day a month. An annual \$20 registration fee is due, in cash, the second day of class and paid to the instructor. Please bring a healthy snack. No "pull-ups"- children must be potty-trained. This is a PRIORITY REGISTRATION class. See page 11 for more information.

Instructor: Ann Davis

DATES	DAY	TIME	FEE	AGES
8/29 - 9/29	M/Th	8:30 - 10:30 am	\$70	3 - 4 ^{1/2}

Ms. Ann's Parent & Tot

Town Hall Recreation Center

Parent & Tot is a class for both you and your toddler. We will learn the basics by having fun with activities, crafts and story time. An annual \$20 registration fee is due, in cash, the first day of class and paid to the instructor. Please bring a healthy snack. . This is a PRIORITY REGISTRATION class. See page 11 for more information.

Instructor: Ann Davis

DATES	DAY	TIME	FEE	AGES
8/29 - 9/29	M/Th	11:00 am - 12:15 pm	\$55	1 ^{1/2} - 4

Evening Parent & Tot

Town Hall Recreation Center

Through music, song, movement, toy exploration and crafts, each class will provide enriching topics based on the ages and developmental stages of the children in attendance. Specific attention will be given to building trust, taking instructions, sharing, motor skill development, positive discipline, safety, communication, exercise, self-esteem and of course, fun parent and child bonding! A \$24 material fee is due to the instructor on the second day of class.

Instructor: Ashley Barnett

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	Wed	6:15 - 7:30 pm	\$40	3 mos - 3 yrs
7/6 - 7/27	Wed	6:15 - 7:30 pm	\$40	3 mos - 3 yrs
8/3 - 8/31	Wed	6:15 - 7:30 pm	\$40	3 mos - 3 yrs



Academic Tots

This popular enrichment program for tiny tots is aimed at encouraging intellectual, physical and social growth for a positive transition into kindergarten. Classes are taught by Ms. Olivia Ayala who has over 24 years of hands-on experience. Classes follow the AVUSD calendar. An annual \$25 registration fee is due, in cash, on the second day of class and paid to the instructor. Call Olivia at (760) 240-1159 for more information. Please bring a healthy snack and wear closed-toed shoes. This is a PRIORITY REGISTRATION class. See page 11 for more information.

Instructor: Olivia Ayala

Small Fries

James Woody Community Center Auditorium

- * Class provides an opportunity for children to separate from their parents.
- * Introduction to sharing and cooperative play.
- * Introduction to early learning: colors, shapes, counting and alphabet.
- * Increase attention span, improve social growth and develop language skills.

DATES	DAY	TIME	FEE	AGES
8/3 - 8/26	W/F	8:30 - 11:00 am	\$70	3

Tater Tots Pre K

James Woody Community Center Auditorium

- * Child must be 4 by September 1, 2016
- * Program progresses as child progresses in a developmentally appropriate environment.
- * Emphasis on letter recognition, math concepts and kindergarten readiness.
- * Reinforcement of letters, phonics and number recognition.
- * Learn to follow directions, improve language skills and social growth.

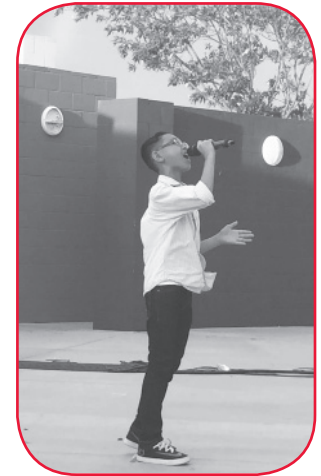
DATES	DAY	TIME	FEE	AGES
8/2 - 8/25	Tu/Th	8:30 - 11:00 am	\$70	4

Concerts in The Courtyard

Apple Valley Commons Courtyard

Connect with friends, family and neighbors with live music at The Courtyard at Apple Valley Commons. The beautiful outdoor dining area is located at the northwest corner of Highway 18 and Dale Evans Parkway, next to Round Table Pizza. Call (760) 240-7000 ext. 7071 for more information or visit AppleValleyEvents.org.

DATES	TIME	FEE	AGES
Every Thursday in May	6 - 8 pm	FREE	All Ages



Rec Fair

Apple Valley Conference Center

Come meet the Recreation Department at the First Annual Rec Fair! Learn about classes, camps, sports and aquatics all in one place! Talk one on one with instructors, see live performances and register for summer programs! The first Annual Rec Fair will introduce you and your family to the wonderful world of Recreation and all that we have to offer in the Town of Apple Valley. This will also be the first day to register for the 2016/2017 A.S.A.P school year. See page 12 for more information.



DATES	TIME	FEE	AGES
5/21	8:00 - 11:00 am	FREE	All Ages

14th Annual Apple Valley Idol

Civic Center Park Amphitheater

Apple Valley Idol is back for its 14th season! Join us for a night filled with singing and fun. Those wishing to perform must fill out a registration form by 6/15. They will need to attend the rehearsal on 6/22 before being accepted. Participants will be judged and the top three performers in each age group will receive an award. Top winners will be invited to perform at the 4th of July Freedom Festival. Spectators are free.

DATES	DAY	TIME	FEE	AGES
6/24	Fri	6:30 - 9:00 pm	\$5	8 - 17



Friday, May 27: The Good Dinosaur

Friday, July 22: Honey I Shrunk the Kids

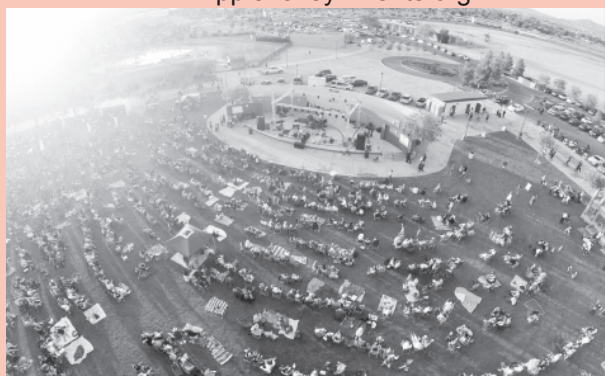
Friday, September 2: Star Wars, The Force Awakens

Enjoy a one-of-a-kind experience that offers everyone the opportunity to sit back, relax and take in a movie under the stars at the beautiful Civic Center Park.

Seating is available 1 hour prior to sunset. Light snacks will be available for purchase! Movies start at sunset and are FREE to public.

Special Events

Now in our 10th season, see for yourself why we've been voted 4 years in a row "Best of the Desert" for live music by *Daily Press* readers! Bring your own seating and enjoy great music under the desert night sky. For information call (760) 240-7000 ext 7071 or visit AppleValleyEvents.org



No Pets • No outside alcohol
No Smoking anywhere on park property



Thursdays • 6 - 9 pm • Civic Center Park

June 23	Phat Cat Swinger (Swing)
July 7	Stone Soul (Soul/Motown)
July 14	The Silverados (Country)
July 21	Ronnie & The Classics (Oldies Band Show)
July 28	Phoenix Rising (Classic Rock)
August 4	Neon Nation (80s Tribute)
August 11	Southern Sprit (Southern Rock)

Newton T. Bass Apple Valley Branch Library

2016 Summer Reading Program

Location: Apple Valley Conference Center, 14975 Dale Evans Parkway

Day:	Date:	Start Time:	Performer Name:
Tuesday	6/7	4:00 pm	Annie Banannie - Balloon Storyteller
Tuesday	6/14	4:00 pm	Luce Puppet - Puppet Show
Tuesday	6/21	4:00 pm	Arty Loon - Juggling, Poetry, Ballons and Magic!
Tuesday	6/28	4:00 pm	Thors Reptiles - Live Animal Show
Tuesday	7/5	4:00 pm	One World Rhythm - Interactive Music Show
Tuesday	7/12	4:00 pm	Ken Frawley - Storytelling, Music and Puppets!
Tuesday	7/19	4:00 pm	The Wacko Show - Magic Fun
Tuesday	7/26	4:00 pm	Buster Balloon - Comedy and Magic with Balloons



19th Annual

FREEDOM FESTIVAL
Monday, July 4th • 2-10pm
Lenny Brewster Sports Center
 21024 Otoe Rd. at Dale Evans Pkwy. 1.5 miles north of Hwy 18.

Park is under construction, obey all signs and directions.
 No Pets, No Smoking,
 No outside alcohol.

FREE Admission

Activities • Live Entertainment • Vendors • Beer Garden

FIREWORKS 9PM 

.....
 For more information visit
www.AppleValleyEvents.org or (760) 240-7000 ext

Rockin' Flea Market

Lion's Park

Rock and roll and shop 'til you drop! Our community flea market plays host to individuals, non-profit, church and civic groups to sell rummage items. Live music and food vendors will make your shopping a unique experience. For more information call (760) 240-7000 ext 7000 or 7071 or visit AppleValleyEvents.org
 Vendor space is \$20 or \$10 for non-profits.

DATES	DAY	TIME	FEE	AGES
8/20	Sat	8:00 am - 1:00 pm	FREE	All Ages

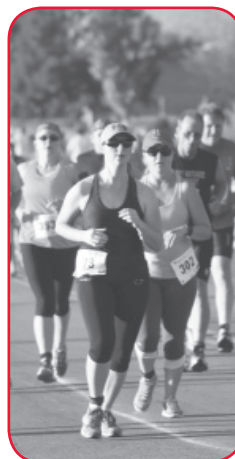
Apple Valley Reverse Triathlon & 5K

Civic Center Park Aquatic Center

Come join over 500 athletes from all over the west coast in our annual Reverse Triathlon! Held at Civic Center Park, this event kicks off with a 5K run, transitioning to a 12 mile bike ride and ending with a 150 yard swim to the finish line! This event is great for both seasoned athletes as well as those looking to compete for the first time!

Individuals can compete in the entire race, break into a relay team or run just the 5K. A **kids triathlon** with shorter distances will also be held. www.AVRevTri.org for more information.

DATES	DAY	TIME	FEE	AGES
9/24	Sat	7:00 am	Varies	5 & up



National Night Out

Super Target at 20288 Highway 18

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer and better places to live. Together, we are making that happen. Come spend the evening outside with neighbors and law enforcement.

DATES	DAY	TIME	FEE	AGES
8/2	Tue	6:00 - 8:00 pm	FREE	All Ages

5K Walk & 5K/10K Run
Saturday, July 2, 2016

Firecracker Run

Check in at 6:15 a.m.
Race starts at 7 a.m.
Lenny Brewster Sports Center

Kick off your 4th of July celebration with the annual Firecracker Run! Separate awards for men, women and children in different age divisions. A signed liability waiver is required for all participants. Finishing medals and a FREE commemorative race T-shirt for the first 50 pre-registered, paid runners. Pre-register by June 30 at \$17.



Official Run Entry Form

Mail to: Town of Apple Valley Recreation Department, 14955 Dale Evans Parkway, Apple Valley, CA 92307

Name _____ Gender _____ DOB _____

Address _____ City _____ Zip Code _____

Phone _____ E-mail _____

- Event:**
- 5K Run 10K Run \$17.00 pre-registration (by June 30) \$20.00 on day of race
- 5K Walk w/medal \$10.00 (must sign liability waiver to participate)
- 5K Walk FREE (must sign liability waiver to participate)

Age Divisions: 12 & under (5K only) 13 - 17 18 - 29 30 - 39 40 - 49 50 - 59 60 & up
(only applies to run participants; walkers do not need to circle an age group)

Run T-Shirt \$10: Yes No

Size (adult): S M L XL

Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. I understand the race is run on public streets that are not closed to vehicular traffic. I will run on the shoulder whenever possible and take all safety precautions when on the road. The Town is not responsible for participant's injuries or damages occurring from hazardous recreation activities (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities.

Participant Signature _____ Date _____

Parent Signature (if under age 18) _____ Date _____

Office Use: Date Paid _____ Amount Paid _____ CA/CK _____ Shirt Rec'd _____ FREE Shirt _____ Initial _____

Special Use Facilities

Facilities include picnic shelters, ball fields, skate park, gymnasiums, amphitheater, campsites and horse arenas are also available to rent. Let us assist you with making your event a success! More information on all parks and facilities is available at www.AVRecreation.org (click on Parks and Facilities). Call **(760) 240-7880** for availability and fees.



Mendel Park 21860 Tussing Ranch Rd



Mendel Park features 4 sheltered picnic tables and BBQ that are perfect for your next family picnic or birthday party. Call 760-240-7880 today for more information on booking this park for your next party!



Apple Valley Golf Course

15200 Rancherias Road

The most storied club in the High Desert is OPEN TO THE PUBLIC. Known for having the "purest putting surfaces in Southern California," Apple Valley Golf Course boasts a rich history and reputation for pristine golf course conditions. Amenities available for public use include an 18-hole golf course, driving range, two tennis courts, banquet and meeting rooms. Golf and tennis lessons are also available call (760) 240-7880 for more information.

Call (760) 242-3653

or visit www.avcc.com for more information.

Open 7 days a week!
Golf passes available!



Summer Co-Ed Softball League

Lenny Brewster Sports Center

Spring league now forming! All players must be over 18 years of age. Contact the Recreation Office at (760) 240-7880 to register your team. Only 12 teams will be accepted in this league, so register early! Men must use a wooden softball bat 2 1/4" in diameter.

Registration deadline is 5/19.

DATES	DAY	TIME	FEE	AGES
6/3 - 8/12	Fri	6:00 - 10:45 pm	\$355/team	18 & Up

Summer Men's Adult Basketball League

James Woody Community Center Gym

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. All teams play in single elimination playoff tournament. Only 8 teams will be accepted.

Registration deadline is 6/15.

DATES	DAY	TIME	FEE	AGES
6/26 - 8/28	Sun	5:00 - 9:00 pm	\$365/team	18 & Up



Introduction to Adult Golf

Apple Valley Golf Course

Students will learn the basic rules and etiquette of golf as well as the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt - no jeans. Fee includes use of golf clubs and balls. Deadline to register is one week prior to start of each monthly class. Register at Town Hall.

Instructor: Gary Matteson

DATES	DAY	TIME	FEE	AGES
6/4 - 6/25	Sat	9:00 - 10:00 am	\$65	13 & Up
7/9 - 7/30	Sat	9:00 - 10:00 am	\$65	13 & Up
8/6 - 8/27	Sat	9:00 - 10:00 am	\$65	13 & Up

Adult Tennis Lessons

Apple Valley Golf Course tennis courts

Adults of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. **No class 7/16.**

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
6/11 - 6/25	Sat	10:00 - 11:00 am	\$25.70	18 & Up
7/2 - 7/30	Sat	10:00 - 11:00 am	\$33	18 & Up
8/6 - 8/27	Sat	10:00 - 11:00 am	\$33	18 & Up

Open Gym - Basketball

Schedule is subject to change and will vary depending on current league schedule.

Wednesdays 6:00 pm - 9:00 pm

Fridays 6:00 pm - 9:00 pm

Sundays 12:00 pm - 3:00 pm

Cost: \$2/youth \$3/adult

Adults must provide valid picture I. D. Minors must have parent-signed emergency card on file. For more information, please call (760) 240-4892.

Adult Softball and Basketball Officials Needed

CIF and SCMAF certification preferred.
Call (760) 240-7880 to get started

Pee Wee Tennis

Apple Valley Golf Course tennis courts

Small group lessons are offered for the young tennis enthusiast. Sign up today and your child will experience a challenging learning environment and will master new skills. Please bring a tennis racquet and a can of balls. Register at Town Hall. **No class 7/16.** Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
6/11 - 6/25	Sat	8:00 - 8:30 am	\$23.45	3 - 5
7/2 - 7/30	Sat	8:00 - 8:30 am	\$30	3 - 5
8/6 - 8/27	Sat	8:00 - 8:30 am	\$30	3 - 5

Pee Wee & Hot Shots Basketball

James Woody Community Center Mini-Gym

A fun, non-competitive introduction to basketball for the little ones. Basic skills will be taught while having fun with other youngsters! Volunteer coaches needed. Cost includes T-shirt, team party and trophy.

Registration deadline is 5/12.

Pee Wee: Ages 3 - 4 • Hot Shots: Ages 5 - 6

DATES	DAY	TIME	FEE	AGES
starts 6/4	Sat	Mornings	\$46	3 - 4 (PW)
starts 6/4	Sat	Mornings	\$46	5 - 6 (HS)

Adventures in Pee Wee Sports

James Woody Community Center Retention Basin

This 6-week program will stress the basic skills needed for our department's team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended.

Registration deadline is one week prior to the start date.

DATES	DAY	TIME	FEE	AGES
7/23 - 8/27	Sat	9:00 - 9:50 am	\$46	3 - 4
7/23 - 8/27	Sat	10:00 - 10:50 am	\$46	4½ - 5
7/27 - 8/31	Wed	4:30 - 5:20 pm	\$46	3 - 4

Toddler Olympics

James Woody Community Center Gym

Sign your toddler up for the Apple Valley Toddler Olympics! Each tot will have the opportunity to compete in five different Olympic activities throughout the morning. Start practicing your ball throwing and jumping skills for this fun and exciting event. All participants will receive a participation medal.

Registration deadline is 8/11.

DATES	DAY	TIME	FEE	AGES
8/20	Sat	9:00 - 11:00 am	\$5	3 - 5



Pee Wee Soccer

James Woody Community Center Retention Basin

Boys and girls are invited to join this fun, fall program for an introduction to soccer, sportsmanship and teamwork. Tuesday is limited to 36 participants. Volunteer coaches are needed. Cost includes T-shirt, trophy and team party. Due to limited capacity, registration prior to the deadline is recommended. Games and practices are played on the same day (1/2 hour practice; 1/2 hour game).

Registration deadline is 8/20.

DATES	DAY	TIME	FEE	AGES
9/6 - 10/11	Tue	5:00 - 6:00 pm	\$46	3 - 4
9/10 - 10/15	Sat	9:00 - 10:00 am	\$46	3 - 4

3 Diamond Skate Park James Woody Community Center Open 9 am - dusk

Skateboard and BMX aficionados can enjoy the 3 Diamond Skate Park. The park accommodates both skateboard and bike use. The park has a distinct plaza style with stairs, ledges, a huge quarter pipe and more. BMX bikes, skateboards, roller skates and in-line skates are allowed.

All park users please be aware that the Town of Apple Valley's Municipal Code 11.68.060 requires users to wear a helmet, elbow and knee pads at all times while in the skate park. The rules are enforceable and citable. Thank you in advance for obeying the law.

Father & Son Basketball Tournament

James Woody Community Center Gym

Dad, bring your son and hoop it up at our 8th Annual 2-on-2 Father and Son Tournament. Teams are guaranteed a minimum of two games. Awards will be given to the top three teams in each division.

Registration deadline is 6/2.

DATES	DAY	TIME	FEE	AGES
6/12	Sun	8:00 am - 1:00 pm	\$35/team	10 - 15

Summer Youth Basketball

James Woody Community Center Gym

Maintain those skills over the summer! This program will emphasize sportsmanship, learning basic skills, teamwork and fun. All girls and boys entering grades 2 - 12 are invited to play. Practice (1 hour per week) will begin in May. Fee includes 8-week season, game jersey, officials, scorekeepers and gym costs. Volunteer coaches are needed.

Registration deadline is 5/5.

Tuesday or Thursday practices start the week of 5/23
Games played on Saturday start on 6/4

DATES	DAY	TIME	FEE	GRADES
starts 6/4	Sat	TBD	\$57	Entering 2 - 12

Beginning Golf for Juniors

Apple Valley Golf Course

Golf lessons just for kids! Students will learn the basic rules and etiquette of golf as well as the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt - no jeans. Fee includes use of golf clubs and balls. Deadline is 1 week prior to start of the first class. Register at Town Hall. Instructor: Gary Matteson

DATES	DAY	TIME	FEE	AGES
6/4 - 6/25	Sat	10:00 - 11:00 am	\$65	8 - 12
7/9 - 7/30	Sat	10:00 - 11:00 am	\$65	8 - 12
8/6 - 8/27	Sat	10:00 - 11:00 am	\$65	8 - 12



Youth Tennis

Apple Valley Golf Course tennis courts

Kids of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. **No class 7/16.**

Instructor: Bill Mocharnuk

Beginning 8:30 - 9:15 am

Intermediate/Advance 9:15 - 10 am

DATES	DAY	TIME	FEE	AGES
6/11 - 6/25	Sat	See above	\$23.45	6 - 17
7/2 - 7/30	Sat	See above	\$30	6 - 17
8/6 - 8/27	Sat	See above	\$30	6 - 17

Teen Zone

Ages 13 - 17

Do you have a desire to help your community? Volunteer with the Recreation Department and you can earn school credit and gain valuable job experience while having fun helping with sports programs and special events. You can also attend quarterly parties and earn awards throughout the year. If you are interested in getting involved, pick up an application at the Town Hall Recreation counter. This is a year round program and you must attend a volunteer orientation before participating. The program is limited to 45 participants, so you may be placed on a waiting list.

For more information contact Alicia Dannelley at (760) 240-7000 ext 7891



Hunter McKoy was voted the Teen Zone Volunteer of the Year for 2015 by his peers. His friendliness, work ethic, and dependability are an asset to the program.

He has donated more than 570 hours to the Town of Apple Valley and his community.

Driver's Education

Ages 14 - 18

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel training.

Internet Course \$40

Within 48 hours of registration, the student will have an account created and receive a welcome e-mail and access to the course online.



AV PAL Youth Center

The Apple Valley Police Activities League (PAL) provides after school mentoring programs and athletic and life skills to our children at little or no cost.

**Boxing • pool table • ping pong
computers • internet**

Ages 8 - 17

For more details, call (760) 961-0754 or visit our website at www.avpal.org

Programs are offered at:

Youth Center: James Woody Community Center

Ward Room, 13467 Navajo Road

Boxing Center: 22390 Eyota Road

Teen Workshops

All workshops are free and open to teens ages 13 to 17. Pre-registration is required. Call 760-240-7880 by Wednesday before the Friday workshop to register.

Employment Skills

Teens will learn how to correctly complete a job application and prepare for a job interview.

Town Hall Recreation Center

DATES	DAY	TIME	FEE	AGES
6/24	Fri	5:30 - 7:00 pm	FREE	13 - 17

Money Management

Teens will learn how to create a budget, save for the future, and understand credit.

Apple Valley Conference Center

DATES	DAY	TIME	FEE	AGES
7/22	Fri	5:30 - 7:00 pm	FREE	13 - 17

Dealing with Bullying

This presentation will focus on information, ideas and strategies that will help relieve and prevent bullying and violence. This fun, interactive session will increase your knowledge of communication and socialization skills that support a person's outlook of self and foster growth and leadership. Guest Speaker will be Melissa Woods with the Family Assistance Program.

Apple Valley Conference Center

DATES	DAY	TIME	FEE	AGES
8/26	Fri	5:30 - 7:00 pm	FREE	13 - 17



Special Apples.....

Changing the world one disability at a time.

Special Apples encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have an opportunity to socialize and meet new friends. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence and cooperation. Join us on the 2nd Saturday of each month at various Park and Recreation locations for an evening of fun! All events include a snack.

Special Apples Craft Day

Town Hall Recreation Center

Do you enjoy painting? How about small craft projects like gluing, decoration or paper mache? Then our craft night is the place to be! Craft selection will vary, but we are sure to have something for everyone.

DATES	DAY	TIME	FEE	AGES
6/11	Sat	9:00 - 11:00 am	\$5	5 & up



Special Apples Pool Party

Civic Center Park Aquatic Center

Enjoy swimming, relay games, a snack bar and more! Time will be reserved for group homes, care groups, mentors and families of people with disabilities. Our pool is equipped with an ADA handicap chair. Please no cut-off jeans. Personal flotation devices must be Coast Guard & Lifeguard approved.

DATES	DAY	TIME	FEE	AGES
7/9	Sat	4:00 - 6:00 pm	\$3	5 & up

Special Apples Basketball

James Woody Community Center Gym

Hoop it up at the Special Apples Basketball Night! We will start with stretching and warm-ups and then organize teams and play a game. Come prepared to have a great time! Make sure to bring a water bottle.

DATES	DAY	TIME	FEE	AGES
8/13	Sat	6:00 - 8:00 pm	\$3	5 & up



Knights of Columbus

A special thank you to the Apple Valley Knights of Columbus for their generous donation to the Special Apples Program. We are excited that the donation will allow us to hire a professional DeeJay for our Halloween Costume Dance!

CPR/AED

(Community & Workplace)

Apple Valley Conference Center

Class follows the American Red Cross guidelines. We will cover one and two person CPR/AED for adult/child/infant. This class is not for medical personnel. If taking both CPR and First Aid, the combined fee will be discounted to \$85.

Instructor: Andy Shoup

DATES	DAY	TIME	FEE	AGES
6/11	Sat	9:00 am - 12:30 pm	\$55	12 & Up
7/9	Sat	9:00 am - 12:30 pm	\$55	12 & Up
8/13	Sat	9:00 am - 12:30 pm	\$55	12 & Up



First Aid

Apple Valley Conference Center

We cover the basic first aid procedures for burns, allergic reactions, shock, and more. If taking both CPR and First Aid, the combined fee will be discounted to \$85.

Instructor: Andy Shoup

DATES	DAY	TIME	FEE	AGES
6/11	Sat	1:30 - 3:30 pm	\$55	12 & Up
7/9	Sat	1:30 - 3:30 pm	\$55	12 & Up
8/13	Sat	1:30 - 3:30 pm	\$55	12 & Up

Get fit at Civic Center Park

Six fitness stations are now available for use at Civic Center Park thanks to the Kaiser Permanente Community Benefit Grant Program and the fund-raising efforts of the Healthy Apple Valley Coalition. The stations include a cardio stepper, pull-up/dip bar, ab crunch/leg lift, bench press and Tai Chi wheels.



Fitness stations are available for use from dawn to dusk. Must be 13 and over to use the equipment. Call (760) 240-7880 for more information or to report damage to any of the equipment.

Coming Soon...

Mendel Park Fitness Stations

Thanks to a Community Block Grant and funds raised through HeartGames and the Reverse Triathlon, multiple outdoor fitness stations will soon be installed at Mendel Park. Check the Website and the Department's Facebook page for updates!

Share your pictures with us at
#avrecreation



Instagram

Community Information

TOWN OF APPLE VALLEY

14955 Dale Evans Parkway • Apple Valley, CA 92307

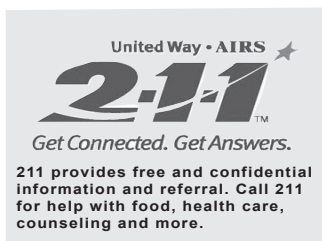
www.applevalley.org

Dial (760) 240-7000 and one of the following extensions:

Animal Services.....	7555
Building & Safety.....	7100
Business Licenses.....	7707
Code Enforcement.....	7560
Economic Development.....	7900
Engineering.....	7353
Human Resources.....	7600
Mayor & Town Council.....	7808
Parks Maintenance.....	6200
Planning.....	7200
Police Department.....	7400
Public Information.....	7074
Public Services.....	7500
Recreation.....	7880
Town Clerk.....	7800
Town Manager.....	7051

Sports Organizations....

Apple Valley BMX	applevalleyBMX.com • 760-240-5266
Apple Valley Little League.....	applevalleyll.com • 760-247-5441
Apple Valley Rattlers Football.....	applevalleyrattlers.org • 760-559-2868
Apple Valley Rebels Football.....	avrebels.com • 760-403-6724
Apple Valley Seminoles Football.....	avseminoles.com • 760-247-5424
Apple Valley Storm Soccer.....	avscstorm.org • 760-508-6192
Apple Valley Youth Soccer League.....	avyouthsoccerleague.com • 760-559-8401
High Desert Judo (P.A.L.).....	avpal.org • 760-961-0754
High Desert Pony Baseball.....	hdpleague.com • 760-927-9994
High Desert Youth Soccer League.....	hdysl.soccer • 760-961-7805
High Desert Tennis Association.....	highdeserttennis.org • 760-985-3796
Inland Empire Soccer League.....	• 760-247-6031
PSP Sports & More.....	• 760-515-2572
Young Champions.....	championyouth.org • 800-956-6956



Community Organizations....

American Cancer Society.....	cancer.org • 800-227-2345
American Red Cross.....	redcross.org • 760-245-6511
Apple Valley Chamber of Commerce.....	avchamber.org • 760-242-2753
Apple Valley Fire Protection District.....	applevalleyfd.com • 760-247-7618
Apple Valley Library.....	sbcounty.gov/library • 760-247-2022
Apple Valley Optimist Club.....	• 760-887-7379
Apple Valley School District.....	avusd.org • 760-247-8001
Assistance League.....	victorvalleyassistanceleague.org • 760-961-2468
AVCO/Burrtec.....	burrtec.com • 760-245-8607
Boy Scouts (CA Inland Empire Council)	bsa-ciec.org • 877-732-1450
Community Police Assistance League.....	• 760-961-2468
Friends of Apple Valley Library.....	sbcounty.gov/library • 760-247-2022
Girl Scouts.....	girlscoutssangorgonio.org • 909-307-6555
High Desert Young Marines.....	• 760-240-5004
Mom's Club.....	momsclubofvictorvalley@yahoo.com
One 2 One Mentoring.....	one2onementors.com • 760-245-1997
Paul Swick Family Center.....	paulswickfamilycenter.com • 760-240-5606
St. Mary's Immunization Clinic.....	• 760-242-2311
Widows or Widower's of the High Desert.....	• 760-951-7764
V.V. Humane Society.....	vvapl.com • 760-247-2102

Equestrian Groups....

California Dressage Society (High Desert).....	• 760-247-4505
Comancheros.....	gac15.org • 951-642-4725
Mojave River Valley Horsemen's Assoc.....	mrvha.com • 760-247-5944

Recreation & Hobby Groups....

Hi High Desert Genealogy Society.....	san2744@aol.com • 760-242-5136
Thunderbirds Square Dance.....	• 760-954-7207

Senior Services & Organizations....

Aging & Adult Services.....	• 800-510-2020
Apple Valley Senior Citizen's Club.....	• 760-247-3155
Inland Empire Legal Services.....	• 760-241-7073
Meals on Wheels.....	mowaa.org • 760-245-7047
Senior Information & Assistance.....	• 760-843-5181
Senior Select Resource Center.....	• 760-946-5915
Victor Valley Transit.....	vvta.org • 760-948-3030

Registration - Easy As 1-2-3

Program Registration

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- **Photo Policy:** The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

Refund Policy

- **Cancellation of Class:** A full refund will be mailed to all registered participants if a program is cancelled by the Recreation Department.
- **Voluntary Withdrawal:** A refund may be requested prior to the registration deadline or before the first day of class by submitting a "Refund Request" form.
- **Withdrawal After Class Start Date:** A refund may be requested by completing a "Refund Request" form prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.
- **NO refund requests will be accepted after the second class meeting.**
- **A \$2 processing fee will be charged to all refunds.**
- **Allow 4-6 weeks for a refund check.**
- **NO refunds for swim lessons or aquatic classes.**

3 EASY WAYS TO REGISTER

1. WALK-IN

- Walk-in registration is accepted at the Recreation counter at Town Hall only.
- Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.
- Payment can be made by cash, check, debit or credit card (Discover, VISA, or MasterCard).

2. MAIL-IN

- Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).
- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you. Mail completed form and a check to:

Town of Apple Valley Park and Recreation Department
14955 Dale Evans Parkway
Apple Valley, CA 92307

3. DROP BOX

- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.
- Drop completed form and payment by check in drop box located at:

James Woody Community Center, 13467 Navajo Road
(in the first alcove at the front of the Community Center)
OR
Town Hall, 14955 Dale Evans Parkway
(at the front of Town Hall)
OR
Civic Center Park Aquatic Center, 14999 Dale Evans Parkway
(located inside at the front desk)

TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

PLEASE PRINT CLEARLY - **Do not use for Day Camp, ASAP or any sports programs. Additional paperwork required.**

Payee Information: _____ Home Phone: _____
First & Last Name _____ Cell Phone: _____
Address: _____ City: _____ Zip: _____

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee	Total Amount

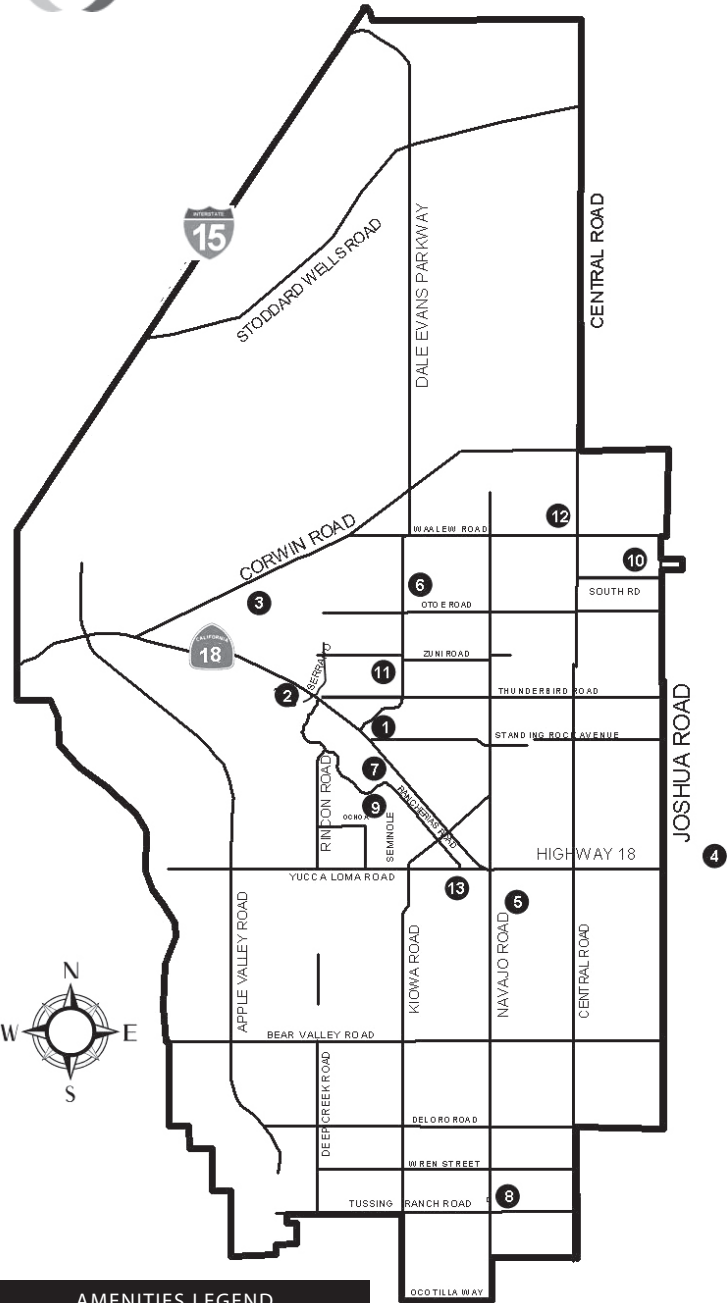
Release of Liability

I, the undersigned, understand the following: I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

Signature _____ Date _____



APPLE VALLEY Facilities & Parks



Apple Valley Conference Center 14975 Dale Evans Parkway	1
Apple Valley Golf Course 15200 Rancherias Road	2
Civic Center Park & Aquatic Center 14999 Dale Evans Parkway	1
Corwin Park 18577 Corwin Road	3
Horsemen's Center 24320 Highway 18	4
James Woody Community Center 13467 Navajo Road	5
Lenny Brewster Sports Center 21024 Otoe Road	6
Lion's Park S. Outer Hwy 18 east of Dale Evans	7
Mendel Park 21860 Tussing Ranch Road	8
Norm Schmidt Park 14053 Tuweep Trail	9
Sycamore Rocks Park 23450 South Road	10
Thunderbird Park 20700 Wichita Road	11
Town Hall Recreation Center 14955 Dale Evans Parkway	1
Virginia Park 17242 Central Road	12
Yucca Loma Park 21351 Yucca Loma Road	13

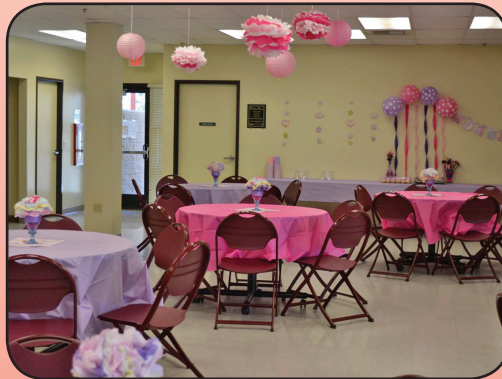
AMENITIES LEGEND			
	Activity Room(s)		Kitchen
	Audio/Visual System		Meeting Room(s)
	Ballfields		Outdoor Basketball Courts
	BBQ		Picnic Shelters
	BMX track		Picnic Tables
	Camping		Playground
	Dog Park		Pool
	Fitness Stations		Restrooms
	Golf Course		Restrooms (Portable)
	Gymnasium		Skate Park
	Horse Arenas		Stage/Amphitheater
	Horseshoe Pits		Tennis

For Your Special Day



The Town of Apple Valley offers several venues that are available to rent for your next memorable gathering. From wedding receptions and bridal showers to meetings and corporate events, the Town of Apple Valley has just the place for you. Please contact our Recreation Department to schedule a tour of our facilities.

Rooms to accommodate up to 300 guests



Catering & Full Kitchens

Audio Visual System



Chairs & Tables included

Rose Garden



Customizable Hours



For more information please call the Recreation Department at (760) 240-7880



MOVIES IN THE PARK



Friday, May 27
The Good Dinosaur

Friday, July 22
Honey I Shrunk the Kids

Friday, September 2
Star Wars: The Force Awakens

Free to the public
 Movie starts at sunset.
 See page 25 for more information.

Spend your Summer with Apple Valley Recreation

Camps

- Movie & Film Works
- Drawing & Painting
- Basketball
- Day Camp
- Gymnastics
- Legos

Events

- Movies in the park
- National Night Out
- Vantastic Rec Van
- AV Idol

Aquatics

- Open Swim
- Swim Lessons
- Aerobic Classes
- Pool Parties

Parks Make Life Better!

Call for more information
 760-240-7880

Cardboard Boat Regatta



Saturday July 23



\$15 per team

See page 9 for more information!