

Fall Recreation Guide



AVrecreation.org

See inside for
Classes . Sports . Aquatics . Events and more

Fall 2017

Recreation Activities Guide

TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

TOWN COUNCIL

Scott Nassif	Mayor
Art Bishop	Mayor Pro Tem
Larry Cusack	Council Member
Curt Emick	Council Member
Barb Stanton	Council Member

Meets the 2nd & 4th Tuesday of every month at 6:30 pm in the Town Council Chambers

PARKS AND RECREATION COMMISSION

Donald Tatera	Chairman
Valerie Smith	Vice - Chair
Richard Cambridge	Commissioner
Patrick Doran	Commissioner
Melissa Moon	Commissioner

The Commission meets the 1st Thursday of every other month at 6 pm in the Town Council Chambers. Call (760) 240-7000 ext 7885 for meeting dates.

PARKS AND RECREATION STAFF

Ralph Wright	Parks & Rec Manager
Debbie Rivera	Admin Secretary
Lena Quinonez	Rec Supervisor
Andy Shoup	Rec Supervisor
Elizabeth Fratt	Rec Assistant
Jonathan Settle	Rec Assistant
Tashina Miniszewski	Sr Office Asst
Jessica Hall	Office Asst

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Office Hours

Located at Town Hall
14955 Dale Evans Parkway
(760) 240-7880

Monday - Thursday
7:30 am - 5:30 pm
Alternating Fridays
7:30 am - 4:30 pm

HOLIDAY CLOSURES
9/4, 10/9, 11/10, 11/23, 11/24,
12/25 - 1/1



The Recreation Department is now offering **Online Registration.** Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



The Aquatic Center will be closed on Thursday, November 23rd and again from Sunday, December 24th through Monday, January 1st for the holidays. We will re-open bright and early on Tuesday, January 2nd.

Lap Swim Fees

A photo is taken at the time of initial purchase.

Cost for the card is an additional \$2.

Passes are non-transferable.

Quick Cards can be purchased at the Aquatic Center. When you have a Quick Card, you can renew the card only once the pass has expired. Passes are only valid during the season in which they were purchased.



Pass Type:	May - September	October - April
Unlimited (for 1 month only)	\$68	\$75
30 visit	\$92	\$115
15 visit	\$48	\$60
5 visit	\$18	\$23
Daily	\$4	\$5



Morning Lap Swim

Civic Center Park Aquatic Center

Early morning lap swim is a great opportunity for the early bird swimmer. We set up 8 lanes according to speed levels. Schedule is subject to change.

DATES	DAY	TIME	FEE	AGES
9/1 - 12/22	M/W/F	5:30 - 9:00 am	See Fees	10 & up
9/5 - 12/23	Tu/Th/Sa	7:30 - 9:00 am	See Fees	10 & up

Lunchtime Lap Swim

Civic Center Park Aquatic Center

Join us on your lunch break during the warmest part of the day. A nice refreshing swim is sure to brighten up your day. We set up 8 lanes according to speed levels. Schedule is subject to change.

DATES	DAY	TIME	FEE	AGES
9/1 - 12/22	M/W/F	12:00 - 1:30 pm	See Fees	10 & up

Water Aerobics

Civic Center Park Aquatic Center

Come enjoy a high-energy, low-impact workout that strengthens and tones from head to toe! Most land exercises can be done effectively in water, with the added benefit of support and resistance. We'll lunge, jump, jog, crunch, kick, twist and dance to great music in the pool. **No class 11/23.**

Instructor: Liz Fratt & Ciera Berger

\$35/month for 3 days/week

\$45/month for 5 days/week

Try one class for just \$6

DATES	DAY	TIME	FEE	AGES
9/1 - 9/29	Mon - Fri	8:00 - 9:00 am	\$35/\$45	16 & up
10/2 - 10/31	Mon - Fri	8:00 - 9:00 am	\$35/\$45	16 & up
11/1 - 11/30	Mon - Fri	8:00 - 9:00 am	\$35/\$45	16 & up
12/1 - 12/22	Mon - Fri	8:00 - 9:00 am	\$35/\$45	16 & up

Apple Valley Swim Club

Civic Center Park Aquatic Center

Apple Valley Swim Club is a recreational swim club that focuses on developing inexperienced swimmers into strong, confident athletes. Ages 5 - 17 will be grouped based on skill level and will have workouts tailored to their needs; eventually leading them to our advanced level. The advanced level encourages competition against each other, in High School swimming or USA Swimming! **No class 11/23.**

Beginning \$45	Intermediate \$55	Advanced \$65
3 days/week	4 days/week	5 days/week

DATES	DAY	TIME	FEE	AGES
9/1 - 9/29	Mon - Fri	5:30 - 6:30 pm	See Above	5 - 17
10/2 - 10/31	Mon - Fri	5:30 - 6:30 pm	See Above	5 - 17
11/1 - 11/30	Mon - Fri	5:30 - 6:30 pm	See Above	5 - 17
12/1 - 12/22	Mon - Fri	5:30 - 6:30 pm	See Above	5 - 17

Private Swim Lessons

Enjoy one-on-one instruction with one of our fantastic swim instructors. Our staff will work with participants to gain complete independence in the pool as well as develop and refine advanced skills. No matter what skill you are looking to learn, we will make sure you are successful! Lessons are offered in 30 minute increments, Monday - Friday or Mon/Wed/Fri for 2 weeks.

Cost:

Monday - Friday (5 hours) \$100/person

Mon/Wed/Fri (3 hours) \$75/person

Semi-Private Swim Lessons

Just like with our Private Swim lessons, these lessons are individualized to meet your specific needs; however, during these lessons you can bring some friends! Semi-Private lessons can hold up to four participants, all of whom must know each other and register at the same time. In order to receive maximum benefit, all swimmers need to be close in skill level.

Cost:

Monday - Friday (5 hours) \$62/2 children

\$57/3 children

\$52/4 children

Mon/Wed/Fri (3 hours)

\$43/2 children

\$40/3 children

\$36/4 children



Beginning Acting Class

James Woody Community Center Auditorium

If you have ever wanted to be a in a play, here's your chance! Join us as we learn stage directions/fundamentals, characterization and play acting games. This is a 5 month rehearsal class with a performance. **A one time fee of \$40 for materials is due, in cash, on the first day of class.**

Instructor: Melanie Myers

DATES	DAY	TIME	FEE	AGES
9/6 - 9/27	Wed	4:30 - 5:45 pm	\$37	10 - 12
10/4 - 10/28	Wed	4:30 - 5:45 pm	\$37	10 - 12
11/1 - 11/29	Wed	4:30 - 5:45 pm	\$37	10 - 12
12/6 - 12/20	Wed	4:30 - 5:45 pm	\$37	10 - 12



Advanced Acting Class

James Woody Community Center Auditorium

If you have always dreamed of Broadway, then join us as we rehearse a full length musical! You will audition, rehearse and learn proper singing and dancing techniques as well as stage fundamentals and characterization. This is a 7 month rehearsal class with a performance. **A one time fee of \$40 for materials is due, in cash, on the first day of class.**

Instructor: Melanie Myers

DATES	DAY	TIME	FEE	AGES
9/6 - 9/27	Wed	5:45 - 7:00 pm	\$37	13 & up
10/4 - 10/28	Wed	5:45 - 7:00 pm	\$37	13 & up
11/1 - 11/29	Wed	5:45 - 7:00 pm	\$37	13 & up
12/6 - 12/20	Wed	5:45 - 7:00 pm	\$37	13 & up



Guitar Lessons

Town Hall Recreation Center

Learn how to play the guitar with no prior experience needed. Basic chords, strumming and scales will be covered for those who are just starting. Intermediate and advanced guitarists can also enjoy lessons focused on technique and theory. **No class 10/9.**

Instructor: Neil Allen Garcia

DATES	DAY	TIME	FEE	AGES
9/4 - 9/25	Mon	5:45 - 6:45 pm	\$58	8 & up
10/2 - 10/30	Mon	5:45 - 6:45 pm	\$58	8 & up
11/6 - 11/27	Mon	5:45 - 6:45 pm	\$58	8 & up
12/4 - 12/18	Mon	5:45 - 6:45 pm	\$42.64	8 & up



The Recreation Department is now offering **Online Registration.**

Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



NOW HIRING!!

*Independent Contractors as
Instructors for Recreation Classes*

This is a perfect opportunity to teach your favorite skill or activity to others in the community. Turn your hobby into cash in your pocket! If you have the skill, knowledge, experience and desire to earn as you help others learn, contact the Town of Apple Valley Recreation Department to become an independent contract class instructor.

WHAT WE PROVIDE:

- * Communication of your knowledge and proficiency.
- * Promotion of your class in the *Better Way to Play* recreation brochure.
- * We handle all class registration and promotional materials.
- * Contact Lena Quinonez at (760) 240-7000, ext 7883

TIME COMMITMENT:

- * 1 - 2 hours weekly per class

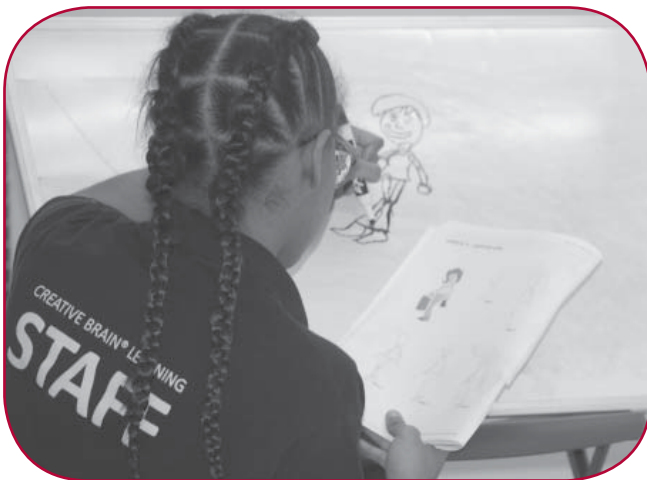


Intro to Cartooning

Apple Valley Conference Center

In this unique 6-week class, you will learn the secrets of cartoon drawing and create your very own story. Students will learn to draw characters and other elements to create their own story ideas and turn them into actual cartoons. **\$20 materials fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
9/18 - 10/30	Mon	3:30 - 4:20 pm	\$66	8 - 15



Intro to Anime

Apple Valley Conference Center

Are you a fan of Anime? If so, this class is for you! Anime is the Japanese style of animation that is known for its colorful graphics and vibrant and expressive characters set in a fantasy world. Explore Anime drawing in simple steps and develop your own Anime characters and stories in this 6-week course. **\$20 materials fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
9/18 - 10/30	Mon	4:30 - 5:20 pm	\$66	8 - 15

Video Game Design

Apple Valley Conference Center

You play them, now learn how to develop them. Working in teams, students will create and design their own video games that they can take home and play. Computers are provided for classroom use. **\$20 materials fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
9/18 - 10/30	Mon	5:30 - 6:20 pm	\$66	8 - 15

After School Activities Program Fun Factory

\$42/weekly registration call (760) 240-7880 for details!

We serve the following schools

Academy for Academic Excellence
K - 5th Grade

Rio Vista Elementary School
K - 5th Grade

Sitting Bull Academy
K - 8th Grade

Vanguard Preparatory School
K - 8th Grade

Sycamore Rocks Elementary School
K - 5th Grade



Our program offers

Homework Club

Dance & Music

Cooking

Arts & Crafts

Afternoon Snack

Program is often filled to capacity. Please call 760-240-7880 to see if space is available.



Day Camp

Grades K - 5

Town Hall Recreation Center

Does your child have a TON of energy? Looking for a fun safe place to keep them entertained, healthy and engaged? Our Staff are ready to show them a good time. Activities include games, crafts, free time, outdoor play and light cooking.

DATES	DAY	TIME
Fall Prices: \$100/full time, \$53/half days, \$61/3 days		
10/9 - 10/13	Mon - Fri	7:00 am - 6:15 pm
Winter Prices: \$80/full time, \$53/half days, \$61/3 days		
12/26 - 12/29	Tu - Fri	7:00 am - 6:15 pm
1/2 - 1/5	Tu - Fri	7:00 am - 6:15 pm

Little Tigers Tae Kwon Do

James Woody Community Center Mini-Gym

Students will learn balance, flexibility and Tae Kwon Do techniques that will teach them courage, confidence and courtesy. **Optional \$45 fee for uniform.**

Instructor: Nate Elliott

DATES	DAY	TIME	FEE	AGES
9/6 - 9/27	M/W	5:00 - 5:30 pm	\$39.85	4.5 - 7
10/2 - 10/30	M/W	5:00 - 5:30 pm	\$45	4.5 - 7
11/6 - 11/29	M/W	5:00 - 5:30 pm	\$45	4.5 - 7
12/4 - 12/20	M/W	5:00 - 5:30 pm	\$34.70	4.5 - 7



Tae Kwon Do

James Woody Community Center Mini-Gym

Any martial art form requires self-discipline and determination. Tae Kwon Do offers a variety of movements, patterns, strikes, kicks and punches that keep the mind stimulated and the body strong. Learning to control your movements, perfect your forms and memorize patterns takes concentration and focus. Come have fun and learn. **Optional \$45 fee for uniform.**

Instructor: Nate Elliott

DATES	DAY	TIME	FEE	AGES
9/6 - 9/27	M/W	5:45 - 6:45 pm	\$57.35	7 & up
10/2 - 10/30	M/W	5:45 - 6:45 pm	\$65	7 & up
11/6 - 11/29	M/W	5:45 - 6:45 pm	\$65	7 & up
12/4 - 12/20	M/W	5:45 - 6:45 pm	\$49.70	7 & up

Tai Chi

James Woody Community Center Arts & Crafts Room

Learn to increase your level of energy through fluid movements, breath work and inner focus. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments and muscles. Tai Chi also increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability. This is a priority registration class. See page 13 for more information. **No class 11/24.**

Instructor: Chris Urmston

\$35/2 classes a week/month

\$45/3 classes a week/month

DATES	DAY	TIME	FEE	AGES
9/4 - 9/29	M/W/F	11:00 am - 12:00 pm	\$35/\$45	14 & up
10/2 - 10/30	M/W/F	11:00 am - 12:00 pm	\$35/\$45	14 & up
11/1 - 11/29	M/W/F	11:00 am - 12:00 pm	\$35/\$45	14 & up
12/1 - 12/22	M/W/F	11:00 am - 12:00 pm	\$25.39 \$38.14	14 & up

Yoga Fit

Apple Valley Conference Center

Change is Good! Check out this non-competitive, classical Yoga practice with both powerful and relaxing asana. Moving through power poses, sustained balance, core work, posture and active transitional flows. Have fun and connect with your gift of breath and being while improving your strength and self awareness. Mat required. This is a priority registration class. See page 13 for more information. **No class 10/9 & 12/13.**

Instructor: Mary Anne Carroll

DATES	DAY	TIME	FEE	AGES
9/6 - 9/27	M/W	5:30 - 6:30 pm	\$28.25	14 & up
10/2 - 10/30	M/W	5:30 - 6:30 pm	\$32	14 & up
11/1 - 11/29	M/W	5:30 - 6:30 pm	\$32	14 & up
12/4 - 12/20	M/W	5:30 - 6:30 pm	\$20.75	14 & up



Zumba®

Town Hall Recreation Center

Zumba Fitness is "Exercise" in disguise. Latin and World rhythms along with easy to follow moves will give you a total body workout. Not just a workout but an experience. It will strengthen you physically, uplift you emotionally, and lighten you mentally. Zero Frustration, 100% Fun and Effective. Let it move you! 10/10 & 10/12 class will be held at the Conference Center North Room. **No class 11/23, 12/14.**

Instructor: Jayne Raither-Faytol, Zumba instructor since 2004!

Try 1 class for only \$6

\$21/1 class a week/month • \$31/2 classes a week/month

DATES	DAY	TIME	FEE	AGES
9/5 - 9/28	Tu/Th	5:30 - 6:30 pm	\$21/\$31	13 & up
10/3 - 10/26	Tu/Th	5:30 - 6:30 pm	\$21/\$31	13 & up
10/31 - 11/30	Tu/Th	5:30 - 6:30 pm	\$21/\$31	13 & up
12/5 - 12/21	Tu/Th	5:30 - 6:30 pm	\$16.25/\$20.13	13 & up

Jump to it with Meanna

James Woody Community Center Mini-Gym

Come join Meanna of Thickness Fitness on Tuesday evenings for a high energy, trampoline-based workout. Jump To It makes it easy to forget you're actually exercising. Can't wait to see you there!

Instructor: Meanna Kintaudi

DATES	DAY	TIME	FEE	AGES
9/12 - 10/3	Tue	6:00 - 7:00 pm	\$35	All Ages
10/10 - 10/31	Tue	6:00 - 7:00 pm	\$35	All Ages
11/7 - 11/28	Tue	6:00 - 7:00 pm	\$35	All Ages
12/5 - 12/19	Tue	6:00 - 7:00 pm	\$27.20	All Ages



Intro to Indoor Rock Climbing

The Bullet Hole,

15315 Cholame Rd, VV 92392

Introduction to rock climbing. Learn about the gear, the knots and the basic movements of rock climbing. In addition to climbing during each session, participants will do basic calisthenics involving push-ups, sit-ups, squats and lunges to improve strength and endurance and stretching to improve flexibility. Rock climbing is a fun way to exercise!

No class 11/23.

Instructor: Craig Buchanan

DATES	DAY	TIME	FEE	AGES
9/5 - 9/28	Tu/Th	5:30 - 6:30 pm	\$50	5 & up
10/3 - 10/31	Tu/Th	5:30 - 6:30 pm	\$50	5 & up
11/2 - 11/30	Tu/Th	5:30 - 6:30 pm	\$50	5 & up
12/5 - 12/21	Tu/Th	5:30 - 6:30 pm	\$38	5 & up

Intro to Kickboxing

The Bullet Hole

15315 Cholame Rd, VV 92392

Learn the proper kickboxing stance, basic punches and kicks. Kickboxing training sessions incorporate endurance exercises such as jump rope, heavy bag, speed bag and double-end bag work, as well as one-on-one focus mitts. Kickboxing improves hand/eye coordination, focus, self-confidence and one's ability to protect oneself - and it is a fun way to exercise!

As needed \$10 fee for hand wraps. No class 10/9.

Instructor: Craig Buchannan

DATES	DAY	TIME	FEE	AGES
9/6 - 9/27	M/W	5:30 - 6:30 pm	\$57.13	5 & up
10/2 - 10/30	M/W	5:30 - 6:30 pm	\$65	5 & up
11/1 - 11/29	M/W	5:30 - 6:30 pm	\$65	5 & up
12/4 - 12/20	M/W	5:30 - 6:30 pm	\$49.25	5 & up

Gymnastics & Dance

Baton Twirling

James Woody Community Center Auditorium

March in the Disneyland parade, and perform at Knott's Berry Farm too! Learn to march, dance, and twirl the baton, while focusing on coordination and self-discipline. **No class 11/23.**
Instructor: Shari Taylor

DATES	DAY	TIME	FEE	AGES
9/7 - 9/28	Th	6:10 - 6:55 pm	\$32	6 - 13
10/5 - 10/26	Th	6:10 - 6:55 pm	\$32	6 - 13
11/2 - 11/30	Th	6:10 - 6:55 pm	\$32	6 - 13
12/7 - 12/21	Th	6:10 - 6:55 pm	\$24.95	6 - 13



Mommy & Me Belly Dancing

James Woody Community Center Arts & Crafts Room

Learn to shimmy, shake and discover a deeper appreciation for your body. Belly dance is a fantastic workout and is open to women of all shapes and sizes. Strengthen core muscles and burn calories while learning graceful new dance moves. Children may dance with parent/guardian or play to the side. Choreographies will be taught each month that can be performed with your child. **No class 9/4, 9/11 & 10/9.**
Instructor: April Vincent

\$30/ 1 child \$35/ 2 children \$40/3 children

DATES	DAY	TIME	FEE	AGES
9/18 - 9/25	Mon	5:45 - 6:30 pm	\$16.91	All Ages
10/2 - 10/30	Mon	5:45 - 6:30 pm	\$30	All Ages
11/6 - 11/27	Mon	5:45 - 6:30 pm	\$30	All Ages
12/4 - 12/18	Mon	5:45 - 6:30 pm	\$23.45	All Ages

Belly Dancing

James Woody Community Center Arts & Crafts Room

Let's Belly Dance! Learn belly dance techniques and Folk Styling for fun and fitness. Class will consist of Egyptian techniques accompanied by authentic music with cultural context.

No class 11/22. No class in December.

Instructor: Christina Silva

DATES	DAY	TIME	FEE	AGES
9/6 - 9/27	Wed	7:00 - 8:00 pm	\$35	18 & up
10/4 - 10/25	Wed	7:00 - 8:00 pm	\$35	18 & up
11/1 - 11/29	Wed	7:00 - 8:00 pm	\$35	18 & up

Pom Pom

James Woody Community Center Auditorium

Learn how to move with the music with Pom Poms. If you are over 6 years old you can even march in the Disneyland parade. Come make friends and have fun! Pom poms can be purchased from the instructor for \$20. **No class 11/23.**

Instructor: Shari Taylor

DATES	DAY	TIME	FEE	AGES
9/7 - 9/28	Th	7:00 - 7:50 pm	\$32	6 - 13
10/5 - 10/26	Th	7:00 - 7:50 pm	\$32	6 - 13
11/2 - 11/30	Th	7:00 - 7:50 pm	\$32	6 - 13
12/7 - 12/21	Th	7:00 - 7:50 pm	\$24.95	6 - 13

Healthy Apple Valley is proud to be a collection site for used eye glasses. Drop your used eye glasses off at the Recreation Counter anytime of the year. All used eye glasses are donated to the Gift of Sight program through the Lions Club.



Gymnastics & Dance

360 Gymnastics

360 Freestyle Gymnastics Academy provides a safe, fun and healthy experience for our gymnasts. It is our philosophy that gymnastics can be for everyone and most of all...it's fun! We stress a positive learning experience and provide high quality instruction in an atmosphere that promotes positive self-esteem and encourages the "habit" of physical fitness for life. Register in advance at Town Hall. **A \$40 annual registration fee is due on the first day of class and paid directly to 360 Gymnastics, in cash.**

* 22355 Powhatan Road, Suite C-1, Apple Valley *

Baby Bears Gymnastics

Mommy and Me Gymnastics is a child/parent interactive program that stimulates your child's athletic ability.

No class 9/4, 10/9, & 11/25 .

DATES	DAY	TIME	FEE	AGES
9/11 - 9/25	Mon	3:00 - 3:30 pm	\$28.25	1.5 - 3
9/6 - 9/27	Wed	3:00 - 3:30 pm	\$37	1.5 - 3
9/2 - 9/30	Sat	10:00 - 10:30 am	\$37	1.5 - 3
10/2 - 10/30	Mon	3:00 - 3:30 pm	\$37	1.5 - 3
10/4 - 10/25	Wed	3:00 - 3:30 pm	\$37	1.5 - 3
10/7 - 10/28	Sat	10:00 - 10:30 am	\$37	1.5 - 3
11/6 - 11/27	Mon	3:00 - 3:30 pm	\$37	1.5 - 3
11/1 - 11/29	Wed	3:00 - 3:30 pm	\$37	1.5 - 3
11/4 - 11/18	Sat	10:00 - 10:30 am	\$28.25	1.5 - 3
12/4 - 12/18	Mon	3:00 - 3:30 pm	\$28.25	1.5 - 3
12/6 - 12/20	Wed	3:00 - 3:30 pm	\$28.25	1.5 - 3
12/2 - 12/23	Sat	10:00 - 10:30 am	\$37	1.5 - 3

Gym Bears Gymnastics

This class is designed to introduce young children to the fundamentals of gymnastics. Register in advance at Town Hall.

No class 9/4, 10/9 & 11/25.

DATES	DAY	TIME	FEE	AGES
9/11 - 9/25	Mon	3:30 - 4:15 pm	\$32	4 - 5
9/6 - 9/27	Wed	3:30 - 4:15 pm	\$42	4 - 5
9/2 - 9/30	Sat	10:30 - 11:15 am	\$42	4 - 5
10/2 - 10/30	Mon	3:30 - 4:15 pm	\$42	4 - 5
10/4 - 10/25	Wed	3:30 - 4:15 pm	\$42	4 - 5
10/7 - 10/28	Sat	10:30 - 11:15 am	\$42	4 - 5
11/6 - 11/27	Mon	3:30 - 4:15 pm	\$42	4 - 5
11/1 - 11/29	Wed	3:30 - 4:15 pm	\$42	4 - 5
11/4 - 11/18	Sat	10:30 - 11:15 am	\$32	4 - 5
12/4 - 12/18	Mon	3:30 - 4:15 pm	\$32	4 - 5
12/6 - 12/20	Wed	3:30 - 4:15 pm	\$32	4 - 5
12/2 - 12/23	Sat	10:30 - 11:15 am	\$42	4 - 5

Wild Bears Gymnastics

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall. **Saturday is a girls-only class.**

No class 10/31, 11/23 & 11/25.

DATES	DAY	TIME	FEE	AGES
9/5 - 9/26	Tu	4:15 - 5:30 pm	\$52	6 - 12
9/5 - 9/26	Tu	5:30 - 6:45 pm	\$52	6 - 12
9/7 - 9/28	Th	4:15 - 5:30 pm	\$52	6 - 12
9/7 - 9/28	Th	5:30 - 6:45 pm	\$52	6 - 12
9/2 - 9/30	Sat	11:30 am - 12:45 pm	\$52	6 - 12
10/3 - 10/24	Tu	4:15 - 5:30 pm	\$52	6 - 12
10/3 - 10/24	Tu	5:30 - 6:45 pm	\$52	6 - 12
10/5 - 10/26	Th	4:15 - 5:30 pm	\$52	6 - 12
10/5 - 10/26	Th	5:30 - 6:45 pm	\$52	6 - 12
10/7 - 10/28	Sat	11:30 am - 12:45 pm	\$52	6 - 12
11/7 - 11/28	Tu	4:15 - 5:30 pm	\$52	6 - 12
11/7 - 11/28	Tu	5:30 - 6:45 pm	\$52	6 - 12
11/2 - 11/30	Th	4:15 - 5:30 pm	\$52	6 - 12
11/2 - 11/30	Th	5:30 - 6:45 pm	\$52	6 - 12
11/4 - 11/18	Sat	11:30 am - 12:45 pm	\$39.50	6 - 12
12/5 - 12/19	Tu	4:15 - 5:30 pm	\$39.50	6 - 12
12/5 - 12/19	Tu	5:30 - 6:45 pm	\$39.50	6 - 12
12/7 - 12/21	Th	4:15 - 5:30 pm	\$39.50	6 - 12
12/7 - 12/21	Th	5:30 - 6:45 pm	\$39.50	6 - 12
12/2 - 12/23	Sat	11:30 am - 12:45 pm	\$52	6 - 12

Schedules for programs or classes may change. For up-to-date information please check our website.

Gymnastics & Dance



Urban Line Dancing

James Woody Community Center Arts & Crafts Room

Join the So Social Dance Crew AKA "The Socialites" at their next Urban Line Dance class. Have fun and get fit with country line dance's big city cousin. Simple, low impact moves to a wide variety of music. **No class 10/9 & 11/2.**

Instructor: T. Faye Griffin

Monday/Thursday Combo Class \$34/month

DATES	DAY	TIME	FEE	AGES
9/11 - 9/25	Mon	7:00 - 8:30 pm	\$18.95	18 & up
9/7 - 9/28	Thur	6:00 - 7:30 pm	\$24	18 & up
10/2 - 10/30	Mon	7:00 - 8:30 pm	\$24	18 & up
10/5 - 10/26	Thur	6:00 - 7:30 pm	\$24	18 & up
11/6 - 11/27	Mon	7:00 - 8:30 pm	\$24	18 & up
11/9 - 11/30	Thur	6:00 - 7:30 pm	\$24	18 & up
12/4 - 12/18	Mon	7:00 - 8:30 pm	\$18.95	18 & up
12/7 - 12/21	Thur	6:00 - 7:30 pm	\$18.95	18 & up

Intro to Tap and Ballet

James Woody Community Center Arts & Crafts Room

Students will learn the fundamentals of both tap and ballet. They will strengthen their core and gain balance, flexibility, learn musicality, timing and body awareness.

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
9/5 - 9/26	Tu	6:10 - 7:00 pm	\$35	5 - 7
10/3 - 10/24	Tu	6:10 - 7:00 pm	\$35	5 - 7
11/7 - 11/28	Tu	6:10 - 7:00 pm	\$35	5 - 7
12/5 - 12/19	Tu	6:10 - 7:00 pm	\$27.20	5 - 7

Tiny Tot Tap & Ballet

James Woody Community Center Arts & Crafts Room

Students will learn cooperation, coordination, body awareness, attention, memory, terminology, teamwork, listening skills, flexibility, strength, control and much more. Dance is a fun activity that allows students to gain an appreciation for the arts while exercising. This is a priority registration class. See page 13 for more information.

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
9/5 - 9/26	Tu	5:15 - 6:00 pm	\$35	2.5 - 4
10/3 - 10/24	Tu	5:15 - 6:00 pm	\$35	2.5 - 4
11/7 - 11/28	Tu	5:15 - 6:00 pm	\$35	2.5 - 4
12/5 - 12/19	Tu	5:15 - 6:00 pm	\$27.20	2.5 - 4

Intro to Tumbling

James Woody Community Center Mini-Gym

This course is designed to push students to gain new tumbling skills. They will gain strength, control, stamina and flexibility throughout the class. Each week they will work on perfecting their skills and strive to achieve harder ones. It is also a great form of exercise.

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
9/5 - 9/26	Tu	4:10 - 5:00 pm	\$35	5 - 15
10/3 - 10/24	Tu	4:10 - 5:00 pm	\$35	5 - 15
11/7 - 11/28	Tu	4:10 - 5:00 pm	\$35	5 - 15
12/5 - 12/19	Tu	4:10 - 5:00 pm	\$27.20	5 - 15

Healthy Apple Valley Mission



Healthy Apple Valley is a coalition consisting of representatives from public and private entities and businesses as well as residents within the community. This coalition supports the Healthy Apple Valley mission of improving the health and well-being of our residents through the promotion of healthy eating, education, cooking programs and physical activity.

Working For A Healthier Community

Healthy Apple Valley's THREE core components:

1. Eat Smart
2. Be Active
3. Live Better

www.AVRecreation.org
HealthyAV@applevalley.org
 760-240-7880

High Desert Dance Day

James Woody Community Center Auditorium

Put on your dancing shoes and come on down for a fun-filled, FREE family event celebrating the art of dance. Witness a variety of exciting dance performances featuring dancers from all over the High Desert and beyond! Learn some new moves of your own with beginner friendly mini-lessons with soulful music from Motown to Mozart. Yummy food from Orale Tacos will be available for purchase.

Join host and Urban Line Dance instructor T. Faye Griffin as she get's you movin' and the party groovin'!

This is a dance event you dont want to miss!

DATES	DAY	TIME	FEE	AGES
9/9	Sat	3:00 - 5:00 pm	FREE	All Ages



Inner Yoga

James Woody Community Center Arts & Crafts Room

Inner Yoga is an active form of meditation which blends Western ideologies, such as the power of thought and intention, with the Eastern philosophies of meditation and mindfulness. This course teaches students how to move through emotional discomfort, stress and pain in a safe and non-judgmental environment. Through a combination of pain management breathing exercises and creative visualizations, students learn how to take full responsibility for their health and well-being. By the end of this course, students will have acquired the skills to release dis-ease as well as make positive choices benefiting themselves and those around them. **No class 10/9 & 11/22.**

Instructor: Jolé Morton

DATES	DAY	TIME	FEE	AGES
9/4 - 9/27	M/W	9:30 - 10:30 am	\$48	14 & up
10/2 - 10/30	M/W	9:30 - 10:30 am	\$48	14 & up
11/1 - 11/29	M/W	9:30 - 10:30 am	\$48	14 & up
12/4 - 12/20	M/W	9:30 - 10:30 am	\$36.95	14 & up

Living Well with Diabetes

**Our Lady of the Desert Church Ministry Building
 18350 Highway 18, Apple Valley**

Receive health education on diabetes, diabetes and pregnancy, nutrition, heart health and wound care. We will be offering a healthy cooking demonstration, community resources, health screenings and flu shots. Call 760-946-5932 for more information.

DATES	DAY	TIME	FEE	AGES
11/4	Sat	9:00 am - 3:00 pm	FREE	All Ages

Don't forget about the
Annual Hafa!
 Our Winter Dance Party
 January 27, 2018
 Starts at 5:30 pm

Apple Valley Municipal Animal Shelter



The Town of Apple Valley's Animal Services Department consists of field and shelter staff that work together to protect public safety and provide humane animal care through sheltering, pet placement programs, education and law enforcement.

Our philosophy is to promote responsible pet ownership, compassion toward animals and safe human-animal interactions. We celebrate partnerships with various individuals and rescue organizations that allow us to increase placement of adoptable animals into permanent loving homes. Working together, we all can provide a "Better Way of Life" for the animals in our care - four paws at a time.



22131 Powhatan Road
 Apple Valley, CA 92308
 (760) 240-7000 x 7555

Tuesday - Saturday (9:00 am to 4:00 pm)
 Closed Sunday, Monday and Designated Holidays

After-Hours Emergency (760) 961-6001

Junior Pet Keeper Fall Camp

Apple Valley Animal Shelter

Spend your Fall break learning about animals as a Junior Pet Keeper at the Town of Apple Valley Municipal Animal Shelter Fall Camp! Live animal encounters, basic animal responsibility, pet health care, fun and games, arts and crafts. Register at Animal Shelter.

****Must bring your own sack lunch****

DATES	DAY	TIME	FEE	AGES
10/10 - 10/14	Tue - Sat	All Day	\$65	10 - 18

Paws n' Claws

Civic Center Park

Join the Town of Apple Valley Animal Services Department at the 12th Annual Paws n' Claws Pet Fair. As before there will be a kids' area, vendors, food, low-cost vaccine clinic, microchipping, pet adoptions and more! Back again is the Animal Art Contest where artists of all ages can show off their skills while benefitting shelter animals. Well-mannered pets are welcome to attend with their families. Additional event details, including art contest information, can be found at avanimals.org.

DATES	DAY	TIME	FEE	AGES
10/21	Sat	10:00 am - 3:00 pm	FREE	All Ages

Pet Vaccination Clinic

Apple Valley Animal Shelter

To help maintain the health and safety of our pets, all dogs four months of age or older must have their rabies vaccination and a current license in the Town of Apple Valley. To help residents meet this requirement the Animal Services Department is holding a low-cost vaccination clinic. Rabies shots are \$6 each. Other vaccinations are available at a reduced price. Cash only. Dog licensing and microchip services are available the same day. Clinic for October will be at the Paws n' Claws Pet Fair at Civic Center Park. For more information please call (760) 240-7000 ext 7555 or visit AppleValley.org.

DATES	DAY	TIME	FEE	AGES
10/21	Sat	10:00 am - 3:00 pm	See Above	All Ages
12/6	Wed	5:00 - 7:00 pm	See Above	All Ages

Jacquie's Busy Bees

Town Hall Recreation Center



Looking to give your child a head start to Kindergarten? Check out our new parent participation preschool class! Ms. Jacquie has been working with children for over 20 years, her goal is to bring joy and excitement to the classroom. This new early childhood development class will focus on the importance of sharing, playing with others, education and individual development. Parents are requested to volunteer twice a month. Please bring a healthy snack and wear closed toed shoes. **There is a \$20 materials fee due in cash to the instructor on the first day of class.** Children must be potty trained, sorry no pullups. **No class 9/4, 10/9 & 11/24**

Instructor: Jacqueline Belikoff

DATES	DAY	TIME	FEE	AGES
8/2 - 8/28	M/W/F	8:30 - 10:30 am	\$90	3 - 4.5
9/1 - 9/29	M/W/F	8:30 - 10:30 am	\$90	3 - 4.5
10/2 - 10/30	M/W/F	8:30 - 10:30 am	\$90	3 - 4.5
11/1 - 11/29	M/W/F	8:30 - 10:30 am	\$90	3 - 4.5
12/1 - 12/22	M/W/F	8:30 - 10:30 am	\$75.64	3 - 4.5



Ms Olivia's Pre-K/TK Parent Participation Group

This popular enrichment program for tiny tots is aimed at encouraging intellectual, physical and social growth for a positive transition into kindergarten. Classes are taught by Ms. Olivia Ayala who has over 25 years of hands-on experience. Classes follow the AVUSD calendar. **An annual \$25 registration fee is due, in cash, on the first day of class and paid to the instructor.** Call Olivia at (760) 240-1159 for more information. Please bring a healthy snack and wear closed-toed shoes. This is a priority registration class. See below for more information.

No class 10/10 - 10/12, 11/22 - 11/23 & 11/30.

Instructor: Olivia Ayala

James Woody Community Center Auditorium

- * Class provides an opportunity for children to separate from their parents.
- * Introduction to sharing and cooperative play.
- * Introduction to early learning: colors, shapes, counting and alphabet.
- * Program progresses as child progresses in a developmentally appropriate environment.
- * Emphasis on letter recognition, math concepts and kindergarten readiness.
- * Learn to follow directions, improve language skills and social growth.



Priority Registration

Many of our on-going classes frequently meet their maximum capacity. In order to ensure currently enrolled students get an opportunity to re-register, we provide a "Priority Registration" window. This window gives currently enrolled students until the 15th to register for the following month. Beginning on the 16th, enrollment for the remaining spots will be first-come first-served.

DATES	DAY	TIME	FEE	AGES
9/5 - 9/28	Tu/W/Th	8:30 - 11:00 am	\$100	3.9 - 5
10/3 - 10/26	Tu/W/Th	8:30 - 11:00 am	\$75.95	3.9 - 5
10/31 - 11/16	Tu/W/Th	8:30 - 11:00 am	\$75.95	3.9 - 5
11/28 - 12/21	Tu/W/Th	8:30 - 11:00 am	\$100	3.9 - 5

Special Events

Concerts in The Courtyard

Apple Valley Commons Courtyard

Enjoy local bands in an intimate setting at the Courtyard at Apple Valley Commons. This outdoor patio is located next to Round Table Pizza as well as several other eateries. Bring your friends, grab some food, and enjoy music under the stars! It fills up fast, so bring your own chairs. Concerts are every Thursday in September. Call (760) 240-7000 ext 7071 for more information or visit AppleValleyEvents.org.

DATES	TIME	FEE	AGES
Every Thursday in Sept	6:00 - 8:00 pm	FREE	All

Movies in the Park

Civic Center Park

Enjoy a one-of-a-kind experience that offers everyone the opportunity to sit back, relax and enjoy a movie under the stars. Seating is available 1 hour prior to sunset. Movie will be **Beauty and the Beast (PG)**. Event may be cancelled due to weather.

DATES	DAY	TIME	FEE	AGES
9/1	Fri	Sunset	FREE	All



The Recreation Department is now offering **Online Registration.** Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Beginner's Guide to Getting Published

Town Hall Recreation Center

If your goal is to become a published freelance writer by selling a magazine article, short story, poem or even a novel to a traditional publisher, this comprehensive workshop is the place for you.

- Become a published writer overnight
- Submit manuscripts the correct way
- Find the right publisher for your work
- Write irresistible query letters
- 100 ways to make money as a freelance writer
- Obtain FREE future Q&A opportunities
- **One time \$20 material fee is due to the instructor at the class**

Instructor: LeeAnne Krusemark

DATES	DAY	TIME	FEE	AGES
9/11	Mon	7:00 - 9:00 pm	\$34	18 - 88

Explore 50 Different Self Publishing Options

Town Hall Recreation Center

Self Publishing is all the rage, but is it the best option for YOU? And, can you do both? You will discover the pros and cons of all the self publishing options, including print-on-demand and e-book publishing, as well as the Amazon option of Create Sapce. You will leave with a rated description of 50 self publishing companies. **A mandatory \$10 material fee is payable to instructor at the door.**

Must take Beginners Guide to Getting Published before taking this class. You may take both classes on the same day.

Instructor: LeeAnne Krusemark

DATES	DAY	TIME	FEE	AGES
9/11	Mon	9:00 - 10:00 pm	\$21	18 - 88

Community Clean Up Day

Check in at Town Hall @ 8:30 am
14955 Dale Evans Parkway

Take pride in your Town and contribute to "A Better Way of Life." Join nearly 1,000 local volunteers as we clean streets, sidewalks and vacant lots all around town. Get all the supplies you need plus lunch and an event T-shirt while supplies last. **Pre-register by 9/11.** Call (760) 240-7000 ext 7071 or visit AppleValleyEvents.org to register in advance.

DATES	DAY	TIME	FEE	AGES
9/16	Sat	9:00 am - 12:00 pm	FREE	All

Kid's Halloween Night Out

Town Hall Recreation Center

Come join our staff for a freakishly good time. All treats and no tricks at this kids Halloween night! Come dressed in your costume and get ready for a fun filled night of games, crafts and more. **Must pre-register by 10/19.**

DATES	DAY	TIME	FEE	AGES
10/27	Fri	6:00 - 9:00 pm	\$8	3 - 10

Toddler Olympics

Michael H. Martin Gym

It's the regular Toddler Olympics, but with a twist! Grab your favorite costume and come on down and enjoy a morning full of candy and games. There will be a short costume parade before the games begin! **Must pre-register by 10/19.**

DATES	DAY	TIME	FEE	AGES
10/28	Sat	9:00 - 11:00 am	\$5	3 - 5



Holiday Craft Fair

Apple Valley Conference Center

The Annual Holiday Craft Fair is like visiting 50 stores all at once! Items are 100% hand-crafted and include jewelry, wood work, fabric arts, home decor, fine art and much more. Kids can enjoy a free "make-it and take-it" craft table provided by the Teen Zone. For more information call (760) 240-7000 ext 7071 or visit AppleValleyEvents.org.

DATES	DAY	TIME	FEE	AGES
11/4 & 11/5	Sat/Sun	9:00 am - 3:00 pm	FREE	All

Kids Day Out

Town Hall Recreation Center

Parents do you need a little extra time prepping for Thanksgiving? Of course, you do! You still need to pick up the house, grocery shop and make grandmas famous pumpkin pie! How productive are you going to be with the kids home? How about sending them to us for a couple of hours of fun and some lunch? A fun day of crafts, games and eating is planned for your little one, so what are you waiting for? Come down today to register! **Must pre-register by 11/21.**

DATES	DAY	TIME	FEE	AGES
11/22	Wed	9:00 am - 12:00 pm	\$8	3 - 10

Special Events

Apple Valley's Most Talented Kid Granite Hills High School Performing Arts Center

The Town of Apple Valley wants to showcase our most talented kids! Join us for a night filled with singing, dancing, fun and old-fashioned root beer floats. Sign up deadline is 11/15. Performers must fill out an information sheet and attend a rehearsal on Wednesday, 11/29. Participants will be judged and the top 3 performers in each category will receive an award. Space is limited, so sign up soon!

DATES	DAY	TIME	FEE	AGES
12/1	Fri	6:00 - 9:00 pm	\$5/participant \$1/spectator	7 - 18



Christmas Tree Lighting

Civic Center Park

Santa is stopping by to light the Town's Christmas Tree! Warm goodies will be given away, holiday entertainment will fill the air and don't forget you can take your "selfie" with Santa. Please provide your own camera. You may take photos for a short time. For more information call (760) 240-7000 ext 7071 or visit AppleValleyEvents.org.

DATES	DAY	TIME	FEE	AGES
12/5	Tue	5:00 - 7:00 pm	FREE	All
Date and event activities subject to change				



Gingerbread House Build

Town Hall Recreation Center

Bring the sweetest kind of holiday cheer to your family this season: a handcrafted gingerbread house! Each kit comes with everything you need to make your house, but you are welcome to bring your own candy as well.

Each gingerbread house kit is \$16 for up to 4 people. Each additional person is \$4 for a maximum of 6 people per kit

Check in at 5:30 pm, Decoration starts at 6:00 pm

DATES	DAY	TIME	FEE	AGES
12/14	Thur	5:30 - 8:00 pm	See Above	All Ages

Office Closure

The Apple Valley Park & Recreation Department would like to wish you and your family a safe and happy holiday season. In the spirit of the holiday season, our offices will be closed from December 25 - January 1.

Happy Holidays

Special Use Facilities



Facilities include picnic shelters, ball fields, skate park, gymnasiums, amphitheater, campsites and horse arenas are also available to rent. Let us assist you with making your event a success! More information on all parks and facilities is available at www.AVRecreation.org (click on Parks and Facilities). Call (760) 240-7880 for availability and fees.



Apple Valley Golf Course

15200 Rancherias Road

The most storied club in the High Desert is OPEN TO THE PUBLIC. Known for having the “purest putting surfaces in Southern California,” Apple Valley Golf Course boasts a rich history and reputation for pristine golf course conditions. Amenities available for public use include an 18-hole golf course, driving range, two tennis courts, banquet and meeting rooms. Golf and tennis lessons are also available call (760) 240-7880 for more information.

Call (760) 242-3653 or visit www.applevalleygolfclub.com for more information.

Open 7 days a week!
Golf passes available!

Get fit at Mendel Park

21860 Tussing Ranch Road

A new outdoor basketball court, hopscotch, four square court and exercise stations have been installed at Mendel Park. Combined with the existing picnic structure and playground, the new amenities are a significant improvement that will allow for individuals of all ages as well as large groups to better enjoy the grounds.

These improvements, maintenance and renovations were funded with a combination of CDBG block grant funds that allow for improvements and renovations of public park space, proceeds from the Reverse Triathlon and the Heart Games as well as general fund allocations.



Fitness stations are available for use from dawn to dusk. Must be 13 and over to use the equipment. Call (760) 240-7880 for more information or to report damage to any of the equipment.

Sponsors & Volunteers

Thank You!

Teen Zone

The Town of Apple Valley Recreation Department would like to express our gratitude to the exceptional teens that have made such a difference in our programs. The following teens volunteered at least 35 hours from Jan - June, 2017. Their combined hours total more than 1,600.

Andrew Uddin	Breauna Rhoades	Carlos De Santiago
Fili De Santiago	Hope Serrano	Valerie Longman

Our sponsors and volunteers are essential to our ability to provide quality programming for our residents. The Apple Valley Park and Recreation Department would like to thank each and every one of you for your exceptional effort, caring and generosity in helping to make our recreation programs the best in the High Desert!



2017 Summer Basketball Coaches

The Town of Apple Valley Park and Recreation Department would like to thank all of our volunteer coaches for making our Summer Basketball League a success!

Alexis Fowler	Brian Webb	Craig Harris	Daryl Eaton	David Robertson	Eduardo Rivera
Gregory Harvey	Hakeem Hughes	Isaac Newman-Gomez	Jason Rae	Jim Reed	Jonathan Schmidt
Kayleb Tabor	Korrina Estrada	Matthew Alsbury	Michael Sandlin	Oscar Muro	Patrick Geisel
	Ray Gilbert	Rehema Mwangi	Theresa Cook	Tony Long	

Reverse Triathlon

Saturday, September 23, 2017

You may also register at www.avrevtri.org

Make checks payable to: Town of Apple Valley
14955 Dale Evans Parkway, Apple Valley, CA 92307 • Phone: (760) 240-7880



__Triathlon __Triathlon-Relay __5K __Kid's Triathlon

	August	September
Triathlon - Individual	\$65	\$75
Triathlon - Relay	\$110	\$120
5K	\$35	\$40
Kid's Triathlon	\$35	\$40

Name: _____ Gender: _____ DOB: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Relay Team Name: _____

Relay Team Members: _____

Age Division: 17 & Under 18 - 25 25-29 30-39 40-49 50-59 60+

Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. I understand the race is run on public streets that are not closed to vehicular traffic. I will run on the shoulder whenever possible and take all safety precautions when on the road. The Town is not responsible for participant's injuries or damages occurring from hazardous recreation activities (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities.

Participant Signature _____ Date _____

Parent Signature (if under age 18) _____ Date _____

Office Use: Date Paid _____ Amount Paid _____ CA/CK _____ Initials _____

5K Walk & 5K/10K Run
Saturday, November 18

Turkey Run

Check in at 7 a.m.
Race starts at 8 a.m.
Town Hall Recreation Center

Help the Town of Apple Valley kick off the holiday season by running in our Annual Turkey Run! Separate awards will be given to men, women and children in different age divisions. A signed liability waiver is required for all participants. FREE commemorative race T-shirts for the first 50 pre-registered, paid runners.

Pre-registration ends November 16 or when we have reached event capacity.



Official Run Entry Form

Mail to: Town of Apple Valley Recreation Department, 14955 Dale Evans Parkway, Apple Valley, CA 92307

Name _____ Gender _____ DOB _____

Address _____ City _____ Zip Code _____

Phone _____ E-mail _____

- Event:**
- 5K Run 10K Run \$19.00 pre-registration (by November 16) \$23.00 on day of race
 - 5K Walk w/medal \$10.00 (must sign liability waiver to participate)
 - 5K Walk FREE (must sign liability waiver to participate)

- Age Divisions:**
- 12 & under (5K only) 13 - 17 18 - 29 30 - 39 40 - 49 50 - 59 60 & up
- (only applies to run participants; walkers do not need to circle an age group)

- Run T-Shirt \$10:**
- Yes No

- Size (adult):**
- S M L XL

Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. I understand the race is run on public streets that are not closed to vehicular traffic. I will run on the shoulder whenever possible and take all safety precautions when on the road. The Town is not responsible for participant's injuries or damages occurring from hazardous recreation activities (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities.

Participant Signature _____ Date _____

Parent Signature (if under age 18) _____ Date _____

Office Use: Date Paid _____ Amount Paid _____ CA/CK _____ Shirt Rec'd _____ FREE Shirt _____ Initial _____

Fall Co-Ed Softball League

Lenny Brewster Sports Center

Fall league now forming! All players must be over 18 years of age. Contact the Recreation Office at (760) 240-7880 to register your team. Only 12 teams will be accepted in this league, so register early! Men must use a wooden softball bat 2 1/4" in diameter. **Registration deadline is 9/7.**

DATES	DAY	TIME	FEE	AGES
9/15 - 11/17	Fri	6:00 - 10:45 pm	\$355/team	18 & up

Adult Golf Lessons

Apple Valley Golf Course

Students will learn the basic rules and etiquette of golf as well as the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt - no jeans. Fee includes use of golf clubs and balls. Deadline to register is 1 week prior to start of each monthly class. Register at Town Hall.

Instructor: Russell Tracy

DATES	DAY	TIME	FEE	AGES
9/9 - 9/30	Sat	12:15 - 1:15 pm	\$80	18 & up
10/7 - 10/28	Sat	12:15 - 1:15 pm	\$80	18 & up
11/4 - 11/25	Sat	12:15 - 1:15 pm	\$80	18 & up

Adult Archery

Horsemen's Center

Learn basic to intermediate archery from, range safety and etiquette. Refine your archery skills in a safe, developmentally friendly environment. All equipment use is included with registration fee. **No class 10/9. No class in December**

Instructor: Rafael Hernandez

DATES	DAY	TIME	FEE	AGES
9/11 - 10/4	M/W	5:30 - 6:45 pm	\$80	18 & up
10/11 - 11/6	M/W	5:30 - 6:45 pm	\$80	18 & up
11/8 - 12/4	M/W	5:30 - 6:45 pm	\$80	18 & up

Fall Men's Adult Basketball League

Michael H. Martin Gym

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. Only 8 teams will be accepted.

No games 11/26. Registration deadline is 9/28

DATES	DAY	TIME	FEE	AGES
10/8 - 12/10	Sun	4:00 - 8:00 pm	\$365/team	18 & up

Open Gym

Schedule is subject to change and will vary depending on current league schedule.

Wednesdays	9:00 am - 12:00 pm	Pickleball
Wednesdays	6:00 - 9:00 pm	Basketball
Fridays	9:00 am - 12:00 pm	Pickleball
Fridays	6:00 - 9:00 pm	Basketball
Sundays	12:00 - 3:00 pm	Basketball

Cost: \$2/youth \$3/adult

Adults must provide valid picture I. D. Minors must have parent-signed emergency card on file. For more information, please call (760) 240-4892.

Adult Tennis Lessons

Apple Valley Golf Course Tennis Courts

Adults of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall.

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
9/9 - 9/30	Sat	10:00 - 11:00 am	\$33	18 & up
10/7 - 10/28	Sat	10:00 - 11:00 am	\$33	18 & up
11/4 - 11/25	Sat	10:00 - 11:00 am	\$33	18 & up
12/2 - 12/16	Sat	10:00 - 11:00 am	\$25.70	18 & up

Adult Softball and Basketball Officials Needed

CIF and SCMAF certification preferred.
Call (760) 240-7880 to get started

Sports - Youth

Pee Wee Tennis

Apple Valley Golf Course Tennis Courts

Small group lessons are offered for the young tennis enthusiast. Sign up today and your child will experience a challenging learning environment and will master new skills. Please bring a tennis racquet and a can of balls. Register at Town Hall.

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
9/9 - 9/30	Sat	8:00 - 8:30 am	\$33	3 - 5
10/7 - 10/28	Sat	8:00 - 8:30 am	\$33	3 - 5
11/4 - 11/25	Sat	8:00 - 8:30 am	\$33	3 - 5
12/2 - 12/16	Sat	8:00 - 8:30 am	\$23.45	3 - 5

Pee Wee & Hot Shots Basketball

James Woody Community Center Mini-Gym

A fun, non-competitive introduction to basketball for the little ones. Basic skills will be taught while having fun with other youngsters! Volunteer coaches needed. Cost includes T-shirt, team party and trophy. **Registration deadline is 11/30.**

Pee Wee: Ages 3 - 4 • Hot Shots: Ages 5 - 6

DATES	DAY	TIME	FEE	AGES
Starts 1/6	Sat	Varies	\$48	3 - 4
Starts 1/6	Sat	Varies	\$48	5 - 6

Adventures in Pee Wee Sports

James Woody Community Center Retention Basin

This 6-week program will stress the basic skills needed for our department's team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended. Registration deadline is one week prior to the start date.

DATES	DAY	TIME	FEE	AGES
9/28 - 11/2	Thur	4:30 - 5:20 pm	\$48	3 - 4
9/30 - 11/4	Sat	9:00 - 9:50 am	\$48	3 - 4
9/30 - 11/4	Sat	10:00 - 10:50 am	\$48	4.5 - 5

Intro to Tennis

Apple Valley Golf Course Tennis Courts

Never played Tennis before? Don't worry this course will cover all the basics and help you work on your skills and techniques on the court! This course is perfect for those looking to play with others without the fear of an intimidating player running the courts and discouraging players! This introduction to Tennis class is perfect for the entire family! Register at Town Hall.

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
9/9 - 9/30	Sat	7:45 - 8:30 am	\$30	All Ages
10/7 - 10/28	Sat	7:45 - 8:30 am	\$30	All Ages
11/4 - 11/25	Sat	7:45 - 8:30 am	\$30	All Ages
12/2 - 12/16	Sat	7:45 - 8:30 am	\$30	All Ages



Junior Golf Lessons

Apple Valley Golf Course

This is an opportunity for Junior Golfers to be introduced to the game of Golf. It is open to any Junior ages 7 - 17. Students will learn that golf is FUN and have opportunity to learn about and try some of the basic fundamentals.

Instructor: Russell Tracy

DATES	DAY	TIME	FEE	AGES
9/9 - 9/30	Sat	11:00 am - 12:00 pm	\$70	7 - 17
10/7 - 10/28	Sat	11:00 am - 12:00 pm	\$70	7 - 17
11/4 - 11/25	Sat	11:00 am - 12:00 pm	\$70	7 - 17

Youth Tennis

Apple Valley Golf Course Tennis Courts

Kids of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall.

Instructor: Bill Mocharnuk

Beginning 8:30 - 9:15 am
Intermediate/Advance 9:15 - 10 am

DATES	DAY	TIME	FEE	AGES
9/9 - 9/30	Sat	See Above	\$30	6 - 17
10/7 - 10/28	Sat	See Above	\$30	6 - 17
11/4 - 11/25	Sat	See Above	\$30	6 - 17
12/2 - 12/16	Sat	See Above	\$23.45	6 - 17

4th Annual Cross Country Meet

Horsemen's Center

The Park and Recreation Department will be hosting our fourth annual cross county meet at Horsemen's Center. The following distances will be used: 3rd & 4th grades, .8 miles; 5th & 6th grades, 1.2 miles; 7th & 8th grades, 2 miles.

No registrations on the day of the meet.

Check in at 8 am • Races starts at 9 am

DATES	DAY	TIME	FEE	GRADES
10/7	Sat	See Above	\$3 by 9/28 \$5 from 10/2 - 10/5	3 - 8



Basketball Camp

Michael H. Martin Gym

Learn the fundamentals of shooting, dribbling, rebounding, passing and defense, as well as scrimmage games at this elite basketball skills camp!

DATES	DAY	TIME	FEE	AGES
10/9 - 10/13	M-F	10:00 am - 1:00 pm	\$65	6 - 17

Winter Youth Basketball

Michael H. Martin Gym

Boys and girls, grades 2 - 12 are invited to play in this exciting winter league. Practice (1 hour per week) will begin in mid-December. Separate leagues for girls and boys will be offered in the following grade divisions:

Girls Divisions:	Boys Divisions:	Co-Ed Divisions:
3rd & 4th Grade	3rd & 4th Grade	2nd Grade
5th & 6th Grade	5th & 6th Grade	High School
7th - 9th Grade	7th - 8th Grade	

Space is limited so sign up early! Practices start the week of 12/18. **Registration deadline is 11/7.**

DATES	DAY	TIME	FEE	GRADES
Starts 1/6	Sat	Varies	\$60	2 - 12

Youth Archery

Horsemen's Center

Learn basic to intermediate archery from, fange safety and etiquette. Refine your archery skills in a safe, developmentally friendly environment. All equipment use is included with registration fee. **No class 10/9. No class in December**

Instructor: Rafael Hernandez

DATES	DAY	TIME	FEE	AGES
9/11 - 10/4	M/W	4:00 - 5:15 pm	\$80	9 - 17
10/11 - 11/6	M/W	4:00 - 5:15 pm	\$80	9 - 17
11/8 - 12/4	M/W	4:00 - 5:15 pm	\$80	9 - 17

Driver's Education

Internet Course

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel training. Within 48 hours of registration, the student will have an account created and receive a welcome email and access to the course online. Register at the Town Hall Recreation Counter.

DATES	FEE	AGES
Sept - Dec	\$40	14 - 18



Teen Zone

Ages 13 - 17

Do you have a desire to help your community? Volunteer with the Recreation Department and you can earn school credit and gain valuable job experience while having fun helping with sports programs and special events. You can also attend quarterly parties and earn awards throughout the year. If you are interested in getting involved, pick up an application at the Town Hall Recreation Center. This is a year round program that is limited to 45 participants and is currently at capacity. Please submit an application to be placed on the waiting list and you will be notified when the next volunteer orientation will take place.

For more information please call us at (760) 240-7880



AV PAL Youth Center

The Apple Valley Police Activities League (PAL) provides after school mentoring programs and athletic and life skills to our children at little or no cost.

Boxing • pool table • ping pong
computers • internet

Ages 8 - 17

For more details and hours call (760) 961-0754

You can also visit our website at www.avpal.org

Programs are offered at:

Youth Center: James Woody Community Center

Ward Room, 13467 Navajo Road

Boxing Center: 22390 Eyota Road

3 Diamond Skate Park

**James Woody Community Center
Open 9 am - dusk**

Skateboard and BMX aficionados can enjoy the 3 Diamond Skate Park. The park accommodates both skateboard and bike use.

The park has a distinct plaza style with stairs, ledges, a huge quarter pipe and more. BMX bikes, skateboards, roller skates and in-line skates are allowed.

All park users please be aware that the Town of Apple Valley's Municipal Code 11.68.060 requires users to wear a helmet, elbow and knee pads at all times while in the skate park. The rules are enforceable and citable. Thank you in advance for obeying the law.



Special Apples.....

Changing the world one disability at a time.

Special Apples encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have an opportunity to socialize and meet new friends. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence and cooperation. Join us on the 2nd Saturday of each month at various Park and Recreation locations for an evening of fun! All events include a snack.

Special Apples Basketball

Michael H. Martin Gym

Hoop it up at the Special Apples Basketball Night! We will start with stretching and warm-ups and then organize teams and play a game. Come prepared to have a great time! Make sure to bring a water bottle.

DATES	DAY	TIME	FEE	AGES
9/9	Sat	6:00 - 8:00 pm	\$3	5 & up



Special Apples Halloween Dance



Town Hall Recreation Center

Start getting your costumes ready for the hottest Halloween party in town! Costume contest for the Scariest, Most Original and Crowd Favorite. Prizes will be given throughout the night for games and the dance contest. We will serve pizza, so bring your favorite side dish!

DATES	DAY	TIME	FEE	AGES
10/14	Sat	6:00 - 8:00 pm	\$5	5 & up

Special Apples Indoor Soccer

Michael H. Martin Gym

Grab your friends and check out our new indoor soccer night! Participants will learn new moves, teamwork and have fun all while exercising. Special Apples recreation is always fun and never competitive. Healthy snacks and water are always provided at the end of each activity! Family members are always welcome to join the fun.

DATES	DAY	TIME	FEE	AGES
11/11	Sat	6:00 - 8:00 pm	\$3	5 & up

Community Information

TOWN OF APPLE VALLEY

14955 Dale Evans Parkway • Apple Valley, CA 92307

www.applevalley.org

Dial (760) 240-7000 and one of the following extensions:

Animal Services.....	7555
Building & Safety.....	7100
Business Licenses.....	7707
Code Enforcement.....	7560
Economic Development.....	7900
Engineering.....	7353
Human Resources.....	7600
Mayor & Town Council.....	7808
Parks Maintenance.....	6200
Planning.....	7200
Police Department.....	7400
Public Information.....	7074
Public Services.....	7500
Recreation.....	7880
Town Clerk.....	7800
Town Manager.....	7051

Sports Organizations....

Apple Valley BMX	applevalleyBMX.com • 760-240-5266
Apple Valley Little League.....	applevalleyll.com • 760-247-5441
Apple Valley Rattlers Football.....	applevalleyrattlers.org • 760-559-2868
Apple Valley Rebels Football.....	avrebels.com • 760-684-9011
Apple Valley Seminoles Football.....	avseminoles.com • 760-247-5424
Apple Valley Storm Soccer.....	avscstorm.org • 760-508-6192
Apple Valley Youth Soccer League.....	avyouthsoccerleague.com • 760-559-8401
Apple Valley Police Activities League.....	avpal.org
High Desert Pony Baseball.....	hdpleague.com • 760-927-9994
High Desert Youth Soccer League.....	hdysl.com • 760-961-7805
High Desert Tennis Association.....	highdeserttennis.org • 760-985-3796
PSP Sports & More.....	pspsportsandmore.org • 760-515-2572
Young Champions.....	ycusa.org • 714-259-1400



United Way • AIRS
2-1-1TM
Get Connected. Get Answers.

211 provides free and confidential information and referral. Call 211 for help with food, health care, counseling and more.

Community Organizations....

American Cancer Society.....	cancer.org • 800-227-2345
American Red Cross.....	redcross.org • 760-245-6511
Apple Valley Chamber of Commerce.....	avchamber.org • 760-242-2753
Apple Valley Fire Protection District.....	applevalleyfd.com • 760-247-7618
Apple Valley Library.....	sbcounty.gov/library • 760-247-2022
Apple Valley Optimist Club.....	• 760-887-7379
Apple Valley School District.....	avusd.org • 760-247-8001
Assistance League.....	victorvalleyassistanceleague.org • 760-961-2468
AVCO/Burrtec.....	burrtec.com • 760-245-8607
Boy Scouts (CA Inland Empire Council)	scouting.org • 877-732-1450
Community Police Assistance League.....	• 760-961-2468
Friends of Apple Valley Library.....	sbcounty.gov/library • 760-247-2022
Girl Scouts.....	girlscoutssangorgonio.org • 909-307-6555
High Desert Young Marines.....	• 760-240-5004
Mom's Club.....	momsclubofvictorvalley@yahoo.com
Paul Swick Family Center.....	paulswickfamilycenter.com • 760-240-5606
St. Mary's Immunization Clinic.....	• 760-242-2311

Equestrian Groups....

California Dressage Society (High Desert).....	• 760-247-4505
Mojave River Valley Horsemen's Assoc.....	mrvha.com • 760-247-5944

Recreation & Hobby Groups....

Hi High Desert Genealogy Society.....	• san2744@aol.com
Thunderbirds Square Dance.....	• 760-475-3473

Senior Services & Organizations....

Aging & Adult Services.....	• 800-510-2020
Apple Valley Senior Citizen's Club.....	• 760-247-3155
Inland Empire Legal Services.....	• 760-241-7073
Senior Information & Assistance.....	• 760-843-5181
Senior Select Resource Center.....	• 760-946-5915
Victor Valley Transit.....	vvta.org • 760-948-3030

Registration - We make it easy for you

Program Registration

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- **Photo Policy:** The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

Refund Policy

- **Cancellation of Class:** A full refund will be mailed to all registered participants if a program is cancelled by the Recreation Department.
- **Voluntary Withdrawal:** A refund may be requested prior to the registration deadline or before the first day of class by submitting a "Refund Request" form.
- **Withdrawal After Class Start Date:** A refund may be requested by completing a "Refund Request" form prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.
- **NO refund requests will be accepted after the second class meeting.**
- **A \$2 processing fee will be charged to all refunds.**
- **Allow 4-6 weeks for a refund check.**
- **NO refunds for swim lessons or aquatic classes.**

4 EASY WAYS TO REGISTER

1. WALK-IN

- Walk-in registration is accepted at the Recreation counter at Town Hall only.
- Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.
- Payment can be made by cash, check, debit or credit card (Discover, VISA, or Master Card).

2. MAIL-IN

- Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).
- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you. Mail completed form and a check to:

Town of Apple Valley Park and Recreation Department
14955 Dale Evans Parkway
Apple Valley, CA 92307

3. DROP BOX

- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.
- Drop completed form and payment by check in drop box located at:

James Woody Community Center, 13467 Navajo Road
(in the first alcove at the front of the Community Center)

OR

Town Hall, 14955 Dale Evans Parkway
(at the front of Town Hall)

OR

Civic Center Park Aquatic Center, 14999 Dale Evans Parkway
(located inside at the front desk)

4. ONLINE

- Visit us at www.AVRrecreation.org to register online.



TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

PLEASE PRINT CLEARLY - *do not use for Day Camp, ASAP or any sports programs. Additional paperwork required.*

Payee Information:

First & Last Name _____

Address: _____

Home Phone: _____

Cell Phone: _____

City: _____ Zip: _____

Participant's First & Last Name

D.O.B.

Class Name

Start Date

Fee

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee	Total Amount

Release of Liability

I, the undersigned, understand the following: I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

Signature _____

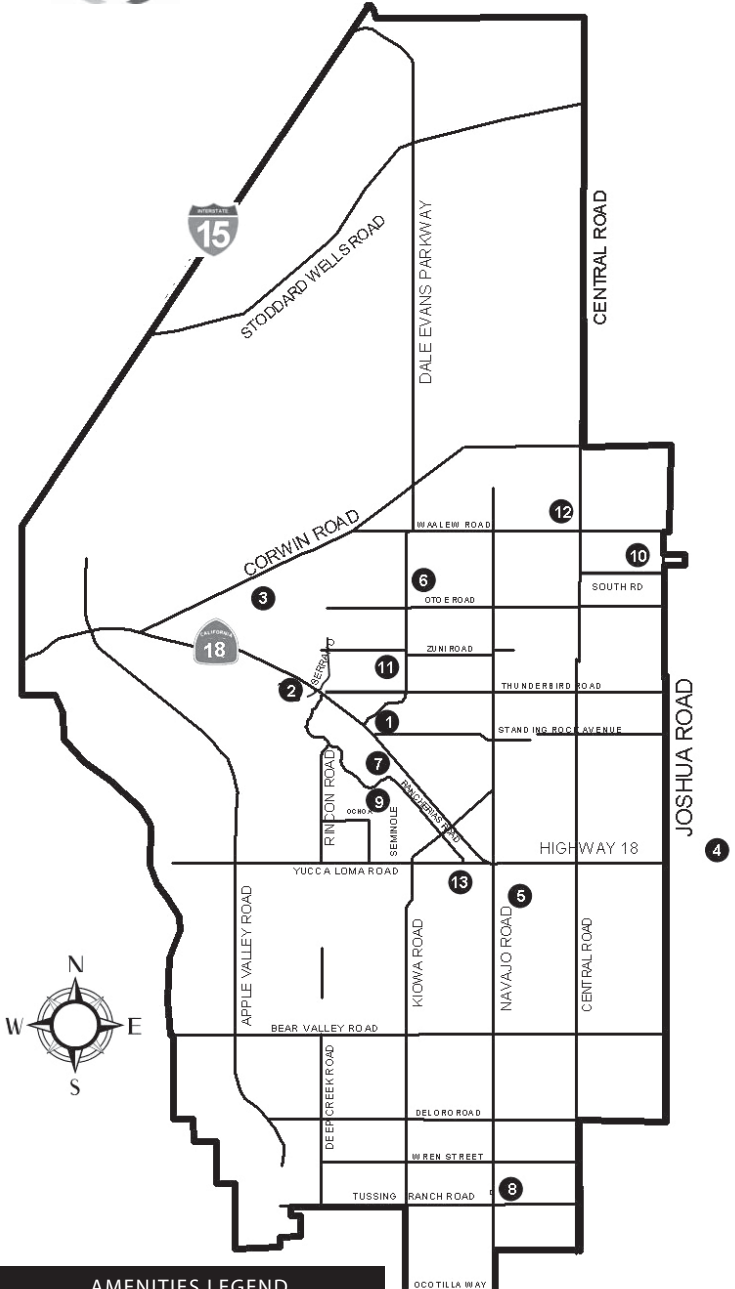
Date _____

www.AVRrecreation.org



APPLE VALLEY Facilities & Parks

Apple Valley Conference Center 14975 Dale Evans Parkway	1
Apple Valley Golf Course 15200 Rancherias Road	2
Civic Center Park & Aquatic Center 14999 Dale Evans Parkway	1
Corwin Park 18577 Corwin Road	3
Horsemen's Center 24320 Highway 18	4
James Woody Community Center 13467 Navajo Road	5
Lenny Brewster Sports Center 21024 Otoe Road	6
Lion's Park S. Outer Hwy 18 east of Dale Evans	7
Mendel Park 21860 Tussing Ranch Road	8
Norm Schmidt Park 14053 Tuweep Trail	9
Sycamore Rocks Park 23450 South Road	10
Thunderbird Park 20700 Wichita Road	11
Town Hall Recreation Center 14955 Dale Evans Parkway	1
Virginia Park 17242 Central Road	12
Yucca Loma Park 21351 Yucca Loma Road	13



AMENITIES LEGEND			
	Activity Room(s)		Kitchen
	Audio/Visual System		Meeting Room(s)
	Ballfields		Outdoor Basketball Courts
	BBQ		Picnic Shelters
	BMX track		Picnic Tables
	Camping		Playground
	Dog Park		Pool
	Fitness Stations		Restrooms
	Golf Course		Restrooms (Portable)
	Gymnasium		Skate Park
	Horse Arenas		Stage/Amphitheater
	Horseshoe Pits		Tennis

For Your Special Day



The Town of Apple Valley offers several venues that are available to rent for your next memorable gathering. From wedding receptions and bridal showers to meetings and corporate events, the Town of Apple Valley has just the place for you. Please contact our Recreation Department to schedule a tour of our facilities.

Rooms to accommodate up to 300 guests



Catering & Full Kitchens



Audio Visual System

Chairs & Tables included



Rose Garden

Customizable Hours

For more information please call the Recreation Department at (760) 240-7880



Town of Apple Valley
 Park & Recreation Dept
 14955 Dale Evans Parkway
 Apple Valley, CA 92307

 /AVRecreation

RESIDENTIAL CUSTOMER

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 Victorville, CA
 Permit No. 82



September 23, 2017

Triathlon Individual
 Triathlon Relay
 5K Run
 Kid's Triathlon

Register online at AVRevTri.org
 or walk in to the Town Hall
 Recreation Counter

See page 19 for more information

**Kid's Halloween
 Night Out**

Friday, October 27, 2017
 6:00 - 9:00 pm

See page 15 for more information

**Come join our staff
 for a freakishly good time.**



**Gingerbread House
 Build**



Thursday, December 14
 5:30 - 8:00 pm



Bring the sweetest kind of
 holiday cheer to your
 family this season by
 making your own
 gingerbread house!

See page 16 for more
 information