

Apple Valley Park & Rec

January - May 2018

Winter/Spring Recreation Guide



Easter Egg Hunt
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See inside for:
Classes • Sports • Aquatics • Events and More!

Winter ~ Spring 2018

Recreation Activities Guide



TOWN OF APPLE VALLEY

TOWN COUNCIL

Scott Nassif	Mayor
Art Bishop	Mayor Pro Tem
Larry Cusack	Council Member
Curt Emick	Council Member
Barb Stanton	Council Member

Meets the 2nd & 4th Tuesday of every month at 6:30 p.m. in the Town Council Chambers

PARKS AND RECREATION COMMISSION

Donald Tatera	Chairman
Valerie Smith	Vice Chairman
Richard Cambridge	Commissioner
Patrick Doran	Commissioner
Melissa Moon	Commissioner

The Commission meets the 1st Thursday of every other month at 6 p.m. in The Town Council Chambers. Call (760) 240-7000 ext 7885 for meeting dates.

PARKS AND REC STAFF

Ralph Wright	Parks & Rec Manager
Debbie Rivera	Admin Secretary
Lena Quinonez	Rec Supervisor
Andy Shoup	Rec Supervisor
Elizabeth Fratt	Rec Assistant
Jonathan Settle	Rec Assistant
Tashina Miniszewski	Senior Office Assistant
Jessica Hall	Office Assistant
Julie Gilmer	Event Coordinator
Mandi Nelson	Event Coordinator Assistant



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Office Hours
 Located at Town Hall
 14955 Dale Evans Parkway
 (760) 240-7880

Monday - Thursday
 7:30 am - 5:30 p.m.
 Alternating Fridays
 7:30 am - 4:30 p.m.

HOLIDAY CLOSURES
 1/15, 2/19, 5/28

Get Connected!

Get the most up-to-date information on Parks and Recreation programs and services in Apple Valley.

View the interactive, digital version of this brochure online at

www.AVRecreation.org



Thank You!

Our sponsors and volunteers are essential in providing quality programming for our residents. The Apple Valley Park and Recreation Department would like to thank each and every one of you for your exceptional effort, caring and generosity in helping to make our recreation programs the best in the High Desert!

Volunteers (Teen Zone)

The Recreation Department would like to thank the teens in the Teen Zone Volunteer program for their contributions to the Town of Apple Valley events and programs. We would like to thank the following teens for their 20 hours of service during the third quarter.

Alexis Suttle	Mercie Miniszewski	Andrew Uddin
Breauna Rhodes	Garret Gonzalez	Hope Serrano
Kailyn Chinn	Kara Perkins	Kenya Ortiz
Paulina Ruggles	Samuel Arias	Tyler Foss



Get to Know Our Instructors

Victoria Baker

Tap & Ballet and Tumbling Instructor

A dancer since she was 4 years old, Victoria started teaching when she was 15 with Visions Dance Academy. She has trained in many styles of dance including Bollywood, pointe, breakdancing and gymnastics. Victoria loves working with kids and her class goal is to push the kids hard while also making dance fun!

Swim Fair - May 5!

First day of registration for summer swim lessons

Swim Lesson Schedule will be available on April 2 ~ Lessons begin May 14



- Apple Valley Residents 7:30 - 10:00 am
- Non-Residents can register at 9:00 am or whenever the Apple Valley line is empty
- Proof of residency required (I.D. and utility bill)
- Only a parent or legal guardian can register children for classes - no exceptions
- NO refunds, transfers or credits
- Line will form in between Town Hall and the Police Department

Water Festival

June 2

1:00 - 3:30pm

Doors OPEN at 12:30 for
Pre-registered patrons.

(Pre-registration is limited to the first 150 patrons)

Join us in celebrating the start of summer! Enjoy music, games, water slides, bounce houses and a variety of food trucks.

Pre-registration: \$3/person (by 5/30)

At the door: \$5/person



Overnight Pool Party

Friday, June 22 - Saturday, June 23
7:00 pm - 8:00 am

Bring the family out for a unique overnight camping experience, at the beautiful Civic Center Park Aquatic Center.

- Dive-In movie: TBA
- Open swimming all night long
- Scavenger hunts
- Games
- In-water contests throughout the evening
- Food truck available for dinner & snacks

\$10/person by June 15

\$12/person June 16 - 20

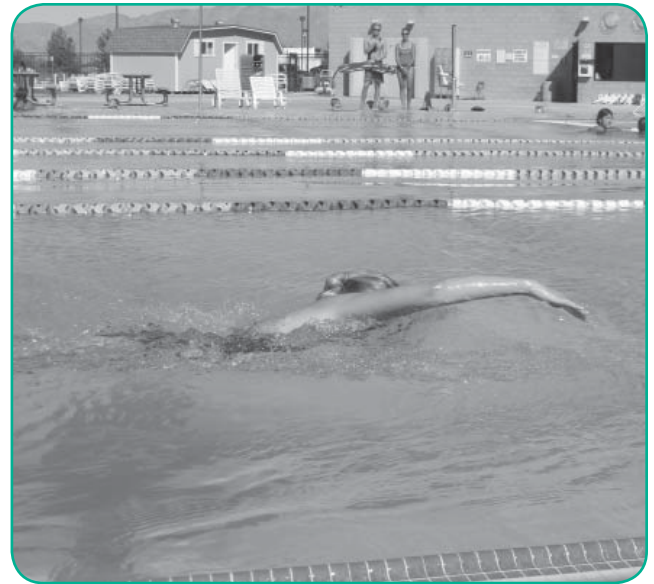
Check in and tent set up at 7:00 pm, the first pool activities will begin at 8:00 pm; check-out time is at 8:00 am. Children under 3 are free. **You must pre-register by 6/20. No on-site registration.**

Lap Swim Multi-Use Passes

A photo is taken at the time of initial purchase.
 Passes are non-transferable.

Multi-Use Cards can be purchased at the Aquatic Center. When you have a Multi-Use Card, you can renew the card only once the pass has expired. Passes are only valid during the season in which they were purchased.

Pass Type:	Winter (Oct - Apr)	Summer (May-Sept)
Unlimited (for calendar month only)	\$75	\$68
30 visit	\$115	\$92
15 visit	\$60	\$48
5 visit	\$23	\$18
Daily	\$5	\$4



Early Morning Lap Swim

Civic Center Park Aquatic Center

Early morning lap swim is a great opportunity for the early bird swimmer. We setup 8 lanes according to speed levels.

DATES	DAY	TIME	FEE	AGES
1/2 - 5/31	Mon - Sat	7:30 - 9:00 am	See Above	10 & up

Evening Lap Swim

Civic Center Park Aquatic Center

Enjoy the evening air while you swim laps. We divide 8 lanes according to speed levels.

DATES	DAY	TIME	FEE	AGES
1/3 - 5/30	M/W/F	6:45 - 7:45 pm	See Above	10 & up

Get Notified!

Interested in receiving updates on new Aquatics programming, pool closures, registration deadlines, etc? Add your name to the email distribution list! Visit the Aquatics Page at AVRecreation.org and click "Sign Up Now". Email addresses will not be shared and will only be used for Aquatics notifications.

100 Mile Swim Club

We challenge YOU to swim 100 miles in just ONE YEAR!

Lap Swimming just got more exciting! January 2 - December 15, 2018, you will keep track of your laps and overall distance on the 100 Mile Swim chart in the Pool Office; if you can swim 100 total miles before the pool closes on December 15, 2018, you will receive a custom "100 Mile Swim Club" t-shirt, a certificate of completion, and of course, bragging rights!

Registration in this competition is completely FREE! Normal Lap Swimming rates will still apply. For more information, call the Recreation Office or Aquatic Center.



Aquatics



The Recreation Department is now offering **Online Registration.**

Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Apple Valley Swim Club

Civic Center Park Aquatic Center

Apple Valley Swim Club is a recreational swim club that focuses on developing inexperienced swimmers into strong, confident athletes. Ages 5 - 17 will be grouped based on skill level and will have workouts tailored to their needs eventually leading them to our advanced level. The advanced level encourages competition against each other, in High School swimming or USA Swimming! Must have ability to perform at swim Level 4. Tryouts are \$5 and are held the last 3 class days of the month.

Beginning \$45 3 days/week	Intermediate \$55 4 days/week	Advanced \$65 5 days/week
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DATES	DAY	TIME	FEE	AGES
1/2 - 1/31	M - F	5:30 - 6:30 pm	See Above	5 - 17
2/1 - 2/28	M - F	5:30 - 6:30 pm	See Above	5 - 17
3/1 - 3/30	M - F	5:30 - 6:30 pm	See Above	5 - 17
4/2 - 4/30	M - F	5:30 - 6:30 pm	See Above	5 - 17
5/1 - 5/31	M - F	5:30 - 6:30 pm	See Above	5 - 17

Water Aerobics

Civic Center Park Aquatic Center

Come enjoy a high-energy, low-impact workout that strengthens and tones from head to toe! Most land exercises can be done effectively in water, with the added benefit of support and resistance. We'll lunge, jump, jog, crunch, kick, twist and dance to great music in the pool.

Instructor: Liz Fratt, Ciera Berger, and Jordan Lunasco

\$35/month for 3 days/week
\$45/month for 5 days/week
Try one class for just \$7

DATES	DAY	TIME	FEE	AGES
1/2 - 1/31	M - F	8:00 - 9:00 am	See Above	16 & up
2/1 - 2/28	M - F	8:00 - 9:00 am	See Above	16 & up
3/1 - 3/30	M - F	8:00 - 9:00 am	See Above	16 & up
4/2 - 4/30	M - F	8:00 - 9:00 am	See Above	16 & up
5/1 - 5/31	M - F	8:00 - 9:00 am	See Above	16 & up





Lifeguard Training

Civic Center Park Aquatic Center

Becoming a lifeguard is one of life's most rewarding experiences. The knowledge and skills taught in this course will leave the participant with everything they need to keep themselves and others safe in and around any aquatic environment. Course covers rescue skills, CPR/AED, first aid, emergency childbirth and major trauma emergencies. Successful completion of Lifeguard Training is required for all who seek employment as a lifeguard at the Civic Center Park Aquatic Center. All participants must pass the pre-swim in order to continue; refunds will be given for participants who fail to complete the pre-swim. Course is taught by the Recreation Supervisor in charge of the Aquatics Division.

DATES	DAY	TIME	FEE	AGES
Session I			\$200	15 & up
3/3	Sat	7:45 am - 6:00 pm		
3/4	Sun	9:00 am - 6:00 pm		
3/7	Wed	4:30 - 8:00 pm		
3/8	Thu	4:30 - 8:00 pm		
3/10	Sat	9:00 am - 6:00 pm		
3/11	Sun	9:00 am - 6:00 pm		
Session II			\$200	15 & up
3/17	Sat	7:45 am - 6:00 pm		
3/18	Sun	9:00 am - 6:00 pm		
3/21	Wed	4:30 - 8:00 pm		
3/22	Thu	4:30 - 8:00 pm		
3/24	Sat	9:00 am - 6:00 pm		
3/25	Sun	9:00 am - 6:00 pm		

Each year the Aquatic Center recognizes two Lifeguards for their dedication to their craft, and the residents of the Town of Apple Valley. These Lifeguards excel in all aspects of their field, from patron safety and surveillance, to swim instruction, and overall customer service.

The Rookie of the Year award is given to a first-year lifeguard. For 2017, this was Autumn Heckman!

The Lifeguard of the Year award is given to a lifeguard with more than one year of service. Lifeguard of the Year for 2017 was awarded to Fabiana Peiro!

Fabiana Peiro Autumn Heckman





Private Swim Lessons

Enjoy one-on-one instruction with one of our fantastic swim instructors. Our staff will work with participants to gain complete independence in the pool as well as develop and refine advanced skills. No matter what skill you are looking to learn, we will make sure that you are successful! Lessons are offered in 30 minute increments, Monday - Friday or Mon/Wed/Fri for 2 weeks.

Cost:

	Jan - Apr	May
Mon - Fri (5 hours)	\$100/person	\$91/person
M/W/F (3 hours)	\$75/person	\$68/person

Semi-Private Swim Lessons

Just like with our Private Swim lessons, these lessons are individualized to meet your specific needs; however, during these lessons you can bring some friends! Semi-Private lessons can hold up to four participants, all of whom must know each other and register at the same time. In order to receive maximum benefit, all swimmers need to be close in skill level.

Cost:

	Jan - Apr	May
Mon - Fri (5 hours)	\$62/2 children	\$62/2 children
	\$57/3 children	\$57/3 children
	\$52/4 children	\$52/4 children
M/W/F (3 hours)	\$43/2 children	\$39/2 children
	\$40/3 children	\$36/3 children
	\$36/4 children	\$32/4 children

Junior Lifeguard

Civic Center Park Aquatic Center

The American Red Cross Junior Lifeguard course is designed to guide youth by building a foundation of knowledge, attitudes and skills for future lifeguards. Junior Lifeguarding is an effective transition from upper level learn-to-swim courses to the lifeguard program, challenging participants to stay involved with aquatics. This course also provides the Town with a known group from which to recruit future lifeguards. Participants will learn: skills needed for entry to the Lifeguard course, communication and decision-making skills, basic responsibilities, knowledge and the skills to become a lifeguard. 30 hours of volunteer time is required for completion.

DATES	DAY	TIME	FEE	AGES
5/14 - 5/25	M - F	3:30 - 5:30 pm	\$50	12 - 14
6/4 - 6/15	M - F	3:30 - 5:30 pm	\$50	12 - 14



Swim Level Evaluations

Civic Center Park Aquatic Center

Are you unsure of what swim lesson you or your child should be taking? Let us help you eliminate any uncertainty! We will be offering two opportunities for you to come out and spend a few minutes one-on-one with one of our swim instructors. During this evaluation, we will conduct a few drills, after which we will tell you exactly which level is needed! Participation in this program will help ensure you receive the maximum value in your swim lessons. \$3 of the fee will be applied to swim lesson registration. Conditions apply. Pre-registration required by Thursday prior to evaluation.

DATES	DAY	TIME	FEE	AGES
4/21	Sat	9:00 - 10:00 am	\$5	All Ages
4/28	Sat	9:00 - 10:00 am	\$5	All Ages



Beginning Acting

James Woody Community Center Auditorium

If you have ever wanted to be in a play, here's your chance! Everyone gets a role and you learn all about the stage as we rehearse a play. This is a 5 month rehearsal class with a performance in June. **A one time fee of \$40 for materials is due, in cash, on the second class day.**

Instructor: Melanie Myers

DATES	DAY	TIME	FEE	AGES
1/3 - 1/31	Wed	4:30 - 5:45 pm	\$45.75	10 - 12
2/7 - 2/28	Wed	4:30 - 5:45 pm	\$37	10 - 12
3/7 - 3/28	Wed	4:30 - 5:45 pm	\$37	10 - 12
4/4 - 4/25	Wed	4:30 - 5:45 pm	\$37	10 - 12
5/2 - 5/30	Wed	4:30 - 5:45 pm	\$45.75	10 - 12

Advanced Acting

James Woody Community Center Auditorium

If you want to take your acting to the next level, come join us! We will rehearse a stage classic while improving your skills. This is a 3-month rehearsal class with a performance in June. **A one time fee of \$40 for materials is due, in cash, on the second day of class.**

Instructor: Melanie Myers

DATES	DAY	TIME	FEE	AGES
1/3 - 1/31	Wed	5:45 - 7:00 pm	\$45.75	13 & up
2/7 - 2/28	Wed	5:45 - 7:00 pm	\$37	13 & up
3/7 - 3/28	Wed	5:45 - 7:00 pm	\$37	13 & up
4/4 - 4/25	Wed	5:45 - 7:00 pm	\$37	13 & up
5/2 - 5/30	Wed	5:45 - 7:00 pm	\$45.75	13 & up

Guitar Lessons

Town Hall Recreation Center

Learn how to play the guitar with no prior experience needed. Basic chords, strumming and scales will be covered for those who are just starting. Intermediate and advanced guitarists can also enjoy lessons focused on technique and theory. Participants must bring their own guitar.

No class 1/1 & 4/30.

Instructor: Neil Allen Garcia

DATES	DAY	TIME	FEE	AGES
1/8 - 1/29	Mon	5:45 - 6:45 pm	\$58	8 & up
2/5 - 2/26	Mon	5:45 - 6:45 pm	\$58	8 & up
3/5 - 3/26	Mon	5:45 - 6:45 pm	\$58	8 & up
4/2 - 4/23	Mon	5:45 - 6:45 pm	\$58	8 & up
5/7 - 5/28	Mon	5:45 - 6:45 pm	\$58	8 & up



The Basics of Drawing

Town Hall Recreation Center

Want to learn the fundamentals of drawing? Learn the basics of drawing by breaking things down into shapes, how to shade your subjects and setting up a composition. It's a class for learning to draw in a relaxed environment. You will also learn warm up techniques, how to hold your drawing tools and even how to correctly critique others work so that they may learn and grow. Materials will be provided each class.

Instructor: Jennifer Smith

DATES	DAY	TIME	FEE	AGES
1/3 - 1/31	Wed/Fri	3:30 - 5:00 pm	\$67	8 & up
2/2 - 2/28	Wed/Fri	3:30 - 5:00 pm	\$60	8 & up
3/2 - 3/30	Wed/Fri	3:30 - 5:00 pm	\$67	8 & up
4/4 - 4/27	Wed/Fri	3:30 - 5:00 pm	\$60	8 & up
5/2 - 5/30	Wed/Fri	3:30 - 5:00 pm	\$67	8 & up

After School Activities Program



* Science Experiments * Homework Help * Crafts * Organized Games & More!

ASAP is offered at:

New! Sycamore Rocks
AAE Lewis Center
Rio Vista Elementary School
Sitting Bull Academy, Lower Campus
Sitting Bull Academy, Upper Campus
Vanguard Preparatory School

3:25 - 6:15 pm (K - 6)
2:50 - 5:45 pm (K - 5)
2:40 - 5:45 pm (K - 6)
2:40 - 5:45 pm (K - 4)
2:40 - 5:45 pm (5 - 8)
2:30 - 5:45 pm (K - 8)



Day Camp

Grades K - 5

Town Hall Recreation Center

Does your child have a TON of energy? Looking for a fun safe place to keep them entertained, healthy and engaged? Our Staff are ready to show them a good time. Activities include games, crafts, free time, outdoor play and light cooking.

DATES	DAY	TIME
Winter Prices: \$80/full time, \$42.50/half days, \$61/3 days		
12/26 - 12/29	Tu - Fri	7:00 am - 6:15 pm
1/2 - 1/5	Tu - Fri	7:00 am - 6:15 pm
Spring Prices: \$100/full time, \$53/half days, \$61/3 days		
3/26 - 3/30	Mon - Fri	7:00 am - 6:15 pm



Intro to Cartooning

Town Hall Recreation Center

In this unique 6-week class, you will learn the secrets of cartoon drawing and create your very own story. Students will learn to draw characters and other elements to create their own story ideas and turn them into actual cartoons. **A \$20 materials fee is due to the instructor on the first day of class. No class 2/19.**

DATES	DAY	TIME	FEE	AGES
1/22 - 3/5	Mon	4:00 - 4:50 pm	\$66	8 - 15

Intro to Anime

Town Hall Recreation Center

Are you a fan of Anime? If so, this class is for you! Anime is the Japanese style of animation that is known for it's colorful graphics and vibrant and expressive characters set in a fantasy world. Explore Anime drawing in simple steps and develop your own Anime characters and stories in this 6-week course. **A \$20 materials fee is due to the instructor on the first day of class. No class 2/19.**

DATES	DAY	TIME	FEE	AGES
1/22 - 3/5	Mon	5:00 - 5:50 pm	\$66	8 - 15

Video Game Design

Town Hall Recreation Center (1/22 - 3/5)

Apple Valley Conference Center (3/26 - 4/30)

You play them now learn how to develop them. Working in teams, students will create and design their own video games that they can take home and play. Computers are provided for classroom use. **A \$20 material fee is due to the instructor on the first day of class. No class 2/19.**

DATES	DAY	TIME	FEE	AGES
1/22 - 3/5	Mon	6:00 - 6:50 pm	\$66	8 - 15
3/26 - 4/30	Mon	5:00 - 5:50 pm	\$66	8 - 15

Intro to Computer Coding

Apple Valley Conference Center

This introduction to computer coding lets students explore basic concepts of coding. Participants snap together logical coding statements as they would snap together LEGO bricks. Join for the fun and the science and end up creating your own computer programs. **A \$20 materials fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
3/26 - 4/30	Mon	4:00 - 4:50 pm	\$66	8 - 15

Intermediate Video Game Design

Apple Valley Conference Center

Through a combination of activities students will develop a deeper understanding of game programming logic. Completing previous created games or creating new ones. **A \$20 material fee is due to the instructor on the first day of class.**

DATES	DAY	TIME	FEE	AGES
3/26 - 4/30	Mon	6:00 - 6:50 pm	\$66	8 - 15

Jump to it with Meanna

James Woody Community Center Mini-Gym

Come join Meanna of Thickness Fitness on Tuesday evenings for a high energy, trampoline-based workout. Jump To It makes it easy to forget you're actually exercising. Can't wait to see you there! Bring water and a towel.

Instructor: Meanna Kintaudi

DATES	DAY	TIME	FEE	AGES
1/9 - 1/30	Tue	6:00 - 7:00 pm	\$37	13 & up
2/6 - 2/27	Tue	6:00 - 7:00 pm	\$37	13 & up
3/6 - 3/27	Tue	6:00 - 7:00 pm	\$37	13 & up
4/3 - 4/24	Tue	6:00 - 7:00 pm	\$37	13 & up
5/1 - 5/29	Tue	6:00 - 7:00 pm	\$45.25	13 & up

Yoga Fit

Apple Valley Conference Center

Change is Good! Check out this non-competitive, classical Yoga practice with both powerful and relaxing asanas. Moving through power poses, sustained balance, core work, posture and active transitional flows. Have fun and connect with your gift of breath and being while improving your strength and self awareness. Mat required. This is a PRIORITY REGISTRATION class. See page 18 for more information.

No class 1/1, 1/3, 1/15, 2/19, 4/4, 5/28.

Instructor: Mary Anne Carroll

DATES	DAY	TIME	FEE	AGES
1/8 - 1/31	Mon/Wed	5:30 - 6:30 pm	\$28.25	14 & up
2/5 - 2/28	Mon/Wed	5:30 - 6:30 pm	\$28.25	14 & up
3/5 - 3/28	Mon/Wed	5:30 - 6:30 pm	\$32	14 & up
4/2 - 4/30	Mon/Wed	5:30 - 6:30 pm	\$32	14 & up
5/2 - 5/30	Mon/Wed	5:30 - 6:30 pm	\$32	14 & up



Gentle Yoga

Apple Valley Conference Center

Be at ease. Using a chair in a seated flow of breath as a stretch to lengthen, strengthen, and firm the body. Mindful observance of modifications and progression. A portion of the class will be standing to increase circulation, balance and strength. Improving confidence and body awareness in a friendly environment.

No class 4/4.

Instructor: Mary Anne Carroll

DATES	DAY	TIME	FEE	AGES
1/3 - 1/31	Wed	4:30 - 5:15 pm	\$34.50	16 - 99
2/7 - 2/28	Wed	4:30 - 5:15 pm	\$28	16 - 99
3/7 - 3/28	Wed	4:30 - 5:15 pm	\$28	16 - 99
4/11 - 4/25	Wed	4:30 - 5:15 pm	\$21.50	16 - 99
5/2 - 5/30	Wed	4:30 - 5:15 pm	\$34.50	16 - 99

Ataru Do (Team Iron Tiger)

James Woody Community Center Mini-Gym

Students will learn a combination of basic to advanced traditional martial arts and self-defense from Ataru-Do, Tang Soo Do, Karate, Kickboxing and Tetsubu Jutsu (The way of the Iron Stick). Students will learn strength and fitness exercises that make this an effective form of defense for the street as well as tournament competition. Additionally, we will be learning the art of stage combat (fight choreography) and video production. **No class 5/24, 5/31.**

Instructor: Eric Lindbeck

DATES	DAY	TIME	FEE	AGES
1/4 - 1/25	Thu	6:00 - 7:30 pm	\$20	9 & up
2/1 - 2/22	Thu	6:00 - 7:30 pm	\$20	9 & up
3/1 - 3/29	Thu	6:00 - 7:30 pm	\$24	9 & up
4/5 - 4/26	Thu	6:00 - 7:30 pm	\$20	9 & up
5/3 - 5/17	Thu	6:00 - 7:30 pm	\$16	9 & up

Little Tigers Tae Kwon Do

James Woody Community Center Mini-Gym

Students will learn balance, flexibility and Tae Kwon Do techniques that will teach them courage, confidence and courtesy. Optional \$45 fee for uniform and \$5 fees for belt and advancement. **No class 1/1, 1/3, 2/19, 5/28. Classes will be held in the Apple Valley Conference Center 1/8 - 2/28.**

Instructor: Nate Elliot

DATES	DAY	TIME	FEE	AGES
1/8 - 1/31	Mon/Wed	5:00 - 5:30 pm	\$46	4.5 - 7
2/5 - 2/28	Mon/Wed	5:00 - 5:30 pm	\$40.75	4.5 - 7
3/5 - 3/28	Mon/Wed	5:00 - 5:30 pm	\$46	4.5 - 7
4/2 - 4/25	Mon/Wed	5:00 - 5:30 pm	\$46	4.5 - 7
5/2 - 5/30	Mon/Wed	5:00 - 5:30 pm	\$46	4.5 - 7

Tae Kwon Do

James Woody Community Center Mini-Gym

Learn amazing Tae Kwon Do techniques while becoming a more confident, courageous and courteous person. Optional \$45 fee for uniform and \$5 fees for belt and advancement. **No class 1/1, 1/3, 2/19, 5/28. Classes will be held in the Apple Valley Conference Center 1/8 - 2/28.**

Instructor: Nate Elliot

DATES	DAY	TIME	FEE	AGES
1/8 - 1/31	Mon/Wed	5:45 - 6:45 pm	\$66	7 & up
2/5 - 2/28	Mon/Wed	5:45 - 6:45 pm	\$58.25	7 & up
3/5 - 3/28	Mon/Wed	5:45 - 6:45 pm	\$66	7 & up
4/2 - 4/25	Mon/Wed	5:45 - 6:45 pm	\$66	7 & up
5/2 - 5/30	Mon/Wed	5:45 - 6:45 pm	\$66	7 & up



Kickboxing

The Bullet Hole

15315 Cholame Rd, VV 92392

Learn the proper kickboxing stance, basic punches and kicks. Kickboxing training sessions incorporate endurance exercises such as jump rope, heavy bag, speed bag and double-end bag work, as well as one-on-one focus mitts. Included in the training are basic calisthenics involving push-ups, sit-ups, squats and lunges that will improve strength and endurance. Kickboxing improves hand/eye coordination, focus, self-confidence and one's ability to protect oneself - and it is a fun way to exercise! **\$10 fee for hand wraps as needed. No class 1/1, 5/28.**

Instructor: Craig Buchannan

DATES	DAY	TIME	FEE	AGES
1/3 - 1/31	Mon/Wed	5:30-6:30p	\$71.75	5 & up
2/5 - 2/28	Mon/Wed	5:30-6:30p	\$64	5 & up
3/5 - 3/28	Mon/Wed	5:30-6:30p	\$64	5 & up
4/2 - 4/30	Mon/Wed	5:30-6:30p	\$71.75	5 & up
5/2 - 5/30	Mon/Wed	5:30-6:30p	\$64	5 & up

Indoor Rock Climbing

The Bullet Hole

15315 Cholame Rd, VV 92392

Introduction to rock climbing. Learn about the gear, the knots and the basic movements of rock climbing. In addition to climbing during each session, participants will do basic calisthenics involving push-ups, sit-ups, squats and lunges to improve strength and endurance and stretching to improve flexibility. Rock climbing is a fun way to exercise!

Instructor: Craig Buchanan

DATES	DAY	TIME	FEE	AGES
1/2 - 1/30	Tu/Th	5:30 - 6:30 pm	\$56	5 & up
2/1 - 2/27	Tu/Th	5:30 - 6:30 pm	\$50	5 & up
3/1 - 3/29	Tu/Th	5:30 - 6:30 pm	\$56	5 & up
4/3 - 4/26	Tu/Th	5:30 - 6:30 pm	\$50	5 & up
5/1 - 5/31	Tu/Th	5:30 - 6:30 pm	\$62	5 & up

Groov3

Town Hall Recreation Center

Groov3 is a one-hour, high energy dance-til-you-drop cardio funk class with a mission to inspire change and build communities through the power of dance. Simple combinations accommodate all fitness levels, featuring the hottest mixes and occasionally a live DJ.

No class 1/3, 3/28, 5/30.

Instructor: Jayne Faytol

DATES	DAY	TIME	FEE	AGES
1/10 - 1/31	Wed	6:00 - 7:00 pm	\$25	13 & up
2/7 - 2/28	Wed	6:00 - 7:00 pm	\$25	13 & up
3/7 - 3/21	Wed	6:00 - 7:00 pm	\$19.25	13 & up
4/4 - 4/25	Wed	6:00 - 7:00 pm	\$25	13 & up
5/2 - 5/23	Wed	6:00 - 7:00 pm	\$25	13 & up



Zumba® Fitness

Town Hall Recreation Center

Zumba® fitness is a Latin-inspired dance & fitness class using upbeat rhythms and easy-to-follow choreography. It is a total body exercise, focusing on cardio and toning. Join a Zumba Fitness class and see that working out is *finally* fun!

No class 1/2, 1/4, 2/28, 5/29, 5/31.

Instructor: Jayne Raither-Faytol, Zumba instructor since 2004!

Drop in fee only \$6

Fees are based on 1 or 2 classes per week per month

DATES	DAY	TIME	FEE	AGES
1/9 - 1/30	Tu/Th	5:30 - 6:30 pm	\$23/\$28.25	13 & up
2/1 - 2/27	Tu/Th	5:30 - 6:30 pm	\$28.25/\$32	13 & up
3/1 - 3/29	Tu/Th	5:30 - 6:30 pm	\$28.25/\$35.75	13 & up
4/3 - 4/26	Tu/Th	5:30 - 6:30 pm	\$23/\$32	13 & up
5/1 - 5/24	Tu/Th	5:30 - 6:30 pm	\$23/\$32	13 & up

Tai Chi

James Woody Community Center Arts & Crafts Room

Learn to increase your level of energy through fluid movements, breath work and inner focus. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments and muscles. Tai Chi also increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability. This is a **PRIORITY REGISTRATION** class. See page 18 for more information. **No class 1/15, 2/19.**

Instructor: Chris Urmston

Fees are based on 2 or 3 classes per week per month

DATES	DAY	TIME	FEE	AGES
1/1 - 1/29	M/W/F	11:00 am - 12:00 pm	\$36/\$49.50	14 & up
1/31 - 2/28	M/W/F	11:00 am - 12:00 pm	\$36/\$42.50	14 & up
3/2 - 3/30	M/W/F	11:00 am - 12:00 pm	\$36/\$49.50	14 & up
4/2 - 4/30	M/W/F	11:00 am - 12:00 pm	\$36/\$49.50	14 & up
5/2 - 5/30	M/W/F	11:00 am - 12:00 pm	\$36/\$49.50	14 & up

Urban Line Dancing

James Woody Community Center Arts & Crafts Room

Dance your way into a new level of fitness with country line dance's urban cousin. The super simple, low impact choreography is made to order for beginners. Learn the hottest line dances while enjoying classic and contemporary soul and R&B music in a non-competitive and welcoming environment. Great music + Great people = Great fun!

No class 1/4, 1/15, 2/19, 5/28.

Instructor: T. Faye Griffin

Mondays: 7:00 - 8:30 pm Thursdays: 6:00 - 7:30 pm

DATES	DAY	TIME	FEE	AGES
1/8 - 1/29	Mon	See Above	\$23.50	18 & up
1/11 - 1/25	Th	See Above	\$23.50	18 & up
1/8 - 1/29	Mon/Th	See Above	\$35.50	18 & up
2/5 - 2/26	Mon	See Above	\$23.50	18 & up
2/1 - 2/22	Th	See Above	\$30	18 & up
2/1 - 2/26	Mon/Th	See Above	\$40.75	18 & up
3/5 - 3/26	Mon	See Above	\$30	18 & up
3/1 - 3/29	Th	See Above	\$36.50	18 & up
3/1 - 3/29	Mon/Th	See Above	\$51.25	18 & up
4/2 - 4/30	Mon	See Above	\$36.50	18 & up
4/5 - 4/26	Th	See Above	\$30	18 & up
4/2 - 4/30	Mon/Th	See Above	\$51.25	18 & up
5/7 - 5/21	Mon	See Above	\$23.50	18 & up
5/3 - 5/31	Th	See Above	\$36.50	18 & up
5/3 - 5/31	Mon/Th	See Above	\$46	18 & up



Belly Dancing

James Woody Community Center Arts & Crafts Room

Let's Belly Dance! Learn belly dance techniques and folk styling for fun and fitness. Class will consist of Egyptian technique accompanied by the authentic music with cultural context. This is a mixed level class. Adults only please. **No class 1/2.**
Instructor: Christina Silva

DATES	DAY	TIME	FEE	AGES
1/9 - 1/30	Tue	7:30 - 8:30 pm	\$36	18 & up
2/6 - 2/27	Tue	7:30 - 8:30 pm	\$36	18 & up
3/6 - 3/27	Tue	7:30 - 8:30 pm	\$36	18 & up
4/3 - 4/24	Tue	7:30 - 8:30 pm	\$36	18 & up
5/1 - 5/29	Tue	7:30 - 8:30 pm	\$44	18 & up

Mommy & Me Dance Fun

James Woody Community Center Arts & Crafts Room

Come have fun and burn off energy with your kiddo! This class will incorporate modern music with a variety of dance moves including ballet, hip hop and Middle Eastern dance. Short choreographies will be taught with your child that can be performed together. Performance opportunities at local dance events. Designed for caregivers and children under 10 years of age. **No class 1/1, 1/15, 2/19, 3/19, 3/26, 5/28.**

Instructor: April Vincent

Fees are for: 1 child, 2 children or 3 children

DATES	DAY	TIME	FEE	AGES
1/8 - 1/29	Mon	5:45 - 6:30 pm	\$25/\$28/\$31	10 & under
2/5 - 2/26	Mon	5:45 - 6:30 pm	\$25/\$28/\$31	10 & under
3/5 - 3/12	Mon	5:45 - 6:30 pm	\$18/\$20/\$22	10 & under
4/2 - 4/30	Mon	5:45 - 6:30 pm	\$39/\$44/\$49	10 & under
5/7 - 5/21	Mon	5:45 - 6:30 pm	\$25/\$28/\$31	10 & under

Neon Fitness Party

James Woody Community Center Auditorium

Come and experience different types of fitness, where you decide what works for you! Come ready to shake your groove thing with Meanna, of Thickness Fitness, as we party our way to health. We will have local food and beverages for sale by some of our favorite vendors. We will also have raffles for the children! We can't wait to see you there!

DATES	DAY	TIME	FEE	AGES
1/13	Sat	7:00 - 9:00 pm	\$20	15 & up
3/24	Sat	7:00 - 9:00 pm	\$20	15 & up

Dancing Doc's Easy Line Dancing

James Woody Community Center Arts & Crafts Room

Learn popular country and pop line dances in a high energy and relaxed environment. A fun way to work out both the body and the mind. Grab your friends and join us for a fun time!

No class 2/19, 2/28, 4/9, 4/11, 5/28.

Instructor: Karen Ray

Drop in for \$7

DATES	DAY	TIME	FEE	AGES
1/29	Mon	12:30 - 2:00 pm	\$12	18 & up
1/31	Wed	12:30 - 2:00 pm	\$12	18 & up
1/29 - 1/31	Mon/Wed	12:30 - 2:00 pm	\$18	18 & up
2/5 - 2/26	Mon	12:30 - 2:00 pm	\$28	18 & up
2/7 - 2/21	Wed	12:30 - 2:00 pm	\$28	18 & up
2/5 - 2/26	Mon/Wed	12:30 - 2:00 pm	\$46	18 & up
3/5 - 3/26	Mon	12:30 - 2:00 pm	\$36	18 & up
3/7 - 3/28	Wed	12:30 - 2:00 pm	\$36	18 & up
3/5 - 3/28	Mon/Wed	12:30 - 2:00 pm	\$60	18 & up
4/2 - 4/30	Mon	12:30 - 2:00 pm	\$36	18 & up
4/4 - 4/25	Wed	12:30 - 2:00 pm	\$28	18 & up
4/2 - 4/30	Mon/Wed	12:30 - 2:00 pm	\$53	18 & up
5/7 - 5/21	Mon	12:30 - 2:00 pm	\$24	18 & up
5/2 - 5/30	Wed	12:30 - 2:00 pm	\$44	18 & up
5/2 - 5/30	Mon/Wed	12:30 - 2:00 pm	\$60	18 & up

Gymnastics & Dance

Gymnastics

360 Gymnastics Academy
22355 Powhatan Road, Suite C-1, Apple Valley

360 Freestyle Gymnastics Academy provides a safe, fun and healthy experience for our gymnasts. It is our philosophy that gymnastics can be for everyone and most of all...it's fun! We stress a positive learning experience and provide high quality instruction in an atmosphere that promotes positive self-esteem and encourages the "habit" of physical fitness for life. Register in advance at Town Hall. **A \$40 annual registration fee is due on the second day of class and paid directly to 360 Gymnastics, in cash.**

Baby Bears Gymnastics

Mommy and Me Gymnastics is a child/parent interactive program that stimulates your child's athletic ability. Register in advance at Town Hall. **No class 5/5.**

Gym Bears Gymnastics

This class is designed to introduce young children to the fundamentals of gymnastics. Register in advance at Town Hall. **No class 5/5.**

DATES	DAY	TIME	FEE	AGES
1/2 - 1/30	Tu	9:00 - 9:45 am	\$45.75	1.5 - 3
1/6 - 1/27	Sat	10:00 - 10:45 am	\$37	1.5 - 3
2/6 - 2/27	Tu	9:00 - 9:45 am	\$37	1.5 - 3
2/3 - 2/24	Sat	10:00 - 10:45 am	\$37	1.5 - 3
3/6 - 3/27	Tu	9:00 - 9:45 am	\$37	1.5 - 3
3/3 - 3/31	Sat	10:00 - 10:45 am	\$45.75	1.5 - 3
4/3 - 4/24	Tu	9:00 - 9:45 am	\$37	1.5 - 3
4/7 - 4/28	Sat	10:00 - 10:45 am	\$37	1.5 - 3
5/1 - 5/29	Tu	9:00 - 9:45 am	\$45.75	1.5 - 3
5/12 - 5/26	Sat	10:00 - 10:45 am	\$28.25	1.5 - 3

DATES	DAY	TIME	FEE	AGES
1/2 - 1/30	Tu	9:45 - 10:30 am	\$52	4 - 5
1/6 - 1/27	Sat	10:45 - 11:30 am	\$42	4 - 5
2/6 - 2/27	Tu	9:45 - 10:30 am	\$42	4 - 5
2/3 - 2/24	Sat	10:45 - 11:30 am	\$42	4 - 5
3/6 - 3/27	Tu	9:45 - 10:30 am	\$42	4 - 5
3/3 - 3/31	Sat	10:45 - 11:30 am	\$52	4 - 5
4/3 - 4/24	Tu	9:45 - 10:30 am	\$42	4 - 5
4/7 - 4/28	Sat	10:45 - 11:30 am	\$42	4 - 5
5/1 - 5/29	Tu	9:45 - 10:30 am	\$52	4 - 5
5/12 - 5/26	Sat	10:45 - 11:30 am	\$32	4 - 5

Ninja Kids

Basic ninja warrior skills: Obstacles, flipping, hanging, climbing. Register in advance at Town Hall.

Wild Bears Gymnastics

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall. **No class 5/5. Saturday is a girls-only class.**

DATES	DAY	TIME	FEE	AGES
1/3 - 1/31	Wed	7:30 - 8:30 pm	\$62	6 - 12
1/5 - 1/26	Fri	5:30 - 6:30 pm	\$50	6 - 12
2/7 - 2/28	Wed	7:30 - 8:30 pm	\$50	6 - 12
2/2 - 2/23	Fri	5:30 - 6:30 pm	\$50	6 - 12
3/7 - 3/28	Wed	7:30 - 8:30 pm	\$50	6 - 12
3/2 - 3/30	Fri	5:30 - 6:30 pm	\$62	6 - 12
4/4 - 4/25	Wed	7:30 - 8:30 pm	\$50	6 - 12
4/6 - 4/27	Fri	5:30 - 6:30 pm	\$50	6 - 12
5/2 - 5/30	Wed	7:30 - 8:30 pm	\$62	6 - 12
5/4 - 5/25	Fri	5:30 - 6:30 pm	\$50	6 - 12

DATES	DAY	TIME	FEE	AGES
1/2 - 1/30	Tu	5:00 - 6:15 pm	\$64.50	7 - 12
1/6 - 1/27	Sat	1:00 - 2:15 pm	\$52	7 - 12
2/6 - 2/27	Tu	5:00 - 6:15 pm	\$52	7 - 12
2/3 - 2/24	Sat	1:00 - 2:15 pm	\$52	7 - 12
3/6 - 3/27	Tu	5:00 - 6:15 pm	\$52	7 - 12
3/3 - 3/31	Sat	1:00 - 2:15 pm	\$64.50	7 - 12
4/3 - 4/24	Tu	5:00 - 6:15 pm	\$52	7 - 12
4/7 - 4/28	Sat	1:00 - 2:15 pm	\$52	7 - 12
5/1 - 5/29	Tu	5:00 - 6:15 pm	\$64.50	7 - 12
5/12 - 5/26	Sat	1:00 - 2:15 pm	\$39.50	7 - 12



Baton Twirling

James Woody Community Center Auditorium

March in the Disneyland parade, and perform at Knott's Berry Farm too! Learn to march, dance, and twirl the baton, while focusing on coordination and self-discipline.

No class 3/29, 5/31.

Instructor: Shari Taylor

DATES	DAY	TIME	FEE	AGES
1/4 - 1/25	Thu	6:10 - 6:55 pm	\$32	6 - 13
2/1 - 2/22	Thu	6:10 - 6:55 pm	\$32	6 - 13
3/1 - 3/22	Thu	6:10 - 6:55 pm	\$32	6 - 13
4/5 - 4/26	Thu	6:10 - 6:55 pm	\$32	6 - 13
5/3 - 5/24	Thu	6:10 - 6:55 pm	\$32	6 - 13

Pom Pom

James Woody Community Center Auditorium

Learn how to move with the music with Pom Poms. If you are over 6 years old you can even march in the Disneyland parade. Come make friends and have fun! Pom poms can be purchased from the instructor for \$20. **No class 3/29, 5/31.**

Instructor: Shari Taylor

DATES	DAY	TIME	FEE	AGES
1/4 - 1/25	Thu	7:00 - 7:50 pm	\$32	6 - 13
2/1 - 2/22	Thu	7:00 - 7:50 pm	\$32	6 - 13
3/1 - 3/22	Thu	7:00 - 7:50 pm	\$32	6 - 13
4/5 - 4/26	Thu	7:00 - 7:50 pm	\$32	6 - 13
5/3 - 5/24	Thu	7:00 - 7:50 pm	\$32	6 - 13

Intro to Youth Tumbling

James Woody Community Center Mini-Gym

Learn jumps, rolls, cartwheels and more. Class also covers stretching and conditioning exercises. Form-fitting clothing and gymnastics shoes are also required. **No class 1/2, 5/15.**

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
1/9 - 1/30	Tue	4:10 - 5:00 pm	\$35	5 - 15 yrs 11 mos
2/6 - 2/27	Tue	4:10 - 5:00 pm	\$35	5 - 15 yrs 11 mos
3/6 - 3/27	Tue	4:10 - 5:00 pm	\$35	5 - 15 yrs 11 mos
4/3 - 4/24	Tue	4:10 - 5:00 pm	\$35	5 - 15 yrs 11 mos
5/1 - 5/29	Tue	4:10 - 5:00 pm	\$35	5 - 15 yrs 11 mos

Tiny Tot Tap & Ballet

James Woody Community Center Arts & Crafts Room

Kids will learn basic ballet and tap steps and routines, and how to keep time with the music. We will have activities, games and fun days. Students should wear a leotard and bring tap and ballet shoes. **No class 1/2, 5/15.**

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
1/9 - 1/30	Tue	5:15 - 6:00 pm	\$35	2.5 - 4 yrs 11 mos
2/6 - 2/27	Tue	5:15 - 6:00 pm	\$35	2.5 - 4 yrs 11 mos
3/6 - 3/27	Tue	5:15 - 6:00 pm	\$35	2.5 - 4 yrs 11 mos
4/3 - 4/24	Tue	5:15 - 6:00 pm	\$35	2.5 - 4 yrs 11 mos
5/1 - 5/29	Tue	5:15 - 6:00 pm	\$35	2.5 - 4 yrs 11 mos



Intro to Tap and Ballet

James Woody Community Center Arts & Crafts Room

Learn basic ballet and tap steps. Kids will learn how to keep time with music and will learn routines. We will have activities, games and fun days. Students should wear a leotard and bring tap and ballet shoes. **No class 1/2, 5/15.**

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
1/9 - 1/30	Tue	6:10 - 7:10 pm	\$35	5 - 8
2/6 - 2/27	Tue	6:10 - 7:10 pm	\$35	5 - 8
3/6 - 3/27	Tue	6:10 - 7:10 pm	\$35	5 - 8
4/3 - 4/24	Tue	6:10 - 7:10 pm	\$35	5 - 8
5/1 - 5/29	Tue	6:10 - 7:10 pm	\$35	5 - 8

Healthy Apple Valley

Healthy Apple Valley is proud to be a collection site for used eye glasses. Drop your used eye glasses off at the Recreation Counter anytime of the year. All used eye glasses are donated to the Gift of Sight program through the Lions Club.

The Heart Games

Apple Valley Conference Center

Heart Games is the Family Feud of Physical Activity! Grab your friends, family and coworkers for the 2018 Heart Games. Teams consist of 3-5 players; each team will compete in a variety of family friendly checkpoints throughout the park! Activities include dancing, health knowledge and of course physical activity. Teams are encouraged to dress in spirit clothes- 50 bonus points awarded to each team that dresses up! After your team has completed all 10 checkpoints check in at the Recreation Center for the 2018 Health and Wellness Fair. If you are interested in sponsoring or assisting the committee with this event, please call 760-240-7880.

Registration deadline 2/8.

DATES	DAY	TIME	FEE	AGES
2/24	Sat	8:30 am - 12:00 pm	\$10/player	8 & up

5th ANNUAL UNITED IN CHRIST



HEALTH FAIR

Saturday, February 24, 2018
 Town Hall Recreation Center
 14955 Dale Evans Parkway
 Apple Valley, CA 92307
 10:00 am - 12:00 pm

Healthy Apple Valley Mission



Healthy Apple Valley is a coalition consisting of representatives from public and private entities and businesses as well as residents within the community. This coalition supports the Healthy Apple Valley mission of improving the health and well-being of our residents through the promotion of healthy eating, education, cooking programs and physical activity.

Working For A Healthier Community

Healthy Apple Valley's THREE core components:

1. Eat Smart
2. Be Active
3. Live Better

www.AVRecreation.org
HealthyAV@applevalley.org
 760-240-7880

Inner Yoga

James Woody Community Center Arts & Crafts Room

Inner Yoga is an active form of meditation which blends Western ideologies, such as the power of thought and intention, with the Eastern philosophies of meditation and mindfulness. This course teaches students how to move through emotional discomfort, stress and pain in a safe and non-judgmental environment. Through a combination of pain management breathing exercises and creative visualizations, students learn how to take full responsibility for their health and well-being. By the end of this course, students will have acquired the skills to release dis-ease as well as make positive choices benefiting themselves and those around them. **No class 1/13, 1/31, 2/19, 2/28, 3/21, 3/28, 4/30, 5/28 & 5/30.**

Instructor: Jolé Morton

DATES	DAY	TIME	FEE	AGES
1/8 - 1/29	Mon/Wed	9:30 - 10:30 am	\$35.50	14 & up
2/5 - 2/26	Mon/Wed	9:30 - 10:30 am	\$35.50	14 & up
3/5 - 3/26	Mon/Wed	9:30 - 10:30 am	\$35.50	14 & up
4/2 - 4/25	Mon/Wed	9:30 - 10:30 am	\$46	14 & up
5/2 - 5/23	Mon/Wed	9:30 - 10:30 am	\$40.75	14 & up

Apple Valley Municipal Animal Shelter



22131 Powhatan Road
Apple Valley, CA 92308
(760) 240-7000 x 7555

Tuesday - Saturday (9:00 am to 4:00 pm)
Closed Sunday, Monday and Designated Holidays

After-Hours Emergency (760) 961-6001

Basic Dog Obedience

Corwin Park

In this basic course your dog will learn to walk on a leash, sit, lay down, stay, come when called and stand still for grooming/exams. Dogs must be current on all vaccines, including rabies. Bring your vaccination records and registration receipt to the first class. Leashes and collars available for purchase during the first two classes. For more information call Claudia Wolff at (760) 298-1369. Register at Town Hall.

DATES	DAY	TIME	FEE	AGES
1/13 - 2/24	Sat	9:00 am - 10:00 am	\$100	14 & up
3/10 - 4/21	Sat	9:00 am - 10:00 am	\$100	14 & up
5/5 - 6/23	Sat	9:00 am - 10:00 am	\$100	14 & up



Pet Vaccination Clinic

Town of Apple Valley Animal Services
22131 Powhatan Road

To help maintain the health of our pets, all dogs four months of age or older must have their rabies vaccination and current license in the Town of Apple Valley. To help residents meet this requirement the Animal Services Department is holding a low-cost vaccination clinic. Rabies shots are \$6 each. Other vaccinations are available at a reduced price. Cash only. Dog licensing and microchip services are available the same day. Call Animal Services at (760) 240-7000 ext 7555 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
2/7	Wed	5:00 - 7:00 pm	See Above	All Ages
4/4	Wed	5:00 - 7:00 pm	See Above	All Ages

Spring Camp at The Animal Shelter

Town of Apple Valley Animal Services
22131 Powhatan Road

Students ages 10 to 18 can spend their spring break at the Town of Apple Valley Municipal Animal Shelter. Participants will experience live animal encounters, learn basic animal grooming techniques, take pet health care classes, meet some new friends, play some games, do arts & crafts and participate in some fun community service. Call Animal Services at (760) 240-7000 ext 7555 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
3/27 - 3/30	Tue - Sat	9:00 am - 4:00 pm	\$65	10 - 18

Cruisin' Fur Critters Run

Town of Apple Valley Animal Services
22131 Powhatan Road

Help benefit our furry friends at the Apple Valley Animal Shelter. Enjoy a ride on your bike or in your car from the Animal Shelter to different fun locations in the High Desert! Fee includes one event card, lunch, T-shirt and ride pin for pre-registrants. Pre-registration available through April 22. Raffles, live music, high-hand prize and a fun time! Call Animal Services at (760) 240-7000 ext 7555 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
5/12	Sat	Registration 8:30 - 9:00 am	\$20/first rider \$15/passenger	All Ages



Jacquie's Busy Bees

Town Hall Recreation Center

Looking to give your child a head start to Kindergarten? Check out our new parent participation preschool class! Ms. Jacquie has been working with children for over 20 years, her goal is to bring joy and excitement to the classroom. This new early childhood development class will focus on the importance of sharing, playing with others, education and individual development. Parents are requested to volunteer twice a month. Please bring a healthy snack and wear closed toed shoes. **There is a \$20 materials fee due in cash to the instructor on the first day of class.** Children must be potty trained, sorry no pullups. **No class 1/1, 1/15, 2/19, 3/30, 4/30, 5/28, 5/31.**

Instructor: Jacqueline Belikoff

DATES	DAY	TIME	FEE	AGES
1/3 - 1/31	M/W/F	8:30 - 10:30 am	\$91	3 - 4.5
2/2 - 2/28	M/W/F	8:30 - 10:30 am	\$83.75	3 - 4.5
3/2 - 3/28	M/W/F	8:30 - 10:30 am	\$91	3 - 4.5
4/2 - 4/27	M/W/F	8:30 - 10:30 am	\$91	3 - 4.5
5/2 - 5/30	M/W/F	8:30 - 10:30 am	\$91	3 - 4.5



Priority Registration

Many of our on-going classes frequently meet their maximum capacity. In order to ensure currently enrolled students get an opportunity to re-register, we provide a "Priority Registration" window. This window gives currently enrolled students until the 15th to register for the following month. Beginning on the 16th, enrollment for the remaining spots will be first-come first-served.

Ms Olivia's Pre-K/TK

Parent Participation Group

James Woody Community Center Auditorium

This popular enrichment program for tiny tots is aimed at encouraging intellectual, physical and social growth for a positive transition into kindergarten. Classes are taught by Ms. Olivia Ayala who has over 23 years of hands-on experience. Classes follow the AVUSD calendar. **An annual \$25 registration fee is due, in cash, on the first day of class and paid to the instructor.** Call Olivia at (760) 240-1159 for more information. Please bring a healthy snack and wear closed toe shoes. Participants must be potty trained.

Instructor: Olivia Ayala

- * Class provides an opportunity for children to separate from their parents.
- * Introduction to sharing and cooperative play.
- * Introduction to early learning: colors, shapes, counting and alphabet.
- * Program progresses as child progresses in a developmentally appropriate environment.
- * Emphasis on letter recognition, math concepts and kindergarten readiness.
- * Learn to follow directions, improve language skills and social growth.

DATES	DAY	TIME	FEE	AGES
1/9 - 2/1	Tu/W/Th	8:30 - 11:00 am	\$100	3.9 - 5
2/6 - 3/1	Tu/W/Th	8:30 - 11:00 am	\$100	3.9 - 5
3/6 - 3/22	Tu/W/Th	8:30 - 11:00 am	\$75.95	3.9 - 5
4/3 - 4/26	Tu/W/Th	8:30 - 11:00 am	\$100	3.9 - 5
5/1 - 5/24	Tu/W/Th	8:30 - 11:00 am	\$100	3.9 - 5



Hafla

James Woody Community Center Auditorium

What is a Hafla? It's a Belly Dance Party! Haflas always involve lots of dancing and socializing. It is an open performance platform for dancers of all levels who want to showcase their skills in front of a supportive and encouraging audience. All residents and nonresidents are encouraged to attend and participate in this fun, family friendly dancing event.

DATES	DAY	TIME	FEE	AGES
1/27	Sat	5:00 - 8:00 pm	FREE	All

Neon Fitness Party

James Woody Community Center Auditorium

Come and experience different types of fitness, where you decide what works for you! Come ready to shake your groove thing with Meanna, of Thickness Fitness, as we party our way to health. We will have local food and beverages for sale by some of our favorite vendors. We will also have raffles for the children! We can't wait to see you there!

DATES	DAY	TIME	FEE	AGES
1/13	Sat	7:00 - 9:00 pm	\$20	15 & up
3/24	Sat	7:00 - 9:00 pm	\$20	15 & up

CERT

Community Emergency Response Team

Yucca Loma Fire Station #336, 19235 Yucca Loma Rd

Are you interested in learning about disaster preparedness and how to care for yourself and your family in a disaster such as an earthquake, fire or flood? Do you want to help care for your neighbors and the community of Apple Valley in a disaster? If so, CERT is for you! Those who complete the FREE 20-hour course are recognized as program graduates and receive a certificate of completion and a FREE CERT emergency kit. Register online. For more information please email ready@applevalley.org or visit www.readyapplevalley.org.

* Must be 18 or over unless course is taken with parent or legal guardian.



DATES	TIME	FEE	AGES
1/20 - 2/3	8:00 am - 4:00 pm	FREE	18 & up *

Explore 250 Legitimate Home Business Ideas

Apple Valley Conference Center

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive business start up workshop you will ever find. You will discover:

- * more than 250 legitimate home business ideas
- * mandatory legal documentation
- * many ways to market your product/service
- * how to take tax deductions (this workshop included!)

If you really want to succeed in a home business, this step-by-step session is a must! A mandatory \$20 materials fee is payable to the instructor at the door.

Instructor: LeeAnne Krusemark

DATES	DAY	TIME	FEE	AGES
2/8	Thu	5:00 - 7:00 pm	\$39	18 - 88

Special Events



Save \$Money\$ with Extreme Couponing

Apple Valley Conference Center

Learn how to save money every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This comprehensive workshop will teach you:

- * where to find all different types of coupons, even for high ticket items
- * how to find the best coupon apps and websites
- * how to match coupons with sales for maximum savings
- * how to find other people to trade coupons and merchandise with

Feel free to bring your coupons to class for a trading session. This workshop is taught by someone who has used many couponing

Instructor: LeeAnne Krusemark

DATES	DAY	TIME	FEE	AGES
2/8	Thu	4:00 - 5:00 pm	\$21	18 - 88

Beginner's Guide to Getting Published

Town Hall Recreation Center

If your goal is to become a published freelance writer by selling a magazine article, short story, poem or even a novel to a traditional publisher, this comprehensive workshop is the place for you.

- Become a published writer overnight
- Submit manuscripts the correct way
- Find the right publisher for your work
- Write irresistible query letters
- 100 ways to make money as a freelance writer
- Obtain FREE future Q&A opportunities
- **One time \$20 material fee is due to the instructor at the class**

Instructor: LeeAnne Krusemark

DATES	DAY	TIME	FEE	AGES
2/8	Thu	7:00 - 9:00 pm	\$39	18 - 88

Kid's Night Out

Town Hall Recreation Center

Looking to take your loved one out for a special Valentine's weekend? Need a safe entertaining place to leave the kids? Look no further than Apple Valley Recreation. Our friendly staff is here to save the day! We will provide a light dinner of pizza and fruit, games and end with a movie or craft! Space is limited so please register early. All children must be potty trained.

Registration Deadline is 2/15.

DATES	DAY	TIME	FEE	AGES
2/16	Fri	6:00 - 10:00 pm	\$12	5 - 12



Easter Egg Hunt

James Woody Community Center

The Sharon Frazier Annual Easter Egg Hunt hosted by AV Optimist Club #15017 is back for its 54th year! Children ages 10 and under are invited to participate in this FREE annual Easter Egg Hunt at the James Woody Community Center. Children are encouraged to bring their Easter Basket for egg collecting fun. Please note, parents are not permitted on the field with their children. Egg Hunt is intended for children under 10 years of age. If you would like to donate to this event please contact the Recreation Department at 760-240-7880.

9:30 am	1 - 2 years	Field #1
9:40 am	3 - 6 years	Field #2
9:45 am	Special Needs	Field #6
9:50 am	7 - 10 years	Field #3

DATE	TIME	FEE	AGES
3/31	See Above	FREE	10 & under



Community Clean Up Day

Check in at Town Hall - 14955 Dale Evans Parkway

Take pride in your Town and contribute to "A Better Way of Life." Join nearly 1,000 local volunteers as we clean streets, sidewalks and vacant lots all around town. Get all the supplies you need plus lunch and an event T-shirt while supplies last. Pre-registration is encouraged before. Call (760) 240-7000 ext 7071 or visit AppleValleyEvents.org to register in advance.

DATES	DAY	TIME	FEE	AGES
4/14	Sat	8:30 am - 12:00 pm	FREE	All Ages



Concerts in The Courtyard

Apple Valley Commons Courtyard

Connect with friends, family and neighbors with live music at The Courtyard at Apple Valley Commons. The beautiful outdoor dining area is located at the northwest corner of Highway 18 and Dale Evans Parkway, next to Round Table Pizza. Call (760) 240-7000 ext. 7071 for more information or visit AppleValleyEvents.org.

DATES	TIME	FEE	AGES
Every Thursday in May	6:00 - 8:00 pm	FREE	All Ages



Apple Valley Track Meet

Newton T. Bass Stadium at Apple Valley High School
11837 Navajo Road

Break out those running shoes and come take part in this free event! Events include the 50M, 100M, 200M, 800M and 1600M runs, a softball throw and standing long jump. There will also be an exciting 400M school relay race to conclude the event. Call (760) 240-7880 for more information. **Pre-register at the Recreation counter at Town Hall before 4/11. There will be no late or on-site registrations.**

DATES	DAY	TIME	FEE	GRADES
4/21	Sat	8:00 am - 2:00 pm	FREE	3 - 8

Rockin' Flea Market

Lion's Park

Rock and roll and shop 'til you drop! Our community flea market plays host to individuals, non-profit, church and civic groups to sell rummage items. Live music and food vendors will make your shopping a unique experience. For more information call (760) 240-7000 ext 7000 or 7071 or visit AppleValleyEvents.org
Vendor space is \$20 or \$10 for non-profits.

DATE	DAY	TIME	FEE	AGES
5/12	Sat	8:00 am - 1:00 pm	FREE	All Ages

Movies in the Park

Civic Center Park

Enjoy a one-of-a-kind experience that offers everyone the opportunity to sit back, relax and enjoy a movie under the stars. Seating is available 1 hour prior to sunset. Movie to be determined. Event may be cancelled due to weather.

DATES	DAY	TIME	FEE	AGES
5/25	Fri	Movie starts at dusk	FREE	All Ages

5K Walk & 5K/10K Run
Saturday, March 31

Bunny Run

Check in at 7 a.m.
Race starts at 8 a.m.
James Woody Community Center Park
on field 8 (off Ottawa Road)

Kick off the spring season in the Town of Apple Valley by running (or hopping!) in our annual Bunny Run. Separate awards for men, women and children in different age divisions. A signed liability waiver is required for all participants. Pre-register by March 29 or event capacity.



Official Run Entry Form

Mail to: Town of Apple Valley Recreation Department, 14955 Dale Evans Parkway, Apple Valley, CA 92307

Name _____ Gender _____ DOB _____

Address _____ City _____ Zip Code _____

Phone _____ E-mail _____

- Event:**
- 5K Run 10K Run \$19.00 pre-registration (by 3/29) \$23.00 on day of race
 - 5K Walk w/medal \$10.00 (Limited supply, must sign liability waiver to participate)
 - 5K Walk FREE (must sign liability waiver to participate)

- Age Divisions:**
- 12 & under (5K only) 13 - 17 18 - 29 30 - 39 40 - 49 50 - 59 60 & up
- (only applies to run participants; walkers do not need to circle an age group)

Run T-Shirt \$10: Yes No

Size (adult): S M L XL

Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. I understand the race is run on public streets that are not closed to vehicular traffic. I will run on the shoulder whenever possible and take all safety precautions when on the road. The Town is not responsible for participant's injuries or damages occurring from hazardous recreation activities (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities.

Participant Signature _____ Date _____

Parent Signature (if under age 18) _____ Date _____

Office Use: Date Paid _____ Amount Paid _____ CA/CK _____ Shirt Rec'd _____ FREE Shirt _____ Initial _____

New!

The Recreation Department is now offering **Online Registration.**

Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Spring Co-Ed Softball League

Lenny Brewster Sports Center

Spring league is now forming! All players must be over 18 years of age. Contact the Recreation Office at (760) 240-7880 to register your team. Only 12 teams will be accepted in this league, so register early! Men must use a wooden softball bat 2 1/4" in diameter. **Registration deadline is 2/23. No game 3/30.**

DATES	DAY	GAME TIMES	FEE	AGES
3/2 - 4/27	Fri	6:30 - 9:00 pm	\$355	18 & up

Adult Golf Lessons

Apple Valley Golf Course

This course emphasizes the fundamentals of golf. Topics include the proper grips, stance, alignment, swings for the short and long game, putting, and the rules and etiquette of golf. Upon completion, students should be able to perform the basic golf shots and demonstrate a knowledge of the rules and etiquette of golf. Register at Town Hall.

No classes in January or on 3/31.

Instructor: AVGC Golf Pro

DATES	DAY	TIME	FEE	AGES
2/3 - 2/24	Sat	12:15 - 1:15 pm	\$80	18 & up
3/3 - 3/24	Sat	12:15 - 1:15 pm	\$80	18 & up
4/7 - 4/28	Sat	12:15 - 1:15 pm	\$80	18 & up
5/5 - 5/26	Sat	12:15 - 1:15 pm	\$80	18 & up

Spring Men's Adult Basketball League

Michael H. Martin Gym

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. All teams play in single elimination playoff tournament. Only 10 teams will be accepted.

Registration deadline is 2/23. No game 4/1.

DATES	DAY	GAME TIMES	FEE	AGES
3/4 - 5/6	Sun	4:30 - 7:45 pm	\$365	18 & up

Pickleball League

Michael H. Martin Gym

Grab a partner and join us for our new Pickleball League Night! Played in two divisions, Advanced and Beginning/Intermediate, teams of two will compete for 10 weeks, culminating in 1 Championship night! If you're not ready for league play, we have Open Pickleball twice a week (See Open Gym Schedule).

Registration deadline is 5/14.

DATES	DAY	TIME	FEE	AGES
5/21 - 7/23	Mon	6:00 - 9:00 pm	\$60/team	16 & up

Adult Softball and Basketball Officials Needed

CIF and SCMAF certification preferred.
Call (760) 240-7880 to get started

Open Gym

Schedule is subject to change and will vary depending on current league schedule.

Wednesdays	9:00 am - 12:00 pm	Pickleball
Wednesdays	6:00 - 9:00 pm	Basketball
Fridays	9:00 am - 12:00 pm	Pickleball
Fridays	6:00 - 9:00 pm	Basketball
Sundays	12:00 - 3:00 pm	Basketball

Cost: \$2/youth \$3/adult

Adults must provide valid picture I. D. Minors must have parent-signed emergency card on file. For more information, please call (760) 240-4892.



Adult Tennis Lessons

Apple Valley Golf Course tennis courts

Adults of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. **No class 1/13, 1/20, 2/10, 2/17, 3/31.**

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Sat	10:00 - 11:00am	\$19	18 & up
2/3 - 2/24	Sat	10:00 - 11:00am	\$19	18 & up
3/3 - 3/24	Sat	10:00 - 11:00am	\$34	18 & up
4/7 - 4/28	Sat	10:00 - 11:00am	\$34	18 & up
5/5 - 5/26	Sat	10:00 - 11:00am	\$34	18 & up

Intro to Tennis

Apple Valley Golf Course Tennis Courts

Never played Tennis before? Don't worry this course will cover all the basics and help you work on your skills and techniques on the court! This course is perfect for those looking to play with others without the fear of an intimidating player running the courts and discouraging players! This introduction to Tennis class is perfect for the entire family! Register at Town Hall. **No class 1/13, 1/20, 2/10, 2/17, 3/31.**

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Sat	7:45 - 8:30 am	\$17	All Ages
2/3 - 2/24	Sat	7:45 - 8:30 am	\$17	All Ages
3/3 - 3/24	Sat	7:45 - 8:30 am	\$30	All Ages
4/7 - 4/28	Sat	7:45 - 8:30 am	\$30	All Ages
5/5 - 5/26	Sat	7:45 - 8:30 am	\$30	All Ages

Youth Tennis

Apple Valley Golf Course tennis courts

Kids of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. **No class 1/13, 1/20, 2/10, 2/17, 3/31.**

Instructor: Bill Mocharnuk

***Beginning 8:30 - 9:15 am**
Intermediate/Advance 9:15 - 10:00 am

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Sat	See Above	\$17	6 - 17
2/3 - 2/24	Sat	See Above	\$17	6 - 17
3/3 - 3/24	Sat	See Above	\$30	6 - 17
4/7 - 4/28	Sat	See Above	\$30	6 - 17
5/5 - 5/26	Sat	See Above	\$30	6 - 17

* Beginning Tennis Lessons are Priority Registration. See page 18 for more information.

Pee Wee Tennis

Apple Valley Golf Course tennis courts

Small group lessons are offered for the young tennis enthusiast. Sign up today and your child will experience a challenging learning environment and will master new skills. Please bring a tennis racquet and a can of balls. Register at Town Hall.

No class 1/13, 1/20, 2/10, 2/17, 3/31.

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
1/6 - 1/27	Sat	8:00 - 8:30 am	\$19	3 - 5
2/3 - 2/24	Sat	8:00 - 8:30 am	\$19	3 - 5
3/3 - 3/24	Sat	8:00 - 8:30 am	\$34	3 - 5
4/7 - 4/28	Sat	8:00 - 8:30 am	\$34	3 - 5
5/5 - 5/26	Sat	8:00 - 8:30 am	\$34	3 - 5



Junior Golf Lessons

Apple Valley Golf Course

This is an opportunity for Junior Golfers to be introduced to the game of golf. It is open to any Junior age 6-17. Participants will learn that golf is FUN and have the opportunity to learn about golf and try some of the basic fundamentals. Register at Town Hall. **No classes in January and February or on 3/31.**

Instructor: AVGC Golf Pro

DATES	DAY	TIME	FEE	AGES
3/3 - 3/24	Sat	11:00 am - 12:00 pm	\$70	7 - 17
4/7 - 4/28	Sat	11:00 am - 12:00 pm	\$70	7 - 17
5/5 - 5/26	Sat	11:00 am - 12:00 pm	\$70	7 - 17



Adventures in Pee Wee Sports

James Woody Community Center Retention Basin

This 6-week program will stress the basic skills needed for team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended. **Registration deadline is one week prior to the start date.**

DATES	DAY	TIME	FEE	AGES
2/21 - 3/28	Wed	5:30 - 6:20 pm	\$48	3 - 4
2/24 - 3/31	Sat	9:00 - 9:50 am	\$48	3 - 4
2/24 - 3/31	Sat	10:00 - 10:50 am	\$48	4.5 - 5



The Recreation Department is now offering **Online Registration.**

Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Toddler Olympics

Michael H. Martin Gym

Sign your toddler up for the Apple Valley Toddler Olympics! Each tot will have the opportunity to compete in five different Olympic activities throughout the morning. Start practicing your ball throwing and jumping skills for this fun and exciting event. All participants will receive a participation medal.

DATES	DAY	TIME	FEE	AGES
3/17	Sat	9:00 - 11:00 am	\$5	3 - 5

Pee Wee & Hot Shots Basketball

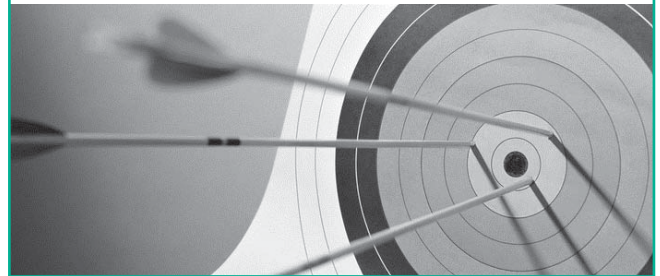
James Woody Community Center Mini-Gym

A fun, non-competitive introduction to basketball for the little ones. Basic skills will be taught while having fun with other youngsters! Volunteer coaches needed. Cost includes T-shirt, team party and trophy. **Registration deadline is 5/10.**

Pee Wee: Ages 3 - 4 • Hot Shots: Ages 5 - 6

DATES	DAY	TIME	FEE	AGES
6/2 - 7/14	Sat	Mornings	\$48	3 - 4 (PW)
6/2 - 7/21	Sat	Mornings	\$48	5 - 6 (HS)

Archery returning Summer of 2018



Youth Co-Ed Volleyball

Michael H. Martin Gym

Our non-competitive volleyball league is perfect for those wanting to experience the sport for the first time or those experienced players who want to sharpen their skills. Practice is one hour per week and one game per week. Volunteer officials and coaches are needed. Grades 3 - 8. Practice starts the week of 3/19. **Registration deadline is 3/7.**

DATES	GAMES	TIME	FEE	GRADES
4/5 - 5/19	Th/Sat	Varies	\$60	3 - 5
4/5 - 5/19	Th/Sat	Varies	\$60	6 - 8

Summer Youth Co-Ed Basketball

Michael H. Martin Gym

Maintain those skills over the summer! This program will emphasize sportsmanship, learning basic skills, teamwork and fun. All girls and boys entering grades 2 - 12 are invited to play. Practice (1 hour per week) will begin in May. Fee includes 8-week season, game jersey, officials, scorekeepers and gym costs. Volunteer coaches are needed. Space is limited so sign up early! **Registration deadline is 5/3.**

Tuesday or Thursday practices start the week of 5/21
Games played on Saturday start on 6/2

DATES	DAY	TIME	FEE	GRADES
6/2 - 7/28	Sat	8:00 am - 5:00 pm	\$60	2 - 12

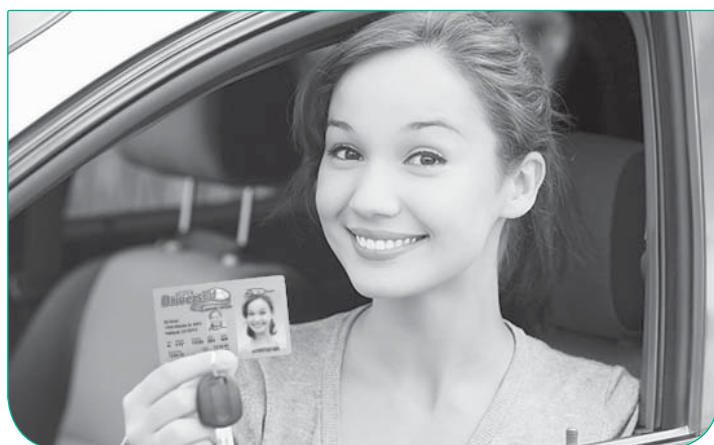


Driver's Education

Internet Course

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel training. Within 48 hours of registration, the student will have an account created and receive a welcome email and access to the course online. Register at the Town Hall Recreation Counter.

DATES	FEE	AGES
On going	\$40	14 - 17



AV PAL Youth Center

The Apple Valley Police Activities League (PAL) provides after school mentoring programs and athletic and life skills to our children at little or no cost.

Boxing • pool table • ping pong
computers • internet

Ages 8 - 17

**For more details and hours call (760) 961-0754
You can also visit our website at www.avpal.org**

Programs are offered at:
Youth Center: James Woody Community Center
Ward Room, 13467 Navajo Road
Boxing Center: 22390 Eyota Road

Teen Zone

Ages 13 - 17

Teen Zone is a group of kids ages 13 - 17 who come together to make a difference in their community through volunteer hours. Members support the Town of Apple Valley Recreation and Special Events Department. They also assist in community service projects with outside organizations and nonprofit groups. The goal of Teen Zone is to encourage youth to get involved with their community, learn new skills through educational workshops and develop skills that will assist them with their day to day living. If you are interested in participating please complete an application and return it to the Recreation Department or call 760-240-7880.



3 Diamond Skate Park James Woody Community Center Open 9 am - dusk

Skateboard and BMX aficionados can enjoy the 3 Diamond Skate Park. The park accommodates both skateboard and bike use.

The park has a distinct plaza style with stairs, ledges, a huge quarter pipe and more. BMX bikes, skateboards, roller skates and in-line skates are allowed.

All park users please be aware that the Town of Apple Valley's Municipal Code 11.68.060 requires users to wear a helmet, elbow and knee pads at all times while in the skate park. The rules are enforceable and citable. Thank you in advance for obeying the law.



Special Apples.....

Changing the world one disability at a time.

Special Apples encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have an opportunity to socialize and meet new friends. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence and cooperation. Join us on the 2nd Saturday of each month at various Park and Recreation locations for an evening of fun! All events include a snack.

Special Apples Craft Day

Town Hall Recreation Center

Looking for an outing this month? How about joining us for socialization and crafts? All crafts are entry level and will be fun for everyone! Activities include painting, cutting, decorating and creating! Hope you will join us.

DATES	DAY	TIME	FEE	AGES
1/13	Sat	9:30 - 11:00 am	\$5	8 & up

Special Apples Basketball

Michael H. Martin Gym

Hoop it up at the Special Apples Basketball Night! We will start with stretching and warm-ups and then organize teams and play a game. Come prepared to have a great time! Make sure to bring a water bottle.

DATES	DAY	TIME	FEE	AGES
3/10	Sat	6:00 - 8:00 pm	\$3	8 & up

Special Apples Valentine's Dance

Apple Valley Conference Center

Looking for somewhere to wear your favorite dress or suit? Look no further! Wear it to the Special Apples Valentines Dance! Grab your family and join us for an evening of dancing, music and laughs! Bring your favorite side to share. Nachos will be served!

DATES	DAY	TIME	FEE	AGES
2/10	Sat	6:00 - 8:00 pm	\$5	8 & up

Special Apples Floor Hockey

Michael H. Martin Gym

Want to try a new sport? How about indoor floor hockey - with your shoes on! Come learn a new sport or improve your techniques. It's all about the fun! So grab a friend and join us.

DATES	DAY	TIME	FEE	AGES
4/14	Sat	6:00 - 8:00 pm	\$3	8 & up



Community Information

TOWN OF APPLE VALLEY

14955 Dale Evans Parkway • Apple Valley, CA 92307

www.applevalley.org

Dial (760) 240-7000 and one of the following extensions:

Animal Services.....	7555
Building & Safety.....	7100
Business Licenses.....	7707
Code Enforcement.....	7560
Economic Development.....	7900
Engineering.....	7353
Human Resources.....	7600
Mayor & Town Council.....	7808
Parks Maintenance.....	6200
Planning.....	7200
Police Department.....	7400
Public Information.....	7074
Public Services.....	7500
Recreation.....	7880
Town Clerk.....	7800
Town Manager.....	7051

Sports Organizations....

Apple Valley BMX	applevalleyBMX.com • 760-240-5266
Apple Valley Little League.....	applevalleyll.com • 760-247-5441
Apple Valley Rattlers Football.....	applevalleyrattlers.org • 760-559-2868
Apple Valley Rebels Football.....	avrebels.com • 760-684-9011
Apple Valley Seminoles Football.....	avseminoles.com • 760-247-5424
Apple Valley Storm Soccer.....	avscstorm.org • 760-508-6192
Apple Valley Youth Soccer League.....	avyouthsoccerleague.com • 760-559-8401
Apple Valley Police Activities League.....	avpal.org
High Desert Pony Baseball.....	hdpleague.com • 760-927-9994
High Desert Youth Soccer League.....	hdysl.com • 760-961-7805
High Desert Tennis Association.....	highdeserttennis.org • 760-985-3796
PSP Sports & More.....	pspsportsandmore.org • 760-515-2572
Young Champions.....	ycusa.org • 714-259-1400

Community Organizations....

American Cancer Society.....	cancer.org • 800-227-2345
American Red Cross.....	redcross.org • 760-245-6511
Apple Valley Chamber of Commerce.....	avchamber.org • 760-242-2753
Apple Valley Fire Protection District.....	applevalleyfd.com • 760-247-7618
Apple Valley Library.....	sbcounty.gov/library • 760-247-2022
Apple Valley Optimist Club.....	• 760-887-7379
Apple Valley School District.....	avusd.org • 760-247-8001
Assistance League.....	victorvalleyassistanceleague.org • 760-961-2468
AVCO/Burrtec.....	burrtec.com • 760-245-8607
Boy Scouts (CA Inland Empire Council)	scouting.org • 877-732-1450
Community Police Assistance League.....	• 760-961-2468
Friends of Apple Valley Library.....	sbcounty.gov/library • 760-247-2022
Girl Scouts.....	girlscoutssangorgonio.org • 909-307-6555
High Desert Young Marines.....	• 760-240-5004
Mom's Club.....	momsclubofvictorvalley@yahoo.com
Paul Swick Family Center.....	paulswickfamilycenter.com • 760-240-5606
St. Mary's Immunization Clinic.....	• 760-242-2311

Equestrian Groups....

California Dressage Society (High Desert).....	• 760-247-4505
Mojave River Valley Horsemen's Assoc.....	mrvha.com • 760-247-5944

Recreation & Hobby Groups....

Hi High Desert Genealogy Society.....	• san2744@aol.com
Thunderbirds Square Dance.....	• 760-475-3473

Senior Services & Organizations....

Aging & Adult Services.....	• 800-510-2020
Apple Valley Senior Citizen's Club.....	• 760-247-3155
Inland Empire Legal Services.....	• 760-241-7073
Senior Information & Assistance.....	• 760-843-5181
Senior Select Resource Center.....	• 760-946-5915
Victor Valley Transit.....	vvta.org • 760-948-3030



Registration Information

Program Registration

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- Photo Policy: The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

Refund Policy

- Cancellation of Class: A full refund will be mailed to all registered participants if a program is cancelled by the Recreation Department.
- Voluntary Withdrawal: A refund may be requested prior to the registration deadline or before the first day of class by submitting a "Refund Request" form.
- Withdrawal After Class Start Date: A refund may be requested by completing a "Refund Request" form prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.
- NO refund requests will be accepted after the second class meeting.
- A \$2 processing fee will be charged to all refunds.
- Allow 4-6 weeks for a refund check.
- NO refunds for swim lessons or aquatic classes.

4 EASY WAYS TO REGISTER



1. ONLINE

Visit us at www.AVRecreation.org to register online.

2. WALK-IN

Walk-in registration is accepted at the Recreation counter at Town Hall only. Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.

Payment can be made by cash, check, debit or credit card (Discover, VISA, or Master Card).

3. MAIL-IN

Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).

Complete registration form below for classes. Total all fees.

Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you. Mail completed form and a check to:

Town of Apple Valley Park and Recreation Department
14955 Dale Evans Parkway
Apple Valley, CA 92307

4. DROP BOX

Complete registration form below for classes. Total all fees.

Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.

Drop completed form and payment by check in drop box located at:

James Woody Community Center, 13467 Navajo Road
(in the first alcove at the front of the Community Center)

OR

Town Hall, 14955 Dale Evans Parkway
(at the front of Town Hall)

OR

Civic Center Park Aquatic Center, 14999 Dale Evans Parkway
(located inside at the front desk)

TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

PLEASE PRINT CLEARLY - *do not use for Day Camp, ASAP or any sports programs. Additional paperwork required.*

Payee Information:

First & Last Name _____

Address: _____

Home Phone: _____

Cell Phone: _____

City: _____ Zip: _____

Participant's First & Last Name

D.O.B.

Class Name

Start Date

Fee

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee	Total Amount

Release of Liability

I, the undersigned, understand the following: I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

Signature _____ Date _____

Facilities include picnic shelters, ball fields, skate park, gymnasiums, amphitheater, campsites and horse arenas are also available to rent. Let us assist you with making your event a success! More information on all parks and facilities is available at www.AVRecreation.org (click on Parks and Facilities).
Call **(760) 240-7880** for availability and fees.



Apple Valley Golf Course

15200 Rancherias Road

The most storied club in the High Desert is OPEN TO THE PUBLIC. Known for having the "purest putting surfaces in Southern California," Apple Valley Golf Course boasts a rich history and reputation for pristine golf course conditions. Amenities available for public use include an 18-hole golf course, driving range, two tennis courts, banquet and meeting rooms. Golf and tennis lessons are also available call (760) 240-7880 for more information.

Call (760) 242-3653 or visit www.applevalleygolfclub.com for more information.

Get fit at Mendel Park

21860 Tussing Ranch Road

A new outdoor basketball court, hopscotch, four square court and exercise stations have been installed at Mendel Park. Combined with the existing picnic structure and playground, the new amenities are a significant improvement that will allow for individuals of all ages as well as large groups to better enjoy the grounds.

These improvements, maintenance and renovations were funded with a combination of CDBG block grant funds that allow for improvements and renovations of public park space, proceeds from the Reverse Triathlon and the Heart Games as well as general fund allocations.



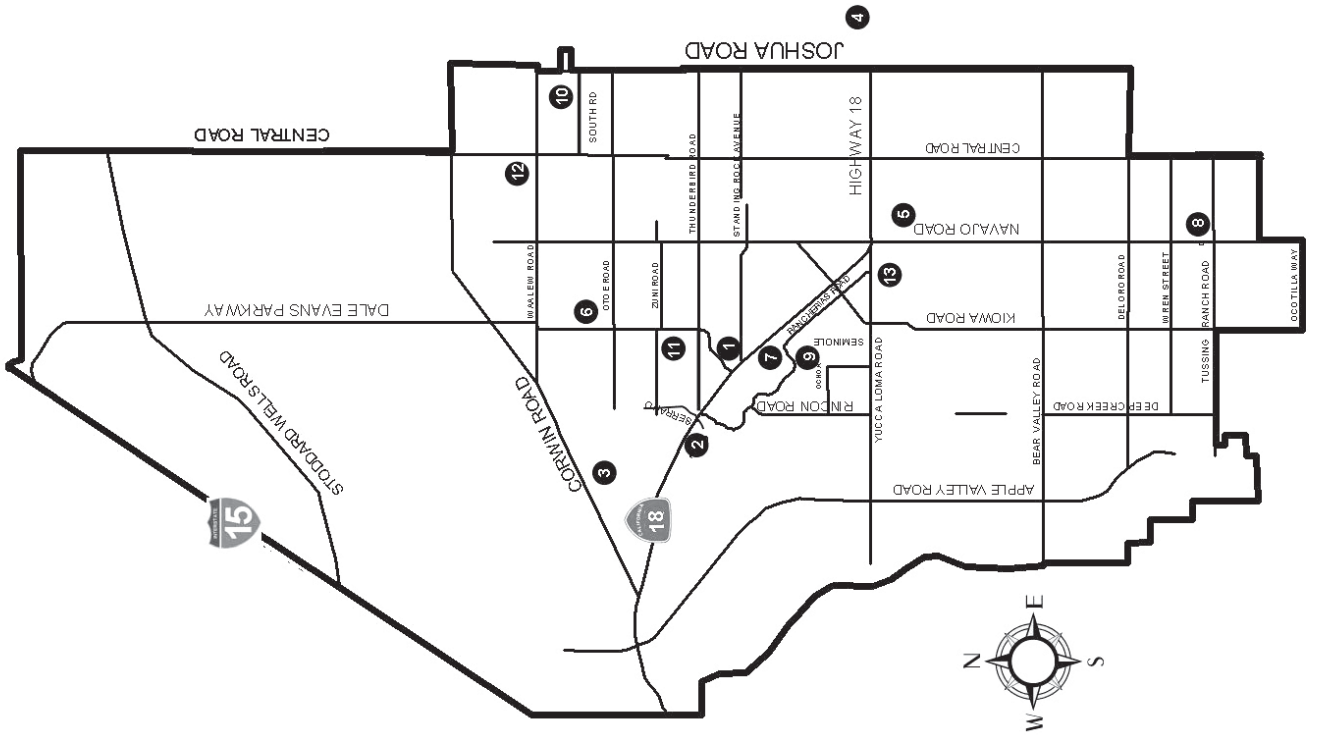
Fitness stations are available for use from dawn to dusk. Must be 13 and over to use the equipment. Call (760) 240-7880 for more information or to report damage to any of the equipment.



APPLE VALLEY

Facilities & Parks

Apple Valley Facilities & Parks	All parks have picnic tables												
Apple Valley Conference Center 14975 Dale Evans Parkway	1												
Apple Valley Golf Course 15200 Rancherias Road	2												
Civic Center Park & Aquatic Center 14999 Dale Evans Parkway	1												
Corwin Park 18577 Corwin Road	3												
Horsemen's Center 24320 Highway 18	4												
James Woody Community Center 13467 Navajo Road	5												
Lenny Brewster Sports Center 21024 Otoe Road	6												
Lion's Park S. Outer Hwy 18 east of Dale Evans	7												
Mendel Park 21860 Tussing Ranch Road	8												
Norm Schmidt Park 14053 Tuweep Trail	9												
Sycamore Rocks Park 23450 South Road	10												
Thunderbird Park 20700 Wichita Road	11												
Town Hall Recreation Center 14955 Dale Evans Parkway	1												
Virginia Park 17242 Central Road	12												
Yucca Loma Park 21351 Yucca Loma Road	13												



Celebrate

Your next event with the Town of Apple Valley

The Town of Apple Valley offers several venues that are available to rent for your next memorable gathering. From wedding receptions and bridal showers to meetings and corporate events, the Town of Apple Valley has just the place for you.

Please contact our Recreation Department to schedule a tour of our facilities.

For more information, please call (760) 240-7880.

Rooms to accommodate up to 300 guests

Catering & Full Kitchens

Audio Visual System

Rose Garden

Chairs & Tables included

Customizable Hours





Town of Apple Valley
Park & Recreation Dept
14955 Dale Evans Parkway
Apple Valley, CA 92307

ECRWSS
RESIDENTIAL CUSTOMER

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Victorville, CA
Permit No. 82

 /AVRecreation

+ Lifeguard Training +



- Rescue Skills
- CPR/AED
- First Aid
- Emergency Childbirth
- Major Trauma Emergencies

Session I: March 3 - 11
Session II: March 17 - 25
Registration Fee: \$200
Ages: 15 & up

See page 5 for more information and full class schedule.

5th Annual Heart Games



Saturday, February 24, 2018
8:30 a.m. — 12:00 Noon

A.V. Conference Center \$10 per player

*Fun *Dance *Fitness *Costumes *Sports *Health Fair

760-240-7880

See page 16 for more information!



Easter Egg Hunt and Bunny Run!



Easter Egg Hunt
Saturday, March 31
Starts at 9:30 a.m.
Ages 10 & under
See page 20 for more information

Bunny Run
5K Walk & 5K/10K Run
Saturday, March 31
Check in 7 a.m. Field 8
See page 22 for more information