

Apple Valley Parks & Rec

Apple Valley Track Meet



**Newton T. Bass Stadium
Apple Valley High School**

11837 Navajo Road
Apple Valley, Ca 92308

Grades
3rd-8th

Saturday, April 21
8:00am-2:00pm

Cost
Free. Pre-register by 4/11
no late or onsite registration

For more info:
AVrecreation.org
760-240-7880



**Town of Apple Valley
Parks & Recreation Dept.**
14955 Dale Evans Parkway
Apple Valley, CA 92307
(760) 240-7880

Breakout those running shoes and come take part in this free event! Events include the 50m, 100m, 200m, 800m and 1600m runs, softball throw, and standing long jump.

AGREEMENT AND RELEASE OF LIABILITY

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participant's injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles and or facilities while using said equipment, articles and/or facilities.

Name of Child _____

Boy/Girl _____ **Birth Date** _____ **Telephone** _____

Grade _____ **School** _____

Parent Name (Please Print) _____

Parent Signature _____

Email _____

2018

****Participants can enter either two track and one field or two field and one track event.
PLEASE CIRCLE EVENTS CHILD IS PARTICIPATING IN**

Boys/Girls
Grade 3 - 4

1. 50 Meter Dash
2. 100 Meter Dash
3. 200 Meter Run
4. 400 Meter Run
5. Standing Long Jump
6. Softball Throw

Boys/Girls
Grade 5 - 6

1. 100 Meter Dash
2. 200 Meter Run
3. 400 Meter Run
4. 800 Meter Run
5. Standing Long Jump
6. Softball Throw

Boys/Girls
Grade 7 - 8

1. 100 Meter Dash
2. 200 Meter Run
3. 800 Meter Run
4. 1600 Meter Run
5. Standing Long Jump
6. Softball Throw