

Are you interested in learning about Disaster Preparedness and how to care for yourself and your family in a Disaster, such as an earthquake, fire, or flooding?

Do you want to help care for your neighbors and the community of Apple Valley in a Disaster?

If so, then CERT (a free 20-hour course) is for YOU!

You will learn: Disaster Preparedness, Fire Safety, Disaster Medical Part 1 & 2, Light Search and Rescue, CERT Organization, Disaster Psychology, and Terrorism.

## NEXT TRAINING COURSE April 7, 21 & 28 Register on-line: www.ReadyAppleValley.org

For more information:

Office of Emergency Preparedness (760) 240-7000 ex 7890 ready@applevalley.org



