

Apple Valley Park & Rec

June - August 2018

Summer Recreation Guide



See inside for:
Classes • Sports • Aquatics • Events and More!

Summer 2018 Recreation Activities Guide



TOWN OF APPLE VALLEY

Town Council

Art Bishop	Mayor
Larry Cusack	Mayor Pro Tem
Curt Emick	Council Member
Scott Nassif	Council Member
Barb Stanton	Council Member

Meets the 2nd & 4th Tuesday of every month at 6:30 p.m. in the Town Council Chambers

PARKS AND RECREATION COMMISSION

Donald Tatera	Chairman
Valerie Smith	Vice-Chair
Richard Cambridge	Commissioner
Patrick Doran	Commissioner
Melissa Moon	Commissioner

The Commission meets the 1st Thursday of every other month at 6 p.m. in The Town Council Chambers. Call (760) 240-7000 ext 7885 for meeting dates.

PARKS AND REC STAFF

Ralph Wright	Parks & Rec Manager
Debbie Rivera	Administrative Secretary
Andy Shoup	Rec Supervisor
Elizabeth Fratt	Rec Assistant
Jonathan Settle	Rec Assistant
Tashina Miniszewski	Senior Office Assistant
Jessica Hall	Office Assistant
Julie Gilmer	Event Coordinator
Mandi Nelson	Event Coordinator Assistant

Office Hours

Located at Town Hall
14955 Dale Evans Parkway
(760) 240-7880

Monday - Thursday
7:30 am - 5:30 p.m.
Alternating Fridays
7:30 am - 4:30 p.m.

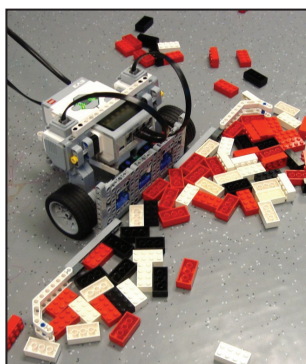
HOLIDAY CLOSURES
July 4

IN THIS ISSUE.....

Aquatics **2**



Arts	9
ASAP	10



Camps **11**

Fitness	14
Gymnastics & Dance	16
Healthy Apple Valley	19



Pet's Corner **20**

Preschool	21
-----------	----



Special Events **22**

Special Use Facilities **26**



Sports	29
Teens	32



Therapeutic Recreation **33**

Community Information	34
Registration Information	35
Parks & Facilities	36

New!

The Recreation Department is now offering **Online Registration.** Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Eric Lindbeck

Ataru Do Instructor

Eric began his martial arts training in 2002 in a Parks & Recreation Center. This is where he met his sensei, Don Burnell. He knew he had found his passion in martial arts and began a lifelong pursuit of mastery. He knew he would be an Iron Tiger for life. Eric has competed in tournaments throughout California and would place 2nd or 3rd in sparring almost every time. Sparring is definitely his favorite part of martial arts and his strong suit. Eric has dedicated his life to martial arts and passing on his sensei's teachings.



See page 15 for information on the Ataru Do class.

Mary Anne Carroll

Yoga & Gentle Yoga Instructor

Mary Anne says that being a wife and mother of 6 (now grown) homeschooled kids has often been a 3 ringed circus! Her Catholic Christian faith and exercise have been what helped her saintly and probably saved her kids lives. She is AFAA certified and has completed courses in Silver Sneakers, Senior Yoga and is currently enrolled in a Body



Movement course through AFAA for CEU's. Mary Anne's hope is to serve her clients with a mix of strength, balance, flexibility, positive community and JOY.

See page 15 for information on the Yoga & Gentle Yoga classes.

Park & Recreation Manager's Message

On behalf of the Town of Apple Valley Park's and Recreation Department, we proudly present the 2018 Summer Activities Guide. We are excited to provide a diverse spectrum of offerings to our citizens, with activities for the whole family to enjoy. We have special events such as our Summer Concert Series that takes place on Thursday nights in June and July at our Civic Center Park as well as our Movie in the Park program. The 21st Annual Freedom Festival will host over 10,000 people this July 4th at the Lenny Brewster Sports Center.

To cool down this Summer, our Aquatic Center will be operating over 17 hours a day kicking off with our annual Water Festival on June 2nd. There is truly something for everyone to do with recreational swim, lap swim, water aerobics and our swim lessons program as well as special events like our Dive in Movies and the Cardboard Boat Regatta.

I want to highlight that we have replaced the engineered wood chips in 5 of our playgrounds and replaced them with rubber mulch that is cleaner and provides for a safer park experience for our children. We are also in the process of making improvements to James Woody Park by replacing the front playground and installing sidewalks and concrete areas in the park. This will enable us to reduce the consumption of our water and enhance the park experience.

All of the information on our programming is available in this Summer Recreation Guide and available online through our Website at AVrecreation.org.

Thank you,
Ralph Wright

Aquatics - Swim Lesson Descriptions

Lessons for Children Under 5

Level Tad: Ages 6 mo-2	<u>Tadpoles - Parent & Child Level 1 - Objectives: Introduce children to swimming and water safety and lay a foundation for future learning. Parents are taught how to properly support and guard their children in an aquatic environment.</u>		
Skills:	All skills done with parental support Getting wet with toys and by kicking Blowing bubbles on surface	Explore the pool (in water and out) Front and back floats and glides Basic water safety	Submerging mouth, nose and eyes Safe entries and exits from water Passing from instructor to parent
Level Pol: Ages 2-4	<u>Pollywogs - Parent & Child Level 2 - Objectives: Explore basic water skills and safety. Transition to independence from parents.</u>		
Skills:	Explore the pool (shallow water) Roll from front to back, back to front Arm action - alternating or simultaneous	Open eyes and retrieve submerged object Float and Glide on front and back Leg action - alternating or simultaneous	Safe water entry and exit Open eyes underwater Explore swimming without a parent present
Level Min: Ages 2-4	<u>Minnows - Objectives: Build on skills learned in Pollywogs by providing additional guided practice at slightly more proficient levels and greater distances.</u>		
Skills:	<i>All skills are performed independently</i> Roll from front to back, back to front Arm action - alternating or simultaneous	Open eyes and retrieve submerged object Float and Glide on front and back Leg action - alternating or simultaneous	Blow bubbles through mouth and nose Explore treading water Basic water safety

Lessons for Children 5 & Up

- **To determine the best level for your child**, read the “Exit Skills” listed for each level. If your child can do the exit skills listed, proceed to the next level. Once you reach a level that your child can no longer perform the exit skills, you have found their appropriate swim lesson level!
- **If your child can perform the exit skills** listed for each level, but still needs more instruction, we recommend Private Swim Lessons or the Apple Valley Swim Club (on page 4).

Level 1: Ages 5 & Up	<u>Introduction to Water Skills - Objectives: Learn personal water safety skills, feel comfortable in the water and enjoy water safely.</u>	
Exit Skills:	1. Enter the water independently, using either the ladder, steps or side. Swim at least 5 yards, bob 3 times, then safely exit the water. 2. Glide on front at least 2 body lengths, roll to a back float for 3 seconds and recover to a vertical position.	
Level 2: Ages 5 & Up	<u>Fundamental Aquatic Skills - Objectives: Further develop arm and leg action, lay foundation for future strokes.</u>	
Exit Skills:	1. Step from side into chest-deep water, move into a front float for 5 seconds, roll to back float for 5 seconds, return to vertical. 2. Push off and swim using combined arm and leg actions on front for 5 body lengths, roll to back float for 15 seconds, roll to front and continue swimming for 5 body lengths.	
Level 3: Ages 6 & Up	<u>Stroke Development - Objectives: Swim the Front Crawl and Elementary Backstroke, introduce Dolphin and Scissor kicks and head-first diving.</u>	
Exit Skills:	1. Jump into deep water from side, swim Front Crawl for 15 yards, maintain position by treading water for 30 seconds and swim Elementary Backstroke for 15 yards, changing position as necessary.	
Level 4: Ages 6 & Up	<u>Stroke Improvement - Objectives: Improve skills and increase endurance. Learn Sidestroke, Breaststroke and explore Butterfly Stroke.</u>	
Exit Skills:	1. Perform feet-first entry into deep water, swim Front Crawl 25 yards, perform open turn, swim Elementary Backstroke 25 yards. 2. Perform Breaststroke for 15 yards, perform open turn, swim Back Crawl for 15 yards.	
Level 5: Ages 6 & Up	<u>Stroke Refinement - Objective: Refine performance of all strokes, increase distances, introduce flip turns.</u>	
Exit Skills:	1. Perform a shallow-angle dive, swim Front Crawl for 50 yards, performing flip turns as necessary, swim Elementary Backstroke for 50 yards. 2. Swim Breaststroke for 25 yards, perform flip turns as necessary, swim Back Crawl for 25 yards.	



Swim Fair Registration Day - May 5!

Registration for 2018 Summer Swim Lessons

Saturday, May 5 @ Town Hall • 7:30 - 10:00 am

Non-Residents can register at 9:00 am or whenever the Apple Valley line is empty

* Proof of residency required (picture ID & utility bill)

* *Only* a parent or legal guardian can register children for classes

* Enroll carefully as there are NO refunds, transfers or credits

* Line will form in between Town Hall and the Police Department

Swim Lessons 2018 (Mon - Fri)										
	Session 1 5/21 - 6/1 Mon - Fri \$36.00	Session 2 6/4 - 6/15 Mon - Fri \$36.00	Session 3 6/18 - 6/29 Mon - Fri \$36.00	Session 4 7/2 - 7/13 Mon - Fri \$33 no class 7/4	Session 5 7/16 - 7/27 Mon - Fri \$36.00	Session 6 7/30 - 8/10 Mon - Fri \$36.00	Session 7 8/13 - 8/24 Mon - Fri \$36.00			
9:05 - 9:35 am		L1 L2 Min L3 Tad	L1 L2 L3 L4 Min Tad	Min L1 L2 L3 Pol	Min L1 L2 L3 Pol					
9:40 - 10:10 am		L1 L3 Min Pol L1	L1 L2 L3 Min L1 Pol	Min L1 L2 L3 L4	Min L1 L2 L3 L4	L1 Pol Min L2				
10:15 - 10:45 am		L1 L2 L4 Min Tad	L1 L2 L3 Pol Min Tad	Min L1 L2 L3 Pol	Min L1 L2 L3 Pol	L1 Tad Min L2				
10:50 - 11:20 am		L1 L3 Pol Min L2	L1 L1 L2 L3 Min Pol	Min L1 L2 L4 Tad	Min L1 L2 L4 Tad					
11:25 - 11:55 am		L1 L2 Tad Min L4	L1 L1 L2 L3 Min	Min L1 L2 L3 Tad	Min L1 L2 L3 Tad					
6:15 - 6:45 pm		L1 Pol L1 L2 Min L1 Min L1 L1 Pol L1 L3		L1 L2 L1 L2 Min L1 Min L1 L1 Pol L1 L3		L1 Pol L1 L2 L1 L3				
6:50 - 7:20 pm	L4 L3 L3 L4 L2 Tad L2 Tad L1 L2 L2 L1									
	M/W/F Only Fee \$26.00	M/W/F Only Fee \$26.00	M/W/F Only Fee \$26.00	M/W/F Only Fee \$22.00	M/W/F Only Fee \$26.00	M/W/F Only Fee \$26.00	M/W/F Only Fee \$26.00	M/W/F Only Fee \$26.00		
4:30 - 5:00 pm	Min L1 Tad L2 L3	L1 L5 Min L2	L1 L1 L2 L5 Min	Min L1 L5 Pol L2	Min L1 L5 Pol L2	L1 Tad Min L2				
5:05 - 5:35 pm	Min L1 Pol L2 L4	L4 L2 Tad Min	L1 L3 L4 L5 Min	L2 L1 L3 L5 Min	L2 L1 L3 L5 Min	Min L4 L2 Min	L1 L4 Tad Min			
5:40 - 6:10 pm	Min L1 Tad L2 L5	Min L1 L3 L4 Pol	L1 L2 Min Pol L4	L2 L1 L4 L5 Tad	L2 L1 L4 L5 Tad	Min L5 L1 L4	L1 L2 Pol Min			

Private Swim Lessons

Enjoy one-on-one instruction with one of our fantastic swim instructors. Our staff will work with participants to gain complete independence in the pool as well as develop and refine advanced skills. No matter what skill you are looking to learn, we will make sure that you are successful! Lessons are offered in 30 minute increments based on the below schedule.

Cost:

Monday - Friday (5 hours) \$91/person
Mon/Wed/Fri (3 hours) \$68/person

Semi-Private Swim Lessons

Just like with our Private Swim lessons, these lessons are individualized to meet your specific needs; however, during these lessons you can bring some friends! Semi-Private lessons can hold up to four participants, all of whom must know each other and register at the same time. In order to receive maximum benefits, all swimmers need to be close in skill level.

Cost:

Monday - Friday (5 hours) \$57/2 children
\$52/3 children
\$46/4 children

Mon/Wed/Fri (3 hours) \$39/2 children
\$36/3 children
\$32/4 children

Junior Lifeguard

Civic Center Park Aquatic Center

The American Red Cross Junior Lifeguard course is designed to guide youth by building a foundation of knowledge, attitudes and skills for future lifeguards. Junior Lifeguarding is an effective transition from upper level learn-to-swim courses to the lifeguard program, challenging participants to stay involved with aquatics. This course also provides the Town with a known group from which to recruit future lifeguards. Participants will learn: skills needed for entry to the Lifeguard course, communication and decision-making skills, basic responsibilities, knowledge and the skills to become a lifeguard. 30 hours of volunteer time is required for completion.

DATES	DAY	TIME	FEE	AGES
5/14 - 5/25	M - F	6:30 - 5:30 pm	\$50	12 - 14
6/4 - 6/15	M - F	6:30 - 5:30 pm	\$50	12 - 14



Apple Valley Swim Club

Civic Center Park Aquatic Center

Apple Valley Swim Club is a recreational swim club that focuses on developing inexperienced swimmers into strong, confident athletes. Ages 5 - 17 will be grouped based on skill level and will have workouts tailored to their needs; eventually leading them to our advanced level. The advanced level encourages competition against each other, in High School swimming or USA Swimming! Must have ability to perform at swim level 4 (see page 2). **Tryouts are \$5 and are held the last 3 class days of the month. No Class 7/4.**

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W/F	5:30 - 6:30 pm	\$45	5 - 17
7/2 - 7/30	M/W/F	5:30 - 6:30 pm	\$45	5 - 17
8/1 - 8/31	M/W/F	5:30 - 6:30 pm	\$45	5 - 17



The Recreation Department is now offering **Online Registration.**

Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Multi-Use Passes

Passes are non-transferable. Multi-Use Cards can be purchased at the Aquatic Center. Passes are only valid during the season in which they were purchased.

Lap Swim Passes:	Summer (May-Sept)
Ages	10 & up
Unlimited (for calendar month only)	\$68
30 visit	\$92
15 visit	\$48
5 visit	\$18
Daily	\$4

Public Swim Passes:	Adult	Child
30 visits	\$69	\$46
15 visits	\$36	\$24
10 visits	\$24	\$16
5 visits	\$14	\$9
Daily - 1 visit	\$3	\$2
Daily - all sessions	\$4	\$3

Lap Swim

Ages 10 & up

Civic Center Park Aquatic Center

Looking for a great workout? Join us for Lap Swim! Lap Swimming burns more calories than running, reduces blood pressure, increases muscle mass and improves cardiovascular health! Not to mention it is a workout that can also be relaxing! Our pool is divided into 8 lanes plus the shallow end. The water is heated to a comfortable 80 degrees.

DATES	DAY	TIME	FEE
6/1 - 8/31	M/W/F	5:30 - 9:00 am	See Above
6/2 - 8/30	Tu/Th/Sat	7:30 - 9:00 am	See Above
6/1 - 8/31	Mon - Fri	6:30 - 7:30 pm	See Above

Public Swim

All Ages

Civic Center Park Aquatic Center

Beginning Memorial Day Weekend, bring the family and enjoy the clear blue and refreshing water throughout the Summer! Recreational swimmers of all ages can swim, splash and have a fun time on our water slide. The pool is handicapped-accessible. Passes are not required. Children not potty-trained *must* wear swim diapers.

DATES	DAY	TIME	FEE
5/26 - 8/5	7 days a week	12:30 - 2:00 pm 2:30 - 4:00 pm	See Above
5/26 - 8/5	Tu/Th/Sat/Sun	4:30 - 6:00 pm	See Above
8/11 - 8/26	Sat/Sun	12:30 - 2:00 pm 2:30 - 4:00 pm 4:30 - 6:00 pm	See Above

Evening Public Swim

All Ages

Civic Center Park Aquatic Center

Unable to come out to our Aquatic Center during the day for public swim? Don't worry, we have you covered with our evening public swim sessions. These times are set aside for swimmers of all ages who are looking for evening fun. Fun is guaranteed when you come use our waterslide. The pool is handicapped-accessible.

DATES	DAY	TIME	FEE
5/28 - 8/24	Mon - Fri	7:30 - 9:00 pm	See Above



Practice Pass

A Practice Pass pass allows children in our swim lesson program access to Public Swim to practice what they are learning! During their session of swim lessons, the registered child and one parent/guardian, may purchase this 10-visit pass for 20% Off normal rates!

Open Water SCUBA

Civic Center Park Aquatic Center

Students will learn the basic principles of SCUBA diving, through independent study, classroom work, pool dives, and open water ocean dives. You will practice scuba skills in a pool before we visit the beach and the beautiful underwater world. Students who successfully complete all classes and skills tests will become PADI certified divers. Course fee covers all course material, specialized equipment, and certification; separate diving equipment will need to be purchased after the first class. **There will be an equipment fee due at the class. This fee varies.**

DATES	DAY	TIME	FEE	AGES
6/2 - 6/17	Sat/Sun	9:00 am - 4:30 pm	\$485	12 & up
7/7 - 7/22	Sat/Sun	9:00 am - 4:30 pm	\$485	12 & up
8/4 - 8/19	Sat/Sun	9:00 am - 4:30 pm	\$485	12 & up

Water Aerobics

Civic Center Park Aquatic Center

Come enjoy a high-energy, low-impact workout that strengthens and tones from head to toe! Most land exercises can be done effectively in water, with the added benefit of support and resistance. We'll lunge, jump, jog, crunch, kick, twist and dance to great music in the pool. **No class 7/4.**

Instructor: Liz Fratt & Jordan Lunasco

\$35/month for 3 days/week

\$45/month for 5 days/week

Try one class for just \$6

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	Mon - Fri	8:00 - 9:00 am	\$35/\$45	16 & up
7/2 - 7/31	Mon - Fri	8:00 - 9:00 am	\$35/\$45	16 & up
8/1 - 8/31	Mon - Fri	8:00 - 9:00 am	\$35/\$45	16 & up



100 Mile Swim Club

We are challenging YOU to swim 100 miles in just ONE YEAR!

Lap Swimming just got more exciting! Beginning January 2, 2018 you will keep track of your laps and overall distance on the 100 Mile Swim chart in the Pool Office; if you can swim 100 total miles before the pool closes on December 16, 2018, you will receive a custom "100 Mile Swim Club" t-shirt, a finishers certificate, and of course, bragging rights!

Registration in this competition is completely FREE! Normal Lap Swimming rates will still apply. For more information, call the Recreation Office or Aquatic Center.



Host your Party at the Pool!



Come have your next party with us! A large space can be reserved during Public Swim for your party! The reservation includes an entire set of shaded-bleachers, picnic tables, lounge chairs, and a large grass area. Call the recreation office today for details!

(760) 240-7880 for more details.

Water Festival

Saturday, June 2
1:00 - 3:30pm

Doors OPEN at 12:30 for
Pre-Registered patrons.

(Pre-registration is limited to the first 150 patrons)

Join us in celebrating the start of summer! Enjoy music, games, water slide, and a variety of food trucks.

Pre-registration: \$3/person (by 5/30)
At the door: \$5/person



Cardboard Boat Regatta

Saturday, July 21 @ 4:30 pm



Join us on Saturday, July 21st for the ultimate race: the annual Apple Valley Cardboard Boat Regatta! In groups of 2-3, participants will construct their very own boat using nothing but cardboard, duct tape, and a little bit of elbow grease! Participants will sail in their boats against other teams, competing for the 1st – 3rd place finishers, Pride of the Regatta, Most Spirited, The Titanic (best sinker!) and more! A food truck will also be on site for your dining needs. For more information, please call the Recreation office!

Sailors will compete in two categories:
Ages 10 - 17 or 18 & over

Team Entry Fee: \$15 per group ~ Spectators: \$1 per person

Pre-register by July 12



Dive in Movies

Saturdays, 7:45pm - Till end of film

June 9

Jumanji:

Welcome to the Jungle (PG 13)

July 7

Jaws (PG)

August 11

Black Panther (PG 13)

Enjoy a great movie while lounging in the pool. Bring your noodles or lawn chairs. Movie begins after sunset. A food truck will be available for refreshments.

Pre-registration: \$3/person by
Thursday prior to showing
At the door: \$5/person

The ABC'S of SWIMMING POOL SAFETY

A - Active Adult Supervision

- Never leave a child alone by or in pooled water
- If you leave the pool area take the child(ren) with you
- Maintain constant eye-to-eye supervision with children in or around the swimming pool
- Floaties or other inflatable flotation devices are not life jackets and should never be substituted for adult supervision

B - Barriers

- Make sure gates in isolation and yard fences are self-closing and self-latching
- Keep all doors and windows leading to the pool are locked or install alarm devices to alert you if someone enters the pool area
- Remove chairs and tables that a child could use to climb over a fence
- Store all toys outside of the pool area

C - Classes

- Learn how to perform CPR
- Have a phone nearby to call 9-1-1
- Enroll your child in swimming lessons. See page 2 for more information

www.readyapplevalley.org

Overnight Pool Parties

#1: June 22 - 23 or #2: July 13 - 14

Bring the family out for a unique overnight camping experience, at the beautiful Civic Center Park Aquatic Center.

- Dive-In movie
- Open swimming all night long
- Scavenger hunts
- Games
- Water slide
- In-water contests throughout the evening
- Food truck available for dinner and snacks

#1: \$10/person by 6/15	#2: \$10/person by 7/6
\$12/person 6/16 - 6/20	\$12/person 7/7 - 7/11
Movie: <i>Moana</i>	Movie: <i>Incredibles</i>

Check in and tent set up at 7 pm, the first pool activities will begin at 8 pm; check out time is at 8 am. Children 3 and under are free. **You must pre-register. No on-site registration.**

Summer Send Off!

Saturday, July 28

1:00 - 3:30pm

Civic Center Park Aquatic Center
Doors OPEN at 12:30 for Pre-Registered patrons.

- Music
- Games
- Water slide
- Food truck



Join us in celebrating the end of another successful and exciting summer!

\$3 pre-registration by 7/26 or \$5 at the door.

Apple Valley Acting Program

James Woody Community Center Auditorium

Have you ever wanted to act in a play or skit? Do you enjoy performing in front of others? If so here is your chance to be on stage! The Town of Apple Valley offers acting classes from beginning to advanced. This class is a rehearsal and perform class with a 5 month commitment, students will rehearse a play and learn acting fundamentals. Students will then get to perform and show off what they have learned in the class, EVERYONE gets a role in this fun production. A one time fee of **\$40 for materials is due, in cash, on the second day of class.** Instructor: Melanie Myers

DATES	DAY	TIME	FEE	AGES
Beginning Acting				
8/15 - 8/29	Wed	4:30 - 5:45 pm	\$28.25	10 - 12
Advanced Acting				
8/15 - 8/29	Wed	5:45 - 7:00 pm	\$28.25	13 & up



Beginning Guitar Lessons

Town Hall Recreation Center

Learn how to play the guitar with no prior experience needed. Basic chords, strumming and scales will be covered for those who are just starting. Intermediate and advanced guitarists can also enjoy lessons focused on technique and theory. Participants must provide their own guitar. **No class 7/30.** Instructor: Neil Allen Garcia

DATES	DAY	TIME	FEE	AGES
6/4 - 6/25	Mon	5:45 - 6:45 pm	\$58	8 & up
7/2 - 7/23	Mon	5:45 - 6:45 pm	\$58	8 & up
8/6 - 8/27	Mon	5:45 - 6:45 pm	\$58	8 & up

Acting Performances

Granite Hills High School Performing Arts Center

Tickets will be sold at the Granite Hills High School Ticket Window.

Tickets: \$8, cash only

Beginning Acting Class Performing: <i>Rumpelstilskin, Private Eye</i>
June 2 Show Times: 2:30 pm or 6:00pm
Advanced Acting Class Performing: <i>Variety Show</i>
June 3 Show Time: 2:30 pm



See page 35 to find out how you can register for one of our amazing programs!

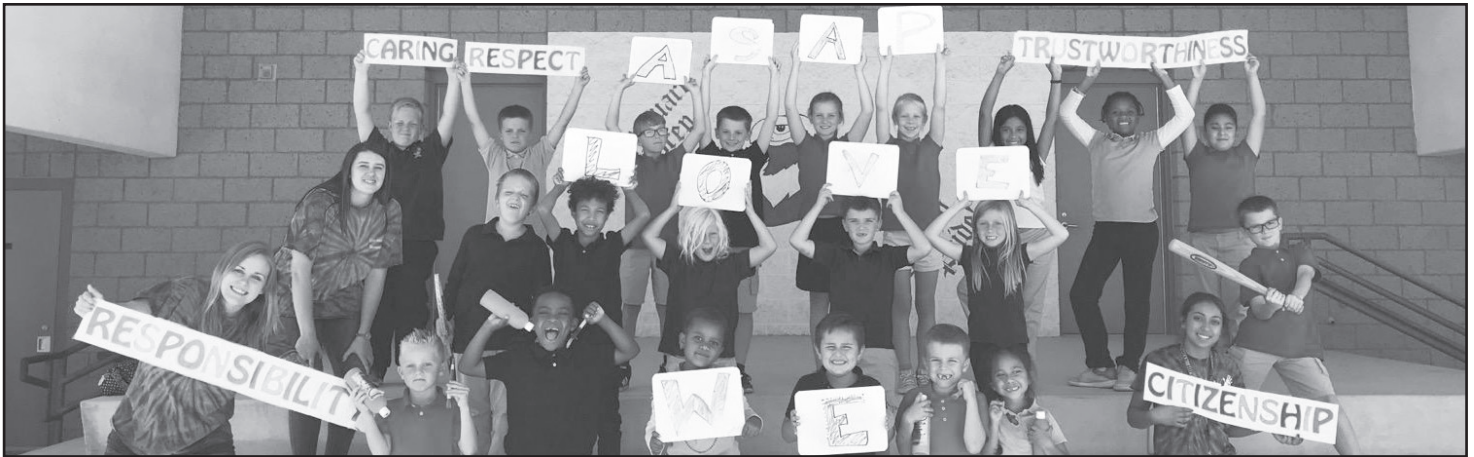
After School Activities Program

The Town of Apple Valley After School Activities Program is held on all school days, at the following sites:

**AAE Lewis Center ~ Rio Vista Elementary ~ Sycamore Rocks Elementary
Sitting Bull Academy ~ Vanguard Preparatory**

Staff assist students with homework, crafts and organized games.

For program details, including site availability, please call 760-240-7880.



Summer Day Camp

Entering Grades 1st - 5th

Town Hall Recreation Center

Parents looking for a safe place to take your kids this summer? Then join us for our Summer Day Camp program! Our staff will engage the kids in fun activities, crafts, light cooking and dancing! Each week kids will have an opportunity to take a splash in our beautiful Aquatic Center! Take advantage of this great program and sign your kids up today! Limited space available- first come first serve. Participants are required to bring a morning snack and a lunch.



DATES	DAY	TIME	WEEKLY FEE
6/4 - 8/3	Mon - Fri	7:00 am - 6:15 pm	\$100 - 5 Full Days \$61 - 3 Full Days \$53 - 5 Half Days (5.5 hrs or less per day)



Jedi Engineering with LEGO

Town Hall Recreation Center

Young Jedi will explore worlds far, far away and engineering principles right in front of them. Defeat the Empire by designing and refining LEGO X-Wings, R2-units, and settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets. **Remember to bring a snack.**

DATES	DAY	TIME	FEE	AGES
6/4 - 6/8	Mon - Fri	9:00 am - 12:00 pm	\$170	5 - 7

Jedi Master Engineering with LEGO

Town Hall Recreation Center

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include LEGO X-Wings, AT-AT walkers, pod racers, Star destroyers, cloud cities, settlements, and fortresses. Play-Well's Jedi instructors reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion and more as students tap into the powerful forces of imagination and engineering. **Remember to bring a snack.**

DATES	DAY	TIME	FEE	AGES
6/4 - 6/8	Mon - Fri	1:00 - 4:00 pm	\$170	7 - 12

New!

The Recreation Department is now offering **Online Registration.**

Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Intro to Cartooning

Town Hall Recreation Center

Students will explore the art of cartoon drawing and create their very own cartoon characters and cartoon strips by the end of the camp session. **\$20 material fee is due to the instructor on the first day of class. No class 7/3.**

Instructor: Mike Boone

DATES	DAY	TIME	FEE	AGES
6/12 - 7/24	Tue	4:30 - 5:20 pm	\$66	8 - 13

Intro to Anime

Town Hall Recreation Center

Are you a fan of anime? If so, this is the camp for you! Explore anime drawing in simple steps and develop your very own anime characters and stories! **\$20 material fee is due to the instructor on the first day of class. No class 7/3.**

Instructor: Mike Boone

DATES	DAY	TIME	FEE	AGES
6/12 - 7/24	Tue	5:30 - 6:20 pm	\$66	8 - 13

Video Game Design

Town Hall Recreation Center

You play them - Now make them! Have fun learning how to create your very own 3D video games and share your completed games with the world! Final projects are fully functional video games ready to be played! **\$20 material fee is due to the instructor on the first day of class. No class July 3.**

Instructor: Mike Boone

DATES	DAY	TIME	FEE	AGES
6/12 - 7/24	Tue	6:30 - 7:20 pm	\$66	8 - 13

Basketball Camp

Michael H. Martin Gym

Learn the fundamentals of shooting, dribbling, rebounding, passing and defense, as well as scrimmage games at this elite basketball skills camp! Participants will be separated into groups based on skill level. **Registration deadline is 6/8.**

DATES	DAY	TIME	FEE	AGES
6/11 - 6/15	Mon - Fri	10:30 am - 1:30 pm	\$65	8 - 18



Soccer Camp

Lenny Brewster Sports Center - Field 4

This summer we will be offering a soccer camp for kids between the ages of 5 - 10 years old. This will be a fun and exciting camp for kids to learn the game of soccer. This camp will provide kids an opportunity to play with others and further develop their skills. We will be teaching simple skills and techniques such as passing, shooting and small foot skills. Our instructors are very excited to share their knowledge of the game and we hope you will join us this summer. **Registration deadline is 6/8.**

DATES	DAY	TIME	FEE	AGES
6/11 - 6/22	Mon - Fri	9:00 - 10:00 am	\$65	5 - 10

Movieworkz Stop Motion Animation Camp

Town Hall Recreation Center

Learn about the technique of animation and create your very own animated short movies in this fun visual arts camp!

\$25 material fee is due to the instructor on the first day of class. Remember to bring a snack.

DATES	DAY	TIME	FEE	AGES
6/18 - 6/22	Mon - Fri	9:00 - 11:45 am	\$165	8 - 15

Teamworkz Robotics

Town Hall Recreation Center

This camp offers an in-depth exploration of robotics engineering, creativity and innovation. Students working in teams will program and design robots to do specific tasks. At the conclusion of camp, each participant will get to keep their shiny new robot!

\$40 material fee is due to the instructor on the first day of class. Remember to bring a snack.

DATES	DAY	TIME	FEE	AGES
6/18 - 6/22	Mon - Fri	1:00 - 3:45 pm	\$165	8 - 15

SpyWorkz Science Camp

Town Hall Recreation Center

Discover the "intriguing" world of forensic science, image, aerial and finger print analysis, code breaking and more! This is a great opportunity to sharpen your investigative skills and keen intellect! SpyWorkz Camp explores science, math, language arts, logical and analytical thinking, creativity, imagination, visual arts and even health and fitness!

\$20 material fee is due to the instructor on the first day of class. Remember to bring a snack. No class 7/4.

DATES	DAY	TIME	FEE	AGES
7/2 - 7/6	Mon - Fri	9:00 - 11:45 am	\$109	7 - 12

Lego Engineering

Town Hall Recreation Center

Bring your imagination and engineering talents! Learn about basic physics and engineering principles and apply them to various projects, such as building earth-quake safe skyscrapers, bridges, aerodynamic vehicles, machines, and much more! LEGO components provided. Great for a wide range of ages.

\$25 material fee is due to the instructor on the first day of class. Remember to bring a snack.

DATES	DAY	TIME	FEE	AGES
7/9 - 7/13	Mon - Fri	9:00 - 11:45 am	\$165	7 - 12

Scienceworkz Science Camp

Town Hall Recreation Center

Creative Brain ScienceWorkz Camp presents students with a great variety of hands-on science projects, ranging from solar energy, exploring both solar electric cells and solar ovens, aviation, roller coasters, electricity and circuits, chemical compounds, polymers, slime and much more!

\$35 material fee is due to the instructor on the first day of class. Remember to bring a snack.

DATES	DAY	TIME	FEE	AGES
7/9 - 7/13	Mon - Fri	1:00 - 3:45 pm	\$165	8 - 15



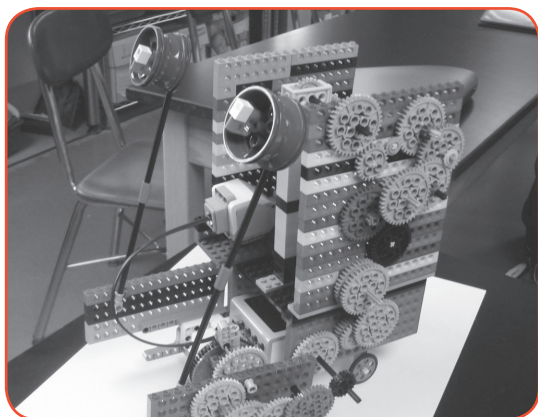
Intro to STEM with LEGO

Town Hall Recreation Center

Tap into your imagination with tens of thousands of LEGOS! Build engineer-designed projects such as boats, snowmobiles, catapults, and merry-go-rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. There is no prerequisite for this course.

Remember to bring a snack.

DATES	DAY	TIME	FEE	AGES
7/16 - 7/20	Mon - Fri	9:00 am - 12:00 pm	\$170	5 - 7



STEM Challenge with LEGO

Town Hall Recreation Center

Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGOS! Apply real world concepts in physics, engineering, and architecture through engineer-designed projects such as snowmobiles, towers, catapults, and battletanks! Design and build as never before and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. There is no prerequisite for this course. **Remember to bring a snack.**

DATES	DAY	TIME	FEE	AGES
7/16 - 7/20	Mon - Fri	1:00 - 4:00 pm	\$170	7 - 12



Volleyball Camp

Michael H. Martin Gym

This camp will focus on teaching the fundamentals of volleyball, while building up to scrimmaging and full competition! Camp is perfect for those who have never played, as well as those who have played for years! Players will be grouped based on skill level, and should bring water, a ball, and knee pads each day. **Registration deadline is 6/22.**

DATES	DAY	TIME	FEE	GRADES
6/25 - 6/29	Mon - Fri	8:00 - 10:00 am	\$65	3 - 8

Movieworkz Film Making Camp

Town Hall Recreation Center

As with any art form, filmmaking is all about story-telling. Students will learn about story and character development, scriptwriting and, of course, shooting their own productions.

\$25 material fee is due to the instructor on the first day of class. Remember to bring a snack.

DATES	DAY	TIME	FEE	AGES
7/23 - 7/27	Mon - Fri	9:00 - 11:45 am	\$165	8 - 15

Electronic Engineering Camp

Town Hall Recreation Center

Learn to work with one of the most popular circuit boards to engineer and program everything from blinking LED lights to motors and sensors.

\$25 material fee is due to the instructor on the first day of class. Remember to bring a snack.

DATES	DAY	TIME	FEE	AGES
7/23 - 7/27	Mon - Fri	1:00 - 3:45 pm	\$165	9 - 15

ZUMBA®

Apple Valley Conference Center South Room (6/7 - 8/2)
Town Hall Recreation Center (8/7 - 8/30)

Zumba® fitness is a Latin-inspired dance & fitness class using upbeat rhythms and easy-to-follow choreography. It is a total body exercise, focusing on cardio and toning. Join a Zumba Fitness class and see that working out is *finally* fun! **6/5 & 6/14 class will be held in the Conference Center North Room.**

No class 7/10.

Instructor: Jayne Faytol

Drop in fee only \$6

DATES	DAY	TIME	FEE	AGES
6/5 - 6/28	Tu/Th	9:30 - 10:30 am	\$23/\$32	13 & up
7/3 - 8/2	Tu/Th	9:30 - 10:30 am	\$23/\$35.75	13 & up
8/7 - 8/30	Tu/Th	5:30 - 6:30 pm	\$23/\$32	13 & up

GROOV3

Town Hall Recreation Center

GROOV3 is a one-hour, high energy dance-til-you-drop cardio funk class with a mission to inspire change and build communities through the power of dance. Simple combinations accommodate all fitness levels, featuring the hottest mixes and occasionally a live DJ.

No class 7/4.

Instructor: Jayne Faytol

Drop in fee only \$6

DATES	DAY	TIME	FEE	AGES
6/6 - 6/27	Wed	6:00 - 7:00 pm	\$25	13 & up
7/11 - 7/25	Wed	6:00 - 7:00 pm	\$19.25	13 & up
8/1 - 8/29	Wed	6:00 - 7:00 pm	\$30.75	13 & up



Little Tigers Tae Kwon Do

James Woody Community Center Mini-Gym

Students will learn balance, flexibility and Tae Kwon Do techniques that will teach them courage, confidence and courtesy. **No class 7/4.**

Instructor: Nate Elliott

DATES	DAY	TIME	FEE	AGES
6/4 - 6/27	Mon/Wed	5:00 - 5:30 pm	\$46	4.5 - 7
7/2 - 7/30	Mon/Wed	5:00 - 5:30 pm	\$46	4.5 - 7
8/1 - 8/29	Mon/Wed	5:00 - 5:30 pm	\$51.25	4.5 - 7

Tae Kwon Do

James Woody Community Center Mini-Gym

Any martial art form requires self-discipline and determination. Tae Kwon Do offers a variety of movements, patterns, strikes, kicks and punches that keep the mind stimulated and the body strong. Learning to control your movements, perfect your form and memorize patterns takes concentration and focus. Come have fun and learn! **No class 7/4.**

Instructor: Nate Elliott

DATES	DAY	TIME	FEE	AGES
6/4 - 6/27	Mon/Wed	5:45 - 6:45 pm	\$66	7 & up
7/2 - 7/30	Mon/Wed	5:45 - 6:45 pm	\$66	7 & up
8/1 - 8/29	Mon/Wed	5:45 - 6:45 pm	\$73.75	7 & up

Tai Chi

James Woody Community Center Arts & Crafts Room

Learn to increase your level of energy through fluid movements, breath work and inner focus. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments and muscles. Tai Chi also increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability. **No class 7/4.**

Instructor: Chris Urmston

Fees are based on 2 or 3 days per week.

DATES	DAY	TIME	FEE	AGES
6/1 - 6/29	M/W/F	11:00 am - 12:00 pm	\$36/\$49.50	14 & up
7/2 - 7/30	M/W/F	11:00 am - 12:00 pm	\$36/\$46	14 & up
8/1 - 8/31	M/W/F	11:00 am - 12:00 pm	\$36/\$53	14 & up

Intro to Kickboxing

The Bullet Hole

15315 Cholame Rd, VV 92392

Learn the proper kickboxing stance, basic punches and kicks. Kickboxing training sessions incorporate endurance exercises such as jump rope, heavy bag, speed bag and double-end bag work, as well as one-on-one focus mitts. Included in the training are basic calisthenics involving push-ups, sit-ups, squats and lunges that will improve strength and endurance. Kickboxing improves hand/eye coordination, focus, self-confidence and one's ability to protect oneself - and it is a fun way to exercise! **\$10 fee for hand wraps. No class 7/4.**

Instructor: Craig Buchanan

DATES	DAY	TIME	FEE	AGES
6/4 - 6/27	Mon/Wed	5:30 - 6:30 pm	\$76	5 & up
7/2 - 7/30	Mon/Wed	5:30 - 6:30 pm	\$76	5 & up
8/1 - 8/29	Mon/Wed	5:30 - 6:30 pm	\$85.25	5 & up



Gentle Yoga

Apple Valley Conference Center

Be at ease. Using a chair, in a seated flow of breath as a stretch to lengthen, strengthen, and firm the body. Mindful observance of modifications and progression. A portion of the class will be standing to increase circulation, balance and strength. Improving confidence and body awareness in a friendly environment. **No class 8/13.**

Instructor: Mary Anne Carroll

DATES	DAY	TIME	FEE	AGES
6/4 - 6/25	Mon	4:30 - 5:15 pm	\$22	16 & up
7/2 - 7/30	Mon	4:30 - 5:15 pm	\$27	16 & up
8/6 - 8/27	Mon	4:30 - 5:15 pm	\$17	16 & up



Ataru Do (Team Iron Tiger)

James Woody Community Center Mini-Gym

Students will learn a combination of basic to advanced traditional martial arts and self-defense from Ataru-Do, Tang Soo Do, Karate, Kickboxing and Tetsubu Jutsu (The way of the Iron Stick). Students will learn strength and fitness exercises that make this an effective form of defense for the street as well as tournament competition. Additionally, we will be learning the art of stage combat (fight choreography) and video production. Fees for testing and gi's are to be determined.

8/7 & 8/14 class will be held in the Michael H. Martin Gym.

Instructor: Eric Lindbeck

DATES	DAY	TIME	FEE	AGES
6/5 - 6/28	Tue	6:00 - 7:30 pm	\$34	9 & up
7/3 - 7/31	Tue	6:00 - 7:30 pm	\$41.50	9 & up
8/2 - 8/30	Tu/Th	6:00 - 7:30 pm	\$49	9 & up

Yoga Fit

Apple Valley Conference Center

Change is Good! Check out this non-competitive, classical Yoga practice with both powerful and relaxing asanas. Moving through power poses, sustained balance, core work, posture and active transitional flows. Have fun and connect with your gift of breath and being while improving your strength and self-awareness. Mat required. **No class 7/4, 8/13 & 8/15.**

Instructor: Mary Anne Carroll

DATES	DAY	TIME	FEE	AGES
6/4 - 6/27	Mon/Wed	5:30 - 6:30 pm	\$36	14 & up
7/2 - 7/30	Mon/Wed	5:30 - 6:30 pm	\$36	14 & up
8/1 - 8/29	Mon/Wed	5:30 - 6:30 pm	\$31.75	14 & up



Tiny Tot Tap & Ballet

James Woody Community Center Arts & Crafts Room

Students will learn cooperation, coordination, body awareness, attention, memory, terminology, teamwork, listening skills, flexibility, strength, control and much more. Dance helps with all kinds of things and is a fun activity that allows students to gain an appreciation for the arts while exercising. ****This is a priority registration class. See below for more information.**

**

No class 6/5 & 7/31.

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
6/12 - 6/26	Tue	5:15 - 6:00 pm	\$27.25	2.5 - 4
7/3 - 7/24	Tue	5:15 - 6:00 pm	\$35	2.5 - 4
8/7 - 8/28	Tue	5:15 - 6:00 pm	\$35	2.5 - 4

Priority Registration

Many of our on-going classes frequently meet their maximum capacity. In order to ensure currently enrolled students get an opportunity to re-register, we provide a "Priority Registration" window. This window gives currently enrolled students until the 15th to register for the following month. Beginning on the 16th, enrollment for the remaining spots will be first-come first-served.

Intro to Tumbling

James Woody Community Center Mini-Gym

This course is designed to push students to gain new tumbling skills. They will gain strength, control, stamina and flexibility throughout the class. Each week they will work on perfecting their skills and strive to achieve harder ones. It is also a great form of exercise.

No class 7/31.

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
6/5 - 6/26	Tue	4:10 - 5:00 pm	\$35	5 - 15
7/3 - 7/24	Tue	4:10 - 5:00 pm	\$35	5 - 15
8/7 - 8/28	Tue	4:10 - 5:00 pm	\$35	5 - 15



The Recreation Department is now offering **Online Registration.**

Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Intro to Tap & Ballet

James Woody Community Center Arts & Crafts Room

Students will learn the fundamentals of both tap and ballet. They will strengthen their core and gain balance, flexibility, learn musicality, timing and body awareness. They will also gain confidence and character as we learn dances to perform in their own recital. Students should wear leotard and tights and bring tap and ballet shoes.

No class 6/5 & 7/31.

Instructor: Victoria Baker

DATES	DAY	TIME	FEE	AGES
6/12 - 6/26	Tue	6:10 - 7:10 pm	\$27.25	5 - 8
7/3 - 7/24	Tue	6:10 - 7:10 pm	\$35	5 - 8
8/7 - 8/28	Tue	6:10 - 7:10 pm	\$35	5 - 8

NOW HIRING!!

Independent Contractors as

Instructors for Recreation Classes

This is a perfect opportunity to teach your favorite skill or activity to others in the community. Turn your hobby into cash in your pocket! If you have the skill, knowledge, experience and desire to earn as you help others learn, contact the Town of Apple Valley Recreation Department to become an independent contract class instructor.

WHAT WE PROVIDE:

- * Communication of your knowledge and proficiency.
- * Promotion of your class in the recreation brochure.
- * We handle all class registration and promotional materials.
- * Contact Jonathan Settle at 760-240-7000 ext 7881

TIME COMMITMENT:

- * 1 - 2 hours weekly per class



Urban Line Dance

James Woody Community Center Arts & Crafts Room

Join the So Social Dance crew AKA "The Socialites" at their next Urban Dance class. Have fun and get fit with country line dance's big city cousin. Simple, low impact moves to a wide variety of music.

Instructor: T. Faye Griffin

DATES	DAY	TIME	FEE	AGES
6/7 - 6/28	Th	6:00 - 7:30 pm	\$30	18 & up
7/5 - 7/26	Th	6:00 - 7:30 pm	\$30	18 & up
8/2 - 8/30	Th	6:00 - 7:30 pm	\$36.50	18 & up



Baton Twirling

James Woody Community Center Auditorium

March in the Disneyland parade, and perform at Knott's Berry Farm too! Learn to march, dance, and twirl the baton, while focusing on coordination and self-discipline. Batons may be purchased from instructor.

No class in July.

Instructor: Shari Taylor

DATES	DAY	TIME	FEE	AGES
6/7 - 6/28	Thu	6:10 - 6:55 pm	\$36	6 - 13
8/2 - 8/23	Thu	6:10 - 6:55 pm	\$36	6 - 13

Pom Pom

James Woody Community Center Auditorium

Learn how to move with the music with Pom Poms. If you are over 6 years old you can even march in the Disneyland parade. Come make friends and have fun! Pom poms can be purchased from the instructor for \$22.

No class in July.

Instructor: Shari Taylor

DATES	DAY	TIME	FEE	AGES
6/7 - 6/28	Thu	7:00 - 7:50 pm	\$36	6 - 13
8/2 - 8/23	Thu	7:00 - 7:50 pm	\$36	6 - 13

Gymnastics & Dance

Ninja Kids

Basic ninja warrior skills: Obstacles, flipping, hanging, climbing. Register in advance at Town Hall.

No class 7/4 & 7/6.

DATES	DAY	TIME	FEE	AGES
6/6 - 6/27	Wed	7:30 - 8:30 pm	\$50	6 - 12
6/1 - 6/29	Fri	5:30 - 6:30 pm	\$62	6 - 12
7/11 - 7/25	Wed	7:30 - 8:30 pm	\$38	6 - 12
7/13 - 7/27	Fri	5:30 - 6:30 pm	\$38	6 - 12
8/1 - 8/29	Wed	7:30 - 8:30 pm	\$62	6 - 12
8/3 - 8/31	Fri	5:30 - 6:30 pm	\$62	6 - 12

Baby Bears Gymnastics

Baby Bears Gymnastics is a child/parent interactive program that stimulates your child's athletic ability. Register in advance at Town Hall.

No class 7/7.

DATES	DAY	TIME	FEE	AGES
6/5 - 6/26	Tue	9:00 - 9:45 am	\$37	1.5 - 3
6/2 - 6/30	Sat	10:00 - 10:45 am	\$45.75	1.5 - 3
7/3 - 7/31	Tue	9:00 - 9:45 am	\$45.75	1.5 - 3
7/14 - 7/28	Sat	10:00 - 10:45 am	\$28.25	1.5 - 3
8/7 - 8/28	Tue	9:00 - 9:45 am	\$37	1.5 - 3
8/4 - 8/25	Sat	10:00 - 10:45 am	\$37	1.5 - 3

Gym Bears Gymnastics

This class is designed to introduce young children to the fundamentals of gymnastics. Register in advance at Town Hall.

No class 7/7.

DATES	DAY	TIME	FEE	AGES
6/5 - 6/26	Tue	9:45 - 10:30 am	\$42	4 - 5
6/2 - 6/30	Sat	10:45 - 11:30 am	\$52	4 - 5
7/3 - 7/31	Tue	9:45 - 10:30 am	\$52	4 - 5
7/14 - 7/28	Sat	10:45 - 11:30 am	\$32	4 - 5
8/7 - 8/28	Tue	9:45 - 10:30 am	\$42	4 - 5
8/4 - 8/25	Sat	10:45 - 11:30 am	\$42	4 - 5

Gymnastics

360 Gymnastics Academy
22355 Powhatan Road, Suite C-1, Apple Valley

360 Freestyle Gymnastics Academy provides a safe, fun and healthy experience for our gymnasts. It is our philosophy that gymnastics can be for everyone and most of all...it's fun! We stress a positive learning experience and provide high quality instruction in an atmosphere that promotes positive self-esteem and encourages the "habit" of physical fitness for life.

Register in advance at Town Hall.

A \$40 annual registration fee is due on the second day of class and paid directly to 360 Gymnastics, in cash.

Wild Bears Gymnastics

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall.

*** Saturday is a girls-only class. No class 7/7.**

DATES	DAY	TIME	FEE	AGES
6/5 - 6/26	Tue	5:00 - 6:15 pm	\$52	7 - 12
6/2 - 6/30	*Sat	1:00 - 2:15 pm	\$64.50	7 - 12
7/3 - 7/31	Tue	5:00 - 6:15 pm	\$64.50	7 - 12
7/14 - 7/28	*Sat	1:00 - 2:15 pm	\$39.50	7 - 12
8/7 - 8/28	Tue	5:00 - 6:15 pm	\$52	7 - 12
8/4 - 8/25	*Sat	1:00 - 2:15 pm	\$52	7 - 12



Healthy Apple Valley Mission

Healthy Apple Valley is a coalition consisting of representatives from public and private entities and businesses as well as residents within the community. This coalition supports the Healthy Apple Valley mission of improving the health and well-being of our residents through the promotion of healthy eating, education, cooking programs and physical activity.



Working For A Healthier Community

Healthy Apple Valley's **THREE** core components:

1. Eat Smart
2. Be Active
3. Live Better

www.AVRecreation.org
760-240-7880

Gift of Sight

James Woody Community Center

Join us for a special collaboration of community partners to offer a health and resource day. Thanks to the Apple Valley Lions Club and California Lions Friends in Sight the event will offer free eye exams and for those needing them, free recycled eyeglasses. Hearing tests, blood pressure and diabetes screening will also be offered. Community resources, entertainment and activities for the kids too! All community members needing assistance with vision are encouraged to attend. Sponsorship opportunities available! Contact Lion, Jim Peugh (760) 810-0204.

DATES	DAY	TIME	FEE	AGES
8/18	Sat	8:00 am	FREE	All

Healthy Apple Valley is proud to be a collection site for used eye glasses. Drop your used eye glasses off at the Recreation Counter anytime of the year. All used eye glasses are donated to the Gift of Sight program through the Lions Club.



Drop in Locations

8:30 - 9:30 am

Mendel Park

21860 Tussing Ranch Road

10:15 - 11:15 am

Yucca Loma Park

21351 Yucca Loma Road

Tuesdays, June & July



VANtastic!

Mobile Recreation

Come join us in the park for some fun! Recreation staff will engage everyone in organized games and activities! Grab the whole family and come play with us.



Apple Valley Municipal Animal Shelter

22131 Powhatan Road
Apple Valley, CA 92308
(760) 240-7000 x 7555

Tuesday - Saturday (9:00 a.m. to 4:00 p.m.)
Closed Sunday, Monday and Designated Holidays

After-Hours Emergency (760) 961-6001

Happy Tails Dog Park

Happy Tails Dog Park is located on the eastern-most edge of Civic Center Park across the sidewalk from the retention basin and east of the Amphitheater. The park consists of two separately fenced sections for dogs based on weight class. One area is dedicated to dogs 25 pounds and under; the other is dedicated to dogs greater than 25 pounds. Each section has benches, a drinking fountain with a dog fountain and doggie waste clean-up stations. In total, the dogs now have two acres just for their use.

Summer Camp at the Shelter

Town of Apple Valley Animal Services
22131 Powhatan Road

Students ages 10 to 18 can spend their spring break at the Town of Apple Valley Municipal Animal Shelter. Participants will experience live animal encounters, learn basic animal grooming techniques, take pet health care classes, meet some new friends, play some games, do arts & crafts and participate in some fun community service. Call Animal Services at (760) 240-7000 ext 7060 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
6/12 - 6/16	Tu - Sat	9:00 am - 4:00 pm	\$65	10 - 18

Basic Dog Obedience

Corwin Park

In this basic course your dog will learn to walk on a leash, sit, lay down, stay, come when called and stand still for grooming/ exams. Dogs must be current on all vaccines, including rabies. Bring your vaccination records and registration receipt to the first class. Leashes and collars available for purchase during the first two classes. For more information call Claudia Wolff at (760) 298-1369. Register at Town Hall. **Registration deadline is 7/5.**

DATES	DAY	TIME	FEE	AGES
7/7 - 8/18	Sat	9:00 - 10:00 am	\$100	14 & up

Pet Vaccination Clinic

Town of Apple Valley Animal Services
22131 Powhatan Road

To help maintain the health of our pets, all dogs four months of age or older must have their rabies vaccination and current license in the Town of Apple Valley. To help residents meet this requirement the Animal Services Department is holding a low-cost vaccination clinic. Rabies shots are \$6 each. Other vaccinations are available at a reduced price. Cash only. Dog licensing and microchip services are available the same day. Call Animal Services at (760) 240-7000 ext 7060 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
6/6	Wed	5:00 - 7:00 pm	See Above	All Ages
8/1	Wed	5:00 - 7:00 pm	See Above	All Ages

Night at the Shelter

Town of Apple Valley Animal Services
22131 Powhatan Road

Have you ever wondered what happens at the animal shelter when the lights go out? Spend the night at the shelter and find out during this fun, educational activity for children 10 years or older and their chaperone. To maintain a safe environment there must be one chaperone per five children. Continental breakfast is included. Pre-registration is required at the Animal Shelter. Call Animal Services at (760) 240-7000 ext 7060 or visit AppleValleyEvents.org for more information.

DATES	DAY	TIME	FEE	AGES
8/24 - 8/25	Fri & Sat	6:30 pm - 8:00 am	\$20/person	10 & up





Jacquie's Busy Bees

Town Hall Recreation Center

Looking to give your child a head start to Kindergarten? Check out our new parent participation preschool class! Ms. Jacquie has been working with children for over 20 years, her goal is to bring joy and excitement to the classroom. This new early childhood development class will focus on the importance of sharing, playing with others, education and individual development. Parents are requested to volunteer twice a month. Please bring a healthy snack and wear closed toe shoes.

There is a \$20 materials fee due in cash to the instructor on the first day of class. Children must be potty trained, sorry no pullups. No class 8/27 & 8/31.

Instructor: Jacqueline Belikoff

DATES	DAY	TIME	FEE	AGES
8/6 - 8/29	M/W/F	8:30 - 10:30 am	\$76.50	3 - 4.5



Ms Olivia's Pre-K/TK Parent Participation Group

James Woody Community Center Auditorium

This popular enrichment program for tiny tots is aimed at encouraging intellectual, physical and social growth for a positive transition into kindergarten. Classes are taught by Ms. Olivia Ayala who has over 23 years of hands-on experience. Classes follow the AVUSD calendar. **An annual \$25 registration fee is due, in cash, on the first day of class and paid to the instructor.** Call Olivia at (760) 240-1159 for more information. Please bring a healthy snack and wear closed toe shoes. Participants must be potty trained.

Instructor: Olivia Ayala

- * Class provides an opportunity for children to separate from their parents.
- * Introduction to sharing and cooperative play.
- * Introduction to early learning: colors, shapes, counting and alphabet.
- * Program progresses as child progresses in a developmentally appropriate environment.
- * Emphasis on letter recognition, math concepts and kindergarten readiness.
- * Learn to follow directions, improve language skills and social growth.

DATES	DAY	TIME	FEE	AGES
8/7 - 8/30	Tu/W/Th	8:30 - 11:00 am	\$100	3.5 - 5

Special Events

Rockin' Flea Market

Lion's Park

Rock and roll and shop 'til you drop! Our community flea market plays host to individuals, non-profit, church and civic groups to sell rummage items. Live music and food vendors will make your shopping a unique experience. For more information call (760) 240-7000 ext 7071 or visit AppleValleyEvents.org

Vendor space is \$20 or \$10 for non-profits.

DATES	DAY	TIME	FEE	AGES
5/12	Sat	8:00 am - 1:00 pm	FREE	All Ages
8/18	Sat	8:00 am - 1:00 pm	FREE	All Ages



Concerts in The Courtyard

Apple Valley Commons Courtyard

Connect with friends, family and neighbors with live music at The Courtyard at Apple Valley Commons. The beautiful outdoor dining area is located at the northwest corner of Highway 18 and Dale Evans Parkway, next to Round Table Pizza. Call (760) 240-7000 ext. 7071 for more information or visit AppleValleyEvents.org.

DATES	TIME	FEE	AGES
Every Thursday in May	6:00 - 8:00 pm	FREE	All Ages

Save Money with Extreme Couponing

Town Hall Recreation Center

Learn how to save \$\$\$ every day with extreme couponing. Coupons are NOT just for groceries. The savings can add up to HUNDREDS or even THOUSANDS of dollars every year. This workshop will teach you everything you need to know about making your coupons work for you. Feel free to bring your coupons to class for a trading session. **\$10 material fee is due to the instructor at the class.**

Instructor: LeeAnne Krusemark

DATES	DAY	TIME	FEE	AGES
6/14	Thu	4:00 - 5:00 pm	\$21	18 - 88



Friday, June 15

Wonder Woman (PG 13)

Friday, July 20

Coco (PG)

Enjoy a one-of-a-kind experience that offers everyone the opportunity to sit back, relax and enjoy a movie under the stars.

Free to the public

Movie starts at sunset.

Seating is available 1 hour prior to sunset.

Event may be cancelled due to weather.

Explore 250 Legitimate Home Business Ideas

Town Hall Recreation Center

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive business start up workshop you will ever find. You will discover:

- * more than 250 legitimate home business ideas
- * mandatory legal documentation
- * many ways to market your product/service
- * how to take tax deductions (this workshop included!)

If you really want to succeed in a home business, this step-by-step session is a must! **\$20 materials fee is payable to the instructor at the door.**

Instructor: LeeAnne Krusemark

DATES	DAY	TIME	FEE	AGES
6/14	Thu	5:00 - 7:00 pm	\$39	18 - 88

Beginners Guide to Getting Published

Town Hall Recreation Center

If your goal is to become a published freelance writer by selling a magazine article, short story, poem or even a novel to a traditional publisher, this comprehensive workshop is the place for you.

- Become a published writer overnight
- Submit manuscripts the correct way
- Find the right publisher for your work
- Write irresistible query letters
- 100 ways to make money as a freelance writer
- Obtain FREE future Q&A opportunities
- **\$20 material fee is due to the instructor at the class**

Instructor: LeeAnne Krusemark

DATES	DAY	TIME	FEE	AGES
6/14	Thu	7:00 - 9:00 pm	\$39	18 - 88

JOIN OUR TEAM

Lifeguards ~ Rec Leaders ~ Instructors
Call the Recreation Department at
760-240-7880 for more information



Now in our 12th season, see for yourself why we were voted 5 years in a row "Best of the Desert" for live music by *Daily Press* readers! Bring your own seating and enjoy great music under the desert night sky. For information call (760) 240-7000 ext 7071 or visit AppleValleyEvents.org

Thursdays • 6 - 9 pm • Civic Center Park

6/21	Neon Nation (80's Pop)
6/28	Phoenix Rising (Classic Rock)
7/12	Ray Brooks & The Bluzmasters (R&B & Soul)
7/19	Latin Express (Latin/Top 40)
7/26	Silverados (Country)

No Pets • No outside alcohol
No Smoking anywhere on park property



Register online at www.AVRecreation.org

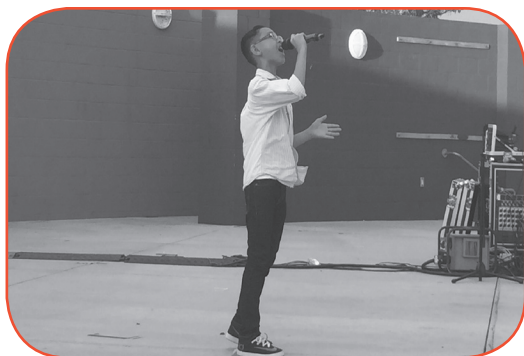
Special Events

16th Annual Apple Valley Idol

Granite Hills High School Performing Arts Center
22900 Esaws Road

Apple Valley Idol is back for its 15th season! Join us for a night filled with singing and fun. Those wishing to perform must fill out a registration form by 5/31. They will need to attend the rehearsal on 6/6 before being accepted. Participants will be judged and the top three performers in each age group will receive an award. Top winners will be invited to perform at the 4th of July Freedom Festival.

DATES	DAY	TIME	FEE	AGES
6/8	Fri	6:00 pm	\$5	6 - 17



Kid's Night Out

Town Hall Recreation Center

Moms and Dads, this event was designed with you in mind! How about a movie and dinner...without the kids!!! That's right AV Recreation has created a fun night out for the kids! We will serve up some great games, crafts and even a pizza dinner!

All participants must be potty trained.

DATES	DAY	TIME	FEE	AGES
6/22	Fri	6:00 - 10:00 pm	\$12	5 - 12

Freedom Festival

Wednesday, July 4 - 2:00 - 10:00 pm

Lenny Brewster Sports Center

21024 Otoe Rd, at Dale Evans Parkway, 1.5 miles north of Hwy 18

No Pets, No Smoking, No Outside Alcohol

Activities - Vendors - Beer Garden

Live Entertainment Featuring

Southern Spirit

WhosNext the Who Experience™ Tribute

Fireworks @ 9:00 pm

Simulcast by



Call 760-240-7000 ext 7071 or visit
AppleValleyEvents.org for more information



Toddler Olympics

Michael H. Martin Gym

Sign your toddler up for the Apple Valley Toddler Olympics! Each tot will have the opportunity to compete in five different Olympic activities throughout the morning. Start practicing your ball throwing and jumping skills for this fun and exciting event. All participants will receive a participation medal. **Registration deadline is 7/5.**

DATES	DAY	TIME	FEE	AGES
7/7	Sat	9:00 - 11:00 am	\$5	3 - 5 yrs 11 mos



National Night Out

Super Target at 20288 Highway 18

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer and better places to live. Together, we are making that happen. Come spend the evening outside with neighbors and law enforcement.

DATES	DAY	TIME	FEE	AGES
8/7	Tue	5:00 - 8:00 pm	FREE	All

CERT

Community Emergency Response Team

Apple Valley Conference Center

Are you interested in learning about disaster preparedness and how to care for yourself and your family in a disaster such as an earthquake, fire or flood? Do you want to help care for your neighbors and the community of Apple Valley in a disaster? If so, CERT is for you! Those who complete the FREE 20-hour course are recognized as program graduates and receive a certificate of completion and a FREE CERT backpack. Register online. For more information please email ready@applevalley.org or visit www.readyapplevalley.org.

* Must be 18 or over unless course is taken with parent or legal guardian.

DATES	TIME	FEE	AGES
9/15, 9/22 & 9/29	8:00 am - 4:00 pm	FREE	18 & up *

Apple Valley Reverse Triathlon & 5K

Civic Center Park Aquatic Center

Come join over 500 athletes from all over the west coast in our annual Reverse Triathlon! Held at Civic Center Park, this event kicks off with a 5K run, transitioning to a 12 mile bike ride and ending with a 150 yard swim to the finish line! This event is great for both seasoned athletes as well as those looking to compete for the first time!

Individuals can compete in the entire race, break into a relay team or run just the 5K. A **kids triathlon** with shorter distances will also be held. www.AVRevTri.org for more information.

DATES	DAY	TIME	FEE	AGES
9/22	Sat	7:00 am	Varies	5 & up



Make Memories at the Park



Picnic shelter rentals
start at
\$33.50/day

Facilities include picnic shelters, ball fields, skate park, gymnasiums, amphitheater, campsites and horse arenas are also available to rent. Let us assist you with making your event a success! More information on all parks and facilities is available at www.AVRecreation.org (click on Parks and Facilities). Call **(760) 240-7880** for availability and fees.

Corwin Park

18577 Corwin Road

Horsemen's Center

24320 Highway 18

James Woody Community Center

13467 Navajo Road

Thunderbird Park

20700 Wichita Road

Mendel Park

21860 Tussing Ranch Road

Lion's Park

S. Outer Hwy 18 east of Dale Evans

Sycamore Rocks Park

23450 South Road

Virginia Park

17242 Central Road

2018 Spring Volleyball Coaches

Trana Schulenberg	Crystal Esquivel
Michelle Walker	Ralph Wright
Golden Scudder	Jennetta Biberston
Tanya Kelly	Julie Peters
Noelle Williams	Peggy Bryant
Jessica Hall	



Thank You!

Our sponsors and volunteers are essential to our ability to provide quality programming for our residents. The Apple Valley Park and Recreation Department would like to thank each and every one of you for your exceptional effort, caring and generosity in helping to make our recreation programs the best in the High Desert!

Volunteers (Teen Zone)

The Town of Apple Valley Recreation Department would like to express our gratitude to the exceptional teens that have made a difference in our programs. The following teens have recently received their 100 hours of service award. Thank you!

Valarie Longman	Mercie Miniszewski	Kenya Ortiz
Kaitlyn Berns	Andrew Uddin	



2018 Winter Basketball Coaches

O.G. Torres	April Vincent
Branamier Courtney	Amber Bartlett
Ronald Coleman	Matthew Alsbury
Katie Chavez	Eduardo Rivera
Sost Infante	Erick Cervantes
Melanie Thompson	Robert DeLaHoussaye
Daveon Chambliss	Gregory Harvey
Paul Longshore	Ashley Champion
Isaac Newman-Gomez	Samuel Shannon
Daniel Celie	Murray DeFord
Dan Santarpio	Maurice Hawkins
Rehema Mwangi	Treveon Harrison
Darryl Mallett	Chad Esquivel
Daryl Eaton	Oscar Muro
Brandon Bean	Robert Meras
Courtney Ebmeyer	Rafael Navarro
Tony Long	Ralph Wright
David Corona	Manuel Romero
Jonathan Schmidt	Brant Jones
Roger Bradford	Kayleb Tabor

St. Joseph Health 
St. Mary

Walmart 
Save money. Live better.



5K Walk & 5K/10K Run
Wednesday, July 4, 2018

Firecracker Run

Check in at 6 am
Race starts at 7 am
Lenny Brewster Sports Center

Kick off your 4th of July celebration with the annual Firecracker Run! Separate awards for men, women and children in different age divisions. A signed liability waiver is required for all participants. Finishing medals and a FREE commemorative race T-shirt for the first 50 pre-registered, paid runners.

Pre-registration ends Sunday, 7/1 or when we have reached event capacity.



Official Run Entry Form

Mail to: Town of Apple Valley Recreation Department, 14955 Dale Evans Parkway, Apple Valley, CA 92307

Name _____ Gender _____ DOB _____
Address _____ City _____ Zip Code _____
Phone _____ E-mail _____

Event: 5K Run 10K Run \$19.00 pre-registration by 7/1 \$23.00 on day of race
 5K Walk FREE (must sign liability waiver to participate)

Age Divisions: 12 & under (5K only) 13 - 17 18 - 29 30 - 39 40 - 49 50 - 59 60 & up
(only applies to run participants; walkers do not need to circle an age group)

Run T-Shirt \$10: Yes No

Size: Adult Men's: S M L XL
Adult Women's: S M L XL

Release of Liability

I, the undersigned, understand the following:
I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. I understand the race is run on public streets that are not closed to vehicular traffic. I will run on the shoulder whenever possible and take all safety precautions when on the road. The Town is not responsible for participant's injuries or damages occurring from hazardous recreation activities (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities.

Participant Signature _____ Date _____

Parent Signature (if under age 18) _____ Date _____

Office Use: Date Paid _____ Amount Paid _____ CA/CK _____ Shirt Rec'd _____ FREE Shirt _____ Initial _____



Summer Men's Adult Basketball League

Michael H. Martin Gym

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. All teams play in single elimination playoff tournament. Only 8 teams will be accepted.

No game 7/8. Registration deadline is 6/14.

DATES	DAY	TIME	FEE	AGES
6/24 - 8/26	Sun	4:30 - 9:00 pm	\$365/team	18 & up

Summer Co-Ed Softball League

Lenny Brewster Sports Center

Spring league now forming! All players must be over 18 years of age. Only 12 teams will be accepted in this league, so register early! Men must use a wooden softball bat 2 1/4" in diameter.

Registration deadline is 5/17. No game 7/6.

DATES	DAY	TIME	FEE	AGES
6/1 - 8/10	Fri	6:30 - 10:00 pm	\$355	18 & up

Adult Softball and Basketball Officials Needed

CIF and SCMAF certification preferred.
Call (760) 240-7880 to get started

Open Gym

Schedule is subject to change and will vary depending on current league schedule.

Wednesdays	9:00 am - 12:00 pm	Pickleball
Wednesdays	6:00 - 9:00 pm	Basketball
Fridays	9:00 am - 12:00 pm	Pickleball
Fridays	6:00 - 9:00 pm	Basketball
Sundays	12:00 - 3:00 pm	Basketball

Cost: \$2/youth \$3/adult

Adults must provide valid picture I. D. Minors must have parent-signed emergency card on file. For more information, please call (760) 240-4892.

Pickleball

Pickleball is a great sport for people of all ages that combines elements of tennis, badminton and ping-pong! All equipment will be provided, just come ready to play!



\$3/person

Wednesdays & Fridays

9:00 am - 12:00 pm

Michael H. Martin Gym

13467 Navajo Road

Pee Wee Tennis

Apple Valley Golf Course Tennis Courts

Small group lessons are offered for the young tennis enthusiast. Sign up today and your child will experience a challenging learning environment and will master new skills. Please bring a tennis racquet. Register at Town Hall.

No class 6/2.

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
6/9 - 6/30	Sat	8:00 - 8:30 am	\$34	3 - 5
7/7 - 7/28	Sat	8:00 - 8:30 am	\$34	3 - 5
8/4 - 8/25	Sat	8:00 - 8:30 am	\$34	3 - 5

Youth Tennis

Apple Valley Golf Course Tennis Courts

Kids of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet. Register at Town Hall.

No class 6/2.

Instructor: Bill Mocharnuk

Beginning 8:30 - 9:15 am

Intermediate/Advance 9:15 - 10:00 am

DATES	DAY	TIME	FEE	AGES
6/9 - 6/30	Sat	See Above	\$30	6 - 17
7/7 - 7/28	Sat	See Above	\$30	6 - 17
8/4 - 8/25	Sat	See Above	\$30	6 - 17

EVENING BEGINNING LESSONS

7/10 - 7/19	Tu/Th	5:30 - 6:30 pm	\$30	6 - 17
7/24 - 7/31	Tu/Th	5:30 - 6:30 pm	\$23.50	6 - 17

EVENING ADVANCED LESSONS

7/10 - 7/19	Tu/Th	6:30 - 7:30 pm	\$30	6 - 17
7/24 - 7/31	Tu/Th	6:30 - 7:30 pm	\$23.50	6 - 17



Looking for a sport we don't offer? Check out page 34 for a list of local sports organizations to contact.

Adult Tennis Lessons

Apple Valley Golf Course Tennis Courts

Adults of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet. Register at Town Hall.

No class 6/2.

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
6/9 - 6/30	Sat	10:00 - 11:00 am	\$34	18 & up
7/7 - 7/28	Sat	10:00 - 11:00 am	\$34	18 & up
8/4 - 8/25	Sat	10:00 - 11:00 am	\$34	18 & up
EVENING ADULT LESSONS				
7/10 - 7/19	Tu/Th	7:30 - 8:30 pm	\$34	18 & up
7/24 - 7/31	Tu/Th	7:30 - 8:30 pm	\$26.50	18 & up

Intro to Tennis

Apple Valley Golf Course Tennis Courts

Never played tennis before? Don't worry, this course will cover all the basics and help you work on your skills and techniques on the court! This course is perfect for those looking to play with others without the fear of an intimidating player running the courts and discouraging players! This introduction to tennis class is perfect for the entire family! Bring a tennis racquet. Register at Town Hall.

No class 6/2.

Instructor: Bill Mocharnuk

DATES	DAY	TIME	FEE	AGES
6/9 - 6/30	Sat	7:45 - 8:30 am	\$30	All Ages
7/7 - 7/28	Sat	7:45 - 8:30 am	\$30	All Ages
8/4 - 8/25	Sat	7:45 - 8:30 am	\$30	All Ages



Pee Wee & Hot Shots Basketball

James Woody Community Center Mini-Gym

A fun, non-competitive introduction to basketball for the little ones. Basic skills will be taught while having fun with other youngsters! Volunteer coaches needed. Cost includes T-shirt, team party and trophy.

Registration deadline is 5/10.

Pee Wee: Ages 3 - 4 • Hot Shots: Ages 5 - 6

DATES	DAY	TIME	FEE	AGES
6/2 - 7/14	Sat	Mornings	\$48	3 - 4 (PW)
6/2 - 7/21	Sat	Mornings	\$48	5 - 6 (HS)

Adventures in Pee Wee Sports

James Woody Community Center Retention Basin

This 6-week program will stress the basic skills needed for team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended.

Registration deadline is one week prior to the start date.

DATES	DAY	TIME	FEE	AGES
7/24 - 8/28	Tue	5:30 - 6:20 pm	\$48	3 - 4
7/21 - 8/25	Sat	9:00 - 9:50 am	\$48	3 - 4
7/21 - 8/25	Sat	10:00 - 10:50 am	\$48	4.5 - 5

Co-Ed Summer Youth Basketball

Michael H. Martin Gym

Maintain those skills over the summer! This program will emphasize sportsmanship, learning basic skills, teamwork and fun. All girls and boys entering grades 2 - 12 are invited to play. Practice (1 hour per week) will begin in May. Fee includes 8-week season, game jersey, officials, scorekeepers and gym costs. Volunteer coaches are needed.

Registration deadline is 5/3.

Tuesday or Thursday practices start the week of 5/21

Games played on Saturday start on 6/2

DATES	DAY	TIME	FEE	GRADES
6/2 - 7/28	Sat	8:00 am - 5:00 pm	\$60	2 - 12

Youth Co-Ed Volleyball

Michael H. Martin Gym

Our non-competitive volleyball league is perfect for those wanting to experience the sport for the first time or those experienced players who want to sharpen their skills. Practice is one hour per week and one game per week. Volunteer officials and coaches are needed. Practices start the week of 8/20.

Registration deadline is 8/1.

GAMES BEGIN:	DAY	TIME	FEE	GRADES
Week of 9/3	Th/Sat	Varies	\$60	3 - 5
Week of 9/3	Th/Sat	Varies	\$60	6 - 8



The Recreation Department is now offering **Online Registration.**

Call our office at 760-240-7880 or visit www.AVRecreation.org for more information.



Teen Zone

Ages 13 - 17

Do you have a desire to help your community? Volunteer with the Recreation Department and you can earn school credit and gain valuable job experience while having fun helping with sports programs and special events. You can also attend quarterly parties and earn awards throughout the year. If you are interested in getting involved, pick up an application at the Town Hall Recreation counter. This is a year round program and you must attend a volunteer orientation before participating. The program is limited to 45 participants, so you may be placed on a waiting list.

For more information contact Jonathan Settle
at (760) 240-7000 ext 7881



Driver's Education

Internet Course

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel training. Within 48 hours of registration, the student will have an account created and receive a welcome email and access to the course online. Register at the Town Hall Recreation Counter.

DATES	FEE	AGES
June - August	\$40	14 - 17

3 Diamond Skate Park James Woody Community Center Open 9 am - dusk

Skateboard and BMX aficionados can enjoy the 3 Diamond Skate Park. The park accommodates both skateboard and bike use. The park has a distinct plaza style with stairs, ledges, a huge quarter pipe and more. BMX bikes, skateboards, roller skates and in-line skates are allowed.

All park users please be aware that the Town of Apple Valley's Municipal Code 11.68.060 requires users to wear a helmet, elbow and knee pads at all times while in the skate park. The rules are enforceable and citable. Thank you in advance for obeying the law.



AV PAL Youth Center

The Apple Valley Police Activities League (PAL) provides after school mentoring programs and athletic and life skills to our children at little or no cost.

**Boxing • pool table • ping pong
computers • internet**

Ages 8 - 17

For more details, call (760) 961-0754 or
visit our website at www.avpal.org

Programs are offered at:

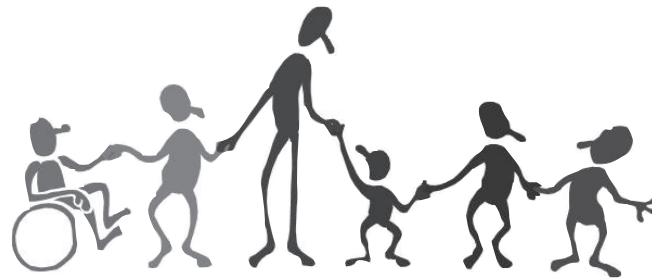
Youth Center: James Woody Community Center

Ward Room, 13467 Navajo Road

Boxing Center: 22390 Eyota Road

Special Apples.....

Changing the world one disability at a time.



Special Apples Craft Day

Town Hall Recreation Center

Are you an artist in the making? Do you like to experiment with paint colors and sequins? Join us for crafting, socializing and games. Family members are always welcome to join in the fun.

DATES	DAY	TIME	FEE	AGES
6/9	Sat	9:30 - 11:00 am	\$3	8 & up

Special Apples encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have an opportunity to socialize and meet new friends. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence and cooperation. Join us on the 2nd Saturday of each month at various Park and Recreation locations for an evening of fun! All events include a snack.

Summer Luau

Town Hall Recreation Center

Celebrate the summer with your friends and family at the Special Apples Dance! Dress in your best Hawaiian gear and have fun at the photo booth! Don't forget to bring a potluck item to share.

DATES	DAY	TIME	FEE	AGES
7/14	Sat	6:00 - 8:00 pm	\$5	8 & up



Special Apples Basketball

Michael H. Martin Gym

Hoop it up at the Special Apples Basketball Night! We will start with stretching and warm-ups and then organize teams and play a game. Come prepared to have a great time! Make sure to bring a water bottle.

DATES	DAY	TIME	FEE	AGES
8/11	Sat	6:00 - 8:00 pm	\$3	8 & up

Community Information

TOWN OF APPLE VALLEY

14955 Dale Evans Parkway • Apple Valley, CA 92307

www.applevalley.org

Dial (760) 240-7000 and one of the following extensions:

Animal Services.....	7555
Building & Safety.....	7100
Business Licenses.....	7707
Code Enforcement.....	7560
Economic Development.....	7900
Engineering.....	7353
Human Resources.....	7600
Mayor & Town Council.....	7808
Parks Maintenance.....	6200
Planning.....	7200
Police Department.....	7400
Public Information.....	7074
Public Services.....	7500
Recreation.....	7880
Special Events.....	7071
Town Clerk.....	7800
Town Manager.....	7051

Equestrian Groups....

Mojave River Valley Horsemen's Assoc.....mrvha.com • 760-403-4071

Recreation & Hobby Groups....

High Desert Genealogy Society.....cagenweb.com/adgs • 760-242-5136

ThunderbirdsSquareDance...thunderbirdssquaredanceclub.com • 760-247-0984

Senior Services & Organizations....

Aging & Adult Services..... • 800-510-2020

Apple Valley Senior Citizen's Club..... • 760-247-3155

Inland Empire Legal Services.....inlandlegal.org • 760-241-7073

Meals on Wheels.....mowaa.org • 888-998-6325

Senior Select Resource Center..... • 760-946-5915

Victor Valley Transit.....vvta.org • 760-948-3030

Community Organizations....

American Cancer Society.....cancer.org • 800-227-2345

American Red Cross.....redcross.org • 760-245-6511

Apple Valley Chamber of Commerce.....avchamber.org • 760-242-2753

Apple Valley Fire Protection District.....avfpd.org • 760-247-7618

Apple Valley Library.....sbclib.org • 760-247-2022

Apple Valley Optimist Club..... • 760-887-7379

Apple Valley School District.....avusd.org • 760-247-8001

Assistance League.....victorvalleyassistanceleague.org • 760-961-2468

AVCO/Burrtec.....burrtec.com • 760-245-8607

Boy Scouts (CA Inland Empire Council)bsa-ciec.org • 877-732-1450

Friends of Apple Valley Library.....sbclib.org • 760-247-2022

GirlScouts.....gssgc.org • 909-307-6555

High Desert Young Marines..... • 760-240-5004

Mom's Club.....momsclubofvictorvalley@yahoo.com

Paul Swick Family Center..... • 760-240-5606

St. Mary's Medical Center • 760-242-2311

Widows or Widower's of the High Desert..... • 760-951-7764

V.V Humane Society.....vvapl.com • 760-247-2102

Sports Organizations....

Apple Valley BMXapplevalleyBMX.com • 760-953-6361

Apple Valley Little League.....applevalleyll.com • 760-247-5441

Apple Valley Rattlers Football.....avrfc.com • 760-559-0426

Apple Valley Rebels Football.....avrebels.com • 760-403-6724

Apple Valley Seminoles Football.....avseminoles.com • 760-247-5424

Apple Valley Storm Soccer.....avscstorm.org • 760-508-6192

Apple Valley Youth Soccer League.....avstorm.org/avyouthsoccer • 760-559-8401

High Desert Judo (P.A.L.).....avpal.org • 760-961-0754

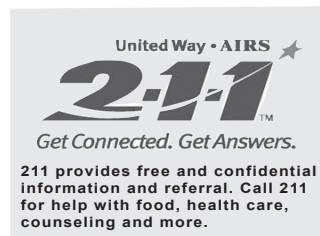
High Desert Pony Baseball.....hdpleague.com • 760-927-9994

High Desert Youth Soccer League.....hdysl.soccer • 760-961-7805

High Desert Tennis Association.....highdeserttennis.org • 760-985-3796

PSP Sports & More.....pspsportsinfo.com • 760-515-2572

Young Champions.....championyouth.org • 800-956-6956



Registration Information

Program Registration

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- **Photo Policy:** The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

Refund Policy

- **Cancellation of Class:** A full refund will be mailed to all registered participants if a program is cancelled by the Recreation Department.
- **Voluntary Withdrawal:** A refund may be requested prior to the registration deadline or before the first day of class by submitting a "Refund Request" form.
- **Withdrawal After Class Start Date:** A refund may be requested by completing a "Refund Request" form prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.
- **NO refund requests will be accepted after the second class meeting.**
- **A \$2 processing fee will be charged to all refunds.**
- **Allow 4-6 weeks for a refund check.**
- **NO refunds for swim lessons or aquatic classes.**

4 EASY WAYS TO REGISTER



1. ONLINE

Visit us at www.AVRecreation.org to register online.

2. WALK-IN

Walk-in registration is accepted at the Recreation counter at Town Hall only. Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.

Payment can be made by cash, check, debit or credit card (Discover, VISA, or Master Card).

3. MAIL-IN

Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).

Complete registration form below for classes. Total all fees.

Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you. Mail completed form and a check to:

Town of Apple Valley Park and Recreation Department
14955 Dale Evans Parkway
Apple Valley, CA 92307

4. DROP BOX

Complete registration form below for classes. Total all fees.

Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.

Drop completed form and payment by check in drop box located at:

James Woody Community Center, 13467 Navajo Road
(in the first alcove at the front of the Community Center)

OR

Town Hall, 14955 Dale Evans Parkway
(at the front of Town Hall)

OR

Civic Center Park Aquatic Center, 14999 Dale Evans Parkway
(located inside at the front desk)

TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

PLEASE PRINT CLEARLY - *do not use for Day Camp, ASAP or any sports programs. Additional paperwork required.*

Payee Information:

First & Last Name _____

Address: _____

Home Phone: _____

Cell Phone: _____

City: _____ Zip: _____

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee	Total Amount

Release of Liability

I, the undersigned, understand the following: I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

Signature _____ Date _____

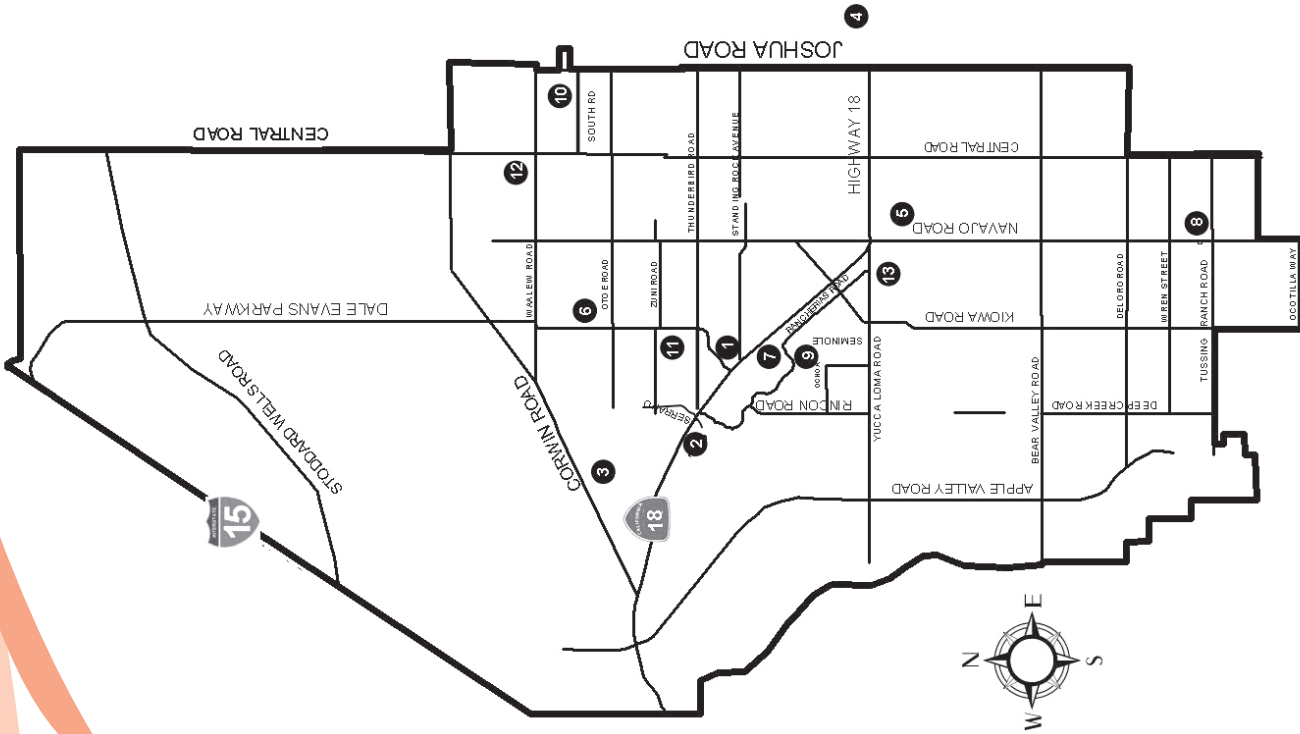
Register online at www.AVRecreation.org



Apple Valley Facilities & Parks

All parks have picnic tables

Facility Name & Address	1	2	1	3	4	5	6	7	8	9	10	11	1	12	13
Apple Valley Conference Center 14975 Dale Evans Parkway	■	■													
Apple Valley Golf Course 15200 Rancherias Road			■												
Civic Center Park & Aquatic Center 14999 Dale Evans Parkway			■												
Corwin Park 18577 Corwin Road				■											
Horsemen's Center 24320 Highway 18				■											
James Woody Community Center 13467 Navajo Road					■										
Lenny Brewster Sports Center 21024 Otoe Road						■									
Lion's Park S. Outer Hwy 18 east of Dale Evans							■								
Mendel Park 21860 Tussing Ranch Road								■							
Norm Schmidt Park 14053 Tuweep Trail									■						
Sycamore Rocks Park 23450 South Road										■					
Thunderbird Park 20700 Wichita Road											■				
Town Hall Recreation Center 14955 Dale Evans Parkway												■			
Virginia Park 17242 Central Road													■		
Yucca Loma Park 21351 Yucca Loma Road														■	

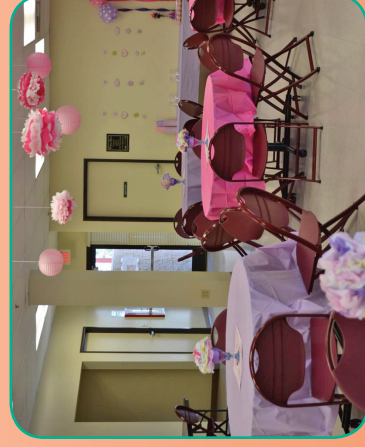


Celebrate

Your next event with the Town of Apple Valley

The Town of Apple Valley offers several venues that are available to rent for your next memorable gathering. From wedding receptions and bridal showers to meetings and corporate events, the Town of Apple Valley has just the place for you. Please contact our Recreation Department to schedule a tour of our facilities.

For more information, please call (760) 240-7880.



Rooms to accommodate up to 300 guests

Catering & Full Kitchens

Audio Visual System

Rose Garden

Chairs & Tables included

Customizable Hours

Town of Apple Valley
Park & Recreation Dept
14955 Dale Evans Parkway
Apple Valley, CA 92307

ECRWSS
RESIDENTIAL CUSTOMER

Presort STD
U.S. Postage
PAID
Victorville, CA
Permit No. 82

Apple Valley

Summer Events

Cardboard Boat Regatta

Saturday, July 21
Page 7

Overnight Pool Parties

June 22 - 23 or July 13 - 14
Page 8

Summer Day Camp

Weekly June 4 - August 3
Page 10

VANtastic!

Tuesdays, June & July
Page 19

Rockin' Flea Market

Saturdays, May 12 & August 18
Page 22

Sunset Concerts

Thursdays, June - July
Page 23

Kid's Night Out

Friday, June 22
Page 24

Freedom Festival

Wednesday, July 4
Page 24

Apple Valley Reverse Triathlon

Saturday, September 22
Page 25



You can register for most activities online at
www.AVRecreation.org

 /AVRecreation

Have questions? Call us at 760-240-7880.