



Town of  
Apple Valley

PARKS & RECREATION



# COME AND CHECK OUT OUR 60 FT SHADE PAVILION

— AT CIVIC CENTER PARK —

JANUARY-MAY  
2022

WINTER/SPRING RECREATION GUIDE



@APPLEVALLEYCA

WWW.AVRECREATION.ORG



Town of  
**Apple Valley**

PARKS & RECREATION

### TOWN COUNCIL

CURT EMICK  
MAYOR

KARI LEON  
MAYOR PRO TEM

ART BISHOP  
COUNCIL MEMBER

LARRY CUSACK  
COUNCIL MEMBER

SCOTT NASSIF  
COUNCIL MEMBER

MEETS THE 2ND AND 4TH TUESDAY OF  
EVERY MONTH AT 6:30PM IN THE  
TOWN COUNCIL CHAMBERS.

### PARKS & RECREATION COMMISSION

COLIN WILSON  
BOBBY TARANGO  
VALERIE SMITH  
PATRICK DORAN  
DONALD TATERA

CHAIRPERSON  
VICE CHAIR  
COMMISSIONER  
COMMISSIONER  
COMMISSIONER

THE COMMISSION MEETS THE 1ST THURSDAY  
OF EVERY OTHER MONTH AT 6PM IN THE  
TOWN COUNCIL CHAMBERS.  
CALL OFFICE FOR MEETING DATES

### PARKS & RECREATION STAFF

DAVID C. COLEMAN

DEBBIE RIVERA

ANDY SHOUP  
ELIZABETH FRATT  
MOLLY SMITH  
JOSIE BAKER  
ALISSA LUCATERO  
TASHINA MINISZEWSKI

PARKS AND REC  
MANAGER  
SR. ADMINISTRATIVE  
ASSISTANT  
REC SUPERVISOR  
REC COORDINATOR  
REC SPECIALIST  
REC SPECIALIST  
OFFICE ASSISTANT  
SR. OFFICE ASST.

# JANUARY-MAY 2022

WINTER/ SPRING RECREATION GUIDE

## DISCOVER WHAT'S NEW FOR 2022!

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### OFFICE HOURS

14955 DALE EVANS PARKWAY  
(LOCATED AT TOWN HALL)

**760-240-7880**

MONDAY-THURSDAY  
7:30AM-5:30PM

ALTERNATING FRIDAYS  
7:30AM-4:30PM

CLOSED ON 1/17; 2/21 & 5/30



### REGISTER FOR YOUR CLASSES ONLINE

VISIT [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG) OR  
CALL 760-240-7880 FOR  
MORE INFORMATION



@APPLEVALLEYCA

[WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)

# DEPARTMENT HIGHLIGHTS

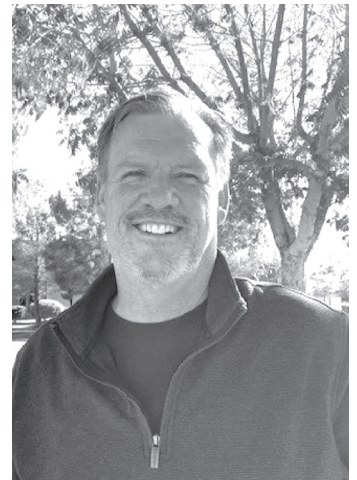
## APPLE VALLEY PARKS AND RECREATION MANAGER'S MESSAGE

### We Are Better Together

In a recent poll performed by the National Recreation and Park Association, 83% of adults said that exercising at local parks, trails and open spaces is essential to maintaining their mental and physical health. Popular activities included walking, jogging, hiking, and biking. Parks make you better.

But our parks need you. Parks are better when you are in them. Families in parks make them safer. Your presence improves our parks. You see things. You have ideas.

If you've spent time recently in any of Apple Valley's parks, you might have noticed some of the improvements that we've added. Many of the improvements came directly from your comments. For example, we were conducting the Prop. 68 mandated polling outreach and a large percentage responded that increasing shade in parks was important. When the state offered COVID infrastructure dollars we were able to secure them and build a bigger and better shade pavilion at Civic Center Park without drawing on the general fund. Adding even more shade, we have a grant that will allow us to add over 100 trees in a park this spring. In similar fashion, we installed fitness equipment in three of our parks based on your comments. We leveraged state funding to add air conditioning to the Michael H. Martin gym, and we will see a brand-new restroom at Mendel Park open very soon, paid by Community Development Block Grant (CDGB) funds. We are being very resourceful and opportunistic to add amenities while not taxing the general fund.



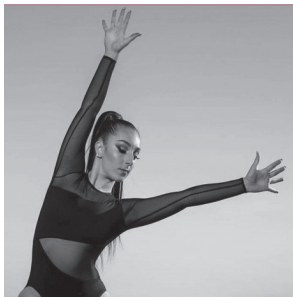
Some projects that we all want, like sufficient water at Horsemen's Park, more sports fields, snack bars and restrooms, have obstacles that need to be addressed before we can complete. We are striving to do what we can do as quickly as resources and logistics line up.

Speaking of Proposition 68, the largest state grant for parks ever, we have not yet heard about our applications for adding recreation opportunities in Apple Valley. If one or more of Apple Valley's projects are selected, we will present plans to eliminate added cost to the general fund, like partnerships and use fees that will cover the ongoing cost of maintenance. Any of our three projects would be great news for increasing the health and well being of Apple Valley Residents. For more information about these projects visit [www.applevalley.org/services/ca-prop-68](http://www.applevalley.org/services/ca-prop-68).

If you have ideas, questions or concerns about your parks, please reach out to us at [recreation@applevalley.org](mailto:recreation@applevalley.org) or even attend our Parks and Recreation Commission meetings the first Thursday of even numbered months.

I'll see you in the parks!

David C. Coleman  
Apple Valley Parks and Recreation Manager



### INSTRUCTOR HIGHLIGHTS — *Ms. Hailey*

My name is Ms. Hailey and I have been training in a variety of different genres of dance since the age of two. I have traveled out of the country several times dancing professionally with teams of other experienced athletes. My goal is to teach students the techniques of tap and ballet and guide them in their journey to becoming a skilled dancer. I am very passionate about the art and I can't wait to share it with your student!

SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)



# AQUATICS

## FIRST DAY OF REGISTRATION FOR SWIM LESSONS

MONDAY  
**MAY 2**  
8:00 AM

Sign up online at [www.avrecreation.org](http://www.avrecreation.org)

## LAP SWIM FEES

### Civic Center Park Aquatic Center

Multi-Use Passes can be purchased at the Aquatic Center.

When you have a Multi-Use Pass, you can renew the card only once the pass has expired. Passes are only valid during the season in which they were purchased.

**Ages 10 & up**

**Passes are non-transferable**

PASS TYPE	OCT-JAN
Unlimited (Calendar Month Only)	\$75
30 visits	\$101
15 visits	\$53
5 visits	\$20
Daily	\$5

## LAP SWIM

### Civic Center Park Aquatic Center

8 lanes setup according to speed levels. Schedule is subject to change.

DATES	DAY	TIME	FEE	AGES
<b>MORNING</b>				
Jan 3- May 31	MON/WED	5:30- 9:00AM	SEE LAP SWIM FEES	10+
Jan 3- May 31	SAT	7:30- 9:00AM	SEE LAP SWIM FEES	10+
<b>EVENING</b>				
May 2-30	MON- FRI	5:30- 7:30PM	SEE LAP SWIM FEES	10+

## AQUA ZUMBA

### Civic Center Park Aquatic Center

Aqua Zumba® blends the Zumba® philosophy with water resistance for one pool party you should not miss! Water creates natural resistance, which means every step is more challenging and helps tone your muscles. Plus, there is less impact on your joints, so you can really let loose! Aqua Zumba® will leave you feeling great!

**Fees: 3 days/week: \$30/month**

DATES	DAY	TIME	FEE	AGES
Jan 3-28	MON/ WED/FRI	7:30-8:30AM	SEE ABOVE	16+
Feb 2-28	MON/ WED/FRI	7:30-8:30AM	SEE ABOVE	16+
Mar 2-30	MON/ WED/FRI	7:30-8:30AM	SEE ABOVE	16+
April 1-29	MON/ WED/FRI	7:30-8:30AM	SEE ABOVE	16+
May 2-30	MON/ WED/FRI	7:30-8:30AM	SEE ABOVE	16+

## PRIVATE SWIM LESSONS

### Civic Center Park Aquatic Center

Our staff will work with participants to gain complete independence in the pool as well as develop and refine advanced skills. No matter what skill you are looking to learn, we will make sure that you are successful! Lessons are offered in 30-minute increments, Monday - Friday or Mon/Wed/Fri for 2 weeks.

DATES	DAY	TIME	FEE
Jan-April	MON/WED FRI	5HRS	\$105/Person
Jan-April	MON-FRI	3HRS	\$78/Person
May	MON/WED FRI	5HRS	\$96/Person
May	MON-FRI	3HRS	\$71/Person



**SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)**

# AQUATICS

## JR. LIFEGUARD TRAINING

### Civic Center Park Aquatic Center

Course is designed to guide youth by building a foundation of knowledge, attitudes and skills for future lifeguards. Junior Lifeguarding is an effective transition from upper level learn-to-swim courses to the lifeguard program, challenging participants to stay involved with aquatics. This course also provides the Town with a known group from which to recruit future lifeguards. Participants will learn: skills needed for entry to the Lifeguard course, communication & decision-making skills, basic responsibilities, knowledge & the skills to become a lifeguard. 30 hours of volunteer time is required for completion.

**AGES: 11-14yrs**

DATES	DAY	TIME	FEE
5/30-6/10	MON-FRI	3:30-5:30PM	\$50/Session
6/13-6/24	MON-FRI	3:30-5:30PM	\$50/Session



## LIFEGUARD TRAINING

### Civic Center Park Aquatic Center

Becoming a lifeguard is one of life's most rewarding experiences. The knowledge and skills taught in this course will leave the participant with everything they need to keep themselves and others safe in and around any aquatic environment. Course covers rescue skills, CPR/AED, first aid, emergency childbirth and major trauma emergencies. Successful completion of Lifeguard Training is required for all who seek employment as a lifeguard at the Civic Center Park Aquatic Center. All participants must pass the pre-swim in order to continue; refunds will be given for participants who fail to complete the pre-swim.

**Fee: \$75/ Person**

**Must turn 15 by end of registered session**

SESSION #1		SESSION #2	
DATE	TIME	DATE	TIME
March 4	4:30-8:30PM	March 18	4:30-8:30PM
March 5	9:00AM-6:00PM	March 19	9:00AM-6:00PM
March 6	9:00AM-6:00PM	March 20	9:00AM-6:00PM
March 11	4:30-8:30PM	March 25	4:30-8:30PM
March 12	9:00AM-6:00PM	March 26	9:00AM-6:00PM
March 13	9:00AM-6:00PM	March 27	9:00AM-6:00PM



Schedules for programs or classes may change. For up-to-date information please check our website [AVRecreation.org](http://AVRecreation.org)

# AQUATICS

## SEMI-PRIVATE SWIM LESSONS

### Civic Center Park Aquatic Center

Just like with our Private Swim lessons, these lessons are individualized to meet your specific needs; however, during these lessons you can bring some friends! Semi-Private lessons can hold up to four participants, all of whom must know each other and register at the same time. In order to receive maximum benefit, all swimmers need to be close in skill level. Lessons are offered in 30-minute increments, Monday - Friday or Mon/Wed/Fri for 2 weeks.

DATES	DAY	TIME	FEE
Jan-April	MON-FRI	5HRS	\$53-\$66/Child
Jan-April	MON/WED/FRI	3HRS	\$37-\$45/Child
May	MON-FRI	5HRS	\$48-\$60/Child
May	MON/WED/FRI	5HRS	\$34-\$41/Child



## 100 MILE SWIM CLUB

### Civic Center Park Aquatic Center

**We challenge you to swim 100 miles in just one year!**

Description: Lap Swimming just got more exciting! January 3 - December 17, 2022, you will keep track of your laps and overall distance on the 100 Mile Swim chart in the Pool Office; if you can swim 100 total miles before the pool closes on December 17, 2022, you will receive a custom "100 Mile Swim Club" t-shirt, a certificate of completion, and of course, bragging rights! Registration in this competition is completely FREE! Normal Lap Swimming rates will still apply. For more information, call the Recreation Office or Aquatic Center. **SEE PAGE 2 FOR LAP SWIM INFO**

## APPLE VALLEY SWIM CLUB

### Civic Center Park Aquatic Center

Apple Valley Swim Club is a recreational swim club that focuses on developing inexperienced swimmers into strong, confident athletes. Ages 5 - 17 will be grouped based on skill level and will have workouts tailored to their needs eventually leading them to our advanced level. The advanced level encourages competition against each other, in High School swimming or USA Swimming! **Tryouts are \$5 and are held the last 3 class days of the month • \$45.00/month**

DATES	DAY	TIME	FEE	AGES
Jan 3-28	MON WED/FRI	5:45- 6:45PM	\$45/ Month	5-17yrs
Feb 2-28	MON WED/FRI	5:45- 6:45PM	\$45/ Month	5-17yrs
Mar 2-30	MON WED/FRI	5:45- 6:45PM	\$45/ Month	5-17yrs
April 1-29	MON WED/FRI	5:45- 6:45PM	\$45/ Month	5-17yrs
May 2-30	MON WED/FRI	5:45- 6:45PM	\$45/ Month	5-17yrs



# ARTS

## VIDEO GAME DESIGN (VIRTUAL)

**Instructor: Creative Brain**

You play them, now learn how to develop them. Working in teams, students will create and design their own video games that they can play.

**No class 3/29 & 5/31**

DATES	DAY	TIME	FEE	AGES
Jan 4-25	TUE	4:00-5:00PM	\$70	8-15yrs
Feb 1-22	TUE	4:00-5:00PM	\$70	8-15yrs
Mar 1-22	TUE	4:00-5:00PM	\$70	8-15yrs
April 5-26	TUE	4:00-5:00PM	\$70	8-15yrs
May 3-24	TUE	4:00-5:00PM	\$70	8-15yrs

## CARTOON DRAWING (VIRTUAL)

**Instructor: Creative Brain**

Learn the secrets of cartoon drawing and create your very own cartoon story in this unique arts class. Students will learn to draw cartoon characters and other elements. Students explore creating their very own story ideas and turn them into actual cartoon strips.

**No class 3/31**

DATES	DAY	TIME	FEE	AGES
Jan 6-27	THUR	3:00-4:00PM	\$70	8-15yrs
Feb 3-24	THUR	3:00-4:00PM	\$70	8-15yrs
Mar 3-24	THUR	3:00-4:00PM	\$70	8-15yrs
April 7-28	THUR	3:00-4:00PM	\$70	8-15yrs
May 5-26	THUR	3:00-4:00PM	\$70	8-15yrs



Schedules for programs or classes may change. For up-to-date information please check our website [AVRecreation.org](http://AVRecreation.org)

## ROBLOX STUDIO (VIRTUAL)

**Instructor: Creative Brain**

Create anything you can imagine with Roblox's immersive video game engine! Roblox Studios creative features are accessible to a variety of skill levels, ranging from novice to experienced programmer. Dive into the mechanics of game development, game design and coding. Roblox Studios will allow students to create their own video games!

**No class 3/29 & 5/31**

DATES	DAY	TIME	FEE	AGES
Jan 4-25	TUE	5:00-6:00PM	\$70	7-12yrs
Feb 1-22	TUE	5:00-6:00PM	\$70	7-12yrs
Mar 1-22	TUE	5:00-6:00PM	\$70	7-12yrs
April 5-26	TUE	5:00-6:00PM	\$70	7-12yrs
May 3-24	TUE	5:00-6:00PM	\$70	7-12yrs



# ARTS



## INTRO TO ANIME DRAWING (VIRTUAL)

**Instructor: Creative Brain**

Are you a fan of Anime? If so, this is the class for you! Anime is the Japanese style of animation that is known for its colorful graphics, vibrant and expressive characters, and set in a fantasy world. Explore Anime drawing in simple steps and develop your own Anime characters and stories in this course.

**No Class 3/31**

DATES	DAY	TIME	FEE	AGES
Jan 6-27	THUR	4:00-5:00PM	\$70	8-15yrs
Feb 3-24	THUR	4:00-5:00PM	\$70	8-15yrs
Mar 3-24	THUR	4:00-5:00PM	\$70	8-15yrs
April 7-28	THUR	4:00-5:00PM	\$70	8-15yrs
May 5-26	THUR	4:00-5:00PM	\$70	8-15yrs

## UNREAL GAME DESIGN (VIRTUAL)

**Instructor: Creative Brain**

If you have played Fortnite or any of today's blockbuster video games, you have experienced Epic Games' Unreal Engine. Join other serious gamers and learn the tools of developing your own games with Unreal Engine. Turn your creative ideas into UNREAL games! Minimum requirements to run Unreal on your computer are: Windows 7/8/10 64-bit or Mac OSX 10.9.2 or higher, 8GB or RAM.

**No Class 3/30**

DATES	DAY	TIME	FEE	AGES
Jan 5-26	WED	4:00-5:00PM	\$70	9-15yrs
Feb 2-23	WED	4:00-5:00PM	\$70	9-15yrs
Mar 2-23	WED	4:00-5:00PM	\$70	9-15yrs
April 6-27	WED	4:00-5:00PM	\$70	9-15yrs
May 4-25	WED	4:00-5:00PM	\$70	9-15yrs

## INTERMEDIATE ANIME DRAWING (VIRTUAL)

**Instructor: Creative Brain**

This camp advances your exploration of the Anime and Manga style of drawing and art. Continue to learn anime drawing in easy to follow steps. Develop your very own anime characters and stories to share with your family and your fellow online Anime Camp ARTIST! Sign up for this camp and be ready to draw!

**No Class 3/31**

DATES	DAY	TIME	FEE	AGES
Jan 6-27	THUR	5:00-6:00PM	\$70	8-15yrs
Feb 3-24	THUR	5:00-6:00PM	\$70	8-15yrs
Mar 3-24	THUR	5:00-6:00PM	\$70	8-15yrs
April 7-28	THUR	5:00-6:00PM	\$70	8-15yrs
May 5-26	THUR	5:00-6:00PM	\$70	8-15yrs

## MIT APP INVENTOR (VIRTUAL)

**Instructor: Creative Brain**

MIT App Inventor is an intuitive, visual programming environment that allows everyone to build fully functional apps for smartphones and tablets. Those new to MIT App Inventor can have a simple first app up and running in less than 30 minutes. And what's more, our blocks-based tool facilitates the creation of complex, high-impact apps in scientifically less time than the traditional programming environments.

**No Class 3/30**

DATES	DAY	TIME	FEE	AGES
Jan 5-26	WED	3:00-4:00PM	\$70	7-12yrs
Feb 2-23	WED	3:00-4:00PM	\$70	7-12yrs
Mar 2-23	WED	3:00-4:00PM	\$70	7-12yrs
April 6-27	WED	3:00-4:00PM	\$70	7-12yrs
May 4-25	WED	3:00-4:00PM	\$70	7-12yrs



**SIGN UP ONLINE! WWW.AVRECREATION.ORG**



# ARTS

## UNITY DESIGN ENGINE (VIRTUAL)

**Instructor: Creative Brain**

Many of today's most popular games are created with the Unity Game Engine. Examples include the VR Game Beat Saber, video games such as Iron Man, Pokémon, NASCAR and others. Join other serious gamers to learn the tools of creating games in Unity and turning ideas into reality. Minimum requirements to run unity on your computer are: Windows 7/8/10, 64-bit versions only, or mac OS: 10.12+.

**No class 3/30**

DATES	DAY	TIME	FEE	AGES
Jan 5-26	WED	5:00-6:00PM	\$70	9-15yrs
Feb 2-23	WED	5:00-6:00PM	\$70	9-15yrs
Mar 2-23	WED	5:00-6:00PM	\$70	9-15yrs
April 6-27	WED	5:00-6:00PM	\$70	9-15yrs
May 4-25	WED	5:00-6:00PM	\$70	9-15yrs

## BEGINNING ACTING

**Instructor: Melanie Myers**

**James Woody Community Center Auditorium**

Come learn acting as we rehearse a play! Learn how to develop a character, stage directions, how to project your voice and most of all- have fun!

**There will be a \$40 material fee due to the instructor, in cash, upon the first class.**

**No class 3/23**

DATES	DAY	TIME	FEE	AGES
Jan 5-26	WED	4:00-5:00PM	\$37	8-12yrs
Feb 2-23	WED	4:00-5:00PM	\$37	8-12yrs
Mar 2-30	WED	4:00-5:00PM	\$37	8-12yrs
April 6-27	WED	4:00-5:00PM	\$37	8-12yrs
May 4-25	WED	4:00-5:00PM	\$37	8-12yrs

## INTRO TO COMPUTER CODING (VIRTUAL)

**Instructor: Creative Brain**

This class lets students explore basic concepts of coding. Join in the fun and science and end up creating your own computer program.

**No class 3/29 & 5/31**

DATES	DAY	TIME	FEE	AGES
Jan 4-25	TUE	3:00-4:00PM	\$70	7-12yrs
Feb 1-22	TUE	3:00-4:00PM	\$70	7-12yrs
Mar 1-22	TUE	3:00-4:00PM	\$70	7-12yrs
April 5-26	TUE	3:00-4:00PM	\$70	7-12yrs
May 3-24	TUE	3:00-4:00PM	\$70	7-12yrs

## ADVANCED ACTING

**Instructor: Melanie Myers**

**James Woody Community Center Auditorium**

Learn to improve acting skills as we rehearse a play, learn more in depth characterization, accents and different types of play styles.

**There will be a \$40 material fee due to the instructor, in cash, upon the first class.**

**No class 3/23**

DATES	DAY	TIME	FEE	AGES
Jan 5-26	WED	5:00-6:00PM	\$37	12-18yrs
Feb 2-23	WED	5:00-6:00PM	\$37	12-18yrs
Mar 2-30	WED	5:00-6:00PM	\$37	12-18yrs
April 6-27	WED	5:00-6:00PM	\$37	12-18yrs
May 4-25	WED	5:00-6:00PM	\$37	12-18yrs

# FITNESS

## TAI CHI

**Instructor: Chris Urmston**

**James Woody Community Center Arts & Crafts Room**

Learn to increase your level of energy through fluid movements, breath work, and inner focus. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments, & muscles. Tai Chi also increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability.

**No class 1/17, 2/21 & 5/30**

*\*Fees are based on 2-3 times a week*

DATES	DAY	TIME	FEE	AGES
Jan 3-31	MON/WED FRI	11:00AM- 12:00PM	\$36/ \$46	16+
Feb 2-28	MON/WED FRI	11:00AM- 12:00PM	\$36/ \$42.50	16+
Mar 2-30	MON/WED FRI	11:00AM- 12:00PM	\$36/ \$49.50	16+
April 1-29	MON/WED FRI	11:00AM- 12:00PM	\$36/ \$49.50	16+
May 2-27	MON/WED FRI	11:00AM- 12:00PM	\$36/ \$46	16+

## YOGA FIT

**Instructor: Mary Anne Carroll**

**Apple Valley Conference Center**

Let's begin safe & fresh! Yoga Fit is a friendly, non competitive, practice. Class time will be a blend of traditional yoga poses and stretching, balance, strength building and breath. The class will be lead by verbal cue and demonstration. No hands on adjustments.

**No class 1/17, 2/21, 4/4 & 5/30**

DATES	DAY	TIME	FEE	AGES
Jan 3-31	MON/WED	5:30- 6:30PM	\$40.44/ Month	16+
Feb 2-28	MON/WED	5:30- 6:30PM	\$35.89/ Month	16+
Mar 2-30	MON/WED	5:30- 6:30PM	\$45.00/ Month	16+
April 6-27	MON/WED	5:30- 6:30PM	\$35.89/ Month	16+
May 2-25	MON/WED	5:30- 6:30PM	\$40.44/ Month	16+

## DOSHIN KAIKAN KARATE-DO

**Instructor: Don Burnell**

**The Academy of Applied Martial Arts**

Students will learn a combination of basic to advanced techniques from Doshin Kaikan Karate- Do, Tang Soo Do, Tae Kwon Do, Kickboxing and Combatives. The will also be introduced to Traditionally Martial Arts Weaponry, along with traditional and state of the art strength and Fitness training routine. Student will also compete in local karate tournament as a part of the Iron Tiger Karate Team.

**Material fees will be paid to the instructor.**

**Uniform fee is \$30, sparring equipment is \$100.**

**No class 1/1 & 4/30**

DATES	DAY	TIME	FEE	AGES
Jan 8-29	SAT	9:00- 11:00AM	\$55/ Month	9+
Feb 5-26	SAT	9:00- 11:00AM	\$55/ Month	9+
Mar 5-26	SAT	9:00- 11:00AM	\$55/ Month	9+
April 2-23	SAT	9:00- 11:00AM	\$55/ Month	9+
May 7-28	SAT	9:00- 11:00AM	\$55/ Month	9+

## SOUL CONNECT

**Instructor: Jole Morton**

**Apple Valley Conference Center**

Beginning instruction on breath work, grounding & releasing energy. Learning new coping skills through guided visualizations and mental exercises that help relieve illness, stress and disease.

**No class 3/18 & 4/01**

DATES	DAY	TIME	FEE	AGES
Jan 7-28	FRI	8:00-9:00AM	\$30/ Month	14+
Feb 4-25	FRI	8:00-9:00AM	\$30/ Month	14+
Mar 4-25	FRI	8:00-9:00AM	\$23.50/Month	14+
April 8-29	FRI	8:00-9:00AM	\$30/ Month	14+
May 6-27	FRI	8:00-9:00AM	\$30/ Month	14+



**SIGN UP ONLINE! WWW.AVRECREATION.ORG**

# FITNESS

## WOMEN EMPOWERED

**Instructor: Gracie Jiu Jitsu**

**13470 Manhasset Rd #9, Apple Valley**

Women Empowered is the official Gracie self-defense program for women based on the techniques of Brazilian Jiu-Jitsu (BJJ). In this program, we will teach you how to neutralize the 15 most common attacks from having your hair grabbed to being pinned to the ground by a weapon-bearing assailant. You can start the program any time and participate in any class without previous experience. **No class 2/21 and 5/30**

**Uniform must be purchased for \$20 from Gracie Apple Valley. Please wear sweats/shorts & a t-shirt to practice until uniform is purchased. This is a women's only class. \*Schedule is subject to change.**

DATES	DAY	TIME	FEE	AGES
Jan 3-31	MON/THUR/SAT	MON: 6-7PM/THUR: 7-8PM/ SAT 8-9AM	\$99/Month	14+
Feb 3-28	MON/THUR/SAT	MON: 6-7PM/ THUR: 7-8PM/ SAT 8-9AM	\$99/Month	14+
Mar 3-31	MON/THUR/SAT	MON: 6-7PM/ THUR: 7-8PM/ SAT 8-9AM	\$99/Month	14+
April 2-30	MON/THUR/SAT	MON: 6-7PM/ THUR: 7-8PM/ SAT 8-9AM	\$99/Month	14+
May 2-28	MON/THUR/SAT	MON: 6-7PM/ THUR: 7-8PM/ SAT 8-9AM	\$99/Month	14+

## IRON TIGER CUBS

**Instructor: Don Burnell**

**The Academy of Applied Martial Arts**

Kids will learn basic to advanced karate techniques, predator and anti-bullying awareness in a fast paced high energy environment while having tons of fun. This training will help to improve their concentration, eye hand coordination, while reinforcing the positive values of the martial arts such as Honor Integrity Respect and Discipline. **\*Material fees will be paid to the instructor. Uniform fee is \$30, sparring equipment is \$100. No class 01/01 & 4/30**

DATES	DAY	TIME	FEE	AGES
Jan 8-29	SAT	8:00-8-45AM	\$40/Month	4-8yrs
Feb 5-26	SAT	8:00-8-45AM	\$40/Month	4-8yrs
Mar 5-26	SAT	8:00-8-45AM	\$40/Month	4-8yrs
April 2-23	SAT	8:00-8-45AM	\$40/Month	4-8yrs
May 7-28	SAT	8:00-8-45AM	\$40/Month	4-8yrs

## ZUMBA®

**Instructor: Lupita Muro**

**James Woody Community Center- Arts & Crafts Room**

Zumba® is a fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training – alternating fast and slow rhythms – to help improve cardiovascular fitness.

**No class 3/29, 3/31 & 5/31**

DATES	DAY	TIME	FEE	AGES
Jan 4-27	TUE/THUR	9:15-10:15AM	\$30/Month	16+
Feb 1-24	TUE/THUR	9:15-10:15AM	\$30/Month	16+
Mar 1-24	TUE/THUR	9:15-10:15AM	\$30/Month	16+
April 5-28	TUE/THUR	9:15-10:15AM	\$30/Month	16+
May 3-26	TUE/THUR	9:15-10:15AM	\$30/Month	16+

# FITNESS

## BULLYPROOF

**Instructor: Gracie Jiu Jitsu**

**13470 Manhasset Rd #9, Apple Valley**

This program was designed by the Gracie's to teach children the beginning stages of Combatives, how to deal with bullies, and how to have fun. This program consists of 10 Gracie games that kids absolutely love! Each game has movements that build the foundation to the Combatives techniques. They will also learn "The Rules of Engagement," which is important so that every student knows when and when not to use the techniques they have learned.

**Students choose only 2 days per week . Children's GI must be purchased for \$30 from Gracie Apple Valley. Please wear sweats/shorts & a t-shirt to practice until GI is purchased.**

**\*Schedule is subject to change. No Class 2/21 & 5/30**

## LITTLE CHAMPS

**Monday: 5-6PM • Tuesday 5- 6PM**

**Wednesday 10- 11AM • Thursday 6- 7PM**

**Friday 5- 6PM**

DATES	DAY	TIME	FEE	AGES
Jan 3-31	MON-FRI	SEE ABOVE	\$99/Month	5-7yrs
Feb 1-28	MON-FRI	SEE ABOVE	\$99/Month	5-7yrs
Mar 1-31	MON-FRI	SEE ABOVE	\$99/Month	5-7yrs
April 1-29	MON-FRI	SEE ABOVE	\$99/Month	5-7yrs
May 2-31	MON-FRI	SEE ABOVE	\$99/Month	5-7yrs

## JR. GRAPPLERS

**Mon 5-6pm • Wed 11am-12pm & 4-5pm**

**Thur 5-6pm • Fri 4-5pm**

DATES	DAY	TIME	FEE	AGES
Jan 3-31	MON/WED/ THUR/FRI	SEE ABOVE	\$99/Month	8-12yrs
Feb 2-28	MON/WED/ THUR/FRI	SEE ABOVE	\$99/Month	8-12yrs
Mar 2-31	MON/WED/ THUR/FRI	SEE ABOVE	\$99/Month	8-12yrs
April 1-29	MON/WED/ THUR/FRI	SEE ABOVE	\$99/Month	8-12yrs
May 2-27	MON/WED/ THUR/FRI	SEE ABOVE	\$99/Month	8-12yrs

## COMBATIVES

**Instructor: Gracie Jiu Jitsu**

**13470 Manhasset Rd #9, Apple Valley**

Gracie Combatives is comprised of 36 techniques that have been applied more times by a GJJ practitioner during a real street fight than all other techniques combined. This course is designed to give anyone the skills necessary to survive an attack against a larger, stronger and more athletic opponent. After all 36 techniques have been completed three times, and you feel ready, you may test for your combatives belt. Please Note - Participants can participate in all classes. **Adult gi's must be purchased for \$60 from Gracie Apple Valley. Please wear sweats/shorts & a t-shirt to practice until gi is purchased. \*Schedule is subject to change.**

**Mon 7-8pm • Wed 9-10am & 5-6pm,**

**Thurs 8-9pm • Fri 7-8pm • Sat 9-10am**

**No Class 1/1, 2/21 & 5/30**

DATES	DAY	TIME	FEE	AGES
Jan 3-31	MON/WED THUR/FRI/SAT	SEE ABOVE	\$135/ Month	14+
Feb 2-28	MON/WED THUR/FRI/SAT	SEE ABOVE	\$135/ Month	14+
Mar 2-31	MON/WED THUR/FRI/SAT	SEE ABOVE	\$135/ Month	14+
April 1-30	MON/WED THUR/FRI/SAT	SEE ABOVE	\$135/ Month	14+
May 2-28	MON/WED THUR/FRI/SAT	SEE ABOVE	\$135/ Month	14+



**SIGN UP ONLINE! WWW.AVRECREATION.ORG**

# GYMNASTICS & DANCE

## SWING DANCING

**Instructor: Paul Riding**

**18355 Hwy 18 #8C, Apple Valley, CA 92307**

All ages and skill levels are welcome to learn "lindy hop". It's a rhythmic and joyous dance born out of ballrooms like "The Savoy" in the 30s and 40s. Lindy Hop continues to be danced and celebrated all over the world today! Learn to step, keep time, connect and express yourself to swing, jazz, rhythm and blues and more tunes. Be prepared to meet new people (even if you come as a couple) because dancers will rotate within the class. \*Per the instructor, proof of vaccination will be required for participation in the class\*

**No class 3/8 & 5/31**

DATES	DAY	TIME	FEE	AGES
Jan 4-25	TUE	7:30-8:30PM	\$30/Month	13+
Feb 1-22	TUE	7:30-8:30PM	\$30/Month	13+
Mar 1-29	TUE	7:30-8:30PM	\$30/Month	13+
April 5-26	TUE	7:30-8:30PM	\$30/Month	13+
May 3-24	TUE	7:30-8:30PM	\$30/Month	13+



## TINY TOTS TAP & BALLET

**Instructor: Hailey Richling**

**James Woody Community Center Arts & Craft Room**

Students will learn beginning tap and ballet techniques, terminology and body coordination. All students will have the option to perform a group routine in a seasonal show to show off the skills they've learned. The show dates will be announced during the season.

**No Class 2/15, 3/29, 4/12 & 5/31**

### CLASS A

DATES	DAY	TIME	FEE	AGES
Jan 4-25	TUE	3:15-4:00PM	\$40/Month	2.5-5yrs
Feb 1-22	TUE	3:15-4:00PM	\$31/Month	2.5-5yrs
Mar 1-22	TUE	3:15-4:00PM	\$40/Month	2.5-5yrs
April 5-26	TUE	3:15-4:00PM	\$31/Month	2.5-5yrs
May 3-24	TUE	3:15-4:00PM	\$40/Month	2.5-5yrs

### CLASS B

DATES	DAY	TIME	FEE	AGES
Jan 4-25	TUE	4:15-5:00PM	\$40/Month	2.5-5yrs
Feb 1-22	TUE	4:15-5:00PM	\$31/Month	2.5-5yrs
Mar 1-22	TUE	4:15-5:00PM	\$40/Month	2.5-5yrs
April 5-26	TUE	4:15-5:00PM	\$31/Month	2.5-5yrs
May 3-24	TUE	4:15-5:00PM	\$40/Month	2.5-5yrs

## PRIORITY REGISTRATION

**Priority Registration Classes: Currently enrolled students have until the 15th of the month to register for the following month with their space in the class guaranteed.**

**Beginning on the 16th, enrollment for the remaining spots will open to the public on a first come, first served basis.**

# GYMNASTICS & DANCE

## INTRO TO TAP & BALLET (6-9 YRS)

**Instructor:** Hailey Richling

**James Woody Community Center Arts & Craft Room**

This is a class for students to learn basic tap and ballet steps and practice memorization and body movement. Students will also learn performance skills, proper techniques and terminology in a fun and educational environment.

**No class 2/15, 3/29, 4/12 & 5/31**

DATES	DAY	TIME	FEE	AGES
Jan 4-25	TUE	5:10-6:00PM	\$40/Month	6-9yrs
Feb 1-22	TUE	5:10-6:00PM	\$31/Month	6-9yrs
Mar 1-22	TUE	5:10-6:00PM	\$40/Month	6-9yrs
April 5-26	TUE	5:10-6:00PM	\$31/Month	6-9yrs
May 3-24	TUE	5:10-6:00PM	\$40/Month	6-9yrs

## INTRO TO TAP & BALLET (10-14YRS)

**Instructor:** Hailey Richling

**James Woody Community Center Arts & Craft Room**

This is a class for students to learn basic tap and ballet steps and practice memorization and body movement. Students will also learn performance skills, proper techniques and terminology in a fun and educational environment.

**No class 2/15, 3/29, 4/12 & 5/31**

DATES	DAY	TIME	FEE	AGES
Jan 4-25	TUE	6:10-7:00PM	\$40/Month	10-14yrs
Feb 1-22	TUE	6:10-7:00PM	\$31/Month	10-14yrs
Mar 1-22	TUE	6:10-7:00PM	\$40/Month	10-14yrs
April 5-26	TUE	6:10-7:00PM	\$31/Month	10-14yrs
May 3-24	TUE	6:10-7:00PM	\$40/Month	10-14yrs

## BEGINNING BATON TWIRLING

**Instructor:** Shari Taylor

**James Woody Community Center Auditorium**

Learn to twirl a baton while making friends, march in parades and earn awards.

**Baton is required and can be purchased from the instructor for \$28 No class 3/31**

DATES	DAY	TIME	FEE	AGES
Jan 6-27	THUR	7:00-7:45PM	\$40/Month	6-13yrs
Feb 3-24	THUR	7:00-7:45PM	\$40/Month	6-13yrs
Mar 3-24	THUR	7:00-7:45PM	\$40/Month	6-13yrs
April 7-28	THUR	7:00-7:45PM	\$40/Month	6-13yrs
May 5-26	THUR	7:00-7:45PM	\$40/Month	6-13yrs

## ADVANCED BATON TWIRLING

**Instructor:** Shari Taylor

**James Woody Community Center Auditorium**

Baton twirling and dance at a higher level. Must have had at least 2 years with Ms. Shari or another baton instructor. Participants may also receive approval from the instructor.

**No Class 3/31**

**Baton is required and can be purchased from the instructor for \$28**

DATES	DAY	TIME	FEE	AGES
Jan 6-27	THUR	6:00-6:45PM	\$40/Month	7-16yrs
Feb 3-24	THUR	6:00-6:45PM	\$40/Month	7-16yrs
Mar 3-24	THUR	6:00-6:45PM	\$40/Month	7-16yrs
April 7-28	THUR	6:00-6:45PM	\$40/Month	7-16yrs
May 5-26	THUR	6:00-6:45PM	\$40/Month	7-16yrs



# GYMNASTICS & DANCE



## GYMNASTICS

### TINY TOTS GYMNASTICS

**Instructor: 360 Gymnastics Academy**

**22355 Powahatan Rd, Suite C-1, Apple Valley**

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall.

**A \$50 annual registration fee is due on the first day of class and paid directly to 360 Gymnastics, in cash.**

DATES	DAY	TIME	FEE	AGES
Jan 5-26	WED	9:45-10:30AM	\$55/Month	3yrs
Feb 2-23	WED	9:45-10:30AM	\$55/Month	3yrs
Mar 2-30	WED	9:45-10:30AM	\$55/Month	3yrs
April 6-27	WED	9:45-10:30AM	\$55/Month	3yrs
May 4-25	WED	9:45-10:30AM	\$55/Month	3yrs

### GYM BEARS

**Instructor: 360 Gymnastics Academy**

**22355 Powahatan Rd, Suite C-1, Apple Valley**

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall.

**A \$50 annual registration fee is due on the first day of class and paid directly to 360 Gymnastics, in cash.**

DATES	DAY	TIME	FEE	AGES
Jan 5-26	WED	10:30-11:30AM	\$55/Month	4yrs
Feb 2-23	WED	10:30-11:30AM	\$55/Month	4yrs
Mar 2-30	WED	10:30-11:30AM	\$55/Month	4yrs
April 6-27	WED	10:30-11:30AM	\$55/Month	4yrs
May 4-25	WED	10:30-11:30AM	\$55/Month	4yrs

### PARENT & ME GYMNASTICS

**Instructor: 360 Gymnastics Academy**

**22355 Powahatan Rd, Suite C-1, Apple Valley**

Parent & Me classes are co-ed classes designed to stimulate your child's athletic ability and develop self-awareness on a variety of gymnastic equipment. This is a parent-child interactive class for children ages 18 months to 3 years old.

**A \$50 annual registration fee is due on the first day of class and paid directly to 360 Gymnastics, in cash. No Class 1/1, 1/17, 2/21, 4/16 & 5/30 Monday: 9-9:45AM or Saturday: 10-10:45AM**

DATES	DAY	TIME	FEE	AGES
Jan 8-29	MON or SAT	SEE ABOVE	\$50/Month	18mos-2yrs
Feb 5-26	MON or SAT	SEE ABOVE	\$50/Month	18mos-2yrs
Mar 5-26	MON or SAT	SEE ABOVE	\$50/Month	18mos-2yrs
April 2-30	MON or SAT	SEE ABOVE	\$50/Month	18mos-2yrs
May 7-28	MON or SAT	SEE ABOVE	\$50/Month	18mos-2yrs



Schedules for programs or classes may change. For up-to-date information please check our website [AVRecreation.org](http://AVRecreation.org)

# SPORTS

## PEE WEE TENNIS

**Instructor: Bill Mocharnuk**

**Apple Valley Golf Course Tennis Courts**

Please bring a tennis racquet. No registrations will be taken after the 2nd week.

**No class 1/1 & 4/2**

DATES	DAY	TIME	FEE	AGES
Jan 8-29	SAT	8:00-8:30AM	\$30.50	3-6yrs
Feb 5-26	SAT	8:00-8:30AM	\$30.50	3-6yrs
Mar 5-26	SAT	8:00-8:30AM	\$30.50	3-6yrs
April 9-30	SAT	8:00-8:30AM	\$30.50	3-6yrs
May 7-28	SAT	8:00-8:30AM	\$30.50	3-6yrs

## BEGINNING YOUTH TENNIS

**Instructor: Bill Mocharnuk**

**Apple Valley Golf Course Tennis Courts**

Never played tennis before? Don't worry this course will cover all the basics and help you work on your skills and techniques on the court! This course is perfect for those beginners looking to play with others without the fear of an intimidating player running the courts and discouraging players! Please bring a tennis racquet.

**No registrations will be taken after the 2nd week.**

**No class 1/1 & 4/2**

DATES	DAY	TIME	FEE	AGES
Jan 8-29	SAT	7:45-8:30AM	\$30.50	6-17yrs
Feb 5-26	SAT	7:45-8:30AM	\$30.50	6-17yrs
Mar 5-26	SAT	7:45-8:30AM	\$30.50	6-17yrs
April 9-30	SAT	7:45-8:30AM	\$30.50	6-17yrs
May 7-28	SAT	7:45-8:30AM	\$30.50	6-17yrs

## YOUTH TENNIS

**Instructor: Bill Mocharnuk**

**Apple Valley Golf Course Tennis Courts**

This class is for participants familiar with Tennis. Please bring a tennis racquet.

**No registrations will be taken after the 2nd week.**

**No class 1/1 & 4/2**

DATES	DAY	TIME	FEE	AGES
Jan 8-29	SAT	8:30-9:15AM	\$30.50	7-17yrs
Feb 5-26	SAT	8:30-9:15AM	\$30.50	7-17yrs
Mar 5-26	SAT	8:30-9:15AM	\$30.50	7-17yrs
April 9-30	SAT	8:30-9:15AM	\$30.50	7-17yrs
May 7-28	SAT	8:30-9:15AM	\$30.50	7-17yrs

## ADULT BEGINNING TENNIS

**Instructor: Bill Mocharnuk**

**Apple Valley Golf Course Tennis Courts**

Never played tennis before? Don't worry this course will cover all the basics and help you work on your skills and techniques on the court! This course is perfect for those beginners looking to play with others without the fear of an intimidating player running the courts and discouraging players! Please bring a tennis racquet.

**No registrations will be taken after the 2nd week.**

**No class 1/1 & 4/2**

DATES	DAY	TIME	FEE	AGES
Jan 8-29	SAT	9:15-10:00AM	\$30.50	17+
Feb 5-26	SAT	9:15-10:00AM	\$30.50	17+
Mar 5-26	SAT	9:15-10:00AM	\$30.50	17+
April 9-30	SAT	9:15-10:00AM	\$30.50	17+
May 7-28	SAT	9:15-10:00AM	\$30.50	17+



# SPORTS

## YOUTH VOLLEYBALL

### Michael H. Martin Gym

Our non-competitive volleyball league is perfect for those wanting to experience the sport for the first time or those experienced players who want to sharpen their skills. Practice is one hour per week and one game per week. Volunteer officials and coaches are needed. **3rd-5th Grade & 6th-8th Grade Divisions.**

**Registration deadline is 3/1**

**Assesments: March 1**

**Games Begin: April 2**

**Practices begin week of March 14**

DAY	TIME	FEE	GRADES
VARIES	VARIES	Resident: \$73/Child Non Res: \$78/Child	3-8

## FLOOR HOCKEY

### Michael H. Martin Gym

Join us for weekly floor hockey clinics! All equipment will be provided, and no experience is needed. Game is played in the Gym, so no skating is required.

DAY	TIME	FEE	GRADES
Jan-Feb -SUNDAYS	3:30-4:30PM	\$2	6-11yrs
Jan-Feb SUNDAYS	4:30-5:30PM	\$2	12-17yrs
Mar-May SATURDAY	3:30-4:30PM	\$2	6-11yrs
Mar-May SATURDAY	4:30-5:30PM	\$2	12-17yrs

## OPEN GYM

### Michael H. Martin Gym

**Schedule is subject to change and will vary depending on current league schedule**

Adults must provide valid picture I. D. Minors must have parent-signed emergency card on file. For more information, please call (760) 240-7880.

## PICKLEBALL

DAY	TIME	FEE	AGES
MON/WED/ FRI	9:00am- 12:00pm	\$2 Child \$3 Adult	10yrs+

## BASKETBALL

DAY	TIME	FEE	AGES
WED/FRI	6:00-9:00pm	\$2 Child/\$3 Adult	10yrs+
SUN	12:00-3:00pm	\$2 Child/\$3 Adult	10yrs+

## ADULT SOFTBALL

### Lenny Brewster Sports Center

Spring league is now forming! All players must be over 18 years of age. Only 12 teams will be accepted in this league, so register early! Men must use a wooden softball bat 2 1/4" in diameter. **Registration deadline is 2/25. No game 4/15**

#### Fees:

- \$315 / Team (by 2/18)
- \$350 / Team (by 2/25)

DATES	DAY	TIME	FEE	AGES
Mar 4-May13	FRI	6:30-9:00PM	SEE ABOVE	18+

## ADULT BASKETBALL

### Michael H. Martin Gym

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. All teams play in single elimination playoff tournament. Only 10 teams will be accepted. **Registration deadline is 2/25.**

**No Games April 17 or May 8**

#### Fees:

- \$335 / Team (by 2/18)
- \$365 / Team (by 2/25)

DATES	DAY	TIME	FEE	AGES
Mar 6-May15	SUN	4:30-8:00PM	SEE ABOVE	18+

# SPORTS

## PEE WEE & HOT SHOTS BASKETBALL

### Michael H. Martin Gym

A fun, non-competitive introduction to basketball for the little ones. Basic skills will be taught while having fun with other youngsters! Volunteer coaches needed. Cost includes T-shirt, team party and trophy.

**Registration deadline is 5/6**

### PEE WEE

DATES	DAY	TIME	FEE	AGES
June 4- July 16	SAT	VARIES	Res: \$58 Non-Res: \$63	3-4yrs

### HOT SHOTS

DATES	DAY	TIME	FEE	AGES
June 4- July 23	SAT	VARIES	Res: \$58 Non-Res: \$63	5-6yrs

## SUMMER YOUTH CO-ED BASKETBALL

### Michael H. Martin Gym

#### ENTERING GRADES: 2-12

Maintain those skills over the summer! This program will emphasize sportsmanship, learning basic skills, teamwork and fun. All girls and boys entering grades 2 - 12 are invited to play. Practice (1 hour per week) will begin in May. **Fee includes 8-week season, game jersey, officials, scorekeepers and gym costs. Volunteer coaches are needed. Space is limited so sign up early! Registration deadline is 5/6**

Girls Divisions	Boys Divisions	Co-Ed Divisions
3rd & 4th Grade	3rd & 4th Grade	2nd Grade
5th & 6th Grade	5th & 6th Grade	High School
7th-9th Grade	7th-8th Grade	-

**Assessment May 7**

**Games: June 5 - July 30**

**Practices begin week of May 23**

**Games: Saturdays • Practices: Tuesdays or Thursdays**

DATES	DAY	TIME	FEE	GRADE
June 5- July 30	SEE ABOVE	VARIES	Res:\$73 Non-Res:\$78	2-12

## ADVENTURES IN PEE WEE SPORTS

### Civic Center Park

This 6-week program will stress the basic skills needed for team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended.

**Registration deadline is one week prior to the start date.**

DATES	DAY	TIME
Jan25- Mar 1	TUE	Ages 3-4: 4:30-5:20PM Ages 5-6: 5:30-6:20PM
Jan 29- Mar 5	SAT	Ages 3-4: 9:00-9:50AM Ages 5-6: 10:00-10:50AM
April 5- May10	TUE	Ages 3-4: 4:30-5:20PM Ages 5-6: 5:30-6:20PM
April 9- May 14	SAT	Ages 3-4: 9:00-9:50AM Ages 5-6: 10:00-10:50AM



# A.S.A.P.

## A.S.A.P. After School Activities Program

**2022/2023  
School Year**



The After School Activities Program offers a variety of locations for after school childcare needs. Children will enjoy spending time with our staff as they explore culinary arts, work together in S.T.E.M activities, create masterpieces of visual arts, focus on teamwork while playing sports, and receive assistance in homework help. The program is often at capacity, please call out office at 760-240-7880 to see if space is available.

### **\$55/WEEKLY FEE**

- AAE / K-6th
- Rio Vista / K-6th
- Sitting Bull Lower / K-4th
- Sitting Bull Upper / 5th-8th
- Vanguard Lower / K-4th
- Vanguard Upper / 5th-8th

## A.S.A.P. LOTTERY REGISTRATION

*Due to limited space in After School Activities Program, registration for the 2022-2023 school year is done by lottery. Please complete the following steps to enter the registration lottery*

### **2022/2023 School Year Registration Dates: 3/21/22 - 4/6/22**

**Must be registered by parent/ or legal guardian**

#### **March 21 -April 21, 2022: Intent to Join Begins**

Please register for the "Intent to Join" item at [AVRecreation.org](http://AVRecreation.org) or visit the Recreation Counter located inside Town Hall at 14955 Dale Evans Pkwy. Please check your email for confirmation of your registration.

#### **May 2, 2022: Notification of Acceptance/ Denial**

Recreation Staff will use a software system to randomly determine who will be accepted for the 2022-2023 school year. Recreation staff will begin notifying parents/guardians of their acceptance or denial via email on May 2, 2022.

#### **May 9th, 2022: Registration and Payment/ Waitlist**

If you have been offered a spot, you must visit the Recreation Counter to fill out an emergency form and pay for the first week of the program. If you were not offered a spot, you will automatically be added to the waitlist in a random order.

*If you have any questions about the above process, please contact the Recreation Office at 760-240-7880.*

**SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)**



# RUNNING SERIES



## JANUARY 22

**\$15/PERSON • CIVIC CENTER PARK**

Kick off the New Year with a 5K, obstacle course, filled fun run! Join us between 8am – 10am, check in with our team, and start at your own pace! All finishers receive a custom medal!

**APPLE VALLEY**



### 5K BEER RUN!

**SPONSORED BY  
OFF THE GRID BREWERY  
& RECREATION DEPARTMENT**

## SATURDAY, FEBRUARY 26

**CHECK IN: 9:00 AM**

**RACE STARTS AT 10:00 AM**

**Off the Grid Brewery  
13615 John Glenn Rd. Apple Valley 92308**

**21+ Runners: \$30 pre-registered/  
\$35 on-site**

**Under 21: \$20 pre-registered/  
\$25 on-site**

Join Off the Grid Brewery and the Recreation Department for Apple Valley's 2nd annual beer run! Registration includes a commemorative pint glass and a fill. This 5K is fun for the whole family with hand-crafted soda available for participants under 21. The fun continues after the race with live music, games, and food!

**Registration deadline 2/20**

# RUNNING SERIES



**MARCH 17 & 19**

**\$15/PERSON  
CIVIC CENTER PARK**

Bring the family and run through our beautiful Civic Center Park. Be sure to bring a watch (or your cellphone) as you will need to keep track of your own time. There is no starting time so you can join in the fun anytime during the selected dates and times. Our recreation staff will be out there to celebrate your finish with music, your finishers medal.



**Saturday May 28  
Adults 5K/ 10K  
7AM-9AM**

**KIDS 1K: 9:15AM  
COST: \$15  
ALL AGES**

Summer Kicks Off in Apple Valley on Saturday, May 28th! Join us for a full day of fun in Civic Center Park! Our 5K/10K run begins at 7am, and our Kids 1K at 9:15am! Be sure to hang around the park, during the day-long Summer Kick-Off Festivities.



## BUNNY RUN 5K WALK & RUN/ 10K RUN

**SATURDAY, APRIL 16**

**James Woody Community Center  
on Field 8 (off Ottawa Rd)**

Kick off the spring season in the Town of Apple Valley by running (or hopping!) in our annual Bunny Run. A signed liability waiver is required for all participants. Pre-register by Thursday, April 14 or until we reach event capacity. Free event shirts available for the first 50 registered runners.

**Pre-registration: \$21 • On-site registration: \$25 • Walkers are FREE!  
Check in starts at 7:00AM • Race starts at 8:00AM**

**SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)**



# SPECIAL EVENTS

# Easter

## EGGSTRAVAGANZA & SHARON FRAZIER EGG HUNT AT JAMES WOODY COMMUNITY CENTER

**SATURDAY  
APRIL 16  
FREE EVENT!**

### **Times / Ages:**

- 9:30am: 1 - 2 years old - Field 1
- 9:40am: 3 - 6 years old - Field 2
- 9:45am: Special Needs - Field 6
- 9:50am: 7 - 10 years old - Field 3

Hop on out to our Easter Eggstravaganza and Sharon Frazier Egg Hunt hosted by the Optimist Club # 15017 of Apple Valley. Children ages 10 and under are invited to participate in this FREE annual Easter Egg Hunt. Children are encouraged to bring their Easter egg baskets for egg collecting fun. Please note, parents are not permitted on the field with their children. After the egg hunt, hop on over to the Eggstravaganza and enjoy a family fun morning. If you would like to donate to this event, please contact the Recreation Department at 760-240-7880. The egg hunt starts promptly at the times listed. We recommend arriving prior to the start time.



# SPECIAL EVENTS



**Thursdays  
in May**  
6-8 pm  
All ages

Enjoy local bands in an intimate setting at the Courtyard at Apple Valley Commons. This outdoor patio is located next to Wing Stop and Round Table Pizza, as well as several other eateries. Bring your friends, grab some food, and enjoy music under the stars! It fills up fast, so bring your own chairs. Concerts are every Thursday in May. Call (760) 240-7880 for more information or visit [AVRecreation.org](http://AVRecreation.org).

**Rockin'  
Flea Market**

**AT LION'S PARK**

**SATURDAY, MAY 7  
8:00 AM-1:00 PM**

Rock and roll and shop 'til you drop! Our community flea market plays host to individuals, non-profit, church and civic groups to sell rummage items. Music and food vendors will make your shopping a unique experience. Call 760-240-7880 for more information or visit the events page at [AVRecreation.org](http://AVRecreation.org).

Vendor space is \$20 or  
\$10 for non-profit

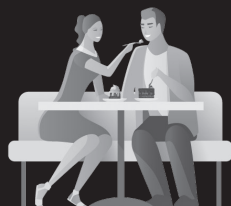
SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)



# SPECIAL EVENTS

## PARENTS

### *Night Out!*



Jan 21st, Feb 12th,  
Mar 19th, Apr 23rd,  
May 14th

**Cost: \$15 • 6PM-9PM**

**- Recreation Center**

Need a break, some time for a date, maybe to nap or shop? While your children are having fun, enjoy a well-deserved evening out. Your child will have an evening full of games, crafts, a movie, and some yummy pizza!

## OVERNIGHT POOL PARTY

Friday & Saturday

June 17-18

7:00PM-8:00AM

**Bring the family out for a unique camping experience!**

### Civic Center Park Aquatic Center

Check in and tent set up at 7:00 pm, the first pool activities will begin at 8:00 pm; check-out time is at 8:00 am. Children under 3 are free. You must pre-register by 6/18. No on-site registration.

- Dive-In Movie
- In-water contests
- Open Swimming all night long
- Food Truck
- Games

**\$10/person until June 11 • \$12/person June 17 • Children under 3 are free**



**SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)**



# SPECIAL EVENTS

## COMMUNITY CLEANUP DAY

**Saturday, April 9 • 9:00am-12:00pm • All Ages**

**Check in at Town Hall @ 8:30 am -14955 Dale Evans Parkway**

Take pride in your Town and contribute to "A Better Way of Life." Join local volunteers as we clean streets, sidewalks and vacant lots all around town. Get all the supplies you need plus lunch and an event T-shirt while supplies last.

Call (760) 240-7880 or visit [AVRecreation.org](http://AVRecreation.org) to register in advance.

**Pre-register by 3/24**



## Summer Kick-Off & Water Festival



- **FOOD VENDORS**
- **CLASS DEMOS**
- **RAFFLES**
- **FUN & GAMES FOR THE WHOLE FAMILY**

**SATURDAY, MAY 28**

**10:00AM-3:00PM**

**All Ages**

**Civic Center Park**

Join us at Civic Center Park to check out the fun programs, events, and classes offered by Apple Valley Recreation! The pool will be open for more games and activities starting at 12:30pm! Pool capacity is limited. Entry will be allowed on a first come-first served basis. Visit our Facebook Page for more information.

SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)



# SPECIAL EVENTS

## CARDBOARD BOAT *Regatta*

**SATURDAY, JUNE 25**  
**4:30PM**  
**\$15/team (by June 11)**

Join us on Saturday, June 25th for the ultimate race: the annual Apple Valley Cardboard Boat Regatta! In groups of 2, participants will construct their very own boat using nothing but cardboard, duct tape and a little bit of elbow grease! Participants will sail in their boats against other teams, competing for the 1st - 3rd place finishers, Pride of the Regatta, Most Spirited, The Titanic (best sinker!) and more! Food trucks will be on site for your dining needs. For more information, please call the Recreation office! Sailors will compete in 2 age categories:  
Ages 10-17 or 18 & over



# VANTASTIC SPRING PARK TOUR

Be on the lookout for our Recreation Van as we visit some parks for our VAN-tastic Spring Tour. Our staff will be out in the parks playing games and encouraging residents to come join the fun and meet our staff and learn about our programs and activities. This event is subject to change, please be sure to visit our website for more information.



**Civic Center Park**  
**8AM-12PM**

January 8

February 5

March 5

April 2

May 7

# TEENS



## BASKETBALL SKILLS CONTEST

**TUESDAY  
FEBRUARY 22**

**6:00-8:00pm**

**Michael H. Martin Gym**

**Hosted by Apple Valley Optimist #15017**

**AGES 8-13**

**FREE!**

This is a special feature of the youth basketball season. Girls and boys compete in dribbling, shooting and passing contests. Winners receive awards and can advance to higher levels of competition. Registration will be held at the event.



## DRIVER'S EDUCATION

**Internet Course • Cost: \$40/ Month • Ages: 14-17**

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. **Class does not include behind-the-wheel training.** Within 48 business hours of registration, the student will have an account created and receive a welcome email and access to the course online. Register at the Town Hall Recreation Counter.

# TEEN ZONE

Our Teen Zone program is back in action and ready to begin accepting applications for teens who would like to volunteer for their community. Teen Zone is group of teens ages 13-17 who come together to make a difference in their community by volunteering and supporting the Town of Apple Valley through assisting the Recreation Department in a variety of programs and special events. Teen Zone also assists in community service projects with outside organizations and nonprofit groups. The goal of Teen Zone is to encourage youth to get involved with their community, learn new skills through educational workshops and develop skills that will assist them with their day to day living. If you are interested in participating, please complete and application and return to the Recreation Department. For more information, please call our office at 760-240-7880.

**SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)**



# APPLE VALLEY IN PICTURES



# APPLE VALLEY IN PICTURES



SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)

# CAMPS



## SPRING BREAK DAY CAMP

JAMES WOODY COMMUNITY CENTER

March 21-25, 2022 • GRADES: K-8TH

FULL TIME: \$134 • 3 DAYS/WEEK: \$88

Spring has Sprung here at the Recreation Department! Register for this weeklong camp as we celebrate spring by planting, crafting, and baking. Our day camp is a great alternative while children are on break from school, that allows children a safe and fun environment to connect with the friends and even make some new ones! Space is limited. Visit our website for a sneak peek at what is to come for the week.



## SUMMER DAY CAMP

JAMES WOODY COMMUNITY CENTER

MAY 31-JULY 29, 2022 • GRADES: 1ST-8TH

FULL TIME: \$134 • 3 DAYS/WEEK: \$88 • HALF DAYS: \$88

School is out, time to let the fun begin! Our Summer Day Camp has everything a kid needs to enjoy a great summer. Register your child for the summer long camp that includes games, cooking, crafts. Visit our website for updates on our weekly themes. Space is limited, be sure to register in advance.

## LITTLE APPLES PLAYHOUSE CAMP



Town Hall Recreation Center

January 4, 2022-

May 26, 2022

Tuesdays/Thursdays

10AM-12PM

Fee: \$75/month • Ages 3-5

Register your Little Apples for this fun, active, educational class for children ages 3 years to 5 years old. Your Little Apple will spend time interacting with other children as they begin to develop fine motor skills and take the beginning steps into school age curriculum. This is a parent and child class.

# PETS

## APPLE VALLEY MUNICIPAL ANIMAL SHELTER



**22131 Powhatan Road  
Apple Valley, CA 92308**  
(760) 240-7000 x 7555

Tuesday - Saturday: 9:00AM-4:00PM  
Closed Sunday, Monday & Designated Holidays  
After-Hours Emergency (760) 961-6001

The Town of Apple Valley's Animal Services Department consists of field and shelter staff that work together to protect public safety and provide humane animal care through sheltering, pet placement programs, education and law enforcement.

Our philosophy is to promote responsible pet ownership, compassion toward animals and safe human-animal interactions. We celebrate partnerships with various individuals and rescue organizations that allow us to increase placement of adoptable animals into permanent loving homes. Working together, we all can provide a "Better Way of Life" for the animals in our care - four paws at a time.

**LOW-COST RABIES  
VACCINE CLINIC  
February 3, 2022  
5:00PM-7:00PM**

**22131 Powhatan Rd.  
Apple Valley, Ca 92308  
\$6 - CASH ONLY**

**LOW-COST RABIES  
VACCINE CLINIC  
April 7, 2022  
5:00PM-7:00PM**

**22131 Powhatan Rd.  
Apple Valley, Ca 92308  
\$6 - CASH ONLY**

SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)



# REGISTRATION INFORMATION

## Registration - We make it easy for you!

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- Photo Policy: The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

### REFUND POLICY

**Cancellation of Class:** A full refund will be issued to all registered participants if a program is cancelled by the Recreation Department.

**Voluntary Withdrawal:** A refund may be requested prior to the registration deadline or before the first day of class and is subject to approval.

**Withdrawal After Class Start Date:** A refund may be requested prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.

**NO refund requests will be accepted after the second class meeting.**

**A \$2 processing fee will be charged to all refunds. Allow 4-6 weeks for a refund check.**

**NO refunds for swim lessons or aquatic classes.**

## 4 Ways to Register

### 1. WALK-IN

- Walk-in registration is accepted at the Recreation counter at Town Hall only.
- Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.
- Payment can be made by cash, check, debit or credit card (Discover, VISA, or Master Card).

### 2. MAIL-IN

- Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).
- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self addressed, stamped envelope a receipt will be mailed to you.

Mail completed form and a check to:  
Town of Apple Valley Park and Recreation Department  
14955 Dale Evans Parkway  
Apple Valley, CA 92307

### 3. DROP BOX

- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self addressed, stamped envelope a receipt will be mailed to you.
- Drop completed form and payment by check in drop box located at:

James Woody Community Center, 13467 Navajo Road  
(in the first alcove at the front of the Community Center)

OR

Town Hall, 14955 Dale Evans Parkway  
(at the front of Town Hall)

OR

Civic Center Park Aquatic Center, 14999 Dale Evans Parkway  
(located inside at the front desk)

### 4. ONLINE

- Visit us at [www.AVRecreation.org](http://www.AVRecreation.org) to register online.
- Click on "Register Now"

## TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT- PAYEE INFORMATION

PLEASE PRINT CLEARLY - do not use for Day Camp, ASAP or any sports programs. Additional paperwork required

First & Last Name	Address	City	Zip Code
Telephone	E-mail		

PARTICIPANT'S FIRST & LAST NAME	D.O.B.	CLASS NAME	START DATE	FEE	TOTAL AMOUNT

### RELEASE OF LIABILITY

I, the undersigned, understand the following: I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

Signature \_\_\_\_\_ Date \_\_\_\_\_



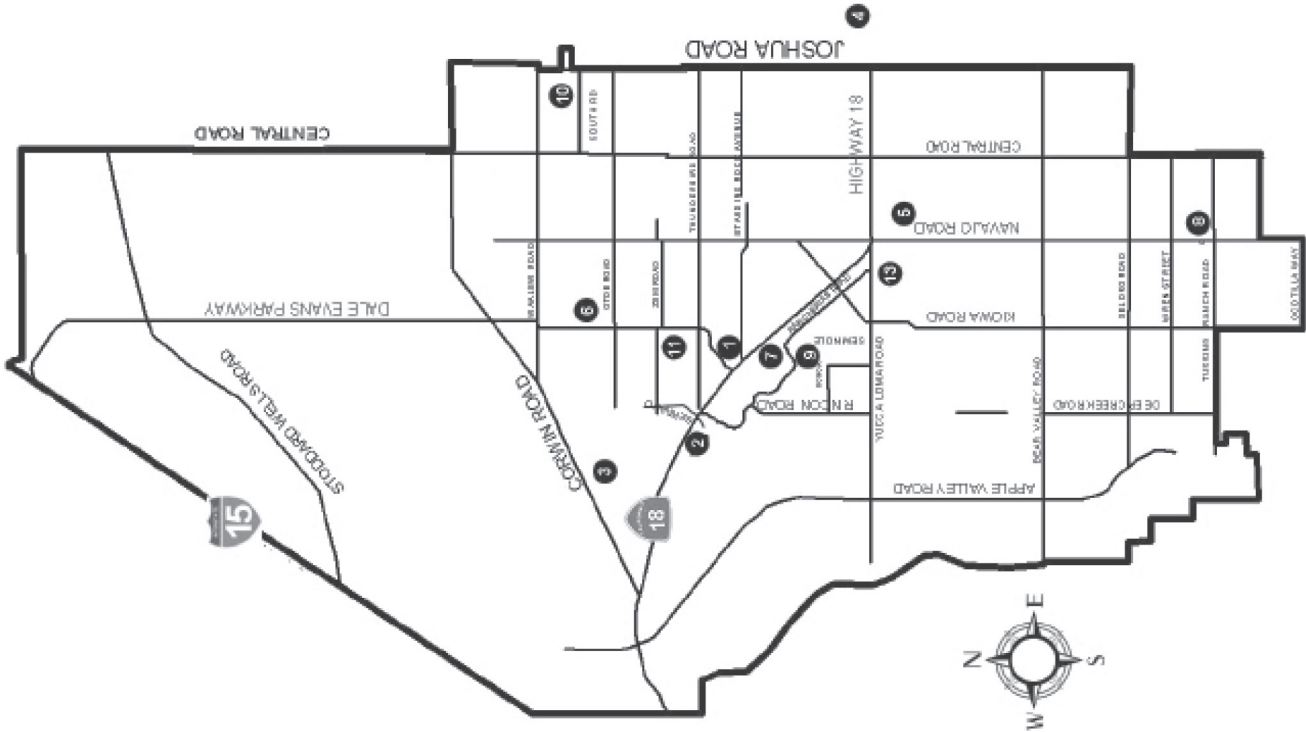
**SIGN UP ONLINE! [WWW.AVRECREATION.ORG](http://WWW.AVRECREATION.ORG)**



## APPLE VALLEY FACILITIES & PARKS

All Parks have picnic tables.

	Banquet/ Meeting rooms	Ball Fields	BBO	Camping	Dog Park	Fitness Station	Golf Course	Gymnasium	Horse Arenas	Kitchen	Outdoor Basketball Courts	Picnic Shelters	Playground	Pool	Skate Park	Tennis Courts
<b>1</b>	<b>Apple Valley Conference Center</b> 14975 Dale Evans Parkway															
<b>2</b>	<b>Apple Valley Golf Course</b> 15200 Rancherias Road															
<b>1</b>	<b>Civic Center Park &amp; Aquatic Center</b> 14999 Dale Evans Parkway															
<b>3</b>	<b>Corwin Park</b> 18577 Corwin Road															
<b>4</b>	<b>Horsemen's Center Park</b> 24320 Highway 18															
<b>5</b>	<b>James Woody Community Center</b> 13467 Navajo Road															
<b>6</b>	<b>Lenny Brewster Sports Center Park</b> 21024 Oboe Road															
<b>7</b>	<b>Lion's Park</b> 20701 S. Outer Highway 18															
<b>8</b>	<b>Mendel Park</b> 21860 Tussing Ranch Road															
<b>9</b>	<b>Norm Schmidt Park</b> 14053 Tuweep Trail															
<b>10</b>	<b>Sycamore Rocks Park</b> 23450 South Road															
<b>11</b>	<b>Thunderbird Park</b> 20700 Wichita Road															
<b>1</b>	<b>Town Hall Recreation Center</b> 14955 Dale Evans Parkway															
<b>13</b>	<b>Yucca Loma Park</b> 21351 Yucca Loma Road															



# COMMUNITY DIRECTORY

## TOWN OF APPLE VALLEY

14955 Dale Evans Parkway  
Apple Valley, CA 92307  
www.applevalley.org

Animal Services.....	7555
Building & Safety .....	7100
Business Licenses .....	7707
Code Enforcement .....	7560
Economic Development .....	7900
Engineering .....	7353
Human Resources.....	7600
Mayor & Town Council.....	7808
Parks Maintenance .....	6200
Planning .....	7200
Police Department .....	7400
Public Information .....	7074
Public Services .....	7500
Recreation.....	7880
Town Clerk.....	7800
Town Manager .....	7051

## COMMUNITY ORGANIZATIONS

14955 Dale Evans Parkway  
Apple Valley, CA 92307  
www.applevalley.org

American Cancer Society .....	cancer.org • 800-227-2345
American Red Cross.....	redcross.org • 888-309-1200
Apple Valley Chamber of Commerce.....	avchamber.org • 760-245-6506
Apple Valley Fire Protection District .....	applevalleyfd.com • 760-247-7618
Apple Valley Library .....	sbcounty.gov/library • 760-247-2022
Apple Valley Optimist Club.....	760-887-7379
Apple Valley School District.....	avusd.org • 760-247-8001
Assistance League ...	assistanceleague.org/victor-valley • 760-961-2468
AVCO/Burrtec .....	burrtec.com • 760-245-8607
Boy Scouts (CA Inland Empire Council) .....	scouting.org • 9097932463
Friends of Apple Valley Library.....	sbcounty.gov/library • 760-247-2022
Girl Scouts.....	girlscoutssangorgonio.org • 909-307-6555
High Desert Young Marines .....	760-240-5004
AVUSD Family Center .....	• 760-240-5606

## SPORTS ORGANIZATIONS

Supercross BMX .....	supercrossBMX.com • 760-240-5266
Apple Valley Little League.....	applevalleyll.com • 760-247-5441
Apple Valley Rebels Football .....	avrebels.com • admin@avrebels.com
Apple Valley Seminoles Football.....	avseminoles.com • 760-885-8938
Apple Valley Storm Soccer .....	avscstorm.org • 760-508-6192
Apple Valley Youth Soccer League .....	avyouthsoccerleague.com • 760-559-8401
High Desert Pony Baseball .....	hdpleague.com • 760-927-9994
High Desert Youth Soccer League.....	hdysl.com • 760-961-7805
High Desert Tennis Association .....	highdeserttennis.org • 760-985-3796
PSP Christian School .....	pspschirstianschool.org • 760-515-2572
Young Champions .....	ycusa.org • 714-478-3793

## EQUESTRIAN GROUPS

Mojave River Valley Horsemen's Assoc .... mrvha.com • 760-247-5944

## RECREATION & HOBBY GROUPS

Thunderbirds Square Dance .....

760-475-3473

California Writers Club .....

www.hdcwc.com • 760-242-4963

## SENIOR SERVICES & ORGANIZATIONS

Aging & Adult Services .....	800-510-2020
Apple Valley Senior Citizen's Club.....	760-247-3155
Inland Empire Legal Services .....	760-241-7073
Senior Information & Assistance .....	760-243-8459
Senior Select Resource Center .....	760-961-0971
Victor Valley Transit .....	vvta.org • 760-948-3030

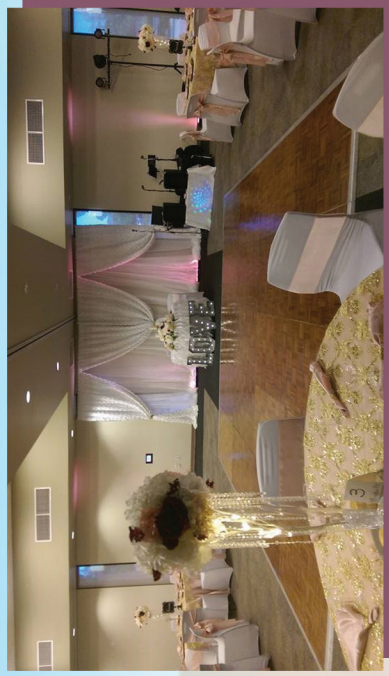


211 provides free and confidential information and referral. Call 211 for help with food, health care, counseling and more.

# Celebrate

your next event with  
THE TOWN OF APPLE VALLEY

The Town of Apple Valley offers several venues that are available to rent for your next memorable gathering. From wedding receptions and bridal showers to meetings and corporate events, the Town of Apple Valley has just the place for you. Please contact our Recreation Department to schedule a tour of our facilities. For more information, call (760) 240-7880.



- Rooms to accommodate up to 300 guests
- Catering & Full Kitchens
- Audio Visual System
- Rose Garden
- Chairs & Tables Included
- Customizable Hours



Town of  
**Apple Valley**

PARKS & RECREATION  
**14955 DALE EVANS PARKWAY**  
Apple Valley, CA 92307

ECRWSS EDDM  
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Victorville, CA  
Permit No. 82



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