



OUR

# town

OFFICIAL COMMUNITY NEWSLETTER OF THE TOWN OF APPLE VALLEY

NOV/DEC 2009

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## New stores open in time for the holidays

With new stores still opening doors, Apple Valley shoppers have more choices. Three million square-feet of retail have opened over the last four years, meeting the shopping needs of residents and stemming the flow of sales tax dollars to neighboring communities.

### Apple Valley Commons welcomes four new stores

The latest is Ross Dress for Less at the Apple Valley Commons, which opened in October. As the nation's second-largest off-price retailer, the discount pricing is a welcome addition for budget-conscious shoppers, especially with the holidays right around the corner.

Radio Shack also recently opened its doors at the Commons. Dr. Mike's Walk-In Clinic will open by the end of the year, and a 10,000 square-foot Dollar Tree will open in January. Apple Valley Commons is located on the northwest corner of Dale Evans Parkway and Highway 18.

### Elsewhere in Apple Valley

In the past few months we also welcomed Walgreens at Highway 18 and Navajo Road. Buttons Furniture opened near Apple Valley Road and Highway 18. The Jess Ranch Marketplace added Bank of America as well as the Flame Broiler. Other restaurant offerings include Skidmarks, located at the Apple Valley Airport, and Big Mike's Country Palace on Bear Valley Road just west of Kiowa.

With the holidays approaching, save time and gas money. Shopping at the more than 500 local retail and service outlets keeps money in Apple Valley that can be used for better roads and improved public safety. When you go shopping, be sure to check Apple Valley retailers first.



### GET CONNECTED

Visit [www.AppleValley.org](http://www.AppleValley.org) and click on "Get eNews" to receive the latest updates on only the subjects you want, everything from special events to road work!



## MEETING CALENDAR

*Unless otherwise noted, all meetings take place in the Council Chambers at 14955 Dale Evans Parkway*

### TOWN COUNCIL

*2nd & 4th Tuesday, 6:30 p.m.*

### PLANNING COMMISSION

*1st & 3rd Wednesday, 6 p.m.*

### PARKS & RECREATION COMMISSION

*1st Thursday of alternate months, 6 p.m.*

### EQUESTRIAN ADVISORY COMMITTEE

*2nd Wednesday, 7 p.m.*

### HISTORICAL ADVISORY COMMITTEE

*3rd Thursday of alternate months, 2 p.m.*

### HOUSEHOLD HAZARDOUS WASTE

*Every Saturday  
10 a.m. – 2 p.m.  
Public Works Yard  
22411 Highway 18  
Information: 240-7000 x7522*

# H1N1, seasonal flu, and you



2009 H1N1, sometimes called “swine flu,” is a new influenza virus first detected in people in the United States in April 2009. In June, the World Health Organization signaled that a pandemic of 2009 H1N1 flu was underway. Pandemic means that the virus is spreading from person-to-person worldwide.

Each year in the U.S., 36,000 people die from flu-related complications and more than 200,000 people are hospitalized from flu-related symptoms. Like the regular flu, most people infected with H1N1 have mild symptoms and recover without requiring medical treatment.

This season, there is a seasonal flu vaccine and a 2009 H1N1 vaccine. A flu vaccine is the first and most important step in protecting against flu infection. Other prevention practices for the H1N1 flu are the same as for seasonal flu. Please follow these tips from the Center for Disease Control:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it. If a tissue is not available, cough or sneeze into your elbow to avoid spreading germs on your hands.

- Wash your hands often with soap and water for at least 20 seconds, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Try to avoid close contact with sick people.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- If you get sick with the flu, it is recommended that you stay home from work or school and limit contact with others to keep from infecting them.


### **Emergency warning signs that should signal anyone to seek immediate medical care include:**

In children:

- Fast breathing or trouble breathing
- Bluish skin color
- Not drinking enough fluids
- Not waking up or not interacting
- Being so irritable that the child does not want to be held
- Flu-like symptoms improve but then return with fever and worse cough
- Fever with a rash

In adults:

- Difficulty breathing or shortness of breath
- Pain or pressure in the chest or abdomen
- Sudden dizziness
- Confusion
- Severe or persistent vomiting

For more information visit the Center for Disease Control and Prevention website at [www.cdc.gov/swineflu](http://www.cdc.gov/swineflu) or call 1-800-232-4636. You may also call the County of San Bernardino Department of Public Health during business hours at 1-800-782-4264 or visit [www.sbcounty.gov/dph/](http://www.sbcounty.gov/dph/) and click on “H1N1 Update.” 

*A Better Way of Life*

# Ways to make your days merry and bright

For information on any of these classes or programs please call 240-7880 unless otherwise noted.



## TURKEY RUN

Gobble up some fun at Civic Center Park on Saturday, November 21. Check-in starts at 7 a.m., 5K walk and 5K/10K runs start at 8 a.m. Thanks to a sponsorship by St. Mary

Medical Center, the first 50 pre-registered runners get a free shirt! Runners pay \$15 for pre-registration by November 19 or \$20 thereafter. Walkers are free and Turkey Run shirts are \$10.

Photo credit: Sideline Photography

## WINTER PEE WEE AND HOTSHOTS BASKETBALL

Kids ages 3 to 6 can join this non-competitive introduction to basketball on Saturday mornings starting January 9. The \$32 fee includes a T-shirt, team party and trophy. Registration deadline is December 1 but this is in high demand so early registration is recommended.

## APPLE VALLEY'S MOST TALENTED KID

Enjoy singing, dancing, entertaining, amusing acts and old fashioned root beer floats Friday, December 4 from 6 to 9 p.m., for only \$3 admission. Participation is free and open to ages 3 to 18; awards are given to the top three performers in each age category. Space is limited and the deadline to sign up is November 30.

## STORY TIME WITH SANTA

Get into the spirit of Christmas on Friday, December 18 from 7:30 to 9 p.m. at the Town Hall Recreation Center. Families will join in singing carols, reading stories and sharing hot cocoa and cookies with Santa for just \$7 per child. All ages are welcome.

## WINTER DAY CAMP/CAVE

Day Camp and CAVE each include a full schedule of age appropriate fun and activities for children in grades K to 4 for Day Camp and 5 to 8 for CAVE. Held during Winter Break from December 21 through January 8 at James Woody Community

Center, these programs vary in cost from \$45 to \$88 per week based on your child's schedule.


## [Learn your ABC's . . . of water](#)

This month's topic is " Winterization of your home water supply and irrigation system." On Wednesday, November 18 from 5:30 to 7 p.m. at the Mojave Water Agency. Larry Attebery of the Phelan Piñon Hills Community Service District will discuss how to prepare your exposed water lines and irrigation system for the winter freeze. Save water, save money, and save time by getting ready now.

For information or to register, call Gloria Golike at (760) 946-7001 or email [ggolike@mojavewater.org](mailto:ggolike@mojavewater.org). The deadline to RSVP is November 16. MWA is located at 22450 Headquarters Drive in Apple Valley.

## WINTER WONDERLAND AND CHRISTMAS TREE LIGHTING

Train rides, photos with Santa, inflatables, crafts, live music and falling snow highlight this family event on Saturday, December 5 from 2 to 5:30 p.m. at Civic Center Park. Then, stroll next door to the Town Hall Christmas Tree Lighting. Enjoy free holiday refreshments from local

businesses and join in Christmas carols with neighbors and friends. The Mayor will flip the switch on our 65-foot tree covered in thousands of shimmering lights promptly at 6 p.m. Ornaments will be given away while supplies last. Call 240-7000 X 7071 for more information. 





# The proof is in the pavement



Maintaining a comprehensive transportation system is priority number one in Vision 2020 and 93% of Apple Valley residents rate “maintaining local roads and streets” as the most important Town service.

With that in mind the Town of Apple Valley has begun to reconstruct and repave Corwin Road from Highway 18 to the Apple Valley Airport, as well as repave Waalew Road from Corwin to Ramona.

In the coming months motorists can expect the following closures on Corwin Road:

- 1) Rimrock Road to Waalew Road – November 10 to December 4
- 3) Waalew Road to Ramona Road – December 24 to January 19

Waalew Road from Corwin to Ramona Road will be closed from December 7 to 24.

“We recommend motorists avoid the area if possible and take alternate routes where they can,” said Apple Valley Public Works Inspector Brett Morgan. Detour signs are in place to help guide drivers around the area. Residents, postal service, deliveries and trash service are allowed access but drivers are urged to drive slowly and watch for construction crews.

This \$3 million project is the biggest road improvement job since the completion of Apple Valley Road. Corwin will be widened from Highway 18 to Choco Road to accommodate a center turn lane as well as 4-foot wide bicycle paths on both sides of the road, enhancing safety for both vehicle and bicycle traffic.

Questions and comments are encouraged via the Town’s website at [www.AppleValley.org](http://www.AppleValley.org). Click on “Let us Know” then choose the Streets (other) subject line. All dates are approximate and will depend on weather. Work schedules will be posted online.

## We’ve got plans

After two years of review and public outreach, the Town Council adopted a new General Plan in August. The General Plan serves as a blueprint for our future growth. It guides the Town’s day-to-day decision-making for land use and Town services. The General Plan can help answer questions such as:

- Where is commercial development likely to occur?
- What is the maximum/minimum density allowed?
- Where do we foresee major roadways, truck routes, and recreational trail systems?
- What programs and policies are in place regarding our water resources?

The General Plan can be viewed at [www.AppleValley.org](http://www.AppleValley.org). Choose Departments and Services, then Planning, and then General Plan 2009. The Table of Contents contains links to: Introduction and Administration, Community Development, Environmental Resources, Public Services and Facilities, and Glossary of Terms. Double-click on a section link to open or save the pdf file. At the bottom of the page, you’ll also find links to our most frequently used maps.

While you’re there, take a few minutes and see what else the Planning Department page offers. You can learn about zoning and setbacks, view the latest report on development activity around town, and download various permit applications. To contact Planning call 240-7000 x 7200, or e-mail [planning@applevalley.org](mailto:planning@applevalley.org).

# Keep pets healthy during the holidays



With the busy holiday season approaching, plan now for extra precautions to save your pets from possible injury or illness. The Town of Apple Valley Animal Services Department offers these important safety tips for your pets.

During Thanksgiving, homes can be a whirlwind of family and friends. With all the celebrating, be sure to keep people-food, especially turkey, away from pets. Turkey bones can cause internal injuries to dogs.

Christmas can also be hazardous to your pet's health. Low-hanging Christmas decorations can be tempting for both cats and dogs to play with and eat. Poinsettias may be beautiful, but are toxic to animals. Keep decorations and plants high enough so your pets aren't harmed. Candles set a festive mood, but never leave burning candles unattended, especially with pets around. Finally, chocolate can cause death and should never be given to your dog. Taking a little extra time to educate your guests and ensure your pets are safe will assure a happy, safe holiday for all. ○

## Low-cost pet vaccination clinic

Dogs four months of age or older must have their rabies vaccination and a current license in the Town of Apple Valley. You can meet these requirements at a low-cost rabies clinic on Saturday, December 12 from 10 a.m. to noon. Rabies shots are \$6 each and will be given at the Town of Apple Valley Animal Shelter, 13643 Tonikan Road, one block west of Central. Clinics are for Apple Valley residents only. Other vaccinations are available at a reduced price and dog licensing is available the same day. For more information call 240-7000 x 7555. ○

## The silent killer

Carbon monoxide, an odorless, tasteless, and colorless gas, is known as the "Silent Killer." Did you know that accidental carbon monoxide (CO) poisoning is one of the leading causes of death between the months of November and February? Early symptoms include headaches, nausea and fatigue, and are often mistaken for the flu because the deadly gas goes undetected in a home. Prolonged exposure can lead to brain damage and even death.

Accidental CO poisoning is preventable. Stay warm and safe with these tips.

- Never barbecue inside your home or garage.
- Never let children ride in the back of enclosed pickup trucks.
- Do not use propane heaters inside your residence as a source of heating.
- Do not leave your car warming in the garage, ever, even with the door open.
- Do not use your stove to heat your house.

Last, but not least, CO alarms save lives. Buy and install one immediately. If you have a CO alarm, check the battery at every daylight savings time change. There is no home treatment for CO poisoning; if you suspect poisoning, get fresh air immediately and seek medical care in a hospital emergency department. ○



### GREEN APPLE TIP

Curbside Christmas tree pick-up is December 26 through January 7. For information call 245-8607.



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## TOWN INFORMATION

### TOWN COUNCIL

Rick Roelle, Mayor  
Scott Nassif, Mayor Pro-Tempore  
Peter Allan, Councilmember  
Ginger Coleman, Councilmember  
Bob Sagona, Councilmember  
Frank W. Robinson, Town Manager

### HOW TO REACH US

Emergencies .....911  
Police (business calls)  
.....240-7400  
Police dispatch after hours  
.....245-4211  
Town dispatch after hours  
.....961-6001  
Town Hall .....240-7000

### DEPARTMENT EXTENSIONS

#### DIAL 240-7000 PLUS:

Animal Services .....7555  
Building & Safety .....7101  
Economic Development .....7900  
Finance .....7000  
Human Resources .....7600  
Planning .....7200  
Public Information .....7072  
Public Works .....7500  
Town Clerk .....7800  
Town Manager .....7051  
Transit .....7521

### OTHER TOWN DEPARTMENTS & SERVICES (dial direct)

Code Enforcement ..... 240-7560  
Parks & Recreation ..... 240-7880  
Trash (AVCO) ..... 245-8607  
Emergency

Preparedness ..... 247-7618

E-mail: [applevalley@applevalley.org](mailto:applevalley@applevalley.org)

Website: [www.applevalley.org](http://www.applevalley.org)

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Apple Valley

## 2010 Official Apple Pie of Apple Valley

Apple Valley Fall Festival was a day full of old fashioned fun for the whole family, including a contest for our town's first Official Apple Pie. Events staff worked with the culinary department of Granite Hills High School to solicit entries. A hearty congratulations go to Apple Valley resident, Karen Harris for her award winning entry!

#### Filling

5 ½ cups of sliced, peeled apples  
1 cup sugar  
2 tbsp. water  
4 ½ tsp. quick cook tapioca  
½ tsp. cinnamon  
¼ tsp. nutmeg  
1 ½ tsp. grated lemon zest  
1 tsp. lemon juice  
1 tsp. grated fresh ginger

#### Pie crust

2 ½ cups flour  
1 tsp. salt  
2 tbsp. sugar  
12 tbsp. unsalted butter, sliced  
½ cup cold shortening  
¼ cup cold vodka  
¼ cup cold water

In a large bowl combine apples, water, lemon juice, lemon zest and ginger. In a small bowl combine sugar, tapioca, cinnamon and nutmeg, then add it to the large bowl. Toss and coat; let stand for 15 minutes.

Combine 1 ½ cup flour, salt and sugar in a food processor with about 2 second pulses. Add butter and shortening, then process for about 15 seconds. Add remaining flour and pulse 4-6 seconds. Empty the mixture into a medium bowl; sprinkle with vodka and water. Fold and press until it is just tacky and sticks together. Divide the dough into two even balls. Wrap each ball in plastic then flatten and refrigerate for at least 45 minutes. When ready to use, flour a table then take each ball and roll to the size of your pie plate.

Place bottom pie crust in the pan; add filling and dot with butter. Place the top pie crust and bake at 400 degrees for 15 minutes. Reduce heat to 350 degrees and bake for 30-40 minutes. Cool on a wire rack. Recipe by Karen Harris. ○

