

Evaluation Comments from former “Graduates”

- The information encouraged me to look at my work and home preparedness more critically.
- I became aware of how unready I am for an emergency.
- Hands-on is the best training — it takes away the intimidation.
- Very practical; fits into what I need at my school site.
- I feel that this training is very valuable for all employees.
- Intense but very informative.
- Great information and insight to work on our own plan.
- Makes you think about our situation at work.
- Real-life scenarios really make you think.
- This was very timely not only because of the recent terrorist attacks, but also with the fact that we have so many earthquakes.
- The instructors were very personable and extremely knowledgeable.
- Thanks for helping me prepare personally and professionally.



A P P L E V A L L E Y
F I R E P R O T E C T I O N
D I S T R I C T

For information regarding C.E.R.T.,
F.A.D.D. or R.A.C.E.S., call
(760) 247-7618

Cindy Serrano
Apple Valley Emergency Services Manager



Community Emergency Response Team

For
Apple Valley
residents only
— FREE! —

*Teaching People to
Help Others*

What is C.E.R.T.?

Community Emergency Response Team instruction is a nationwide program designed to teach residents how to take care of their families during a disaster.

Following a major disaster — natural or manmade — emergency resources will be quickly depleted. Apple Valley Fire District strongly encourages residents and businesses to be self-reliant for at least a 72-hour period.



The C.E.R.T. Program offers information on what to do before, during, and after a disaster. Residents will learn how best to care for their loved ones.

They will also gain the skills and knowledge to extend what they learn in to their neighborhoods and community.

As the old adage goes:

The best defense is a good offense.

Offense in this context means being

Curriculum

Disaster Preparedness: Learn how to minimize potential hazards, practical tips for assembling a “survival” kit, and the disasters most prone in our area and how to prepare for them.

Disaster Psychology: A quick lesson of the natural psychological progression victims and rescuers experience during a disaster.

Team Organization: The teamwork approach is examined and applied so that response is as efficient as possible.

Fire Safety: A lesson on types of fires and extinguishers; and hands-on application of how to properly use fire extinguishers.

Terrorism Awareness: Learn how to be more aware and alert of surroundings. Know what to do if ever affected by a hazardous materials situation.

Triage/Treatment Areas: A how-to class on conducting triage and establishing triage and treatment areas.

Wildland Urban Interface (WUI): Learn how to reduce the risk of wildland fire and defending your home. Also, information about community evacuations and shelters.

First Aid: Two-year certification from American Heart Association.

Light Search & Rescue: Strategic methodology of building construction, damage recognition, and search and rescue techniques.

Review & Simulation: Course review and exercise simulation involving the skills learned.

Sign-Up Now!

Community classes are held each Spring and Fall. Seating is limited; therefore, sign up now to get on the waiting list!

Student manual,
backpack, vest and helmet
are provided
at no charge with
Homeland Security Grant
funding.

Disaster Service Workers

The Apple Valley C.E.R.T. Program is part of the Apple Valley Citizen Corps Program and accredited with the Apple Valley Disaster Council. As such, C.E.R.T. graduates are eligible to register with the Town of Apple Valley as a volunteer Disaster Service Worker to be activated to help the community when it is needed most — during a disaster!

Other Apple Valley disaster-related volunteer programs include:

- **R.A.C.E.S.:** Radio Amateur Civil Emergency Service is a component of the Apple Valley Emergency Communications Services group, and consists of licensed amateur radio operators who maintain communications for local government during a disaster.
- **F.A.D.D.:** Friends of Animals During Disasters consist of residents with knowledge about the care and behavior of animals, and are trained to help the Town with evacuating and sheltering animals during a disaster.