

March Aquatic Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
		8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness
						Town Hall Closed
	6	7	8	9	10	11
	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness
	13	14	15	16	17	18
	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness
						Town Hall Closed
	20	21	22	23	24	25
	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness
	27	28	29	30	31	
	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim		Civic Center Park Aquatic Center Recreation Office (760) 240-7880 Pool Office (760) 240-7000 ex:7895 www.applevalley.org "A Better Way to Play"
	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness		

Schedule subject to change based on pool availability