January Aquatic Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"A Better Way of Life"	Civic Center Park Aquatic Center Recreation Office (760) 240-7880 Pool Office (760) 240-7000 ex:7895 www.applevalley.org "A Better Way to Play"			Starting in January, the Recreation Office will be moving to the front of Town Hall located at 14955 Dale Evans Parkway. Exact move date is TBA. Our office hours will be 7:30-5:30pm, Mon-Thur with alternating Fridays 7:30-4:30pm.		Pool Closed
	2 3 6:00 - 9:45am Lap Swim	4 8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	5 6 8:00 - 9:45am Lap Swim	7 6:00 - 9:45am Lap Swim	8 6:00 - 8:30am Lap Swim
	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness
	9 10	11		2 13		-
		8:00 - 9:45am Lap Swim 8:15 - 9:15am Zero Fitness	6:00 - 9:45am Lap Swim 8:15-9:15am Aqua Fitness	8:00 - 9:45am Lap Swim 8:15 - 9:15am Zero Fitness	6:00 - 9:45am Lap Swim 8:15-9:15am Aqua Fitness	6:00 - 8:30am Lap Swim 8:15 - 9:15am Zero Fitness
16						
	-	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 8:30am Lap Swim 8:15 - 9:15am Zero Fitness
	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness
23	3 24	25	26	5 27	28	2
	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	8:00 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 8:30am Lap Swim
	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness	8:15-9:15am Aqua Fitness	8:15 - 9:15am Zero Fitness
3(0 31 6:00 - 9:45am Lap Swim 8:15-9:15am Aqua Fitness					
		Schedule subject	to change based o	n pool availability		