

Apple Valley

ADDRESSING THE RECREATIONAL NEEDS OF OUR YOUTH
ONE SWIMMER AT A TIME

Wave

We hope everyone had a joyous and wonderful New Year. The start of the new year has brought many changes to the Recreation Department. The Recreation Department has officially moved to the front of Town Hall. Town Hall is now a one stop shop, where you can pay your trash bill and sign up for a Recreation class at the same time. With this move comes new hours for the Recreation Department, please be sure to see the new times listed below.

Apple Valley WAVE will be taking a 3 week break starting January 31st. AV WAVE will start practicing again on February 21st. A schedule for February will be posted on the Town's website. Please check in with us later in the month for dates and times. The month of February will be prorated, please see the fees below.

The avwave.org website is currently under construction. The avwave.org website will now be under the Town of Apple Valley's website at www.avrecreation.org. The new site will be completed by February 3rd. I would like to thank Mrs. Jacquie Mason for dedicating so much time and energy into the current website. For the last year she has devoted a lot of hours into keeping the website up and going. Thank you for all your support.

Guppies

\$17.29 mo of February

Squids

\$20.20 mo of February

Sharks

\$23.17 mo of February



NEW Recreation Department Hours:

Monday - Thursday

7:30-5:30 pm

Alternating Fridays

7:30-4:30 pm

Apple Valley WAVE 2011

Apple Valley WAVE has revised its mission statement and broken it up into three different components.

Vision:

Apple Valley WAVE creates "A Better Way of Life" for young swimmers by promoting the principles of good sportsmanship while having fun as they develop physical and mental stamina, good nutrition and healthy habits that last a lifetime.

Philosophy:

Apple Valley WAVE builds a solid foundation for swimmers to achieve the highest level of success regardless of their level of ability. We create an environment that encourages swimmers to achieve success in life by dedicating themselves to attaining achievable goals, persisting when the going gets rough and by overcoming obstacles that may block their way. Apple Valley WAVE believes in building great people, not just great swimmers.

Goals:

Develop high quality swimmers.

Focus on sound nutrition.

Develop and learn the importance of stroke technique and swimming excellence.

Promote college bound athletes.

Encourage and help swimmers to be the best they can be.

We are excited to see where 2011 takes us and hope that you help us in achieving our goal.

NEW Recreation Department Hours:
Monday - Thursday
7:30-5:30 pm
Alternating Fridays
7:30-4:30 pm

CALENDAR OF EVENTS

Jan 31 - Feb 19th

No WAVE practice

Feb 21st

CCAQ Swim Meet
Entry Forms Due

March 5 - 6th

CCAQ Swim Meet



How to Volunteer



The success of the AVW program is largely due to the support of our parent volunteers. We will continue to need your support in every aspect of this organization for that success to continue. Volunteering is a great way to have fun, make new friends and be involved in your child's activities.

Volunteering is simple:

1. Pick up a volunteer packet from Coach Chelsey.
2. Turn your paperwork into Coach Chelsey or the Human Resources Dept.
3. Once your paperwork is turned in and reviewed, you will be called in to have your finger prints taken. This ensures the safety of our kids and the overall well being of the team.
4. Once your finger prints are cleared you will be called back and approved for volunteering.

Once you're on board with us as a volunteer, we would love for you to help us out with many things such as planning and organizing parties, coordinating fundraisers, collecting and distributing paperwork, etc....

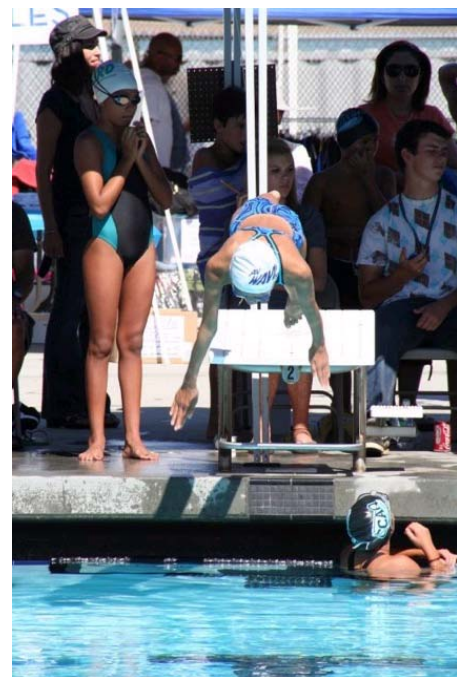


URGENT Monthly Dues

If your child attends practice any day during the month you will be charged the full monthly rates. The entire payment is due in full by the 8th of every month.

If you have not paid by the 8th, a balance will be put on your account and your child will be removed from the pool and sent home.

Failure to pay any amount due on your account will keep you from signing up for any recreation programs. Please remember to pay on time so your child does not miss out on practice. Your cooperation is appreciated.



How/Why to sign up for USA Swimming

Signing your child up to swim competitively helps your child gain self esteem and builds self discipline while trying to attain an achievable goal.

Getting your child ready to swim competitively is simple. Just follow these 4 simple steps:



1. Get a USA form from a coach.
2. Bring in your child's original birth certificate.
3. Fill the registration form out completely.
4. Make a check out for \$55.00 made payable to Southern California Swimming and return it by the deadline along with a copy of the swimmer's birth certificate.

Emergency Medical and Activity Forms



2011 Emergency Medical and Activity Forms are now due. Please take a moment to fill them out and turn them in. Forms can be found at the Recreation Department or the Aquatic Center.

Feel like you've been left in the dark?

Well you're not. Everything you need to know can be found on the WAVE bulletin board located in the pool office. Here you will find information about programs changes, cancellations, volunteering, fundraisers, shirt orders, cap purchases, schedules, newsletters, meets, etc. If there is something you can't find, please speak with a coach before or after practice. Our coach's time is valuable and we ask that you do not ask them questions during practice so they can dedicate all their attention to the swimmers.



What to expect when you first join Apple Valley WAVE

The first month of training is the most difficult and your child may become disheartened. Encourage your child and try to make sure that they do not miss any workouts. Remember to keep communicating with the coaches, as they can help to resolve any problems that the swimmer may have. We want swimming to be fun and promote a fun family centered environment. Be enthusiastic and supportive. Seeing that your child attends practice and comes to meets is a good way of showing your swimmer you have an interest in what he/she is doing. Be a good role model by showing good sportsmanship towards coaches, officials, teammates, and opponents. We are a family team and should always encourage one another. Swimmers should compete against their own times and not other swimmers on the team. Parents should always encourage this with their child. So hang in there, Mom and Dad. Let the coaches and your swimmer move at their own speed. We want your swimmer to have fun, develop a positive self-image, and make new friends while at the same time developing a love for swimming.



NOTICE

Entry forms for the CCAQ meet are due the day we come back. Please don't forget to bring your entry form and check to practice.

Upcoming March Swim Meet...

CCAQ.....March 5-6

No late payments will be accepted

Please remember to make all checks payable to:

Town of Apple Valley.

Entry Forms are due February 21st

AV WAVE

Accounts

February Treasury Report

Suit Fundraiser

Money Raised \$1,122.25

EXPENSES

<i>Purchases From</i>	<i>Amount</i>	<i>Description</i>	<i>Inv Date</i>	<i>Invoice #</i>	<i>Check</i>	<i>Date Paid</i>
Adolph Kiefer	\$681.49	Swim Suits	3-1-10	I1600594	1277	3-26-10
Adolph Kiefer	\$296.45	Swim Suits	5-14-10	I1619278	US Bank Card	5-14-10

Ending Balance \$144.31

Donated Money

Money Raised \$221.50

EXPENSES

<i>Purchases From</i>	<i>Amount</i>	<i>Description</i>	<i>Inv Date</i>	<i>Invoice #</i>	<i>Check</i>	<i>Date Paid</i>
Carl's Jr	\$100.00	Fundraising Books	8-19-10	N/A	1329	8-23-10
Wal-Mart	\$20.82	Misc Items	8-19-10	N/A	1332	8-19-10
Wal-Mart	\$60.34	Party Favors	12-15-10	Chk Rqst	1375	12-17-10

Ending Balance \$40.34

Recycle Fundraiser This money goes towards incentives

Money Raised \$356.60

EXPENSES

<i>Purchases From</i>	<i>Amount</i>	<i>Description</i>	<i>Inv Date</i>	<i>Invoice #</i>	<i>Check</i>	<i>Date Paid</i>
Winco	\$55.69	Candy	12-15-10	Chk Rqst	1374	12-17-10

Ending Balance \$300.91

GET CONNECTED:



AVRECREATION.org



Apple Valley
WAVE
on Facebook



Get eNews:
Sign up at
applevalley.org



AVWAVE.org

Additional fees associated with WAVE (optional)

Being on Apple Valley WAVE allows you to be flexible with what you purchase. WAVE has set up an account with Splash Wear to allow you easy access to swim gear at any time. Simply follow these few steps to get started:

1. Go to www.swimmerstuff.com
2. On the right hand side click on TEAM LOGIN
3. Username is: APPLE





You are now logged into the Team's account. Here you can purchase items that the coaches are recommending you have such as team suits, fins and paddles. All caps and shirts are purchased through the Town. Please see Coach Chelsey for order forms.

1-866-218-SWIM (7946) CONTACT US Search: Go

Splashwear Aquatics

Jump to a specific department:
Men Women Teams Equipment Accessories

Featured Items:

			
Finis HydroSpeed Technical Brief	Tube Towels Large Ultra Soft Chamois Towel	Discover Trekking Ultra Fast-Dry Towel	Speedo FSII Jammer CLEARANCE
Was \$59.99 \$29.98	\$21.00	\$27.99	Was \$150.00 \$62.50

TEAM PROGRAMS FUNDRAISING CUSTOM ITEMS NEWS

Streamline your checkout by signing up today

Free Shipping *on most orders over \$75

Team Login

Aquatic Center Now Sells:



\$3.00

Town Information

Rec Office Hours:

Monday - Thursday

7:30 am - 5:30 pm

Alternating Fridays

7:30 am - 4:30 pm

Holiday Closures:

February 21, 2011

Town Council:

Meets 2nd & 4th Tuesday of every month at 6:30 p.m.
Town Council Chambers

Parks & Recreation Commission

Meets 1st Thursday of every other month at 6 p.m. Town Council Chambers.
Call (760) 240-7000, ext. 7885 for meeting dates

Your Recreation Staff

Coach Chelsey
Phone.....760-403-5685
Email.....cdaugherty@applevalley.org
Or.....chelsey2290@gmail.com

Rec Supervisor— Kelly Lindenberg
Phone.....760-240-7880
Email.....klindenberg@applevalley.org

Parks and Recreation Manager— Ralph Wright
Phone.....760-240-7880

Recreation Office
Phone.....760-240-7880

Pool Office
Phone.....760-240-7000 ext 7895



Drop box payments

The drop box has been placed at the pool for your convenience. Please remember when filling out the waivers to completely fill in all the spots. Not filling out the waiver completely may delay the payment process. Thank you for your assistance.

