


# April Aquatic Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
						2	
		Civic Center Park Aquatic Center Recreation Office (760) 240-7880 Pool Office (760) 240-7000 ex:7895 www.applevalley.org "A Better Way to Play"				6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
		7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness
		8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness
		Town Hall Closed					
		3	4	5	6	7	
		6:00 - 9:45am Lap Swim	7:30 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	7:30 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
		7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness
		8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness
		8 - 9:30pm Eve. Lap Swim		8 - 9:30pm Eve. Lap Swim			
		10	11	12	13	14	
		6:00 - 9:45am Lap Swim	7:30 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	7:30 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
		7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness
		8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness
		8 - 9:30pm Eve. Lap Swim		8 - 9:30pm Eve. Lap Swim			
		Town Hall Closed					
		17	18	19	20	21	
		6:00 - 9:45am Lap Swim	7:30 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	7:30 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
		7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness
		8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness
		8 - 9:30pm Eve. Lap Swim		8 - 9:30pm Eve. Lap Swim			
		24	25	26	27	28	
		6:00 - 9:45am Lap Swim	7:30 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	7:30 - 9:45am Lap Swim	6:00 - 9:45am Lap Swim	6:00 - 9:15am Lap Swim
		7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness	7:45-8:45am Aqua Fitness	7:45 - 8:45am Zero Fitness
		8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness	8:45-9:45am Aqua Fitness	8:45 - 9:45am Zero Fitness
		8 - 9:30pm Eve. Lap Swim		8 - 9:30pm Eve. Lap Swim			
		Town Hall Closed					

\*Schedule subject to change based on pool availability\*