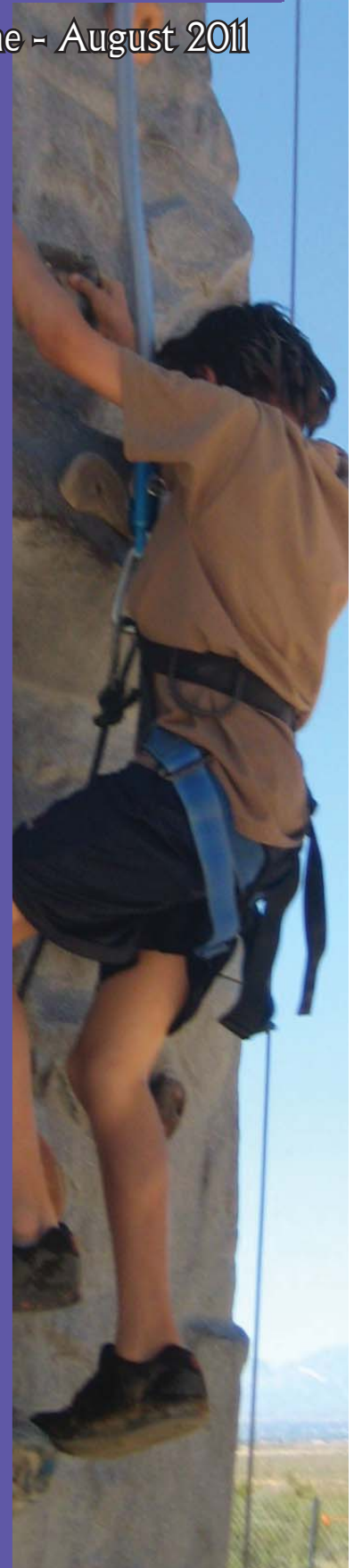
























# *A Better Way to Play*

your guide to recreation in Apple Valley, CA

June - August 2011



# Contents

	Healthy Apple Valley	4		Therapeutic Recreation	25
	Health & Fitness/Safety	6		Sports	26
	Active Adults	8		Registration Information	28
	Sponsors/Volunteers	9		Specialty Classes	29
	Aquatics	10		Preschool Classes	30
	Recreation/Special Events	17		Music & Dance Classes	32
	Summer Camps	20		Martial Arts/Gymnastics	34
	After School Activities	21		Golf & Tennis	35
	Teen Zone	22		Parks & Facilities	36
	Summer Library Programs	24		Community Information	39

## Office Hours

Located at Town Hall

Monday - Thursday  
7:30 am - 5:30 pm  
Alternating Fridays  
7:30 - 4:30 pm

## Holiday Closures:

July 4

(760) 240-7880  
www.AVRecreation.org

## *Town Council*

Meets 2nd & 4th Tuesday of every month at 6:30 p.m.

Town Council Chambers

Scott Nassif	Mayor	Curt Emick	Council Member
Barb Stanton	Mayor Pro Tem	Rick Roelle	Council Member
Ginger Coleman	Council Member		

## *Park and Recreation Commission*

Meets 1st Thursday of every other month at 6:00 p.m.

Town Council Chambers

Call (760) 240-7000, ext. 7885 for meeting dates

Raghada Khoury	Chairperson	Mike Martin	Commissioner
Donald Tatera	Vice-Chairman	Jiles Smith	Commissioner
Mike Hinkle	Commissioner		



## *A brand new playground means A Better Way to Play!*



Every parent, big sister, older brother and baby sitter needs a place to entertain the little ones in their life and the Town of Apple Valley has just the right thing! Buck-a-bouts, bongos, spring riders and a sky runner are among the fun features of the new Civic Center Park playground built to accommodate over 200 children.

The XSCAPE Play System equipment is a sleek, modern design that encourages stretching, upper body fitness, competitive spirit, unique movements, and fun, all at the same time! Each structure is built for a specific age group making it easier for parents to determine the most appropriate area for their child.

The playground structures feature 8 slides, 5 climbing walls, 2 sets of drums, 2 train whistles, 1 telescope, 20 climbing features, and more than 5 sets of chin up, pull up and monkey bars.

In addition to the three main structures there are 2 teeter tots (called Buck-A-Bouts), the Sky Runner, 8 swings (4 tot swings), 2 dinosaur spring riders, 1 find me fossil board, and 1 rotating picture board.

The Town is still keeping it green, using equipment with varied percentages of recycled content. The playground was purchased with numerous grant funds: "Enriching Your Community through Play" from Game Time, an Economic Development Initiative 06 grant, and three smaller grants for recycling.

Feel like a kid again and come on out and enjoy this premier playground. Civic Center Park is located at 14999 Dale Evans Parkway. Enter by the Aquatic Center on Bass Hill Drive off Dale Evans Parkway.

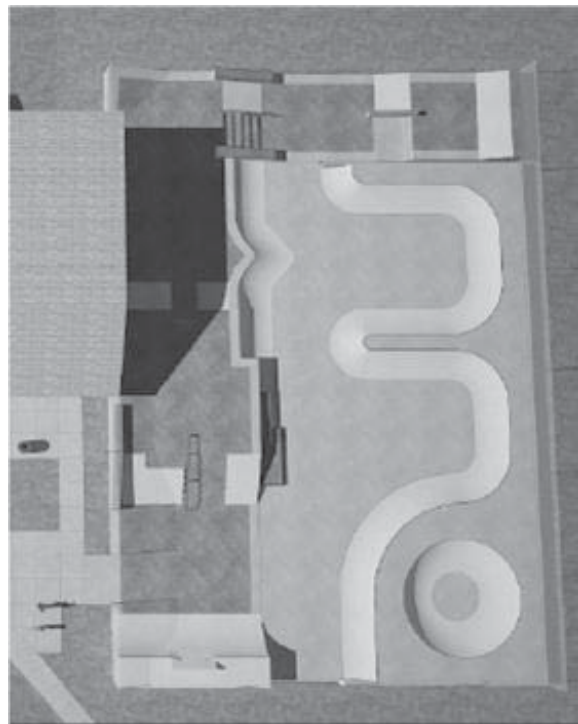
### *3 Diamond Skate Park Now BMX Friendly*

Skateboard and BMX aficionados will now be able to enjoy the 3 Diamond Skate Park. The park has been renovated and expanded to accommodate both skateboard and BMX bike use. The renovations were completed by California Landscape and Design, Inc. whose skatepark design and construction arm, California Skateparks Inc. has completed over 200 projects and is one of the top companies in the industry.

Located at the James Woody Community Center, the renovated park now has a distinct plaza style with stairs, ledges, a huge quarter pipe and more. BMX bikes, skateboards, roller skates and in-line skates are allowed.

All park users please be aware that the Town of Apple Valley has adopted Town Ordinance 11.68.060, the requirement for wearing a helmet, elbow and knee pads at all times while in the skate park. The rules are enforceable and citable. Thank you in advance for obeying the law.

The park is open 9:00 am - dusk.





# Healthy Apple Valley

in conjunction with Healthy High Desert

*\*BE ACTIVE\**

*\*EAT SMART\**

*\*LIVE BETTER\**

The Town of Apple Valley has been awarded a grant by the County of San Bernardino Department of Public Health in support of the "Healthy Apple Valley" mission of improving the health and well-being of our residents through the promotion of healthy eating, education, cooking programs and physical activity.

## Healthy Living Workshops

**Ages 18 & Up**

Led by a registered dietitian, learn healthier living through grocery shopping, balanced eating and fun exercise.

Sessions cover the following topics:

- Disease Prevention and Healthy Weight Loss
- Healthy Eating Basics on a Budget
- Family Physical Activity
- Label Reading and Grocery Shopping
- Free babysitting will be provided.

**Activity Fee:** FREE

**Location:** Apple Valley Conference Center

Date:	Day:	Time:
June 16, 23, 30	Th	6 - 8 pm

Pre-registration is required.

Call (760) 240-7880 NOW to save your place in the Healthy Living Workshop Series

Proudly sponsored by St. Mary Medical Center  
(760) 946-8170



## Sunset Cycling

Enjoy the beautiful weather the high desert has to offer and ride along the Apple Valley Road Bike Route for an evening of fun and fresh air. Bike Ride will start behind The Pizza Factory at Apple Valley Road and Bear Valley Road. We will ride from Pizza Factory to Yucca Loma Road and back! Don't forget - helmets are a must! No registration required.

Date:	Day:	Time:
July 19	Tue	6:45 pm

## Happy Trails Walking Club

Group stretching starts at 6:00 pm. No registration required.

**Activity Fee:** FREE

**Location:** Civic Center Park

Date:	Day:	Time:
June - Aug	Tue	6 - 7 pm

## Civic Center Park Walking Path

Looking for a safe place to walk? Civic Center Park features a well-lit walking path. Come out any day of the week for a healthy walk around the park.

## Brewster Social Walker's Club

**All Ages**

The Lenny Brewster Sports Center features a .8 mile dirt trail around the perimeter of the park. Join old friends and meet new ones while embracing your new healthy lifestyle.

**Activity Fee:** FREE

**Location:** Lenny Brewster Sports Center

Date:	Day:	Time:
June - Aug	Mon - Sun	Dawn - dusk

## Healthy Apple Valley Family Gym Night

**All Ages**

Shoot some hoops with Healthy Apple Valley staff as we get fit for the summer. Families have an opportunity to play in a non competitive manner at the family gym night. Staff will be there to assist with drills and scrimmage games.

**Family Gym Night is for families, no minors permitted unless accompanied by a parent or legal guardian.**

**Activity Fee:** \$2 per person

**Location:** James Woody Community Center Gym

Date:	Day:	Time:
June 20	Mon	6 - 8 pm
July 18	Mon	6 - 8 pm
Aug 15	Mon	6 - 8 pm

## No Bake Snacks for Kids

Ages 7 - 10

Kids, you don't need to use the oven to cook! Join in the fun with our healthy, no bake cooking class! Learn new tasty recipes and tricks to making old recipes healthier. Nuts and dairy products will be used. Please specify when registering if your child has an allergy. Class will be hands on, so come hungry and don't forget your apron! Pre-registration is required. Limited to 15 participants.

**Activity Fee:** \$5 materials fee

**Location:** James Woody Community Center  
Arts & Crafts Room

Date:	Day:	Time:
July 27	Wed	6 - 8 pm

## Breakfast on the Go for Teens!

Ages 11 - 15

Don't have a lot of time in the morning? Looking for a healthy way to start the day? Join Healthy Apple Valley as we teach breakfast ideas for on the go teens. Nuts and dairy products will be used. Please specify when registering if your child has an allergy. Class will be hands on, so come prepared to cook! Pre-registration is required. Limited to 15 participants.

**Activity Fee:** \$5 materials fee

**Location:** James Woody Community Center  
Arts & Crafts Room

Date:	Day:	Time:
July 20	Wed	6 - 8 pm

## Easy 30 Minute Meals

Ages 9 - 12

Learn the importance of a healthy dinner and how to prepare it with Healthy Apple Valley's 30 minute meals class. This class will teach students how to prepare a healthy meal for the whole family while learning about the different food groups. Students will leave with recipes and a shopping guide. Nuts and dairy products will be used. Please specify when registering if your child has an allergy. Class will be hands on, so come prepared to cook!

Pre-registration is required. Limited to 15 participants.

**Activity Fee:** \$5 materials fee

**Location:** James Woody Community Center  
Arts & Crafts Room

Date:	Day:	Time:
Aug 3	Wed	6 - 8 pm

## Family Fun Night

Everyone

Tired of the same old, same old? Join the Recreation Staff at Civic Center Park Retention Basin for Family Fun Nights! It's a time for families to break out of their hectic schedules and enjoy an evening of fun and adventure. No pre-registration required.

**Activity Fee:** FREE

**Location:** Civic Center Park Retention Basin

Date:	Day:	Time:
July 13	Wed	6 - 8 pm
Family Kickball Game		
Aug 10	Wed	6 - 8 pm
Family Field Day		

## Teen Health

*Nurturing the potential of every youth*

Join us for a series of workshops dealing with teen topics. Being a teenager can be difficult - we understand! Join us for some free seminars that may benefit you. Attend 4 seminars and receive a free pass to the Teen Pool Party this summer. Attend 8 classes and get a free pass for both pool parties! Minimum of 5 participants for class to be held. Proudly presented by Victor Valley Community Support Services - Victorville Family Resource Center in conjunction with the County of San Bernardino Department of Behavioral Health. Please call (760) 240-7880 to register.

**Activity Fee:** FREE

**Date:** Fridays, June 3 - Aug 19

**Time:** 2:30 - 4 pm

**Location:** James Woody Community Center Arts & Crafts Room

June 3	LGBTQ Ally Training	How to be an ally to the LGBTQ population
June 10	Bullying	Identifying the bully and how to get help
June 17	Dangers of the internet	How to safely use the internet and social networking sites
June 24	Coping Skills	Mental Health Topics (Depression, Anxiety, Stress)
July 1	Healthy Body Image	Media influence, Standards of Beauty, Self-Esteem
July 8	Drugs and Alcohol	Information on how drugs/alcohol affect the body/Resources
July 15	Health and Wellness	Nutrition and healthy eating
July 22	Job Skills	Cover letter and resume support
July 29	Who do you want to be?	Vocational assessment/Exploration of professions
Aug 5	How do I get to college?	How to apply for college/financial aid
Aug 12	Healthy Relationships	Appropriate boundaries, resources for domestic violence information
Aug 19	Teen Parents	Resources, program referrals, NCTI-based one time class on parenting



## Zumba®

Ages 18 & Up

Let's Zumba! Ditch the workout and join the party! A cardio-based workout with sculpting exercises designed to tone the entire body using a combination of aerobics and dance moves. Zumba® is designed for people of every shape and every age. This program is easy, effective and stimulating. Anyone can do it! Instructor: Maria Chapman

**Activity Fee:** \$28/2 classes a week/month  
\$19/1 class a week/month

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 2 - 30	Tu & Th	5:30 - 6:30 pm
July 5 - 28	Tu & Th	5:30 - 6:30 pm
Aug 2 - 30	Tu & Th	5:30 - 6:30 pm



## Beach Boot(y) Camp

Ages 18 & Up

Get in shape and look your best this summer! Tighten up those trouble areas and lose those last few pounds. This 4-hour seminar will cover nutrition, body types and metabolic rates, along with cardio-training and resistance exercise. Instructor: LDC Training

**Activity Fee:** \$49

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 25	Sat	9 am - 1 pm
July 23	Sat	9 am - 1 pm
Aug 27	Sat	9 am - 1 pm

## Basic Fitness Boot Camp

Ages 18 & Up

Lose weight, tone muscles and build endurance. Based on police/military-style physical training, this class introduces civilians to a healthy lifestyle through sound nutrition, cardio-training and resistance exercise. Each session is now 4 weeks. No class 7/4. Instructor: LDC Training

**Activity Fee:** \$51/4 weeks

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 6 - 29	M/W	6:30 - 8 pm
July 6 - 27	M/W	6:30 - 8 pm
Aug 1 - 24	M/W	6:30 - 8 pm

## Tai Chi

Ages 10 & Up

Learn to increase your level of energy through fluid movements, breath work and inner focus. This is a simple and effective way to condition the whole body. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments, muscles and increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability. No class on 7/4. Instructor Chris Urmston

**Activity Fee:** \$37/3 classes a week/month  
\$27/2 classes a week/month

**Location:** James Woody Community Center  
Arts & Crafts Room

Date:	Day:	Time:
June 1 - 29	M/W/F	11 am - 12 pm
July 1 - 29	M/W/F	11 am - 12 pm
Aug 1 - 31	M/W/F	11 am - 12 pm

## Yoga

Ages 16 & Up

Are you looking for a workout program this is easy to learn, requires little or no equipment and soothes your soul while toning your body? If strengthening your cardiovascular system, stretching your muscles and improving your mental fitness are on your to-do list, then this class is for you! Instructor: Debbie Bucarey

**Activity Fee:** \$28/2 classes a week/month  
\$19/1 class a week/month

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 2 - 30	Tu/Th	6:40 - 7:40 pm
July 5 - 28	Tu/Th	6:40 - 7:40 pm
Aug 2 - 30	Tu/Th	6:40 - 7:40 pm

## CPR

### Community & Workplace

**Ages 12 & Up**

Class follows the American Safety and Health Institute curriculum and covers one-man rescue and AED for infant, child and adult. This class is *not* for medical personnel. A \$15 materials fee is payable to the instructor, in cash, on the day of class. Materials fee is \$25 if taking both First Aid and CPR. Instructor: Victor Martin

**Activity Fee:** \$24 plus \$15 materials fee

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 4	Sat	9 am - 1 pm
July 9	Sat	9 am - 1 pm
Aug 6	Sat	9 am - 1 pm

## First Aid

**Ages 12 & Up**

Class follows the American Safety and Health Institute curriculum and covers the basic first aid procedures for burns, allergic reactions, shock, limb injuries, spine injuries, asthma, poisoning and heat/cold emergencies. A \$15 materials fee is payable to the instructor, in cash, on the day of class. Materials fee is \$25 if taking both First Aid and CPR. Instructor: Victor Martin

**Activity Fee:** \$24 plus \$15 materials fee

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 4	Sat	1:30 - 5:30 pm
July 9	Sat	1:30 - 5:30 pm
Aug 6	Sat	1:30 - 5:30 pm



## Child & Babysitting Safety

**Ages 12 - 16**

Now is the time to begin your babysitting career! Learn appropriate babysitting "how-to's", including safety for the children you care for and yourself. Also, learn how to handle emergencies with First Aid and CPR for children and infants. A \$10 material fee is payable to the instructor, in cash, on the day of class.

**Activity Fee:** \$22

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 18	Sat	9 am - 5 pm



## High Tea

### Active Adults 25 & Up

Want to escape the every day grind and get out and meet new and old friends over a cup of tea and cookies? Join us at the Town Hall Recreation Center for tea, coffee and cookies. Get to know new people - laughter and conversation are guaranteed!

*Activity Fee:* FREE

*Location:* Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
June 15	Wed	3 - 4:30 pm
Aug 17	Wed	3 - 4:30 pm



## Horseshoe Tournament

### Ages 18 & Up

Come out and pitch some horseshoes at the Lenny Brewster Sports Center horseshoe pits. Awards will be given to 1st, 2nd and 3rd place. Tournament is open to all players regardless of skill level.

*Activity Fee:* FREE

*Location:* Lenny Brewster Sports Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
June 22	Wed	10 am
Aug 24	Wed	10 am

## Pastries and Conversation

### Active Adults 25 & Up

Want to get out of the house for a short while? Then join us for our Pastries and Conversation gathering. During this 2-hour social you will enjoy an assortment of teas and coffee along with your favorite pastries.

*Activity Fee:* FREE

*Location:* Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
June 7	Tu	8:30 - 10:30 am
Aug 9	Tu	8:30 - 10:30 am

## Volunteer... for fulfillment and fun

An excellent way to enrich your life is to volunteer your time and skills to help our recreation programs be the very best. We know you have a lot to offer the younger generation, so join our team and let volunteering enhance your life and those around you!

Contact the Recreation Office at (760) 240-7880 for more information.





## Thank You! to all our volunteers

The Town of Apple Valley Park and Recreation Department would like to take this opportunity to thank all of our volunteers for their exceptional effort and caring in helping to make our programs the best in the High Desert!

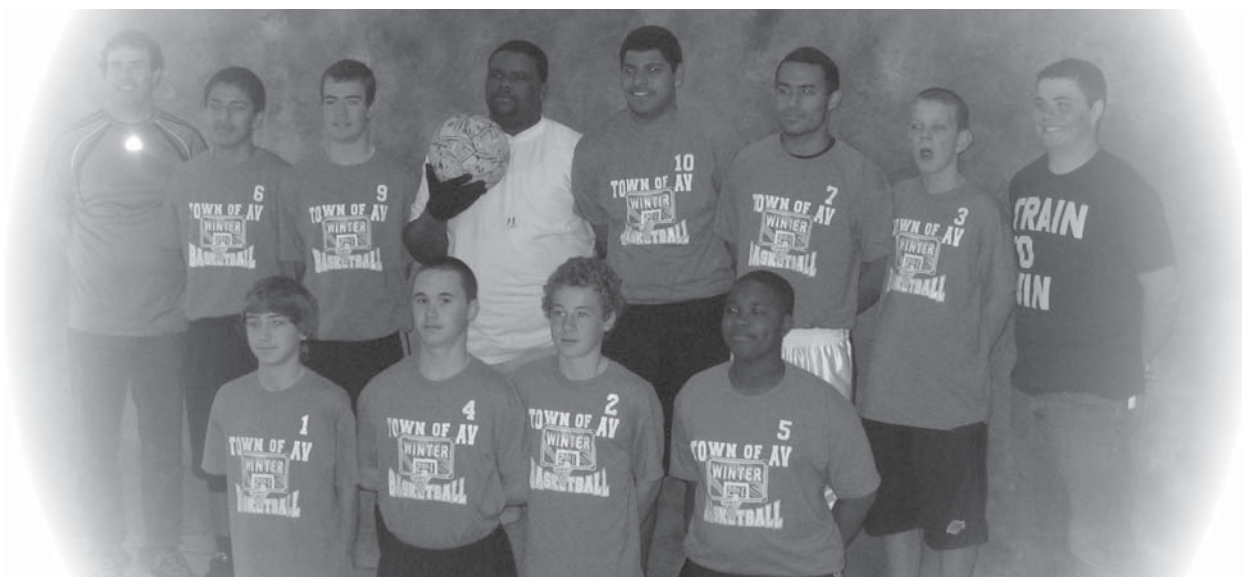
### 2011 Winter Basketball

Aeron Arellano	John Dillon	Varney Holbrook	Doug Page	Tony Smith
Larry Barber	Marty Draper	Amy Hundermark	Edward Perez	Kim Snow
Art Becerra	Anthony Frondarina	Harry Kunath	Mark Petersen	Heather Thompson
Ashley Campion	Myra Gasparico	Rodney Lamar	Dan Ramey	Andrew Thorn
Scott Carpenter	Patrick Geisel	Joel Lewis	Damien Robinson	Nathan Tornero
Anjanette Cline	Robert Gibbs	Kevin Mahany	Virginia Roden	Brandon Weil
Stephen Cline	Richard Givens	Brandie Marquez	Jonathan Schmidt	Eric Wilkin
Jessica Chamberlain	Victor Hernandez	Oscar Muro	Steve Schultze	Charles Williams
Anthony Cummings	Erica Higuera	Kathy O'Neill	Jonathan Scott	Laura Wyatt

### Volunteens (Teen Zone)

The following Volunteens volunteered at least 10 hours in the past quarter. Congratulations and thank you!

Ashley Campion	Brandon Floyd	Andrew Salas
Sara Campion	Maranda Koone	Courtney Sarkin
Kevin Clift	Allison Miller	Kalli Sarkin
Mandy Damico	Yael Ramirez	Faith Velasquez



## Thank You

To our sponsors for your donations to our programs. We appreciate your generosity!



Friends of the  
Apple Valley Library

# Swim Lessons

## Tadpoles - Parent and Child Level 1 (Tad) Ages 6 months - 2 years

Getting wet with toys	In and out of water exploration	Blowing bubbles on the surface
Getting wet kicking	Underwater exploration	Front and back float
Enter/exit water with help, or by walking in	Passing from instructor to parent	Safety rules

## Pollywogs - Parent and Child Level 2 (Pol) Ages 2 - 4

Exploring the pool (shallow water)	Open eyes under water, retrieve object	Combined arm and leg action on front and back
Bobbing	Roll over from front to back, back to front	Passing between adults
Enter/exit water independently	Perform front and back glide	Safety rules

## Minnows - Preschool Aquatics (Min) Ages 2 - 4

Open eyes under water, retrieve object	Combined arm and leg action on front and back	Jump into water alone and swim back to wall
Turn front to back/back to front	Learn correct kicks with kick board	Swim 5 yards on front (rolling on back to breathe)
Enter/exit water using ladder, steps or side	Prone/supine float for 10 seconds, unaided	Safety rules

## Level 1 - Introduction to Water Skills (L1) Ages 5 and over

**Purpose:** Helps students feel comfortable in the water. Level 1 participants learn to:

Enter and exit water safely	Open eyes underwater, pick up submerged object	Swim on front and back using arm and leg motions
Exhale underwater through mouth and nose	Float on front and back	Follow basic water safety rules
Front and back glide	Explore arm and hand movements	Use a life jacket

## Level 2 - Fundamental Aquatic Skills (L2) Ages 5 and over

**Purpose:** Gives students success with fundamental skills. Level 2 participants learn to:

Enter water by stepping or jumping from the side	Float on front and back	Swim on front and back using combined strokes
Exit water using ladder, steps or side	Perform front and back glide	Tread water using arm and leg motions
Submerge entire head	Roll over from front to back, back to front	Move in the water while wearing a life jacket

## Level 3 - Stroke Development (L3) Ages 6 and over

**Purpose:** Builds on the skills in Level 2 through additional guided practice. Level 3 participants learn to:

Jump into deep water from the side	Perform front and back glide	Tread water, 30 seconds (deep water)
Dive from kneeling or standing position	Perform front and back crawl	Perform a reaching assist
Submerge and retrieve an object	Perform elementary backstroke	Use Check-Call-Care in an emergency
Use rotary breathing in horizontal position	Bob with the head fully submerged	Dolphin-kick and body motion

## Level 4 - Stroke Improvement (L4) Ages 6 and over

**Purpose:** Develops confidence in the skills learned and improves other aquatic skills. Level 4 participants learn to:

Dive from stride position	Perform butterfly stroke	Perform feet-first surface dive
Perform front and back crawl	Perform sidestroke	Perform compact jump into water
Perform elementary backstroke	Tread water using different kicks, 2 minutes	Perform a throwing assist
Perform breaststroke	Perform front and back stroke flip turns	Survival swimming

## Level 5 - Stroke Refinement (L5) Ages 6 and over

**Purpose:** Provides further coordination and refinement of strokes. Level 5 participants learn to:

Tread water, 5 minutes	Standard scull, 30 seconds	Perform sidestroke
Perform shallow-angle dive	Perform front flip turn and backstroke flip turn	Perform breaststroke
Perform front and back crawl	Perform elementary backstroke	Perform rescue breathing
Perform butterfly stroke	Perform shallow dive, glide 2 body lengths and begin front stroke	

## Level 6 - Swimming and Skill Proficiency (L6) Ages 6 and over

**Purpose:** Refines strokes so students swim with ease, efficiency, power and smoothness over greater distances. Level 6 is designed with "menu" options that each focus on preparing students to participate in more advanced courses, including Water Safety, Guard Start and Lifeguard Training courses.

## Saturday Swim Lessons

### Teen Lessons (TB) Ages 13 - 17

Teens will learn breathing, floating, water safety, stroke readiness and stroke development. Teen lessons are designed with "menu" options. Class is two Saturdays for 1 hour.

### Adult Lessons - Terrified of water (ADI) Ages 18 & over

This class is designed to introduce the inexperienced or fearful adult to the water. The objective of this course is to help students to feel and become more comfortable in the water and enjoy it safely. Class is two Saturdays for 1 hour.

### Adult Lessons - Not so terrified of water (AD2) Ages 18 & over

This class marks the introduction of true swimming strokes, sound watermanship and complete independence is achieved in this level. Class is two Saturdays for 1 hour.

### Rays - Special Apples (Ray) Ages 18 & over

A special time is set aside for adults with developmental disabilities. One attendant per participant is allowed in the water (must be 18 or over). Maximum of 3 students per class. Class is two Saturdays for 1 hour.

### Pikes - Special Apples (Pike) Ages 5 - 10

A special time is set aside for children with developmental disabilities. Children learn to feel comfortable in the water and to swim to safety. One parent or guardian per participant will be allowed in the water (must be 18 or over). Maximum of 3 students per class. Class is two Saturdays for 1 hour.

### Eels - Special Apples (Eel) Ages 11 - 17

A special time is set aside for children with developmental disabilities. Children learn to feel comfortable in the water and to swim to safety. One parent or guardian per participant will be allowed in the water (must be 18 or over). Maximum of 3 students per class. Class is two Saturdays for 1 hour.

## 2011 SATURDAY Swim Lessons

2 Saturday Lessons (1 hour)	Session A		Session B		Session C		Session D		Session E	
	6/18 - 6/25 Cost: \$32		7/2 - 7/9 Cost: \$32		7/16 - 7/23 Cost: \$32		7/30 - 8/6 Cost: \$32		8/13 - 8/20 Cost: \$32	
9:40 - 10:40 am	TB	ADI	AD2	RAY	PIKE	TB	ADI	EEL	AD2	PIKE
10:45 - 11:45 am	AD2	PIKE	TB	EEL	AD2	RAY	TB	PIKE	ADI	EEL

4 Saturday Lessons (35 min.)	Session F		Session G		Session H	
	6/18 - 7/9 Cost: \$32		7/16 - 8/6 Cost: \$32		8/13 - 9/3 Cost: \$32	
9:40 - 10:15 am	L1 L3	L2 L4	L1 L3	L2 L5	L1 L3	L2 L4
10:20 - 10:55 am	L1 L3	L2 L4	L1 L3	L2 L4	L1 L3	L2 L4
11:00 - 11:35 am	L1 L3	L2 L4	L1 L3	L2 L4	L1 L3	L2 L4



## Guard Start

### Ages 12 & Up

Build self-esteem, job skills and long-lasting friendships while learning how to prevent aquatic emergencies. Course is 2 weeks. 20 hours of volunteer time is required for completion. Registration for Apple Valley residents begins on 6/11 at Swim Fair.

**Activity Fee:** \$34

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 13 -24	M - F	5 - 6 pm
June 27 - July 8	M - F	5 - 6 pm



2011 Swim Lessons (see pages 10 and 11 for class descriptions and levels)												
	Session 1		Session 2		Session 3		Session 4		Session 5		Session 6	
	6/13 - 6/24 Cost: \$32		6/27 - 7/8 (no class on 7/4) Cost: \$29		7/11 - 7/22 Cost: \$32		7/25 - 8/5 Cost: \$32		8/8 - 8/19 Cost: \$32		8/22 - 9/2 Cost: \$32	
9:40 - 10:15 am Monday - Friday			Tad Min L1 L3 L5	Pol Min L2 L2	Tad Min L1 L4	Pol L1 L2 L5	Tad Min L1 L3 L5	Pol Min L2 L4				
10:20 - 10:55 am Monday - Friday			Pol Min L1 L3 L3	Pol L1 L2 L4	Pol Min L1 L3 L5	Pol Min L2 L4	Tad Min L1 L3	Pol L1 L2 L4 L5				
11:00 - 11:35 am Monday - Friday			Tad Min L1 L3 L5	Pol Min L2 L4	Tad Min L1 L3 L6	Min L1 L2 L4	Pol Min L1 L3 L6	Pol Min L2 L4				
11:40 - 12:15 pm Monday - Friday			Pol Min L1 L4	Pol L1 L2 L6 L3	Pol Min L1 L3 L5	Pol Min L2 L4	Tad Min L1 L4 L6	Pol L1 L2 L5				
4:15 - 4:50 pm Monday - Friday	Tad L1 L2 L4	Min L1 L3 L5	Pol Min L2 L4	Pol L1 L3	Pol Min L1 L3	Tad L1 L2 L4	Tad Min L1 L4	Pol Min L2 L6	Tad Min L1 L2	Tad Min L3 L5	Pol Min L2 L4	Tad L1 L3 L6
4:55 - 5:30 pm Monday - Friday	Tad Pol L1 L2	Pol L1 L2 L4	Tad L1 L2 L3	Min L1 L4	Pol Min L1 L4	Pol L1 L2 L5	Pol Min L2 L3	Pol L1 L4 L6	Tad Min L1 L3	Tad L1 L2 L4	Tad Min L1 L5	Tad Min L2 L6

*Swim Lessons start  
Monday, June 13*



# Swim Fair

Apple Valley Residents Only  
June 11, 2011  
7:30 - 11:30 am

Proof of residency is required for all Apple Valley residents  
Registration for summer swim lessons will begin on Saturday, June 11 in the Town Hall Council Chambers. Only a parent or legal guardian can register children for classes. Free child care will be provided in the Recreation Center and includes crafts and games for the younger ones while you wait in line to register them. Please bring a picture I.D. and a bill, both with the correct address as proof of residency. Line will form in between the Town Hall and the Police Department - next to the white gazebo.

Please remember to enroll carefully as there are  
**NO REFUNDS, CREDITS or TRANSFERS**

Non-Residents: All non-residents will be able to register Monday, June 13 at the Recreation counter at Town Hall.

## Public Swim

**All Ages**

This is a time set aside for recreational swimmers of all ages to enjoy. Bring the family and enjoy the clear blue, refreshing water! The pool is handicapped-accessible. Passes are not required. Children not potty-trained must wear swim diapers.

**Activity Fee:** \$2

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 13 - Aug 9	M - F	12:45 - 3:45 pm
June 18 - Sept 3	Sat & Sun	12:45 - 3:45 pm



## Quick Card

The Quick Card is a prepaid discount admission card that provides access to lap swim and public swim. A photo is taken at the time of initial purchase. Cost for the card is an additional \$2.

### Public Swim Passes

\$10/for 5 sessions

\$24/for 15 sessions (save \$6!)

\$46/for 30 sessions (save \$14!)

### Lap Swim Passes

\$15/for 5 sessions

\$36/for 15 sessions (save \$9!)

\$69/for 30 sessions (save \$21!)

To purchase a Quick Card, visit the Aquatic Center or Recreation office. When you have a Quick Card, you can renew the card once passes have been exhausted.

## Swim Suit Policy

All swimmers must wear a swimsuit. No jeans or cutoffs permitted. T-shirts are allowed as long as there is no offensive material. Females may not wear shorts with a shirt and bra. Swimsuits with built in floatation devices are not permitted. Lifejackets are available. Only floatation devices issued by the Town of Apple Valley are permitted.

## Special Apples Family Night at the Pool

**All Ages**

Enjoy recreation swim, relay games, a snack bar and more! Time will be reserved for group homes, care groups, mentors and families with disabilities. Our pool is equipped with an ADA handicap chair. No personal floatation devices.

**Activity Fee:** \$2

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 18	Sat	4 - 6 pm (Water Festival)
July 16	Sat	4 - 6 pm
Aug 20	Sat	4 - 6 pm

## Evening Public Swim

**All Ages**

Evening Public Swim is a time set aside for recreational swimming. Take an invigorating dip under the stars while enjoying the refreshing water. The pool is handicapped-accessible. Passes are not required.

**Activity Fee:** \$2

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 16 - Sept 1	Th	7:45 - 9:45 pm
June 18 - Sept 3	Sat	6:30 - 9:45 pm



Swimmers must use exact change, personal check, credit card or Quick Card for admission to the Aquatic Center. All persons entering the pool deck will be charged the fee.

### Diaper Policy:

In the interest of public health, children who are not toilet-trained must wear swimming diapers. NO regular diapers or loose-fitting swim suits are allowed.

## Evening Lap Swim

**Ages 10 & Up**

We divide 8 lanes according to speed levels. Schedule is subject to change.

**Activity Fee:** \$3/person

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 1 - Aug 31	M/W/F	7:45 - 9:45 pm

## Aqua Fitness

**Ages 16 & Up**

Aqua Fitness is a low impact exercise program designed to give you an aerobic workout while developing your muscle tone and endurance. Get your body moving and maintain your health and well-being. Instructor: Debbie Bucarey

**Activity Fee:** 3 days a week/month \$33

2 days a week/month \$28 1 day a week/month \$19

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 1 - 29	M/W/F	7:30 - 8:30 am or 8:30 - 9:30 am
July 1 - 29	M/W/F	7:30 - 8:30 am or 8:30 - 9:30 am
Aug 1 - 31	M/W/F	7:30 - 8:30 am or 8:30 - 9:30 am

## Zero Gravity Water Exercise

**Ages 16 & Up**

This low impact water aerobics class incorporates muscle strengthening, aerobic conditioning and toning exercises. This is a terrific exercise program regardless of age or fitness ability and it allows you to exercise at your own comfort level. Instructor: Pam Adams

**Activity Fee:** 3 days a week/month \$33

2 days a week/month \$28 1 day a week/month \$19

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 2 - 30	Tu/Th/Sat	7:30 - 8:30 am or 8:30 - 9:30 am
July 2 - 30	Tu/Th/Sat	7:30 - 8:30 am or 8:30 - 9:30 am
Aug 2 - 30	Tu/Th/Sat	7:30 - 8:30 am or 8:30 - 9:30 am

## Early Morning Lap Swim

**Ages 10 & Up**

Early morning lap swim is a great opportunity for the early bird swimmer. We set up 8 lanes according to speed levels. Schedule is subject to change.

**Activity Fee:** \$3/person

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 1 - Aug 31	M - Sat	5:45 - 9:15 am
June 1 - Aug 31	Sun	10 - 11:30 am

There will be no refunds for any swim programs that are cancelled due to inclement weather.



## Hydrofit Exercise

**Ages 16 & Up**

This 60 minute workout is designed to build strength, flexibility and cardiovascular fitness. Hydrofit Exercise takes advantage of your buoyancy in the water and improves range of motion through low impact movement.

Instructor: Debbie Bucarey

5:30 - 6:30 pm 6:30 - 7:30 pm

**Activity Fee:** \$33/month

**Location:** Civic Center Park Aquatic Center

Date:	Day:	Time:
June 1 - 29	M/W/F	See above
July 1 - 29	M/W/F	See above
Aug 1 - 31	M/W/F	See above



## Open SCUBA

**Ages 16 & Up**

Certified divers can utilize the pool to refresh their skills, test out new equipment or just have fun. SCUBA divers must present their certification card to participate. Waivers must be signed by parent or legal guardian. Pre-registration is required, deadline is one week before program date. For additional information, call the Recreation Office at (760) 240-7880.

**Activity Fee:** \$2

**Location:** Civic Center Park Aquatic Center

<b>Date:</b>	<b>Day:</b>	<b>Time:</b>
June 4	Sat	4 - 6 pm
July 9	Sat	4 - 6 pm
Aug 6	Sat	4 - 6 pm



## Private Pool Parties

*"just for the fun of it!"*

The Aquatic Center features a junior Olympic-sized pool with crystal clear water that is heated to a comfortable temperature for year-round use. We have a variety of amenities available for your birthdays, team parties, family occasions and more!

Contact the Recreation Office at (760) 240-7880 for more details.



## PADI Open Water Diver

SSI: SCUBA Schools International

**Ages 12 & Up**

The first step in your quest for underwater adventure is to become an open water diver. SSI's Open Water Diver program provides all the materials a student needs to become a comfortable and knowledgeable diver. Better yet, the SSI system provides the flexibility that students need to fit their busy schedules. The course uses full motion video to enhance the training process and SSI has packaged this video with the manual and workbook for home study use, so students can complete the classroom work in the comfort of their home and at their own pace.

**Activity Fee:** \$290

**Location:** Civic Center Park Aquatic Center

<b>Date:</b>	<b>Day:</b>	<b>Time:</b>
Call the Recreation office at (760) 240-7880 for details and dates		

## Apple Valley WAVE

**Age 5 - 18**

Apple Valley WAVE has an enthusiastic and talented coaching staff that will motivate your child and make workouts exciting and challenging. Your child will meet new friends while learning all aspects of competitive swimming. The pool is heated to a comfortable temperature year-round.

- Prerequisite for new swimmers: must be at least 5 years old and capable of swimming 25 yards - both freestyle with side breathing and backstroke.
- The monthly fee is based upon the group your child qualifies in. Call (760) 240-7880 for fees.

Guppies (beginner): M/W/F 5:45 - 7 pm

Squids (intermediate): Tu/W/Th/F 5:15 - 7 pm

Sharks (advanced): M/Tu/Th/F 5:15 - 7:15 pm

**Location:** Civic Center Park Aquatic Center

# Water Festival 2011

*Saturday,  
June 18th  
4 - 6 pm*

*Cost: \$2*

Join the Town of Apple Valley in celebrating the start of summer! Enjoy games, water slides, bounce houses and lots of food vendors!

Space is limited so be sure to pre-register at Town Hall or the pool.



Civic Center Park Aquatic Center



# FREEDOM FESTIVAL

**FREE!**

**Celebrate the 4th of July!**

**2 - 10 pm**

*Lenny Brewster Sports Center*



*Family Activities ~ All Day Entertainment ~ Games  
Featuring South Bound & Co. - a tribute to Lynryd Skynyrd  
Don't miss the fantastic fireworks show - 9pm*

For vendor information visit [www.AppleValleyEvents.org](http://www.AppleValleyEvents.org) or call (760) 240-7000, ext. 7071

## **FIRECRACKER RUN**

**5K/10K Run & 5K Walk**

*July 2, 2011*

*Lenny Brewster Sports Center*

Check in at 6:45 am; Race starts at 7:30 am

Runners: \$15 pre-registration by June 30; \$18 after June 30. Walkers are FREE (must sign a liability release)

Kick off the 4th of July with the annual  
Firecracker Run!

Separate awards will be given to men, women and children in different age divisions. A signed liability waiver is required for all participants. FREE commemorative race T-shirts for the first 50 pre-registered, paid runners. Limited supply of T-shirts are available for \$10.

Visit [www.AVRecreation.org](http://www.AVRecreation.org) for registration form.





## 9th Annual Apple Valley Idol

**Ages 8 - 18**

Apple Valley Idol is back for its 9th season! Join us for a night filled with singing and fun. Those wishing to perform must fill out an information sheet and will audition on 6/17 before being accepted. Participants will be judged and the top three performers in each age group will receive an award. Top winners will be invited to perform at the 4th of July Freedom Festival and other Town events. Registration deadline is 6/16.

**Activity Fee:** FREE

**Location:** Civic Center Park Amphitheater

Date:	Day:	Time:
June 24	Fri	6 - 8 pm



## Rockin' Flea Market

Rock and roll and shop 'til you drop! Our community flea market plays host to individuals and non-profit church and civic groups to sell rummage items. Live music and food vendors will make your shopping a unique experience. Vendor space is \$20. Call (760) 240-7000, ext. 7071 or visit [www.AppleValleyEvents.org](http://www.AppleValleyEvents.org) for more information.

**Activity Fee:** FREE to shoppers

**Location:** Lion's Park

Date:	Day:	Time:
Aug 13	Sat	8 am - 1 pm

## Target Sunset Concerts & Farmer's Market Sampler

Presented by Target, headline bands, a beer garden mouth-watering food and unique vendors are why we were voted the "Best of the Desert" special event by Daily Press readers this year. Come see what all the buzz is about! See back cover for more information.

**Activity Fee:** FREE

**Location:** Civic Center Park Amphitheater

Date:	Day:	Time:
June 23 & 30	Th	6 - 9 pm
July 7, 14, 21, 28	Th	6 - 9 pm
Aug 4, 11, 18, 25	Th	6 - 9 pm

## Swing the Town

**All Ages Welcome**

Celebrate the music of the '20s, '30s and '40s on the second Thursday of each month as we dance the night away! Young and old will enjoy the swinging rhythms, inspired dancing and wholesome environment at Swing the Town. No dance partner or dance experience is required. It's a great atmosphere for socializing. Everyone welcome - families are encouraged to attend.

**Activity Fee:** \$3 (DJ Night) \$2 before 7 pm  
\$6 (Band Night) \$5 before 6:30 pm

**Location:** James Woody Community Center Auditorium

Date:	Day:	Time:
June 9 (DJ)	Th	6 - 9 pm
July 14 (DJ)	Th	6 - 9 pm
Aug 11 (Band)	Th	6 - 9 pm



## Movies in the Park

All Ages

Bring your outdoor games and blankets or chairs, then enjoy the movie starting at dusk.

**Seating:** The first several rows are reserved for lawn seating, so bring your blankets. The next rows are reserved for low-back chairs, with the last rows saved for regular-height seating. Please be respectful and follow the seating chart. If you are interested in becoming a vendor or sponsor for this event, please call (760) 240-7880 for more information. Event is subject to cancellation due to inclement weather.

**Activity Fee:** FREE

**Location:** Horsemen's Center

Date:	Day:	Time:
July 15	Fri	1 hour prior to dark
Aug 19	Fri	1 hour prior to dark



### Party Packages

For ages 8 & under

Let the Town of Apple Valley Park and Recreation Department take care of your party planning needs. Our staff will help you coordinate a successful party.

Maximum of 25 guests.

Save \$10 when you book an hour of face painting through Magic Moments Face Painting.

Ask about our skate park party packages too!  
Call (760) 240-7880 for details

## National Night Out

Everyone!

The 28th Annual National Night Out is a unique crime/drug prevention event involving citizens, law enforcement agencies, civic groups, businesses, neighborhood organizations and local officials. The event heightens awareness of safety programming, fosters community spirit and sends a message that neighborhoods are organized and fighting back against crime.

**Activity Fee:** FREE

**Location:** James Woody Community Center Park

Date:	Day:	Time:
Aug 2	Tue	6 - 8 pm

## Mud Fest

Grades 6 - High School

Definitely not your basic "good clean fun!" Dig into one of our most popular events! Mud Fest features fun, competition, bragging rights and the chance to get dirtier than mom ever allowed! We offer Mud Volleyball, Mud Tug-of-War, Bobbing for Pigs, a Mud Obstacle Course and Mud Mountain. Teams must register in advance by 8/16. No late or on-site registrations. Call (760) 240-7880 for information. Spectators welcome!

**Activity Fee:** \$40/team

**Location:** Horsemen's Center

Date:	Day:	Time:
Aug 27	Sat	9 am - 12 pm

### Magic Moments Face Painting

Rent a face painter for a birthday party or community event. A trained, experienced face painter is just the entertainment your next party needs. Your choice of cheek art or fully-painted faces.

Subject to availability;  
two weeks notice is required.

Call (760) 240-7880 for reservations.

\$50 for the first 1 hour;  
\$15 each additional 1/2 hour  
+ mileage from Town Hall to your location.

Face painting provided by Alicia Dannelley. Visit [www.AVRecreation.org](http://www.AVRecreation.org) to see photos of her work. Go to "Recreation Events" and then click on "Magic Moments Face Painting."

## Junior Archaeology Field Camp

**Ages 9 - 18**

Time to get your hands dirty! Excavate, find artifacts and learn how archaeologists work as time detectives to find evidence and solve the mysteries from the past. Bring a snack, sunscreen, insect repellent, hat, closed-toed shoes (no flip flops) and a water bottle. Registration deadline is 7/15. Instructor: Craig Lesh

**Activity Fee:** \$68

**Location:** Lewis Center Mojave River Campus, Room PI02 - 17500 Mana Road

Date:	Day:	Time:
July 20, 21, 22	W/Th/F	8 am - 12:30 pm



## Summer Art Workshop

**Ages 9 - 15**

Get in touch with your artistic side! Each 2-day workshop will cover the fundamentals of drawing, painting and cartooning. All supplies are included. Contact Alicia Dannelley at (760) 524-7139 for more information.

**Activity Fee:** \$44

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 22 & 23 (Drawing Class)	W/Th	1 - 4 pm
July 6 & 7 (Painting Class)	W/Th	1 - 4 pm
July 20 & 21 (Cartooning Class)	W/Th	1 - 4 pm
Aug 3 & 4 (Crafting Class)	W/Th	1 - 4 pm

## Youth Fitness Camp

**Ages 12 - 16**

Get off the computer, get off the couch and get moving in this fun and challenging summer fitness program! Lose weight, build endurance and develop self-confidence. Learn healthy and yummy diet plans for lifelong fitness. No class 7/4. Instructor: LDC Training

**Activity Fee:** \$59

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 6 - 29	M/W	3:30 - 4:30 pm
July 6 - 27	M/W	3:30 - 4:30 pm
Aug 1 - 24	M/W	3:30 - 4:30 pm

## Rainbow Connection

**Ages 3 - 5**

Come join this fun art class where your preschool-aged children can express themselves through painting. They will learn how to mix colors, name colors and shapes. The only supply needed is an old shirt or smock. No class 8/29. Instructor: Alicia Dannelley

**Activity Fee:** \$27

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 6 - 27	Mon	9 - 9:50 am
Aug 1 - 22	Mon	9 - 9:50 am



## Day Camp

Grades K - 6

Day Camp is the perfect school break solution for young adventurers. Boys and girls are divided by grades (K-3 and 4-6), and have at least one counselor for every 12 day campers. The entire park is utilized for a full schedule of activities. Sports are offered daily, with emphasis on skill development and sportsmanship. Campers also take part in science and nature experiments as well as interesting craft projects. Favorite playground games like Capture-the-Flag and Ultimate Frisbee are mixed with other activities like board games or a scavenger hunt. The recreation staff is assisted by responsible high school and college-aged students, providing a fun, safe environment for the campers. Bring lunch and a morning snack. Program is limited to the first 60 participants, so register early!

**Activity Fee:** \$88/week (full time) \$45/week (1/2 days)

**Location:** Town Hall Recreation Center

<b>Date:</b>	<b>Day:</b>	<b>Time:</b>
June 20 - Aug 5	M - F	7 am - 6:15 pm



## After School Activities Program Fun Factory

The After School Activities Program (ASAP) is the place to be!  
School year begins August 10 for AVUSD; School year begins August 1 for AAE

Our program offers:

- Homework club
- Music
- Dance
- Indoor and outdoor games
- Arts and crafts
- Cooking
- Afternoon snack

ASAP is offered at:

AAE Lewis Center (Corwin Road Campus)	2:50 - 6:15 pm	(2 - 4)
AAE Lewis Center (Thunderbird Campus)	3:10 - 6:15 pm	(K - 1)
Desert Knolls	3:15 - 6:15 pm	(K - 6)
Rio Vista	3:15 - 6:15 pm	(K - 6)
Sitting Bull Academy (Lower Campus)	2:30 - 5:30 pm	(K - 4)
Sitting Bull Academy (Upper Campus)	2:30 - 5:30 pm	(5 - 8)
Vanguard Academy	2:30 - 5:30 pm	(K - 8)

ASAP starts as soon as school gets out, including minimum days.

There is no program during non-school days. Children must be pre-registered prior to attending.

**\$33/weekly registration**

**Register at the Recreation counter at Town Hall starting July 15 for the 2011-2012 school year!**

**ASAP Only:** Pay by phone option! Call (760) 240-7880 for details!

## Teen Zone

**Ages 13 - 16**

Do you have a desire to help your community? Then come volunteer with the Recreation Department. You can earn school credit and gain valuable job experience while having fun helping with sports programs and special events. You can also attend educational workshops throughout the year and earn quarterly awards. Teen Zone meets once a month at the Town Hall Recreation Center. If you are interested in getting involved, you may pick up an application at the Recreation Counter at Town Hall. For more information contact Alicia Dannelley at (760) 240-7000, ext. 7891.

## Teen Pizza Party

**Ages 13 - 17**

Hey teens, are you looking for something to do with your friends this summer? Get out of the house for a while and come hang out at the Recreation Center! Enjoy pizza, soda, games, and music. Pre-register by Thursday, 6/23. 8 person minimum.

**Activity Fee:** \$5

**Location:** Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
July 1	Fri	6 - 8 pm

## Teen Pool Night

**Ages 13 - 17**

Hang out with your friends at the pool for a special teen-only night. You can enjoy swimming or join in on some water games to win prizes. Plus, you can make your own ice cream sundae - free with admission! No pre-registration required.

**Activity Fee:** \$4

**Location:** Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
July 23	Sat	4 - 6 pm
Aug 13	Sat	4 - 6 pm

## Teen Wii Tournament

**Ages 13 - 17**

Are you the expert bowler, tennis player or Mario Cart racer? Come prove yourself in a Wii competition just for teens. The winner of each game will win a small prize and the tournament winner will receive a trophy.

Pre-registration is recommended, but not required.

**Activity Fee:** \$2

**Location:** Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
July 29	Fri	4 - 5:30 pm



## Apple Valley Police Activities League

**Ages 7 - 17**

Programs are offered at the Apple Valley Youth Center or at the Boxing Center  
Youth Center is open Monday - Friday

The Apple Valley Police Activities League (PAL) provides after school mentoring programs and athletic and life skills to our children at little or no cost. The Youth Center offers programs such as boxing and is a place where Apple Valley youth can play pool, ping pong, use the computer and the internet in a monitored environment, or simply hang out with their peers. For more details, call (760) 961-0754 or visit our website at [www.avpal.org](http://www.avpal.org)

Locations: Youth Center: James Woody Community Center Park, next to the Skate Park on Powhatan Road  
James Woody Community Center Ward Room starting July 1st.

Boxing Center: 22390 Eyota Road

\*This program is conducted by the Apple Valley PAL and is not sponsored by the Town of Apple Valley Recreation Department\*

# Teen Art Festival Winners

**Painting: Middle School**

- 1st: Sierra Knoch
- 2nd: Ivy Anderson
- 3rd: Sarah Colunga

**Photography: Middle School**

- 1st: Sierra Knoch

**Painting: High School**

- 1st: Vanessa Ramos \*\*
- 2nd: Russella Altamarino
- 3rd: Luisa Curiel

**Honorable Mention:**

- Chloe Lockhart
- Cassandra Cendejas
- Lisbet Mendez
- Donovan Ehrhardt
- Priscilla Lopez

**Photography: High School**

- 1st: Nick Meza \*\*
- 2nd: Arianna Tana \*\*
- Coty Pendergraft \*\*
- 3rd: Juan Reyes

**Honorable Mention:**

- Jeff Funk
- Brittany Rickey
- Emily Brooks
- Elias Suter

**Friends of Apple Valley Library Award**

- Karessa Meza

**Eclipse Gallery Award**

- Nick Meza

\* People's Choice Award  
 \*\* Best of Show

**Drawing: Middle School**

- 1st: Alyssa Thielen
- 2nd: Alexandra Crouch \*
- 3rd: Brandon Collaso \*

**Honorable Mention:**

- Kiana Fernandez \*
- Andy Newell

**Drawing: High School**

- 1st: Jessica Jacuinde \*\*
- 2nd: Khalif Gillett
- 3rd: Tiffany Hooton

**Honorable Mention:**

- Gregory Ruiz
- Vanessa Ramos
- Karessa Meza

**Recreation's Choice Award**

- Brittany Rickey
- Lisbet Mendez
- Juan Gomez
- Joey St. Luis
- Alexis Letner
- Tanya Clark
- Cindy Lopez
- German Zamora
- Jasmine Wiggins

**Library's Choice Award**

- Karen Morales
- Juan Gomez
- Mallory Davis
- Ashley Rivera

**tps Creative Expressions, Inc. Award**

- Jessica Jacuinde

On Saturday, February 26 the Town of Apple Valley Recreation Department and the Newton T. Bass Apple Valley Branch Library presented the 2nd Annual Teen Art Festival. Middle and High School teens entered art work in the categories of drawing, painting and photography. Despite the rain and snow, over 200 people turned out to see 122 pieces of artwork on display. The public was able to view the artwork, vote for their favorite piece and enjoy refreshments before the awards ceremony started at 1 p.m. This year 5 Best of Show trophies, 3 People's Choice trophies and 3 Sponsor's awards were handed out at the ceremony. First through third place winners received medals and art supplies. Artists that received Honorable Mention, Recreation's Choice and Library's Choice received special ribbons. Those artists who did not have a chance to participate this year, will have another chance in the Spring of 2012, when we hold our 3rd Annual Art Festival. Contact Alicia Dannelley at (760) 240-7000, ext. 7891 for more information.



## *Thank You Judges !*

A special thanks to all the people who donated their time to judge the entries for the Teen Art Festival.

- |                           |               |               |
|---------------------------|---------------|---------------|
| Julie Daniel              | David Pruitt  | Joan Sowinski |
| Rick Lubbe                | Chris Shelby  | Maggie Vee    |
| Theresa Polley-Shellcroft | Kristin Smith | Sierra Webb   |

## *Thank You Sponsors !*

A special thanks to all of our sponsors:  
 Friends of the Apple Valley Library  
 Awards of Recognition and More  
 Joan Sowinski with the Eclipse Gallery  
 Healthy Apple Valley Program





**San Bernardino County Library**  
*Newton T. Bass Apple Valley Branch*  
 2011 Summer Library Program

*The Library is located at  
 14901 Dale Evans Prkwy.  
 Call (760) 247-2022 for more  
 information on the  
 Summer Reading Program*



<i>Young Adult Summer Reading Programs</i>				
Tu	June 21	6:00 pm	* <u>Juggling</u> David Cousin	All Ages
Wed	June 22	4:00 pm	<u>Silly Face Ball - Craft</u>	Ages 12 - 18
Tu	June 28	6:00 pm	* <u>Magic</u> Presenter: Joel Ward	All 8+
Wed	June 29	4:00 pm	<u>Tie Dye T-shirts</u> *bring your own shirt	Ages 8+
Th	June 30	4:00 pm	<u>Guitar Hero Tournament</u>	Ages 12 - 18
Tu	July 5	4:00 pm	* <u>San Bernardino County Museum</u>	All Ages
Wed	July 6	4:00 pm	<u>Henna Art</u>	Ages 12+
Th	July 7	4:00 pm	<u>Mario Kart Tournament</u>	Ages 12+
Wed	July 13	4:00 pm	<u>Water Color Lanterns - Craft</u>	Ages 12 - 18
Th	July 14	4:00 pm	<u>Hesperia Zoo</u>	Ages 8+
Wed	July 27	4:00 pm	<u>Art Workshop</u> Presenter: Kristin Smith	Ages 12+
Th	July 28	4:00 pm	<u>Water Games</u>	Ages 12 - 18

Sponsored by the Friends of  
 the Apple Valley Library



*Space is limited at Children's Performances.  
 Please call (760) 247-2022 for attendance requirements.*



<i>Children's Summer Reading Programs</i>				
Mon	June 20	6:00 pm	<u>Summer Reading Program Kick-Off</u>	Ages 0 - 12
Tu	June 21	6:00 pm	* <u>Juggling</u> Presenter: David Cousin	All Ages
Wed	June 22	4:00 pm	<u>Krafty Kids</u>	Ages 5 - 12
Tu	June 28	4:00 pm	* <u>Marionettes - Scotland</u>	Ages 5 - 12
Tu	July 5	4:00 pm	<u>San Bernardino County Museum</u>	All Ages
Wed	July 6	4:00 pm	<u>Krafty Kids</u>	Ages 5 - 12
Tu	July 12	4:00 pm	* <u>Puppets - Swazze</u>	Ages 0 - 12
Wed	July 13	4:00 pm	<u>Krafty Kids</u>	Ages 5 - 12
Tu	July 19	4:00 pm	* <u>Balloon Toss and Face Painting</u>	Ages 3 - 12
Wed	July 20	4:00 pm	<u>Krafty Kids</u>	Ages 5 - 12
Mon	July 25	10:30 am	<u>Baby Sign Language</u> Presenter: Ken Frawley	Ages 0 - 4
Tu	July 26	4:00 pm	<u>Balloon Twisting</u> Presenter: Mr. Twister	Ages 0 - 12

**Special Apples** encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have opportunities to socialize and build life-long friendships. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence, cooperation and positive use of leisure time.

## Special Apples Craft Night

**Ages 5 & Up**

Do you enjoy painting? How about small craft projects like gluing, decoration or paper mache? Then our craft night is the place to be! Craft selection will vary, but we are sure to have something for everyone.

**Activity Fee:** \$3

**Location:** James Woody Community Center  
Arts & Crafts Room

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
June 11	Sat	4 - 6 pm

## Special Apples Indoor Floor Hockey

**Ages 5 & Up**

Try a new sport and learn the basic techniques of floor hockey. Practice passing, stick maneuvers and play a scrimmage game. Don't forget your water bottle because you are sure to work up a sweat!

**Activity Fee:** \$3

**Location:** James Woody Community Center Gym

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
July 9	Sat	6 - 8 pm



## Special Apples Family Night at the Pool

**All Ages**

Enjoy swimming, relay games, a snack bar and more! Time will be reserved for group homes, care groups, mentors and families of people with disabilities. Our pool is equipped with an ADA handicap chair. Please no cut-off jeans or personal flotation devices.

**Activity Fee:** \$2

**Location:** Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
June 18	Sat	4 - 6 pm (Water Festival)
July 16	Sat	4 - 6 pm
Aug 20	Sat	4 - 6 pm



## Special Apples Dance

**Ages 5 & Up**

Dress in your grass skirts and Hawaiian shirts because it's a summer luau! Come join in the celebration with music, dancing and Hawaiian crafts. Please bring a pot luck dessert to share.

**Activity Fee:** \$3

**Location:** Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Aug 13	Sat	6 - 8 pm

## Summer Men's Adult Basketball League

**Ages 18 & Up**

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. Only 8 teams will be accepted. Registration deadline is 6/16.

**Activity Fee:** \$300/team

**Location:** James Woody Community Center Gym

Date:	Day:	Time:
July 10	Sun	5 - 9 pm

## Horseshoe Tournament

**Ages 18 & Up**

Come out and pitch horseshoes at the Lenny Brewster Sports Center horseshoe pits. Awards will be given to 1st, 2nd and 3rd place. Tournament is open to all players, no matter the skill level.

Call (760) 240-7880 for more information.

**Activity Fee:** FREE

**Location:** Lenny Brewster Sports Center

Date:	Day:	Time:
June 22	Wed	10 am
Aug 24	Wed	10 am

Turn to page 17 for the  
Firecracker Run

## Summer Men's Adult Softball League

**Ages 18 & Up**

Gather up a few good friends and let's play some ball! League play will run for 10 weeks. The championship team will receive a gift certificate for Valley Sporting Goods. Registration deadline is 5/26. No games 7/3.

**Activity Fee:** \$315/team

**Location:** Lenny Brewster Sports Center

Date:	Day:	Time:
June 12	Sun	2 - 8 pm

## Summer Adult Kickball

**Ages 18 & Up**

Yes, that's right! The game you enjoyed as a kid is here in Apple Valley. League will be played on Wednesday nights at the Lenny Brewster Sports Center. Teams will compete with 10 players on the field and games will consist of 6 innings or 50 minutes. Registration deadline is 7/7.

**Activity Fee:** \$225/team

**Location:** Lenny Brewster Sports Center

Date:	Day:	Time:
July 20	Wed	6 - 9:45 pm



Our upcoming Summer Co-ed Softball League will require men to use wooden bats. We have partnered with Phoenix Bats to provide a high quality bat at a discounted rate for all Apple Valley players. Use coupon code: APPLE VALLEY to get 10% off any order at [www.phoenixbats.com](http://www.phoenixbats.com) or by phone (877) 598-2287.



## Summer Co-ed Softball League

**Ages 18 & Up**

Summer league now forming! Contact the Recreation Office at (760) 240-7880 to register your team. All players must be over 18 years of age. Registration deadline is 5/26. Only 12 teams will be accepted in this league, so register early! Men must use a wooden bat.

**Activity Fee:** \$315/team

**Location:** Lenny Brewster Sports Center

Date:	Day:	Time:
June 10	Fri	6 - 10:45 pm



## Adventures in Pee Wee Sports

Ages 3 & 4

This 6-week session will stress the basic skills needed for popular team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended. Registration deadline is one week prior to the start date.

**Activity Fee:** \$32

**Location:** James Woody Community Center

Date:	Day:	Time:
July 16 - Aug 20	Sat	9 - 10 am
Aug 3 - Sept 7	Wed	5 - 6 pm



## James Woody Community Center Gym

Located at 13413 Navajo Road, the facility includes a full-size basketball court and two full-size volleyball courts. Children under 12 must be accompanied by an adult. Call (760) 240-4892 for details and schedule.

### Open Gym (Basketball)

Schedule is subject to change and will vary depending on current league schedule.

Wednesdays 6:00 - 9:00 pm  
Fridays 6:00 - 9:00 pm  
Sundays 1:30 - 4:30 pm  
Cost: \$2/youth \$3/adult

## Pee Wee Soccer

Ages 3 & 4

Boys and girls are invited to join this fun fall program for an introduction to soccer, sportsmanship and teamwork. Tuesday is limited to 36 participants. Volunteer coaches are needed. Cost includes T-shirt, trophy and team party. Due to limited capacity, registration prior to the deadline is recommended. Choose from either Tuesdays or Saturdays. Games and practices are played on the same day (1/2 hour practice; 1/2 hour game). Registration deadline is 8/18.

**Activity Fee:** \$32

**Location:** James Woody Community Center  
Retention Basin

Date:	Day:	Time:
Sept 6 - Oct 11	Tu	5 - 6 pm
Sept 10 - Oct 15	Sat	9 - 11 am

## Youth 3-on-3 Soccer Tournament

Ages 9 - 14

The Town of Apple Valley will offer a one day youth 3-on-3 soccer tournament. All skill levels welcome. Three games are guaranteed. Pre-registration is required. Register at Town Hall or call (760) 240-7880 for more information.

Divisions (Boys & Girls): 9-10 11-12 13-14

**Activity Fee:** \$30/team

**Location:** Lenny Brewster Sports Center

Date:	Day:	Time:
Sept 3	Sat	9 am

## Father and Son Basketball Tournament

Ages 10 - 15

Dad - bring your son and hoop it up at our 4th Annual 2-on-2 Father and Son Basketball Tournament. Teams are guaranteed a minimum of two games. Awards will be given to the top three teams in each division. Registration deadline is 6/1.

Divisions: 10 - 11 12 - 13 14 - 15

**Activity Fee:** \$31/team

**Location:** James Woody Community Center Gym

Date:	Day:	Time:
June 12	Sun	9 am - 2 pm

# Registration - Easy As 1-2-3

## Program Registration

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- Photo Policy: The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

### Refund Policy

- Cancellation of Class: A full refund will be mailed to all registered participants if a program is cancelled by the Recreation Department
- Voluntary Withdrawal: A refund may be requested prior to the registration deadline or before the first day of class by submitting a "Refund Request" form.
- Withdrawal After Class Start Date: A refund may be requested by completing a "Refund Request" form prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.
- NO refund requests will be accepted after the second class meeting.
- A \$2 processing fee will be charged to all refunds.
- Allow 4 weeks for a refund check.
- No refunds for swim lessons or aquatic classes.

## 3 EASY WAYS TO REGISTER

### 1. WALK-IN

- Walk-in registration is accepted at the Recreation counter at Town Hall only.
- Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.
- Payment can be made by cash, check, ATM or credit card (Discover, American Express, VISA, or MasterCard).

### 2. MAIL-IN

- Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).
- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.

Mail completed form and a check to:  
 Town of Apple Valley Park and Recreation Department  
 14955 Dale Evans Parkway  
 Apple Valley, CA 92307

### 3. DROP BOX

- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.
- Drop completed form and payment by check in drop box located at:

James Woody Community Center, 13467 Navajo Road  
 (in the first alcove at the front of the Community Center)  
 OR  
 Town Hall, 14955 Dale Evans Parkway  
 (at the front of Town Hall)  
 OR  
 Civic Center Park Aquatic Center, 14999 Dale Evans Parkway  
 (located inside at the front desk)

## TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

### Registration Form

PLEASE PRINT CLEARLY - do not use for Day Camp, ASAP or any sports programs. Additional paperwork required.

Payee Information: Home Phone: \_\_\_\_\_  
 First & Last Name \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee	Total Amount

### Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

## Fencing

**Ages 6 & Up**

Fencing combines the agility of martial arts with the mental challenge of outwitting your opponent. Students will learn basic footwork, attacks, defense and strategy, while developing concentration, flexibility, balance and speed. Equipment will be provided. A deposit of \$50 for equipment must be paid to the instructor on the first day of class. No class 6/30. Instructor: Jose Guerra

6:30 - 7:30 pm (6-12 years) 7:30 - 8:30 pm (13 & Up)

**Activity Fee:** \$67

**Location:** James Woody Community Center Mini-Gym

Date:	Day:	Time:
June 2 - 23	Th	See above
July 7 - 28	Th	See above
Aug 4 - 25	Th	See above



## Dog Obedience

**Ages 12 & Up**

In this basic dog obedience course your dog will learn to walk on a leash, sit, lay down, stay, come when called and stand still for grooming/exams. Dogs must be current on all vaccines, including rabies. Bring your vaccination record and registration receipt to the first class. Leashes and collars available for purchase for \$20 during the first two sessions. Call Claudia Wolff at (760) 298-1369 or visit [www.seawolffdogschool.com](http://www.seawolffdogschool.com) for more information. 10% off if you adopt from the Town Animal Shelter or the Victor Valley Animal Protection League. No class on 7/2 or 9/3.

**Activity Fee:** \$87

**Location:** Corwin Park

Date:	Day:	Time:
June 11 - July 30	Sat	9 - 10 am
Aug 6 - Sept 24	Sat	9 - 10 am

## Driver's Education

**Ages 14 - 18**

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel training.

[Internet Course](#)

Within 48 hours of registration, the student will have an account created and receive a welcome e-mail and access to the course online.

**Activity Fee:** \$77

[Home Study Course](#)

The home study course includes a full color textbook and five educational videos. Materials will be shipped within 5 days of registration. Students have 30 days to complete the course.

**Activity Fee:** \$92

## Creative Writing Boot Camp

**Ages 12 & Up**

There's no such thing as writer's block! This 3-hour workshop is designed to wake up your muse with intense (yet fun) creative writing exercises and interactive dialogue. Instructor: Charlene Engeron

**Activity Fee:** \$37

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
July 16	Sat	9 am - 12 pm

## Anatomy of a Novel

**Ages 12 & Up**

Are you one of the 86% of Americans who have dreamed of writing a book? If so, this is the class for you! This introduction to novel writing covers character development, plot, setting, bringing your storyline to life and mining your personal experiences to create better fiction. Instructor: Charlene Engeron

**Activity Fee:** \$42

**Location:** Town Hall Development Services Building  
Conference Room 1

Date:	Day:	Time:
July 5 - 26	Tue	5:30 - 7 pm



## Summer Parent & Tot Time

Ages 2 - 3

Parent & Tot is a class for you and your toddler. We will learn the basics by having fun with activities, crafts and story time. Instructor: Rosanne Abolnik

**Activity Fee:** \$35

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
July 5 - 28	Tu/Th	8 - 8:55 am
Aug 2 - 25	Tu/Th	8 - 8:55 am

## Evening Parent & Tot

Ages 2 - 4

Join in on the evening version of one of our most popular classes! This program is structured the same as the morning class. No class 6/22, 6/29, 8/31.

Instructor: Rosanne Abolnik

**Activity Fee:** \$19.25 (June) \$25 (July & Aug)

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 1 - 15	Wed	5:30 - 6:30 pm
July 6 - 27	Wed	5:30 - 6:30 pm
Aug 3 - 24	Wed	5:30 - 6:30 pm

## Play Camp

Ages 3 - 6

Enjoy summer time fun with crafts, songs, games, socialization and more. This fun-filled summer preschool class is taught by Olivia Ayala who has 20 years of hands-on experience with children. Call Olivia at (760) 240-1159 for more information.

**Activity Fee:** See below

**Location:** James Woody Community Center  
Arts & Crafts Room

Date:	Day:	Fee:	Time:
Session I	Tu/Th	\$39	9 - 11 am
June 21 - 30	Tu/W/Th	\$58.50	9 - 11 am
Session II	Tu/Th	\$52	9 - 11 am
July 5 - 28	Tu/W/Th	\$78	9 - 11 am

## Summer Tots Academy

Ages 3 1/2 - 5

A drop off class designed to prepare your child for kindergarten. This is an 8-week summer program that will review the letters of the alphabet, numbers, shapes and colors. Each week we will have a different theme. Parents need to volunteer one day per month.

Instructor: Rosanne Abolnik

**Activity Fee:** \$45

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
July 5 - 28	Tu/Th	9:30 - 11:30 am
Aug 2 - 25	Tu/Th	9:30 - 11:30 am



## School Year Academic Tots

Introduce your child to a place where they can grow and explore through a variety of learning experiences. Classes are taught by Olivia Ayala who has over 20 years hands on experience. Classes follow the AVUSD calendar. Parent participation is required twice a month. An annual \$25 registration fee is due on the first day of class and paid to the instructor. Call Olivia at (760) 240-1159 for more information. See details for each class below.

**Activity Fee:** \$59/4 weeks

**Location:** James Woody Community Center Auditorium

### Small Fries

Age 3

- Class provides an opportunity for children to separate from their parents.
- Introduction to sharing and cooperative play.
- Introduction to early learning - colors, shapes, counting and alphabet.
- Increase attention span, improve social growth and develop language skills.

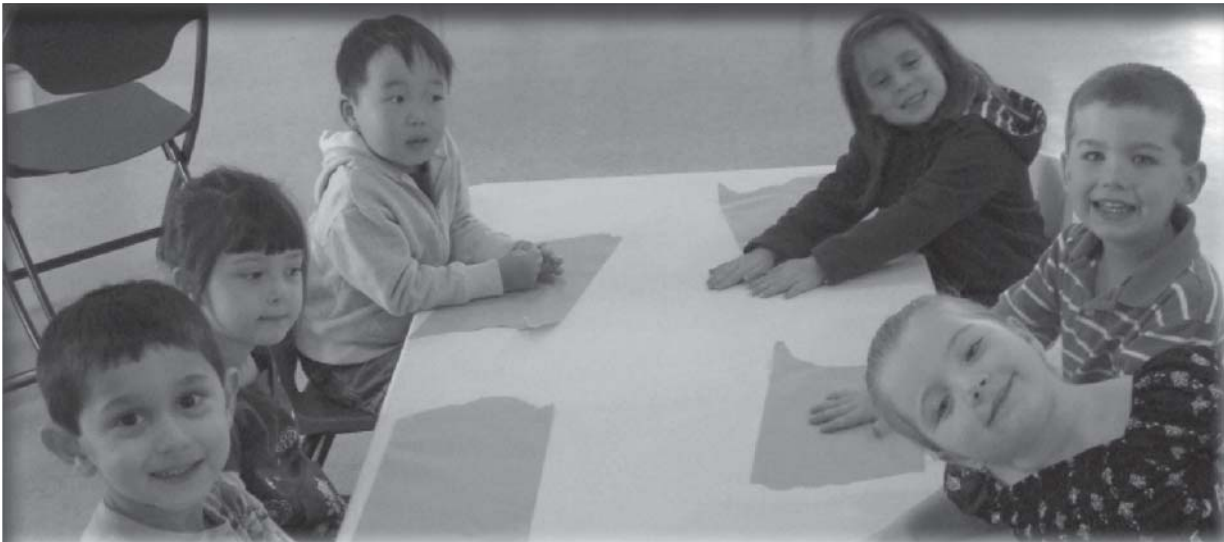
Date:	Day:	Time:
Starts Aug 10	Wed/Fri	TBA

### Tater Tots Pre K

Age 4

- Child must be 4 by November 1st.
- Program progresses as child progresses in a developmentally appropriate environment.
- Emphasis on letter recognition, math concepts and kindergarten readiness.
- Reinforcement of letters, phonics and number recognition.
- Learn how to follow directions, improve language skills and social growth.

Date:	Day:	Time:
Starts Aug 10	Tu/Th	TBA



## School Year Parent & Tot Time

Ages 1 1/2 - 3

This class introduces children to the building blocks of education: alphabet, phonics, shapes, numbers, etc. We will introduce a new letter and number each week, with related songs and crafts, plus special events throughout the year. Instructor: Rosanne Abolnik

**Activity Fee:** \$36.50

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
May 31 - June 16	Tu/Th	8 - 8:55 am

## School Year Parent & Tot Time

Ages 4 - 5

This class is for the parent who puts value on learning, but their child is either too young or not quite ready to be on their own. Class will cover the foundational building blocks of education: alphabet, phonics, shapes, numbers, etc. We will introduce a new letter and number each week, with related songs and crafts, plus special events throughout the year. Instructor: Rosanne Abolnik

**Activity Fee:** \$36.50

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
May 31 - June 16	Tu/Th	9 - 9:55 am

## Preschool Tap & Ballet

Ages 3 - 6

Help your child develop self-confidence and poise through the art of ballet and tap dance. Posture, grace, rhythm, arm and foot positions and basic stretches will be taught. No class 6/29 or 8/31. Instructor: Angel Lin

**Activity Fee:** \$27

**Location:** James Woody Community Center Auditorium Stage

Date:	Day:	Time:
June 1 - 22	Wed	2 - 2:45 pm or 3 - 3:45 pm
July 6 - 27	Wed	2 - 2:45 pm or 3 - 3:45 pm
Aug 3 - 24	Wed	2 - 2:45 pm or 3 - 3:45 pm

## Learn to Swing

Ages 13 & Up

Learn the energetic dances of the 1920s - 1940s. Basic East/West and Charleston, as well as the Lindy Hop. No partner required. Dress comfortably, no sandals, boots or heavy shoes. Instructor: Tyler Hendrick

**Activity Fee:** \$30/individual \$50/couple

**Location:** James Woody Community Center Auditorium

Date:	Day:	Time:
June 1 - 29	Wed	6:30 - 7:30 pm
July 6 - 27	Wed	6:30 - 7:30 pm
Aug 3 - 31	Wed	6:30 - 7:30 pm

## Hip Hop

Ages 6 - 18

Hip Hop is an energetic and creative form of dance that is sure to get you moving! Learn the fundamentals of a variety of Hip Hop movements. Bring your water bottle! Knee pads are required. Instructor: Chad Rodgers

4 - 5 pm (Beg) 5 - 6 pm (Adv)

**Activity Fee:** \$32

**Location:** James Woody Community Center Auditorium

Date:	Day:	Time:
June 3 - 24	Fri	See above
July 1 - 29	Fri	See above
Aug 5 - 26	Fri	See above

## Ballet

Ages 6 - 12

Ballet is a poised style of dance that uses every muscle in the body. It focuses on pointe work and flowing movements. Students will learn the basics of ballet which include grace, flexibility and posture. Appropriate ballet attire and shoes are required, but are not included in the class fee. No class 6/17, 8/2, 8/9.

Instructor: Lonnie Richling

**Activity Fee:** \$28.25

**Location:** James Woody Community Center Arts & Crafts Room

Date:	Day:	Time:
June 14 - 28	Tu	6 - 6:50 pm
Aug 16 - 30	Tu	6 - 6:50 pm

## Belly Dancing

Ages 16 & Up

New instructor! Belly dancing encourages wellness and promotes self-confidence in women of all ages. Learn the fundamentals of Middle Eastern style dancing, focusing on folk, gypsy and Greek styles. No class 6/29.

Instructor: Diane Ona

6 - 7 pm (Beg) 7 - 8 pm (Adv)

**Activity Fee:** \$32

**Location:** James Woody Community Center Arts & Crafts Room

Date:	Day:	Time:
June 1 - 22	Wed	See above
July 6 - 27	Wed	See above





## Just ONCE Guitar - Online

**Ages 13 & Up**

Have you ever wanted to learn the guitar but simply can't find the time? This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Instructor: Craig Coffman

This is a virtual classroom. You will be able to interact LIVE with the instructor just like in a real classroom. All you need is a computer, webcam, microphone, high speed internet connection and guitar. Fee includes workbook and practice CD.

**Activity Fee:** \$58

Date:	Day:	Time:
June 12	Sun	4:30 - 7 pm

## Guitar Lessons

**Ages 8 & Up**

Learn to play the guitar and have your friends and family singing along in no time! No guitar experience is required. Learn basic chords, scales and strumming. No class 7/4 or 8/29. Instructor: Neil Garcia

**Activity Fee:** \$34.25 (July) \$45 (June & Aug)

**Location:** Town Hall Recreation Center

Date:	Day:	Time:
June 6 -27	Mon	5:45 - 6:45 pm
July 11 - 25	Mon	5:45 - 6:45 pm
Aug 1 - 22	Mon	5:45 - 6:45 pm

## Baton Twirling

**Ages 4 1/2 - 13**

This class will focus on body coordination and self-discipline. Our goal is to enter competitions, march in local parades and in the Disneyland Christmas Parade in December. Tennis shoes and comfortable clothing are required. Batons are available from the instructor for \$25 (new) or \$10 (used). No class 6/23, 6/30 or 7/21. Instructor: Shari Taylor

**Activity Fee:** \$23 (June & July) \$30 (Aug)

**Location:** James Woody Community Center  
Ward Room (June) or Auditorium (July & Aug)

Date:	Day:	Time:
June 2 - 16	Th	6 - 6:45 pm
July 7 - 28	Th	6 - 6:45 pm
Aug 4 - 25	Th	6 - 6:45 pm

## Just ONCE Piano - Online

**Ages 18 & Up**

You don't need years of weekly lessons to learn the piano. In just a few hours you can learn enough secrets of the trade to give you years of musical enjoyment. Learn all the chords you'll need to play any song in this one session. Instructor: Craig Coffman

This is a virtual classroom. You will be able to interact LIVE with the instructor just like in a real classroom. All you need is a computer, webcam, microphone, high speed internet connection and piano/keyboard. Fee includes workbook and practice CD.

**Activity Fee:** \$58

Date:	Day:	Time:
June 9	Th	4 - 7 pm
June 12	Sun	12:30 - 3:30 pm

## Youth Tumbling

**Ages 5 - 15**

Learn jumps, rolls, cartwheels, walkovers and hand springs. Classes also cover stretching and conditioning exercises. Advancement is at the discretion of the coach. Form-fitting clothing is required. No class 6/7, 8/2, 8/9.

Instructor: Lonnie Richling

**Activity Fee:** \$28.25 (Level 1) \$9.50 (Level 2)

**Location:** James Woody Community Center Mini-Gym

Date:	Day:	Time:
June 14 - 28	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)
Aug 16 - 30	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)

## Pom Pom

**Ages 4 1/2 - 13**

Join in with the Shining Stars and possibly march in the Disneyland Main Street Parade. Marching and dance routines will be taught. Tennis shoes and comfortable clothing are required. Pom poms can be purchased from the instructor for \$22. No class 6/23, 6/30 or 7/21.

Instructor: Shari Taylor

**Activity Fee:** \$23 (June & July) \$30 (Aug)

**Location:** James Woody Community Center  
Ward Room (June) or Auditorium (July & Aug)

Date:	Day:	Time:
June 2 - 16	Th	6:45 - 7:30 pm
July 7 - 28	Th	6:45 - 7:30 pm
Aug 4 - 25	Th	6:45 - 7:30 pm

## Kung Fu San Soo

**Ages 8 & Up**

Learn the various combinations of strikes, blocks, punches and kicks. Kung Fu San Soo utilizes principles of physics involving movement, leverage, breathing, agility, concentration and balance. Additional fees for uniforms will be paid to the instructor. No class 7/4.

Instructor: Martin Calderon, 5th degree black belt

*Activity Fee:* \$40

*Location:* James Woody Community Center Mini-Gym

Date:	Day:	Time:
June 3 - 27	M/F	6:30 - 7:30 pm
July 1 - 29	M/F	6:30 - 7:30 pm
Aug 1 - 29	M/F	6:30 - 7:30 pm

## Tiny Tigers Karate

**Ages 4 - 6**

This karate class for youngsters will focus on basic karate moves through fast-paced and fun activities. It's a great way to improve coordination and focus. This class is taught by Sensei Paul Walker, 5th degree black belt. Family discounts available. Additional fees apply for uniforms (\$42) and testing (\$25-\$30) and are paid to the instructor.

*Activity Fee:* \$42

*Location:* James Woody Community Center Arts & Crafts Room

Date:	Day:	Time:
June 2 - 23	Th	6 - 6:30 pm
July 7 - 28	Th	6 - 6:30 pm
Aug 4 - 25	Th	6 - 6:30 pm

## Gymnastics Classes

*with 360 Freestyle Gymnastics Academy*

Looking for a fun, safe and healthy gymnastics experience? Our recreational gymnastics classes are the perfect place to begin. From toddlers to pre-teens, we offer fundamental instruction on all gymnastics apparatus in an atmosphere that promotes positive self-esteem and encourages the habit of lifelong physical fitness. No previous experience necessary.

*Instructor:* 360 Freestyle Gymnastics Academy coaching staff

*Location:* 22355 Powhattan Rd, Cl, Apple Valley  
Register in advance at Town Hall

## Mommy & Me Gymnastics

**Ages 1 1/2 - 3**

Mommy and Me Gymnastics is a child-parent interactive program that stimulates your child's athletic ability.

*Activity Fee:* \$30

*Location:* 360 Freestyle Gymnastics Academy

Date:	Day:	Time:
June 1 - 29	Wed	2:30 - 3 pm
July 6 - 27	Wed	2:30 - 3 pm
Aug 3 - 31	Wed	2:30 - 3 pm

## Tumble Tots Gymnastics

**Ages 4 - 6**

This class is designed to introduce young children to the fundamentals of gymnastics.

*Activity Fee:* \$35

*Location:* 360 Freestyle Gymnastics Academy

Date:	Day:	Time:
June 1 - 29	Wed	1:15 - 2 pm
July 6 - 27	Wed	1:15 - 2 pm
Aug 3 - 31	Wed	1:15 - 2 pm

## Shotokan Karate

**Ages 7 & Up**

Learn self-control and self-confidence while improving your health and fitness. This class is taught by Sensei Paul Walker, 5th degree black belt. Family discounts are available. Additional fees apply for uniforms (\$42) and testing (\$25-\$30) and are paid to the instructor.

*Activity Fee:* \$52

*Location:* James Woody Community Center Arts & Crafts Room

Date:	Day:	Time:
June 2 - 23	Th	6:30 - 7:30 pm
July 7 - 28	Th	6:30 - 7:30 pm
Aug 4 - 25	Th	6:30 - 7:30 pm

## Beginning Gymnastics

**Ages 7 - 12**

This class is a recreational program designed to introduce boys and girls to the gymnastics sport.

*Activity Fee:* \$40

*Location:* 360 Freestyle Gymnastics Academy

Date:	Day:	Time:
June 1 - 29	Wed	12:15 - 1:15 pm
July 6 - 27	Wed	12:15 - 1:15 pm
Aug 3 - 31	Wed	12:15 - 1:15 pm

### Dress Code for all Gymnastics classes:

Shorts, sweats, leotards, comfortable clothing, long hair in a ponytail.

### Additional Fees:

A \$35 annual registration fee is due upon signing up. This fee is for insurance and general maintenance costs. Registration fee is paid directly to 360 Gymnastics.

## Ladies Beginner Golf

**Ages 18 & Up**

This program is for ladies only and is ideal for those who would like to get started playing golf. All the fundamentals will be covered including, putting, chipping and full swing. Fees include use of golf clubs and range balls. Register at Town Hall.

**Activity Fee:** \$65

**Location:** Apple Valley Country Club

Date:	Day:	Time:
June 4 - 25	Sat	8 - 9 am
July 9 - 30	Sat	8 - 9 am
Aug 6 - 27	Sat	8 - 9 am

## Pee Wee Tennis

**Ages 3 - 5**

Sign up today and your child will experience a challenging learning environment where they can master new skills. Small group lessons are offered for the young tennis enthusiast. Please bring a tennis racquet and a can of balls. Register at Town Hall. No class 7/2.

Instructor: Bill Mocharnuk

**Activity Fee:** \$22/4 weeks

**Location:** Apple Valley Country Club

Date:	Day:	Time:
June 4 - 25	Sat	8 - 8:30 am
July 9 - 30	Sat	8 - 8:30 am
Aug 6 - 27	Sat	8 - 8:30 am

## Youth Tennis Lessons

**Ages 6 - 17**

Kids of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. No class 7/2.

Instructor: Bill Mocharnuk

Sat 8:30 - 9:15 am (Beg)    Sat 9:15 - 10 am (Int/Adv)  
W or Th 5:30 - 7 pm (2 weeks)

**Activity Fee:** \$27/4 weeks (Sat)

\$27/2 weeks (W or Th)

**Location:** Apple Valley Country Club

Date:	Day:	Time:
June	See above	See above
July	See above	See above
Aug	See above	See above

## Junior Golf

**Ages 5 - 17**

Golf lessons just for the kids! Students will learn basic rules and etiquette of golf as well the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt-no jeans. Fee includes use of golf clubs and balls. Register at Town Hall.

9 - 9:45 am (5 - 9 years)    10 - 10:45 am (10 - 17 years)

**Activity Fee:** \$47

**Location:** Apple Valley Country Club

Date:	Day:	Time:
June 4 - 25	Sat	See above
July 9 - 30	Sat	See above
Aug 6 - 27	Sat	See above

## Adult Beginner Golf

**Ages 18 & Up**

Students will learn basic rules and etiquette of golf as well as the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt - no jeans. Fee includes use of golf clubs and balls. Register at Town Hall.

**Activity Fee:** \$65

**Location:** Apple Valley Country Club

Date:	Day:	Time:
June 5 - 26	Sun	9 - 10 am
July 10 - 31	Sun	9 - 10 am
Aug 7 - 28	Sun	9 - 10 am

## Adult Tennis Lessons

**Ages 18 & Up**

Adults of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. No class 7/2.

Instructor: Bill Mocharnuk

Sat 7 - 8 am (Int/Adv)    Sat 10 - 11 am (Beg)  
W or Th 7 - 9 pm (2 weeks)

**Activity Fee:** \$30/4 weeks (Sat)

\$30/2 weeks (W or Th)

**Location:** Apple Valley Country Club

Date:	Day:	Time:
June	See above	See above
July	See above	See above
Aug	See above	See above



# *Apple Valley Conference Center*

## *A Better Way to Celebrate!*



Located in the heart of Apple Valley is the ideal place for your next event. The Conference Center is located in the new Development Services Building of Town Hall and features 6,000 square feet of meeting and event space. Audio/visual equipment, covered patio areas, a large lobby and catering kitchen make this the largest and most modern space available in Apple Valley.

*A perfect venue for.....*

Business Meetings ~ Civic Meetings ~ Corporate Events

Wedding Receptions ~ Banquets ~ Parties

***Call (760) 240-7880 for rates and availability.***

# Apple Valley Country Club

15200 Rancherias Road



The most storied club in the High Desert is now OPEN TO THE PUBLIC. Known for having the "purest putting surfaces in Southern California," Apple Valley Country Club boasts a rich history and reputation for pristine golf course conditions. Amenities now available for public use include an 18-hole golf course, two tennis courts, banquet and meeting rooms.

Now open 7 days a week.

Call (760) 242-3653 or visit [www.avcc.com](http://www.avcc.com) for more information.

## *Monthly Golf Passes Now Available*

Apple Valley Country Club is excited to introduce a new Monthly Pass Program.

Single Monthly Pass: \$175      Family Monthly Pass: \$225

Each pass includes:

- Unlimited Golf
- Shared Cart

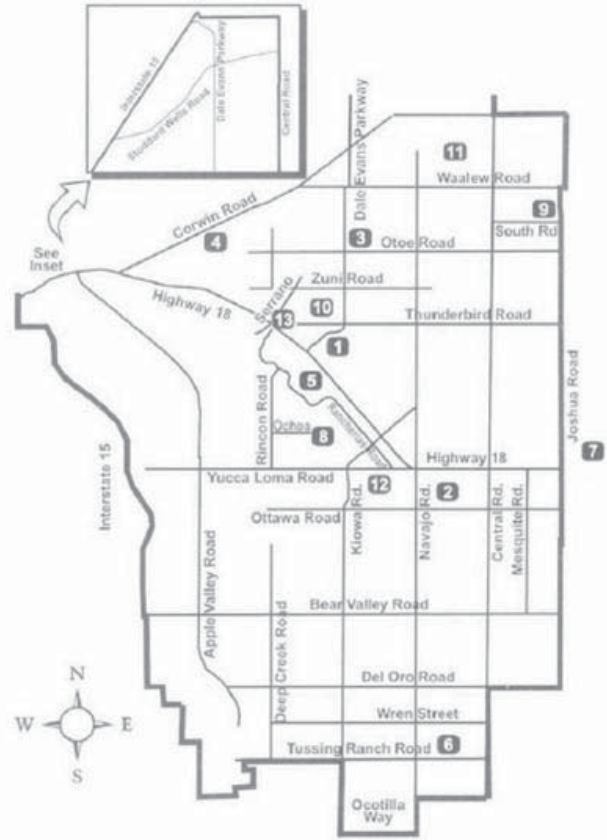
AVCC passes can be purchased a month at a time, meaning you are not locked into a long-term contract. You can take a month off as needed.


Monthly Pass applications can be picked up in the Apple Valley Country Club Golf Shop or by going to [www.avcc.com](http://www.avcc.com). Please call the Golf Shop at (760) 242-3653 for more details and for daily rates and season specials.

- ◆ Pro Shop  
(call for tee times or lessons)  
(760) 242-3125
- ◆ General Information & Reservations  
(760) 242-3653, ext. 100
- ◆ Banquet Information  
(760) 242-3653, ext. 108
- ◆ Meeting Rooms  
(760) 242-3653, ext. 108
- ◆ Tournaments  
(760) 242-3653 ext. 101
- ◆ Eric Fisher,  
General Manager  
[efisher@avcc.com](mailto:efisher@avcc.com)  
(760) 242-3653



1. **Town Hall Recreation Center**  
14955 Dale Evans Parkway
2. **Apple Valley Conference Center**  
14975 Dale Evans Parkway
3. **Civic Center Park**  
14999 Dale Evans Parkway
4. **James Woody Community Center**  
13467 Navajo Road x Powhatan Road
5. **Lenny Brewster Sports Center**  
21024 Otoe Road x Dale Evans Parkway
6. **Corwin Park**  
18577 Corwin Road x Highway 18
7. **Lion's Park**  
East of Dale Evans Pkwy on south Outer Hwy 18
8. **Mendel Park**  
21860 Tussing Ranch Road x Navajo Road
9. **Horsemen's Center**  
24320 Highway 18, 3 miles east of Central Road
10. **Norm Schmidt Park**  
14053 Tuweep Trail x Ochoa Road
11. **Sycamore Rocks Park**  
23450 South Road x Joshua Road
12. **Thunderbird Park**  
20700 Wichita Road x Thunderbird Road
13. **Virginia Park**  
17242 Central Road, south of Papago Road
14. **Yucca Loma Park**  
21351 Yucca Loma Road x Rancherias Road
15. **Cramer Family Park**  
Serrano Road x Rimrock Road



	Activity Room (s)	Ball Fields	Barbeque	Camping	Picnic Area	Gymnasium Basketball/Volleyball	Horseshoe Pits	Kitchen Facility	Meeting Room (s)	Outdoor Basketball Courts	Picnic Tables	Play Equipment	Pool	Restrooms	Port-a-Pot	Skate Park/ BMX	Stage/ Amphitheater
Lenny Brewster Sports Center		✓	✓				✓			✓	✓	✓		✓			
Civic Center Park Aquatic Center					✓						✓		✓	✓			
Civic Center Park											✓	✓	✓		✓		✓
Apple Valley Conference Center	✓							✓	✓					✓			
Corwin Park			✓		✓						✓	✓		✓			
Cramer Family Park											✓	✓		✓			
Horsemen's Center			✓	✓							✓	✓		✓		✓	
James Woody Community Center	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓
Lion's Park		✓	✓								✓				✓		
Mendel Park		✓	✓		✓						✓	✓			✓		
Norm Schmidt Park		✓	✓								✓	✓			✓		
Sycamore Rocks Park		✓	✓		✓						✓	✓			✓		
Town Hall Recreation Center	✓							✓	✓					✓			
Thunderbird Park		✓	✓		✓					✓	✓	✓			✓		
Virginia Park		✓	✓		✓						✓	✓			✓		
Yucca Loma Park		✓	✓								✓	✓			✓		



**Town Services....**

For a specific department, dial the General Information number at (760) 240-7000 and one of the following extensions:

Animal Services	ext. 7555	Parks Maintenance	ext. 6200
Building & Safety	ext. 7100	Planning	ext. 7200
Business Licenses	ext. 7707	Police Department	ext. 7400
Code Enforcement	ext. 7560	Public Information	ext. 7074
Economic Development	ext. 7900	Public Services	ext. 7500
Engineering	ext. 7353	Recreation	ext. 7880
Human Resources	ext. 7600	Town Clerk	ext. 7800
Mayor & Town Council	ext. 7808	Town Manager	ext. 7051



**Sports Organizations....**

Apple Valley BMX	(760) 240-5266
Apple Valley Knights Football	(760) 961-0445
Apple Valley Rattlers Football & Cheer	(760) 247-2247
Apple Valley Little League	(760) 247-5441
Apple Valley Seminoles Football & Cheer	(760) 247-5424
Apple Valley Storm Soccer	(760) 508-6192
High Desert Judo (P.A.L.)	(760) 247-5424
High Desert Patriots Youth Football	(760) 240-7489
High Desert Pony Baseball	(760) 927-9994
High Desert Youth Soccer League	(760) 961-7805
High Desert Tennis Association	(760) 244-7783
Inland Empire Adult Soccer League	(760) 247-6031
Young Champions	(714) 259-1400

**Recreation & Hobby Groups....**

Cactus Wren Garden Club	(760) 245-9544
High Desert Genealogy Society	(760) 242-5136
High Desert Horseshoe Club	(760) 242-5151
Thunderbirds Square Dance	(760) 946-9155

**Equestrian Groups....**

Apple Valley Equestrian Association	(760) 559-7392
Mojave River Valley Horsemen's Assoc	(760) 265-0656
California Dressage Society-High Desert	(760) 247-4505



**Community Organizations....**

American Cancer Society	(800) 227-2345
American Red Cross	(760) 245-6511
Apple Valley Chamber of Commerce	(760) 242-2753
Apple Valley Fire Protection District	(760) 247-7618
Apple Valley Library	(760) 247-2022
Apple Valley Optimist Club	(760) 242-8230
Apple Valley School District	(760) 247-8001
Assistance League	(760) 961-2468
Assistance League Thrift Shop	(760) 961-1377
AVCO/Burrtec	(760) 245-8607
Boy Scouts (CA Inland Empire Council)	(877) 732-1450
Community Police Assistance League	(760) 961-0754
Friends of the Apple Valley Library	(760) 247-2022
Girl Scouts (San Geronimo Council)	(760) 241-3558
High Desert Young Marines	(760) 240-5004
One 2 One Mentoring	(760) 245-1997
Paul Swick Family Center	(760) 240-5606
Pet Partner's Bargain Thrift Shop	(760) 247-5312
St. Mary Immunization Clinic	(760) 242-2311
Widow or Widower's of High Desert	(760) 951-7764
VFW SVL Post 12039	(760) 985-0801
Victor Valley Animal Protection League	(760) 247-2102

**Senior Services & Organizations....**

Adult & Child Protective Services	(877) 565-2020
Aging & Adult Services	(800) 510-2020
Apple Valley Senior Citizen's Club	(760) 247-3155
Inland Empire Legal Services	(760) 241-7073
Meals on Wheels	(760) 245-7047
Senior Information & Assistance	(760) 843-5100
Senior Select Resource Center	(760) 946-5915
Victor Valley Transit	(760) 948-3030

San Bernardino County Info & Referral...2 1 1

# Sunset Concert Series



Thursdays 6 - 9pm  
June 23 & 30  
July 7, 14, 21 & 28  
August 4, 11, 18 & 25

**FREE!**



Your community concerts are presented by Target and proudly feature headlining bands, a beer garden, a mouth watering array of food and a Farmer's Market sampler. It's no wonder we were voted "Best of the Desert" special event by Daily Press readers last year.

Join friends, family and neighbors every week for a summer full of fun!

Bring your own blanket and chair for lawn seating!

**Civic Center Park Amphitheater**

## Apple Valley Farmer's Market

Come check us out every Friday

11 am - 6 pm

Lion's Park

(between Flathead & Dale Evans Parkway)

Fresh produce, flowers, art, breads, green products and much more!

