

## JUNE Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
 <p style="text-align: center;"> <b>Civic Center Park Aquatic Center</b>                      Recreation Office (760) 240 - 7880                      Pool Office (760) 240 - 7000 ex: 7895                      www.AVRecreation.org                      Town of Apple Valley Recreation Department                      "A Better Way to Play"                 </p>			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>		
			5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim
			7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance
			5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	
			5:30 - 7:30pm Hydrofit Exercise		5:30 - 7:30pm Hydrofit Exercise		5:30 - 7:30pm Hydrofit Exercise	
			7:45 -9:45pm Evening Lap Swim		7:45 -9:45pm Evening Lap Swim		7:45 -9:45pm Evening Lap Swim	
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>		
10 - 11:30am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim		
	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance		
	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	7:30 - 11:30am Swim Fair		
	5:30 - 7:30pm Hydrofit Exercise		5:30 - 7:30pm Hydrofit Exercise		5:30 - 7:30pm Hydrofit Exercise			
	7:45 -9:45pm Evening Lap Swim		7:45 -9:45pm Evening Lap Swim		7:45 -9:45pm Evening Lap Swim			
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>		
10 - 11:30am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim	5:45 - 9:15am Morning Lap Swim		
	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance		
	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	9:40 - 11:45am Swim Lessons		
	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4 - 6pm Water Festival		
	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE			
	5:30 - 7:30pm Hydrofit Exercise		5:30 - 7:30pm Hydrofit Exercise	7:45-9:45 pm Evening Rec Swim	5:30 - 7:30pm Hydrofit Exercise			
	7:45 -9:45pm Evening Lap Swim		7:45 -9:45pm Evening Lap Swim		7:45 -9:45pm Evening Lap Swim			
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>		
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12:45-3:45pm Rec Swim	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance	7:30 - 9:30am Aqua Fitness	7:30 - 9:30am Splash Dance		
	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	9:40 - 11:45am Swim Lessons		
	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	12:45-3:45pm Rec Swim		
	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	6:30-9:45pm Rec Swim		
	5:30 - 7:30pm Hydrofit Exercise		5:30 - 7:30pm Hydrofit Exercise	7:45-9:45 pm Evening Rec Swim	5:30 - 7:30pm Hydrofit Exercise			
	7:45 -9:45pm Evening Lap Swim		7:45 -9:45pm Evening Lap Swim		7:45 -9:45pm Evening Lap Swim			
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>				
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	9:40 - 12:15pm Swim Lessons	9:40 - 12:15pm Swim Lessons	9:40 - 12:15pm Swim Lessons	9:40 - 12:15pm Swim Lessons				
	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim	12:45-3:45pm Rec Swim				
	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons	4:15-5:30pm Swim Lessons				
	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE	5:15 - 7:15 pm WAVE				
	5:30 - 7:30pm Hydrofit Exercise		5:30 - 7:30pm Hydrofit Exercise	7:45-9:45 pm Evening Rec Swim				
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