				JUNE Pool Schedule										
Sunday	,	м	londay	Tu	esday 🛛	We	Wednesday		Thursday		Friday		Saturday	
C America						1		2		3		4		
fown of Apple Valles.				k Aquatic Center		5:45 - 9:15am	Morning Lap Swim	5:45 - 9:15am	Morning Lap Swim	5:45 - 9:15am	Morning Lap Swim	5:45 - 9:15am	Morning Lap Swim	
		Recreation Office (760) 240 - 7880			7:30 - 9:30am	Aqua Fitness	7:30 - 9:30am	Splash Dance	7:30 - 9:30am	Aqua Fitness	7:30 - 9:30am	Splash Dance		
		Pool Office (760) 240 - 7000 ex: 7895			: 7895	5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm	WAVE			
		www.AVRecreation.org				5:30 - 7:30pm	Hydrofit Exercise			5:30 - 7:30pm	Hydrofit Exercise			
		Town of Apple Valley Recreation Department			7:45 -9:45pm	Evening Lap Swim			7:45 -9:45pm	Evening Lap Swim				
"A Better Way of Life"			"A Better V	"A Better Way to Play"										
5		6		7		8		9		10		11		
10 - 11:30am Morning	g Lap Swim	5:45 - 9:15am	Morning Lap Swim		Morning Lap Swim		Morning Lap Swim		Morning Lap Swim		Morning Lap Swim		Morning Lap Swim	
		7:30 - 9:30am		7:30 - 9:30am	Splash Dance	7:30 - 9:30am	Aqua Fitness	7:30 - 9:30am	Splash Dance	7:30 - 9:30am	Aqua Fitness	7:30 - 9:30am	Splash Dance	
		5:15 - 7:15 pm		5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm	WAVE	7:30 - 11:30am	Swim Fair	
			Hydrofit Exercise				Hydrofit Exercise				Hydrofit Exercise			
		7:45 -9:45pm	Evening Lap Swim			7:45 -9:45pm	Evening Lap Swim			7:45 -9:45pm	Evening Lap Swim			
12		13		14		15		16		17		18		
<u> 10 - 11:30am Morning</u>	g Lap Swim				Morning Lap Swim				Morning Lap Swim				Morning Lap Swim	
		7:30 - 9:30am		7:30 - 9:30am	Splash Dance	7:30 - 9:30am	Aqua Fitness	7:30 - 9:30am	Splash Dance	7:30 - 9:30am	Aqua Fitness	7:30 - 9:30am	Splash Dance	
		12:45-3:45pm	Rec Swim	12:45-3:45pm	Rec Swim	12:45-3:45pm	Rec Swim	12:45-3:45pm	Rec Swim	12:45-3:45pm	Rec Swim	9:40 - 11:45am		
		4:15-5:30pm		4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	4 - 6pm	Water Festival	
		5:15 - 7:15 pm		5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm		5:15 - 7:15 pm	WAVE			
			Hydrofit Exercise				Hydrofit Exercise	7:45-9:45 pm	Evening Rec Swim		Hydrofit Exercise			
40			Evening Lap Swim	21		7:45 -9:45pm 22	Evening Lap Swim	23		7:45 -9:45pm 24	Evening Lap Swim	25		
19 10 - 11:30am Morning		20	Morning Lap Swim		Morning Lon Swim		Morning Lon Sudm		Morning Lap Swim		Morning Lap Swim		Morning Lon Swim	
		7:30 - 9:30am		7:30 - 9:30am		7:30 - 9:30am		7:30 - 9:30am		7:30 - 9:30am	Aqua Fitness	7:30 - 9:30am	Splash Dance	
12.45-5.45pm	Rec Swill	12:45-3:45pm	Aqua Fitness Rec Swim	12:45-3:45pm	Splash Dance Rec Swim	12:45-3:45pm	Aqua Fitness Rec Swim	12:45-3:45pm	Splash Dance Rec Swim	12:45-3:45pm	Rec Swim	9:40 - 11:45am	Swim Lessons	
		4:15-5:30pm		4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	12:45-3:45pm	Rec Swim	
		5:15 - 7:15 pm		5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm		5:15 - 7:15 pm	WAVE	6:30-9:45pm	Rec Swim	
			Hydrofit Exercise	0.10 - 7.10 pm		5:30 - 7:30pm	Hydrofit Exercise		Evening Rec Swim	5:30 - 7:30pm	Hydrofit Exercise	0.00-0.40pm	Ttee Owini	
			Evening Lap Swim				Evening Lap Swim	7.40 0.40 pm			Evening Lap Swim			
26		27		28		29		30			Evening Lup evilin	~		
10 - 11:30am Morning	g Lap Swim		Morning Lap Swim		Morning Lap Swim		Morning Lap Swim		Morning Lap Swim	and the second				
		7:30 - 9:30am		7:30 - 9:30am	Splash Dance	7:30 - 9:30am	Aqua Fitness	7:30 - 9:30am		2.1				
		9:40 - 12:15pm		9:40 - 12:15pm	Swim Lessons	9:40 - 12:15pm		9:40 - 12:15pm		11			States -	
		12:45-3:45pm	Rec Swim	12:45-3:45pm	Rec Swim	12:45-3:45pm	Rec Swim	12:45-3:45pm	Rec Swim	a mar				
		4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	4:15-5:30pm	Swim Lessons	E.	1 - C			
		5:15 - 7:15 pm		5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm	WAVE	5:15 - 7:15 pm					-1	
			Hydrofit Exercise				Hydrofit Exercise		Evening Rec Swim					
			Evening Lap Swim				Evening Lap Swim	·						
		7:45 -9:45pm	Evening Lap Swim			/:45 -9:45pm	Evening Lap Swim			-				