

AUGUST WAVE SCHEDULE

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	WAVE Campout
	5:15-7:15pm Gold	5:15-7:15pm Gold	5:30-6:45pm Bronze	5:15-7:15pm Gold	5:15-7:15pm Gold	
	5:30-7:15pm Silver	5:30-7:15pm Silver		5:30-7:15pm Silver	5:30-7:15pm Silver	
		5:30-6:45pm Bronze		5:30-6:45pm Bronze	WAVE Campout	
	7	8	9	10	11	12
	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	CCAQ Eastern Champs
	5:15-7:15pm Gold	5:15-7:15pm Gold	5:30-6:45pm Bronze	5:15-7:15pm Gold	5:15-7:15pm Gold	
	5:30-7:15pm Silver	5:30-7:15pm Silver		5:30-7:15pm Silver	5:30-7:15pm Silver	
		5:30-6:45pm Bronze		5:30-6:45pm Bronze		
	14	15	16	17	18	19
CCAQ Eastern Champs	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	
	5:15-7:15pm Gold	5:15-7:15pm Gold	5:30-6:45pm Bronze	5:15-7:15pm Gold	5:15-7:15pm Gold	
	5:30-7:15pm Silver	5:30-7:15pm Silver		5:30-7:15pm Silver	5:30-7:15pm Silver	
		5:30-6:45pm Bronze		5:30-6:45pm Bronze		
	21	22	23	24	25	26
	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	WAVE Beach Trip
	5:15-7:15pm Gold	5:15-7:15pm Gold	5:30-6:45pm Bronze	5:15-7:15pm Gold	5:15-7:15pm Gold	
	5:30-7:15pm Silver	5:30-7:15pm Silver		5:30-7:15pm Silver	5:30-7:15pm Silver	
		5:30-6:45pm Bronze		5:30-6:45pm Bronze		
	28	29	30	31		
	5:15-7:15pm Platinum	5:15-7:15pm Platinum	5:15-7:15pm Platinum	Practice Breakdown:		
	5:15-7:15pm Gold	5:15-7:15pm Gold	5:30-6:45pm Bronze	Platinum A (Ages: 11-18) 5:15 - 7:15pm	Gold A (Ages: 11-18) 5:15 - 7:15pm	Silver A (Ages: 11-18) 5:30-7:15pm
	5:30-7:15pm Silver	5:30-7:15pm Silver		Platinum B (Ages: 5-11) 5:15 - 7:00pm	Gold B (Ages: 5-11) 5:15 - 7:00pm	Silver B (Ages: 5-11) 5:30-7:00pm
		5:30-6:45pm Bronze		Bronze A & B: 5:30 - 6:45pm		

Please visit www.applevalley.org for current schedules and Information