

A Better Way to Play

your guide to recreation in Apple Valley, CA



September - December 2011

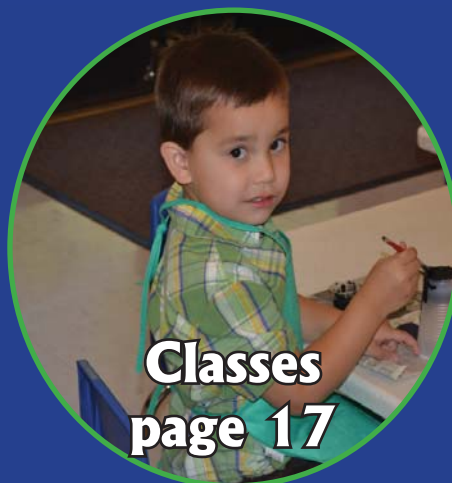
Hang out with us after school!



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








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Office Hours

Located at Town Hall
14955 Dale Evans Parkway

Monday - Thursday
7:30 am - 5:30 pm
Alternating Fridays
7:30 - 4:30 pm

Holiday Closures

Sept. 5, Oct. 10, Nov. 10,
Nov. 24, 25 & 28, Dec. 26 - Jan 2

(760) 240-7880
www.AVRecreation.org

Town Council

Meets 2nd & 4th Tuesday of every month at 6:30 p.m.
Town Council Chambers
Scott Nassif, Mayor
Barb Stanton, Mayor Pro Tem
Ginger Coleman, Council Member
Curt Emick, Council Member
Rick Roelle, Council Member

Park and Recreation Commission

Meets 1st Thursday of every other month at 6:00 p.m.
Town Council Chambers
Call (760) 240-7000, ext. 7885 for meeting dates
Raghada Khoury, Chairperson
Donald Tatera, Vice-Chairman
Mike Hinkle, Commissioner
Mike Martin, Commissioner
Jiles Smith, Commissioner

Therapeutic Recreation: Special Apples encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have opportunities to socialize and build life-long friendships. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence, cooperation and positive use of leisure time.

Special Apples Sports Night Basketball

Ages 16 & Up

Hoop it up at the Special Apples Basketball Night! We will start with stretching and warm ups and then work on improving techniques such as dribbling, shooting and passing.

Activity Fee: \$3

Location: James Woody Community Center Gym

Date:	Day:	Time:
Sept 10	Sat	6 - 8 pm



Wishing all of our families a very happy holiday season! As always, we will break for December and return on January 14, 2012. Hope everyone has a great holiday and a very Happy New Year!



Special Apples Costume Party

NEW Location!

Ages 13 & Up

Looking for somewhere to show off your Halloween costume? Then join us for the Halloween costume party! Dress your best and have an opportunity to win a prize in the costume contest. There will be plenty of fun, dancing, socializing and party games. Refreshments will be served.

Activity Fee: \$3

Location: Town Hall Conference Center

Date:	Day:	Time:
Oct 8	Sat	6 - 8 pm



Changing the world one disability at a time.

Special Apples Craft Night

Ages 5 & Up

Do you enjoy painting? How about small craft projects like pasting, decorating or paper mache? Then our craft night is the place to be! Craft selection will vary, but we are sure to have something for everyone.

Activity Fee: \$3

Location: James Woody Community Center Arts & Crafts Room

Date:	Day:	Time:
Nov 12	Sat	6 - 8 pm





Healthy Apple Valley

in conjunction with  Healthy High Desert

BE ACTIVE

EAT SMART

LIVE BETTER

The Town of Apple Valley has been awarded a grant by the County of San Bernardino Department of Public Health in support of the "Healthy Apple Valley" mission of improving the health and well-being of our residents through the promotion of healthy eating, education, cooking programs and physical activity.

Healthy Living Workshops

Ages 18 & Up

Led by a registered dietitian, learn healthier living through grocery shopping, balanced eating and fun exercise.

Sessions cover the following topics:

- Disease Prevention and Healthy Weight Loss
- Healthy Eating Basics on a Budget
- Family Physical Activity
- Label Reading and Grocery Shopping
- Free babysitting will be provided.

Activity Fee: FREE

Location: Apple Valley Conference Center

Date:	Day:	Time:
Oct 11, 18, 25	Tue	6 - 8 pm

Pre-registration is required.

Call (760) 240-7880 NOW to save your place in the Healthy Living Workshop Series

Proudly sponsored by St. Mary Medical Center
(760) 946-8170



Healthy Apple Valley Family Gym Night

All Ages

Shoot some hoops with Healthy Apple Valley staff as we get fit for the fall. Families have an opportunity to play in a non-competitive manner at the Family Gym Night. Staff will be there to assist with drills and scrimmage games. **Family Gym Night is for families, no minors permitted unless accompanied by a parent or legal guardian.**

Activity Fee: \$2 per person

Location: James Woody Community Center Gym

Date:	Day:	Time:
Nov 7	Mon	6 - 8 pm
Dec 12	Mon	6 - 8 pm

Civic Center Park Walking Path

Looking for a safe place to walk? Civic Center Park features a well-lit walking path. Come out any day of the week for a healthy walk around the park.

Brewster Social Walker's Club

All Ages

The Lenny Brewster Sports Center features a .8 mile dirt trail around the perimeter of the park. Join old friends and meet new ones while embracing your new healthy lifestyle.

Activity Fee: FREE

Location: Lenny Brewster Sports Center

Date:	Day:	Time:
Sept - Dec	Mon - Sun	Dawn - dusk

Apple Valley Farmer's Market

Come check us out every Friday

11 am - 6 pm

Lion's Park (between Flathead & Dale Evans Parkway)

Fresh produce, flowers, art, breads, green products and much more!

No Bake Snacks for Kids

Ages 7 - 10

Kids, you don't need to use the oven to cook! Join in the fun with our healthy, no bake cooking class! Learn new tasty recipes and tricks to making old recipes healthier. Nuts and dairy products will be used. Please specify when registering if your child has an allergy. Class will be hands on, so come hungry and don't forget your apron! Pre-registration is required. Limited to 15 participants.

Activity Fee: \$5 materials fee

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Oct 17	Mon	6 - 8 pm



Diabetes Awareness Group

Ages 18 & Up

The Diabetes Awareness Group of St Mary Medical Center has been recognized by the American Diabetes Association for Quality Self-Management Education. This course is designed to educate and bring awareness towards diabetes. Guest speakers attend monthly and will present a variety of Diabetes Topics. Class is facilitated by April Vincent RD,CDE and Teresa Miller BSN,CDE. For more information, please call (760) 946-8170.

Activity Fee: FREE

Location: St Mary Medical Center Annex building-
Brothers Conference Room, 18300 Hwy 18

Date:	Day:	Time:
Sept 27	Tue	6 - 7 pm
Oct 25	Tue	6 - 7 pm

American Heart Association HeartChase

Ages 18 & Up

The American Heart Association's HeartChase is an innovative community event that provides a fun, new way to promote healthy living and support a great cause. HeartChase is loads of fun with a purpose! We will bring families, friends and coworkers of all ages together in a community wide competition to uncover clues, solve puzzles and complete challenges in a race to the finish line. Cardiovascular disease and stroke are the #1 and # 3 killers in America, let's get up and do something about it. A HeartChase event is coming soon! To participate or help with planning please call (760) 240-7880 for more information. Date and time are TBA.



Family Fun Night

All Ages

Tired of the same old, same old? Join the Recreation staff at the Civic Center Park Retention Basin for Family Fun Nights! It's a time for families to break out of their hectic schedules and enjoy an evening of fun and adventure. No pre-registration required.

Activity Fee: FREE

Location: Civic Center Park Retention Basin

Date:	Day:	Time:
Sept 22 Kickball	Thur	6 - 7:30 pm
Nov 17 Family Field Day	Thur	6 - 7:30 pm

Early Morning Lap Swim

Ages 10 & Up

Early morning lap swim is a great opportunity for the early bird swimmer. We set up 8 lanes according to speed levels. Schedule is subject to change.

Activity Fee: \$3/person

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept - Oct	M - F Sat	6:15 - 10 am 8 - 10 am
Nov 2 - 30	M/W/F	6:15 - 10 am
Nov 1 - 29	T/Th/S	8 - 10 am
Dec 2 - 23	M/W/F	6:15 - 10 am
Dec 1 - 22	T/Th/S	8 - 10 am



The Aquatic Center will be closed Dec 24 - Jan 1 for the holiday season.

Aqua Fitness

Ages 16 & Up

Aqua Fitness is a low impact exercise program designed to give you an aerobic workout while developing your muscle tone and endurance. Get your body moving and maintain your health and well-being. Instructor: Debbie Bucarey

Activity Fee: 3 days a week/month \$33

2 days a week/month \$28 1 day a week/month \$19

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 2 - 30	M/W/F	7:30 - 8:30 am or
Sept 2 - 30	M/W/F	8:30 - 9:30 am
Sept 2 - 30	M/W/F	6 - 7 pm
Oct 3 - 31	M/W/F	8:30 - 9:30 am
Oct 3 - 31	M/W/F	6 - 7 pm
Nov 2 - 30	M/W/F	8:30 - 9:30 am
Dec 2 - 30	M/W/F	8:30 - 9:30 am



Evening Lap Swim

Ages 10 & Up

We divide 8 lanes according to speed levels. Schedule is subject to change.

Activity Fee: \$3/person

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 2 - Oct 28	M/W/F	7:45 - 9:45 pm

There will be no refunds for any swim programs that are cancelled due to inclement weather.

Splash Dance

Ages 16 & Up

A great work-out to good music in the pool. It's water aerobics with a kick! This fitness combination is both beneficial AND enjoyable. Ability to swim is optional - ability to have FUN is required! Instructor: Pam Adams

Activity Fee: 3 days a week/month \$33

2 days a week/month \$28 1 day a week/month \$19

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 3 - 29	Tu/Th/Sat	7:30 - 8:30 am or
Sept 3 - 29	Tu/Th/Sat	8:30 - 9:30 am
Oct 1 - 29	Tu/Th/Sat	8:30 - 9:30 am
Nov 1 - 29	Tu/Th/Sat	8:30 - 9:30 am
Dec 1 - 31	Tu/Th/Sat	8:30 - 9:30 am

Quick Card

The Quick Card is a prepaid discount admission card that provides access to lap swim and public swim. A photo is taken at the time of initial purchase. Cost for the card is an additional \$2.

Public Swim Passes

\$10/for 5 sessions
 \$24/for 15 sessions (save \$6!)
 \$46/for 30 sessions (save \$14!)

Lap Swim Passes

\$15/for 5 sessions
 \$36/for 15 sessions (save \$9!)
 \$69/for 30 sessions (save \$21!)

To purchase a Quick Card, visit the Aquatic Center or the Recreation Office. When you have a Quick Card, you can renew the card once passes have been exhausted.

Evening Public Swim

All Ages

Evening Public Swim is a time set aside for recreational swimming. Take an invigorating dip under the stars while enjoying the refreshing water. The pool is handicapped-accessible. Passes are not required.

Activity Fee: \$2/person

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 3 - 24	Sat	6:30 - 9:45 pm

Admission Policy

Swimmers must use exact change, personal check, credit card or Quick Card for admission to the Aquatic Center. All persons entering the pool deck will be charged the fee.

Diaper Policy:

In the interest of public health, children who are not toilet-trained must wear swimming diapers. NO regular diapers or loose-fitting swim suits are allowed.

Swim Suit Policy

All swimmers must wear a swimsuit. No jeans or cutoffs permitted. T-shirts are allowed as long as there is no offensive material. Females may not wear shorts with a shirt and bra. Swimsuits with built in flotation devices are not permitted. Life jackets are available. Only flotation devices issued by the Town of Apple Valley are permitted.



Public Swim

Ages 16 & Up

This is a time set aside for recreational swimmers of all ages to enjoy. Bring the family and enjoy the clear blue, refreshing water! The pool is handicapped-accessible. Passes are not required. Children not potty-trained must wear swim diapers.

Activity Fee: \$2/person

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 3 - 25	Sat & Sun	12:45 - 3:45 pm

Scuba Santa

All 16 & Up

After taking a brief safety course, you will dive into the deep end of the pool and have your picture taken with Santa. Kids who do not wish to dive can talk to Santa from the surface. Tours of police cars and helicopters will be available. Those wishing to dive with Santa need to bring a \$10 unwrapped gift which will be donated to Toys for Tots. This event is sponsored by Sea Stallion and the San Bernardino County Sheriff Dive Team.

Activity Fee: \$10 unwrapped gift, plus \$1 per picture

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Nov 12	Sat	11 am - 3 pm



Apple Valley WAVE

Age 5 - 18

Apple Valley WAVE has an enthusiastic and talented coaching staff that will motivate your child and make workouts exciting and challenging. Your child will meet new friends while learning all aspects of competitive swimming. The pool is heated to a comfortable temperature year-round.

- Prerequisite for new swimmers: must be at least 5 years old and capable of swimming 25 yards - both freestyle with rotary breathing and backstroke.
- The monthly fee and schedule are based upon the group your child qualifies in:
Bronze, Silver, Gold, Platinum

Try outs are held on Wednesdays at 5:30 pm. Swimmers will be placed in a level by the head coach.

Location: Civic Center Park Aquatic Center

Private Pool Parties

“just for the fun of it!”

The Aquatic Center features a junior Olympic-sized pool with crystal clear water that is heated to a comfortable temperature for year-round use. We have a variety of amenities available for your birthdays, team parties, family occasions and more!

Contact the Recreation Office at (760) 240-7880 for more details.

PADI Open Water Diver

SSI: SCUBA Schools International

Ages 12 & Up

The first step in your quest for underwater adventure is to become an open water diver. SSI's Open Water Diver program provides all the materials a student needs to become a comfortable and knowledgeable diver. Better yet, the SSI system provides the flexibility that students need to fit their busy schedules. The course uses full motion video to enhance the training process and SSI has packaged this video with the manual and workbook for home study use, so students can complete the classroom work in the comfort of their home and at their own pace.

Activity Fee: \$290

Location: Civic Center Park Aquatic Center

Date: TBA *Day:* TBA *Time:* TBA

Call the Recreation office at (760) 240-7880
for details and dates.

Wii Bowling Tournament

Active Adults 25 & Up

Dust off your old bowling shoes and join in the fun at our Wii bowling tournament. Bring your own team or play as an individual. You are sure to have a lot of fun!

Activity Fee: FREE

Location: Town Hall Recreation Center

Date:	Day:	Time:
Oct 6	Th	10 am - 12 pm

Pastries and Conversation

Active Adults 25 & Up

Want to get out of the house for a short while? Then join us for our Pastries and Conversation gathering. During this 2-hour social you will enjoy an assortment of teas and coffee along with your favorite pastries.

Activity Fee: FREE

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 13	Tu	8:30 - 10:30 am
Oct 11	Tu	8:30 - 10:30 am
Nov 8	Tu	8:30 - 10:30 am
Dec 6	Tu	8:30 - 10:30 am

Volunteer... for fulfillment and fun

An excellent way to enrich your life is to volunteer your time and skills to help our recreation programs be the very best. We know you have a lot to offer the younger generation, so join our team and let volunteering enhance your life and those around you!

Contact the Recreation Office at (760) 240-7880 for more information.



High Tea

Active Adults 25 & Up

Want to escape the every day grind and get out and meet new and old friends over a cup of tea? Join us at the Town Hall Recreation Center for tea, coffee and cookies. Get to know new people - laughter and conversation are guaranteed!

Activity Fee: FREE

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 28	Wed	2:30 - 4 pm
Oct 26	Wed	2:30 - 4 pm
Nov 30	Wed	2:30 - 4 pm
Dec 21	Wed	2:30 - 4 pm



Community Clean Up Day

All Ages Welcome

Take pride in your town and contribute to our Better Way of Life. Join nearly 1,000 local volunteers as we clean streets, sidewalks and vacant lots all around town. You get all the supplies you need plus lunch and an event T-shirt while supplies last. For more information and to pre-register, call (760) 240-7000 ext. 7071 or visit AppleValleyEvents.org. Volunteers wanted!

Activity Fee: FREE

Location: Check in at Town Hall

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Oct 22	Sat	8:30 am - 12 pm



Paws n' Claws Pet Fair

All Ages

Join the Town of Apple Valley Animal Services Department at the 6th Annual Paws n' Claws Pet Fair. The event will feature a kid's area, contests, vendors, food, vaccine clinic, snake avoidance training, microchipping and other demonstrations. Admission and parking are free.

Activity Fee: FREE

Location: Civic Center Park

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 10	Sat	10 am - 3 pm

Apple Valley Fall Festival

All Ages

Help us say good-bye to summer with our 4th Annual Fall Festival! The event will include unique fall activities, live bands, shopping, a classic car show, children's activities and yummy food. For more information call (760) 240-7000 ext. 7071 or visit AppleValleyEvents.org.

Activity Fee: FREE

Location: Civic Center Park

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 24	Sat	10 am - 4 pm

Equine Festival of Apple Valley

All Ages Welcome

It's all about the horse at the 5th Annual Equine Festival! The event focuses on our equestrian lifestyle and the many aspects of owning, showing, riding and enjoying horses. From dressage to trail riding, equine dentistry to first aid, and everything in between, the event will offer seminars, exhibits and clinics to learn about services and products available for the equestrian lifestyle. Vendors will be on hand selling items to horse owners, or just those who admire the equestrian lifestyle. For more information call (760) 240-700 ext. 7071 or visit AppleValleyEvents.org.

Activity Fee: FREE

Location: Horsemen's Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Oct 15	Sat	10 am - 5 pm

Magic Moments Face Painting

Rent a face painter for a birthday party or community event. A trained, experienced face painter is just the entertainment your next party needs. Your choice of cheek art or fully-painted faces.

Subject to availability;
two weeks notice is required.

Call (760) 240-7880 for reservations.

\$50 for the first 1 hour;
\$15 each additional 1/2 hour
+ mileage from Town Hall to your location.

Face painting provided by Alicia Dannelley
Visit www.AVRecreation.org to see photos of her work.
Go to "Recreation Events" and then click on
"Magic Moments Face Painting."

Party Packages

For ages 8 & under

Let the Town of Apple Valley Park and Recreation Department take care of your party planning needs. Our staff will help you coordinate a successful party.

Maximum of 25 guests.

Save \$10 when you book an hour of face painting through Magic Moments Face Painting.

Ask about our skate park party packages too!
Call (760) 240-7880 for details



NEW Location! Holiday Craft Fair

Ages 16 & Up

Save on gas and have your holiday shopping complete before Thanksgiving! The Annual Holiday Craft Fair is like visiting 48 stores all at once as booths offer an array of holiday delights such as tole painting, quilts, jewelry and wood work. Take pride in knowing the show is 100% hand-crafted. Spaces are available for \$30. For information call (760) 240-7000 ext. 7071 or visit AppleValleyEvents.org.

Activity Fee: FREE

Location: Apple Valley Conference Center

Date:	Day:	Time:
Nov 12	Sat	9 am - 3 pm



Apple Valley's Most Talented Kid

Ages 3 - 18

The Town of Apple Valley wants to showcase our most talented kids! Join us for a night filled with singing, dancing, fun and old-fashioned root beer floats. Boys and girls are invited to perform. Sign up deadline is 11/17. Performers must fill out an information sheet and attend a rehearsal on Wednesday, 11/30. Participants will be judged and the top 3 performers in each age category will receive an award. Space is limited so sign up soon!

Activity Fee: \$3 admission

Location: James Woody Community Center Auditorium

Date:	Day:	Time:
Dec 2	Fri	6 - 9 pm

Haunted House

Get the scare of your life!

This Haunted House is frightfully awesome!

Do you enjoy being scared out of your wits?

Do you get squeamish at the sight of blood?

Then this is for you!

The Haunted House is guaranteed to give you the fright of your life!

Definitely NOT recommended for children under the age of 8 - nor for the faint of heart!

Interested in volunteering to help or sponsoring a room at the Haunted House? Would you like to sponsor a game booth at the Kiddie Carnival?

Please call (760)240-7880 for more information



October 28 & 29

6 - 9 pm

*James Woody Community
Center Mini-Gym*

\$3/person

Repeat visits on the same night: \$1

K I D D I E

C A R N I V A L

Come and join us at our Annual Halloween Kiddie Carnival! Children and families can enjoy games, face painting, music and food vendors at this fun-filled family event. Over 15 different games and activities will be available both indoors and outdoors. Children can win a small prize or a ticket to save and redeem for a bigger prize. Tickets are 25 cents and most games or activities are 2 tickets. Hope to see you there!

Costume Contest: Judging will take place on stage at 6:00 pm. Age categories: 2 and under, 3-5 years, 6-8 years and 9-12 years. Prizes will be awarded to the best villain, the best hero or heroine, the cutest creature and the most unusual or unique.

Ages 12 & under

October 29

4 - 7 pm

**James Woody Community
Center Auditorium**

FREE Admission

Tickets for games may be purchased at the door.



Pictures with Santa

All Ages

Get your picture taken with Santa for an affordable price. \$20 appointment fee includes a glossy 8" x 10" print. Call (760) 240-7880 to reserve and pay for your appointment.

Additional photos are also available:

One (1) 4" x 6" glossy print.....\$7

One (1) 8.5" x 11" sheet print.....\$10

Any three (3) 8.5" x 11" glossy sheets....\$25

Activity Fee: \$20 appointment fee per group

Location: Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Nov 21	Mon	10 am - 2 pm
Nov 22	Tue	2 - 6 pm
Nov 23	Wed	10 am - 2 pm
Nov 29	Tue	4 - 8 pm
Dec 6	Tue	4 - 8 pm
Dec 8	Thur	2 - 6 pm
Dec 9	Fri	2 - 6 pm

Rent-A-Santa

Reserve Santa and he'll visit your home or party! Santa is available to deliver packages, listen to children's wish lists or sing a few songs. Call (760) 240-7880 for information.

Reservations available for
November 1 - December 24

\$40/1st half hour, \$25/each half hour after +
55 cents per mile from Town Hall to your location

Reserve your date and time today!



Santa in the Park

All Ages Welcome

Santa will be making his way to Apple Valley early this year. Join us after school for an afternoon in the park with Santa. He will listen to children's wish lists and will be available for photos. Don't forget your camera.

Activity Fee: FREE

Location: James Woody Community Center Park

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Dec 7	Wed	3 - 5 pm
Dec 14	Wed	3 - 5 pm



Cocoa and Carols with Santa

All Ages

Enjoy a night with Santa and get into the spirit of Christmas by singing carols, reading stories and sharing in some hot cocoa and cookies with your friends and loved ones. Bring a wrapped gift for Santa to present to your child.

Activity Fee: \$7/person

Location: Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Dec 16	Fri	7 - 8:30 pm

Winter Wonderland

All Ages Welcome

Santa is stopping in at Town Hall and turning this desert oasis into a Winter Wonderland. There will be holiday crafts, photos with Santa, face painting, a holiday train ride, live entertainment, Christmas caroling, warm treats and a tree lighting to top it all off. Bring the whole family for kid-friendly fun! For more information call (760) 240-7000 ext. 7071 or visit AppleValleyEvents.org.

Activity Fee: FREE

Location: Civic Center Park

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Dec 3	Sat	2 - 6 pm

Fall Men's Adult Basketball League

Ages 18 & Up

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. Only 8 teams will be accepted. Registration deadline is 9/29.

Activity Fee: \$325/team

Location: James Woody Community Center Gym

Date:	Day:	Time:
Oct 16	Sun	5 - 9 pm



Fall Men's Adult Softball League

Ages 18 & Up

Gather up a few good friends and let's play some ball! League play will run for 9 weeks. The championship team will receive a gift certificate for Valley Sporting Goods. Registration deadline is 9/1.

Activity Fee: \$315/team

Location: Lenny Brewster Sports Center

Date:	Day:	Time:
Sept 18	Sun	2 - 8 pm

Fall Co-ed Softball League

Ages 18 & Up

Fall league now forming! Contact the Recreation Office at (760) 240-7880 to register your team. All players must be over 18 years of age. Registration deadline is 9/1. No game 11/25. Only 12 teams will be accepted in this league, so register early! Men must use a wooden softball bat.

Activity Fee: \$315/team

Location: Lenny Brewster Sports Center

Date:	Day:	Time:
Sept 16	Fri	5 - 10:45 pm



James Woody Community Center Gym

Located at 13413 Navajo Road, the facility includes a full-size basketball court and two full-size volleyball courts. Children under 12 must be accompanied by an adult. Call (760) 240-4892 for details and schedule.

Open Gym (Basketball)

Schedule is subject to change and will vary depending on current league schedule.

Wednesdays 6:00 - 9:00 pm

Fridays 6:00 - 9:00 pm

Sundays 1:00 - 4:00 pm

Cost: \$2/youth \$3/adult



Winter Youth Basketball

Grades 2 - 12

This recreation program emphasizes sportsmanship, learning basic skills, teamwork and fun! All girls and boys, grades 2-12 are invited to play in this exciting winter league. Practice (1 hour per week) will begin in mid-December. Games are played on Saturdays, beginning January 7. Separate leagues for girls and boys will be offered in the following age divisions: 2nd grade, 3rd-4th, 5th-6th, 7th-9th (girls) and High School (co-ed). Fee includes 8-week season, game shirt, officials, score keepers and gym costs. Season runs December - February. Volunteer coaches are needed. Due to limited capacity, registration prior to the deadline is recommended. Registration deadline is 11/14.

Activity Fee: \$50

Location: Various Apple Valley Gyms

Date:	Day:	Time:
Games start Jan 7	Sat	Games between 8 am - 5pm



Adventures in Pee Wee Sports

Ages 3 & 4

This 6-week session will stress the basic skills needed for popular team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended. Registration deadline is one week prior to the start date.

Activity Fee: \$40

Location: James Woody Community Center

Date:	Day:	Time:
Sept 21 - Oct 26	Wed	4:30 - 5:30 pm
Oct 8 - Nov 12	Sat	11:30 am - 12:30 pm

Winter Pee Wee & Hot Shots Basketball

Pee Wee Ages 3 & 4
Hot Shots Ages 5 & 6

A fun, non-competitive introduction to basketball for the little ones. Basic skills will be taught while having fun with other youngsters! Volunteer coaches needed. Cost includes t-shirt, team party and trophy. Registration deadline is 12/1. Due to limited capacity, registration prior to the deadline is recommended.

Activity Fee: \$40

Location: James Woody Community Center Mini-Gym

Date:	Day:	Time:
Games start Jan 7	Sat	Mornings



Youth 3-on-3 Soccer Tournament

The Town of Apple Valley and the High Desert Youth Soccer League will offer a one day youth 3-on-3 soccer tournament. All skill levels welcomed. Three games guaranteed. Registration deadline is 8/25. Call (760) 240-7880 for more information.

Divisions (Boys & Girls): U-8, U-10, U-12, U-14

Activity Fee: \$30/team

Location: Apple Valley Middle School

Date:	Day:	Time:
Sept 3	Sat	starts @ 9 am

Turkey Run

5K Walk & 5K/10K Run
November 19, 2011
Check in at 7 am at the
Town Hall Recreation Center
Race starts at 8 am

Help the Town of Apple Valley kick off the holiday season by running in the 9th Annual Turkey Run! Separate awards will be given to men, women and children in different age divisions. A signed liability waiver is required for all participants. FREE commemorative race T-shirts for the first 50 pre-registered, paid runners. Pre-register by 11/17 at \$15. Day of race is \$18. Limited supply of T-shirts are available for \$10.



Sponsored by:



Official Run Entry Form

Mail to: Town of Apple Valley Recreation Department, 14955 Dale Evans Parkway, Apple Valley, CA 92307

Name _____ Date of Birth _____ Age _____

Address _____ City _____ Zip Code _____

Phone _____ Alternate Phone _____ E-mail _____

Circle Appropriate Fee:

Runners: 5K / 10K Run \$15 Pre-register by Nov 17

\$18 Day of race

Walkers: 5K Walk

FREE (must sign a liability waiver to participate)

I Wish to Enter the Following:

5K Run _____ 10K Run _____ 5K Walk _____

Female _____ Male _____

Age Divisions:

12 & under (5K only) 13 - 17 18 - 29 30 - 39 40 - 49 50 - 59 60 & up

(only applies to run participants; walkers do not need to circle an age group)

T-shirt:

\$10 (limited supply) yes _____ no _____ FREE shirt _____

Please circle size:

S M L XL

Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. I understand the race is run on public streets that are not closed to vehicular traffic. I will run on the shoulder whenever possible and take all safety precautions when on the road. The Town is not responsible for participant's injuries or damages occurring from hazardous recreation activities (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities.

Participant Signature _____ Date _____

Parent Signature (if under age 18) _____ Date _____

Office Use: Date Paid _____ Amount Paid _____ CA/CK _____ Shirt Rec'd _____ Initials _____

Academic Tots

Introduce your child to a place where they can grow and explore through a variety of learning experiences. Classes are taught by Olivia Ayala who has over 20 years hands-on experience. Classes follow the AVUSD calendar. Parent participation is required twice a month. An annual \$25 registration fee, in cash, is due on the first day of class and paid to the instructor. Call Olivia at (760) 240-1159 for more information. See details for each class below. No class 10/10-10/14 & 11/21-11/25.

Activity Fee: \$59/4 weeks

Location: James Woody Community Center Auditorium

Small Fries

Age 3

- Class provides an opportunity for children to separate from their parents.
- Introduction to sharing and cooperative play.
- Introduction to early learning - colors, shapes, counting and alphabet.
- Increase attention span, improve social growth and develop language skills.

Date:	Day:	Time:
starts Aug 10	Wed/Fri	8:30 - 11:00 am

Tater Tots Pre K

Age 4

- Child must be 4 by November 1st.
- Program progresses as child progresses in a developmentally appropriate environment.
- Emphasis on letter recognition, math concepts and kindergarten readiness.
- Reinforcement of letters, phonics and number recognition.
- Learn how to follow directions, improve language skills and social growth.

Date:	Day:	Time:
starts Aug 9	Tu/Th	8:30 - 11:00 am



Tots Academy

Ages 3 1/2 - 4

A drop off class designed to prepare your child for kindergarten. This program will review the letters of the alphabet, phonics, numbers, shapes and colors. Parents must volunteer a minimum of one day per month. No class 10/11, 10/13, 11/22 & 11/24.

Instructor: Rosanne Abolnik

Activity Fee: \$55/4 weeks \$41.75 (Oct & Dec)

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 6 - 29	Tu/Th	9:30 - 11:30 am
Oct 4 - 27	Tu/Th	9:30 - 11:30 am
Nov 1 - Dec 1	Tu/Th	9:30 - 11:30 am
Dec 6 - 22	Tu/Th	9:30 - 11:30 am



Parent & Tot Time

Ages 2 - 3 1/2

Parent & Tot is a class for you and your toddler. We will learn the basics by having fun with activities, crafts and story time. No class 10/11, 10/13, 11/22 & 11/24.

Instructor: Rosanne Abolnik

Activity Fee: \$48/4 weeks \$36.50 (Oct & Dec)

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 6 - 29	Tu/Th	8 - 9 am
Oct 4 - 27	Tu/Th	8 - 9 am
Nov 1 - Dec 1	Tu/Th	8 - 9 am
Dec 6 - 22	Tu/Th	8 - 9 am

Evening Parent & Tot Time

Ages 2 - 4

Join in on the evening version of one of our most popular classes! This program is structured the same as the morning class. No class 10/12 & 11/23. Instructor: Rosanne Abolnik

Activity Fee: \$25/4 weeks \$19.25 (Oct & Dec)

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 7 - 28	Wed	5:30 - 6:30 pm
Oct 5 - 26	Wed	5:30 - 6:30 pm
Nov 2 - 30	Wed	5:30 - 6:30 pm
Dec 7 - 21	Wed	5:30 - 6:30 pm

Rainbow Connection

Ages 3 - 5

Come join this fun art class where your preschool-aged children can express themselves through painting. They will learn how to mix and name colors and recognize shapes. The only supply needed is an old shirt or smock.

Instructor: Alicia Dannelley

Activity Fee: \$20.75 (Sept) \$27 (Oct)

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 12 - 26	Mon	9 - 9:50 am
Oct 3 - 24	Mon	9 - 9:50 am

Mommy & Me Gymnastics

Ages 1 1/2 - 3

Mommy and Me Gymnastics is a child-parent interactive program that stimulates your child's athletic ability. Register in advance at Town Hall. A \$35 annual registration fee is due on the first day of class. This fee is for insurance and general maintenance costs. Registration fee is paid directly to 360 Gymnastics.

Activity Fee: \$30/month

Location: 360 Freestyle Gymnastics Academy
22355 Powhatan Rd, C-1 Apple Valley

Date:	Day:	Time:
Sept 7 - 28	Wed	2:30 - 3 pm
Oct 5 - 26	Wed	2:30 - 3 pm
Nov 2 - 30	Wed	2:30 - 3 pm
Dec 7 - 28	Wed	2:30 - 3 pm

Tumble Tots Gymnastics

Ages 4 - 6

This class is designed to introduce young children to the fundamentals of gymnastics. Register in advance at Town Hall. A \$35 annual registration fee is due on the first day of class. This fee is for insurance and general maintenance costs. Registration fee is paid directly to 360 Gymnastics.

Activity Fee: \$35/month

Location: 360 Freestyle Gymnastics Academy
22355 Powhatan Rd, C-1 Apple Valley

Date:	Day:	Time:
Sept 2 - 30	Fri	3:15 - 4 pm
Oct 7 - 28	Fri	3:15 - 4 pm
Nov 4 - 18	Fri	3:15 - 4 pm
Dec 2 - 23	Fri	3:15 - 4 pm

Preschool Tap & Ballet

Ages 3 - 6

Help your child develop self-confidence and poise through the art of ballet and tap dance. Posture, grace, rhythm, arm and foot positions and basic stretches will be taught. Instructor: Angel Lin

Activity Fee: \$27 \$20.75 (Dec)

Location: James Woody Community Center
Auditorium Stage

Date:	Day:	Time:
Sept 7 - 28	Wed	3 - 3:45 pm
Oct 5 - 26	Wed	3 - 3:45 pm
Nov 2 - 23	Wed	3 - 3:45 pm
Dec 7 - 21	Wed	3 - 3:45 pm



Tiny Tigers Karate

Ages 4 - 6

This karate class for youngsters will focus on basic karate techniques through fast-paced and fun activities. It's a great way to improve coordination and focus. This class is taught by Sensei Paul Walker, 5th degree black belt. Family discounts available. Additional fees apply for uniforms (\$42) and testing (\$25-\$30) and are paid to the instructor.

Activity Fee: \$42 \$32 (Nov)

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Sept 1 - 22	Th	6 - 6:30 pm
Oct 6 - 27	Th	6 - 6:30 pm
Nov 3 - 17	Th	6 - 6:30 pm
Dec 1 - 22	Th	6 - 6:30 pm

Pee Wee Tennis

Ages 3 - 5

Sign up today and your child will experience a challenging learning environment where they can master new skills. Small group lessons are offered for the young tennis enthusiast. Please bring a tennis racquet and a can of balls. Register at Town Hall. Instructor: Bill Mocharnuk

Activity Fee: \$22/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Sept 3 - 24	Sat	8 - 8:30 am
Oct 1 - 22	Sat	8 - 8:30 am
Nov 5 - 19	Sat	8 - 8:30 am
Dec 3 - 17	Sat	8 - 8:30 am



Day Camp

Grades K - 6

Day Camp is the perfect school break solution for young adventurers. Boys and girls are divided by grades (K-3 and 4-6), and have at least one counselor for every 12 day campers. The entire park is utilized for a full schedule of activities. Sports are offered daily, with emphasis on skill development and sportsmanship. Campers also take part in science and nature experiments as well as interesting craft projects. Favorite playground games like Capture-the-Flag and Ultimate Frisbee are mixed with other activities like board games or a scavenger hunt. The recreation staff is assisted by responsible high school and college-aged students, providing a fun, safe environment for the campers. Bring lunch and a morning snack. Program is limited to the first 60 participants, so register early!

Activity Fee: \$88/week (full time) \$45/week (1/2 days)

Location: Town Hall Recreation Center

Date:	Day:	Time:
Oct 10 - 14	M - F	7 am - 6:15 pm
Dec 19 - 30	M - F	7 am - 6:15 pm



After School Activities Program Fun Factory

The After School Activities Program (ASAP) is the place to be!

Our program offers:

- Homework club
- Music
- Dance
- Indoor and outdoor games
- Arts and crafts
- Cooking
- Afternoon snack

ASAP is offered at:

AAE Lewis Center (Corwin Road Campus)	2:50 - 6:15 pm	(2 - 4)
AAE Lewis Center (Thunderbird Campus)	3:10 - 6:15 pm	(K - 1)
Desert Knolls	3:15 - 6:15 pm	(K - 6)
Rio Vista	3:15 - 6:15 pm	(K - 6)
Sitting Bull Academy (Lower Campus)	2:30 - 5:30 pm	(K - 4)
Sitting Bull Academy (Upper Campus)	2:30 - 5:30 pm	(5 - 8)
Vanguard Preparatory School	2:30 - 5:30 pm	(K - 8)

ASAP starts as soon as school gets out, including minimum days.
There is no program during non-school days. Children must be pre-registered prior to attending.

\$33/weekly registration

Register at the Recreation counter at Town Hall.

ASAP Only: Pay by phone option! Call (760) 240-7880 for details!

Zumbatomic® LIL' Starz

Ages 4 - 7

Zumbatomic® is a fun and healthy program for children using the ZUMBA® fitness concept. A different look at fitness fun and games are the main focus, while keeping kids active and energized. No class 11/24. Instructor: Maria Chapman

Activity Fee: \$22/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 1 - 29	Tu or Th	4:30 - 5:10 pm
Oct 4 - 27	Tu or Th	4:30 - 5:10 pm
Nov 1 - 29	Tu or Th	4:30 - 5:10 pm
Dec 1 - 22	Tu or Th	4:30 - 5:10 pm

Zumbatomic® BIG Starz

Ages 8 - 12

Zumbatomic® is a fun and healthy program for children using the ZUMBA® fitness concept. A different look at fitness fun and games are the main focus, while keeping kids active and energized. Instructor: Maria Chapman

Activity Fee: \$22/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 7 - 28	Wed	5 - 5:50 pm
Oct 5 - 26	Wed	5 - 5:50 pm
Nov 2 - 30	Wed	5 - 5:50 pm
Dec 7 - 21	Wed	5 - 5:50 pm

Youth Tumbling

Ages 5 - 15

Learn jumps, rolls, cartwheels, walkovers and hand springs. Classes also cover stretching and conditioning exercises. Advancement is at the discretion of the coach. Form-fitting clothing is required. Instructor: Lonnie Richling

Activity Fee: \$37 (Level 1) \$9.50 (Level 2)

Location: James Woody Community Center Mini-Gym

Date:	Day:	Time:
Sept 6 - 27	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)
Oct 4 - 25	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)
Nov 1 - 22	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)
Dec 6 - 20	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)

Beginning Gymnastics

Ages 7 - 12

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall. A \$35 annual registration fee is due on the first day of class. This fee is for insurance and general maintenance costs. Registration fee is paid directly to 360 Gymnastics.

Activity Fee: \$40/month

Location: 360 Freestyle Gymnastics Academy
22355 Powhattan Rd, C-1, Apple Valley

Date:	Day:	Time:
Sept 2 - 30	Fri	4 - 5 pm
Oct 7 - 28	Fri	4 - 5 pm
Nov 4 - 18	Fri	4 - 5 pm
Dec 2 - 23	Fri	4 - 5 pm

Teen Zone

Ages 13 - 16

Do you have a desire to help your community? Then come volunteer with the Recreation Department. You can earn school credit and gain valuable job experience while having fun helping with sports programs and special events. You can also attend educational workshops throughout the year and earn quarterly awards. Teen Zone meets once a month at the Town Hall Recreation Center. If you are interested in getting involved, you may pick up an application at the Recreation counter at Town Hall.

For more information contact Alicia Dannelley at (760) 240-7000, ext. 7891.



Pom Pom

Ages 4 1/2 - 13

Join in with the Shining Stars and possibly march in the Disneyland Main Street Parade. Marching and dance routines will be taught. Tennis shoes and comfortable clothing are required. Pom poms can be purchased from the instructor for \$22. Instructor: Shari Taylor

Activity Fee: \$30/month \$23 (Nov)

Location: James Woody Community Center Auditorium

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 1 - 22	Th	6:45 - 7:30 pm
Oct 6 - 27	Th	6:45 - 7:30 pm
Nov 3 - 17	Th	6:45 - 7:30 pm
Dec 1 - 22	Th	6:45 - 7:30 pm



Little Gypsy Dance

Ages 11 - 15

Learn the origin of music and dance from around the world. This exciting cultural/ethnic dance class will promote self-esteem, graceful moves and fun fitness for young girls. Instructor: Diane Ona

Activity Fee: \$32/month \$24.50 (Nov)

Location: James Woody Community Center Arts & Craft Room

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 1 - 22	Th	3 - 4 pm
Oct 6 - 27	Th	3 - 4 pm
Nov 3 - 17	Th	3 - 4 pm
Dec 1 - 22	Th	3 - 4 pm

Baton Twirling

Ages 4 1/2 - 13

This class will focus on body coordination and self-discipline. Our goal is to enter competitions, march in local parades and in the Disneyland Christmas Parade in December. Tennis shoes and comfortable clothing are required. Batons are available from the instructor for \$25 (new) or \$10 (used). Instructor: Shari Taylor

Activity Fee: \$30/month \$23 (Nov)

Location: James Woody Community Center Auditorium

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 1 - 22	Th	6 - 6:45 pm
Oct 6 - 27	Th	6 - 6:45 pm
Nov 3 - 17	Th	6 - 6:45 pm
Dec 1 - 22	Th	6 - 6:45 pm

Ballet

Ages 6 - 12

Ballet is a poised style of dance that uses every muscle in the body. It focuses on pointe work and flowing movements. Students will learn the basics of ballet which include grace, flexibility and posture. Appropriate ballet attire and shoes are required, but are not included in the class fee. Instructor: Lonnie Richling

Activity Fee: \$37/4 weeks \$28.25 (Dec)

Location: James Woody Community Center Arts & Crafts Room

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 6 - 27	Tu	6 - 6:50 pm
Oct 4 - 25	Tu	6 - 6:50 pm
Nov 1 - 22	Tu	6 - 6:50 pm
Dec 6 - 20	Tu	6 - 6:50 pm

Hip Hop

Ages 6 - 18

Hip Hop is an energetic and creative form of dance that is sure to get you moving! Learn the fundamentals of a variety of Hip Hop movements. Bring your water bottle! Knee pads are required. Instructor: Chad Rodgers

4 - 5 pm (Beg) 5 - 6 pm (Adv)

Activity Fee: \$32/month

Location: James Woody Community Center Arts & Crafts Room

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 2 - 30	Fri	See above
Oct 7 - 28	Fri	See above
Nov 4 - 18	Fri	See above
Dec 2 - 23	Fri	See above

Driver's Education

Ages 14 - 18

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel training.

Internet Course

Within 48 hours of registration, the student will have an account created and receive a welcome e-mail and access to the course online.

Activity Fee: \$77

Home Study Course

The home study course includes a full color textbook and five educational videos. Materials will be shipped within 5 days of registration. Students have 30 days to complete the course.

Activity Fee: \$92



Junior Golf

Ages 5 - 17

Golf lessons just for the kids! Students will learn basic rules and etiquette of golf as well the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt-no jeans. Fee includes use of golf clubs and balls. Register at Town Hall.

Activity Fee: \$47/month \$35.75 (Dec)

Location: Apple Valley Country Club

Date:	Day:	Time:	
Sept 3 - 24	Sat	9 - 9:45 am	(5 - 9 years)
		10 - 10:45 am	(10 - 17 years)
Oct 1 - 22	Sat	9 - 9:45 am	(5 - 9 years)
		10 - 10:45 am	(10 - 17 years)
Oct 29 - Nov 19	Sat	12 - 12:45 pm	(5 - 9 years)
		1 - 1:45 pm	(10 - 17 years)
Dec 3 - 17	Sat	12 - 12:45 pm	(5 - 9 years)
		1 - 1:45 pm	(10 - 17 years)

Algebra Workshop

Grades 7 - 12

Struggling with Algebra? This workshop is for those who need a little extra help with Algebraic expressions. Content is based on California education standards and is designed for grades 7-12. Instructor is an Arizona State University graduate and is great with all types of learners. Instructor aides will also be available for additional one-on-one help. Students are welcome to bring in homework too. Bring \$5 to the last class for pizza. Instructor: Mauricio Ariza

Activity Fee: \$76

Location: Town Hall Development Services Building
Conference Room 1

Date:	Day:	Time:
Aug 22, 24, 29, 31	Mon/Wed	3:30 - 6 pm
Sept 19, 21, 26, 28	Mon/Wed	3:30 - 6 pm

Teen Art Workshop

Ages 13 - 17

Get in touch with your artistic side! This 2-day workshop will be offered during the AVUSD fall break and covers the fundamentals of drawing and painting. All supplies are included. Contact Alicia Dannelley at (760) 524-7139 for more information.

Activity Fee: \$44

Location: Town Hall Recreation Center

Date:	Day:	Time:
Oct 13 & 14	Th/Fri	1 - 4 pm

Youth Tennis Lessons

Ages 6 - 17

Kids of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. Instructor: Bill Mocharnuk

Activity Fee: \$27/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Sept 3 - 24	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)
Oct 1 - 22	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)
Nov 5 - 19	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)
Dec 3 - 17	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)

3-Diamond Skate Park

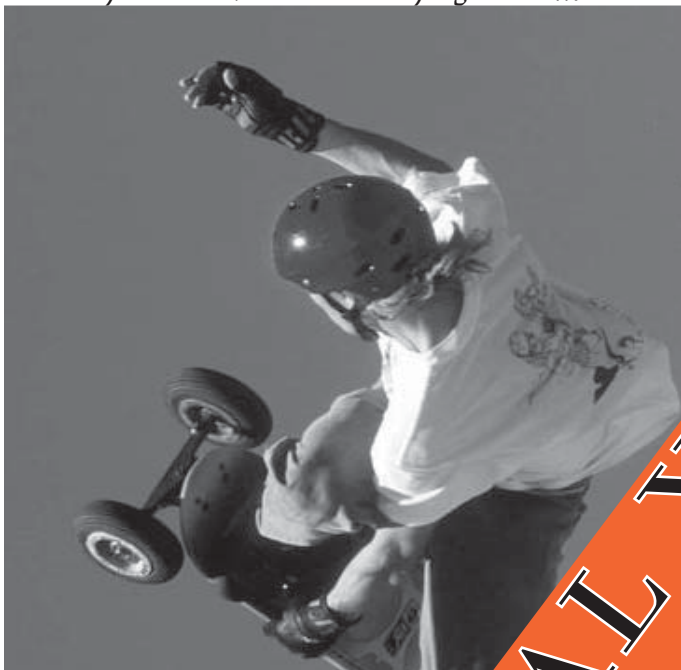
Located at the James Woody Community Center

Open 9 am - dusk

Skateboard and BMX aficionados will now be able to enjoy the 3 Diamond Skate Park. The park has been renovated and expanded to accommodate both skateboard and BMX bike use.

The recently renovated park now has a distinct plaza style with stairs, ledges, a huge quarter pipe and more. BMX bikes, skateboards, roller skates and in-line skates are allowed.

All park users please be aware that the Town of Apple Valley has adopted Town Ordinance 11.68.060, the requirement for wearing a helmet, elbow and knee pads at all times while in the skate park. The rules are enforceable and citable. Thank you in advance for obeying the law.



AV PAL Youth Center



Ages 7 - 17

Programs are offered at the Apple Valley Youth Center or at the Boxing Center

Youth Center is open Monday - Friday

The Apple Valley Police Activities League (PAL) provides after school mentoring programs and athletic and life skills to our children at little or no cost. The Youth Center offers programs such as boxing and is a place where Apple Valley youth can play pool, ping pong, use the computer and the internet in a monitored environment, or simply hang out with their peers.

For more details, call (760) 961-0754 or visit our website at www.avpal.org

Locations: Youth Center: James Woody Community Center
Ward Room

Boxing Center: 22390 Eyota Road

This program is conducted by the Apple Valley PAL and is not sponsored by the Town of Apple Valley Park and Recreation Department

Learn to Swing

Ages 13 & Up

Learn the energetic dances of the 1920s - 1940s. Basic East/West Coast and Charleston, as well as the Lindy Hop. No partner required. Dress comfortably, no sandals, boots or heavy shoes. Instructor: Tyler Hendrick

Activity Fee: \$30/month/individual \$50/month/couple
\$23/individual (Dec) \$38/couple (Dec)

Location: James Woody Community Center Auditorium

Date:	Day:	Time:
Sept 7 - 28	Wed	6:30 - 7:30 pm
Oct 5 - 26	Wed	6:30 - 7:30 pm
Nov 2 - 23	Wed	6:30 - 7:30 pm
Dec 7 - 21	Wed	6:30 - 7:30 pm

Belly Dancing

Ages 16 & Up

Belly dancing encourages wellness and promotes self-confidence in women of all ages. Learn the fundamentals of Middle Eastern style dancing, focusing on folk, gypsy and Greek styles. Instructor: Diane Ona

6 - 7 pm (Beg) 7:15 - 8:15 pm (Adv)

Activity Fee: \$32/4 weeks \$24.50 (Dec)

Location: James Woody Community Center Arts & Crafts Room

Date:	Day:	Time:
Sept 7 - 28	Wed	See above
Oct 5 - 26	Wed	See above
Nov 2 - 23	Wed	See above
Dec 7 - 21	Wed	See above

Just ONCE Piano - Online

Ages 18 & Up

You don't need years of weekly lessons to learn the piano. In just a few hours you can learn enough secrets of the trade to give you years of musical enjoyment. Learn all the chords you'll need to play any song in this one session.

Instructor: Craig Coffman

This is a virtual classroom. You will be able to interact LIVE with the instructor just like in a real classroom. All you need is a computer, webcam, microphone, high speed internet connection and piano/keyboard. Fee includes workbook and practice CD.

Activity Fee: \$58

Date:	Day:	Time:
Oct 23	Sun	4 - 7 pm

Intro to Watercolor

Ages 18 & Up

Learn how to create bold, colorful watercolor paintings and discover the artist that you are! Professional artist Yevgenia Watts will walk you through the basics of painting in water color. The class covers tools and supplies for watercolor painting, techniques and methods, composition, values and color. Class is intended for beginning to intermediate students. Basic drawing skills recommended, but not required. A \$35 supply fee is due at the first class. Supplies can also be purchased on your own. A supply list will be provided.

Activity Fee: \$135/6 weeks

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 2 - Oct 7	Fri	6 - 8:30 pm
Oct 14 - Nov 18	Fri	6 - 8:30 pm



Dog Obedience

Ages 12 & Up

In this basic dog obedience course your dog will learn to walk on a leash, sit, lay down, stay, come when called and stand still for grooming/exams. Dogs must be current on all vaccines, including rabies. Bring your vaccination record and registration receipt to the first class. Leashes and collars available for purchase for \$20 during the first two sessions. Call Claudia Wolff at (760) 298-1369 or visit www.seawolffdogschool.com for more information. 10% off if you adopt from the Town Animal Shelter or the Victor Valley Animal Protection League.

Activity Fee: \$87/7 weeks

Location: Corwin Park

Date:	Day:	Time:
Oct 1 - Nov 12	Sat	10 - 11 am

Fitness Bootcamp

Ages 18 & Up

Lose weight, tone muscles and build endurance. Based on police/military-style physical training, this class introduces civilians to a healthy lifestyle through sound nutrition, cardio-training and resistance exercise. Each session is now 4 weeks. Instructor: LDC Training

Activity Fee: \$51/4 weeks

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 7 - 28	M/W	6:30 - 8 pm
Oct 3 - 26	M/W	6:30 - 8 pm
Oct 31 - Nov 23	M/W	6:30 - 8 pm
Nov 28 - Dec 21	M/W	6:30 - 8 pm



Baby Bootcamp

Ages 18 & Up

Get back into shape and lose the baby fat in this fun and interactive fitness class designed just for you AND your baby! Learn the do's and don'ts of safe and effective fitness for all new moms through sound nutrition, cardio training and resistance exercise. Bring your infant up to 12 months old or a set of hand weights. Yoga-style mat required.

Instructor: LDC Training

Activity Fee: \$31/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 12 - 26	Mon	5 - 6 pm
Sept 6 - 27	Tue	10 - 11 am
Oct 3 - 24	Mon	5 - 6 pm
Oct 4 - 25	Tue	10 - 11 am
Nov 7 - 28	Mon	5 - 6 pm
Nov 8 - 29	Tue	10 - 11 am
Dec 5 - 19	Mon	5 - 6 pm
Dec 6 - 20	Tue	10 - 11 am

Yoga

Ages 16 & Up

Are you looking for a workout program that is easy to learn, requires little or no equipment and soothes your soul while toning your body? If strengthening your cardiovascular system, stretching your muscles and improving your mental fitness are on your to-do list, then this class is for you! No class 11/24. Instructor: Debbie Bucarey

Activity Fee: \$28/2 classes a week/month
\$19/1 class a week/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 1 - 29	Tu/Th	6:40 - 7:40 pm
Oct 4 - 27	Tu/Th	6:40 - 7:40 pm
Nov 1 - 29	Tu/Th	6:40 - 7:40 pm
Dec 1 - 22	Tu/Th	6:40 - 7:40 pm

Tai Chi

Ages 18 & Up

Learn to increase your level of energy through fluid movements, breath work and inner focus. This is a simple and effective way to condition the whole body. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments, muscles and increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability.

Instructor: Chris Urmston

Activity Fee: \$37/3 classes a week/month
\$27/2 classes a week/month

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Sept 5 - 30	M/W/F	11 am - 12 pm
Oct 3 - 31	M/W/F	11 am - 12 pm
Nov 2 - 30	M/W/F	11 am - 12 pm
Dec 2 - 23	M/W/F	11 am - 12 pm

Adult Beginner Golf

Ages 18 & Up

Students will learn basic rules and etiquette of golf as well as the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt - no jeans. Fee includes use of golf clubs and balls. Register at Town Hall.

Activity Fee: \$65/4 weeks \$49.25 (Dec)

Location: Apple Valley Country Club

Date:	Day:	Time:
Sept 4 - 25	Sun	9 - 10 am
Oct 2 - 23	Sun	9 - 10 am
Oct 30 - Nov 20	Sun	12 - 1 pm
Dec 4 - 18	Sun	12 - 1 pm



Ladies Beginner Golf

Ages 18 & Up

This program is for ladies only and is ideal for those who would like to get started playing golf. All the fundamentals will be covered including, putting, chipping and full swing. Fees include use of golf clubs and range balls. Register at Town Hall.

Activity Fee: \$65/4 weeks \$49.25 (Dec)

Location: Apple Valley Country Club

Date:	Day:	Time:
Sept 3 - 24	Sat	8 - 9 am
Oct 1 - 22	Sat	8 - 9 am
Oct 29 - Nov 19	Sat	11 am - 12 pm
Dec 3 - 17	Sat	11 am - 12 pm

Adult Tennis Lessons

Ages 18 & Up

Adults of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. Instructor: Bill Mocharnuk

Sat 7 - 8 am (Int/Adv) Sat 10 - 11 am (Beg)

Activity Fee: \$30/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Sept 3 - 24	Sat	See above
Oct 1 - 22	Sat	See above
Nov 5 - 19	Sat	See above
Dec 3 - 17	Sat	See above

Zumba®

Ages 13 & Up

Ditch the workout and join the party! A cardio-based workout with sculpting exercises designed to tone the entire body using a combination of aerobics and dance moves. Zumba® is designed for people of every shape and every age. This program is easy, effective and stimulating. Anyone can do it! No class 11/24 & 11/26.

Instructor: Maria Chapman

Pick from the following days:

Tu/Th 5:30 - 6:30 pm Wed 9 - 10 am
 Tu/Th 8 - 9 pm Sat 5 - 6 pm

Try 1 class for only \$5!

Activity Fee: \$37/3 classes a week/month

\$28/2 classes a week/month \$19/1 class a week/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 1 - 29	See above	See above
Oct 1 - 29	See above	See above
Nov 1 - 30	See above	See above
Dec 1 - 22	See above	See above



Fencing

Ages 6 & Up

Fencing combines the agility of martial arts with the mental challenge of outwitting your opponent. Students will learn basic footwork, attacks, defense and strategy, while developing concentration, flexibility, balance and speed. Equipment will be provided. A deposit of \$50 for equipment must be paid to the instructor on the first day of class. No class 11/24. Instructor: Jose Guerra

6:30 - 7:30 pm (6-12 years) 7:30 - 8:30 pm (13 & Up)

Activity Fee: \$67/month \$50.75 (Nov)

Location: James Woody Community Center Mini-Gym

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 1 - 22	Th	See above
Oct 6 - 27	Th	See above
Nov 3 - 17	Th	See above
Dec 1 - 22	Th	See above



San Soo Self Defense

Ages 8 & Up

San Soo is a pure self-defense, street-fighting martial art. Practitioners learn how to use various strikes and leverages to STOP an attack. Builds confidence, balance and ability. All shapes and sizes are welcome. Additional fees for equipment will be paid to the instructor.

Instructor: Martin Calderon, 5th degree black belt

Activity Fee: \$40/month

Location: James Woody Community Center Mini-Gym

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 2 - 30	M/F	6:30 - 7:30 pm
Oct 3 - 28	M/F	6:30 - 7:30 pm
Nov 4 - 28	M/F	6:30 - 7:30 pm
Dec 2 - 23	M/F	6:30 - 7:30 pm

Shotokan Karate

Ages 7 & Up

Learn self-control and self-confidence while improving your health and fitness. This class is taught by Sensei Paul Walker, 5th degree black belt. Family discounts are available. Additional fees apply for uniforms (\$42) and testing (\$25-\$30) and are paid to the instructor.

Activity Fee: \$52/4 weeks \$39.50 (Nov)

Location: James Woody Community Center Arts & Crafts Room

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Sept 1 - 22	Th	6:30 - 7:30 pm
Oct 6 - 27	Th	6:30 - 7:30 pm
Nov 3 - 17	Th	6:30 - 7:30 pm
Dec 1 - 22	Th	6:30 - 7:30 pm

Just ONCE Guitar - Online

Ages 13 & Up

Have you ever wanted to learn the guitar but simply can't find the time? This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Instructor: Craig Coffman

This is a virtual classroom. You will be able to interact LIVE with the instructor just like in a real classroom. All you need is a computer, webcam, microphone, high speed internet connection and guitar. Fee includes workbook and practice CD.

Activity Fee: \$58

Date:	Day:	Time:
Oct 3	Mon	4 - 6:30 pm

Auditioning for the Actor

Ages 7 & Up

Auditioning for the Actor will give you all the tools you need to go out and nail your next big audition. Are you hoping to get into college next year? Want the lead in the school musical? Do you have dreams of making it to Broadway? Sarah Orr Krieg has spent the last 5 years in New York City performing and working with some of the greats in the entertainment industry including Simon Cowell, Bernard Tesley and James Lapine. You'll leave this class with the perfect audition package hand-picked just for you! We'll work on monologues, 16 bars of a song, cold reads and scene study. It's going to be informative, rewarding and, most importantly, FUN!

Activity Fee: \$42/4 weeks

Location: James Woody Community Center Auditorium

Date:	Day:	Time:
Sept 6 - 27	Tu	4:30 - 5:30 pm
Oct 4 - 25	Tu	4:30 - 5:30 pm

CPR Community & Workplace

Ages 12 & Up

Class follows the American Red Cross guidelines. We will cover one and two person CPR/AED for adult/child/infant. This class is *not* for medical personnel. A \$20 materials fee is payable to the instructor, in cash, on the day of class. Materials fee is \$27 if taking both First Aid and CPR. Instructor: Andy Shoup

Activity Fee: \$40 plus \$20 materials fee

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 10	Sat	9 am - 1 pm
Oct 8	Sat	9 am - 1 pm
Nov 5	Sat	9 am - 1 pm
Dec 17	Sat	9 am - 1 pm

Guitar Lessons

Ages 8 & Up

Learn to play the guitar and have your friends and family singing along in no time! No guitar experience is required. Learn basic chords, scales and strumming. No class on 10/10. Instructor: Neil Garcia

Activity Fee: \$34.25 (Sept & Dec) \$45 (Oct & Nov)

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 12 - 26	Mon	5:45 - 6:45 pm
Oct 3 - 31	Mon	5:45 - 6:45 pm
Nov 7 - 28	Mon	5:45 - 6:45 pm
Dec 5 - 19	Mon	5:45 - 6:45 pm

Anatomy of a Novel

Ages 12 & Up

Are you one of the 86% of Americans who have dreamed of writing a book? If so, this is the class for you! This introduction to novel writing covers character development, plot, setting, bringing your storyline to life and mining your personal experiences to create better fiction.

Instructor: Charlene Engeron

Activity Fee: \$42

Location: Town Hall Development Services Building
Conference Room 1

Date:	Day:	Time:
Oct 4 - 25	Tue	5:30 - 7 pm

First Aid

Ages 12 & Up

Class follows the American Red Cross guidelines. We will cover the basic first aid procedures for burns, allergic reactions, shock, limb injuries, spine injuries, asthma, poisoning and heat/cold emergencies. A \$20 materials fee is payable to the instructor, in cash, on the day of class. Materials fee is \$27 if taking both First Aid and CPR.

Instructor: Andy Shoup

Activity Fee: \$40 plus \$20 materials fee

Location: Town Hall Recreation Center

Date:	Day:	Time:
Sept 10	Sat	1:30 - 5:30 pm
Oct 8	Sat	1:30 - 5:30 pm
Nov 5	Sat	1:30 - 5:30 pm
Dec 17	Sat	1:30 - 5:30 pm

Registration - Easy As 1-2-3

Program Registration

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- Photo Policy: The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

Refund Policy

- Cancellation of Class: A full refund will be mailed to all registered participants if a program is cancelled by the Recreation Department
- Voluntary Withdrawal: A refund may be requested prior to the registration deadline or before the first day of class by submitting a "Refund Request" form.
- Withdrawal After Class Start Date: A refund may be requested by completing a "Refund Request" form prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.
- NO refund requests will be accepted after the second class meeting.
- A \$2 processing fee will be charged to all refunds.
- Allow 4 weeks for a refund check.
- No refunds for swim lessons or aquatic classes.

3 EASY WAYS TO REGISTER

1. WALK-IN

- Walk-in registration is accepted at the Recreation counter at Town Hall only.
- Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.
- Payment can be made by cash, check, ATM or credit card (Discover, VISA, or MasterCard).

2. MAIL-IN

- Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).
- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you. Mail completed form and a check to:

Town of Apple Valley Park and Recreation Department
14955 Dale Evans Parkway
Apple Valley, CA 92307

3. DROP BOX

- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.
- Drop completed form and payment by check in drop box located at:

James Woody Community Center, 13467 Navajo Road
(in the first alcove at the front of the Community Center)

OR

Town Hall, 14955 Dale Evans Parkway
(at the front of Town Hall)

OR

Civic Center Park Aquatic Center, 14999 Dale Evans Parkway
(located inside at the front desk)

TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

Registration Form

PLEASE PRINT CLEARLY - do not use for Day Camp, ASAP or any sports programs. Additional paperwork required.

Payee Information: Home Phone: _____
 First & Last Name _____ Cell Phone: _____
 Address: _____ City: _____ Zip: _____

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee	
					Total Amount

Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

Thank You!
to all our volunteers

The Town of Apple Valley Park and Recreation Department would like to take this opportunity to thank all of our volunteers for their exceptional effort and caring in helping to make our programs the best in the High Desert!

2011 Summer Basketball Coaches

Dev Bhatia	Stephen Cline	Sostenes Infante	Anthony Roman	Dexter Wills
Eugen Burke	Anthony Frondarina	Kevin Mahany	Christina Serrano	Laura Wyatt
Ashley Campion	Patrick Geisel	Oscar Muro	Chris Simmons	
Jessica Chamberlain	Vinnie Hanke	Darryl Payton	Ernest Vannorsdell	
Samantha Christman	Nick Hartman	Kevin Platt	Brandon Weil	

2011 Summer T-ball Coaches

Aaron Biewand	Dean Ditz	Jamie Lester	Adam Price	Anthony Roman
Stephen Cline	Jeff Hoffman	Kim Noble	Mark Robles	Mike Vietti

Volunteens (Teen Zone)

The following Volunteens volunteered at least 20 hours in the past quarter. Congratulations and thank you!

Kiara Armstrong	Jasmine Daffin	Alysa Piar
Courtney Barker	Jessica Daffin	Cassidy Pedersen
Victoria Barker	Mandy Damico	Michelle Ramirez
Sara Campion	Erika Jolley	Cassie Reddick
Kara Cantwell	Sabrina Jolley	Kelsie Sievers
Kevin Clift	Cierra Parker	Faith Velasquez



Thank You

To our sponsors for your donations to our programs. We appreciate your generosity!



Apple Valley Conference Center A Better Way to Celebrate!



Located at Highway 18 and Dale Evans Parkway in the heart of Apple Valley, the Conference Center is the ideal place for your next event. The Conference Center is the largest and most modern space available in Apple Valley and features 6,000 square feet of meeting and event space, audio/visual equipment, large drop down screens, a spacious lobby, patio areas, catering kitchen and private conference room.

A perfect venue for.....

Business Meetings ~ Civic Meetings ~ Corporate Events

Wedding Receptions ~ Banquets ~ Parties

Call (760) 240-7880 for rates and availability.

Apple Valley Country Club

15200 Rancherías Road



The most storied club in the High Desert is now OPEN TO THE PUBLIC. Known for having the “purest putting surfaces in Southern California,” Apple Valley Country Club boasts a rich history and reputation for pristine golf course conditions. Amenities available for public use include an 18-hole golf course, driving range, two tennis courts, banquet and meeting rooms. Golf and tennis lessons are also available.

Now open 7 days a week.

Call (760) 242-3653 or visit www.avcc.com for more information.

Monthly Golf Passes Available

Each pass includes:

- Unlimited Golf
- Shared Cart

AVCC passes can be purchased a month at a time, meaning you are not locked into a long-term contract. You can take a month off as needed.

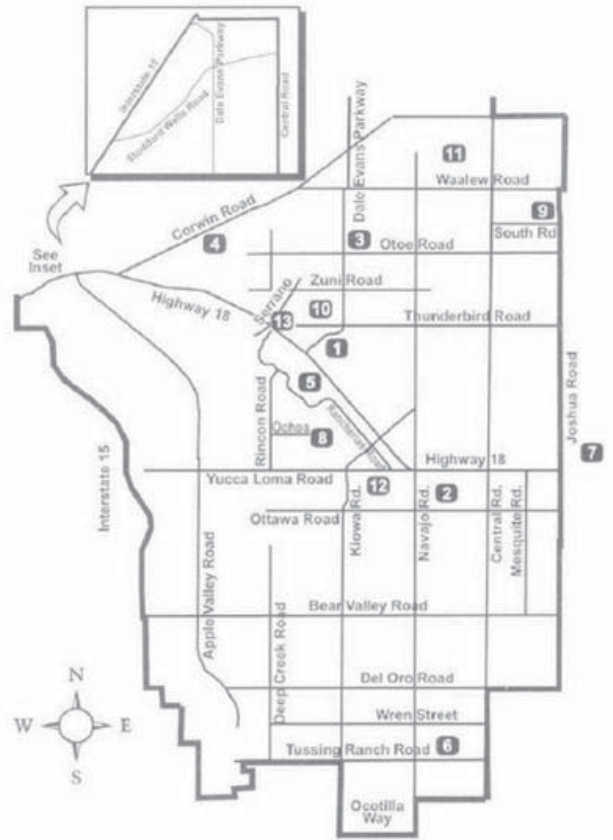
Monthly Pass applications can be picked up in the Apple Valley Country Club Golf Shop or by going to www.avcc.com. Please call the Golf Shop at (760) 242-3653 for more details and for daily rates and season specials.

- ◆ Pro Shop
[call for tee times or lessons]
(760) 242-3125
- ◆ General Information
(760) 242-3653
ext. 100
- ◆ Banquet Information
(760) 242-3653
ext. 108
- ◆ Meeting Rooms
(760) 242-3653
ext. 108
- ◆ Tournaments
(760) 242-3653 ext. 101
- ◆ Eric Fisher,
General Manager
efisher@avcc.com
(760) 242-3653




Facilities / Parks

1. **Town Hall Recreation Center**
14955 Dale Evans Parkway
Apple Valley Conference Center
14975 Dale Evans Parkway
Civic Center Park & Aquatic Center
14999 Dale Evans Parkway
2. **James Woody Community Center**
13467 Navajo Road x Powhatan Road
3. **Lenny Brewster Sports Center**
21024 Otoe Road x Dale Evans Parkway
4. **Corwin Park**
18577 Corwin Road x Highway 18
5. **Lion's Park**
East of Dale Evans Pkwy on south Outer Hwy 18
6. **Mendel Park**
21860 Tussing Ranch Road x Navajo Road
7. **Horsemen's Center**
24320 Highway 18, 3 miles east of Central Road
8. **Norm Schmidt Park**
14053 Tuweep Trail x Ochoa Road
9. **Sycamore Rocks Park**
23450 South Road x Joshua Road
10. **Thunderbird Park**
20700 Wichita Road x Thunderbird Road
11. **Virginia Park**
17242 Central Road, south of Papago Road
12. **Yucca Loma Park**
21351 Yucca Loma Road x Rancherias Road
13. **Cramer Family Park**
Serrano Road x Rimrock Road



Reserve a park or facility for your next event! Call (760) 240-7880 for more information.

	Activity Room(s)	Ball Fields	Barbeque	Camping	Picnic Area	Gymnasium Basketball/Volleyball	Horseshoe Pits	Kitchen Facility	Meeting Room(s)	Outdoor Basketball Courts	Picnic Tables	Play Equipment	Pool	Restrooms	Port-a-Pot	Skate Park/ BMX	Stage/ Amphitheater
Lenny Brewster Sports Center		✓	✓				✓			✓	✓	✓		✓			
Civic Center Park Aquatic Center					✓						✓		✓	✓			
Civic Center Park											✓	✓	✓		✓		✓
Apple Valley Conference Center	✓							✓	✓					✓			
Corwin Park			✓		✓						✓	✓		✓			
Cramer Family Park											✓	✓		✓			
Horsemen's Center			✓	✓							✓	✓		✓		✓	
James Woody Community Center	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓
Lion's Park		✓	✓								✓				✓		
Mendel Park		✓	✓		✓						✓	✓			✓		
Norm Schmidt Park		✓	✓								✓	✓			✓		
Sycamore Rocks Park		✓	✓		✓						✓	✓			✓		
Town Hall Recreation Center	✓							✓	✓					✓			
Thunderbird Park		✓	✓		✓					✓	✓	✓			✓		
Virginia Park		✓	✓		✓						✓	✓			✓		
Yucca Loma Park		✓	✓								✓	✓			✓		

Town Services....

For a specific department, dial the General Information number at (760) 240-7000 and one of the following extensions:

Animal Services	ext. 7555	Parks Maintenance	ext. 6200
Building & Safety	ext. 7100	Planning	ext. 7200
Business Licenses	ext. 7707	Police Department	ext. 7400
Code Enforcement	ext. 7560	Public Information	ext. 7074
Economic Development	ext. 7900	Public Services	ext. 7500
Engineering	ext. 7353	Recreation	ext. 7880
Human Resources	ext. 7600	Town Clerk	ext. 7800
Mayor & Town Council	ext. 7808	Town Manager	ext. 7051



Sports Organizations....

Apple Valley BMX	(760) 240-5266
Apple Valley Rattlers Football & Cheer	(760) 559-2868
Apple Valley Little League	(760) 247-5441
Apple Valley Seminoles Football & Cheer	(760) 247-5424
Apple Valley Storm Soccer	(760) 508-6192
High Desert Judo (P.A.L.)	(760) 961-0754
High Desert Patriots Youth Football	(760) 240-7489
High Desert Pony Baseball	(760) 927-9994
High Desert Youth Soccer League	(760) 961-7805
High Desert Tennis Association	(760) 244-7783
Inland Empire Adult Soccer League	(760) 247-6031
Young Champions	(714) 259-1400

Recreation & Hobby Groups....

Cactus Wren Garden Club	(760) 245-9544
High Desert Genealogy Society	(760) 242-5136
High Desert Horseshoe Club	(760) 242-5151
Thunderbirds Square Dance	(760) 946-3483

Equestrian Groups....

Apple Valley Equestrian Association	(760) 559-7392
Mojave River Valley Horsemen's Assoc	(760) 265-0656
California Dressage Society-High Desert	(760) 247-4505



Community Organizations....

American Cancer Society	(800) 227-2345
American Red Cross	(760) 245-6511
Apple Valley Chamber of Commerce	(760) 242-2753
Apple Valley Fire Protection District	(760) 247-7618
Apple Valley Library	(760) 247-2022
Apple Valley Optimist Club	(760) 242-8230
Apple Valley School District	(760) 247-8001
Assistance League	(760) 961-2468
Assistance League Thrift Shop	(760) 961-1377
AVCO/Burrtec	(760) 245-8607
Boy Scouts (CA Inland Empire Council)	(877) 732-1450
Community Police Assistance League	(760) 961-0754
Friends of the Apple Valley Library	(760) 247-2022
Girl Scouts (San Geronimo Council)	(760) 241-3558
High Desert Young Marines	(760) 240-5004
One 2 One Mentoring	(760) 245-1997
Paul Swick Family Center	(760) 240-5606
Pet Partner's Bargain Thrift Shop	(760) 247-5312
St. Mary Immunization Clinic	(760) 242-2311
Widow or Widower's of High Desert	(760) 951-7764
VFW SVL Post 12039	(760) 985-0801
Victor Valley Animal Protection League	(760) 247-2102

Senior Services & Organizations....

Adult & Child Protective Services	(877) 565-2020
Aging & Adult Services	(800) 510-2020
Apple Valley Senior Citizen's Club	(760) 247-3155
Inland Empire Legal Services	(760) 241-7073
Meals on Wheels	(760) 245-7047
Senior Information & Assistance	(760) 843-5100
Senior Select Resource Center	(760) 946-5915
Victor Valley Transit	(760) 948-3030

Town of Apple Valley
 Park and Recreation Department
 14955 Dale Evans Parkway
 Apple Valley, CA 92307

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4th Annual Chuck Hanson

Tour de Apple Valley

Metric Century or Half Metric Rides

October 22, 2011

Civic Center Park

Check in @ 6 am

Ride starts @ 7 am

\$50 before Oct 7th

\$60 after Oct 7th or day of the race

\$70 for tandem riders



Benefiting the Apple Valley Police Activities League

Information: (760) 240-7880 • www.AVRecreation.org • jramos@applevalley.org



Civic Center Park
 14999 Dale Evans Parkway

Registration Starts	5:30 am (Check - In)
Triathlon Starts	7:00 am
5K & 10K Check-In	6:30 am
5K & 10K Race Starts	8:00 am
Kids Tri/Kids Mile Starts	9:00 am

ENTRY FEES	
BEFORE 9/1/11	
Triathlon - Individ.	\$50
Triathlon - Relay	\$80
5K	\$25
10K	\$30
Kid's Mile	\$12
Kid's Tri	\$20

AFTER 9/1/11	
Triathlon - Individ.	\$55
Triathlon - Relay	\$85
5K	\$30
10K	\$35
Kid's Mile	\$15
Kid's Tri	\$23

Register at **HDEvents.org**

Call (760) 261-1240 for more information.