**Therapeutic Recreation:** Special Apples encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have opportunities to socialize and build life-long friendships. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence, cooperation and positive use of leisure time.

## Special Apples Sports Night Basketball

## Ages 16 & Up

Hoop it up at the Special Apples Basketball Night! We will start with stretching and warm ups and then work on improving techniques such as dribbling, shooting and passing.

#### Activity Fee: \$3

Location: James Woody Community Center Gym

Date:	Day:	Time:
Sept 10	Sat	6 - 8 pm



Wishing all of our families a very happy holiday season! As always, we will break for December and return on January 14, 2012. Hope everyone has a great holiday and a very Happy New Year!



# Special Apples Craft Night

#### Ages 5 & Up

Do you enjoy painting? How about small craft projects like pasting, decorating or paper mache? Then our craft night is the place to be! Craft selection will vary, but we are sure to have something for everyone.

## Activity Fee: \$3

Location: James Woody Community Center Arts & Crafts Room

Date:	Day:	Time:
Nov 12	Sat	6 - 8 pm

# Special Apples Costume Party NEW ation!

## Ages 13 & Up

Looking for somewhere to show off your Halloween costume? Then join us for the Halloween costume party! Dress your best and have an opportunity to win a prize in the costume contest. There will be plenty of fun, dancing, socializing and party games. Refreshments will be served. Activity Fee: \$3

## Location: Town Hall Conference Center

Date:	Day:	Time:		
Oct 8	Sat	6 - 8 pm		



Changing the world one disability at a time.

