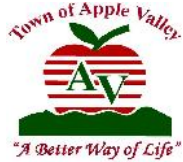


# October Pool Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**Civic Center Park Aquatic Center**  
**Recreation Office (760) 240 - 7880**  
**Pool Office (760) 240 - 7000 ex: 7895**  
**www.AVRecreation.org**  
**"A Better Way to Play"**



						<b>1</b> 8:00 - 10am Lap Swim 8:30- 9:30am Splash Dance
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<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
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	6:15 - 10 am Lap Swim 8 - 9 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:45 - 7:45 pm WAVE 6:15 - 7:15pm Aqua Fitness 7:45-9:45pm E. Lap Swim	6:15 - 10 am Lap Swim 8:30- 9:30am Splash Dance 5:45 - 7:45 pm WAVE	6:15 - 10 am Lap Swim 8 - 9 am Aqua Fitness 9 - 9:45am Aquacise 12-2pm Lunchtime Lap Swim 5:45 - 7:45 pm WAVE 6:15 - 7:15pm Aqua Fitness 7:45-9:45pm E. Lap Swim	6:15 - 10 am Lap Swim 8:30- 9:30am Splash Dance 5:45 - 7:45 pm WAVE	6:15 - 10 am Lap Swim 8 - 9 am Aqua Fitness 9 - 9:45am Aquacise 12-2pm Lunchtime Lap Swim 5:45 - 7:45 pm WAVE 6:15 - 7:15pm Aqua Fitness 7:45-9:45pm E. Lap Swim	8:00 - 10am Lap Swim 8:30- 9:30am Splash Dance
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<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
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<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
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<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
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<b>30</b>	<b>31</b>					
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	6:15 - 10 am Lap Swim 8 - 9 am Aqua Fitness 12-2pm Lunchtime Lap Swim 5:45 - 7:45 pm WAVE 6:15 - 7:15pm Aqua Fitness 7:45-9:45pm E. Lap Swim				
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