

November Pool Schedule

		November Pool Schedule							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		1	2	3	4	5			
		8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	8:30- 9:30am Splash Dance		
		8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness		
		5:45 - 7:45 pm WAVE	12-2pm Lunchtime Lap Swim	5:45 - 7:45 pm WAVE	12-2pm Lunchtime Lap Swim	5:45 - 7:45 pm WAVE	12-2pm Lunchtime Lap Swim		
			5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE		
	6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness				
	7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim				
6	7	8	9	10	11	12			
	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim			
	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance			
	12-2pm Lunchtime Lap Swim	5:45 - 7:45 pm WAVE	12-2pm Lunchtime Lap Swim	5:45 - 7:45 pm WAVE	12-2pm Lunchtime Lap Swim	SCUBA Santa 11-3pm			
	5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE				
	6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness				
	7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim				
13	14	15	16	17	18	19			
	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim			
	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance			
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	5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE				
	6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness				
	7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim				
20	21	22	23	24	25	26			
	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim			
	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance			
	12-2pm Lunchtime Lap Swim	5:45 - 7:45 pm WAVE	12-2pm Lunchtime Lap Swim	5:45 - 7:45 pm WAVE	12-2pm Lunchtime Lap Swim				
	5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE				
	6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness				
	7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim				
27	28	29	30						
	6:15 - 10 am Lap Swim	8:00 - 10am Lap Swim	6:15 - 10 am Lap Swim						
	8 - 9 am Aqua Fitness	8:30- 9:30am Splash Dance	8 - 9 am Aqua Fitness						
	12-2pm Lunchtime Lap Swim	5:45 - 7:45 pm WAVE	12-2pm Lunchtime Lap Swim						
	5:45 - 7:45 pm WAVE		5:45 - 7:45 pm WAVE						
	6:15 - 7:15pm Aqua Fitness		6:15 - 7:15pm Aqua Fitness						
	7:45 -9:45 pm Eve. Lap Swim		7:45 -9:45 pm Eve. Lap Swim						
						<p>Civic Center Park Aquatic Center Recreation Office (760) 240 - 7880 Pool Office (760) 240 - 7000 ex: 7895 www.AVRecreation.org</p>			