

Admission Policy

Swimmers must use exact change, personal check, credit card or Quick Card for admission to the Aquatic Center. All persons entering the pool deck will be charged the fee.

Diaper Policy:

In the interest of public health, children who are not toilet-trained must wear swimming diapers.

NO regular diapers or loose-fitting swim suits are allowed.

Swim Suit Policy

All swimmers must wear a swimsuit. No jeans or cutoffs permitted. T-shirts are allowed as long as there is no offensive material. Females may not wear shorts with a shirt and bra. Swimsuits with built in flotation devices are not permitted. Life jackets are available. Only flotation devices issued by the Town of Apple Valley are permitted.

Refund Policy

There will be no refunds for any swim programs that are cancelled due to inclement weather.



Private Pool Parties

“just for the fun of it!”

The Aquatic Center features a junior Olympic-sized pool with crystal clear water that is heated to a comfortable temperature for year-round use. We have a variety of amenities available for your birthdays, team parties, family occasions and more!

Contact the Recreation Office at (760) 240-7880 for more details.

Quick Card

The Quick Card is a prepaid discount admission card that provides access to lap swim and public swim. A photo is taken at the time of initial purchase. Cost for the card is an additional \$2.

Public Swim Passes

\$10/for 5 sessions

\$24/for 15 sessions (save \$6!)

\$46/for 30 sessions (save \$14!)

Lap Swim Passes

\$15/for 5 sessions

\$36/for 15 sessions (save \$9!)

\$69/for 30 sessions (save \$21!)

Quick Cards can be purchased at the Aquatic Center. When you have a Quick Card, you can renew the card once passes have been exhausted.

Early Morning Lap Swim

Ages 10 & Up

Early morning lap swim is a great opportunity for the early bird swimmer. We set up 8 lanes according to speed levels. Schedule is subject to change.

Activity Fee: \$3/person

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan - Apr	M/W/F	6:30 - 9:45 am
Jan - Apr	T/Th/S	8 - 10 am
May	M - F	6:30 - 9:45 am

Lunchtime Lap Swim

Ages 10 & Up

Come join us on your lunch break during the warmest part of the day. A nice, refreshing swim is sure to brighten up your day. We set up 8 lanes according to speed levels. Schedule is subject to change.

Activity Fee: \$3/person

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan - May	M/W/F	12 - 2 pm

Evening Lap Swim

Ages 10 & Up

We divide 8 lanes according to speed levels. Schedule is subject to change.

Activity Fee: \$3/person

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Feb - May	M/W/F	7:45 - 9:45 pm

Lifeguard Training

Ages 15 & Up

A comprehensive American Red Cross course in first aid, automated external defibrillator and CPR for the professional rescuer. A pre-swim is mandatory the first day of class. Class consists of the dates and times listed below. Class size is limited so register early! Fee includes books and supplies.

Activity Fee: \$150

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Session I register by 3/5		
Mar 9 (pre-swim only)	Fri	7:45 pm
Mar 10	Sat	9 am - 5 pm
Mar 11	Sun	9 am - 5 pm
Mar 15	Thur	11 am - 6 pm
Mar 16	Fri	11 am - 6 pm
Mar 17	Sat	9 am - 5 pm
Session II register by 3/26		
Mar 30 (pre-swim only)	Fri	7:45 pm
Mar 31	Sat	9 am - 5 pm
Apr 1	Sun	9 am - 5 pm
Apr 5	Thur	4 - 8 pm
Apr 6	Fri	4 - 8 pm
Apr 7	Sat	9 am - 5 pm
Apr 8	Sun	9 am - 1 pm



Basic Water Rescue

Ages 15 & Up

This course will provide participants with the knowledge and skills necessary to prevent, recognize and respond to aquatic emergencies. It also prepares participants for aquatic emergencies by teaching them how to protect themselves while assisting others. This course is designed for all public safety personnel, camp personnel and day trip leaders, daycare workers, school teachers, aquatic fitness instructors, aquatic therapists, parents and anyone involved in aquatics activities.

*Basic Water Rescue does not provide participants with the knowledge and skills needed to be certified as a lifeguard.

For information on Lifeguard Training see above*

Activity Fee: \$50

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
May 12	Sat	2:30 - 6:30 pm
June 9	Sat	2:30 - 6:30 pm

CPR Challenge Course

Ages 15 & Up

This course is designed to re-certify lifeguards in CPR for the professional rescuer. This course is not a full CPR course. Course pre-requisite: participant must have previous training in CPR. Please pre-register no later than the Thursday prior to each class.

Activity Fee: \$40

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Apr 20	Fri	5 - 7 pm
May 11	Fri	5 - 7 pm

Advanced Stroke Development

Ages 5 - 18

Advanced Stroke Development is a year-round swim program designed for those who want advanced swim instruction, but are not yet ready to swim competitively. Swimmers will be taught advanced stroke development, endurance and diving in a fun swim team atmosphere. Your child will make new friends and get a great workout while they learn to perfect their skills. Swimmers who are ready and willing to swim competitively will be encouraged to join a certified USA Swim Team and begin their swimming careers!

Activity Fee: \$35/month

Location: Civic Center Park Aquatic Center

Date:	Day:	Time:
Jan 2 - 30	M/W/F	5:45 - 6:45 pm
Feb 1 - 29	M/W/F	5:45 - 6:45 pm
Mar 2 - 30	M/W/F	5:45 - 6:45 pm
Apr 2 - 30	M/W/F	5:45 - 6:45 pm
May 2 - 30	M/W/F	5:45 - 6:45 pm



Aqua Fitness

Ages 16 & Up

Aqua Fitness is a low impact exercise program designed to give you an aerobic workout while developing your muscle tone and endurance. Get your body moving and maintain your health and well-being. Instructor: Debbie Bucarey

Activity Fee: 3 days a week/month \$33

2 days a week/month \$28 1 day a week/month \$19

Location: Civic Center Park Aquatic Center

Date:	Day:	Time:
Jan 2 - 30	M/W/F	8 - 9 am
Feb 1 - 29	M/W/F	8 - 9 am
Mar 2 - 30	M/W/F	8 - 9 am
Apr 2 - 30	M/W/F	7:30 - 8:30 am or
Apr 2 - 30	M/W/F	8:30 - 9:30 am
May 2 - 30	M/W/F	7:30 - 8:30 am or
May 2 - 30	M/W/F	8:30 - 9:30 am
May 2 - 30	M/W/F	6 - 7 pm

Splash Dance

Ages 16 & Up

A great work-out to good music in the pool. It's water aerobics with a kick! This fitness combination is both beneficial AND enjoyable. Ability to swim is optional - ability to have FUN is required! Instructor: Pam Adams

Activity Fee: 3 days a week/month \$35

2 days a week/month \$30 1 day a week/month \$21

Location: Civic Center Park Aquatic Center

Date:	Day:	Time:
Jan 3 - 31	Tu/Th/Sat	8:30 - 9:30 am
Feb 2 - 28	Tu/Th/Sat	8:30 - 9:30 am
Mar 1 - 31	Tu/Th/Sat	8:30 - 9:30 am
Apr 3 - 28	Tu/Th/Sat	7:30 - 8:30 am or
	Tu/Th/Sat	8:30 - 9:30 am
May 1 - 31	Tu/Th/Sat	7:30 - 8:30 am or
	Tu/Th/Sat	8:30 - 9:30 am

SWIM FAIR

Registration for summer swim lessons
Saturday, May 19th @ Town Hall

7:30 - 10 am

Apple Valley Residents

Non-Residents can register starting at 10 am or whenever the Apple Valley line is empty.

- Proof of residency required (ID and utility bill)
- Only a parent or legal guardian can register children for classes
- Free childcare provided
- Swim lesson schedule will be available May 1st.
- Enroll carefully as there are NO refunds, transfers or credits.
- Line will form in between Town Hall and the Police Department - next to the white gazebo.



Water Festival 2012

Saturday, May 26th

Session 1: 12 - 3 pm

Session 2: 3:30 - 6:30 pm

Civic Center Park Aquatic Center

Join us in celebrating the start of summer! Enjoy games, water slides, bounce house and lots of food vendors.

Pre-registration: \$2/person

At the door: \$3/person

Only pre-registered participants will be allowed in for the first 15 minutes or until the line is empty. Then "at the door" participants will be admitted. Pre-register at Town Hall or the Aquatic Center.

