

A *Better* Way to Play

your guide to recreation in Apple Valley, CA



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January - May 2012



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Office Hours

Located at Town Hall
14955 Dale Evans Parkway

Monday - Thursday
7:30 am - 5:30 pm
Alternating Fridays
7:30 - 4:30 pm

[760] 240-7880
www.AVRecreation.org

Holiday Closures

Jan 2, Jan 16, Feb 20, May 28

Town Council

Meets 2nd & 4th Tuesday of every month at 6:30 p.m.
Town Council Chambers

Scott Nassif, Mayor

Barb Stanton, Mayor Pro Tem

Ginger Coleman, Council Member

Curt Emick, Council Member

Rick Roelle, Council Member

Park and Recreation Commission

Meets 1st Thursday of every other month at 6:00 p.m.
Town Council Chambers

Call [760] 240-7000, ext. 7885 for meeting dates

Raghada Khoury, Chairperson

Donald Tatera, Vice-Chairman

Mike Hinkle, Commissioner

Mike Martin, Commissioner

Jiles Smith, Commissioner

Serving You....

Ralph Wright, Parks and Recreation Manager

Christina Rudsell, Administrative Secretary

Lena Quinonez, Recreation Supervisor

Joseph Ramos, Recreation Supervisor

Andy Shoup, Recreation Coordinator

Alicia Dannelley, Recreation Assistant

Kathy McCarron, Senior Office Assistant

Christine McCaffrey, Office Assistant

Tashina Miniszewski, Office Assistant

Some photos used throughout this publication are courtesy of
Ed Kirste, Yevgenia Watts, Ruben Tinajero and Sideline Photography.

Therapeutic Recreation: Special Apples encompasses a variety of community-based recreation programs for individuals with disabilities. Participants have opportunities to socialize and build life-long friendships. Beyond just fun, recreation participation brings opportunities for physical fitness, self-confidence, cooperation and positive use of leisure time.

Special Apples Craft Night

Ages 5 & Up

Do you enjoy painting, glitter and pom poms? Then join us for a fun evening of crafts as we decorate a nifty treasure chest for our rooms! The treasure chest can be a safe place for keys, jewelry, money or whatever you want to put in it. We will end the evening with a game of bingo for prizes. Light refreshments will be served.

Activity Fee: \$3

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 14	Sat	6 - 8 pm

Special Apples Valentine's Dance

Ages 13 & Up

Dress in your best evening wear for the Special Apples Valentine's Dance and enjoy an evening of dancing, socializing, party games and fun. Refreshments will be served.

Activity Fee: \$3

Location: Apple Valley Conference Center

Date:	Day:	Time:
Feb 11	Sat	6 - 8 pm



Changing the world one disability at a time.



Special Apples Basketball Game

Ages 5 & Up

Hoop it up at the Special Apples Basketball Night! We will start with stretching and warm-ups and then organize teams and play a game. Come prepared to have a great time! Make sure to bring a water bottle.

Activity Fee: \$3

Location: James Woody Community Center Gym

Date:	Day:	Time:
Apr 14	Sat	6 - 8 pm

Special Apples Family Picnic

All Ages

Looking for a day of fun for the entire family? Grab the kids and your favorite outdoor games for family picnic fun. All family members and friends must be pre-registered no later than 4/26. Cost includes a hot dog lunch, sides and beverages. Lots of games and activities will be planned.

Activity Fee: \$5

Location: Corwin Park

Date:	Day:	Time:
May 12	Sat	11 am - 1 pm



Healthy Apple Valley

in conjunction with



BE ACTIVE

EAT SMART

LIVE BETTER

The Town of Apple Valley has been awarded a grant by the County of San Bernardino Department of Public Health in support of the "Healthy Apple Valley" mission of improving the health and well-being of our residents through the promotion of healthy eating, education, cooking programs and physical activity.

Healthy Living Workshops

Ages 18 & Up

Led by a registered dietitian, learn healthier living through grocery shopping, balanced eating and fun exercise.

Sessions cover the following topics:

- Disease Prevention and Healthy Weight Loss
- Healthy Eating Basics on a Budget
- Family Physical Activity
- Label Reading and Grocery Shopping
- Free babysitting will be provided.

Activity Fee: FREE

Location: Apple Valley Conference Center

Date:	Day:	Time:
Mar 13, 20, 27	Tue	6 - 8 pm

Pre-registration is required.

Call (760) 240-7880 NOW to save your place in the Healthy Living Workshop Series

Proudly sponsored by St. Mary Medical Center
(760) 946-8170

Reserve Your Healthy Apple Valley Gym Night Now!

All Ages

Are you looking for a way to reward your employees? Or are you trying to plan an activity for your youth group or church? Are you wanting to get some friends and family together for a family night? Well then consider booking a Healthy Apple Valley Gym Night. Gymnasium will be set up for both volleyball and basketball. Event includes: two recreation staff, two Teen Zone volunteers, two hours of gym time, instruction and game at the end. Must reserve your space two weeks in advance. Call (760) 240-7000 ext. 7883 for more information.

Activity Fee: \$50

Location: James Woody Community Center Gym

Date:	Day:	Time:
March - May	Tu/Th/Sat	6 - 8 pm



Apple Valley Farmer's Market

Come check us out every Friday starting April 1st

11 am - 6 pm

Lion's Park

(between Flathead & Dale Evans Parkway)

Fresh produce, flowers, art, breads, green products and much more!

Bring Your Lunch From Home Campaign

Ages 18 & Up

Looking for a way to save money this spring? How about feeling better about your health? Then join Healthy Apple Valley and our "Bring your lunch from home" campaign. All we ask is that you accept the challenge to bring your lunch from home 3 times per week. Upon your FREE registration, all participants will receive a healthy recipes book, challenge card and insulated Healthy Apple Valley lunch bag. All participants will be required to log their progress and submit to the Campaign Coordinator each month. Monthly raffle prizes will be awarded. Take the challenge for a healthier life!

Registration begins 1/9. Limited to 35 participants.

Challenge Dates:

Feb 7 - Mar 30

Healthy Cooking for Kids

Ages 11 - 15

Explore new foods and wholesome baking to introduce older kids to the joy of cooking for themselves. Incorporate healthy alternatives to fast food and creative ideas to expand your weekly menu. Sign up today! Class maximum is 10.

Activity Fee: \$5

Location: James Woody Community Center Kitchen

Date:	Day:	Time:
Mar 15	Th	6 - 8 pm

Civic Center Park Walking Path

Looking for a safe place to walk? Civic Center Park features a well-lit walking path. Come out any day of the week for a healthy walk around the park.

Brewster Social Walker's Club

The Lenny Brewster Sports Center features a .8 mile dirt trail around the perimeter of the park. Join old friends and meet new ones while embracing your new healthy lifestyle.

Sunset Cycling

Enjoy the beautiful weather the high desert has to offer and ride along the Apple Valley Road Bike Route for an evening of fun and fresh air. Bike Ride will start behind The Pizza Factory at Apple Valley Road and Bear Valley Road. We will ride from Pizza Factory to Yucca Loma Road and back! Don't forget - helmets are a must! No registration required.

Date:	Day:	Time:
Mar 23	Fri	5:45 pm

American Heart Association HeartChase

Ages 9 & Up

The American Heart Association has teamed up with the Town of Apple Valley to offer HeartChase, an innovative community event that provides a fun, new way to promote healthy living and support a great cause! HeartChase is a wacky team building event that is similar to The Amazing Race or Minute to Win It! Our HeartChase event will bring families, friends and coworkers of all ages together in a community wide competition to uncover clues, solve puzzles and complete challenges in a race to the finish line. Challenges will require smart problem solving to discover real solutions that help build healthier lives. When you combine awesome games, friendly competition, and a very important mission, you've got great fun with a purpose. Teams consist of 3-5 players, so start forming your teams now! Join the Chase! Registration packets will be available on 12/12. Registration deadline is 2/2.

Activity Fee: \$10/person

(tax deductible through American Heart Association)

Location: Apple Valley Conference Center

Date:	Day:	Check-in	Event:
Feb 18	Sat	8 am	9 am - 12 pm

Spirit points: dress in your team spirit clothes and earn 5 points.

Family Field Day

All Ages

Tired of the same old, same old? Join the Recreation staff at the Civic Center Park Retention Basin for Family Field Day! It's a time for families to break out of their hectic schedules and enjoy a day of fun and adventure. Phone-in registration required. Call (760) 240-7880 by 4/19 to register.

Activity Fee: FREE

Location: Civic Center Park Retention Basin

Date:	Day:	Time:
Apr 21	Sat	9 - 10:30 am



Admission Policy

Swimmers must use exact change, personal check, credit card or Quick Card for admission to the Aquatic Center. All persons entering the pool deck will be charged the fee.

Diaper Policy:

In the interest of public health, children who are not toilet-trained must wear swimming diapers.
NO regular diapers or loose-fitting swim suits are allowed.

Swim Suit Policy

All swimmers must wear a swimsuit. No jeans or cutoffs permitted. T-shirts are allowed as long as there is no offensive material. Females may not wear shorts with a shirt and bra. Swimsuits with built in flotation devices are not permitted. Life jackets are available. Only flotation devices issued by the Town of Apple Valley are permitted.

Refund Policy

There will be no refunds for any swim programs that are cancelled due to inclement weather.



Private Pool Parties

“just for the fun of it!”

The Aquatic Center features a junior Olympic-sized pool with crystal clear water that is heated to a comfortable temperature for year-round use. We have a variety of amenities available for your birthdays, team parties, family occasions and more!

Contact the Recreation Office at (760) 240-7880 for more details.

Quick Card

The Quick Card is a prepaid discount admission card that provides access to lap swim and public swim. A photo is taken at the time of initial purchase. Cost for the card is an additional \$2.

Public Swim Passes

\$10/for 5 sessions
\$24/for 15 sessions (save \$6!)
\$46/for 30 sessions (save \$14!)

Lap Swim Passes

\$15/for 5 sessions
\$36/for 15 sessions (save \$9!)
\$69/for 30 sessions (save \$21!)

Quick Cards can be purchased at the Aquatic Center. When you have a Quick Card, you can renew the card once passes have been exhausted.

Early Morning Lap Swim

Ages 10 & Up

Early morning lap swim is a great opportunity for the early bird swimmer. We set up 8 lanes according to speed levels. Schedule is subject to change.

Activity Fee: \$3/person

Location: Civic Center Park Aquatic Center

Date:	Day:	Time:
Jan - Apr	M/W/F	6:30 - 9:45 am
Jan - Apr	T/Th/S	8 - 10 am
May	M - F	6:30 - 9:45 am

Lunchtime Lap Swim

Ages 10 & Up

Come join us on your lunch break during the warmest part of the day. A nice, refreshing swim is sure to brighten up your day. We set up 8 lanes according to speed levels. Schedule is subject to change.

Activity Fee: \$3/person

Location: Civic Center Park Aquatic Center

Date:	Day:	Time:
Jan - May	M/W/F	12 - 2 pm

Evening Lap Swim

Ages 10 & Up

We divide 8 lanes according to speed levels. Schedule is subject to change.

Activity Fee: \$3/person

Location: Civic Center Park Aquatic Center

Date:	Day:	Time:
Feb - May	M/W/F	7:45 - 9:45 pm

Lifeguard Training

Ages 15 & Up

A comprehensive American Red Cross course in first aid, automated external defibrillator and CPR for the professional rescuer. A pre-swim is mandatory the first day of class. Class consists of the dates and times listed below. Class size is limited so register early! Fee includes books and supplies.

Activity Fee: \$150

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Session I register by 3/5		
Mar 9 (pre-swim only)	Fri	7:45 pm
Mar 10	Sat	9 am - 5 pm
Mar 11	Sun	9 am - 5 pm
Mar 15	Thur	11 am - 6 pm
Mar 16	Fri	11 am - 6 pm
Mar 17	Sat	9 am - 5 pm
Session II register by 3/26		
Mar 30 (pre-swim only)	Fri	7:45 pm
Mar 31	Sat	9 am - 5 pm
Apr 1	Sun	9 am - 5 pm
Apr 5	Thur	4 - 8 pm
Apr 6	Fri	4 - 8 pm
Apr 7	Sat	9 am - 5 pm
Apr 8	Sun	9 am - 1 pm



Basic Water Rescue

Ages 15 & Up

This course will provide participants with the knowledge and skills necessary to prevent, recognize and respond to aquatic emergencies. It also prepares participants for aquatic emergencies by teaching them how to protect themselves while assisting others. This course is designed for all public safety personnel, camp personnel and day trip leaders, daycare workers, school teachers, aquatic fitness instructors, aquatic therapists, parents and anyone involved in aquatic activities.

*Basic Water Rescue does not provide participants with the knowledge and skills needed to be certified as a lifeguard.

For information on Lifeguard Training see above*

Activity Fee: \$50

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
May 12	Sat	2:30 - 6:30 pm
June 9	Sat	2:30 - 6:30 pm

CPR Challenge Course

Ages 15 & Up

This course is designed to re-certify lifeguards in CPR for the professional rescuer. This course is not a full CPR course. Course pre-requisite: participant must have previous training in CPR. Please pre-register no later than the Thursday prior to each class.

Activity Fee: \$40

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Apr 20	Fri	5 - 7 pm
May 11	Fri	5 - 7 pm

Advanced Stroke Development

Ages 5 - 18

Advanced Stroke Development is a year-round swim program designed for those who want advanced swim instruction, but are not yet ready to swim competitively. Swimmers will be taught advanced stroke development, endurance and diving in a fun swim team atmosphere. Your child will make new friends and get a great workout while they learn to perfect their skills. Swimmers who are ready and willing to swim competitively will be encouraged to join a certified USA Swim Team and begin their swimming careers!

Activity Fee: \$35/month

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 2 - 30	M/W/F	5:45 - 6:45 pm
Feb 1 - 29	M/W/F	5:45 - 6:45 pm
Mar 2 - 30	M/W/F	5:45 - 6:45 pm
Apr 2 - 30	M/W/F	5:45 - 6:45 pm
May 2 - 30	M/W/F	5:45 - 6:45 pm



Aqua Fitness

Ages 16 & Up

Aqua Fitness is a low impact exercise program designed to give you an aerobic workout while developing your muscle tone and endurance. Get your body moving and maintain your health and well-being. Instructor: Debbie Bucarey

Activity Fee: 3 days a week/month \$33

2 days a week/month \$28 1 day a week/month \$19

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 2 - 30	M/W/F	8 - 9 am
Feb 1 - 29	M/W/F	8 - 9 am
Mar 2 - 30	M/W/F	8 - 9 am
Apr 2 - 30	M/W/F	7:30 - 8:30 am or
Apr 2 - 30	M/W/F	8:30 - 9:30 am
May 2 - 30	M/W/F	7:30 - 8:30 am or
May 2 - 30	M/W/F	8:30 - 9:30 am
May 2 - 30	M/W/F	6 - 7 pm

Splash Dance

Ages 16 & Up

A great work-out to good music in the pool. It's water aerobics with a kick! This fitness combination is both beneficial AND enjoyable. Ability to swim is optional - ability to have FUN is required! Instructor: Pam Adams

Activity Fee: 3 days a week/month \$35

2 days a week/month \$30 1 day a week/month \$21

Location: Civic Center Park Aquatic Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 3 - 31	Tu/Th/Sat	8:30 - 9:30 am
Feb 2 - 28	Tu/Th/Sat	8:30 - 9:30 am
Mar 1 - 31	Tu/Th/Sat	8:30 - 9:30 am
Apr 3 - 28	Tu/Th/Sat	7:30 - 8:30 am or
	Tu/Th/Sat	8:30 - 9:30 am
May 1 - 31	Tu/Th/Sat	7:30 - 8:30 am or
	Tu/Th/Sat	8:30 - 9:30 am

SWIM FAIR

Registration for summer swim lessons
Saturday, May 19th @ Town Hall
7:30 - 10 am
Apple Valley Residents

Non-Residents can register starting at 10 am or whenever the Apple Valley line is empty.

- Proof of residency required (ID and utility bill)
- Only a parent or legal guardian can register children for classes
- Free childcare provided
- Swim lesson schedule will be available May 1st.
- Enroll carefully as there are NO refunds, transfers or credits.
- Line will form in between Town Hall and the Police Department - next to the white gazebo.



Water Festival 2012

Saturday, May 26th

Session 1: 12 - 3 pm

Session 2: 3:30 - 6:30 pm

Civic Center Park Aquatic Center

Join us in celebrating the start of summer! Enjoy games, water slides, bounce house and lots of food vendors.

Pre-registration: \$2/person

At the door: \$3/person

Only pre-registered participants will be allowed in for the first 15 minutes or until the line is empty. Then "at the door" participants will be admitted. Pre-register at Town Hall or the Aquatic Center.





Eggstravaganza

Saturday, April 7th
James Woody Community Center
13467 Navajo Road



Fun-filled event for the entire family!

Egg Hunt @ 9 am sharp on Field 1

- Game booths
- Face painting
- Bouncer slide
- Concession stand
- And more!

Event wristband - \$5



Join in the excitement of the Annual Easter Egg Hunt and Eggstravaganza! This event has been proudly sponsored by the Apple Valley Optimist Club #15017 for over 40 years. Members from #15017 will fill thousands of plastic eggs with candies and goodies for the little ones to find. Please join us for a day of family fun.

Annual Tri-Star Basketball Skills Contest

Ages 8 - 13

Sponsored by the Apple Valley Optimist Club, this is a special feature of the youth basketball season. Girls and boys compete in dribbling, shooting and passing contests. Winners receive awards and can advance to higher levels of competition.

Activity Fee: FREE

Location: James Woody Community Center Gym

Date:	Day:	Time:
Feb 21	Tu	6 - 8 pm

Hershey Youth Track & Field Games

Ages 8 - 12

Break out those running shoes and come take part in this free event! There will be no late or on-site registrations. Events include the 50M, 100M, 200M, 400M, 800M and 1600M runs, a softball throw and standing long jump. There will also be an exciting 1600M school relay race to conclude the event. Call (760) 240-7880 for more information. Pre-register at the Recreation counter at Town Hall before 4/5.

Activity Fee: FREE

Location: Newton T. Bass Stadium at Apple Valley High School - 11837 Navajo Road

Date:	Day:	Time:
Apr 14	Sat	8 am - 2 pm

Apple Valley Emergency Preparedness Fair

All Ages Welcome

Shake, rattle and roll out to the second annual Apple Valley Emergency Preparedness Fair. Bring the family to get educated about how to prepare for an emergency. Learn about making a home and work emergency kit, how to take care of your animals, what your communication options may be during a crisis and more. The event is sponsored by the Town of Apple Valley, St. Mary Medical Center, American Red Cross, Apple Valley Unified School District, Apple Valley Fire District and Service Master. Lunch included.

Activity Fee: FREE

Location: The Church of Jesus Christ of Latter-day Saints, 15500 Tuscola Rd

Date:	Day:	Time:
Apr 14	Sat	9 am - 12 pm

Rockin' Flea Market

Rock and roll and shop 'til you drop! Our community flea market plays host to individuals, non-profit, church and civic groups to sell rummage items. Live music and food vendors will make your shopping a unique experience. Vendor space is \$20. Call (760) 240-7000 ext 7071 for more information or visit AppleValleyEvents.org.

Activity Fee: FREE to shoppers

Location: Lion's Park

Date:	Day:	Time:
May 12	Sat	8 am - 1 pm

Community Clean-Up Day

All Ages Welcome

Take pride in Apple Valley and help clean up the litter. As many as 900 individuals and organizations turned out last year, ridding the desert of an estimated 40 tons of trash. For three hours of your time, the Town will provide the water and trash bags, as well as a T-shirt and pizza lunch, while supplies last. Pre-registration starts in March. Call (760) 240-7000 ext 7071 for more information or visit AppleValleyEvents.org.

Activity Fee: FREE

Location: Check in at Town Hall
14955 Dale Evans Parkway

Date:	Day:	Time:
Apr 14	Sat	8:30 am - 12 pm

Concerts in the Courtyard

Connect with friends, family and neighbors with live music at The Courtyard of Apple Valley Commons. The beautiful outdoor dining area is located at the northwest corner of Highway 18 and Dale Evans Parkway, next to Round Table Pizza. Call (760) 240-7000 ext 7071 for more information or visit AppleValleyEvents.org.

Activity Fee: FREE

Date:	Day:	Time:
May 3, 10, 17, 24, 31	Th	5:30 - 7:30 pm

Sunset Concert Series

Our concert series kicks off on June 21 with live entertainment, a beer garden, shopping and food vendors! Watch the Town website at www.AppleValleyEvents.org and the next issue of *A Better Way to Play* for more information!

Mother's Day Luncheon

All Ages Welcome

Mothers and daughters - enjoy a special day with each other. Let the recreation staff serve you lunch while you create a special craft and participate in some mother/daughter activities. Deadline to sign up is 5/9.

Activity Fee: \$5/per person

Location: Town Hall Recreation Center

Date:	Day:	Time:
May 12	Sat	11 am - 1 pm



10th Annual Apple Valley Idol & Ice Cream Social

Ages 8 - 18

Apple Valley Idol is back for its 10th season! Join us for a night filled with singing, fun and an ice cream social. Those wishing to perform must fill out an information sheet and will audition on 6/20 before being accepted. Participants will be judged and the top three performers in each age group will receive an award. Top winners will be invited to perform at the 4th of July Freedom Festival and other Town events. Registration deadline is 6/14.

Activity Fee: FREE

Location: Civic Center Park Amphitheater

Date:	Day:	Time:
June 22	Fri	6:30 - 9 pm



Party Packages

For ages 8 & under

Let the Town of Apple Valley Park and Recreation Department take care of your party planning needs. Our staff will help you coordinate a successful party. Maximum of 25 guests.

Save \$10 when you book an hour of face painting through Magic Moments Face Painting.

Ask about our skate park party packages too!
Call (760) 240-7880 for details



Father & Son Basketball Tournament

Ages 10 - 15

Dad - bring your son and hoop it up at our 5th Annual 2-on-2 Father and Son Basketball Tournament. Teams are guaranteed a minimum of two games. Awards will be given to the top three teams in each division. Registration deadline is 5/31.

Activity Fee: \$31/team

Location: James Woody Community Center Gym

Date:	Day:	Time:
June 10	Sun	9 - 2 pm

Magic Moments Face Painting

Rent a face painter for a birthday party or community event. A trained, experienced face painter is just the entertainment your next party needs. Your choice of cheek art or fully-painted faces.

Subject to availability;
two weeks notice is required.

Call (760) 240-7880 for reservations.

\$60 for the first 1 hour;
\$20 each additional 1/2 hour
+ mileage from Town Hall to your location.

Face painting provided by Alicia Dannelley
Visit www.AVRecreation.org to see photos of her work.
Go to "Recreation Events" and then click on "Magic Moments Face Painting."

Cruisin' Fur Critters Poker Run & Classic Car Show

All Ages Welcome

Help benefit our furry friends at the Apple Valley Animal Shelter. Enjoy a ride from the Animal Shelter to Wrightwood, stopping at different merchants in both areas. Fee includes poker card, ride pin and t-shirt for pre-registrants. Pre-registration available now through 5/11. Raffles, LIVE music, high/low hand prize, vendors, classic car show and more!
Call Animal Services at (760) 240-7000 ext. 7060 or visit www.AVAnimals.org for more information.

Activity Fee: \$25/1st rider, \$10/passenger, \$30/car

Location: Animal Shelter - 22131 Powhatan Road

Date:	Day:	Time:
June 2	Sat	Registration starts @ 7:30 am

Pastries and Conversation

Active Adults 25 & Up

Want to get out of the house for a short while? Then join us for our Pastries and Conversation gathering. During this 2-hour social you will enjoy an assortment of teas and coffee along with your favorite pastries.

Activity Fee: FREE

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 10	Tu	8:30 - 10:30 am
Feb 7	Tu	8:30 - 10:30 am
Mar 13	Tu	8:30 - 10:30 am
Apr 10	Tu	8:30 - 10:30 am
May 8	Tu	8:30 - 10:30 am



Wii Bowling Tournament

Active Adults 25 & Up

Dust off your old bowling shoes and join in the fun at our Wii bowling tournament. Bring your own team or play as an individual. You are sure to have a lot of fun!

Activity Fee: FREE

Location: Town Hall Recreation Center

Date:	Day:	Time:
May 3	Th	10 am - 12 pm



High Tea

Active Adults 25 & Up

Want to escape the every day grind and get out and meet new and old friends over a cup of tea? Join us at the Town Hall Recreation Center for tea, coffee and cookies. Get to know new people - laughter and conversation are guaranteed!

Activity Fee: FREE

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 25	Wed	2:30 - 4 pm
Feb 29	Wed	2:30 - 4 pm
Mar 28	Wed	2:30 - 4 pm
Apr 25	Wed	2:30 - 4 pm
May 30	Wed	2:30 - 4 pm

Spring Men's Adult Basketball League

Ages 18 & Up

It's time to dust off those old basketball shoes and sign up your team to play some hoops! This league is fast break and will run for 8 weeks. Only 8 teams will be accepted. Registration deadline is 2/2.

Activity Fee: \$325/team

Location: James Woody Community Center Gym

Date:	Day:	Time:
Feb 19	Sun	5 - 9 pm



Spring Co-ed Softball League

Ages 18 & Up

Spring league now forming! Contact the Recreation Office at (760) 240-7880 to register your team. All players must be over 18 years of age. Registration deadline is 2/16. Only 12 teams will be accepted in this league, so register early! Men must use a wooden softball bat 2 1/4" in diameter.

Activity Fee: \$315/team

Location: Lenny Brewster Sports Center

Date:	Day:	Time:
Mar 2	Fri	6 - 10:45 pm

Spring Men's Adult Softball League

Ages 18 & Up

League play will run for 9 weeks. The championship team will receive a gift certificate for Valley Sporting Goods. Registration deadline is 2/16. No game 4/8.

Activity Fee: \$315/team

Location: Lenny Brewster Sports Center

Date:	Day:	Time:
Mar 4	Sun	2 - 8 pm



James Woody Community Center Gym

Located at 13413 Navajo Road, the facility includes a full-size basketball court and two full-size volleyball courts. Children under 12 must be accompanied by an adult. Call (760) 240-4892 for details and schedule.

Open Gym (Basketball)

Schedule is subject to change and will vary depending on current league schedule.

Wednesdays 6:00 - 9:00 pm

Fridays 6:00 - 9:00 pm

Sundays 1:00 - 4:00 pm

Cost: \$2/youth \$3/adult



Summer Co-Ed Youth Basketball

Ages 7 - 17

Maintain those skills over the summer! This program will emphasize sportsmanship, learning basic skills, teamwork and fun. All girls and boys ages 7 - 17 are invited to play! Practice (1 hour per week) will begin in June. Fee includes 8-week season, game shirt, officials, scorekeepers and gym costs. Volunteer coaches are needed. Registration deadline is 5/14. Space is limited, so sign up early!

Activity Fee: \$50

Location: James Woody Community Center Gym

Practice:	Games:	Days:
Starts May 29 or 31	Start June 9	Tu/Th/Sat

Summer Pee Wee & Hot Shots Basketball

Pee Wee Ages 3 & 4
Hot Shots Ages 5 & 6

A fun, non-competitive introduction to basketball for the little ones. Basic skills will be taught while having fun with other youngsters! Volunteer coaches needed. Cost includes t-shirt, team party and trophy. Registration deadline is 5/24. Due to limited capacity, registration prior to the deadline is recommended.

Activity Fee: \$40

Location: James Woody Community Center Mini-Gym

Games:	Day:
Start June 9	Sat

Adventures in Pee Wee Sports

Ages 3 & 4

This 6-week session will stress the basic skills needed for our department's team sports including soccer, basketball and T-ball. We emphasize sportsmanship, fair play and safety. Due to limited capacity, registration prior to the deadline is recommended. Registration deadline is one week prior to the start date.

Activity Fee: \$40

Location: James Woody Community Center
Retention Basin

Date:	Day:	Time:
Feb 25 - Mar 31	Sat	10 - 11 am
Mar 21 - Apr 25	Wed	4:30 - 5:30 pm

Pee Wee T-ball

Ages 3 & 4

It's fun! It's exciting! It's downright cute! Join us for a fun, non-competitive introduction to T-ball. Fundamental skills and good sportsmanship will be emphasized. Volunteer coaches are needed. Cost includes T-shirt, trophy and team party. Due to limited capacity, registration prior to the deadline is recommended. Registration deadline is 3/22.

Activity Fee: \$40

Location: James Woody Community Center
Retention Basin

Starts:	Day:	Time:
Apr 10	Tu	5 - 6 pm
Apr 14	Sat	Mornings

Youth Co-ed Volleyball

Grades 6 - 9

Our non-competitive volleyball league is perfect for those wanting to experience the sport for the first time or those experienced players who want to sharpen their skills. Practice is 1 hour per week and 1 game per week. Volunteer officials and coaches needed. Deadline to register is 2/23. Two age divisions: 6 - 7th grade and 8 - 9th grade.

Activity Fee: \$50

Location: James Woody Community Center Gym

Practice:	Games:	Days:
Starts week of Mar 19	Start week of Apr 2	Tu/Th/Sat

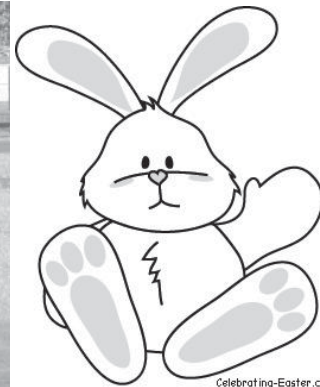


Bunny Run

5K Walk & 5K/10K Run

Saturday, April 7

Check in at 7 am; Race starts at 8 am
James Woody Community Center on Field 8
(off Ottawa Road)



Kick off the spring season in the Town of Apple Valley by running (or hopping) in our annual Bunny Run. Separate awards for men and women in many age divisions. A signed liability release is required for all participants. Free commemorative race T-shirts for the first 50 pre-registered, paid runners. Limited supply of T-shirts available for \$10.

Sponsored by:



Official Run Entry Form

Mail to: Town of Apple Valley Recreation Department, 14955 Dale Evans Parkway, Apple Valley, CA 92307

Name _____ Date of Birth _____ Age _____

Address _____ City _____ Zip Code _____

Phone _____ Alternate Phone _____ E-mail _____

Circle Appropriate Fee:

Runners: 5K/10K Run \$15 Pre-register by April 5
 \$18 after April 5 and day of race
Walkers: 5K Walk FREE (must sign a liability waiver to participate)

I Wish to Enter the Following:

5K Run _____ 10K Run _____ 5K Walk _____
Female _____ Male _____

Age Divisions:

12 & under (5K only) 13 - 17 18 - 29 30 - 39 40 - 49 50 - 59 60 & up
(only applies to run participants; walkers do not need to circle an age group)

T-shirt:

\$10 (limited supply) yes _____ no _____

Please circle size:

S M L XL

Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazard involved and hereby agree to accept any and all risks of injury or death. I understand the race is run on public streets that are not closed to vehicular traffic. I will run on the shoulder whenever possible and take all safety precautions when on the road. The Town is not responsible for participant's injuries or damages occurring from hazardous recreation activities (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities.

Participant Signature _____ Date _____

Parent Signature (if under age 18) _____ Date _____

Office Use: Date Paid _____ Amount Paid _____ CA/CK _____ Shirt Rec'd _____ Initials _____ FREE Shirt _____

Fotoworkz® Photography

Ages 16 & Up

Wish you knew more about photography to make your shots stand out more? Learn more about different common functions of digital cameras and how to use them for maximum effect like the pros. Digital camera provided for class use. Instructor: MUSICSTAR® Staff

Activity Fee: \$40/4 weeks + \$15 for book and CD

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Jan 3 - 24	Tu	7 - 7:50 pm
Feb 7 - 28	Tu	7 - 7:50 pm
Mar 6 - 27	Tu	7 - 7:50 pm
Apr 3 - 24	Tu	7 - 7:50 pm
May 1 - 22	Tu	7 - 7:50 pm

Drumworkz® Hand Drumming

Ages 16 & Up

Feel the rhythm and get into the groove! This exciting class will explore the concepts of rhythm and drumming techniques. Learn in an exciting group environment and experience playing together as an ensemble. Drums are available for use. Instructor: MUSICSTAR® Staff

Activity Fee: \$40/4 weeks + \$15 for book and CD

Location: James Woody Community Center
Mini-Gym

Date:	Day:	Time:
Jan 3 - 24	Tu	6 - 6:50 pm
Feb 7 - 28	Tu	6 - 6:50 pm
Mar 6 - 27	Tu	6 - 6:50 pm
Apr 3 - 24	Tu	6 - 6:50 pm
May 1 - 22	Tu	6 - 6:50 pm

Just ONCE Guitar - Online

Ages 13 & Up

Have you ever wanted to learn the guitar but simply can't find the time? This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Instructor: Craig Coffman

This is a virtual classroom. You will be able to interact LIVE with the instructor just like in a real classroom. All you need is a computer, webcam, microphone, high speed internet connection and guitar. Fee includes workbook and practice CD.

Activity Fee: \$58

Date:	Day:	Time:
Feb 26	Sun	4 - 6:30 pm

Guitar Lessons

Ages 8 & Up

Learn to play the guitar and have your friends and family singing along in no time! No guitar experience is required. Learn basic chords, scales and strumming.

Instructor: Neil Garcia

Activity Fee: \$45 \$34.25 (May)

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 9 - 30	Mon	5:45 - 6:45 pm
Feb 6 - 27	Mon	5:45 - 6:45 pm
Mar 5 - 26	Mon	5:45 - 6:45 pm
Apr 2 - 23	Mon	5:45 - 6:45 pm
May 7 - 21	Mon	5:45 - 6:45 pm



CPR/AED Community & Workplace

Ages 12 & Up

Class follows the American Red Cross guidelines. We will cover one and two person CPR/AED for adult/child/infant. This class is *not* for medical personnel. A \$20 materials fee is payable to the instructor, in cash, on the day of class. Materials fee is \$27 if taking both First Aid and CPR. Instructor: Andy Shoup

Activity Fee: \$40 plus \$20 materials fee

Location: Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 7	Sat	9 am - 1 pm
Feb 4	Sat	9 am - 1 pm
Mar 3	Sat	9 am - 1 pm
Apr 7	Sat	9 am - 1 pm
May 5	Sat	9 am - 1 pm



Fencing

Ages 6 & Up

Fencing combines the agility of martial arts with the mental challenge of outwitting your opponent. Students will learn basic footwork, attacks, defense and strategy, while developing concentration, flexibility, balance and speed. Equipment will be provided. A deposit of \$50 for equipment must be paid to the instructor on the first day of class. Instructor: Jose Guerra

6:30 - 7:30 pm (6-12 years) 7:30 - 8:30 pm (13 & Up)

Activity Fee: \$67/month

Location: James Woody Community Center Mini-Gym

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 5 - 26	Th	See above
Feb 2 - 23	Th	See above
Mar 1 - 22	Th	See above
Apr 5 - 26	Th	See above
May 3 - 24	Th	See above

First Aid

Ages 12 & Up

Class follows the American Red Cross guidelines. We will cover the basic first aid procedures for burns, allergic reactions, shock, limb injuries, spine injuries, asthma, poisoning and heat/cold emergencies. A \$20 materials fee is payable to the instructor, in cash, on the day of class. Materials fee is \$27 if taking both First Aid and CPR.

Instructor: Andy Shoup

Activity Fee: \$40 plus \$20 materials fee

Location: Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 7	Sat	1:30 - 5:30 pm
Feb 4	Sat	1:30 - 5:30 pm
Mar 3	Sat	1:30 - 5:30 pm
Apr 7	Sat	1:30 - 5:30 pm
May 5	Sat	1:30 - 5:30 pm

Anatomy of a Novel

Ages 12 & Up

Are you one of the 86% of Americans who have dreamed of writing a book? If so, this is the class for you! This introduction to novel writing covers character development, plot, setting, bringing your storyline to life and mining your personal experiences to create better fiction. No class 2/14. Instructor: Charlene Engeron

Activity Fee: \$42

Location: Town Hall Development Services Building
Conference Room 1

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Feb 7 - Mar 6	Tue	5:30 - 7 pm
May 1 - 22	Tue	5:30 - 7 pm

San Soo Self Defense

Ages 8 & Up

San Soo is a pure self-defense, street-fighting martial art. Practitioners learn how to use various strikes and leverages to STOP an attack. Builds confidence, balance and ability. All shapes and sizes are welcome. Additional fees for equipment will be paid to the instructor.

Instructor: Martin Calderon, 5th degree black belt

Activity Fee: \$40/month

Location: James Woody Community Center Mini-Gym

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 2 - 30	M/F	6:30 - 7:30 pm
Feb 3 - 27	M/F	6:30 - 7:30 pm
Mar 2 - 30	M/F	6:30 - 7:30 pm
Apr 2 - 30	M/F	6:30 - 7:30 pm
May 4 - 28	M/F	6:30 - 7:30 pm

Academic Tots

Introduce your child to a place where they can grow and explore through a variety of learning experiences. Classes are taught by Olivia Ayala who has over 20 years hands-on experience. Classes follow the AVUSD calendar. Parent participation is required twice a month. An annual \$25 registration fee, in cash, is due on the first day of class and paid to the instructor. Call Olivia at (760) 240-1159 for more information. See details for each class below. No class 3/13 - 3/16.

Activity Fee: \$59/month

Location: James Woody Community Center Auditorium



Small Fries

Age 3

- Class provides an opportunity for children to separate from their parents.
- Introduction to sharing and cooperative play.
- Introduction to early learning - colors, shapes, counting and alphabet.
- Increase attention span, improve social growth and develop language skills.

Date:	Day:	Time:
Jan 4 - 27	Wed/Fri	8:30 - 11 am
Feb 1 - 29	Wed/Fri	8:30 - 11 am
Mar 2 - 30	Wed/Fri	8:30 - 11 am
Apr 4 - 27	Wed/Fri	8:30 - 11 am
May 2 - 30	Wed/Fri	8:30 - 11 am

Tater Tots Pre K

Age 4

- Child must be 4 by November 1st.
- Program progresses as child progresses in a developmentally appropriate environment.
- Emphasis on letter recognition, math concepts and kindergarten readiness.
- Reinforcement of letters, phonics and number recognition.
- Learn how to follow directions, improve language skills and social growth.

Date:	Day:	Time:
Jan 3 - 31	Tu/Th	8:30 - 11 am
Feb 2 - 28	Tu/Th	8:30 - 11 am
Mar 1 - 29	Tu/Th	8:30 - 11 am
Apr 3 - 26	Tu/Th	8:30 - 11 am
May 1 - 31	Tu/Th	8:30 - 11 am

Tots Academy

Ages 3 1/2 - 4

A drop off class designed to prepare your child for kindergarten. This program will review the letters of the alphabet, phonics, numbers, shapes and colors. Parents must volunteer a minimum of one day per month. No class 3/13 & 3/15.

Instructor: Rosanne Abolnik

Activity Fee: \$55/4 weeks \$41.75 (Mar)

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 3 - 26	Tu/Th	9:30 - 11:30 am
Feb 7 - Mar 1	Tu/Th	9:30 - 11:30 am
Mar 6 - 29	Tu/Th	9:30 - 11:30 am
Apr 3 - 26	Tu/Th	9:30 - 11:30 am
May 8 - 31	Tu/Th	9:30 - 11:30 am



Parent & Tot Time

Ages 2 - 3 1/2

Parent & Tot is a class for you and your toddler. We will learn the basics by having fun with activities, crafts and story time. No class 3/13 & 3/15.

Instructor: Rosanne Abolnik

Activity Fee: \$48/4 weeks \$36.50 (Mar)

Location: Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 3 - 26	Tu/Th	8 - 9 am
Feb 7 - Mar 1	Tu/Th	8 - 9 am
Mar 6 - 29	Tu/Th	8 - 9 am
Apr 3 - 26	Tu/Th	8 - 9 am
May 8 - 31	Tu/Th	8 - 9 am



Evening Parent & Tot Time

Ages 2 - 4

Join in on the evening version of one of our most popular classes! This program is structured the same as the morning class. No class 3/14. Instructor: Rosanne Abolnik

Activity Fee: \$25/4 weeks \$19.25 (Mar)

Location: Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 4 - 25	Wed	5:30 - 6:30 pm
Feb 1 - 22	Wed	5:30 - 6:30 pm
Mar 7 - 28	Wed	5:30 - 6:30 pm
Apr 4 - 25	Wed	5:30 - 6:30 pm
May 2 - 23	Wed	5:30 - 6:30 pm

MUSICSTAR® KIDZ

Early Explorers

Ages 6 mos - 3 years

Explore music as a powerful tool in the development of your child. Fun learning activities are designed to improve mind and body coordination, develop critical listening skills and improve tactile senses. Instructor: MUSICSTAR® staff

Activity Fee: \$40/4 weeks and \$15 for book, CD & instrument

Location: James Woody Community Center Arts & Crafts Room

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 3 - 24	Tu	9 - 9:50 am
Feb 7 - 28	Tu	9 - 9:50 am
Mar 6 - 27	Tu	9 - 9:50 am
Apr 3 - 24	Tu	9 - 9:50 am
May 1 - 22	Tu	9 - 9:50 am

MUSICSTAR® KIDZ

Young Explorers

Ages 3 - 5

Explore music as a powerful tool in the development of your child. Fun and targeted learning activities are designed to improve mind and body coordination. Class will engage children in more advanced instrumental music and singing. Instructor: MUSICSTAR® staff

Activity Fee: \$40/4 weeks and \$15 for book, CD & instrument

Location: James Woody Community Center Arts & Crafts Room

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Jan 3 - 24	Tu	10 - 10:50 am
Feb 7 - 28	Tu	10 - 10:50 am
Mar 6 - 27	Tu	10 - 10:50 am
Apr 3 - 24	Tu	10 - 10:50 am
May 1 - 22	Tu	10 - 10:50 am

Mommy & Me Gymnastics

Ages 1 1/2 - 3

Mommy and Me Gymnastics is a child-parent interactive program that stimulates your child's athletic ability. Register in advance at Town Hall. A \$35 annual registration fee is due on the first day of class. This fee is for insurance and general maintenance costs. Registration fee is paid directly to 360 Gymnastics.

Activity Fee: \$30/month

Location: 360 Freestyle Gymnastics Academy
22355 Powhatan Rd, C-1 Apple Valley

Date:	Day:	Time:
Jan 4 - 25	Wed	2:30 - 3 pm
Feb 1 - 29	Wed	2:30 - 3 pm
Mar 7 - 28	Wed	2:30 - 3 pm
Apr 4 - 25	Wed	2:30 - 3 pm
May 2 - 30	Wed	2:30 - 3 pm

Tumble Tots Gymnastics

Ages 4 - 6

This class is designed to introduce young children to the fundamentals of gymnastics. Register in advance at Town Hall. A \$35 annual registration fee is due on the first day of class. This fee is for insurance and general maintenance costs. Registration fee is paid directly to 360 Gymnastics.

Activity Fee: \$35/month

Location: 360 Freestyle Gymnastics Academy
22355 Powhatan Rd, C-1 Apple Valley

Date:	Day:	Time:
Jan 7 - 28	Sat	1 - 1:45 pm
Feb 4 - 25	Sat	1 - 1:45 pm
Mar 3 - 31	Sat	1 - 1:45 pm
Apr 7 - 28	Sat	1 - 1:45 pm
May 5 - 26	Sat	1 - 1:45 pm

Pee Wee Tennis

Ages 3 - 5

Sign up today and your child will experience a challenging learning environment where they can master new skills. Small group lessons are offered for the young tennis enthusiast. Please bring a tennis racquet and a can of balls. Register at Town Hall. Instructor: Bill Mocharnuk

Activity Fee: \$22/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Jan 7 - 28	Sat	8 - 8:30 am
Feb 4 - 25	Sat	8 - 8:30 am
Mar 3 - 24	Sat	8 - 8:30 am
Apr 7 - 28	Sat	8 - 8:30 am
May 5 - 26	Sat	8 - 8:30 am



Preschool Tap & Ballet

Ages 3 - 6

Help your child develop self-confidence and poise through the art of ballet and tap dance. Posture, grace, rhythm, arm and foot positions and basic stretches will be taught. No class 2/22 or 5/23. Instructor: Angel Lin

Activity Fee: \$27

Location: James Woody Community Center
Auditorium Stage

Date:	Day:	Time:
Jan 4 - 25	Wed	2 - 2:45 pm or 3 - 3:45 pm
Feb 1 - 29	Wed	2 - 2:45 pm or 3 - 3:45 pm
Mar 7 - 28	Wed	2 - 2:45 pm or 3 - 3:45 pm
Apr 4 - 25	Wed	2 - 2:45 pm or 3 - 3:45 pm
May 2 - 30	Wed	2 - 2:45 pm or 3 - 3:45 pm



Day Camp

Grades K - 6

Day Camp is the perfect school break solution for young adventurers. Boys and girls are divided by grades (K-3 and 4-6), and have at least one counselor for every 12 day campers. The entire park is utilized for a full schedule of activities. Sports are offered daily, with emphasis on skill development and sportsmanship. Campers also take part in science and nature experiments as well as interesting craft projects. Favorite playground games like Capture-the-Flag and Ultimate Frisbee are mixed with other activities like board games or a scavenger hunt. The recreation staff is assisted by responsible high school and college-aged students, providing a fun, safe environment for the campers. Bring lunch and a morning snack. Program is limited to the first 60 participants, so register early!

Activity Fee: \$88/week (full time) \$45/week (1/2 days)

Location: Town Hall Recreation Center

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>
Mar 12 - 16	M - F	7 am - 6:15 pm



After School Activities Program Fun Factory

The After School Activities Program (ASAP) is the place to be!

Our program offers:

- Homework club
- Music
- Dance
- Indoor and outdoor games
- Arts and crafts
- Cooking
- Afternoon snack

ASAP is offered at:

AAE Lewis Center (Corwin Road Campus)	2:50 - 6:15 pm	(2 - 4)
AAE Lewis Center (Thunderbird Campus)	3:10 - 6:15 pm	(K - 1)
Rio Vista Elementary School	3:15 - 6:15 pm	(K - 6)
Sitting Bull Academy (Lower Campus)	2:30 - 5:30 pm	(K - 4)
Sitting Bull Academy (Upper Campus)	2:30 - 5:30 pm	(5 - 8)
Vanguard Preparatory School	2:30 - 5:30 pm	(K - 8)

ASAP starts as soon as school gets out, including minimum days.

There is no program during non-school days. Children must be pre-registered prior to attending.

\$33/weekly registration

Register at the Recreation counter at Town Hall.

ASAP Only: Pay by phone option! Call (760) 240-7880 for details!

Teen Zone Volunteer Program

Who: All eager teens, ages 13-16

What: Volunteer to help at programs and events with the Recreation Department and community projects.

Why: To earn school credit (for schools that offer it), gain valuable work experience, or just to help your community and have some fun!

Where: We meet the second Friday of every month from 6 - 7:30 pm at the Town Hall Recreation Center. Our next meeting is January 13, 2012.

For more information on how to get involved call Alicia Dannelley at (760) 240-7000, ext. 7891



Youth Tumbling

Ages 5 - 14

Learn jumps, rolls, cartwheels, walkovers and hand springs. Classes also cover stretching and conditioning exercises. Advancement is at the discretion of the coach. Form-fitting clothing is required. No class 1/3, 3/20, 5/22. Instructor: Lonnie Richling

Activity Fee: \$37 (Level 1) \$9.50 (Level 2)

Location: James Woody Community Center Mini-Gym

Date:	Day:	Time:
Jan 10 - 31	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)
Feb 7 - 28	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)
Mar 6 - 27	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)
Apr 3 - 24	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)
May 1 - 29	Tu	4 - 4:50 pm (Level 1) 5 - 5:20 pm (Level 2)

Zumbatomic®

LIL' Starz

Ages 4 - 7

Zumbatomic® is a fun and healthy program for children using the ZUMBA® fitness concept. A different look at fitness fun and games are the main focus, while keeping kids active and energized. No class 1/31.

Instructor: Maria Chapman

Activity Fee: \$22/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 3 - 24	Tu	4:30 - 5:15 pm
Feb 7 - 28	Tu	4:30 - 5:15 pm
Mar 6 - 27	Tu	4:30 - 5:15 pm
Apr 3 - 24	Tu	4:30 - 5:15 pm

Zumbatomic®

BIG Starz

Ages 8 - 12

Zumbatomic® is a fun and healthy program for children using the ZUMBA® fitness concept. A different look at fitness fun and games are the main focus, while keeping kids active and energized. Instructor: Maria Chapman

Activity Fee: \$22/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 5 - 26	Th	4:30 - 5:15 pm
Feb 2 - 23	Th	4:30 - 5:15 pm
Mar 1 - 29	Th	4:30 - 5:15 pm
Apr 5 - 26	Th	4:30 - 5:15 pm

Beginning Gymnastics

Ages 7 - 12

This class is a recreational program designed to introduce boys and girls to the sport of gymnastics. Register in advance at Town Hall. A \$35 annual registration fee is due on the first day of class. This fee is for insurance and general maintenance costs. Registration fee is paid directly to 360 Gymnastics.

Activity Fee: \$40/month

Location: 360 Freestyle Gymnastics Academy
22355 Powhattan Rd, C-1, Apple Valley

Date:	Day:	Time:
Jan 7 - 28	Sat	1:45 - 2:45 pm
Feb 4 - 25	Sat	1:45 - 2:45 pm
Mar 3 - 31	Sat	1:45 - 2:45 pm
Apr 7 - 28	Sat	1:45 - 2:45 pm
May 5 - 26	Sat	1:45 - 2:45 pm

Hip Hop

Ages 6 - 18

Hip Hop is an energetic and creative form of dance that is sure to get you moving! Learn the fundamentals of a variety of Hip Hop movements. Bring your water bottle. Knee pads are required. Instructor: Chad Rodgers

4 - 5 pm (Beg) 5 - 6 pm (Adv)

Activity Fee: \$32/month

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Jan 6 - 27	Fri	See above
Feb 3 - 24	Fri	See above
Mar 2 - 30	Fri	See above
Apr 6 - 27	Fri	See above
May 4 - 25	Fri	See above



Pom Pom

Ages 4 1/2 - 13

Join in with the Shining Stars and possibly march in the Disneyland Main Street Parade. Marching and dance routines will be taught. Tennis shoes and comfortable clothing are required. Pom poms can be purchased from the instructor for \$22. Instructor: Shari Taylor

Activity Fee: \$30/4 weeks

Location: James Woody Community Center
Auditorium

Date:	Day:	Time:
Jan 5 - 26	Th	6:45 - 7:30 pm
Feb 2 - 23	Th	6:45 - 7:30 pm
Mar 1 - 22	Th	6:45 - 7:30 pm
Apr 5 - 26	Th	6:45 - 7:30 pm
May 3 - 24	Th	6:45 - 7:30 pm

Ballet

Ages 5 - 15

Ballet is a poised style of dance that uses every muscle in the body. It focuses on pointe work and flowing movements. Students will learn the basics of ballet which include grace, flexibility and posture. Appropriate ballet attire and leather ballet shoes are required, but are not included in the class fee. No class 1/3, 3/20, 5/22. Instructor: Lonnie Richling

Activity Fee: \$37/4 weeks \$28.25 (Mar)

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Jan 10 - 31	Tu	6 - 6:50 pm
Feb 7 - 28	Tu	6 - 6:50 pm
Mar 6 - 27	Tu	6 - 6:50 pm
Apr 3 - 24	Tu	6 - 6:50 pm
May 1 - 29	Tu	6 - 6:50 pm

Baton Twirling

Ages 4 1/2 - 13

This class will focus on body coordination and self-discipline. Our goal is to enter competitions, march in local parades and in the Disneyland Christmas Parade in December. Tennis shoes and comfortable clothing are required. Batons are available from the instructor for \$25 (new) or \$10 (used). Instructor: Shari Taylor

5:30 - 6:15 pm (7 & under) 6 - 6:45 pm (8 & up)

Activity Fee: \$30/4 weeks

Location: James Woody Community Center Auditorium

Date:	Day:	Time:
Jan 5 - 26	Th	See above
Feb 2 - 23	Th	See above
Mar 1 - 22	Th	See above
Apr 5 - 26	Th	See above
May 3 - 24	Th	See above

Little Gypsy Dance

Ages 11 - 15

Learn the origin of music and dance from around the world. This exciting cultural/ethnic dance class will promote self-esteem, graceful moves and fun fitness for young girls. Instructor: Diane Ona

Activity Fee: \$32/month

Location: James Woody Community Center
Arts & Craft Room

Date:	Day:	Time:
Jan 5 - 26	Th	3 - 4 pm
Feb 2 - 23	Th	3 - 4 pm
Mar 1 - 22	Th	3 - 4 pm
Apr 5 - 26	Th	3 - 4 pm
May 3 - 24	Th	3 - 4 pm

MUSICSTAR® Voice

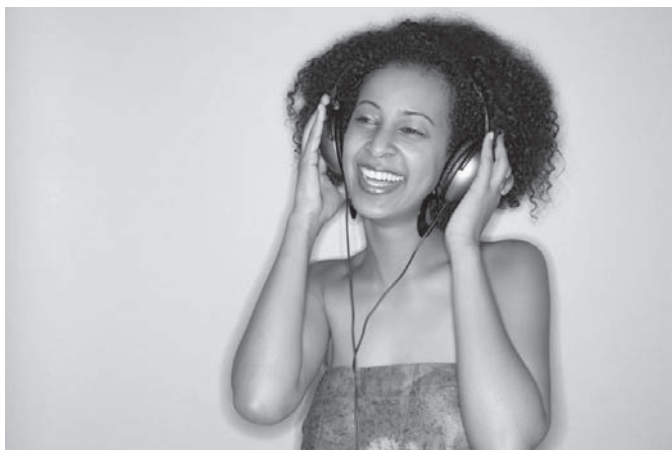
Ages 7 - 17

Discover the secrets of today's greatest voices. Musical group voice classes teach fundamental vocal technique and voice development. We will also explore advanced techniques as they apply to producing today's commercial sound. Instructor: MUSICSTAR® Staff

Activity Fee: \$40/4 weeks + \$15 for book and CD

Location: James Woody Community Center Auditorium

Date:	Day:	Time:
Jan 3 - 24	Tu	3 - 3:50 pm
Feb 7 - 28	Tu	3 - 3:50 pm
Mar 6 - 27	Tu	3 - 3:50 pm
Apr 3 - 24	Tu	3 - 3:50 pm
May 1 - 22	Tu	3 - 3:50 pm



Driver's Education

Ages 14 - 18

Driver's Education is a California-required course that must be taken to receive a driver's license. DMV-accepted completion certificates are issued upon successful completion of the course. Class does not include behind-the-wheel training.

Internet Course

Within 48 hours of registration, the student will have an account created and receive a welcome e-mail and access to the course online.

Activity Fee: \$77

Home Study Course

The home study course includes a full color textbook and five educational videos. Materials will be shipped within 5 days of registration. Students have 30 days to complete the course.

Activity Fee: \$92



Junior Golf

Ages 5 - 17

Golf lessons just for the kids! Students will learn basic rules and etiquette of golf as well the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt-no jeans. Fee includes use of golf clubs and balls. Register at Town Hall.

Activity Fee: \$49/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Jan 7 - 28	Sat	12 - 12:45 pm (5 - 8 years)
		1 - 1:45 pm (9 - 17 years)
Feb 4 - 25	Sat	12 - 12:45 pm (5 - 8 years)
		1 - 1:45 pm (9 - 17 years)
Mar 3 - 24	Sat	12 - 12:45 pm (5 - 8 years)
		1 - 1:45 pm (9 - 17 years)
Apr 7 - 28	Sat	9 - 9:45 am (5 - 8 years)
		10 - 10:45 am (9 - 17 years)
May 5 - 26	Sat	9 - 9:45 am (5 - 8 years)
		10 - 10:45 am (9 - 17 years)

Youth Tennis Lessons

Ages 6 - 17

Kids of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. Instructor: Bill Mocharnuk

Activity Fee: \$27/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Jan 7 - 28	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)
Feb 4 - 25	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)
Mar 3 - 24	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)
Apr 7 - 28	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)
May 5 - 26	Sat	8:30 - 9:15 am (Beg)
		9:15 - 10 am (Int/Adv)

3-Diamond Skate Park

Located at the James Woody Community Center

Open 9 am - dusk

Skateboard and BMX aficionados will now be able to enjoy the 3 Diamond Skate Park. The park has been renovated and expanded to accommodate both skateboard and BMX bike use.

The recently renovated park now has a distinct plaza style with stairs, ledges, a huge quarter pipe and more. BMX bikes, skateboards, roller skates and in-line skates are allowed.

All park users please be aware that the Town of Apple Valley has adopted Town Ordinance 11.68.060, the requirement for wearing a helmet, elbow and knee pads at all times while in the skate park. The rules are enforceable and citable. Thank you in advance for obeying the law.



AV PAL Youth Center



Ages 7 - 17

Programs are offered at the Apple Valley Youth Center or at the Boxing Center

Youth Center is open Monday - Friday

The Apple Valley Police Activities League (PAL) provides after school mentoring programs and athletic and life skills to our children at little or no cost. The Youth Center offers programs such as boxing and is a place where Apple Valley youth can play pool, ping pong, use the computer and the internet in a monitored environment, or simply hang out with their peers.

For more details, call (760) 961-0754 or visit our website at www.avpal.org

Locations: Youth Center: James Woody Community Center
Ward Room

Boxing Center: 22390 Eyota Road

This program is conducted by the Apple Valley PAL and is not sponsored by the Town of Apple Valley Park and Recreation Department

Belly Dancing

Ages 16 & Up

Belly dancing encourages wellness and promotes self-confidence in women of all ages. Learn the fundamentals of Middle Eastern style dancing, focusing on folk, gypsy and Greek styles. Instructor: Diane Ona

6 - 7 pm [Beg] 7:15 - 8:15 pm [Adv]

Activity Fee: \$32/4 weeks

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Jan 4 - 25	Wed	See above
Feb 1 - 22	Wed	See above
Mar 7 - 28	Wed	See above
Apr 4 - 25	Wed	See above
May 2 - 23	Wed	See above

Learn to Swing

Ages 12 & Up

Learn the energetic dances of the 1920s - 1940s. Basic East/West Coast and Charleston, as well as the Lindy Hop. No partner required. Dress comfortably, no sandals, boots or heavy shoes. Instructor: Tyler Hendrick

Activity Fee: \$30/month/individual \$50/month/couple

Location: James Woody Community Center
Auditorium

Date:	Day:	Time:
Jan 4 - 25	Wed	6:30 - 7:30 pm
Feb 1 - 29	Wed	6:30 - 7:30 pm
Mar 7 - 28	Wed	6:30 - 7:30 pm
Apr 4 - 25	Wed	6:30 - 7:30 pm
May 2 - 30	Wed	6:30 - 7:30 pm

Intro to Watercolor

Ages 18 & Up

Learn how to create bold, colorful watercolor paintings and discover the artist that you are! Professional artist Yevgenia Watts will walk you through the basics of painting in water color. The class covers tools and supplies for watercolor painting, techniques and methods, composition, values and color. Class is intended for beginning to intermediate students. Basic drawing skills recommended, but not required. A \$35 supply fee is due at the first class. Supplies can also be purchased on your own. A supply list will be provided.

Activity Fee: \$135/6 weeks

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 6 - Feb 10	Fri	6 - 8:30 pm
Feb 17 - Mar 23	Fri	6 - 8:30 pm



Intermediate Watercolor

Ages 18 & Up

This class is intended for students who have completed Intro to Watercolor or have previous experience in watercolor painting. Students will build upon their skills while learning new techniques and materials and trying out various subject matter.

Instructor: Yevgenia Watts

Activity Fee: \$135/6 weeks

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Jan 7 - Feb 11	Sat	1 - 4 pm
Feb 18 - Mar 24	Sat	1 - 4 pm

Plein Air Painting

Ages 18 & Up

Come play outside! In this class, you will learn the concepts and tools that will help you translate your impression of a landscape or street view into a painting. All levels are invited, but students should be familiar with general work in watercolor. Instructor: Yevgenia Watts

Activity Fee: \$125/6 weeks

Location: First class meets in front of Town Hall

Date:	Day:	Time:
Jan 7 - Feb 11	Sat	8:30 - 11 am

Fitness Bootcamp

Ages 16 & Up

Lose weight, tone muscles and build endurance. Based on police/military-style physical training, this class introduces civilians to a healthy lifestyle through sound nutrition, cardio-training and resistance exercise. No class 1/16, 2/20 & 5/28. Instructor: LDC Training

Activity Fee: \$51/4 weeks

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 2 - 25	M/W	6:30 - 8 pm
Feb 6 - 29	M/W	6:30 - 8 pm
Mar 5 - 28	M/W	6:30 - 8 pm
Apr 2 - 25	M/W	6:30 - 8 pm
May 7 - 30	M/W	6:30 - 8 pm



Yoga

Ages 16 & Up

Are you looking for a workout program that is easy to learn, requires little or no equipment and soothes your soul while toning your body? If strengthening your cardiovascular system, stretching your muscles and improving your mental fitness are on your to-do list, then this class is for you! Instructor: Debbie Bucarey

Activity Fee: \$28/2 classes a week/month
\$19/1 class a week/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 3 - 31	Tu/Th	6:40 - 7:40 pm
Feb 2 - 28	Tu/Th	6:40 - 7:40 pm
Mar 1 - 29	Tu/Th	6:40 - 7:40 pm
Apr 3 - 26	Tu/Th	6:40 - 7:40 pm
May 1 - 29	Tu/Th	6:40 - 7:40 pm

Dog Obedience

Ages 14 & Up

In this basic dog obedience course your dog will learn to walk on a leash, sit, lay down, stay, come when called and stand still for grooming/exams. Dogs must be current on all vaccines, including rabies. Bring your vaccination record and registration receipt to the first class. Leashes and collars available for purchase for \$20 during the first two sessions. Call Claudia Wolff at (760) 298-1369 or visit www.seawolffdogsschool.com for more information. 10% off if you adopt from the Town Animal Shelter or the Victor Valley Animal Protection League.

Activity Fee: \$87/7 weeks

Location: Corwin Park

Date:	Day:	Time:
Jan 14 - Feb 25	Sat	10 - 11 am
Mar 3 - Apr 14	Sat	10 - 11 am
Apr 21 - June 2	Sat	9 - 10 am

Tai Chi

Ages 18 & Up

Learn to increase your level of energy through fluid movements, breath work and inner focus. This is a simple and effective way to condition the whole body. Tai Chi helps regulate blood circulation, mobilizes joints, ligaments, muscles and increases respiratory capacity. Tai Chi is not strenuous and requires no special equipment or ability.

Instructor: Chris Urmston

Activity Fee: \$37/3 classes a week/month
\$27/2 classes a week/month

Location: James Woody Community Center
Arts & Crafts Room

Date:	Day:	Time:
Jan 2 - 30	M/W/F	11 am - 12 pm
Feb 1 - 29	M/W/F	11 am - 12 pm
Mar 2 - 30	M/W/F	11 am - 12 pm
Apr 2 - 30	M/W/F	11 am - 12 pm
May 2 - 30	M/W/F	11 am - 12 pm

Just ONCE Piano - Online

Ages 18 & Up

You don't need years of weekly lessons to learn the piano. In just a few hours you can learn enough secrets of the trade to give you years of musical enjoyment. Learn all the chords you'll need to play any song in this one session.

Instructor: Craig Coffman

This is a virtual classroom. You will be able to interact LIVE with the instructor just like in a real classroom. All you need is a computer, webcam, microphone, high speed internet connection and piano/keyboard. Fee includes workbook and practice CD.

Activity Fee: \$58

Date:	Day:	Time:
Feb 19	Sun	4 - 7 pm

Ladies Beginner Golf

Ages 18 & Up

This program is for ladies only and is ideal for those who would like to get started playing golf. All the fundamentals will be covered including, putting, chipping and full swing. Fees include use of golf clubs and range balls. Register at Town Hall.

Activity Fee: \$67/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Jan 7 - 28	Sat	11 am - 12 pm
Feb 4 - 25	Sat	11 am - 12 pm
Mar 3 - 24	Sat	11 am - 12 pm
Apr 7 - 28	Sat	8 - 9 am
May 5 - 26	Sat	8 - 9 am

Adult Tennis Lessons

Ages 18 & Up

Adults of all skill levels will learn and improve on the basic skills of tennis. Bring a tennis racquet and a can of balls. Register at Town Hall. Instructor: Bill Mocharnuk

Sat 7 - 8 am (Int/Adv) Sat 10 - 11 am (Beg)

Activity Fee: \$30/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Jan 7 - 28	Sat	See above
Feb 4 - 25	Sat	See above
Mar 3 - 24	Sat	See above
Apr 7 - 28	Sat	See above
May 5 - 26	Sat	See above

Adult Beginner Golf

Ages 18 & Up

Students will learn basic rules and etiquette of golf as well as the fundamentals of putting, chipping and the full swing. Dress code for class is a collared shirt - no jeans. Fee includes use of golf clubs and balls. Register at Town Hall.

Activity Fee: \$67/4 weeks

Location: Apple Valley Country Club

Date:	Day:	Time:
Jan 8 - 29	Sun	12 - 1 pm
Feb 5 - 26	Sun	12 - 1 pm
Mar 4 - 25	Sun	12 - 1 pm
Apr 1 - 22	Sun	9 - 10 am
May 6 - 27	Sun	9 - 10 am



Zumba®

Ages 13 & Up

Ditch the workout and join the party! A cardio-based workout with sculpting exercises designed to tone the entire body using a combination of aerobics and dance moves. Zumba® is designed for people of every shape and every age. This program is easy, effective and stimulating. Anyone can do it! No class 1/31, 2/29, 3/29.

Instructor: Maria Chapman

Pick from the following days:

Tu/Th 5:30 - 6:30 pm Wed 9 - 10 am

Tu/Th 8 - 9 pm

Try 1 class for only \$5!

Activity Fee: \$37/3 classes a week/month

\$28/2 classes a week/month \$19/1 class a week/month

Location: Town Hall Recreation Center

Date:	Day:	Time:
Jan 3 - 26	See above	See above
Feb 1 - 28	See above	See above
Mar 1 - 28	See above	See above
Apr 3 - 26	See above	See above



Registration - Easy As 1-2-3

Program Registration

- Some programs may have limited enrollment. Registrations will be taken in the order in which they are received.
- Classes/programs are based on minimum participation numbers and may be subject to cancellation.
- Town of Apple Valley residents have priority registration for all programs.
- Only a minor's parent or legal guardian may complete the registration waiver to enroll the minor in a program or class.
- Participant(s) must be pre-registered before attending class.
- Registrations are not accepted in class. Your receipt is proof to the instructor that the fees have been paid.
- All ongoing monthly classes start at the beginning of each month.
- Special interest classes are taught by independent contractors, not Town personnel.
- The Town is not responsible for any fees that are made payable directly to class instructors and not collected by the Town.
- All activities, fees, dates and locations are subject to change.
- Photo Policy: The Town reserves the right to photograph facilities, activities and program participants for potential future use. All photos will remain the property of the Town and may be used for publicity or promotional purposes only.

Refund Policy

- Cancellation of Class: A full refund will be mailed to all registered participants if a program is cancelled by the Recreation Department
- Voluntary Withdrawal: A refund may be requested prior to the registration deadline or before the first day of class by submitting a "Refund Request" form.
- Withdrawal After Class Start Date: A refund may be requested by completing a "Refund Request" form prior to the second class meeting and is subject to the approval of the Recreation Department Manager. A pro-ration of the class fee will be charged.
- NO refund requests will be accepted after the second class meeting.
- A \$2 processing fee will be charged to all refunds.
- Allow 4 weeks for a refund check.
- No refunds for swim lessons or aquatic classes.

3 EASY WAYS TO REGISTER

1. WALK-IN

- Walk-in registration is accepted at the Recreation counter at Town Hall only.
- Registration hours are 7:30 am - 5:30 pm Monday - Thursday and alternating Fridays 7:30 am - 4:30 pm.
- Payment can be made by cash, check, ATM or credit card (Discover, VISA, or MasterCard).

2. MAIL-IN

- Please do not use mail-in registration for Day Camp, ASAP or sports programs (additional paperwork is required).
- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you. Mail completed form and a check to:

Town of Apple Valley Park and Recreation Department
14955 Dale Evans Parkway
Apple Valley, CA 92307

3. DROP BOX

- Complete registration form below for classes. Total all fees.
- Make check payable to "Town of Apple Valley." If you enclose a self-addressed, stamped envelope a receipt will be mailed to you.
- Drop completed form and payment by check in drop box located at:

James Woody Community Center, 13467 Navajo Road
(in the first alcove at the front of the Community Center)

OR

Town Hall, 14955 Dale Evans Parkway
(at the front of Town Hall)

OR

Civic Center Park Aquatic Center, 14999 Dale Evans Parkway
(located inside at the front desk)

TOWN OF APPLE VALLEY PARK AND RECREATION DEPARTMENT

Registration Form

PLEASE PRINT CLEARLY - do not use for Day Camp, ASAP or any sports programs. Additional paperwork required.

Payee Information: _____ Home Phone: _____
 First & Last Name _____ Cell Phone: _____
 Address: _____ City: _____ Zip: _____

Participant's First & Last Name	D.O.B.	Class Name	Start Date	Fee	Total Amount

Release of Liability

I, the undersigned, understand the following:

I am aware that recreational activities can be hazardous and I am voluntarily participating in these activities with knowledge of the hazards involved and hereby agree to accept any and all risks of injury or death. The Town is not responsible for participants injuries or damages occurring from "hazardous recreation activities" (CA Government Code 831.7). The Town does not provide participants with medical insurance or treatment for injuries. I agree to hold harmless and release the Town of Apple Valley, its officers, agents and employees from any and all liability arising from or related to my participation in Town of Apple Valley program activities. This release includes, but is not limited to, all liability for death, personal injury or property damage resulting from the active or passive negligence of the Town of Apple Valley or its agents or any defective or hazardous condition of any property or equipment owned, operated or maintained by the Town of Apple Valley. I am responsible for any loss, theft or damage to either personal or Town equipment, articles or facilities while using said equipment, articles and/or facilities. I am aware that special interest classes are conducted by independent contractors, not Town personnel.

30 Signature _____ Date _____

Thank You!
to all our volunteers

The Town of Apple Valley Park and Recreation Department would like to take this opportunity to thank all of our volunteers for their exceptional effort and caring in helping to make our programs the best in the High Desert!

2011 Fall Pee Wee Soccer Coaches

Robert Beach	Samantha Christman	Daniel Griffith	Jamie Lester	
Sarah Borek	Jessica Clausnitzer	Jeffrey Joyce	Crystal Sullivan	

2011 Junior Lifeguards

Hannah Bartlett	Catherine Fitzsimmons	Natalie Koppel	Lindsay Peria	Na'eem Thomas
Willow Bentley	Brendle Giron	Thomas Little	Danielle Punsal	Garrett Tomlin
Paul Byrne	Cassandra Hall	Jenna Mendoza	Gavin Rogone	Alexis Webb
Carolynn Dennen	Casey Hillers	Emma Mocharnuk	Gwendolyn Rogone	
Anjali Fahnestock	Daniel Khoury	Jessica Peria	Linette Romero	

Volunteens (Teen Zone)

The following Volunteens volunteered over 100 hours. Congratulations and thank you!

Kiara Armstrong	Kevin Clift	Erika Jolley
Victoria Barker	Alex Cote	Sabrina Jolley
Sara Champion	Mandy Damico	Khallil Marshall
Kara Cantwell	Ella Gilmer	Faith Velasquez



Thank You to our sponsors for your donations to our programs.
We appreciate your generosity!



Apple Valley Conference Center

A Better Way to Celebrate!



Located at Highway 18 and Dale Evans Parkway in the heart of Apple Valley, the Conference Center is the ideal place for your next event. The Conference Center is the largest and most modern space available in Apple Valley and features 6,000 square feet of meeting and event space, audio/visual equipment, large drop down screens, a spacious lobby, patio areas, catering kitchen and private conference room.

A perfect venue for.....

Business Meetings ~ Civic Meetings ~ Corporate Events

Wedding Receptions ~ Banquets ~ Parties

Call (760) 240-7880 for rates and availability.

Apple Valley Country Club

15200 Rancherias Road



The most storied club in the High Desert is now OPEN TO THE PUBLIC. Known for having the “purest putting surfaces in Southern California,” Apple Valley Country Club boasts a rich history and reputation for pristine golf course conditions. Amenities available for public use include an 18-hole golf course, driving range, two tennis courts, banquet and meeting rooms. Golf and tennis lessons are also available.

Now open 7 days a week.

Call (760) 242-3653 or visit www.avcc.com for more information.

Monthly Golf Passes Available

Each pass includes:

- Unlimited Golf
- Shared Cart

AVCC passes can be purchased a month at a time, meaning you are not locked into a long-term contract. You can take a month off as needed.

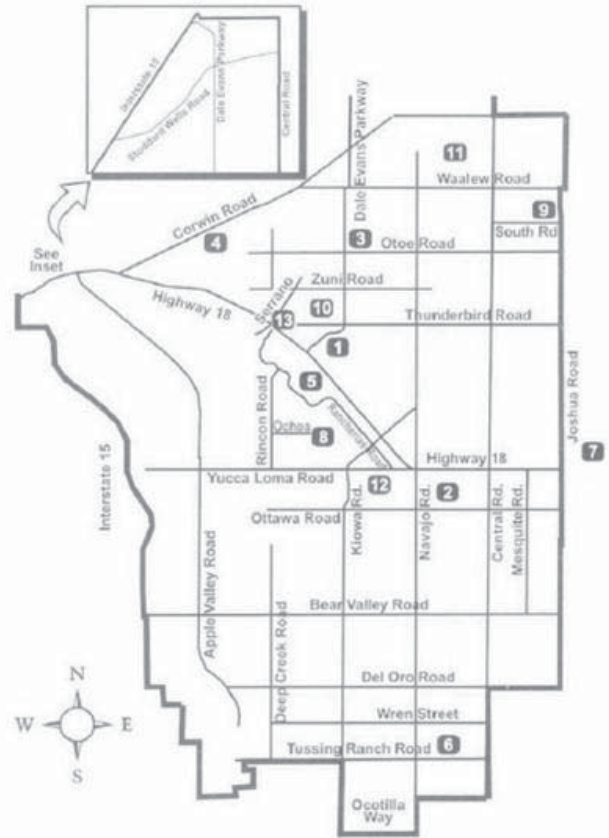
Monthly Pass applications can be picked up in the Apple Valley Country Club Golf Shop or by going to www.avcc.com. Please call the Golf Shop at (760) 242-3653 for more details and for daily rates and season specials.

- ◆ Pro Shop
(call for tee times or lessons)
(760) 242-3125
- ◆ General Information
(760) 242-3653
ext. 100
- ◆ Banquet Information
(760) 242-3653
ext. 108
- ◆ Meeting Rooms
(760) 242-3653
ext. 108
- ◆ Tournaments
(760) 242-3653 ext. 101
- ◆ Eric Fisher,
General Manager
efisher@avcc.com
(760) 242-3653




Facilities / Parks

1. **Town Hall Recreation Center**
14955 Dale Evans Parkway
2. **Apple Valley Conference Center**
14975 Dale Evans Parkway
3. **Civic Center Park & Aquatic Center**
14999 Dale Evans Parkway
4. **James Woody Community Center**
13467 Navajo Road x Powhatan Road
5. **Lenny Brewster Sports Center**
21024 Otoe Road x Dale Evans Parkway
6. **Corwin Park**
18577 Corwin Road x Highway 18
7. **Lion's Park**
East of Dale Evans Pkwy on south Outer Hwy 18
8. **Mendel Park**
21860 Tussing Ranch Road x Navajo Road
9. **Horsemen's Center**
24320 Highway 18, 3 miles east of Central Road
10. **Norm Schmidt Park**
14053 Tuweep Trail x Ochoa Road
11. **Sycamore Rocks Park**
23450 South Road x Joshua Road
12. **Thunderbird Park**
20700 Wichita Road x Thunderbird Road
13. **Virginia Park**
17242 Central Road, south of Papago Road
14. **Yucca Loma Park**
21351 Yucca Loma Road x Rancherias Road
15. **Cramer Family Park**
Serrano Road x Rimrock Road



Reserve a park or facility for your next event! Call (760) 240-7880 for more information.

	Activity Room(s)	Ball Fields	Barbeque	Camping	Picnic Area	Gymnasium Basketball/Volleyball	Horseshoe Pits	Kitchen Facility	Meeting Room(s)	Outdoor Basketball Courts	Picnic Tables	Play Equipment	Pool	Restrooms	Port-a-Pot	Skate Park/ BMX	Stage/ Amphitheater
Lenny Brewster Sports Center		✓	✓				✓			✓	✓	✓		✓			
Civic Center Park Aquatic Center					✓						✓		✓	✓			
Civic Center Park											✓	✓	✓		✓		✓
Apple Valley Conference Center	✓							✓	✓					✓			
Corwin Park			✓		✓						✓	✓		✓			
Cramer Family Park											✓	✓		✓			
Horsemen's Center			✓	✓							✓	✓		✓		✓	
James Woody Community Center	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓		✓	✓	✓	✓
Lion's Park		✓	✓								✓				✓		
Mendel Park		✓	✓		✓						✓	✓			✓		
Norm Schmidt Park		✓	✓								✓	✓			✓		
Sycamore Rocks Park		✓	✓		✓						✓	✓			✓		
Town Hall Recreation Center	✓							✓	✓					✓			
Thunderbird Park		✓	✓		✓					✓	✓	✓			✓		
Virginia Park		✓	✓		✓						✓	✓			✓		
Yucca Loma Park		✓	✓								✓	✓			✓		



Town Services....			
For a specific department, dial the General Information number at (760) 240-7000 and one of the following extensions:			
Animal Services	ext. 7555	Parks Maintenance	ext. 6200
Building & Safety	ext. 7100	Planning	ext. 7200
Business Licenses	ext. 7707	Police Department	ext. 7400
Code Enforcement	ext. 7560	Public Information	ext. 7074
Economic Development	ext. 7900	Public Services	ext. 7500
Engineering	ext. 7353	Recreation	ext. 7880
Human Resources	ext. 7600	Town Clerk	ext. 7800
Mayor & Town Council	ext. 7808	Town Manager	ext. 7051

Sports Organizations....	
Apple Valley BMX	(760) 240-5266
Apple Valley Rattlers Football & Cheer	(760) 559-2868
Apple Valley Little League	(760) 247-5441
Apple Valley Seminoles Football & Cheer	(760) 247-5424
Apple Valley Storm Soccer	(760) 508-6192
High Desert Judo (P.A.L.)	(760) 961-0754
High Desert Patriots Youth Football	(760) 240-7489
High Desert Pony Baseball	(760) 927-9994
High Desert Youth Soccer League	(760) 961-7805
High Desert Tennis Association	(760) 244-7783
Inland Empire Adult Soccer League	(760) 247-6031
PSP Sports & More	(760) 617-8188
Young Champions	(714) 259-1400

Recreation & Hobby Groups....	
Cactus Wren Garden Club	(760) 245-9544
High Desert Genealogy Society	(760) 242-5136
High Desert Horseshoe Club	(760) 242-5151
Thunderbirds Square Dance	(760) 247-7093

Equestrian Groups....	
Apple Valley Equestrian Association	(760) 559-7392
California Dressage Society-High Desert	(760) 247-4505
Commancheros	(951) 642-4725
Mojave River Valley Horsemen's Assoc	(760) 265-0656



Community Organizations....	
American Cancer Society	(800) 227-2345
American Red Cross	(760) 245-6511
Apple Valley Chamber of Commerce	(760) 242-2753
Apple Valley Fire Protection District	(760) 247-7618
Apple Valley Library	(760) 247-2022
Apple Valley Optimist Club	(760) 242-8230
Apple Valley School District	(760) 247-8001
Assistance League	(760) 961-2468
Assistance League Thrift Shop	(760) 961-1377
AVCO/Burrtec	(760) 245-8607
Boy Scouts (CA Inland Empire Council)	(877) 732-1450
Community Police Assistance League	(760) 961-0754
Friends of the Apple Valley Library	(760) 247-2022
Girl Scouts (San Geronio Council)	(760) 241-3558
High Desert Young Marines	(760) 240-5004
Mom's Club - momsclubofvictorvalley@yahoo.com	
One 2 One Mentoring	(760) 245-1997
Paul Swick Family Center	(760) 240-5606
Pet Partner's Bargain Thrift Shop	(760) 247-5312
St. Mary Immunization Clinic	(760) 242-2311
Widow or Widower's of High Desert	(760) 951-7764
Victor Valley Animal Protection League	(760) 247-2102

Senior Services & Organizations....	
Aging & Adult Services	(800) 510-2020
Apple Valley Senior Citizen's Club	(760) 247-3155
Inland Empire Legal Services	(760) 241-7073
Meals on Wheels	(760) 245-7047
Senior Information & Assistance	(760) 843-5100
Senior Select Resource Center	(760) 946-5915
Victor Valley Transit	(760) 948-3030

San Bernardino County Info & Referral...211

Town of Apple Valley
 Park and Recreation Department
 14955 Dale Evans Parkway
 Apple Valley, CA 92307

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Teen Art Festival

Do you love to paint? Do you have a passion for photography? If you are a middle school or high school student, then here is your chance to shine! Enter your work of art into four different categories: drawing, painting, 3-dimensional art and photography. Judges will award a first, second and third prize in each category for each age group as well as five Best of Show trophies. Entry forms may be picked up starting January 13 from the Recreation counter at Town Hall or the Reference desk at the Apple Valley Library. Deadline for artwork is March 23 by 5 pm.

The Teen Art Festival is a showcase of all the teen artwork entered. The public may vote for their favorite piece of artwork from 11 am - 1 pm. The three pieces of artwork with the most votes will win a People's Choice Award. The award ceremony will take place just after 1 pm and light refreshments (provided by Healthy Apple Valley) will be available throughout the event. This event is sponsored by Friends of the Apple Valley Library.

*Due to space restrictions, the artwork displayed at the showcase may be restricted to award winners and the first 100 entries only. Every effort will be made to nicely display all artwork received.

Location: Apple Valley Library, 14901 Dale Evans Parkway

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>	<i>Activity Fee:</i>
Mar 31	Sat	11 am - 2 pm	FREE



Overnight Adventure at beautiful Horsemen's Center

Give your family an overnight camping experience in the safety and comfort of peaceful Horsemen's Center. Families will take part in good old-fashioned campout activities, including a campfire, songs, nature hikes, arts and crafts and games. Hot dog dinner and a continental breakfast is included. Check in at 4 pm; check out at 12 pm. Children under 3 are free. Register by 4/26.

Horsemen's Center is located at 24320 Highway 18

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>	<i>Activity Fee:</i>
May 4 & 5	Fri & Sat	4 pm - noon	\$9/person

Movies in the Park

Enjoy a one-of-a-kind experience that offers everyone the opportunity to sit back, relax and enjoy a movie under the stars at the beautiful Horsemen's Center. Movie starts at dusk. If you are interested in becoming a vendor or sponsor for this event, please contact the Recreation Office at (760) 240-7880.

Horsemen's Center is located at 24320 Highway 18

<i>Date:</i>	<i>Day:</i>	<i>Time:</i>	<i>Activity Fee:</i>
May 18	Fri	1 hour prior to dark	FREE

